

The Weekly Settler

Newsletter of Settlers Lifestyle Village



7th January 2021

Village Manager's Weekly Update

I would like to wish a very Happy New Year to all Residents and your families, here's to a wonderful and hopefully more stable 2021!!

We recently had a resident that received an email purporting to be from the NZTA advising them to renew their vehicle registration. These are 'phishing scams', a key component that is missing from these emails is your personal details i.e. the registration number and when it expires as the scammers do not know this information. I have reported the issue to NZTA and below is some helpful information relating to this.

Report a phishing scam

Thank you for letting us know about the suspicious email, phone call, or text message you received.

We will investigate your report and may contact you for additional information.

Genuine emails sent from Waka Kotahi NZ Transport Agency always use an [nzta.govt.nz](mailto:info@nzta.govt.nz) suffix. The email will also include your specific vehicle details.

Important

If you have clicked on the links and entered your driver licence details, credit card or banking details, we strongly recommend you:

- Contact your bank immediately and have them stop any fraudulent payments that may have been made.
- Contact us via email (info@nzta.govt.nz) or phone us on 0800 822 422 so we can register your driver licence card as virtually stolen.
- Report this incident through your local police station and their cyber-crime division.

Note

If you want to check your licence or vehicle details please email info@nzta.govt.nz and we will be happy to assist.

Thank you again for your diligence in reporting this to us.

Kind regards,

Waka Kotahi NZ Transport Agency Cybersecurity Team

Next week we are commencing the non-slip treatment on the outside tiled area, please follow any signage and directions to avoid the areas being treated.

As part of our annual BWOFF process we will be testing the main backflow preventer to the village. This will require a very short water outage (less than five minutes) which you probably won't even notice. This is booked in for the 18th January, time cannot be confirmed.

As the school holidays are now in full flow and we have lots of grandchildren around enjoying special time with you, it is timely to remind you that they can only use the facilities when you are present and need to observe any age restrictions in place or time restrictions. Also please do make sure that if they are using the pool that they do not have any open wounds or sticking plasters on.

We have set up the lounge furniture with smaller groups in terms of the table layout, if you do move the tables and chairs around, we do request that you put them back as they were so that it is kept nice and tidy.

There will be an inorganic bin delivered next week for your use to the car wash bay.

Tara is on annual leave from Wednesday the 13th January, the shopping bus on Friday will run as normal, however on Monday 18th the bus will only run once departing Settlers at 09.45 and pick up at the shopping mall at 11.15.

Gary Jarvis
Village Manager

Hello from the Nurses Niche

Happy New year everyone. It sounds like everyone had a lovely but generally quiet Christmas day with family and friends with the usual ... "I ate too much" complaint! I know we all have high hopes for 2021 after a very challenging 2020 but unfortunately we are not out of the woods yet. We must all continue to practice good hand hygiene, stay home and well away from others if at all unwell with any ailment. Be vigilant with family and friends from outside the village and ask them to stay away if not well. If you have any respiratory symptoms please get a test, it's easy and really not that bad.

Up until this week the temperatures have been pleasant with quite a cool wind but this week is proving to be a scorcher. This is the time of year I like to remind people to increase their fluid intake to maintain an adequate level of hydration. Many people in the village enjoy the outdoor activities and with the hot humid weather our bodies need added hydration. Please take a bottle of water with you when you are playing any of these games if it is an exceptionally hot day. You can easily get small 300ml disposable bottles at the supermarket or if you are wanting the reusable type I would recommend a stainless steel one. I invested in one and it keeps my water deliciously cool throughout the day. These bottles are a good reminder to drink water when inside too. Never ever share a bottle. I know people like to help others and may offer to share if someone is thirsty but please don't. This is not a playground and we are all grownups and sharing a drink bottle is one of the quickest ways to spread germs. Maybe one of the people playing might like to bring a big plastic bottle of water and some plastic cups along for those that forget. Just an idea but this way everyone can have a drink safely.

Dehydration can happen to anyone but older people are particularly vulnerable as the sense of thirst can diminish with age. Dehydration can lead to an increased risk of falling, confusion, loss of skin elasticity, constipation and delirium, yet it is so easily maintained with a bit of planning.



