# The Weekly Settler

**Newsletter of Settlers Lifestyle Village** 



#### 22nd April 2021

#### Village Manager's Weekly Update

**Anzac Day Weekend –** This Sunday & Monday the café will not be open. Reception will not be manned on Sunday however as normal the Duty Nurse will be here. Monday, reception will be manned as normal. Don't forget the café will also be open for the first time on Saturday this week so do come along and enjoy a coffee and snack with friends and family.

There will be no shopping bus next Monday due to the public holiday but we will be run a special trip on Wednesday 28<sup>th</sup> April. It will leave Settlers at 10.30am and then pick up at the mall for the return trip at 11.45am.

**Travel Bubble** Further to the opening of the Australian/New Zealand Travel bubble we wanted to put in writing how we see this impacting the village specifically in relation to visitors to the village and residents travelling. We appreciate that this step forward is a positive one from the viewpoint of moving towards a more 'life as normal', however we do want to maintain caution and awareness around anything that could have a negative effect on the village. Both the New Zealand Government and the Australian Government have deemed it now safe to travel between the countries without the need to isolate. We do not believe that we could realistically object to this and therefore will allow visitors from Australia who have travelled under this new 'bubble' to visit/stay in the village.

We do want to stress though that all visitors who are going to be staying are recorded at reception as is now current practice and we are very focused on making sure we have noted the origin of the visitor and the flight number of the plane, this will be particularly important if we do experience any community outbreaks.

We also want to remind residents that if you are going to be away from the village (overnight etc) then please do let us know at reception. This is recorded so that if there is an event at the village, we know that you are not here so will not be looking for you. Again, considering the potential travel to Australia we will keep details of where you are going and for how long so again if there is a community outbreak, we have the details on file. If you do decide to travel, please make sure that you have a plan to be able to manage if the borders suddenly close on either side. This may require additional funds or a place to stay.

Finally, as with all times, if you or your visitors show any signs of COVID 19 or are feeling unwell then please stay away from the community areas, get a COVID test and self-isolate until the test is returned as negative.

**Fire Alarm System Testing –** this is progressing well, and we have included the full schedule below again as this moves into the coming week. As advised already, this is a Building Warrant of Fitness requirement and **involves accessing all residential units** and common areas within the complex. **The contractor will not be accompanied by staff.** 

Please see below schedule for the buildings - we cannot be specific on timings, so please make sure that you are home on the day if you want to be present when the contractor enters your unit.

20 <sup>th</sup> April	21 <sup>st</sup> April	22 <sup>nd</sup> April	23 <sup>rd</sup> April	27 <sup>th</sup> April	28 <sup>th</sup> April
Dobbyn Building	Eskdale Building	Airborne Building	Hellyers Building	Joseph Building	Massey Building
Lucas Building	Foley Building	Bush Building	Ingham Building	Kaipatiki Building	Nautilus Building
	Greenfield Building	Clemow Building			Orchard Building
		Garden Shed			

**Telephone system –** As advised last week we are about to upgrade our telephone system. This has now been booked in for the 27<sup>th</sup> of April at 10.00am. The impact of this cutover is that we will have no telephone incoming or outgoing for the period of the process, this can be for up to an hour but hopefully not. During this time the emergency phones in the lifts will also be down, however the bell alarm will still be audible if used.

**Mother's Day bookings** are beginning to pick up now for Tui Café so if you are interested in making a booking then do not leave it too late as we will need to close off once all the tables are booked in the dining area.

New role commencing at Settlers. I am pleased to advise that we have created a new role to help support the nursing department and the community. The role is a Health and Well Being Attendant, the role will operate Monday to Friday in the afternoon between 12.30-16.30 and the purpose is to assist the Registered Nurse to deliver Quality Service to the Residents. I am even more excited that we have filled the role internally and the lovely Sandy from housekeeping has been appointed. Sandy will operate under both departments carrying out housekeeping duties in the morning with Bev and the team and then a quick change after Lunch to work with Sue and the team. Please join me in congratulating Sandy on her successful appointment.

Gary Jarvis Village Manager

#### From the Sales Desk



A very warm belated welcome to Christine Hayward who moved into her new home in Kaipatiki 153 at the end of last month. I do hope you are settling in well and I am sure you are receiving a warm Settlers welcome from our residents.

Another welcome to Julie and Rob Milliken who are moving into their new apartment in Ingham 108 today! Wishing you both happy times as you settle into your new home.

We look forward to catching up with all of you at one of our 'Happy Hours'.

