

The Weekly Settler

Newsletter of Settlers Lifestyle Village



13th May 2021

Village Manager's Weekly Update

COVID – 19 vaccination A number of residents have enquired as to whether we have had any updates in regard to the vaccination roll out and how this may work in relation to Settlers Village. The simple answer, unfortunately, at this stage is no. Across both villages we are working in conjunction with the pharmacies we deal with, the RVA and the DHB's to try to get some guidance but at this stage we are having very limited progress. We would of course like to arrange for the COVID vaccination to be administered here much like we do the influenza vaccination, but we have no indication as to whether this is going to be possible. We will of course update all residents as soon as we have any pertinent information.

Staying on the medical theme this week on Wednesday 12th May it was International Nurses Day, the anniversary of Florence Nightingale's birth. This is a great opportunity to acknowledge and thank our wonderful team of nurses that work so tirelessly to look after our residents.



New Committee I had the pleasure of having the first committee meeting on Wednesday with your new committee. We of course have some existing members that have volunteered to complete another term. Peter Dowling who has now taken over the role of Chair, Wendy Auger (1) and Joan Hewlett. We also welcomed two new members with Allan Hamilton and Jenny Lee. I look forward to working with your committee over the next 12 months for the betterment of our village.

Kitchen Jucimara's last day in the kitchen is next Friday the 21st May. Jucimara is going on maternity leave and we wish her all the best on this journey and can't wait to see the photos and no doubt a visit at some stage to show us her bundle of joy. Jucimara will be back of course in a year or so, however we are fortunate enough to have secured the services of Matt Wagstaff for that time. Matt started on Tuesday this week so will have a bit of a handover before taking over from Jucimara. Please join me in welcoming Matt to Settlers.

Croquet Green The centre of the green is soft under foot at the moment, and this is due to worm castings being driven up to the surface. Darcy has reviewed this and is happy for you to continue playing but requests that you play with caution in this area. He will be spraying next week and this should resolve the issue.

Gary Jarvis
Village Manager

Hello from the Nurses Niche

Hi everyone,

I can't believe how quickly the weeks are flying by! Sandy is easing her way into her new afternoon role and some of you will already have had a visit from her as she works her way around all the apartments checking that your call point alarms are working.

Our first project together is to breathe some life into the Tuesday afternoon Therapeutics @ 3 group. This was originally set up as a quiet group utilising mindful colouring as a calming therapy. Sadly, the group numbers have dwindled over time and we would love to see this running again as there is great benefit to be had from this sort of therapy. It is open to anyone who feels that a calm activity would be beneficial in these busy and uncertain times.

Mindful colouring is about bringing our awareness into the present moment by consciously focusing on colour and design. Some people may enjoy word searches, crosswords, sudoku.

Research has shown that such activities can:

- Reduce anxiety and stress
- Improve sleep
- Improve focus
- Improve vision and motor skills

If you would like to give this a go why not join Sandy and I in the lounge on Tuesday 25th May at 3 pm. If you would like to know more about this please get in touch. You don't need to bring anything with you as all materials are supplied.

It would be lovely to see some of you there.



**Sue, Lyn, Alana, Chris, Christine, Lucy & Sandy
Nursing Team**



Come and join your friends at Tui Café for a delicious hot lunch on Tuesdays or Thursdays from 12 midday. We have homemade soups (\$6.50) on Wednesdays and Fridays.

Next week's lunch menu is:

Tuesday 18th May

Creamy Ham, Parmesan & Mushroom Carbonara Served with a Garlic Buttered Roll **\$12.00**

Thursday 20th May

Omelettes "made to order" with a Side of Fries **\$12.00**

Salmon, Baby Spinach & Feta or Ham, Cheese, Cherry Tomato

**Ruth, Danielle, Jucimara & Santie
Tui Cafe**



Bereavement

Our sympathies and thoughts are with Rae after the passing of Rod Cleaver on the 8th May after a long illness. Rae has mentioned that she has appreciated the love, support and kindness shown to her at this time from Settlers and Staff.

What's on this coming week



Weekend Movie: The Accidental Husband

Time & venue: Saturday 15th and Sunday 16th May @ 1pm Cinema

When talk radio host Emma Lloyd (Uma Thurman) advises one of her listeners to break up with her boyfriend, the jilted ex sets about getting his revenge. 1 hr 30 mins PG-13

the
accidental
husband



Bingo

Time and Venue: Saturday 15th @ 6.30pm (for a 7pm start) -9pm Lodge Dining Room

Come and join us in the Lodge for Bingo . Usual time of 6.30pm for ticket sales , ready for a 7pm start. All welcome including family and friends.