Have a good drink before you go outside, during and when you finish. Why not treat yourself to a fancy bottle? Get even fancier and add a slice of lemon and enjoy whatever activity you are doing safely.

Take care everyone.



We remember . . .

Dulcie Hyndman H-59

It is with sadness we say goodbye to Dulcie who passed away last week. Dulcie's wish was not to have a funeral. She will be remembered fondly by her Settlers friends. Any correspondence for her family can be left at reception over the next week and this will be passed on to her loved ones.

**Sue, Lyn, Chris, Christine Lucy & Tina
Nursing Team**



Happy New Year!
Summer has certainly arrived and we are enjoying seeing so many of you in the café. This week we have introduced some salads alongside our cabinet food for you to enjoy.



Hot lunches as usual will be served on Tuesdays and Thursdays. Next week's lunch menu is:

Tuesday 12th January \$12.00

Homemade Fish Chowder Served with a Buttered Roll



Thursday 14th December \$12.00

Traditional Malaysian Chicken & Potato Curry Served with Jasmine Rice



Summer's here

Come and enjoy our Freshly 'Made to Order' Smoothies!

Smoothie Options \$6.50

Berry Smoothie (Strawberry, Banana, Chia Seed and Greek Yoghurt Smoothie)

Tropical Smoothie (Pineapple, Mango, Banana, Chia Seed and Greek Yoghurt Smoothie)

**Ruth, Danielle, & Jucimara
Tui's Café**

What's on this coming week



Indoor Bowls – Resumes Thursday 7th January

Time & Venue: Thursdays @ 7pm Kell Lounge

We play in Kell Lounge from 7.00 to 8.30 pm. All are welcome. No replies are needed. Arrive by 6.50 pm to get into the draw. Tuesdays sessions are postponed until further notice.

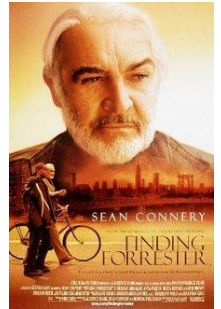


Weekend Movie – Finding Forrester

Time & venue: Saturday 9th & Sunday 10th @ 1pm in the cinema

Jamal, an African-American teenager, gains admission to a prestigious private school and discovers his talent for writing with the help of William Forrester, a reclusive author.

Drama / 2 hours 16 minutes



Craft Group

Time & venue: Thursdays 10am Link Lounge

Happy New Year from the Craft Group...we are underway again. Join us Thursday mornings 10-12 in the Link Lounge for a cuppa and chat as we encourage one another in our crafting efforts. Visitors and new members are always welcome.

We are still collecting knitted items for the Premmie Babies as well as new crafted goods for sale. These can be left in the named bags on the tables or given to one of the group. We are happy to receive donations of craft goods but would appreciate if one of us can sight them before accepting as we do have limited storage space. Thank you and we look forward to catching up with everyone in the coming weeks.

The Craft Group

Special Notices

Apartment Draw Result For Wednesday 6TH January 2021.

The first apartment number **144** was not claimed. A redraw commenced with apartment number 87 winning **\$50**. The following apartments missed winning a prize **104, 144, 153, 176, 197, 213, 232**

Apartment Draw Next on Wed 13th January 2021

We will have a first number drawn prize and a minor prize of at least **\$50** which must be won on the night if the first number Drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw starts between 5.30pm and 5.45pm. The Winning Resident must claim their prize in 30 seconds wearing their own name badge and validation stamp. There will be no exceptions made on this policy.



FRIENDS AND NEIGHBOURS

Happy New Year to you all! The dance floor at the Lodge was full at midnight on the 31st of December as many residents saw out the old year and welcomed in the new. It was a year we were all glad to see the back of! We have high hopes that lives this year will return to a more normal pattern. Here's to a happy and healthy 2021.

Remember to call on your Neighbourly Group if there is any way we can be of service. You may like some company to go on a short walk or just meet for a coffee and chat in the Lodge. If you are caring for a loved one we are happy to keep them company while you have a break. Please ask if you think we can assist in any way. Lyn 4795222 or Elaine 4192713
Neighbourly Support



FIRST BINGO OF 2021

Time & venue: Saturday 16th January 7.00pm Lodge Dining Room

Come and join us in the Lodge for our first BINGO of 2021. Usual time of 6.30pm for ticket sales, ready for a 7pm start. All welcome including family and friends.

