The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 23 January - 29 January 2023 No. 254

From the Manager's Desk

Good afternoon everyone! Lovely weather we are finally having. Kiwi summers are the best.

Morning tea with the Manager

I am looking forward to meeting with half of the residents from Lavender Close this Friday at 10am. Next week will be the 2nd half of residents from Lavender Close. Cherie will be calling residents to confirm.

Annual Fire Alarm Survey

Please be advised that our annual fire alarm survey will take place on Tuesday 24th January from 9am onwards and Wednesday 25th January from 9am onwards if unable to finish on the 24th. Please note that we will require access to all areas and lodge apartments as our contractor will be testing the sounders and detectors. Our contractor will be issued a master key to access apartments in a timely manner. If you do not want our contractor to access your apartment in your absence, please contact reception to let us know.

Weed spraying in the Village

To maintain a good level of lawns across the village, it requires excellent weed management, and it can only be achieved by spraying. As per our newsletter last week, if you have a genuine objective to us spraying your lawn, please contact me before 20th January. We have received minimal feedback from residents, so we will assume you are comfortable for us to proceed shortly.

Items to be given away free or for sale

If you have any household items to be given away for free or for sale, residents are welcome to advertise in the newsletter. Please do not leave items in the corridors, laundry rooms, or other areas. A person's trash is another person's treasure.

Welcome Benjamin and thank you Catharina

We will be having a complimentary morning tea on Thursday 26th January at 10am in the main

lounge to welcome Benjamin, Head of Department Health and Wellbeing and to thank Catharina for all her hard work. Please RSVP to reception by Tuesday 24th January by 10am for catering purposes.

Farewell to Sian

We will be thanking Sian for her contribution to the village for the last 2 years at Happy Hour on Wednesday 1st February with complimentary drinks.

The donation buckets and cards will be at reception for both Sian and Catharina.

Marika

an and

Nurses' Corner

No covid again that I am aware of.

Mind the bugs - lots of bites.

Have some antihistamine on hand at home if you usually react badly.

Stingose to spray on the bite is good.

I have heard rubbing honey on a bee sting soothes it but I haven't tried this method myself. Warm compresses work best.

Watch out for 2 little puncture bites as this could mean a white tail spider bite, monitor for symptoms – they hurt like But any swelling, discolouration of skin, wound breakdown, temperature, seek medical help immediately.

Avedisian Pets

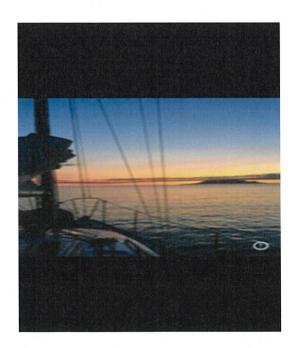
I will be back in some capacity so it's not goodbye yet. However this is the last newsletter from me. I am eagerly anticipating Benjamin's arrival next week. I will spend some time with him orientating next week, so do pop in especially to say hello.

I know Benjamin will be a refreshing addition, these young ones and their knowledge are amazing. I taught second year students for a while and they were all such bright sparks with a real interest in Health and people so we will be in safe hands in the future. Please give him a Fairview welcome.

It really has been such a pleasure being part of your lives, which is why I can't leave you completely. It has also been wonderful working with such a great group of people in my team. Nurses watch over each other as we know how and why we do the job and my team sometimes go above and beyond to support each other so a big thank you to Aileen, Aleta, Kathy, Carmen and those that we miss such as Alana.

So very soon I will be on holiday, I can't wait. I don't know where yet, we will just wait to see where the wind is blowing and off we will go.

Keep well everyone Catharina and Co





From the Chef's oven

We would like to welcome Pong our new chef who started this week.

We hope you are enjoying the new culinary dinner menu and the gourmet food cabinet.

Thank you for using the Feedback box in the dining room. We love to read your feedback and suggestions. We would like to draw a feedback every week which will receive a complimentary lunch.



Warm vanilla squares with custard, raspberries and chocolate sauce.

This dessert is available for the month of January when you order an evening meal at only \$3.50 each.

Please see our weekly specials for the week



What's on this coming week and next



Movie Group

Unfortunately, our end-of-year Andre Rieu Christmas movie was cancelled due to concerns about possible Covid infections. So to make up for this the first movie this year will be Andre Rieu's New Year's Eve concert. This scintillating New Year's Eve concert was recorded in Hannover with guests Bond and Russell Watson. Andre at his liveliest best!

Following this we will continue our weekly program of movies selected for your enjoyment. All residents are invited to join us at 7.15pm every Tuesday evening in the L2 theatre.