Bruce, Joy, Jenny and Rae



E Waste Collection

The E-Waste Collection is scheduled for **Saturday 15th May** at Massey University (Albany Campus) This runs from 9am – 3pm. *Recycle anything with a cord (charges for certain items may apply)*



Your Computer and I.T. problems.

Two young ladies from Kristin High School will come to Settlers again between **4.15 - 5.15 pm on Tuesday 18th May**.

They will be able to help you with any problems you may have with your laptop, computer, or handheld devices. You can have 30 minutes of their time, so, please be in touch with me if you need some assistance, and I can give you a timeslot. I look forward to hearing from you.

Angela van Winden L-177 Ph. 412 8225 or m.e.winden@xtra.co.nz



Discussion and Support Meeting

Time and Venue: Monday 17th May @ 2 pm in cinema

Come along and meet Sandy who is our new health and well-being assistant. Sue (nurse) and Sandy will be very happy to answer any questions and listen to any of your suggestions for this role in the village. Well-being covers many emotional & physical issues and talking with others is helpful! See you there. *Neighbourly team*

Special Notices

Friday Lucky Apartment Jackpot Draw.

The Friday night apartment draw held on the 7th of May was drawn by number 43 but not claimed. The Executive Bar Committee has also decided to increase the weekly jackpot prize from \$20 to \$25. The prize will still increase to maximum of \$200 before it becomes a 'must win' week. Remember to be eligible to win you must be in the Bar when the lucky apartment number is drawn and you **must** be wearing your Settlers Name Badge – **no name badge/no prize/no excuses**. The lucky apartment number will be drawn at sometime between 5 and 6pm.

Peter Dowling, Chair, Exec Bar Committee, M227

Update from the Settle Inn Bar - Wine Price Increase

Over recent months there has been a significant increase in the cost of purchasing wine and as a result it has become increasingly difficult to purchase good quality wines at an acceptable price. This has resulted in a number of negative comments about the quality of wines available in the bar. The Executive Bar Committee discussed this issue at its recent meeting and has made the decision to increase the cost of wines served in the bar. This increase will enable those responsible for purchasing to source better quality wines. Therefore, with effect from the 1st June 2021 the cost of a glass of wine will increase to \$4.00 per glass. The cost of purchasing a bottle will increase to \$16. The price change will only affect the cost of wine with beer, spirits and soft drinks prices remaining unchanged.

While this increase is regrettable it still represents good value compared to other venues outside of the village.

Apartment Draw Result For Wednesday 12th May 2021.

The first apartment number **146** drawn for **\$200** was not claimed. A redraw then commenced with apartment number **168** winning **\$30**. Apartments drawn missing out on a prize: **56, 146, 174, 216, 220.**

Apartment Draw Next Wednesday 19th May 2021

We will have a first number drawn prize and a secondary prize which must be won on the night if the first number drawn is not claimed. Buy a drink and pay your \$2 for a stamp, the draw generally starts between 5.30pm and 6pm. The Winning Resident must claim their prize in 30 seconds wearing their own name badge and validation stamp. There will be no exceptions made on this policy.



OUTDOOR BOWLS

On Monday two teams from Settlers took part in the Friendship Cup which is an annual event contested by 8 villages from the North Shore. Because of renovations the usual venue of Knightsbridge was unavailable this year so Sunnybrae Bowling Club and their facilities became the host.

As was expected the competition was extremely strong and arguably more competitive than a normal inter village fixture.

However the two Knightsbridge combinations proved to be well up to the task and emerged undefeated with 6 wins from their 6 games. Both Settlers' teams played well and although involved in some tight finishes could only manage one victory by the end of play. Several of their matches were lost in the last couple of ends and often the opposing skips were able to "turn the count around" with the final shot or two ... BUT ... *"That's bowls"* as the saying goes.

Our able representatives were **Des Webb (s)** – Reg Kendall – Anna Morris and **Peter Dowling (s)** – Bob McNab – John Bruce. It was Peter's team that managed to nab the sole win of the day.



Are you a Violinist ?

