

The Weekly Settler

Newsletter of Settlers Lifestyle Village



25th March 2021

Village Manager's Weekly Update

Next Monday we will be operating one return shopping trip only to Albany shopping mall. It will depart from the Village at 09.45 am and the pickup from Albany mall will be at 12.00 midday.

Easter period

Thursday 1st April come and enjoy a complimentary hot cross bun in the Lodge with your coffee after 10.00 am. When they are gone they're gone so don't miss out on this sweet treat!

Good Friday 2nd April - Reception will be closed; our nursing team will be on duty as normal to assist where needed. As required by licencing law the bar will be closed on Friday the 2nd of April, the kitchen will also be closed all day, however if you still want the chance to catch up in the evening then you can bring your own nibbles and drinks to the Lodge.

Easter Saturday 3rd - April Suzie will be on duty at reception.

Easter Sunday 4th April Suzie will be on duty at reception. John Carson and a team of volunteers will be serving up their normal 'Chippie Fare' from 5.30 and the bar will also be open. There are games to get you started from 4.00pm so come along and enjoy the afternoon.

Easter Monday 5th April - Reception will be closed so don't forget to book the following weeks dinners over the weekend. Our nursing team will be on duty as normal.

Washco building wash remains on schedule at this stage and next week they move into the final stage with Airborne, Clemow, Dobyn, Eskdale and Foley. The internal windows if you have requested these, are due to be completed on the 1st and the 6th April. Don't forget you need to pay them directly for this.

Village power outage – Monday 12th April. Vector need to complete some recalibration work on the main line supplying the village on the Monday 12th April. This will involve some preparation work beforehand and then a planned shutdown at 2.00 pm. They have projected that the shutdown will be for one hour. The following are some key areas for you to consider and be aware of:-

- You will lose power in your unit for the period of the shutdown, this may require resetting of clocks etc when the power comes back on. Keep fridges etc closed so as to maintain temperature.
- Lifts will return to ground level when the power is cut. To be safe please do not use any lifts after 1.45 pm, 15 minutes before the power is turned off. When power is restored the lifts will operate again.
- Lighting will go out however the emergency lighting will come on.
- Garage doors in apartment blocks will not work, so we will lift all the doors at 1.30pm and power them off so they will be fixed open for the duration.
- Swipe access doors have battery backup power so should all be working.
- Telephones will potentially not work unless you have an analogue phone. We recommend that you ensure your mobile phone is fully charged up.
- All the smoke stop doors have a battery backup; however some may close during the time the power is cut. These will be held back open again once power is restored.
- The fire system has a 24 hour back up battery system, however they will move to defect mode as opposed to normal mode so there may be beeping at the main fireboards. This is fine and the system remains operational.
- Nurse call system also has a back-up battery system and we are having the batteries all checked before the outage so this will all work normally.

If you have any concerns about the power outage, please feel free to contact reception. This information and any updates needed will be repeated in next week's newsletter.

Gary Jarvis
Village Manager

From the Sales Desk

While enquiry has been a little slow, we do continue to get interest in our village.

We warmly welcome Christine Hayward into the village into her new apartment Kaipatiki 153 and wish her well as she settles in next week on Tuesday 30th March.

We will also be welcoming in new residents next month as they take possession of their new apartments, in Ingham 108 and Kaipatiki 144, more details to follow.

Open to View

We are having a general one hour, ***Open to View on Tuesday 13th April from 11.00am to 12.00pm*** so if you have anyone wishing to take a look around Settlers then please feel free to invite them. Complimentary coffee will be served following their tour.

As I will be away over the Easter period, I would like to take this opportunity to wish you all a safe and happy Easter and long may this wonderful sunshine continue.

Rosalie
Sales & Marketing

Hello from the Nurses Niche

Hi everyone, I don't know about you folks but I am noticing a real change in the morning and evening temperatures as well as subtle changes in light. Autumn is a lovely season apart from the fact it comes before winter which I don't like particularly. I shouldn't moan as we really have such a short winter season in NZ and winter makes the spring and summer even more enjoyable I think.

