The Weekly Settler



Newsletter of Settlers Lifestyle Village

29th October 2020

AGM

A final reminder that the Annual General Meeting will be on Monday the second of November at 10.00am. We will only be running the shopping bus once on the 2nd November departing from the Village at 11.00am with the return pick up at 12.45.

Fire related issues

The fire training was completed this week and we are now in the process of installing the folders and high viz jackets by the exit doors. The new evacuation notices are also being installed above the manual fire call points in all the buildings. Just a reminder to the main fire wardens of the buildings to complete and update the disability register with those that need assistance and who their 'buddy' is to provide this. Please return these to Sue when completed.

Melbourne Cup on Tuesday the 3rd November

I know the excitement is building for the Melbourne Cup on Tuesday as everyone is selecting their attire for an afternoon at the races. As usual your "Melbourne Cup team' have been working vigorously in the background to make sure that the afternoon is full of fun and frivolity, hopefully with a lucky streak thrown in. The café will close at 1.30 that afternoon with no hot lunch being served, however it will re-open at 3.00pm with its Cup Menu ready to go.

Village Maintenance

We are currently working in the background with the upgrading of the security access control system which controls the doors and gates. You may have noticed that some doors have been experiencing delays on opening and this has been a particular problem on Kaipatiki Block. We have an engineer on site tomorrow morning and they will be working through the issue.

Lucas block lift needs to undergo some maintenance that will require the lift to be put out of service. This has been planned for next Wednesday the 4th November. The lift will be out of service for a period of approximately five hours we have requested a start time of 09.30, but this is still to be confirmed.

Due to the recent restructure of our reception and café roles where we are moving to offer you our residents a 7-day service we are saying a sad farewell to Anne Hunt. Anne decided that she did not want to take on any extra hours, and her preference was to leave quietly without any fuss being made. We have really enjoyed working with Anne and will certainly miss her helpful and calm presence. All the best Anne from all the team at Settlers.

Don't miss our Market Day which this year we are combining with and holding at Fairview Village. Pop this date in your diary Now. It's going to be a fun day with fab stalls!



Come for the gelato & coffee and stay for the market...

Market Day at Fairview Lifestyle Village is always a day not to be missed. Come and join in with our vibrant community as you do a spot of Christmas shopping or taste our delicious, complimentary gelato and coffee. Meet a few friends and stay for lunch at Relish Café as you listen to our fabulous Tracey Collins on piano accordion.

> Tours of our beautifully refurbished villas will be available on the day too!

Fairview Lifestyle Village 10.00am to 2.00pm

21 Fairview Avenue Albany

MARKET DAY

Thursday 19 November

For more information

Call Robyn 0800 102 662

email: robyn.rangi@fairviewvillage.co.nz www.fairviewvillage.co.nz





Hello from the Nurses Niche

Hi everyone,

It was great to finally get our fire evacuation training completed this week. Thanks to those that let me know they couldn't make it. If you would like a catch-up to talk over the process please ring Sue to arrange a time. I would like to thank those that made it along and I hope you found it helpful and informative. I know I certainly have a better understanding of the overall systems we have in place as well as some of the differences, although the evacuation processes are pretty much the same where ever you live.

The main message is: IF YOU HEAR THE ALARM, EXIT THE BUILDING AND REPORT TO THE WARDEN

This was the first training for the townhouses for quite some time and I am pleased that we now have a process in place for these areas too. Across the village attendance varied but Dobbyn deserves a mention as the only building with 100% attendance. Well done to you all.

The next step is to get the new folders into position. In order to do this, I need to have the assistance register completed and returned to me. You were all asked to let your warden know if you feel that you may need assistance to exit the building in a fire and identify a person/buddy who could assist you or to communicate to the warden that you need assistance or your whereabouts. I have had some folders returned to me with this not yet done. I will be contacting these wardens and returning the folders for you to complete this. Also, if you are temporality disabled for whatever reason you must let your warden know and get your name on the sheet. Unfortunately, I haven't been able to locate a crystal ball that channels this information directly through to the nurses, so we need your help here!!!