Would you please be able to assist the music scene in our village? Our need is for a Fiddler, but not with rooftop experience! Can we please have a chat. We even have the loan of a violin. *Please call John Wakelin (M230) Ph: 415-7383*



Settlers Albany Lifestyle Village Resident's Association Incorporated

550 Albany Highway Albany Auckland 0632

Residents Committee Update

The 2021/22 Residents Committee held their first meeting on Wednesday. Their first task was the election of officers with the following appointments being made:

Peter Dowling - Chair

Joan Hewlett - Secretary

Wendy Auger (1) – Treasurer and Entertainment Liaison

Jenny Lee – Neighbourly Liaison

Allan Hamilton – Administrator Liaison

Bar Liaison – Wendy Auger (1)

Kevin Covacich has agreed to continue with the role of Administrator (outside of the Committee with no voting rights). The Administrator role is to prepare annual accounts, advise on taxation matters and assist/advise with general administration matters.

Please remember that all electronic communications with the committee must be sent to the Residents Committee email address: settlersrescommittee@gmail.com.

Any communications sent to committee members personal emails will be deleted unread.

Written submissions should clearly state your name and be signed. Submissions should be addressed to the Secretary and can be left in the Secretary's mailbox, H56 which is located adjacent to Reception.

Minutes of the Residents committee meetings are distributed via email, with a hardcopy in the folder on the desk by the Chess Nook. Any new residents wishing to be added to the distribution list should advise the Secretary, at the above email address.

Peter Dowling, Chair, M227



FRIENDS AND NEIGHBOURS

What a special day we had on Sunday. Mothers' Day is about celebrating a time with family rather than the purchasing of expensive presents. Your presence, not your present is what brings Mum joy! It was lovely to see so many families over at the Lodge enjoying the delicious roast dinners. And we had no dishes to wash afterwards!

I hope the kitchen chefs and workers had some feet-up time for their evening meal! *Neighbourly team*



Housekeeping Request

Our amazing House-keeping staff are seeking old towels to be donated. They are super handy when we have the need. Please feel free to drop them at Reception and we shall pass them on.



TRAINING / RE-TRAINING FOR AED UNITS (Automated External Defibrillators)

Several years ago, the Settlers Residents Committee invested in two AED units. One is located in the Lodge close to the stage, and the other is placed on level one in K block building. Due to the period of time these units have been in place, and the influx of new residents, it has been requested that training and re training of those interested would be appropriate. The course will be 2 hours long and held at Settlers. The workshop presentation will be carried out by St Johns and will accept up to 30 persons. It will be demonstrated how to use the AED and also how to carry out CPR. The audience will be given the opportunity to "have a go". Some people may not want to take an active part , and just wish to observe this presentation and that is completely fine. There is NO requirement for attendees to have been trained in CPR previously. At the end of this there will be certificates given to the participants. *Please contact Richard Davison at r.d.125@outlook.com or 0272890131*



Celebrating Mother's Day

Sunday 9th May

What a magical and vibrant lunch time in the Lodge! Families and Settlers mingled and dined in the gorgeous dining room where our incredible kitchen team produced a meal for Queens. The tables were organised by our talented Glenda and the wonderful servers made sure everything looked just right. Bubbles were poured and laughter amounted as the lunch rolled on. We certainly hope everyone had a lovely day!!



Settlers Christian Fellowship – Sunday @ Seven

Time and Venue: 23rd May 7 pm @ Cinema

"The Passover " Speaker Johan Jansen Van Vuuren

Duration about an hour. Refreshments together afterwards.

Harbour Hospice TOUR DE BACKYARD

Congratulations!

What an amazing result! You have collectively run, walked and cycled 1,312.8 kilometres and helped to raise a whopping \$14,235 for Harbour Hospice. This will help Harbour Hospice to provide vital services to people living with a life limiting illness and support for their families.

We will be in contact with our top fundraisers next week to arrange getting your prizes out. Remember to let us know if you walked with a furry friend, as every dog who participated gets a special treat pack, thanks to Yours Droolly.

Our Top Fundraisers

Fundraising for Harbour Hospice

A Big Thank You to everyone who supported Odette's Team taking part in the Tour de Backyard during April.

A grand total of \$14,235 was raised and 1,312.8 km run, walked or (in Odette's case) swam for Harbour Hospice.

Odette's Team came second and raised a total of \$712. So **well done everyone and thank you for your support.**

Ninety plus

We will be in contact with our top fundraisers next week to arrange getting your prizes out. Remember to let us know if you walked with a furry friend, as every dog who participated gets a special treat pack, thanks to Yours Droolly.

Our Ninety Plus group enjoyed a lovely adventure throughout Hobsonville and surrounding areas this week and enjoyed lunch together at Catalina Café in Hobsonville.



refresh, renew, rejuvenate
...and then relax!

