

The Weekly Settler

Newsletter of Settlers Lifestyle Village



5th November 2020

It is a great pleasure to advise that Glenda has accepted a promotion to Head Receptionist and will be responsible for overall running of the reception (which she has been doing anyway of course!). As well as ensuring that the reception continues to operate as it currently does Glenda will also be getting involved in other resident process such as new resident induction, entertainment planning and of course just generally being fabulous! Please join me in congratulating Glenda on this well-deserved promotion.

AGM

The Annual General Meeting was held on Monday and I would like to thank all the residents that made time to attend. We had around 150 residents in attendance and I must say it was humbling to hear the overwhelming positive feedback that we received on the day. Our team at Settlers always put resident's wellbeing at the top of their list of priorities and it is reassuring to know that this is apparent from a resident perspective. Minutes of the meeting will be available in due course.

Melbourne Cup on Tuesday the 3rd November

It was a great afternoon on Tuesday with lots of fun had by all. It was a great turnout and clearly enjoyed by those in attendance. Special thanks to all the residents that put their time and energy into organising and running this annual event. Doug and Lyn Bishop, Tony Gyde, Bruce McPhail, Mike and Carolyn Jones. The tote – Ivor Baughan, Dave Archer, Roger Sharp, Lillian Jarden and Joyce Ross. Colin McConachie and Clive Cohen for all the sound and lighting support. I would also like to thank Ruth and her team for the lovely food on the day, who knew Steamed Pork Bao Buns tasted so good! Congratulations to all our fabulously dressed residents but a special mention to the winners of the various categories. Photo of the winners can be found in the newsletter.



General

A reminder to all residents and their guests that you should not use the pool or spa if you have covered or open wounds. It has been reported that sticking plasters have been found which really isn't very pleasant so please be mindful of the rules when using these facilities.

Ingham block is going into refurbishment mode as of next week so as per my letter of yesterday please make sure that all your personal items in the corridors are removed by the end of this week.

Don't forget to diarise the 9th December for the residents Christmas dinner, we are busy finalising the details and menu and will advertise when to book next week in the newsletter. This is always a popular evening and sells out quick so please keep an eye out for what to do and when.

Gary Jarvis
Village Manager

From the Sales Desk



We have some very warm welcomes to celebrate this week as new residents move in and call Settlers their home!

Kaipatiki 136 - John and Monette Ewen

Joseph 120 - Jackie Skeen

Joseph 124 - John and Maeve McCarthy

I know you will look out for our new residents as you see them around the village as they settle in and enjoy all that village life has to offer.

Fairview Village Market Day – Transport to Fairview



I will be having a Settlers sales stand down at the Fairview market day so hope to see many of you down there enjoying the market and complimentary Gelato and Coffee!

We will be running the Fairview bus, driven by Tara to shuttle our residents to the market and back.

Leaving Settlers on the half hour with first van leaving reception at:

10.00am
11.00am
11.30am
12.00pm
12.30pm
1.00pm

Fairview to Settlers at the following times:

10.45am
11.15am
11.45am
12.15pm
12.45pm
1.15pm
and 1.30pm

You are not required to book just turn up at Reception at the time you wish to leave, and it will be first in - first seated.

Events and Entertainment

As advertised in the 22nd October Weekly Settler we have some exciting events coming up. Showstoppers was to feature on Saturday 14th November however this has been rescheduled for the afternoon of Sunday 13th December. Pencil this in your diary now. Further details in next week's newsletter.

Returning to normal Sales hours

With the new appointment of Miranda as our receptionist, as from next week I will be returning to my normal sales days, Monday to Friday. I have enjoyed my weekend hours and seeing more of you and certainly realising what a busy role reception can be so big ups to Glenda and team for all they do!

Rosalie
Sales & Marketing

Hello from the Nurses Niche

As I write this the weather isn't making it feel very summery but we desperately need some rain, so I won't moan! As the sunny months approach why not think about some little ways to love yourself. I found this little gem in a Family Care mag that appeared on my desk and decided it was well worth sharing this week.

