

# The Weekly Settler

Newsletter of Settlers Lifestyle Village



11<sup>th</sup> March 2021

## Village Manager's Weekly Update

### COVID – 19 Update

We are still at Alert level 2, with hopefully the news of a change to level one tomorrow!

Please observe the usual health considerations

- Washing hands
- Maintain a 2-metre social distance in public.
- Cough into your elbow
- Keep a contact register and use the QR scanner when available.

Additional points to note.

- You are required to wear a mask whilst using public transport.

### General

Washco will be continuing the building wash next week and will be working through Lucas, Massey and Ingham as per the below schedule.

15th March	Massey	Lucas
16th March	Massey	Lucas
17th March	Massey	Massey
18th March	Ingham	Massey
19th March	Ingham	Massey

If you have any questions about the process further to the previous newsletter advise on the building wash, then please contact reception.

**Fire Evacuation Training** - Next week we will be carrying out full evacuation training as part of our fire schemes. Please remember if you have issues with managing the stairs in the event of an emergency this will have been noted on the fire evacuation board. You should have an allocated person who will check on your well-being and then report to the building warden that you are still inside and will require assistance.

All buildings will have the fire alarm activated and you need to evacuate the building and report to your building warden, who will register your attendance and then report to the Chief Fire Warden. If you do not know who your building warden is, they will be identified by standing at the evacuation point wearing a high viz jerkin top.

**St Patricks Day** – Next Wednesday instead of the regular dinners the Residents Association have put together more of a 'pub night' to celebrate. The kitchen will be open between 5.00pm and 6.30 pm to order some bar snack type food. It will operate like the café where you will be given a buzzer to collect your meal when ready. Please see the full menu in the newsletter. We have put up a sheet on the noticeboard for those attending to give an indication of what they will order just so the kitchen can get an idea of volume needed. This is not your order placed and you will still need to order on the night at the café.

**Gary Jarvis**  
Village Manager

## Hello from the Nurses Niche

Well I have been at work on a number of different shifts this week as Lucy, Alana and I cover Lyn's second week of leave. Great to see people supporting the Silver Ferns on Sunday as they took the Constellation Cup off our Aussie friends for the first time in 9 years. There was also a good crowd cheering on Team NZ for the first America's cup race on Wednesday evening. One each but early days! Go Team NZ.

This week's fun fact is about our eyes:

- Each of your eyes measures about 2.5mm across and weighs about 7 grams.
- You blink about 12 times every minute.
- The average blink lasts for about 1/10 of a second.
- Seeing is such a big part of everyday life that it requires about half of the brain to get involved.
- Out of all the muscles in your body, the muscles that control your eyes are the most active.
- Some people are born with different coloured eyes. This condition is heterochromia.
- 80% of vision problems worldwide are avoidable or curable.
- New-borns don't produce tears. They make crying sounds, but the tears don't start flowing until they are about 4-13 weeks old.
- Doctors have yet to find a way to transplant an eyeball. The optic nerve that connects the eye to the brain is too sensitive to reconstruct successfully.



Another part of the body we need to look after. Stop smoking, wear sunglasses and get your eyes checked regularly.

The lovely Lyn will be back next week all refreshed and I will be back to my normal hours.

Take care everyone.

**Sue, Lyn, Alana, Chris, Christine & Lucy**  
Nursing Team



Come and join your friends at Tui Café for a delicious hot lunch on Tuesdays or Thursdays from 12 midday

Next week's lunch menu is:

**Tuesday 16<sup>th</sup> March**

Homemade Bacon & Egg Pie Served with Caesar Side Salad **\$12.00**

**Thursday 18<sup>th</sup> March**

Baked Fish Fillets in Italian Style Sauce Served with Rice **\$12.00**

Ruth, Danielle, & Jucimara  
Tui's Café

## ***What's on this coming week***

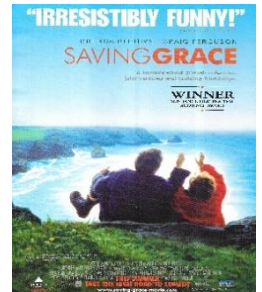


### **Weekend Movie – Saving Grace**

*Time & venue: Saturday 13<sup>th</sup> & Sunday 14<sup>th</sup> March @ 1pm in the cinema*

Brenda Blethyn stars as Grace Trevethy, whose late husband jumped out of a plane without a parachute. Grace has been left with a manor on the Cornish Coast and a suffocating mountain of debt which her husband had been secretly amassing. Grace

is faced with the prospect of losing everything, desperate times calling for desperate measures! When Grace is asked to tend an ailing but illicit plant.. she gets a crazy idea!