Beauty Specials @ Fairview with Natalie

Come and treat yourself to a lovely hydrating facial. This relaxing treatment will leave your skin ready for the coming winter months and only \$65. You can also treat yourself to a relaxing 1/2 hr

massage ,your choice of hands, feet/neck and shoulders. These massages are given in a reclined seated position for your comfort - only \$35 Offer valid until 5th July. Please contact Natalie on 0211458542 to make your appointment. *Open Wednesday's 9.30am - 4pm at Fairview*



Thank you to the many supportive Settlers' residents who attended the performance given by students from our closest high school, Albany Senior High.

Students and staff were delighted at the warm welcome they received from all who were present while, in return, residents enjoyed the informal enthusiasm that was shown by the students who sang, played guitars and generally gave a performance to be remembered. Special thanks to Norman Lodge who co-ordinated with the teachers to bring this talented group to our village. We hope to play host to other passionate teenagers at future events such as this. Be sure not to miss them.



Hello, Yvette Bentley here. I am a student from Albany Senior High School (ASHS) and have been working to promote connection with Settlers residents and ASHS students as a part of the impact programme. Impact projects are an ASHS initiative, where students construct projects around their interests in order to benefit the community. I have been organising students interested in working with Settlers (as well as key communications)

such that their separate projects are as successful and helpful as possible. E.g., Students have been designing/improving mobility aids, building an ANZAC memorial out of sustainable materials and creating original musical performances. In particular, four groups of students took part in a charity fundraiser on Thursday the 6th of May, where all the proceeds have been directed towards helping their respective causes. A group of girls working with the Middlemore Foundation have written the piece below.

This year we decided to knit blankets for the premature babies in Middlemore Hospital. We admire knitting and crocheting as a hobby and we wanted to help the premature babies in poorer communities. To raise funds for the wool we took part in a bake sale on Thursday the 6th of May alongside three other groups who were working with other charities. As we were planning our stall, however, we were kindly donated wool from the Settlers craft group and so we had a change of plans. Alongside knitting for Middlemore, we will donate the \$270 we made during the bake sale to Middlemore's Jammies in June program where they aim to collect 25,000 pyjamas to donate to kids in the poorer communities by the end of June.



Today's Students are Tomorrows Future

Elaine Brewitt has been passionately working alongside so many groups from ASHS bridging the gap between two generations. With our Settlers support these students will achieve the goals they had set under this programme.



Tanya Franklin
Travel Broker

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THE TRAVEL BROKERS
a member of
helloworld

MoaTours

Small Group Tour Presentation

Thursday 03 June @ 10.30am in Settlers Theatre

Come and meet Tanya Franklin from The Travel Brokers, and Nikita from MoaTours to hear about small group touring within New Zealand

Special exclusive Discounts on offer just for you, plus a door prize draw

Special MoaTours features include:

- 4 to 7 day all-inclusive tours with "the personal touch"
- Comfortable 18-seater coaches & quality accommodation
- Complimentary pick up and return to Settlers Lifestyle Village
- Private homestead lunches out in the countryside

Itineraries: September 2021 – April 2022

▪ Taranaki Rhododendron Gardens	▪ Christmas in Marlborough
▪ Bridge to Nowhere & Forgotten Worlds	▪ Christmas in the Bay
▪ Canterbury Springtime Gardens	▪ *NEW* Christmas in Otago
▪ High Country, Gardens & Goldfields	▪ *NEW* Te Uruwera, Waikaremoana
▪ East Cape Caper	▪ Wairarapa Wandering
▪ Coromandel Caper	▪ Hawkes Bay Art Deco Festival
▪ Otago Gardens & Victorian Fete	▪ Southern Odyssey & Stewart Island
▪ Country Roads & Cross Hills Fair	▪ The Far South: Hidden Treasures
▪ Early Explorers: The Sounds to Akaroa	▪ Molesworth, Nelson & Golden Bay
▪ Great Barrier Island Escape	▪ Summertime in Northland
▪ Christmas in Northland	▪ Doubtful Sound & West Coast
▪ Christmas in Taranaki	▪ Karamea & Wild West Coast Trails
▪ Christmas in Marlborough	▪ Wanaka Warbirds Air Show



Settlers Residents – Sports & Leisure Wear

Prices include Settlers Logo. Caps & Sun Visors can be ordered by placing your name on the order list on the noticeboard beside Reception. All other items require fitting for correct size. Please visit Davis Doherty @ 237 Bush Rd and place order. Please let the staff know you are a Settlers Resident, and the item will be monogrammed, and we will be advised when the order is ready for pickup. Monika will invoice you accordingly.