Peter Woolnough



East Coast Bays Catholic Parish

Our Liturgy Service for this month will be held in the Sun Room, 3rd Floor on Friday 20th January 2023 at 11.00am. Holy Mass will be celebrated by one of the priests of our parish. In recent times, we have indeed been very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings. A warm invitation is extended to all who may wish to join our small community in prayer and friendship. For further information, please contact Natalie Turner (Ph: 479 9527).



Fairview Fellowship

Our Christian fellowship extends a warm welcome to join us each month. We meet to learn from God's word and share the friendship of our common faith.

First meeting for 2023: Monday 23rd January at 3pm, 3rd floor Sun Lounge

The earlier date change is to accommodate the Auckland Anniversary weekend. Contact Bronwen Charlesworth on 021 920 000 or 09 478 0513.



Garden Club

A trip has been arranged to Kings Garden Centre, Silverdale on Wednesday 25th January for lunch. The bus will be leaving at 11.15am. If you would like a seat on the bus, please phone Anne Pike on 475 6741.



The Fairview Singers will reconvene next Wednesday the 25th January at 3pm in the third floor Lounge and thereafter at 3pm on alternate Wednesdays. Hopefully, this year, we will now be able to perform two cancelled shows from last year – ANZAC Songs and The Disney show.

Over the last couple of years, there have been many new residents in the village, and I am sure that among them there must be those who just enjoy the pleasure of song. Our Wednesday afternoon get togethers are very laid back – just singing for the fun of it, not a choir, no parts, just singing. Every year since 2005 we have put on a Dinner Night show, the only exception being 2021/2, due to Covid.

So, if this is you, or you have any interest in theatre, be it singing, sound, video, wardrobe, accompaniment, etc., please come along or give me a call – you will be most welcome. Even if you don't want to sing just come along for the fun of it.

Len Hancy (478 0274)



Friday Night Raffle – 13 January 2023

It might have been Friday the 13th but it was certainly a good night at the raffle. A much larger number of people and the atmosphere in the lounge was of a very happy jovial crowd.

Trish Maunsell drew our dwelling prize, thank you Trish and the winners were Rosalie and Len Hancy.

Len asked Bennie Gunn to roll the balls for us, thanks Bennie and the winners were:

Tom Wilkinson, Dulcie Kortegast, Lois Hadfield, Ivy Mann, Heather Petchell, Trish Maunsell, Colleen Leonard, Gordon Tasker, Nancy Naden, Clark Robbie, Mary Barrett, Monica Renwick, Patrick Knell, Patricia Jansen, Earl Troughton, Jocelyn Goodger, Brynley Goodger, Mary Gardner, Daphne Markwick, Wendy Johnstone, Ian Johnstone, John Gardner and Monica Creedon.

Congratulations to all our winners and thank you all for your support. See you again next week. Daphne Markwick, Raffle Convenor – Tel: 478 9803



John's Jaunts

February and March 2023

Wednesday 8th February – picnic at Mahurangi West. Bring your own lunch. Leaving at 11am returning at 2pm.

Wednesday 8th March – Shelly Beach Helensville. Lunch at café. Leaving at 10.30am.

Wednesday 22nd March – Mangawhai Heads. Leaving at 10am.

Other destinations on Wednesdays, possible on request. John Gardner, phone 479 9318

Resident's notices

Apartment Garden Area

So good to see the sun... the suggestion by one of my regular visitors that the problem I was having with the water feature was 'a prostate problem' has proven to be wrong! Thank goodness as I didn't know how to deal with that!

The lettuces have been going thank you, just 2 left of the hearted variety then the single leaf picking variety will be available. 2 little spring onions are there for the taking if you want.

The herbs are much the same: MINT, CHIVES, SAGE, THYME, BAY LEAVES, ROSEMARY, PARCEL, OREGANO and some thin stalks of CELERY are ready to pick. Silverbeet is coming along. I dug up all the potatoes and have now planted some more so will see how they go. Thanks to Yvonne & Gordon I have planted a little PARSLEY hedge up a bit from the little ROSEMARY hedge - so then I decided a lovely Munsted LAVENDER hedge would go down well whilst sitting on the bench seat to enjoy.

Now I have Arthur to live with I'm changing things around a little bit. Funny how I kept refusing to admit to living with arthritis, but he ended up having his way with me! So, I'm having more things in pots and leaving a lot more earth unplanted so I just need to hoe to keep it tidy.