### **AMERICAS CUP MATCH**

*Time & Venue: Friday 12<sup>th</sup> March 4pm onwards in the Lodge Lounge*

Join us in the Lodge as excitement builds after yesterday's first two races. All the races will be screened on the big TV in the Lodge Lounge from 4pm each race day.

In the America's Cup there is no second, either you win or you lose and it has been like this for over 170 years! America's Cup coverage is free-to-air on TVNZ.



### **TWILIGHT SUMMER STROLLS**

This is now stopped for the year and will continue next Summer. Thanks for your interest! John Wakelin M-230 ph 415-7383



**Rebecca Nelson Live at Settlers POSTONED – Due to unforeseen circumstances. New date will be confirmed and listed in due course.**

*Time and Venue Sunday 14<sup>th</sup> March @ 2pm in the Lodge Lounge*

"There's more to Stunning Classical than meets the eye. In 2014 the talented Rebecca Nelson then enlisted as a reservist in The Royal New Zealand Air Force. Country in voice as the official singer for the RNZN. Rebecca Nelson is an Able Musician and has had the honour and privilege of performing at many commemorative events in Gallipoli, The Somme and Passchendaele. In 2018, she was invited to perform for His Royal Highness The Prince of Wales, Prince Charles and guests from across The Royal Navy for a shipmate's reunion at Highgrove House.



### Discussion Group – Support Meeting

*Time and Venue: Monday 15<sup>th</sup> March @ 2pm Cinema*

Our next get together will be a chat about the continual subject that affects us all – **STRESS**

Do you lie awake most of the night worrying about a huge problem, only to find it was not a problem at all in the morning. It could be a daily stress we live with every day – COVID, caring for a partner, losing our license, physical pain or other medical

problems, perhaps just getting older. Come along and tell us what works for you to release stress and worry. Are there ways we can help each other more? Sue Smith (our Nurse) will be guiding us through the discussion. See you there!



### Settler's Singers.

*Time and Venue: Monday 15<sup>th</sup> March @ 7pm, Lodge Lounge*

Provided that we are at Level 1, singing will recommence on Monday evening March 15<sup>th</sup> with Jill, our new pianist. 7pm in the stage area.

Looking forward to a full turn out to finally get the new singing year underway. New members welcome.



### MYSTERY TOUR

*Time and Venue: Tuesday 16<sup>th</sup> March Leaving Reception @ 11am*

Tuesday will be our next Mystery Tour. The list is now up on the notice board beside reception. Mystery Tours are available to all residents of the Village. We leave at 11am, stop for lunch and are back home somewhere between 2 to 3 pm. If required, there is space for walkers

in the back. All you need to bring for a wonderful day out is yourself, lunch money and a sunhat.



### ST. PATRICKS DAY – PUB NIGHT

*Time and Venue: Wednesday 17<sup>th</sup> March from 4.45pm*

Join us in the Lodge for what will be a fun evening. Happy Hour with pub food (menu further on in this newsletter). Order from the café on the night however if you can indicate on the noticeboard in Reception before Monday what you may like to have this will help with our catering order.

*Wishing you a pot of gold and all the joy your heart can hold!*



**Men's Group - Advance notice for next week 11am Friday 19<sup>th</sup> March**

A resident shares pictures taken on safari in Botswana.



## Special Notices

### Volunteer Drivers

Our team of willing drivers are available to take you to your medical appointments. We are here to help. Just phone one of the following co-ordinators. Margaret Larsen 214 7116 or 021 129 8807, Meg McCartie 0272 869018 or 971 2739 or Pat Plimmer 021 782 870.