**Ingham 92** – has now been placed on verbal hold pending going to application next week.

#### **Hello from the Nurses Niche**

Hi everyone,

By the time you read this, a good number of you will have received your flu vaccinations from Phil Tait and his team from North Cross Pharmacy. Well done to you all and those of you that have already had it or are booked in with your GPs. The more people that have the vaccinations, the less likely we all are to get sick. I am sure you are all aware that vaccinations cannot 100% guarantee you won't get sick with influenza but they increase your immunity against it and also if you do get it you will not be as sick. It helps to keep communities healthier all round, so well worth it

I thought I would get back to some fun facts this week. The topic this week is hair and I have found some quite interesting facts:

- Hair is made mostly of keratin, the same protein as animals horns, hooves, claws, feathers and beaks are made of!
- When wet a strand of hair can stretch an additional 30% of its original length.
- A stand of hair contains information about everything that has ever been in your blood stream, including drugs and is one of the most commonly used types of forensic evidence.
- Hair grows slightly faster in warm weather, because heat stimulates circulation and encourages hair growth.



- Your hair is actually dead apart from the part still inside the epidermis (outer layer of skin) of your scalp.
- The most common hair colour is black. Red is the rarest with only 1% of the world population having red hair. Approximately 2% of the world's population has blonde hair.
- On average you shed around 50-150 stands of hair a day.
- Hair is the fastest growing tissue in the body aside from bone marrow.
- A new hair begins to grow as soon as it is plucked from its follicle.
- Hair can grow anywhere on the human body with the exception of the palms of hands, soles of feet, eyelids, lips and mucous membranes.
- Each strand of hair can support up to 100grams in weight. Multiply that by the average 100 000 to 150 000 stands on each head and your entire head of hair could support the weight equivalent to two elephants!!

Some fascinating information here!



On another note North Point Medical Centre will be closed for an extended ANZAC break. They will be closed from Thursday 22/04/2021 and will be reopening Tuesday 27/04/202. If you have any concerns over this break they have suggested to contact Healthline or go to the local Accident and Emergency clinic for urgent assistance.

Take care everyone.



Come and join your friends at Tui Café for a delicious hot lunch on Tuesdays or Thursdays from 12 midday. We have delicious homemade soups (\$6.50) on Wednesday and Fridays.

Next week's lunch menu is:

#### Tuesday 27th April

Homemade Steak & Cheese Pies served with Beer Battered Chips and Mushy Peas \$12.00

#### Thursday 29th April

Savoury Mince on Ciabatta Toast topped with Poached Eggs \$12.00

Ruth, Danielle, Jucimara & Santie Tui Cafe

#### What's on this coming week



#### Weekend Movie: Not Without My Daughter

Time & venue: Saturday 24<sup>th</sup> and Sunday 25<sup>th</sup> April @ 1pm Cinema

An American woman trapped in Islamic Iran by her brutish husband, must find a way to escape with her daughter. Sally Field stars in this powerful suspense thriller. 1hr 56 mins PG13





#### SHARE ANZAC DAY WITH US THIS YEAR AT SETTLERS

Time & venue: Sunday 25<sup>th</sup> April Lodge Lounge Please be seated by 10.15am

Here are some comments we have recorded over the last few years that may help decide to attend.......

- "Really memorable. Thanks for making it happen." (RSA member)
- "Do you do this every year?" "Yes, we do" "I'll be back." (Invited quest)
- "So dignified."
- "Well done."
- "Wonderful sound effects."
- "You did our ANZACS proud."

- "I just that love that poem. It gave me goose bumps." (Settlers resident)
- "The singing was just lovely....what a wonderful spirit in your Village." (guest)

We look forward to seeing you in the Lodge on ANZAC Day. Please be seated by 10.15am, walking frames by 10am.

<sup>&</sup>quot;Splendid presentation."

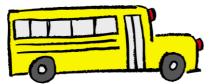
#### Sunday@Seven - Christian Worship



Time & Venue: Sunday 25th April @ 7pm Cinema

Speaker: - Carol Thornbury.

Subject "Finding Grace through Grief" – "to bind up the broken-hearted, to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning and a garment of praise" instead of a spirit of despair". Isaiah 61.



#### Shopping Bus Changes: No bus on Monday 26th April

Due to the Public Holiday on Monday there will be no shopping bus running however Tara will run a special shopping trip on Wednesday 28th departing from Reception @ 10.30am then

departing Albany Mall at 11.45am.



