

17th December 2020

COVID – 19 information

The government have released their plan to manage COVID – 19 over the summer period, **Unstoppable Summer**. The plan outlines how to **reduce** the risk of, get **ready** for, and **respond** to new COVID-19 cases. We have included a copy of the plan in the newsletter for your information.

Christmas

We have now received the images back from the Christmas Function of Wednesday 9th December. There is a vast amount, and we are now working on the best way to display these and will advise in due course. Whatever the mechanism of allowing you access to these images it will allow all residents to see all images so if any residents that attended the dinner have any concerns please let reception know before the 24th December.

A reminder that the Kitchen is closed this coming Friday evening to allow the team to attend our end of year Christmas party. The resident's association have very kindly taken over the reins and will be catering for you on the evening with some fabulous 'pub style' offerings.

The housekeeping team will be completing their final private cleans on Thursday the 24th December and then they will commence again from Monday the 11th January.

General

On Friday 18th December, the garage door into Ingham car park will be undergoing maintenance this will mean that there may be periods when access is restricted, unfortunately we cannot advise any timings around this. If you need urgent use of your vehicle it is recommended that you park it outside for the day.

In the new year beginning the week of the 11th January we will be installing a non-slip surface to the tiled area outside the lodge around the bowling green. This will require periods of time that the area will be closed off for any pedestrian access. There will be cones in place and we thank you for your cooperation in advance. This treatment is weather dependant so if need be it will be delayed.

We are currently working through some further upgrades within the lodge area which will enhance the WIFI strength and will also include the provision of WIFI on the lower level including the cinema and the Gym area. We are also working on the capability of providing 'Spark Sport' so that you can enjoy the cricket over the summer months, unfortunately we may not have this available until mid-January and will keep you informed.

Gary Jarvis
Village Manager



From the Sales Desk

Sales continue to bubble along with two applications pending, with hopefully an outcome before Christmas.. such a good way to finish the year.

If you take a look on the Settlers website you will notice we have added some stories from our residents which is under 'Media'. It is located in the 'Life at Settlers' tab at the top. Also to be added in the next few days is a virtual tour of our one, two and three bedroom apartments which is a great tool to have.

Sales over the Christmas period

I will be taking annual leave and my last day of work will be Monday 21st December and I return to work on Monday 11th January. Sales will be covered by Gary and reception so if you do have anyone that would like to visit then either arrange a time with reception or phone into the office.

This has been a year full of challenges however it is great to see our lovely vibrant village culture returning with some of the amazing events we have had happening over the last few weeks particularly.



I am so proud of our team and all of our residents for what we have created here at our village and warmly wish you all a wonderful Christmas and New Year while also giving my thoughts and kind wishes to those who are facing any life's challenges.

All the very best.

Rosalie
Sales & Marketing

Hello from the Nurses Niche

Hi everyone, gosh us humans are a funny bunch. I have had quite a few folks talking to me lately about their weight and how much they have gained this year and their desire to lose some. A lot of this could be due to the COVID lock downs and the increased amount of baking that went on. Now that we are "free" again it is really hard not to over indulge as regaining healthy routines is particularly challenging at this time of year. Christmas time presents us with so many yummy treats not to mention the volume of them. Maybe it is this temptation that makes us more aware of our already tighter belts? However, Christmas time is not a good time to try to lose weight as in my opinion you are just setting yourself up to fail. You could also make matters worse as denying yourself the usual Christmas treats could make you unhappy, therefore you may eat more!!!

Rather than think about dropping a few kilos, why not concentrate on making some healthier choices to avoid the gain? Try having smaller portions of the high calorie foods and go for the lovely fresh salads and veges that are around at the moment. We are so lucky to have such amazing produce to choose from and some of our local chefs provide the most wonderful salad recipes, often free on the internet. We're told that we should not eat too much fruit due to the high amounts of sugar but fresh fruit has got to be better for you than two Christmas mince tarts, alongside the Christmas pud and pavlova! Pick one or two things you really like and don't try to have everything. I know..... much easier said than done but if you are genuinely wanting to not gain weight this Christmas you are the only one that can make this happen. Then, when we start 2021 that is the time to thinking about shedding some kilos. There is research that shows that if you write down everything you eat, you are likely to eat less and consequently lose weight. This could



be a good New Year's resolution, but no cheating!!! Weekly weighs-ins can also keep you accountable. We can set up a regular time to discuss your food diary and record your weight once a week or whenever if you think this might help.