- *Practice Kindness* -- I'm sure you all know what a swear jar is? Try this twist – drop a coin into a jar or a container every time you catch yourself having a negative or unkind thought about you or someone else. You could spend the money on something nice so give to a special cause you care about. (Hopefully there won't be much in it)!!
- **Simple pleasures** – Taking a bit of extra care over small things can give you a boost of pride and satisfaction. Maybe the art of draping a scarf so that it flatters you perfectly. Or crafting a beautiful note using a good pen and nice paper and embrace your personal handwriting style.
- **Feel good** – Put together you own emergency “feel good” kit. Keep it handy for moments when you feel you need to remind yourself to take a deep breath....push the world asideenjoy something just for yourself. Include at least one of the following:
 - *Taste* – a favourite tea or a delicious chocolate
 - *Touch* - a beautiful crystal or polished rock, maybe a mini bottle of lotion.
 - *Smell* – perfume, essential oil, or a lavender sachet.
 - *See* – a favourite photo, a beautiful keepsake.
 - *Hear* – a list of songs, an affirmation.
- **Indulge** – treat yourself to a freshly baked treat.



If you would like the recipe for the easy baked treat click on this link which will take you to the Family care magazine for load more interesting stuff.
<https://issuu.com/familycareworld/docs/fc43>

It was lovely to see many folks having fun at Tuesday's Melbourne Cup event. It felt like things were back to normal. Long may this continue.

Take care every one.

Sue, Lyn, Chris, Christine Lucy & Tina
Nursing Team



We look forward to welcoming you at Tui Café. Hot lunches will be served on Tuesdays and Thursdays.

Next week's lunch menu is:-

Tuesday 12th November: \$12.00

Chicken Schnitzel Served with a Creamy Mushroom Sauce & Beer Battered Fries

Thursday 14th November: \$12.00

Eggs Benedict: Served on a Potato Rosti with Wilted Spinach, Hollandaise Sauce, Topped with either Bacon or Smoked Salmon

Ruth, Danielle, Jucimara & Grace
Tui Café

What's on this coming week



Walk 'n Talk

We meet at Reception Friday mornings @ 8.50am for what usually is a 1 hour walk, for the fitter and more able among us.

This is a great way to exercise regularly and walk with friends. We welcome all new walkers.

John Wakelin Ph 415 7383



Weekend Movie – The Best Exotic Marigold Hotel

Time & venue: Saturday 7th & Sunday 8th November @ 1pm in Cinema

Some British retirees (Judi Dench, Maggie Smith, Bill Nighy) decide to outsource their retirement to exotic -- and less expensive -- India. Lured by advertisements for the newly restored Marigold Hotel and imagining a life of

leisure in lush surroundings, they arrive and find that the Marigold is actually a shell of its former self. Though their new home is not quite what they had imagined, the retirees find that life and love can begin again when they let go of their pasts.

Drama/Comedy Runtime: 2h 4m



Bledisloe Cup All Blacks v Wallabies

Time & venue: Saturday 7th November @ 9.45pm, Lodge Lounge

Come watch the All Blacks vs the Wallabies, live on the big screen at 9.45pm. BYO nibbles and regalia.



Games Coffee Catchup – Note permanent earlier time of 1pm

Time & venue: Sundays @ 1.00pm Avenues Lounge

Join us in the Avenues Lounge for a relaxed afternoon chatting & playing games over a cuppa.



Singing Group

Good news! The singing group will recommence on Monday 9th November at 7pm in the stage area, as usual.

Everybody welcome, especially new residents who may be interested in joining us or at least coming to listen to what we do.

See you all there.

Ross Miller – ph 443 1511



Tai Chi with Sherie – Your step by step journey begins here.

Mondays between 1.30pm - 2.30pm Kell Lounge

Discover how these slow and gentle movements enhance and improve good health and balance. Sherie teaches her Tai Chi & Qigong class step by step (seated or standing) \$8 per class.



Fundraiser Movie & Pizza Night

Time & venue: Tuesday 10th and Thursday 12th November @ 5pm Cinema followed by dinner at 7.15pm

Make sure you have secured yourself a ticket to what will be an enjoyable evening out. Check further on in this newsletter for more details.

Tickets are \$15.00. Friends and family welcome.



Wednesday Wanderer - Pukorokoro Miranda Shorebird Centre

Join Tara and Maria on Wednesday 11th November. This will be a trip with a difference, because of the distance we most likely will not have time to sit down for lunch. Please bring your own lunch and we will have a picnic stop on the way back. We leave 9.30am sharp and will have a coffee on the way South. If you

don't want to make your own lunch you will be able to buy one when we stop for coffee. Entry into the centre is free but they are a charitable Trust, donations are always very welcome.

Do not forget to bring a hat, water, camera, sun glasses and wear suitable walking shoes. It will be an exciting trip, especially if you have an interest in Birds. The attendance list will be on the notice board as from 9am Friday 6th November. Any questions please contact; Maria Braam 414 2454 or 027 684 0120.