This week I have decided to look at the body's largest organ and a few interesting facts about it. When body organs are mentioned most think of heart, lungs brain etc and some may be surprised to learn that the largest organ of the body is our skin! Our skin plays a vital role in detecting hot and cold, regulating your body temperature and protecting our muscles, bones and internal organs from outside infection and disease. Here are a few interesting facts about your skin:

- The average person's skin covers an area of approx. 2 square metres, weighs over 4 Kg and contains more than 15.5kms of blood vessels.
- Skin accounts for about 15% of your body weight.
- Your skin is thickest at your feet (1.4mm) and thinnest on your eyelids (0.2mm).
- Your skin constantly sheds dead cells, about 30 000 to 40 000 cells every minute! That's over 4 kgs a year! It renews itself every 28 days.
- Some sources suggest that more than half the dust in your home is actually dead skin and that there is about a billion tons of dust in the earth's atmosphere.
- Evidently our skin is home to more than 1 000 species of bacteria! Ewwwww!!
- Skin that is severely damaged can try to heal itself by forming scar tissue, which is different from normal skin tissue because it lacks hair and sweat glands.
- Your skin has at least five different types of receptors that respond to pain and touch.



As changes in your skin can sometimes signal changes in your overall health you should pay attention to it and look after it. Keep yourself well hydrated, moisturise and use a good sunscreen when outside. Eating a healthy diet made up of essential fats such as omega-3 & 6 as well as vitamins A, C and E among others. There is a plethora of information on the internet about foods for good health and worth having a look if you are interested.

Take care everyone and enjoy our last week and a half of day light savings as our clocks

**Sue, Lyn, Alana, Chris, Christine & Lucy
Nursing Team**



Bereavement

With fond memories from the Settlers stage, we farewell Rex Everard who passed away on Saturday 20th March. Rex certainly had a comedy streak and was famous for his duet with Diana, steering wheel in hand as they went on a fun adventure. Our thoughts to Diana and family at this time.

At Rex's request there will be no funeral however a celebration of his life will be held at a later date.

Diana is overwhelmed by the love and kindness shown to her by her Settlers friends. Thank you all.

Update from Grounds & Maintenance

Wasps : At this time of year, we receive a few requests around wasps and specifically paper wasps on balconies.

In some rare cases we find a nest that can be removed but mostly they are wasps who are nesting in the bush surrounding the village. On a recent visit one of our pest exterminators explained it to us and advised that at this time of year we see a seasonal pre winter activity where wasps are seeking nectar and warm water. This water is often found in building gutters in small amounts, and this is what attracts the wasps. When reporting wasps, it is helpful to identify if a nest has (or has not) been detected and a simple measure to deter wasps who are looking for water is to use a little fly spray as the smell is a strong deterrent.



**Alan and Darcy
Grounds & Maintenance**



Come and join your friends at Tui Café for a delicious hot lunch on Tuesdays or Thursdays from 12 midday. We have now introduced our yummy homemade soups (\$6.50) on Wednesday and Fridays.

Next week's lunch menu is:

Tuesday 30th March

Eggs Benedict with either Bacon or Smoked Salmon \$12.00

Thursday 1st April

Homemade Cornish Pastie served with Beer Battered Wedges and a Side Salad \$12.00

**Ruth, Danielle, Jucimara & Santie
Tui Cafe**

What's on this coming week

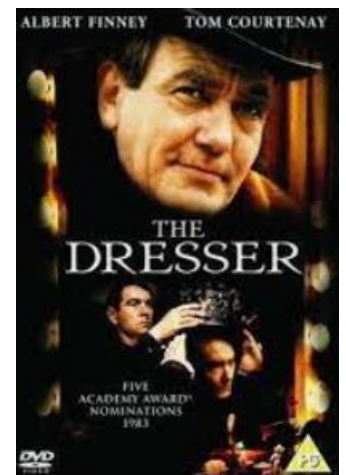


Weekend Movie

Time & venue: Saturday 27th & Sunday 28th March @ 1pm in the cinema

In a touring Shakespearean theatre group, a backstage hand, the dresser, Norman (Sir Tom Courtenay), is devoted to the brilliant but tyrannical head of the company. He struggles to support deteriorating star Sir (Albert Finney) as the company struggles to carry on

during the London blitz. The pathos of his backstage efforts rival the pathos in the story of Lear and the Fool that is being presented on-stage, as the situation comes to a crisis. 114mins PG