I hope this has given you all some "food" for thought and the best thing is that this is calorie free!! Take Care on the race towards Christmas.

**Sue, Lyn, Chris, Christine Lucy & Tina
Nursing Team**

We look forward to welcoming you at Tui's Café. Hot lunches will be served on Tuesdays and Thursdays. Next week's lunch menu is:



Tuesday 22nd December \$12.00

Middle Bacon, Sausage, Hashbrown, Grilled Tomato, Toast

Thursday 24th December \$12.00

Roasted Vegetable and Chicken Stack Wrap Served with a Side Salad

**Ruth, Danielle, & Jucimara
Tui's Café**

What's on this coming week



Carols in the Village

Time & Venue: Thursday 17th @ 7pm at the Bowling Green

Some Settlers Residents will be singing Christmas Carols around the village buildings. The singing will begin at the Bowling Green, and anyone who wishes to join in is welcome. If it is raining the carol singing will be in the lodge at 7pm.

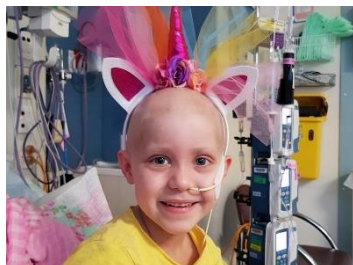


Mens Group

Time & Venue: Friday 18th December @ 11am Avenues Lounge

This will be our last Mens Group meeting of the year. We will reconvene next year on Friday 15th January. Thank you for a good year, let make sure 2021 is even better.





The 'Birdbox Project' Auction/Hope for Hollie

Time & Venue: Happy Hour, Friday 18th December

During a previous Happy Hour, this bird box was auctioned. It was won by the residents committee; it was sold for a whopping \$270, with all proceeds going to Hope for Hollie. In 2018, Hollie was diagnosed with a very rare form of cancer. Her battle



has been ongoing, and treatment is not available within New Zealand. Hollie and her family will be going to Spain for treatment, where it costs around \$400,000. If you would like to donate to Hollie, you can do so at reception, or visit the website <https://givealittle.co.nz/cause/helping-hollie-fund>.

The bird box will be reaucted on Friday 18th December with the opportunity for residents to bid on it.



Weekend Movie

Andrea Bocelli & David Foster My Christmas In Concert

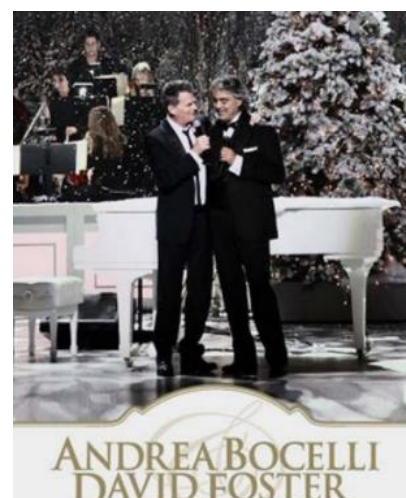
*Time & venue: Saturday 19th & Sunday 20th
December @ 1pm in Cinema*

David Foster joins superstar Andrea Bocelli for a Christmas concert of holiday classics as they share the stage to present an elegant

collection of seasonal favourites. Showcasing Bocelli's unmistakable soaring vocals are lush new arrangements given the distinctive Foster touch for an inspiring concert performance.

Among the featured song highlights are "White Christmas," "Oh Holy Night," "Santa Claus is Coming to Town," "Jingle Bells," "Silent Night," "The Christmas Song," "What Child Is This," and more.

General /114mins



Christmas Presentation/Searching for Christmas

Is there more to the story than we thought?

*Time & venue; Monday 21st
December 7pm Lodge Lounge*

Carols, videos, music, stories, soloist. Duration about 65 minutes. There will be an opportunity to give towards Auckland City Mission with a collection box on the table. *Contact Geoff Hampshire*



Indoor Bowls -Thursdays Only

Time & Venue: Thursdays @ 7pm Kell Lounge

Due to lack of patronage, indoor bowls will play only on Thursdays for the foreseeable future. We play in Kell Lounge from 7.00 to 8.30 pm. All are welcome. No replies are needed. Arrive by 6.50 pm to get into the draw.