#### Ladies Happy Hour "Mix & Mingle"

Time and Venue: Tuesday 27th April starting at 4pm Dining Room

The Settlers Bar will be open for all ladies to come along and purchase a drink and meet some new residents and enjoy a laugh or two! Do you have a new neighbour? Why not see if they would like to join you. There is lots of space and is queiter than our usual Happy Hour. **Hope to see you there!** 

#### Special Notices

#### **'Settle Inn' – Friday Night Apartment Jackpot.**

The lucky apartment jackpot draw prize of \$60 drawn on Friday 16<sup>th</sup> April was unclaimed when apartment number 49 was drawn.

The lucky apartment jackpot prize this Friday,23<sup>rd</sup> April, will increase to \$80.

Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you <u>must</u> be wearing your Settlers Name Badge – **no name badge/no prize/no excuses**. The lucky apartment number will be drawn at sometime between 5 and 6pm.

Peter Dowling, Chairman, Exec Bar Committee, M227

#### **Friday Night Raffles**

As I advised last week, I will no longer be running the Friday Night raffles. However, Lawrence Rajalingam has agreed to take over running the Friday Night raffles. Thank you, Lawrence, who will be ably assisted by Mientje. I hope you will continue with the support I have had over the last four years.

Peter Dowling, M227

#### Apartment Draw Result For Wednesday 21st April 2021.

The first apartment number drawn 77 was claimed winning \$150.

#### Apartment Draw Next on Wednesday 28th April 2021

We will have a first number drawn prize and a secondary prize which must be won on the night if the first number Drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw generally starts between 5.30pm and 6pm. The Winning Resident must claim their prize in 30 seconds wearing their own name badge and validation stamp. There will be no exceptions made on this policy.

# Triends & Neighbours

#### FRIENDS AND NEIGHBOURS

There were two scenes to gladden the eyes over in the Lodge this week! Number one was the excellent display on the stage in preparation for Anzac Day. Once again we have Tony Gyde to thank for using his talents to such good effect. He definitely has the artistic touch!

Number two was the Tui Cafe cabinets full of tempting goodies on a Monday! Our grandchildren were particularly pleased! It is always lovely to walk into the dining area and see it buzzing with people socialising while enjoying coffee and cake! Don't worry about the 'Settlers' Spread'! There is always the gym if you feel guilty! *Neighbourly Group* 



#### SETTLERS CRAFT GROUP - POP UP SHOP

Link Lounge in Settlers Lodge

Now the weathers a little cooler you may like to invest in a wheat bag for yourself, family members or a gift. Our talented ladies have some brand new bags for sale ranging from \$7-\$12.00. They have some gorgeous prints suitable for adults and children too.

Treat yourself to one even just to warm up your chair or for any old aches and pains. They come with full instructions.

An honesty box in in place for you to use. Remember to pop by the Link Lounge as there could be more interesting items for sale in the upcoming weeks.



#### **Musical Performance by Albany Senior High School**

Time & Venue: Wednesday 12<sup>th</sup> May 1:30pm to 2:30 pm Settlers Lounge.

Students from Albany Senior High School will give a performance based on their Impact Projects. This will include items of singing and instrumental performances including piano and guitar. Performances such as this provide an opportunity for them to present their work to a wider audience. Please come along to enjoy the event, while helping to support these young musicians.



#### OUTDOOR BOWLS.

On Monday 12<sup>th</sup> April 3 teams from Settlers travelled to Poynton for an inter-village fixture. Fortunately, North Shore's unpredictable weather pattern did not disrupt the day's play with anything other

than an occasional light drizzle.

9 games were played overall and the end of the contest resulted in 7 wins and 1 draw for Settlers to the opposition's 1 win and 1 draw. This tally clearly posted the best ever winning margin against Poynton. Needless to say, the Poynton players were the friendly, cheerful and sporting hosts of always.

Reg Kendall (s) – Anna Morris – Kevin Covacich, along with Des Webb (s) – Keith Tolmie – Wally Lindsay were the two teams that recorded the maximum number of wins. Special mention must be made of Wally who, as a brand new bowler, was having his first taste of inter-village competition.

#### **OUTDOOR BOWLS**

Last Monday, 19<sup>th</sup> April, two teams from Settlers travelled to Fairview to help them – along with 6 other villages – celebrate a special occasion. This was the inaugural tournament for what Fairview hopes will become an annual event. Once again their new green was on show and its excellent playing surface encouraged keen competition. Playing standards were high as each of the 8 participating villages attempted to ensure that their name was the first one to be engraved on the trophy.