Sunday @ Seven - Music with a Message

Time & Venue: Sunday 28th March @ 7pm in the Cinema

Introduction by Bear Grylls survival specialist .

An evening to listen to some talented musicians who sing their own songs about Easter on video. Followed by the world-renowned speaker J-John ,sharing some thoughts about the events at the first Easter. Duration is for an hour.



Settlers Singers

Time & Venue: Monday 29th March @ 7pm Stage

"Settlers Singers will be in full voice again this coming Monday. New singers welcome or come and have a listen to see if it is for you. Any enquiries to either John Wakelin 415 7383 or Ross Miller 443 1511."



Ladies Happy Hour 'Mix n Mingle'

Time & venue Tuesday 30th March starting @ 4pm Dining Room

The Settlers Bar will be open for all ladies to come along and purchase a drink and meet some new residents and enjoy a laugh or two! Do you have a new neighbour? Why not see if they would like to join you. There's lots of space a little quieter than our usual Happy Hours. **Hope to see you there!**



From Settlers Walking Groups

We know that Covid-19 has changed our lives but respectfully encourage that we keep up with our regular physical activities. Wednesday and Friday mornings we meet at Reception at 8.50am.

Wednesday is a 45min easy flat walk and Friday for the fitter among us for 60 mins and slightly more challenging. We shall welcome you back and of course always welcome new starters.

John Wakelin M-230 Ph415-7383



Wednesday Wanderer

Time & venue: Wednesday 31st March leaving Reception @ 9.30am

"We are off to the beaches today, with a quick coffee stop at Walnut Cottage, Orewa and then on to Sandspit for a wander around the other local beaches before stopping at the local Sandspit Cafe, overlooking the water, for lunch. A pleasant way to make the most of this beautiful autumn weather."



Van Gogh Alive

Time & Venue: Thursday 6th May @10am Spark Arena

Kay Wakefield and I are going to see the Van Gogh Alive exhibition on May 6 at the Spark Arena Downtown. We will leave here around 10am and after the exhibition we will stop for a bit of lunch somewhere on the way home. We will take the bus and I will drive it. We are looking for eight more people to join us. Cost for the show is \$29.50. Please let me know if you want to come.

Angela van Winden Ph 412 8225 or m.e.winden@xtra.co.nz



Croquet Lawn Re-opening Thursday 1st April

Usual days:- Tuesday, Thursday & Saturdays

Maintenance has gone well on the green meaning we will be re-opening for play on Thursday 1st April.



Indoor Bowls – Change in time

Time & Venue: Thursdays @ 6.30pm Kell Lounge

Indoor bowls will be Thursdays **only** at the new time of 6.30pm to 8pm. There will be no Tuesday sessions. All are welcome. Come early to get into the draw. Join the crowd!

Special Notices

‘Settle Inn’ – Friday Night Lucky Apartment Jackpot.

The lucky apartment number draw prize of \$40.00 was claimed last Friday when apartment 218 – Jenny & Ross Miller - was drawn. The lucky apartment jackpot prize this Friday 26th March returns again to \$20.

Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you **must** be wearing your Settlers Name Badge – **no name badge/no prize/no excuses**. The lucky apartment number will be drawn at sometime between 5 and 6pm.

Murray Peck , Exec Bar Committee, M227

Apartment Draw Result For Wednesday 24th March 2021.

The first apartment number drawn **6** was not claimed. A redraw then commenced with apartment number **74** winning **\$50**. Apartments drawn missing out on a prize: **6, 36, 52, 65, 74, 138, 144, 163**.