Christmas Eve BYOB and Nibbles

Time & Venue: Thursday 24th @ Lodge Lounge from 4.30 onwards

Although the bar will be closed on Christmas eve, you are still welcome to come down and enjoy the festive spirit in the Lodge Lounge with other like-minded people. BYOB and nibbles, come down anytime from 4.30pm. The more the merrier!

Special Notices

‘Settle Inn’ – Friday Night Apartment Jackpot.

The lucky apartment jackpot draw prize of \$100 drawn on Friday 11th November was unclaimed when apartment number 17 was drawn.

The lucky apartment jackpot prize this Friday, 18th December, will increase to \$120.

Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you **must** be wearing your Settlers Name Badge – **no name badge/no prize/no excuses.**

The lucky apartment number will be drawn at sometime between 5 and 6pm.

Peter Dowling, Chairman, Exec Bar Committee, M227

The Showstoppers

Every show has a showstopper, that song that stops the show, the one everyone wants to hear! Last Sunday’s show was packed with these. Congratulations to our talented ‘Bruce McPhail’ on his outstanding performance. What a talented group. Fabulous costumes, singing, and acts. The show had a little bit of everything! With a little luck and connections, we hope to secure ‘Showstoppers’ again in 2021.



Advent Calendar (with a Difference)

Many of us will remember having an advent calendar in our houses for children, so we are having one for the more mature at Settlers. Each day until Boxing Day you can read a different “Amazing Thing About Christmas”. Subjects include, its wonder, poinsettias, stories, mistletoe, the USA Air Force High Command, Christmas trees, movies, Charles Dickens, communications from space and many more. Look out for a red daily poster on the easel in reception .





Volunteer Drivers

Our team of willing drivers are available to take you to your appointments. We ask that you wear a mask if possible. We are here to help. Just phone one of the following co-ordinators. *Margaret Larsen 214 7116, or Pat Plimmer 021 782870*



Christmas Day BYOB and Nibbles

If you are looking for some extra cheer on Christmas afternoon, come on down to the Lodge Lounge from 4pm onwards. Join in for a relaxed Christmas Evening with your friends and neighbours. BYOB and nibbles.



Cricket Season 2021

We are in the process of setting up our television so you can watch the upcoming cricket matches. It requires us to make some changes to our existing setup, but once that is done, you will be able to enjoy the upcoming Cricket matches live.



Premier Villages Bridge Group

One of the residents from Fairview Village would like to get a bridge group started at Fairview. If you are interested, please contact Denise Robinson, on 477 3933.



Garden Moisture Reader

Alison Lowe kindly offered a Settlers Resident a moisture meter recently. If this were you, could you please contact her on 479 5467 as she would like to pass it on.





TWENTY TWENTYS NEARLY DONE

Let's get ready for Twenty Twenty-One

We would love you to share any ideas you may have of events/entertainment you would like to see in our village next year. We have finished this year on a high with regards to activities within the village. We would like to carry this momentum forward into 2021; we ask you to put on your creative thinking caps and help us think of activities you would like to see included in the 2021 calendar. We want to stay within the budget of the residents committee, and be mindful of the cost for our residents, so everyone can be involved. A box has been left on the courier parcel table across from Reception. Please leave any suggestions over the holiday period within the box.



New Year Concert

No one throws a party like Russians! Join in the fun and cheer of a song and dance show with Voice Studio Premiere.

Monday 28th December @ 7pm \$25.00 pp.

If you would like to come, please see the notice board to reserve your place in the van.

For more information contact:-

Kay Wakefield 414-7232

Is there more to the story than we thought

Searching for Christmas
in the Names for a Child

THE SHEPHERDS
JESUS
CHRISTMAS CAROLS
THE ANOINTED ONE
THREE WISE MEN
GO AND SEARCH CAREFULLY FOR THE CHILD.

If you would like to make a gift to Auckland City Mission there will be an opportunity to do so in a container on the table.





Outdoor Bowls: There has been a lot happening lately with our Outdoor Bowls players. Doug Bishop has summarised the two most recent competitions below.

Last Thursday the Outdoor Bowls group completed its 2020 Twilight “season”. This 6 weekly series, which has always proved to be popular and well supported, provided a fitting finale to competition play for the year.

The “twilights” is an aggregated tournament with a series of results being totalled and points awarded to each individual player.