As usual the invitation is out to any Apartment residents wanting a plot, please contact me. Barbara Bailey Apt. 321 - Phone 027-416-8945

For Sale

Ride on buggy for sale. It has a battery charger and 2 new batteries still in their boxes. All enquiries to Sandi on 478 8190.



Library Notice

NOTICE FROM THE LIBRARY FAIRVIEW VILLAGE

Happy New Year to all!

We are in a position to accept Donated Books once again. Books, in good condition, published over the past two years only please.

"Good friends, good books, and a sleepy conscience: this is the ideal life."

Mark Twain

Gareth's Puzzle

Well, there has been a request for this to restart! So here we go. No prizes but the answer next week.

What connects the following:

The Channel Tunnel; The U.S. Space Program; A loom; Badminton

Good thinking - Gareth

Guess Who?



Can you guess who this Fairview resident is?

If you think you know who this is, pop your name and your guess on a piece of paper and place in the box at reception. Next week we will publish who the mystery resident is, and who guessed correctly.

We would love as many photos as we can to keep everyone guessing. Please send us a picture of yourself (teenage years onwards) to cherie.lesueur@fairviewvillage.co.nz or bring to reception with your name and we'll add a photo weekly in the newsletter.

We are repeating last week's mystery face as no one guessed correctly.

Volunteers Wanted

Volunteers Wanted

A call out to anyone who has a free morning or afternoon every week.

The Hospice Shop in Browns Bay is very short of volunteers and would appreciate any help.

Please phone the manager for details: Andie 479 7448 or 021 895 753

Extra services

Window Cleaning

Please take note that our contractor for window cleaning Washco will be in the Village until 20th January 2023. They will be cleaning all outside windows of villas and the Lodge.

Date	Building
11th January	Apartment Building
12th January	Apartment Building
13th January	Apartment Building
16th January	Villas 1 - 30
17th January	Villas 31 - 60
18th January	Villas 61 - 90
19th January	Villas 91 - 120
20th January	Villas 121 - 136 - Gardner Apartments

Internal window Requests

Villas 137 - 147

Requests to be made to reception and paid to WashCo staff

2 Bedroom Villa	\$60 \$80 \$35	
3 Bedroom Villa		
1 Bedroom Apartment		
2 Bedroom Apartment	\$40	

Bug Doctor

Hello again Fairview Lifestylers. Peter, that's me, the Bug Doctor will be treating villas and apartments from Wednesday 7th December onwards.

Last year I increased the base price structure which was the first increase in 7 years. Unfortunately, costs have gone a bit haywire in the last 12 months with fuel etc and this summer season there is an increase of \$5.00 per villa and apartment.

Villas \$115.00 and Apartments \$75.00. The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world.

For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbour. I've been in the village for at least 17-18 years and still have my customers on board.

Phone/text 021 244 5909. Cheers Peter

20th January



The last thing anyone wants to experience is a scam or fraud. Unfortunately, scams are constantly evolving and becoming increasingly sophisticated in today's world. They can also occur at any time.

At Heartland Bank, we encourage you to 'take a sec to check' before handing over your personal information or hard-earned money online or over the phone. Explore some safety tips to help you stay scam safe.

How to protect yourself

Check the website you're on

If you have doubts about the legitimacy of the website you're on, remove the website address and re-enter www.heartland.co.nz into your browser address bar.

Don't respond to requests for your personal information

We will never ask you for your internet banking password or Keep Safe questions and answers. If you receive a phone call, email or request for your password, contact your bank immediately.

Install anti-virus and anti-spyware tools

Ensure your antivirus is up-to-date. This helps increase the chances of detecting online threats.

Update your browser regularly

For compatibility and increased security we recommend that you use the latest version of your browser.

Create a safe password

The password you choose for internet banking should be different to any other passwords you use across the internet. You should also try and avoid passwords that can be easy for anyone to guess such as your street name or number or date of birth. We recommend creating a password with a mix of lowercase and uppercase letters, numbers and symbols.

Never share your password

Never disclose your password to anyone even if they say they're calling from Heartland Bank. If you think someone else may know your password we recommend you change it immediately.

Update your password regularly

We recommend you change your password every six months. It's easy to change your internet banking password at any time online. Simply log in to Internet Banking and choose the 'Change Password' option available by hovering over your name at the top right of the screen.

Ensure you log off after each session

This is especially important if you use internet banking at work or on a public computer.



Roasted Potatoes, Pumpkin & Kumara Spaghettini Green Goodness with

Dessert: Sweet Treat Sampler

Haloumi Croutons

COME AND BE ENTERTAINED BY JIM JOLL Book up to a table of 10 or put your name down with Cherie to share a table with others and get to know new friends at Fairview.