Greenwich Gardens, whose teams were comprised of 6 active bowlers from the Mairangi Club, managed to achieve this with 5 wins and 1 draw from the six possible results. Fairview, with a far fewer pool of club players to draw on, filled a very creditable second place.

Congratulations to sister village Fairview on what was a very friendly and impeccably organised day. Thanks also to Fairview's owners and management who, as well as providing a fully catered event, also undertook its sponsorship. Taken all round this was a memorable occasion and one which was particularly enjoyed by our players.

Settlers' representatives on the day were:

Reg Kendall (s) – Bob McNab – Carolyn Whitehead AND Des Webb (s) – Peter Oden – John Bruce.



#### **Mystery Tours**

The next three trip notices will be posted on the notice board on Saturday morning. Please carefully read the dates and location information on each sheet before choosing **one** of the three trips you would like to go on then add your name to the appropriate list. Enjoy your day out. *Neighbourly Group*.

#### Tour de Backyard - Odette's fundraising for Harbour Hospice

Odette's latest walk and adventures have been in Devonport, Milford and even Long Bay





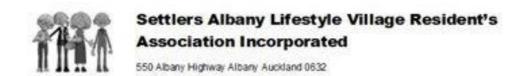




Please support Odette on her Tour de Backyard by donating using the link <a href="https://tour-de-backyard.raisely.com/odettesteam">https://tour-de-backyard.raisely.com/odettesteam</a>
or filling her 'Tour de Backyard' Bucket at Reception.

\*\*Many thanks\*\*

\*Margaret, Roy and Odette\*\*



# SETTLERS RESIDENTS COMMITTEE ANNOUNCEMENT

Settlers Residents are invited to attend the Annual General Meeting of Settlers Albany Lifestyle Village Residents Association Inc In the Main Lounge

### 2pm on Tuesday 4 May 2021

- 1. Welcome
- 2. Apologies
- 3. Reports from Social Activity Groups (Please submit Reports in writing to Secretary by 5pm, Thursday 29 April)
  - 4. Financial Report
  - 5. Chairman's Report
  - 6. Other Business (Please submit Items in writing to Secretary by 5pm, Thursday 29 April)
    - 7. Introduction to the new committee
      - 8. Closing Remarks Chairman



#### STUDENT HELP - READ TO A RESIDENT

Students from Pinehurst and Albany schools would like to "Read to a Resident" on a regular basis. They are happy to also chat and visit with you in your home or the library/lounge. It is a wonderful experience for them and us to learn from each other.

If you are interested please ring:- Joy- 415 2527 or Elaine 419 2713 Thank you from the Neighbourly team



#### **CALLING ALL WALKING FRAME USERS!**

Please remember we are catering especially for you at Settlers **ANZAC DAY** commemoration 25<sup>th</sup> April. Please arrive at 10am on your walking frame and an usher will greet you and help you to a reserved seat in an allocated area. He/she will park your walker outside by bowling green entrance. At the end of the event, we will offer to bring you a cuppa and some yummy homemade ANZAC biscuits. Please wear your smile, your name badge and any medals and ribbons. Electric scooters please park up at bowling green door or just outside Reception and an usher will meet you. When? 10am.....Easy eh?

John Wakelin Ph 415-7383 or Pip Zink Ph 424-4480



#### Rebecca Nelson – Performing Live @ Settlers

Time & Venue: Saturday 1st May @ 2pm Lodge Lounge There's more to Stunning Classical Crossover singer Rebecca Nelson than meets the eye. In 2014 the talented young kiwi musician enlisted as a reservist in The Royal New Zealand Navy to serve her country in voice as the official singer for the RNZN Band. Rebecca holds the rank of Able Musician and has had the honour and privilege of singing at centenary commemorations in Gallipoli, The Somme and Passchendaele. Earlier in 2018, she was invited to perform for His Royal Highness The Prince of Wales, Prince Charles and guests from across The Royal Navy for a shipmate's reunion at Highgrove House. We are fortunate to have her performing live @ Settlers. Mark this date in your diary.



### ALBANY SENIOR HIGHSCHOOL REMEMBRANCE BOX

The Remembrance box at the entrance to the Lodge was designed and built by Albany Senior High School Students especially for Settlers Lifestyle Village.

Elaine Brewitt & Joy Anslow have been working closely with 4 students throughout this project.

Please write a note of remembrance to fallen men/women of all wars and post in the box.



#### Fallen Poppies

We remember our ANZACS

### ANZAC DAY Sunday 25th April 2021

Over one hundred years ago ANZAC forces landed at Gallipoli and also since in the many other theatres of war.