ALBANY PRIMARY SCHOOL PERFORMANCE

Time & venue: Wednesday 11th November @ 10.30am Settlers' Main Lounge

Join us in the Lodge for another one of Albany Primary schools spectacular performances. If you have attended one their shows before you will know it is not to be missed. The children will entertain us with the Kapa haka group performing

traditional waiata (songs) and also they will showcase the Albany Idol winning acts.

Be prepared to be inspired!! See noticeboard for promotional poster.



FRIENDS OF THE CRAFT GROUP MORNING TEA

Time & venue: Thursday 12th November @ 11.00am Settlers' Dining Room

Come and join us for morning tea/light lunch. We will still meet for our usual Craft Group at 10am in the Link Lounge then move on to the dining room.



TABLE TENNIS

We have a very small group of people playing table tennis, there are two tables, with one hardly ever being used.

Why don't you come and give it a go, we are a friendly bunch, it's alright if you have not played before or haven't played for a while.

We can play doubles or singles and also play with 3, how about that for flexibility!

We play on Thursdays at 9.30 and Fridays at 2 pm. We would love to see you there. *Angela van Winden L-177*



Your Computer and I.T. problems.

The two young ladies from Kristin High School will come to Settlers between 3.45 - 5.15 pm on Thursday 12 November. They will be able to help you with any problems you may have with your laptop, computer or handheld devices. You can have 30 minutes of their time, so, please be in touch with me if you need some assistance, and I can give you a timeslot. I look forward to hearing from you.

Angela van Winden L-177

Ph. 412 8225 or m.e.winden@xtra.co.nz

Special Notices

'Settle Inn' – Friday Night Apartment Jackpot.

The lucky apartment jackpot draw prize of \$80 drawn on Friday 30th October was unclaimed when apartment number 86 was drawn.

The lucky apartment jackpot prize this Friday, 6th November, will increase to \$100.

Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you **must** be wearing your Settlers Name Badge – **no name badge/no prize/no excuses.**

The lucky apartment number will be drawn at sometime between 5 and 6pm.

Peter Dowling, Chairman, Exec Bar Committee, M227

Apartment Draw Result for Wednesday 4th November 2020.

The first apartment number **97** drawn for **\$100** was unclaimed, a redraw proceeded with apartment **50** winning a prize of **\$50**. Unclaimed apartments drawn missing a prize are: **46 & 97**.

Apartment Draw Next Wed 11th November 2020

We will have a first number drawn prize and a minor prize of at least **\$50** which must be won on the night if the first number Drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw starts between 5.30pm and 5.45pm. The Winning Resident must claim their prize in 30 seconds wearing their own name badge and validation stamp. There will be no exceptions made on this policy.



FRIENDS AND NEIGHBOURS

Food, fun, frivolity, and fashion made for a fantastic Melbourne Cup Day here at Settlers!

There was heaps more atmosphere here than at Flemington Race Course! Fascinators had their annual airing with some very stylish outfits on display.

The auctions got the day off to a hot start with some active bidding. Who could believe that a wooden horse would be worth so much? A fair amount of 'pushing up the price' was going on! Our six broomstick horse races didn't always follow the form book, but 'that's racing!' The 'flying die' dictated the results!

The day finished with the actual Melbourne Cup Race shown on two large screens. Some lucky Sweepstake winners went

home with a good pay-out.

A huge vote of thanks to everyone who worked very hard to make the day go so well. Many people are involved in the preparation, so it's always good to see a large number attending and enjoying the day. *Neighbourly Group*



MYSTERY TOURS

Can you believe that we are almost at the end of the year? For most people, Covid seems to have run off with months of unaccountable time but not for our Mystery Tourers who, except for the times of complete lockdown, have continued to travel hither and yon on all sorts of wild adventures.

Our new booking system has been a great success so far. ***New Booking Sheets for the last four trips of the year will be up by 5pm on Friday on their own dedicated noticeboard directly across from Reception, so have a look on your way back from Happy Hour.*** Trips will be run on Thursday 12th and Thursday 26th of November and Thursday 3rd and Thursday 10th of December.



Photo Exhibition – 'Simplicity'

We have a new exhibition in the library. This month is all about Simplicity, keeping our images simple and concentrating on the simple things around us.

Hope you enjoy, take time to browse and study our work.

Our next meeting is on November 19th at 10.00am in the theatre when our members will show their Photo Essays. Feel free to join us.

Judy Hodge E-43



Missing iPad

Precious has misplaced his iPad.