Bruce, Joy, Jenny and Rae



How about a WALK in the “Cool, cool, cool of the evening?”

Yes, we hear you.....Saturday evenings leaving Reception at 7pm starting Saturday 16th January. **TWILIGHT SUMMER STROLLS are back by popular request.**

Come and join us for a relaxing, end of the day, 60 min flat walk in good company with Settlers friends. See you there. *John Wakelin*



Fairview Village Strength and Balance exercise class

Resumes on Monday 25th January.



Volunteer Drivers

Our team of willing drivers are available to take you to your appointments. We ask that you wear a mask if possible. We are here to help. Just phone one of the following co-ordinators. Margaret Larsen 214 7116 and Carol Jones 414 5113.



STEWART ISLAND GETAWAY

Feel in need of a holiday adventure? New Zealand being the only option at the moment here is a trip that may appeal to you. It appealed to us but unfortunately we have had to pull out which leaves a vacancy for another lucky couple.

A Ship 'n Shore visit to Stewart Island with a four night cruise on board Real Journey's MV Milford Wanderer. The dates are from 18th to 24th February. Total cost (Settlers to Settlers) is \$3,742 pp.

If you are interested contact Doug or Lyn Bishop 4795222 (Lucas 184) for further information.



Sparkly Bracelet Found

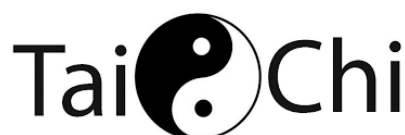
Have you misplaced a gorgeous sparkly bracelet?

This was found after our New Years celebrations. Glenda has it in safe keeping at Reception.



Precious iPad Returned

Late last year we asked you all to keep an eye out for Precious missing iPad. The great news is that whoever found it could not work out who it belonged to and handed it to the police who were able to link it back to Precious and he now has it back. Suffice to say Precious is happy to have his iPad and more importantly his music playlist back!



Tai Chi with Sherie

Classes for 2021 will resume Monday 11th January @ 1.30pm

Starting this term Sherie requests payment is either made via internet banking (account provided below, paid in 5 week increments e.g.. 5 weeks = \$40.00 paid upfront or in cash the same. The reason is to avoid cash handling as much as possible. If you are away on doctor's appointment or holiday etc that class can go towards a credit for the next 5 weeks. The class duration will be 45 minutes instead of the 60 minutes.

Please use your name and village as reference.

ASB Account number: 12-3026-0081797-00 Account name: Tai Chi and Qigong Step by Step



CROQUET

The game played at Settlers and other retirement villages is "Golf Croquet" and it is played to simplified rules. These rules are known as "Garden Golf Croquet" and they hang in the Shed that holds the Croquet equipment at the end of the Croquet Green. Garden Golf Croquet provides a challenging and fun game that is suitable for all residents.

CURRENT ORGANISERS

- At the moment Organised Croquet is run on a casual basis by those attending.

WHEN ORGANISED GOLF CROQUET IS PLAYED.

- The Golf Croquet activity plays on Tuesdays, Thursdays, and Saturday at 1.00pm. This is approximately 9 hours per week. Any seasonal changes will be advised in the weekly Settler.

BEING PART OF THE ACTIVITY

- Any Settlers ORA holder may play organised Croquet on a casual or regular basis. If you turn up at the playing times you will be included in the draw and activities

.LEARNING TO PLAY AND INFORMATION ABOUT GOLF CROQUET

- Individual or group lessons are available free through the year. For lesson information contact Tony 4150768 or tojogyde@gmail.com.

EQUIPMENT

- In the Croquet shed there is a range of mallets that are available free to all residents. These are available for Organised and Casual play. Some residents once familiar with the game choose to buy their own mallets

.LAWN CARE

- All players are expected to look after the lawn and keep damage to a minimum.