Des Webb proved his consistency as a bowler by being the only player with 5 wins and so was the clear outright winner. The minor places, which needed to go to ends, were filled by Reg Kendall (4 wins – 1 draw – 31 ends) who narrowly edged out Ken Nathan by just 3 ends (4wins – 1 draw – 28 ends). In the next grouping of 4 winners, Dave Archer (30 ends), Gordon Morris (29 ends), Carolyn Whitehead (28 ends) and Bob MacNab (24 ends) completed the ranking order. The “Most Improved Player” trophy for 2020 was presented to Dave Archer for, naturally, performance but also for his dedication to practise as well as his willingness to undertake entering and skipping teams in outside competition. Carolyn Whitehead and Doug Lloyd both received “special mention”.

The Charity Box was also counted - \$1 for a wrong bias during play throughout the year – and Kevin Covacich provided the closest estimate, of \$141, to the actual total of \$139.

John Morris added some extra levity to the afternoon when he presented Doug Bishop with a framed cartoon underlining some of the characteristics displayed by Doug in his surveillance and organisation both on and off the green. Rule number 2 is always in operation!

Special thanks must go to a couple of behind the scenes workers. Firstly “greenkeeper” John Bruce who single-handedly set out the green and rinks before play and ensured that everything was returned afterwards – this even included the straightening of the chairs! Secondly to Bruce McPhail whose constant presence in the bar was always welcomed at the close of play. Both made significant contributions to the success of the evenings.

A further series of “Twilights” is planned to begin mid January 2021.

From the Settlers’ bowlers ...

Compliments of the Season and a very happy “Settlers” New Year to all.

On Monday 14th December 3 teams from Settlers travelled northwards to The Peninsula Club to participate in their annual Christmas Ham Tournament. Three serious games were played by each team and there was a “full field” of 16 teams with representation from a variety of villages. Conditions were warm and the carpet surface, once again, played very well.

It can be reported that although no hams were won on the green, Reg Kendall managed to pick one up in a raffle and so came home with a smile on his face. Kevin Covacich was also rewarded with a Christmas hamper as a raffle prize.

A team from Hibiscus Coast Village was the overall winner on the day with 2 wins and 1 draw from their 3 matches. The Peter Dowling skipped combination involving himself, John Bruce and Anna Morris turned in Settlers’ best performance on the day with 2 wins and 1 loss. The two other teams Des Webb (s) – Reg Kendall – Gordon Morris and Barry Scott (s) – Ken Nathan – Kevin Covacich both achieved matching results of 1 win and 2 losses.

This being the final “outside” invitation tournament thanks must be recorded to all those who have so willingly offered themselves for selection throughout the year and we all look forward to a further 12 months of “Good bowling” in 2021.





**Come and ring in the New Year
with us in the Lodge Lounge!**

**Kane Steves will be playing
from 8pm to 12.15am**

Friends and family are welcome



Lightning. Lottie. Odette

Odette recently had another family get together. Here she is with her son Lightning and daughter Lottie, from her first litter.



Poets Corner

Within our Village we have a very humble poet who's hidden his light under a bushel for far too long. Now he's been discovered. This is Bruce's corner...



BYE - Bye , 2020, bye-bye

"Oh, come-on" said Santa, rubbing his eyes,
"It can't be a year since we took to the skies.
Seems just like this week, I sent orders to firms,
and only yesterday, the last one confirmed.
The elves are now ready, preparing the sleighs,
The loads in those things - well, it's difficult to say.
Most kids don't care whether we travel east or west,
they're keen and eager and know theirs will be best.
Boys love fire-engines, trucks or large tanks,
girls love all dolls, especially those with long pants.
"Well, I must begin somewhere, might as well be now.
I'll wake up the elves. You listen to row!

You know Rudolph the leader with the shiny red nose
(He's threatening to strike - for more pay I suppose)
Most think he comes only for kids.
Have a chat with your partner. That could be all fibs!