Our service to remember those who gave their lives in service to our country, both home and abroad and the sacrifice and contribution of our returned servicemen and women will commence at 10.30am in Settlers Lodge Lounge.

Families, friends and staff are most welcome to join with us.

Please be seated by 10.15am, wearing name tags, for a short commemoration service followed by group singing of old wartime favourites.

Residents are invited to provide a <u>short, written wartime</u> <u>memory</u> from your personal family. If you would like to do this, please contact Pip Zink before 11am Fri 16th April.

An opportunity will be given to residents after the formal service to come forward with your <u>personal floral tribute</u>, whether a small posy or your poppy, placing it on the floor beneath the official wreath and returning to your seat.

Morning tea will follow the singing and homemade ANZAC biscuits will be served with a cuppa.

Residents are invited to again bake your delicious ANZAC biscuits. If you need it, a recipe is available on the easel Noticeboard. If you are offering to bake, please add your name ASAP to the list on the Board, together with the quantity, so that we can cater effectively.

We need more volunteer bakers please. Thank you so much to those who have volunteered already.

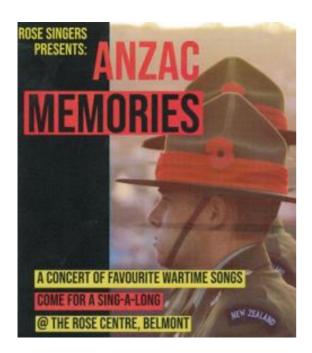
Please leave your baked biscuits on the serving table by 9.30am on the 25th. Thanks.

<u>Memorabilia Display</u>. Please consider what wartime items you could display on the tables to be set up behind the seating in the Lounge.

For security reasons, place your items between 8.30 and 9.30am on ANZAC Day and remove them by 6pm that evening.

John Wakelin Ph 415-7383, Pip Zink Ph 414-4480





APRIL:
THU 22 8PM
FRI 23 8PM
SAT 24 4PM
SUN 25 2PM
TICKETS \$10
PROCEEDS TO CHARITY

BOOKINGS (RUTH)
021 436010
CASH BAR AVAILABLE
SE ASSOCIATION



### Northpoint Medical & Skin Centre will be closed for an extended Anzac break.

Closed from Thursday 22/04/2021 and re-opening Tuesday 27/04/2021.

Any concerns please contact Healthline or present to a local accident and medical centre.



Library Lane Pharmacy will have slightly reduced hours:Thursday 22<sup>nd</sup> April 9am – 5pm
Friday 23<sup>rd</sup> April 9am – 5pm
Saturday 24<sup>th</sup> April 9am – 1pm
Sunday 25<sup>th</sup> April CLOSED
Monday 26<sup>th</sup> April CLOSED



## SUNDAY 9TH MAY 2021 CELEBRATING THE WOMEN WE LOVE AND APPRECIATE

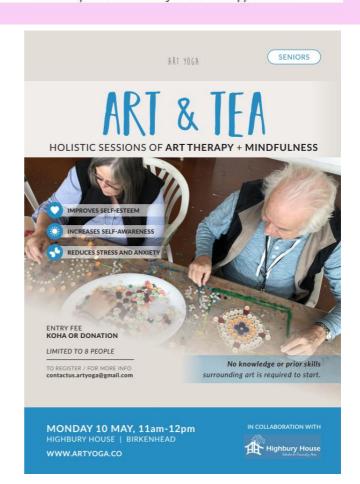
In honor of this special day come and enjoy a traditional Roast pork meal @ Tui Cafe Serving @ 12.30pm

Roast pork loin with crackling, gravy & apple sauce. Roast potatoes, cauliflower cheese & pumpkin wedges. \$17.00

Homemade blueberry & lemon cake served with lemon yoghurt \$7.00

A complimentary glass of bubbles will be served to all our Settlers Mothers & Grandmothers & Great Grandmothers

Please book at Reception. Pre-bookings for this meal must be made by 5pm Monday 3rd May Limited space so book early to avoid disappointment



#### Poets Corner

Within our Village we have a very humble poet who's hidden his light under a bushel for far too long. Now he's been discovered. This is Bruce's corner...



#### ONE MOMENTS SILENCE PLEASE

"Mummy, what does war mean?" Billy asked his Mum.

"Dad can explain that, better than me," she answered to her son.