He last remembers using it in the gym. It's location tracker shows it as being somewhere between reception and the traffic lights up the road so may be sitting somewhere and gone unnoticed. Please keep an eye out for it and drop at Reception if you find it. *Thank you for your help!*

thanks
for your
support

**On behalf of the Harbour Hospice a very Special Thanks to all those people that have given me donations for the Takapuna Hospice Shop since I have moved here 4 years ago. All donations are gratefully received. If they need to be picked up just let me know. Anything from clothing, household items, furniture, books etc.
Many thanks, Maria Braam K169, Phone 414 2454 or Mobile 027 684 0120**



Shirley Valentine Movie and Pizza Evening

We will be screening this fabulous movie in our cinema next Tuesday 10th and Thursday 12th November.

Movie screening at 5pm then we'll move to the Dining Room for pizzas approximately 7.15pm with BYO drinks.

We hope you will support this fun night as all proceeds will be going to a most worthy cause St John.

Tickets are \$15.00. **Friends and Family welcome.**

To get your ticket please contact any of our helpers:-

B BLOCK	BARBARA MORRIS	414 4126
I BLOCK	MEL JENNINGS	021 446505
I BLOCK	EVELYN FICKLING	281 0453
J BLOCK	DOREEN WOODWARD	414 2088
K BLOCK	MARIA BRAAM	414 2454
L BLOCK	PAT PLIMMER	021 782870
M BLOCK	ELAINE BREWITT	419 2713

This is a much-loved movie. If you haven't seen it you will be in for a real treat! See you there.

Thank you - Neighbourly Group



Christmas Cakes for Sale

Over the last few years, many Settlers' residents have enjoyed their Lions Christmas Cakes.

The Glenfield Lions Club is again making them available this year and I am now taking orders.

These cakes are made by Ernest Adams to an exclusive recipe used only for these Lions cakes. Each is an un-iced hearty fruit cake weighing 1.2Kg. They keep well – some say they are even better if kept until next Christmas – and they make great gifts.

The price is \$20 per cake - \$18 if you order 6 or more. All

proceeds going to worthy causes mainly in the Albany, Glenfield and Birkenhead areas.

If you wish to order one or many, please contact me on ph 443 1511 or email me at

ross-miller@slingshot.co.nz. Delivery will be this month as long as orders are with me by 20th November. Payment on delivery.

Ross Miller (M218)



ST JOHN & COOKIE TIME – COOKIES FOR A CAUSE

Christmas is a time for giving, so treat yourself and your loved ones – and help raise much needed funds for St John.

Get cookies for a good cause this Christmas. With two special offers to help raise funds for St John: 2x 2L Chocolate Chip Christmas Cookies \$34. And 2x 1L Gluten Free Chocolate Chip Cookies \$32. Price includes free shipping to non-rural addresses. Don't miss out, get your order in now and help raise \$250,000 so St John can continue to treat all of us!

Order now at munchtime.co.nz/stjohn



Fashion in the field 2020 Category Winners

Winner of the Ladies Category Barbara Johnson (A vision in violet from head to twinkle toes)

Runner Up of the Ladies Category Dorothy Meyer (Stunningly Spring carnival ready)

Glamour Girls for 2020 Tina Taylor & Judie Sinclair (A Fabulous glamorous K Block duo)

Winner of the Men's Section Roy Clarke (Understated suave styling for trackside)

Runner Up of the Men's Section Neil Calvert (Dapperly suited up. Everyone loves a man in a suit!)

Winner of the 2020 Fascinator/Hat Category Elva Vine (Looks stunning in her classic black and white feathered headpiece).

Runner Up of the 2020 Hat Category Jenny Lee (Summer happy in Buttercup Bloom)

Race Day Couple for 2020 (Lawrence & Aruna Rajalingam Where casual meets elegance on race day).

Special mention must be made of Olive Walker coming equipped to race day with her gorgeous parasol. A fashionable yet functional race day accessory.



Poets Corner

Within our Village we have a very humble poet who's hidden his light under a bushel for far too long. Now he's been discovered. This is Bruce's corner...



THERE AND BACK

I'm naturally a "shore-ite", I've lived here from day one.
(except for a gap that took me away, to teach other daughters and sons.)
I've been lucky enough to watch the Shore expand, develop and grow,
For what's close to a century now, but there's still heaps I don't know.

Takapuna, on the main road north, relied heavily on Auckland you know
For employment and entertainment but getting there was often slow.
The bus to the ferry, and the boat across, was a drag, but necessary ridge.
What a joyful moment, and development came, when they added a harbour bridge.

My earliest memories of Albany, from our home, from down "Taka"way
Are the regular rugged bicycle rides over tracks, not roads, like today.
Mum would prepare us a lunch, and we'd set off and struggle all day.
The formed road then, stopped at Crown Hill, from there on, just metal and clay.