### **Operatunity – Tennessee Waltz :Wednesday 28<sup>th</sup> April**

Yee – haw! Giddy up as our all-star cast transports you to the home of country, showcasing the likes of John Denver, Dolly Parton and Johnny Cash. Please add your name to the list on the noticeboard by reception if you would like to join us! Price \$33.00pp Contact Kay Wakefield H-58 414 7232. Bus departs Settlers 10am Wednesday 28th April

### **Library Notice**

In our constant search for shelf space, the Steering Committee has decided to reduce the Non Fiction stock. The books, after removal from our catalogue, will be on display in the Kell Lounge for several days before they are disposed of. Please help yourself to any that you would like to take to your own home.

In future we ask that any NON-FICTION DONATIONS or any BULK donations be discussed with a Library Helper and not left (DONER UNKNOWN) in the DONATIONS BOX. *Joan Hewlett, H56, 021 405 387*



### **Croquet Lawn Closed for Maintenance**

*Usual days:- Tuesday, Thursday & Saturdays*

Due to the weather last week Darcy could not start with his Autumn Maintenance on Monday as the ground was too wet. This will now commence next Monday 15<sup>th</sup> March and the lawn will be closed for the next 2 weeks.



# **PINC & STEEL**

**CANCER  
REHABILITATION  
FOUNDATION**  
NEW ZEALAND



### **LUCY'S CHOCOLATE BINGO FUNDRAISER – Tickets available from Reception NOW**

**Saturday 10<sup>th</sup> April 6pm – 9pm (Bar opening at 5.30pm)**

**Settlers Lodge Lounge Tickets only \$10.00**

**What to bring:- Chocolate bar in exchange for your 5 games of Bingo Nibbles for your table, Money for Raffles and the bar, Gold coins for Interval games, a pen to mark your sheet. Buy your tickets from Settlers Reception**

### **HELLOWORLD TRAVEL – ICONIC TRAINS OF THE SOUTH**

This week is our last chance to take bookings for this small group tour that showcases the iconic trains of the south. 8 days departs Christchurch 9<sup>th</sup> APRIL price only \$3198 per person (twin share), add \$1099 for single occupancy.

Journey from Christchurch, through Alpine landscapes onboard the TranzAlpine train from Christchurch to Greymouth, and be surrounded by sea and mountains on the Coastal Pacific train from Picton to Christchurch. These rail trips are seasonal and there are limited spaces available on this tour so act quickly to hold your place on this special itinerary before the season ends.

Itinerary Includes: Group escort and guide; All breakfasts, 5 dinners, Winery & brewery visit, picnic lunch, and Tramway Dinner in Christchurch; Accommodation: 2 nights in Christchurch; 1 night Punakaiki Resort; 2 nights Abel Tasman Lodge; 2 nights Portage Hotel Marlborough; transfers and Tranzalpine Train Christchurch to Greymouth and Coastal Pacific Train Picton to Christchurch.

\*\*\*Please Note: Transfers from Settlers also available to save parking at airport \*\*\*

**Contact us today for this tour and to book your next New Zealand holiday: Ph (09) 489 2597 or email: [brownsbay@helloworld.co.nz](mailto:brownsbay@helloworld.co.nz)**

## Poets Corner

Within our Village we have a very humble poet who's hidden his light under a bushel for far too long. Now he's been discovered. This is Bruce's corner...



### DO YOU KNOW SUZIE?



Welcome Suzie to our reception desk – as you join Gary Jarvis team  
It is bound to take a little time – to know us all, I mean  
You will soon meet residents, asking help of many kinds  
Others may be questioning, and we hope you will not mind.

You'll find us quite a happy bunch, so join us if you care  
At our weekly friendly happy hour, you'll find other team members there.  
May your time with us be so enjoyable that you couldn't ask for more  
Congratulations on being chosen for the best village on the Shore!

*By Resident Bruce Seaton – March 2021*

### FINAL PREP COAT ON CLASSIC DINGHY HULL

After meticulous work by Alan Young filling the tiniest blemishes, the protective coat of epoxy goes on. Now Sea Settler can be turned over for the inside clean up and prep coat painting. As we all know this project is a Settlers P.R. project that will be well publicised in the future.

Great work, Alan and thanks once again!