3800 - \$10.00



4230 - \$5.00



4210 - \$5.00



Olympus Softshell Jacket \$42.14 J408M Razor Jacket \$39.84 Olympus Vest \$35.82



R203X - \$25.47



7PIPLRW - \$25.00



P45MS - \$25.00



3800 - \$10.00



4230 - \$5.00



4210 - \$5.00



Tui's Café

Wednesday 19th May

Slow Roasted Steak & Kidney Casserole \$17

Served with Buttered Mash, Carrot Batons and Broccoli Florets

Chicken Cordon Bleu with Homemade Dijon Sauce \$15

Served with Buttered Mash, Carrot Batons and Broccoli Florets

Friday 21st May

Beer Battered Market Fish and Chips \$17

Served with a Choice of Three Salads

Traditional Homemade Lamb Dopiazza & Basmati Rice \$15

Served with Homemade Garlic Naan Bread

Desserts for May

Homemade Rhubarb & Blueberry Crumble Topped with Roasted Almonds

Served with Crème Anglaise \$7

Homemade Steamed Carrot & Walnut Pudding Topped with Lemon Mascarpone \$7

COFFEE AVAILABLE before 7.15pm each evening

***Please make sure you book with Reception by midday the day prior to you dining.
Dinner bookings can also be made in the weekend for the following week.***

Fri 14th May	Walk n Talk Group	8.50am	Reception
	Painting with Joy	9.30am	Kell Lounge
	Shopping Bus	9.45am	Albany Mall
	Men's Group	11.00am	Avenues Lounge
	Xer/Sit	1.00pm	Avenues Lounge
	Croquet Social Friends (Closed Group)	1.00pm – 4.00pm	Croquet Green
	Table Tennis	2.00pm	Kell Lounge
	Happy Hour	4.45pm	Main Lounge
Sat 15th May	Petanque	9.15am and 10.45am	Petanque Court
	Outdoor Bowls	9.45am	Bowing Green
	Ukulele	10.30am - 11.30 am	Avenues Lounge
	Croquet Organised	1.00pm	Croquet Green
	Weekend Movie	1.00pm	Movie Theatre
	Croquet Organised	1.00pm	Croquet Green
	Line Dancing	1.30pm	Kell Lounge
	BINGO	6.30pm for 7pm start	Dining Room
Sun 16th May	Chess Group	10.00am	Chess Nook
	Weekend Movie	1.00pm	Movie Theatre
	Croquet Social Friends (Closed Group)	1.00pm – 4.00pm	Croquet Green
	Coffee , Chat and Games	1.00pm	Avenues Lounge
Mon 17th May	Keep Fit	8.30am	Kell Lounge
	Painting Group (No Tutor)	9.30am	Kell Lounge
	Outdoor Bowls	9.45am	Bowing Green
	Darts	4.00pm	Avenues Lounge
	Tai Chi	1.30pm	Kell Lounge
	Shopping Bus	9.45am, 10.15am, 11am	Albany Mall
	Discussion & Support Meeting	2.00pm	Cinema
Tue 18th May	Petanque	9.15am and 10.45am	Petanque Court
	Line Dancing	10.00am	Kell Lounge
	Blokes Shed (Assistance Available)	10.00am	Blokes Shed
	Croquet Organised	1.00pm	Croquet Green
	Mahjong	1.30pm	Avenues Lounge
	Diversity in Art	1.00pm	Kell Lounge
	Therapeutics @ 3	3.00pm	Lodge Lounge
	I.T /Computer Help (Kristen School)	4.15pm	Lodge Lounge
Wed 19th May	Discover Albany Walkers	8.50am	Reception
	Settlers Hair Salon	8.30am	Hair Salon
	Outdoor Bowls	9.45am	Bowing Green
	Aqua size	9.25am Barbara's class	Swimming Pool
	Aqua size	10.10am Joan's class	Swimming Pool
	Croquet Social Friends (Closed Group)	1pm – 4pm	Croquet Green
	New Generation 500 Club	3.00pm	Avenues Lounge
	Happy Hour	4.45pm	Main Lounge
	Rummikub	7.00 pm	Avenues Lounge
Thu 20th May	Keep Fit	8.30am	Kell Lounge
	Settlers Hair Salon	8.30am	Hair Salon
	Table Tennis	9.30am	Kell Lounge
	Craft Group	10.00am	Link Lounge
	Croquet Organised	1.00pm	Croquet Green
	Petanque	1.00pm	Petanque Court
	Chess Group	2.00pm	Chess Nook
	Darts	4.00pm	Avenues Lounge
	Indoor Bowls	6.30pm	Kell Lounge