The other point I would like to reinforce is the importance of letting reception know if you will be out of the village overnight. We would like to know approximately how long you will be away and let us know when you are back. This could be a simple email, phone call or just call by reception.

If you are a fire warden can you please bring the blue folder back with the completed assistance register to Sue as soon as you can.. The next training will be a fire drill next year and as usual it will be my secret!!

Sue, Lyn, Chris, Christine Lucy & Tina Nursing Team



We look forward to welcoming you at Tui Café. Hot lunches will be served on Tuesdays and Thursdays.

Next week's lunch menu is:-

Tuesday 5th November: There will be **NO** hot lunch served today due to Melbourne Cup event this afternoon. Cabinet food available.

Thursday 7th November: \$12.00

Lechon Manok (Filipino Roasted Chicken Drumsticks) Served with Sinangag na Sinigang (Filipino Fried Rice)

What's on this coming week



Walk 'n Talk

We meet at Reception Friday mornings @ 8.50am for what usually is a 1 hour walk, for the fitter and more able among us.

This is a great way to exercise regularly and walk with friends. We welcome all new walkers.

John Wakelin Ph 415 7383



Weekend Movie - The Bucket List

Time & venue: Saturday 31st & Sunday 1st October @ 1pm in Cinema

Cantankerous retiree Norman Thayer (Henry Fonda) and his conciliatory wife, Ethel (Katharine Hepburn), spend summers at their New England vacation home on the shores of idyllic Golden Pond. This year, their

adult daughter, Chelsea (Jane Fonda), visits with her new fiancée and his teenage son, Billy (Doug McKeon) on their way to Europe. After leaving Billy behind to bond with Norman, Chelsea returns, attempting to repair the longstrained relationship with her aging father before it's too late.

Drama/Comedy Runtime: 1h 49m





Games Coffee Catchup - Note permanent earlier time of 1pm

Time & venue: Sundays @1.00pm Avenues Lounge

Join us in the Avenues Lounge for a relaxed afternoon chatting & playing games over a cuppa.



Tai Chi with Sherie – Your step by step journey begins here. Sherie's class will restart Monday 2nd November.

Mondays between 1.30pm - 2.30pm Kell Lounge

Discover how these slow and gentle movements enhance and improve good health and balance. Sherie teaches her Tai Chi & Qigong class step by step (seated or standing) \$8 per class.



Wednesday Wanderer - Heading North

Wednesday 4th November leaving Reception 9.30am "We are off on a drive to Leigh stopping on the way at the Honey Centre in Warkworth then will have lunch at Morris & James where you can enjoy a delicious bite to eat and look at the handmade pots and ceramics. Please join us to enjoy great scenery and company on the way. Tara is on leave so Keith

will be our "driver". Thanks Doreen Woodward



TABLE TENNIS

We have a very small group of people playing table tennis, there are two tables, with one hardly ever being used.

Why don't you come and give it a go, we are a friendly bunch, it's alright if you have not played before or haven't played for a while.

We can play doubles or singles and also play with 3, how about that for flexibility! We play on Thursdays at 9.30 and Fridays at 2 pm. We would love to see you

there.

Angela van Winden L-177

Special Notices

'Settle Inn' - Friday Night Apartment Jackpot

The lucky apartment jackpot draw prize of \$60 drawn on Friday 23rd October was unclaimed when apartment number 100 was drawn.

The lucky apartment jackpot prize this Friday, 30th October, will increase to \$80.

Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you <u>must</u> be wearing your Settlers Name Badge – **no name badge/no prize/no excuses**. The lucky apartment number will be drawn at sometime between 5 and 6pm.

Peter Dowling, Chairman, Exec Bar Committee, M227

Apartment Draw Result for Wednesday 28th October 2020

The first apartment number 191 drawn for \$100 was unclaimed, a redraw proceeded with apartment 105 winning a prize of \$50. Unclaimed apartments drawn missing a prize are: 31, 36, 95, 177, 191, 230.

Apartment Draw Next Wed 4th November 2020

We will have a first number drawn prize and a minor prize of at least **\$50** which must be won on the night if the first number Drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw starts between 5.30pm and 5.45pm. The Winning Resident must claim in <u>30 seconds</u> wearing their own name badge and validation stamp. There will be no exceptions made on this policy.