But by the time Dad got home, Billy's mind was miles away,

But the answer to that question, is the reason for **Anzac Day.** 

Though constantly in this crazy world, wartime still exists. and young men in New Zealand are still prepared to enlist. Is it hatred of the enemy, that causes all the wars?

Or is it instinct ingrained in mankind - supremacy is now law?

Pause for a moment, if you will, and imagine you're in the front line. You have an 'enemy' in your rifle sights, he's yours to kill, that's fine. You've been trained to pull that trigger now, to end that human's life. Regardless that, your life from now, will suffer emotional strife.

Thousands of New Zealanders have experienced in years passed and have spent their remaining year in torment up till the last. and hundreds of others unfortunately, brave, but lost their lives those who, we still honour today, on April twenty-five.

While those memories stem from Gallipoli six decades ago.

This memory includes all of those, who have earned our deep sorrow.

Modern warfare now includes women as well as men.

Now, and for years to come,

#### WE WILL REMEMBER THEM

By Resident Bruce Seaton April 2021





#### **ANZAC BISCUITS**

Sample Recipe from *Edmonds* 22 March 2019

50g (20z) flour 75g (30z) sugar 2/3 cup coconut 2/3 cup rolled oats 50g (20z) butter 1 Tbsp golden syrup ½ tsp bicarb soda 2 Tbsp boiling water



Mix together flour, sugar, coconut and rolled oats. Melt butter and golden syrup. Dissolve bicarb soda in the boiling water and add to butter and golden syrup. Make a well in the centre of flour, stir in the liquid. Place in spoonful's on cold greased trays. Bake 15 to 20 mins at 180 deg C (350 deg F).



#### Remembering animals lost in war

The purple poppy is worn to remember animals lost in service. Animals like horses, dogs and pigeons were often drafted into the war effort. In particular, many horses were killed or injured in World War One.

Remembering the animals who suffered for our freedom, as well as the soldiers who served with them.





# Menu

#### Wednesday 28th April

Roast Beef, Yorkshire Pudding and Gravy. \$17
Served with Roasted Potatoes, Broccoli Mornay and Baby Carrots

Roasted Chicken Maryland in a Creamy Leek and Mushroom Sauce \$15 Served with Baby Spinach Orzo Pasta

#### Friday 30th April

Crumbed Pork Chops & Apple Cider Gravy.\$17
Served with Mixed Roasted Vegetables and Cheese Medley

Lamb Harira Served with Couscous \$15 (Slow roasted lamb shoulder with Middle Eastern spices)

#### **Desserts for April**

Homemade Cherry and Almond Cheesecake \$7

Homemade Apple Pie with Vanilla Bean Custard \$7

**COFFEE AVAILABLE before 7.15pm each evening** 

Please make sure you book with Reception by midday the day prior to you dining. Dinner bookings can also be made in the weekend for the following week.

Fri 23 <sup>rd</sup> April	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11.00am	Avenues Lounge
	Xer/Sit	1.00pm	Avenues Lounge
		•	
	Croquet Social Friends (Closed Group)	1.00pm – 4.00pm	Croquet Green
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lodge
Sat 24th April	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.30am - 11.30 am	Avenues Lounge
	Ukulele Beginners	11.30am - 12.00pm	Avenues Lounge
	Weekend Movie	1.00pm	Movie Theatre
	Croquet Organised	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
Sun 25 <sup>th</sup> April	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Coffee, Games, Chat	1.00pm	Avenues Lounge
	Social Friends (Closed Group)	1.00pm – 4.00pm	Croquet Green
	ANZAC Commemoration Service	10.15am	Lodge Lounge
Mon 26 <sup>th</sup> April	Keep Fit	8.30am	Kell Lounge
	NO Shopping Bus (due to Public Holiday)	9.45am, 10.15am & 11am	Albany Mall
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowling Green
	Darts	4.00pm	Avenues Lounge
Tue 27 <sup>th</sup> April	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet Organised	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Diversity in Art (Change in day from Wednesday)	1.00pm	Kell Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
	Ladies Happy Hour	4.00pm	Dining Room
Wed 28th April	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon	8.30am	Hair Salon
	Outdoor Bowls	9.45am	Bowling Green
	Aqua size	9.25am Barbara's class	Swimming Pool
	Aqua size	10.10am Joan's class	Swimming Pool
	Special Shopping Run with Tara to Mall	10.30am	Leaving Reception
	Croquet Social Friends (Closed Group)	1pm – 4pm	Croquet Green
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 29 <sup>th</sup> April	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet Organised	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Avenues Lounge
	Indoor Bowls	7.00pm	Kell Lounge