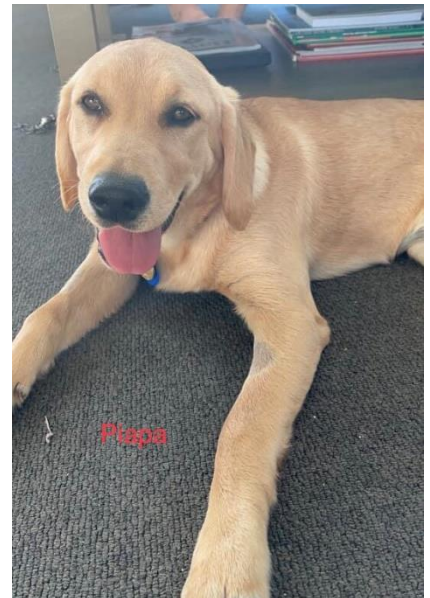
"CASUAL CROQUET"

Outside of the times indicated for "Organised Croquet" all residents are free to use the equipment and play Golf Croquet. It is expected that all residents will take care of the equipment and lawn at all times.



Odette with her daughter Lady and granddaughter Maggie

Happiness begins with a wet nose &
ends with a tail



Some of Odette's latest 'P' Litter



Poets Corner

Within our Village we have a very humble poet who's hidden his light under a bushel for far too long. Now he's been discovered. This is Bruce's corner...



HAPPY NOO YEAR TO ALL

Welcome to the New Year - Seasons greetings everyone
A new decade begins this year, starting twenty-twenty one
We hope the festive season has brought you joy and heaps of new year cheer
and hopefully there may be half a wine left, or maybe at least one beer.

Christmas is seen as family time, when those ties can be renewed
When the value of knowing you're not alone, as friendships are reviewed
But if the festive season left gaps for you, as some I know, have been
History will write last year as hell - through the wrath of Covid nineteen.

Now how did the family barbie go, or was it a sit-down dinner?
The youngies, I'll bet, gave you little peace, each present had been a winner
And the food - oo-la-la - heaped on your plate, turkey or maybe a steak
And the side-dishes piled on top nearly smothering the plate.

Those crackers, with hats, and whatever else, all add to the scene
And you say - as you do every year - "This is the best Christmas there's been".
That's all helped down with bubbly I guess, or your usual beer
Well done, you used common sense, that's why you're actually here.

Now that 21 has begun, let's try to continue the drive
To put aside negative thoughts. Be thankful - Settler's has survived
There's no guarantee our future is sweet, but we can sure make it so, here
By a smile on ya dial and positive thoughts, stretched right through this year!!!

By Resident Bruce Seaton – January 2021





Menu

Wednesday 13th January

Roast Leg of Lamb, Mint Sauce & Gravy \$17

Served with Roasted Potatoes, Creamed Spinach and Baby Carrots

Salmon, Prawn, Courgette & Pesto Linguine \$15

Friday 15th January

Creamy Chicken, Bacon and Leek Pastry Topped Pie \$17

Served with Gourmet Potatoes, Fresh Green Beans and Roasted Pumpkin

Homemade Italian Beef Lasagne with Herb and Garlic Toast

Served with Summer Salad \$15

Desserts for January

Mango and Nut Dream Topped with Roasted Brazil Nuts \$7

Homemade Bakewell Tart Served with Vanilla Bean Custard \$7

COFFEE AVAILABLE before 7.15pm each evening

Please make sure you book with Reception by midday the day prior to you dining.

Fri 8 th Jan	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group Will be restarting 15th Jan	11.00am	Avenues Lounge
	Xer/Sit Class Back in 2021	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
Sat 9 th Jan	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet	1.00pm	Croquet Green
	Line Dancing Back in 2021	1.30pm	Kell Lounge
Sun 10 th Jan	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	1.00pm	Avenues Lounge
Mon 11 th Jan	Keep Fit	8.30am	Kell Lounge
	Shopping Bus	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Tai Chi with Sherie Resumes today	1.30pm	Kell Lounge
	Darts	4.00pm	Avenues Lounge
Tue 12 th Jan	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing Back in 2021	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
	Summer Indoor Bowls Cancelled til further notice	7.00pm	Kell Lounge
Wed 13 th Jan	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon Reopening today	8.30am	Hair Salon
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	10.00am	Swimming Pool
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 14 th Jan	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon Reopened	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Painting Abstracts No tutor	1.30pm	Kell Lounge
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Kell Lounge
	Summer Indoor Bowls	7.00pm	Kell Lounge