Apartment Draw Next on Wednesday 31st March 2021

We will have a first number drawn prize and a minor prize of at least **\$50** which must be won on the night if the first number Drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw starts between 5.30pm and 5.45pm. The Winning Resident must claim their prize in 30 seconds wearing their own name badge and validation stamp. There will be no exceptions made on this policy.



FRIENDS AND NEIGHBOURS

On a quiet Tuesday afternoon, you would probably have been a little surprised if you had taken a wander through the Lodge and seen the number of people there. Perhaps the thought might have crossed your mind that it actually was Wednesday, and it was Happy Hour time! I know I struggle at times to know what day it is! But no, it was Tuesday, so why were there so many people in the Lodge?

In one area there were drinks and nibbles put on by the welcoming group, for the recent arrivals to Settlers. For some, their arrivals haven't been quite

so recent, with Covid disrupting many of these previously planned gatherings!

At the opposite end of the room in the dining area, there was a wine group, enjoying whatever their host had selected for them to assess the merits of ! Then in the middle were a group of cricketing buffs watching the Spark coverage of the NZ v Bangladesh one dayer. A few moans and groans could be heard at times, but cheers rang out in the end! Thank you management for making this viewing possible.

In many ways, gatherings such as these, endorse how sensible we all have been to choose Settlers as our home. It is a great place to live.

Neighbourly Group



There will be NO classes on Friday 26th March and Friday the 2nd April (Good Friday) Enjoy the Easter Eggs but remember what goes on the lips , sits on the hips!



Volunteer Drivers

Our team of willing drivers are available to take you to your medical appointments. We are here to help. Just phone one of the following co-ordinators. Margaret Larsen 214 7116 or 021 129 8807, Meg McCartie 0272 869018 or 971 2739 or Pat Plimmer 021 782 870.



SETTLERS LIBRARY CHANGES

Lots of our Nonfiction books have been happily re-homed. Only a few are left in Kell Lounge. This has given us 5 empty shelves! Not for long though, as we have filled them with Fiction by New Zealand writers. Pressure on the main Fiction shelves has been greatly eased.

On your next visit check out the contents of the shelves on the left of the door. History comes first as always, then NZ fiction authors, then Large Print fiction and finally Audio books.

Enjoy - Joan Hewlett H-56 ph 021 405 387



HOYTS Wairau Park

Residents can enjoy a hand-picked line up of films for only \$9 with a HOYTS Rewards Account. These are free to join and only require the account to be activated online, which Hoyts are happy to help Settlers residents with to ensure you get the best deal possible.

These screenings occur on the first two movie sessions on Thursdays and the first session on Tuesdays. The next senior screening will be for the film 'The Courier', starring Benedict Cumberbatch, screening on the 1st and 4th of April.



LUCY'S CHOCOLATE BINGO FUNDRAISER – Tickets available from Reception NOW

Saturday 10th April 6pm – 9pm (Bar opening at 5.30pm Settlers Lodge Lounge Tickets only \$10.00

What to bring:- Chocolate bar in exchange for your 5 games of Bingo Nibbles for your table, Money for Raffles and the bar, Gold coins for Interval games, a pen to mark your sheet. Buy your tickets from Settlers Reception.



May we have your help please residents?

At our Settlers ANZAC DAY commemoration this year we would like to again display on stage the **Armistice 2018 Centenary Crosses** that are part of some residents or families special treasures.

Would you please assist us by agreeing to deliver the cross, that you may be able to obtain, to Reception by Sat 17th April. Utmost care and respect is promised. Thankyou. *Please phone Pip Zink 414-4480 or John Wakelin 415-7383*



Congratulations to Settlers Resident Peter Fitzsimmons on his recent award

PETER W FITZSIMMONS OBE - OMANU

The SLSNZ Sport Hall of Fame is to acknowledge outstanding performances by members of our organisation so that their achievements in sport are not forgotten and can inspire future generations'.