**But seriously now as this year ends, how lucky at Settlers we are.
Maybe we're aged and slowing down, no longer driving a car.
But generally, we're lucky, having the greatest gift of all,
to mix with friends. Interact. Who could ask for more!**

**As this dreadful 2020 comes to an end and all engines prepare for next year.
From the poetry lot
MERRY CHRISTMAS TO ALL
Every wish for Settlers New Year**





Menu

Wednesday 23rd December

Chicken Breast Stuffed with Apple, Cheese, Breadcrumbs and a Brown Butter and White Wine Sauce

\$17

Served with Jersey Bennes, Carrot Wedges and Peas

Slow Cooked Lam Casserole Served with Potato Gratin

\$15

Carrot Wedges and Buttered Peas

Friday 25th December

Kitchen is closed

Desserts for December

Homemade Warm Caramel Apple Crisp Slice \$7

Served with Vanilla Bean Ice Cream

Mixed Three Cheese Platter \$7

Served with Crackers/Grapes/Dried Apricots/Farmhouse Pate

COFFEE AVAILABLE before 7.15pm each evening

***Please make sure you book with Reception by midday the day prior to you dining.
Dinner bookings can also be made in the weekend for the following week.***



Fri 18 th Dec	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group Final today for 2020 - Restarting 15th Jan	11.00am	Avenues Lounge
	Xer/Sit Class Back in 2021	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour/Bird Box Auction	4.45pm	Main Lounge
Sat 19 th Dec	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet	1.00pm	Croquet Green
	Line Dancing Back in 2021	1.30pm	Kell Lounge
Sun 20 th Dec	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	1.00pm	Avenues Lounge
Mon 21 st Dec	Keep Fit	8.30am	Kell Lounge
	Shopping Bus	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Tai Chi with Sherie Restart 4th Jan 21	1.30pm	Kell Lounge
	Darts	4.00pm	Avenues Lounge
	Searching for Christmas	7.00pm	Lodge Lounge
Tue 22 nd Dec	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing Back in 2021	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
	Summer Indoor Bowls Cancelled til further notice	7.00pm	Kell Lounge
Wed 23 rd Dec	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon closes 24th Dec. Open 13th Jan 21	8.30am	Hair Salon
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	10.00am	Swimming Pool
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 24 th Dec	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon closes 24th Dec. Open 13th Jan '21	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Painting Abstracts Differently	1.30pm	Kell Lounge
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Kell Lounge
	Summer Indoor Bowls	7.00pm	Kell Lounge



Unstoppable summer: our plan to manage COVID-19

In summer New Zealanders travel around the country, socialise, and go to large events, increasing the possible spread of COVID-19 in the community. During the holidays, this can make any response more challenging – but we've got a plan.

Our plan outlines how to **reduce** the risk of, get **ready** for, and **respond** to new COVID-19 cases.

REDUCE

What you can do



Turn on Bluetooth on your phone and in the NZ COVID Tracer App



Scan QR Codes wherever you go



Wash and dry your hands



Cough/sneeze into your elbow



Stay home if you're sick and ring your GP or Healthline for advice



Travel with a 'COVID kit' – soap, sanitiser and a face covering

READY

Our toolkit



Border entry measures
Managed Isolation & Quarantine, and workforce testing.



Contact tracing
NZ COVID Tracer app/Bluetooth data and push notifications, and an on-call workforce.



Community testing
Targeted testing of contacts, surveillance testing, pop-up stations, and an on-call workforce.



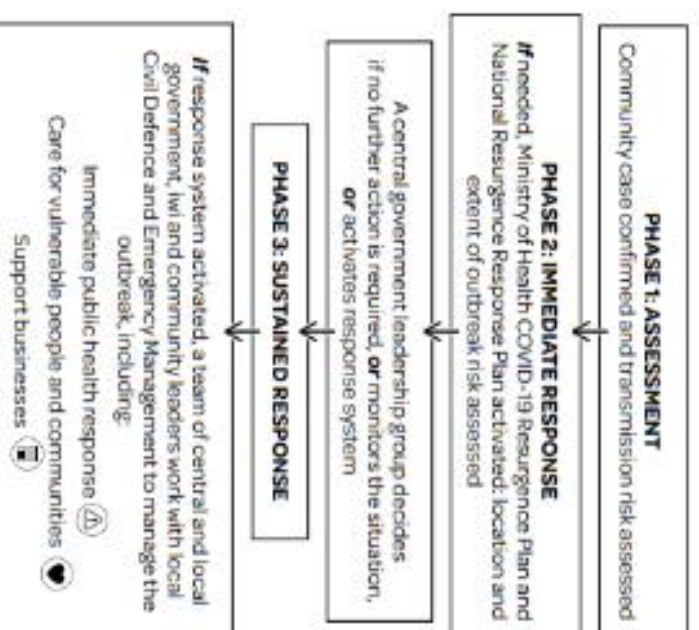
Face coverings
Where physical distancing is not possible.



Alert Level change
Localised with a boundary to contain the virus, or nationwide.