FRIENDS AND NEIGHBOURS

What wonderful weather we all enjoyed over Labour Weekend. For those of us in the 'non-labouring' position, life is really one long weekend! However, the real workforce deserve decent conditions on the first long weekend for some time! For the South Island cities their weekend weather was exceptional. With temperatures of 29 degrees it must have felt more like summer than spring. Mind you it dropped down to 13 degrees a few days later!

Now what do we have on our calendars after Labour Weekend? Melbourne Cup of course! Always a fun afternoon here at Settlers. It's like an extra Happy Hour in the week! The bar opens at 2 o'clock and finger food will be available from 3 pm. Get there early for the horse auction. Who knows, you

may become an owner of the most promising mare at the meeting! Stay around to see the actual race from Melbourne on our big screen.

Neighbourly Group



Dr Ludwig Treviranus Sunday 22nd November @ 3pm Settlers' Lodge

The well-known concert pianist, Ludwig Treviranus, returns to Settlers to present a completely new programme.

Ludwig was born in Wellington and holds a Doctorate of Music from Florida State University where he studied under Dr.Read Gainsford. He has achieved distinction in

numerous competitions and teaches piano at the University of Waikato, Albany School of Music & Remuera Music Academy. In 2019 he performed a national tour with SoleMio.

2020 is the 250th anniversary of the birth of another Ludwig, this being Ludwig van Beethoven in 1770. Ludwig Treviranus is now touring his solo concert dedicated to his namesake and he will perform this at Settlers. The recital is aptly named "A Celebration of Beethoven's 250th Anniversary".

The programme will contain a selection of Beethoven's well-known piano works including Für Elise, Moonlight Sonata and Waldstein Sonata among others. He also has a surprise piece in line for us that pays tribute to the frontline workers during the Covid-19 pandemic.

Ludwig's achievements are many; he has numerous accomplishments to his credit, not only in the field of classical music but also in jazz. Space does not permit a comprehensive listing here. Please see the flyer on Settlers' notice board. Entry to the recital will be by donation.

Victoria I

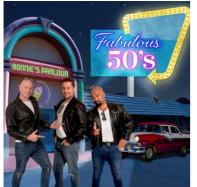
Exclusive Settlers Event – This will be a fun morning not to be missed! Tuesday 3rd November at 10.30am

Join Melody as she drives you to Victoria J where you will enjoy champagne cocktails, morning tea and a fun Melbourne Cup Day morning at the shop. Lots of sale specials and new stock to choose from. Fun, fashion, and frivolity quaranteed!

Best fascinator wins a \$50 gift voucher.

Get the girls together and register your interest by adding your name to the list on the noticeboard beside Settlers reception desk.





OPERATUNITY -Fabulous 50's
Sunday 15th November Centreway Theatre Orewa
Bus departs 11.30am (time for lunch out / explore the shops before the show starts at 2pm)

Price \$31.00pp Contact: Kay Wakefield H-58 4147232

Buckle up, as our boys and band led by Bonnie and Karl take you on a wild ride through the fast, fun-filled and fabulous fifties! Featuring the freshest artists of the era, this show will bring back memories of our stunning all male 60's and 70's show in 2019! You'll be rockin' and

rollin' from start to finish! Starring Bonaventure Allan-Moetaua, Karl Perigo, Russell Dixon and Isaac Pawson, accompanied by a live band! Price \$31.00 pp Contact: Kay Wakefield H-58 414 7232. Please add your name to the list on noticeboard by reception if you would like to join us.

LIBRARY HIGHLIGHTS FOR OCTOBER 2020

The number of new residents joining our village community is reflected in the number of new books that have been added to the Library during this last month, a number by lesser known authors to those of us working in the library. While we welcome the new additions, it does mean that we look carefully at date stamps in the existing books. Those that show they haven't been read



recently tend to be put out for discard recognizing that it may have been a valuable book for its donor in earlier days. Abundant space is, unfortunately, something we do not have!