Our target, a couple of hours later, was Albany Hall, still there ...
We'd perch on top of the stonewall, eat lunch and enjoy fresh air.
Repairs to bikes, flat tyres to mend, rest before the rough ride back.
Those memories are stored in this grey old head. We'd give most things a crack.

Did you know, where you're sitting now, the early settlers dug for gum.
Then later it was found, the climate suited fruit, strawberries became number 1
Albany village was slow to take off. It was too far for shore-ites to drive
But later Massey Uni set up, and the Mall later brought Albany alive.

Now I don't want to see you out there at night, with a spade looking for gum
Early settlers were thorough, you know. Now I'm sure there's none.
Rather, settle back when you get spare time, and if history is your thing,
Get stories of the land where you live, from the library, or give me a ring.

I can only touch the surface here, of an interesting historical read,
And remember my own youthful days that the North shore has seen.
I have moved around, in my teaching career, but ended where I began.
I'm a "shore-ite" as I said at the start. Am I proud of that? Sure am!

Resident Bruce Seaton



ALBANY PRIMARY SCHOOL PERFORMANCE
WEDNESDAY 11th NOVEMBER @ 10.30am
Settlers' Main Lounge.



Please come along to be entertained by the children's
Kapa haka group with traditional waiata (songs)
Also showcasing the Albany Idol winning acts.
Be prepared to be inspired!!
See noticeboard for promotional poster.



DR. LUDWIG TREVIRANUS
Pianist

3pm Sunday 22nd November 2020, Lodge Lounge

LUDWIG was born in Wellington and holds a Doctorate of Music from Florida State University where he studied under Dr. Read Gainsford.

He has achieved distinction in numerous competitions and teaches piano at the University of Waikato, Albany School of Music & Remuera Music Academy. In 2020, Ludwig tours his solo concert dedicated to the music of Beethoven

The recital he will present at Settlers is titled:

A Celebration of Beethoven's 250th Anniversary

This will include a selection of his well-known piano works including Für Elise, Moonlight, and Waldstein among others.

Be sure you do not miss this wonderful performance.

Gold Coin Donation, please.



Menu

Wednesday 11th November

Roasted Beef with Yorkshire Puddings & Gravy \$17

Roasted Potatoes, Carrot & Parsnip Wedges and Cauliflower Cheese

Chicken Teriyaki \$15

Served with Jasmine Rice and Stir Fry Broccoli Florets

Friday 13th November

Cornish Fish Pie \$17

Contains: Prawns, Hoki, Salmon, Eggs in a Rich Creamy Leek Sauce
Topped with Mash Potato

Filipino Kaldereta \$15

Diced Beef in a Rich Tomato Sauce with Potatoes, Carrots, Peas and Capsicums

Desserts for November

Homemade Pave De Limao \$ 7

A light dessert made with reduced cream, lemon, and lady finger biscuits.

Not too sweet and perfect for Summer!

Homemade Sticky Date Cake \$ 7

Served with Vanilla Bean Custard

COFFEE AVAILABLE before 7.15pm each evening

***Please make sure you book with Reception by midday the day prior to you dining.
Dinner bookings can also be made in the weekend for the following week.***

Fri 6 Nov	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11am	Avenues Lounge
	Xer/Sit Class	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lounge
Sat 7 Nov	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowling Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
Sun 8 Nov	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	Earlier time of 1.00pm	Avenues Lounge
Mon 9 Nov	Keep Fit	8.30am	Kell Lounge
	Shopping Bus	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Tai Chi with Sherie	1.30pm	Kell Lounge
	Darts	4.00pm	Avenues Lounge
	Singing Group - Restarting	7.00pm	Lodge Lounge
Tue 10 Nov	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
	Shirley Valentine - Movie & Pizza Night	5.00pm	Cinema
	Indoor Bowls Postponed 'til Dec 2020	7.00pm	Kell Lounge
Wed 11 Nov	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon	8.30am	Hair Salon
	Wednesday Wanderer	9.30am	Leaving Reception
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	10.00am	Swimming Pool
	Albany Primary School Performance	10.30am	Lodge Lounge
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 12 Nov	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Painting Abstracts Differently	1.30pm	Kell Lounge
	Chess Group	2.00pm	Chess Nook
	Kristin Computer Help	3.45pm	Venue by arrangement
	Shirley Valentine - Movie & Pizza Night	5.00pm	Cinema
	Indoor Bowls	7.00pm	Kell Lounge