Are you Interested?

I am a local writer/director who will be filming a low-budget short film on Sunday 22nd January 2023 at Westfield Albany. It is a short film titled IT HAPPENS TO A LOT OF PEOPLE, about a pregnant woman. This is the short film version of what was originally an award-winning short stage play that I wrote in 2019. I need some senior extras to make a fuss of the pregnancy in a lift.

It is not a paid extra role, but if any of your senior community would be interested in helping us out for an hour on the Sunday morning of the 22nd Jan, then we would ensure their names were in the credits and that we got them a drink and something to eat as a thank you for coming along.

They would be needed from 9 a.m. to 10 a.m. and would be met on the lower floor of Westfield Albany outside the Baby City store. The store opens at 10 a.m., but we will be filming in the nearby lifts near JB Hi Fi and the bathrooms.

We need 4-6 seniors of any gender. They would be wearing their usual clothes, but the clothing needs to not have any labels/writing/checkered patterns as those can't be shown on screen. If anyone at your village is willing to participate, it would be great if they could contact me at tanya@snakefang.co.uk or text me on 021 234 3681 and then I can send them the call sheets with further details as soon as possible.

I hope that we get some seniors who want to get their names on a short film:) the film will go to Film Festivals around the world.

Tanya Wheeler

Tanya M. Wheeler Screenwriter/Producer Girl Viking Limited (Productions) NEW ZEALAND Resume on IMDB

tanya@snakefang.co.uk +64 9 444 2224 (Home) +64 2 1234 3681 (Mobile)

LAUGHTER LINES

Six One liners for Senior Moments:

- 1. I have an impressive bank of knowledge; but I can't remember the password.
- 2. Everything I can't find is in a totally secure place.
- 3. The reason I'm smiling is because I can't hear a word you are saying.
- 4. Money isn't everything but it sure keeps the kids in touch.
- 5. I intend to live forever; so far, so good.
- 6. Grandchildren.....the reward for not murdering your kids at an early age.

A pensioner drove his brand new BMW to 100mph, looking in his rear view mirror he saw a police car behind him. He floored to 140, then 150......then 155....... Suddenly he thought, "I'm too old for this nonsense." So he pulled over to the side of the road and waited for the police car to catch up with him. The officer walks up to him and looking at hi watch said, "Sir, my shift ends in ten minutes. Today is Friday and I am taking off for the weekend with my family. If you can give me a good reason for your speeding that I have never heard before......I'll let you go with a verbal warning." The pensioner looked at the policeman and in a serious tone said to him, "Years ago my wife ran off with a policeman, I thought you were bringing her back." The cop said "Have a good day sir," and walked back to his car.

When the publican spotted the little dog being brought into the pub he loudly declared it to be not allowed. "But you don't understand, said the little old man, "I'm blind, and that is my guide dog." "What?" roared the publican, "That's a Chihuahua." "Well I'll be blowed," said the little old man, "they told me it was a Labrador when I bought it."

One drover was surprised to see his mate playing poker with his sheepdog. "I knew Kelpies were intelligent, he said, but that one's a ripper." "Ar, he's not that good," drawled his mate, throwing down his hand, "Every time he gets a good hand he wags his tail."

The woman marched in to the doctor's surgery dragging her young son along by his ear. "Doc, I just want to ask you one question, can a boy of twelve take out his own appendix?" "Most certainly not madam," said the surgeon. She belted her son across the head. "Hear that, Nigel, now put it back at once!"

On the train Fred couldn't keep his eyes off the old bloke in the corner with one of his boots glued to his ear. He was listening with intense concentration. Fred's curiosity finally got the better of him, he leaned across and said "What's going on?" The old man motioned him to be silent and continued listening until Fred pulled the boot away and asked again. "If you must know," grunted the old man, "I'm listening to the Ashes test match." "Here, give me a go," said Fred snatching the boot and putting it to his ear. He listened for a while, "I can't hear a thing," he said. "Nah, and you won't either," grinned the old man, "they've just gone to tea!"

Harry was explaining to his mate at the bar that he had had yet another fight with his mother-inlaw. "But at least she came crawling to me on her hands and knees this time," he said. His mate was impressed, "Why, what did she say?" "Come out from under the bed you pathetic, snivelling little coward and I'll clobber you again!"

Then there was: **HE**: "Your meals are not like my mother used to make." **SHE**: "Well, your salary isn't like my father used to make either."

From the joke books of A. Nonny Muss

SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING JANUARY 2023

To assist residents to be informed of decisions made by the Residents' Committee below is a summary of matters following our meeting of the 10th January 2023. Full Minutes will be available in the library following the confirmation of the minutes at the next monthly meeting.