Among the new additions I have chosen to look at the following:

- Hidden Figures by Margot Lee Shetterley, published in 2016 and covering the years 1930 to 1960, the book chronicles and celebrates the remarkable accomplishments of four African-American female math whizzes who worked for NASA during segregation, an age of inequality and without the aid of modern computer technology. Some may have seen the motion picture.
- The Girl in the Mirror by Rose Carlyle. The author is a New Zealander, and her debut psychological thriller has earned her intense interest from Hollywood and a major movie deal is already signed. An experienced sailor, the story is based on some of Carlyle's experiences and features parts of the ocean with which she is familiar. The main characters, twin sisters, are identical on the outside but, as the blurb says, 'dangerously different' on the inside. A gripping read.
- Wild by Kristin Hannah. When a solitary, speechless child appears from the forests in the Pacific
 Northwest of the USA a child psychiatrist, seeking a new start, takes her case and is determined to
 free her from her fear and isolation, unravel her past and re-establish her in a new home. As the
 previous Kristin Hannah books I have read have been based on WWII, this will be different but I am
 sure will feature the resilience of the human spirit which has marked earlier novels by this writer.
- The Last Voyage of Mrs Henry Parker by Joanna Nell. A carefully thought out book about the devastation of family life caused by dementia. While for some of us this is a sensitive issue the author treats the topic with understanding and respect. Some of you may have read the earlier novel by this writer The Single Ladies of the Jacaranda Retirement Village. Nell, born and educated in medicine in the UK, is now a Sydney based writer and GP.
- Before the Poison, No Cure for Love & When the Music's Over all by Peter Robinson, an English-Canadian crime writer whose novels are set in Yorkshire and feature Inspector Alan Banks. Before the Poison, pub. 2011, does not belong to the series but the other two, pub. 2015 & 2016 do.
- The Rosie Result by Graeme Simsion is the 2019 novel by Australian Simsion which completes the Don Tillman trilogy, following on The Rosie Project, & the The Rosie Effect. The family have returned to Australia after some time in New York and son Hudson is having some difficulty adapting to changed schooling. You may find the style of parenting different!
- Jarulan by the River by Lily Woodhouse. This is a historical novel/family saga based around a grand old, decaying homestead in rural northern New South Wales and spans the time from 1917 to the present. Of course, there is a love story woven through involving a maid who comes from Germany after WWI to work at Jarulan. One critic describes the book as being let down by its structure, but its writing style was found to be pleasing.
- The Farm by Joanne Ramos Joanne Ramos's thrilling but flawed debut novel is a colonisation story set inside Golden Oaks, a baby farm in Massachusetts where wealthy foetuses occupy immigrant bodies. These grateful "hosts" are mostly black or "mild and service-oriented" Filipinos. "Premiere Hosts" are white, pretty and "smart, but not intimidatingly so". They carry babies for career women and ageing billionaires while having their every move watched etc. Although sensitively written it is all about exploitation and the influence of money!

There are a number of other interesting titles on the list above the new additions shelf, several by authors whose work we already hold so check to see if there is a 'new' title for you.

As usual a reminder about **signing out your book** in the Issues book with date, Apartment number, title and author and a date stamp on the inside back cover. When returning please put in the Returns Box with a Best Read card if you want to recommend it to others.

Dorothy Meyer



SETTLERS MELBOURNE CUP DAY TUESDAY 3 NOVEMBER 2.00PM

EVENTS PROGRAMME

2.00 PM BAR OPEN

MELBOURNE CUP SWEEP ALL DAY

2.15PM
OPEN OWNERS AUCTION
UNLIMITED BIDS

2.25PM DRAWN OWNERS AUCTION LIMITED TO \$20

3.55PM
FASHION IN THE FIELDS PRIZE
GIVING.BEST HAT BEST OUTFIT
LADIES AND MENS

4.25PM PRIZE GIVING AND LUCKY LOSER DRAW

RACE PROGRAMME

2.40PM BETTING OPENS

2.55 PM

RACE 1: Barry Scott Handicap

3.10 PM

RACE 2: Residents Committee Weight for Age

3.25 PM

RACE 3: K and K Hewitt
Juvenile

3.40 PM

RACE 4: Settle Inn Sprint

4.05 PM

RACE 5: Management Stakes

4.20PM

RACE 6: Rosalie Sales Maiden

5.00PM MELBOURNE CUP





SETTLERS' MELBOURNE CUP TUESDAY 3rd NOVEMBER

ALL YOU NEED TO KNOW ... "The Punter's Guide"