RESPOND

How we would respond



**MAKE SUMMER
UNSTOPPABLE**

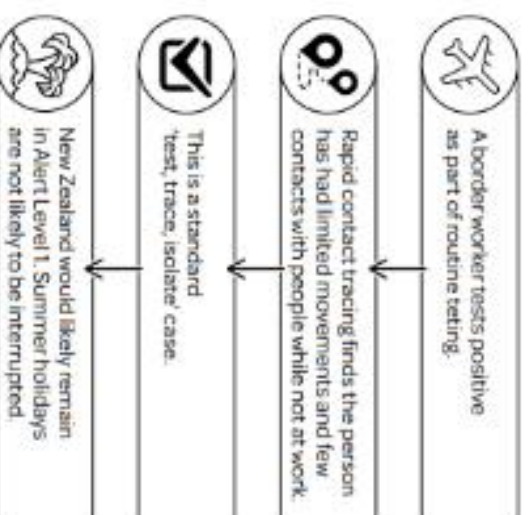
Unstoppable summer: our plan to manage COVID-19

COVID-19 is a tricky virus – we've learned a lot from our experience so far, but we all have a part to play in stopping the spread.

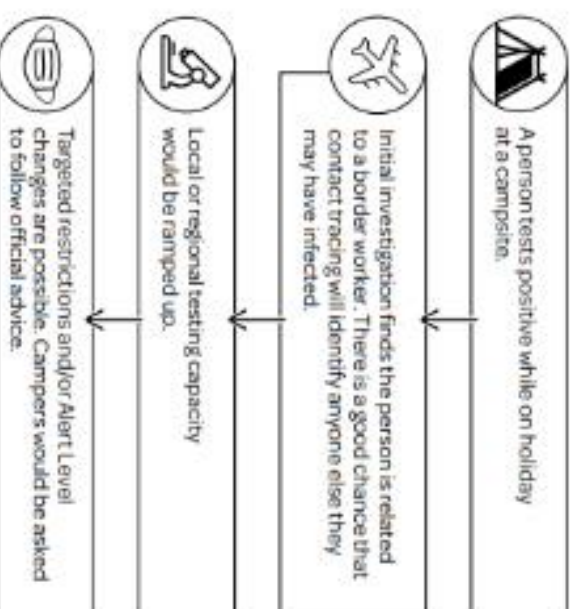
Our 'test, trace and isolate' approach focuses on being able to test lots of people and quickly trace and isolate contacts. We cannot predict where or how a new case might appear in the community, but we've done a lot of planning to handle a wide range of possible situations.

While any response will depend on the circumstances such as the location or timing, it's useful to think of three scenarios over summer:

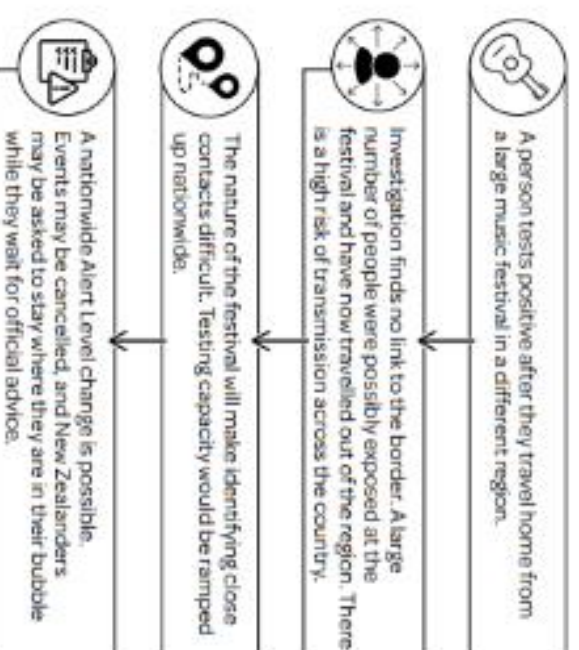
SCENARIO: Contained border case



SCENARIO: National response likely



SCENARIO: National response likely



WHAT YOU SHOULD DO

Keep an eye out for updates on covid19.govt.nz and facebook.com/UniteAgainstCOVID19

WHAT YOU SHOULD DO

Follow official advice, watch for media announcements and keep an eye on covid19.govt.nz

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Follow official advice, watch for media announcements and keep an eye on covid19.govt.nz

MAKE SUMMER
UNSTOPPABLE