PRESENT: Alastair Glyn-Jones (Chair), Gordon Tasker, Andra Glyn-Jones, Wendy Johnstone, Averil Denvers, Mark Jennins, Angela Woolnough, Alison Leadley, Barbara Bailey Marika LaFlamme (later)

FINANCIAL POSITION

The balance in the account as at 9 January 2023 is \$1,905.63.

GENERAL

Reports from committee members were as follows:

<u>House and Grounds</u>: There is a continuation of the problems with street lights not working or hidden by foliage. The pothole in Margaret Drive is worsening. There is a leak with water oozing across the pathway at the Magnolia/Ngaio intersection. These concerns were discussed with Marika. A request was made for a stool to be placed at the 2nd floor lift as the 3rd floor stool seems to be continually shifted down a floor.

<u>Events and Entertainment</u>: The social committee are planning a dinner for the 23rd February. Sandie Jennins has booked Jim Joll for after dinner entertainment. An events calendar has been organised so that residents can avoid clashes when booking events or functions.

The Village Residents' Association constitution is currently being amended and updated in time for the general meeting in May. This constitution needs to be updated every three years and is well overdue.

Other concerns discussed with Marika included the need for a covering over the lodge side entrance and the need to have the fire evacuation system outlined and demonstrated. The subject of outsiders attending village functions was raised. The committee decided that if a resident wished to invite a non-resident to a dinner, then they should apply to the village manager. Marika said she was happy to review each case on a basis of one guest per person and given an adequate reason for the request. Everyone agreed that priority should be given to residents and that there should be a cap on numbers of 180.

The next meeting will be on Tuesday 14th February.

Strength and Balance

Monday 23 January at 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles – it is very important to keep your liquids up.

Tai Chi

Tuesday 24 January at 2.30pm – 2nd Floor Games Room

It would be so nice to have more of you join us for this calm, quiet 30 minutes of gentle movement led by our tutor Jo. The cost is \$2 per session, and we appreciate the assistance of the village committee in helping towards the cost.

Physiotherapist

Tuesday 24 January – Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell please phone him on 021 046 6777.

Beautician

Wednesday 25 January - Natalie is at the Village every Wednesday from 9.45am - 4.00pm and works from the Doctor's Room on the 3rd floor.

If you would like to make an appointment with Natalie, please phone her on 021 145 8542. A price list is available at Reception.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 26 January at 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Podiatrist

Thursday 26 January 9.00am to 12.00 noon – 3rd Floor Doctors Room If you would like an appointment to see Paul Hames, please contact Reception.

Doctor

Thursday 26 January – 2.00pm to 3.45pm – 3rd Floor Doctors Room Please contact Reception if you would like an appointment to see Dr Paul Hunter.

WEEKLY SCHEDULE

23 January – 29 January 2023

OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 23 Jan	Hair salon	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 24 Jan	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi	2.30pm	2 nd Floor Games Room
	Movie Group	7.15pm	Andre Rieu New Year's Eve Punch
Wed 25 Jan	Hair Salon	8.30am - 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Rummikub	1.00pm	3 rd Floor Games Room
	Fairview Singers	3.00pm	3 rd Floor Lounge
	Ball Drumming	On Hold	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 26 Jan	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
	Art Group	Resumes 2 nd February	3 rd Floor Sun Room
Fri 27 Jan	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Hair Salon	9.30am	3 rd Floor salon with Kim
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.30pm to 6.00pm	3 rd Floor Main Lounge
Sat 28 Jan	Croquet (Weather Permitting)	9.00am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 29 Jan	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Theme: Culinary Journey with Relish Café

23-29 January 2023

Bookings by 1pm (Phone 477 3957)

Small Meals \$15 – Large Meals \$17

\$2.00 Delivery Fee applies per Villa

Dinner Desserts also available at an extra \$3.50 per plate

Monday (Asian)

Sweet and Sour Pork, vegetable medley, savoury rice

Tuesday (Italian)

Chicken Parmesan in basil spaghetti pasta

Wednesday Roast

Roast Pork with brown mushroom gravy, peas and carrots & herbed boiled potato

Thursday (French-Canadian)

Beef Cassoulet w/ carrots, potato & peas, dinner rolls

Friday (KIWI classic)

Fish on Friday

Market Fish , Slaw and Fries

Saturday (United Kingdom)

Bangers and Mash, peas and onion gravy

Sunday Roast (Kiwi Classic)

Beef Roast & vegetable in classic gravy