- 2:00pm. "Gates" open. The bar opens and the "Horses" are readied for auction.
- 2:10pm. Auction of the 6 Settlers' horses. Make up a group (syndicate) and bid for a horse! 6 races to be won ... Stakes of \$25 or \$50 per race. Plus, there is the chance to win big in the Owners' Championship.
- A new innovation ... \$20 horse category. A maximum bid of \$20 ideal for those who want to try for a "horse" but don't want to enter the main auction. If more than 6 people or syndicates are interested to be drawn by lot.
- Dress up and be eligible for Fashion in the Field. Categories are "Best Dressed Lady" –
 "Best dressed Man" "Best Hat". Wine for prizes.

 Question? Do you need to do this to be able to join the afternoon? Answer. No! Judging will be anonymous and informal.
- Invest in the **Settlers' Tote**. \$1 for a \$6 return.
- There will be Finger Food available from Tui's Café at approximately 3:00pm.

Tuesday's Card.

Barry Scott Handicap	(\$25)
K&K Hewitt Juvenile	(\$25)
ResCom Weight for Age	(\$25)
Settle Inn Sprint	(\$25)
Management Stakes	(\$50)
Rosalie Sales Maiden	(\$25)

- Purchase a ticket or two in one of the Melbourne Cup Sweepstakes and stay around to watch the "Big Race" live on the BIG screen at 5:00pm.
- Bar open Finger food available Make up a syndicate and buy a horse be early to catch the auction Bruce McPhail on the "roving microphone" Fun for all!

See You There!



MELBOURNE CUP DAY TUI CAFÉ MENU

To be ordered at the counter from 3pm on the day

Photo Finish Hawaiian Pizza Slice \$3.50

Crowd-pleasing classic; chunky pineapple, ham, and mozzarella on an Italian stone baked base

Jockey Burger \$8

Angus beef, cheddar cheese, caramelised onion and fresh summer salad all served within a soft bap

Weight for Age Pork Bao Bun \$5

Slow roasted pork, topped with pickled carrot, cucumber, and coriander

First past the post Chips \$4

The quintessential Kiwi side of beer battered chips (tomato sauce and mayo available)



Shirley Valentine Movie and Pizza Evening

We will be screening this fabulous movie in our cinema Tuesday 10th and Thursday 12th November.

Movie screening at 5pm then we'll move to the Dining Room for pizzas approximately 7.15pm with BYO drinks. We hope you will support this fun night as all proceeds will be going to a most worthy cause St John. Tickets are \$15.00

To get your ticket please contact any of our helpers:-

B BLOCK	BARBARA MORRIS	414 4126
I BLOCK	MEL JENNINGS	021 446505
I BLOCK	EVELYN FICKLING	281 0453
J BLOCK	DOREEN WOODWARD	414 2088
K BLOCK	MARIA BRAAM	414 2454
L BLOCK	PAT PLIMMER	021 782870
M BLOCK	ELAINE BREWITT	419 2713

This is a much-loved movie. If you haven't seen it you will be in for a real treat! See you there.

Thank you - Neighbourly Group



Hi Everyone

Thank you for supporting the Blind Low Vision collection recently. Over \$200,000 was raised and Odette and Lady helped to raise **\$45,722** (\$48,894 in 2019) in the Auckland area.

Roy & Margaret Clarke



ALBANY PRIMARY SCHOOL PERFORMANCE WEDNESDAY 11th NOVEMBER @ 10.30am

Settlers' Main Lounge.

Please come along to be entertained by the children's Kapa haka group with traditional waiata (songs)

Also showcasing the Albany Idol winning acts.

Be prepared to be inspired!!

See noticeboard for promotional poster.