Peter Fitzsimmons has a long history in water sports with contributions to Surf Life Saving through an outstanding number of activities. Peter joined Lyall Bay in 1961 and quickly was involved in instructing, on the committee and Vice President. After transferring to Maranui in 1965 he transferred to Omanu in 1979 and became a Life Member of the club by 1992. For SLSANZ Peter held a number of positions including:



Public Relations Officer 1977-83
National Chairman 1979-87
Deputy President 1986-90
National President 1988-90

In his sporting career he won the National Junior Surf Teams in 1963, National Senior Surf Teams 1964 and 65, member of the Wellington District Representative Teams inter-District Winners 1963-65 and a New Zealand Trialist in 1965. Peter was awarded the New Zealand Service Award in 1986, Awarded OBE for services to Surf Lifesaving in 1987 and Life Member in 1991.

On the World Lifesaving stage Peter held the positions of Chairman Publicity and Promotion 1982-1985, New Zealand delegate general assembly in 1984, 86, 88 and received a World Life Saving Citation in 1984.



THE RED PUPPY APPEAL

Odette will once again be collecting in the Mall in Albany. Anyone wishing to get involved please sign up to collect at redpuppy.org.nz

Blind Low Vision NZ Guide Dogs breeds and trains about 100 puppies each year, and it takes nearly two years, and more than \$50,000 to raise and train just one guide dog

Blind Low Vision NZ Guide Dogs runs the country's only guide dog breeding and training facility and it is 100% funded through the generosity and support of Kiwis.

Every day, an average of six people turn to Blind Low Vision NZ for support with their sight loss. Guide dogs help people who are blind, deaf or have low vision retain their independence and move through life safely and confidently. You will find us on :-

Friday 26 March from 4-6pm @ Westfield Albany outside K Mart

Saturday 27 March from 12.30 - 2.30pm @ Albany Village - TJunction outside Century 21 & Bridal and Ball. ***We look forward to your support***



White Pages Directory - These have arrived and if you would like a copy please come to Reception and see Suzie or Glenda.



Salvia elegans- Pineapple Sage

Fresh from Settler's Herb Garden and on show at Reception we have beautiful Pineapple Sage - elegant and fragrant. This sage is not like garden sage, it is in fact often used in salads, teas, summer cocktails and even popped into bread dough. Pineapple sage has also long been used as a medicinal herb with antibacterial and antioxidant properties. Another interesting fact about this plant is that if you gently bruise a leaf you release the unusual aroma of pineapple! Please feel free to wander the gardens or come and have a look at Reception.



Retirement Lifestyle Expo **Free tickets available at Reception** This weekend **Saturday 27th & Sunday 28th March**

An exhibition of the Best Products, Services, Travel, Expert Advice and Entertainment for SuperGold Card holders, Baby Boomers and their Families. The Retirement Lifestyle & Travel Expo is focused on providing all visitors an opportunity to access the best and latest Products and Services in Travel (Domestic Tours and International), Retirement Living, Nutrition, Health Care, Leisure, Clubs, Lifestyle

Choices, Trusts and Wills, Lifestyle Planning and much more... Don't miss the show-only specials dedicated to this demographic!



DATE	FIXTURE	VENUE	START TIME
BLACKCAPS vs Bangladesh			
20 Mar 2021	1st ODI	University Of Otago Oval, Dunedin	11:00am
23 Mar 2021	2nd ODI	Hagley Oval, Christchurch	2:00pm
26 Mar 2021	3rd ODI	Basin Reserve, Wellington	11:00am
28 Mar 2021	1st T20	Seddon Park, Hamilton	2:00pm
30 Mar 2021	2nd T20	McLean Park, Napier	7:00pm
1 Apr 2021	3rd T20	Eden Park, Auckland	7:00pm
WHITE FERNS vs Australia			
28 Mar 2021	1st T20	Seddon Park, Hamilton	7:10pm
30 Mar 2021	2nd T20	McLean Park, Napier	3:00pm
1 Apr 2021	3rd T20	Eden Park, Auckland	3:00pm
4 April 2021	1st ODI	Bay Oval, Tauranga	11:00am
7 April 2021	2nd ODI	Bay Oval, Tauranga	2:00pm
10 April 2021	3rd ODI	Bay Oval, Tauranga	2:00pm