**Settlers Albany Lifestyle Village Resident's  
Association Incorporated**

550 Albany Highway Albany Auckland 0632

**NOTICE TO RESIDENTS FROM YOUR COMMITTEE FOLLOWING OUR MEETING  
HELD ON WEDNESDAY 10<sup>TH</sup> MARCH 2021**

**Item 1 : NEW COMMITTEE:**

**There will be no need to hold an election this year for the new committee.  
More information to come shortly.**

**All the new members will be contacted next week.**

**Item 2 : SETTLERS RESIDENTS' ASSOCIATION AGM**

**The annual AGM will be held on Tuesday 4<sup>th</sup> May in the Main lounge at  
2.30pm. This date gives us time to have our books completed and audited.**

**Item 3 : THE LAST COMMITTEE MEETING of the current committee will be  
held on the 14<sup>th</sup> April.**

**Item 4 : SPECIAL NIGHT TO PUT IN YOUR DIARY:**

**A date has now been set to hold a special night to recognize contributions  
that have been made by residents to the welfare of our village. We have set  
dates before but covid has interrupted preparations so we have set this date  
and let's hope we have no more lock downs. THE DATE WILL BE TUESDAY 13<sup>TH</sup>  
APRIL.**

**More information on this event next week.**



# SAINT PATRICK'S DAY

**WEDNESDAY 17<sup>TH</sup> MARCH**  
**PUB NIGHT STARTING 4.45PM**  
**LODGE LOUNGE**

## **Order on the night direct at Tui Café**

**From 5pm – 6.30pm**

**Collect a buzzer and when your food is ready you can pop up to the counter and collect it.**

### **Beer Battered Chips \$4.00**

*Basket of crunchy beer battered chips*

### **Tempura battered Chicken nuggets x 5 \$3.00**

*Chicken nuggets coated in a crispy tempura batter*

### **Wedges with Sour Cream & Sweet Chilli Sauce \$5.00**

*Potato wedges with sour cream and a zing of sweet chilli sauce*

### **Bao Buns with pulled pork \$6.00**

*Slow roasted pork shoulder, topped with pickled carrot, cucumber, and coriander*

### **Pizza Slices \$3.50**

*Ham, cheese, and tomato on a stone baked pizza base*

**A bit of malarkey and lots of beer**  
**Wednesday will be fun – Hope to see you there!**





# Menu

## **Wednesday 17th March**

St Patrick's Day Menu – Join the Pub Night

## **Friday 19<sup>th</sup> March**

**Apricot Chicken in a Sweet & Savoury Sauce \$17**

Served with Cheese Mash and Vegetable Salad

**Homemade Cottage Pie Topped with Cheese Mash \$15**

Served with Green Beans

## **Desserts for March**

**Homemade Tiramisu Cake \$7**

**Homemade Molton Peanut and Chocolate Fondant Cake \$7**

Served with Kapiti Vanilla Bean Ice-cream

**COFFEE AVAILABLE before 7.15pm each evening**

***Please make sure you book with Reception by midday the day prior to you dining.  
Dinner bookings can also be made in the weekend for the following week.***

Fri 12th Mar	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11.00am	Avenues Lounge
	Xer/Sit Class	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lounge
Sat 13th Mar	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet Organised	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
	Americas Cup screening on the big TV	4.00pm	4.00pm
Sun 14th Mar	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	1.00pm	Avenues Lounge
	Americas Cup screening on the big TV	4.00pm	4.00pm
Mon 15th Mar	Keep Fit	8.30am	Kell Lounge
	Discussion Group	2pm	Cinema
	Shopping Bus	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Tai Chi with Sherie	1.30pm	Kell Lounge
	Discussion Group - Stress	2.00pm	Movie Theatre
	Darts	4.00pm	Avenues Lounge
	Singing Group	7.00pm	Stage
Tue 16th Mar	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet Organised – Closed for Autumn Maintenance	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
Wed 17 <sup>th</sup> Mar	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon	8.30am	Hair Salon
	Diversity in Art	9.30am	Kell Lounge
	Wednesday Wanderer	9.30am	Leaving Reception
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	9.25am Barbara's class	Swimming Pool
	Aqua size	10.10am Joan's class	Swimming Pool
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour - St Patricks Day (Pub Menu)	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 18th Mar	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet Organised - Closed for Autumn Maintenance	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Avenues Lounge
	Indoor Bowls	6.50pm	Kell Lounge