Added Value Partners

Restaurants and Cafes (as at 1/10/20)

Caffe e Cucina (Italian) providing 15% discount off their normal dinner menu and any alcohol purchased. **09** 448 5195

Khun Pun (Thai) offer 10% discount on all food purchased during dinner, plus on BYO corkage (was \$7 now less 10%) **09 448 5757**

The Spice Rack (Indian) offer 15% discount on the total bill (incl alcohol) if you BYO there is \$5 corkage.09 415 3400

The Cheesecake Shop offer a 10% discount on all purchases to residents. 09 478 7950

Aroma Café & Bakery, café foods and "home- made" bakery items, superb coffee and teas. Aroma's opening hours are 5am till 5pm.plus, also offer a 20% discount on all purchases. **09-415 0058**

Health and Wellbeing

Albany Village Dental give special terms & benefits to Settlers residents and staff. 09 448 2289

Core Clinic Albany provide Podiatry, Physiotherapy & Acupuncture treatments - **09 414 7278 Northcross Pharmacy** give a 10% discount on all purchases excluding prescriptions. **09 478 5234**

Library Lane Pharmacy also give 10% discount on all purchases excluding prescriptions. **Enquire about our FREE Prescriptions. 09 415 1530**

Travel

helloworld Browns Bay have exclusive benefits for residents plus great staff to assist. **09 478 4416**

The Travel Brokers Tanya gives individual service to residents and has special offers – **09 411 9105**

New Vehicles & Maintenance

Auto Super Shoppe, offer pick up & delivery service plus 15% discount on labour costs. **09 4158569**

Tony's Tyre Service give total service on most tyre related jobs plus special discounts. **09414 5956**

Please remember that you should always present you Settlers ID card when claiming discounts and benefits. If you have lost yours, ask reception for a replacement. This notice will be printed in the Settlers newsletter monthly and replaces the Booklet. Please also remember the details are on the Settler's website resident login area.

Peter Carter – Added Value Co-ordinator – 021 946 757



Wednesday 4th November

Roast Chicken Breast with Homemade Stuffing \$17 Served with Roasted Potatoes, Roasted Butternut & Cheesy Broccoli Florets, Gravy & Cranberry Sauce

Prawn and Baby Spinach Linguine \$15

Friday 6th November

Lamb Forequarter Chops Served with Israeli Lemon Herb, Vegetable Cous Cous & Homemade Creamy Tzatziki \$17

Chinese Braised Beef Served with Jasmine Rice \$15 with Stir-Fried Vegetables

Desserts for November

Homemade Pave De Limao \$ 7Brazilian Traditional Dessert

Homemade Sticky Date Cake \$ 7Served with Vanilla Bean Custard

COFFEE AVAILABLE before 7.15pm each evening

Please make sure you book with Reception by midday the day prior to you dining.

Dinner bookings can also be made in the weekend for the following week.

Fri 30 Oct	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11am	Avenues Lounge
	Xer/Sit Class	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lounge
Sat 31 Oct	Petanque	9.15am and 10.45am	Petangue Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
Sun 1 Nov	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	Earlier time of 1.00pm	Avenues Lounge
Mon 2 Nov	Keep Fit	8.30am	Kell Lounge
	Shopping Bus	9.45am, 10.15am & 11am	Albany Mall
		,	
	Painting Group (No Tutor) Outdoor Bowls	9.30am 9.45am	Kell Lounge
	Tai Chi with Sherie restarting today	9.45am 1.30pm	Bowling Green Kell Lounge
	Darts	4.00pm	Avenues Lounge
Tue 3 Nov	Petanque	9.15am and 10.45am	Petanque Court
140 0 1404	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Melbourne Cup Day	2.00pm	Lodge Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
u	Indoor Bowls Postponed 'til Dec 2020	7.00pm	Kell Lounge
Wed 4 Nov	Discover Albany Walkers	8.50am	Reception
Wed 4 NOV	•		Hair Salon
	Settlers Hair Salon	8.30am	
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size New Generation 500 Club	10.00am	Swimming Pool
	Happy Hour	3.00pm 4.45pm	Avenues Lounge Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu E Nov	Keep Fit	8.30am	
Thu 5 Nov	<u> </u>		Kell Lounge Hair Salon
	Settlers Hair Salon	8.30am	
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Painting Abstracts Differently	1.30pm	Kell Lounge
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Avenues Lounge
	Indoor Bowls Restarted	7.00pm	Kell Lounge