**Settlers Albany Lifestyle Village Resident's
Association Incorporated**

550 Albany Highway Albany Auckland 0632

TO ALL RESIDENTS FROM YOUR COMMITTEE

The committee is currently updating its email data base. We would like all those new residents and those residents who are not on the current list if you would like to receive the minutes and information from the committee to follow these easy instructions:-

- *Send an email to the residents committee on the following e-mail address and simply say: Yes please. E-Mail address : settlersrescommittee@gmail.com*
- *You will receive a reply saying: done.*

Please reply asap to help us with this.

EASTER SUNDAY AFTERNOON AN IMPROMPTU HAPPENING IS PLANNED

On Sunday afternoon from 4pm the committee will be putting out a few games for residents and guests to play if they are so inclined.

From 5.30pm til 7.00pm Chippie and his team will open the kitchen to produce their usual well received MEALS.

Refer to the NOTICE BOARD in the foyer from Wednesday 31st March and mark your choices. This is needed for ordering purposes only.

Price will be \$10 per plate and \$5 for grandchildren.



Heat Pump and Air Conditioner covers

We have recently approved 'Heat Pump Covers' as our preferred supplier to supply and install heat pump covers. Residents are now able to order a cover, which will be at the resident's cost and all orders are to come through Settlers, see below on how to order.

An exert from the company's website.

Designed and manufactured in New Zealand, Heat pump covers specialises in custom made covers to hide the outdoor heat pump unit. Our covers are specifically performance tested and approved by leading heat pump and air conditioning manufacturers such as Mitsubishi Electric to look their best without interfering with the efficiency you brought that heat pump for.

Their website is <http://www.heatpumpcovers.com/products>



**Standard top \$1131.85
includes installation and gst**



**Premium top \$1331.85
(top hardwood composite)
includes installation and gst**

How to order - email reception@settlersalbany.co.nz with 'heat pump/air conditioner covers in the subject box. Include your name, apartment number and if you wish to order the **standard** top **or premium** top or go to reception to place your order in person.

For these prices we are required to have a minimum of ten orders before we lodge the order. You will then be contacted to arrange a time to visit and confirm the measurements of your unit. Once the cover has been installed, you will be invoiced directly from Heat Pump Covers.

To view a cover – If you would like to view a cover before ordering, then please meet at reception this Sunday or Monday at 2.00pm and either Wendy Auger or Rosalie can show you.

For questions - other than to make an order, please contact Rosalie on 027 7880 155 or email rosalie@settlersalbany.co.nz

SETTLE INN

AWARDS & RECOGNITION EVENING
TUESDAY 13TH APRIL



AWARDS AND RECOGNITION NIGHT TICKETS

Tickets for the Awards and Recognition night to be held on Tuesday 13th April will go on sale on Wednesday 31st March.

TICKETS SALES LIMITED TO RESIDENTS ONLY

Tickets to this event will be sold in the following ways:-

1. By tables of 10 or 11. These will mainly be in the dining area plus a lounge chair set area. These will be on a first come basis until they are all sold. To book these you will need to e-mail John Carson at carbeth@xtra.co.nz
You will receive a return email saying you are successful or unsuccessful. If successful, attached will be a form for you to complete and return to the selling team with your \$110 or \$100 in cash please.
2. By individual ticket sales on any of the days as detailed below.

Selling dates and times will be:

Wednesday 31st March - 11am to 2pm

Thursday 1st April - 11am to 2pm

Sunday 4th April - 4pm to 5pm

Tuesday 6th, Wednesday 7th and Thursday 8th from 11am to 1pm

The team will operate by the dining room at a table on the above times.

**THERE ARE ONLY A LIMITED NUMBER OF
TICKETS SO GET IN QUICKLY
TICKETS ONLY \$10**



Mark this date in your diary.

Rebecca will be performing live at Settlers on Saturday 1st May.

Odette Live on the AM Show 25th March 2021





Menu

Wednesday 31st March

Roast Lamb with Mint Sauce and Gravy \$17

Served with Potato Gratin, Green Beans and Roasted Pumpkin

Chicken ala King with Rice \$15

Served in a Creamy Sauce with Mushrooms, Capsicums and Peas

Friday 2nd April

Public Holiday – No dinner Service

Desserts for March

Homemade Tiramisu Cake \$7

Homemade Molton Peanut and Chocolate Fondant Cake \$7

Served with Kapiti Vanilla Bean Ice-cream

COFFEE AVAILABLE before 7.15pm each evening

***Please make sure you book with Reception by midday the day prior to you dining.
Dinner bookings can also be made in the weekend for the following week.***

SETTLERS QUIZ

NIGHT

Date: Saturday 27th March 2021

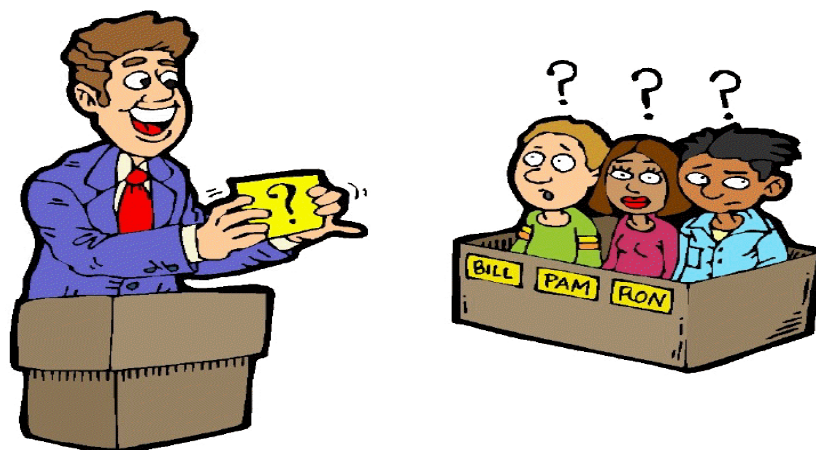
Time: 6:50pm for 7pm start

Venue: Dining Room

1st Prize: Winning table takes all

Come and join other 'Settlers' in a fun night of questions and answers.

Remember to bring your \$2 entry fee and a pen and paper.



Fri 26th Mar	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11.00am	Avenues Lounge
	Xer/Sit No class 26/3 & 2/4	1.00pm	Avenues Lounge
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lounge
Sat 27 th Mar	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.00am	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet Organised Green closed-reopening Thursday	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
	Quiz Night	6.50pm	Dining Room
Sun 28th Mar	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	1.00pm	Avenues Lounge
	Sunday @ Seven	7.00pm	Cinema
Mon 29th Mar	Keep Fit	8.30am	Kell Lounge
	Shopping Bus One Trip only 9.45 returning 1midday	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Tai Chi with Sherie	1.30pm	Kell Lounge
	Darts	4.00pm	Avenues Lounge
	Settlers Singers	7.00pm	Stage
Tue 30th Mar	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet Organised – Closed – re-opening Thursday	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Ladies Happy Hour	4.00pm	Lodge Lounge
	Diversity in Art (Change in day from Wednesday)	1.00pm	Kell Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
Wed 31st Mar	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon	8.30am	Hair Salon
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	9.25am Barbara's class	Swimming Pool
	Aqua size	10.10am Joan's class	Swimming Pool
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 1 st April	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Sharing Books	10.00am	Library
	Croquet Organised – Green reopening today	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Sharing Books & Stories	10.00am	Library
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Avenues Lounge
	Indoor Bowls - new earlier time	6.30pm	Kell Lounge