

From the CFO's desk

Account Cards for use in the Village Restaurant

Today we are rolling out Village account cards to each residential unit in the village.

The purpose of the card is purely for convenience, so that residents can charge their restaurant/café purchases during the course of each calendar month to their own credit account. Simply give the card to the Café cashier and they will then swipe the card, much like an EFTPOS terminal.

We have set up an account for each Villa and Apartment in the café till system for this purpose. At the end of each month, a statement will be sent out to those residents who have purchased items in that month using the card. The total amount due will be payable by the 20th of the month following the statement date. Payment can be made either by direct debit, or by paying cash or EFTPOS at reception.

A till receipt will be issued to the resident at the time of purchase for you to later reconcile back to the statement. Please note there is one credit card sized card per unit.

It is important to note this is not a village wide credit card – it is only for use in the restaurant for the sole purpose of placing purchases onto your account.

Rest assured there is absolutely no obligation to use the card – purchases can still be paid with cash or EFTPOS. This is convenient method for making purchases now and paying for them later for those who wish to do so. There are no interest charges or fees involved.

If you have any questions at any stage, please refer to the letter in the envelope when it arrives for contact details.

Brett Noonan

From the Manager's Desk

Good afternoon everyone

I am looking forward to working with the Kitchen team tonight at 'The Last of the Summer Wine' function. I will be under the instructions of Chef Noris, hoping he won't make me cook! My partner Aaron does all the cooking at home (I'm lucky, he's not!). I am better at doing the dishes!

Morning Tea with the Manager

I am looking forward to meeting with apartment residents 311 - 325 on Friday 24 February. Next Friday 3rd March, I will be meeting with apartments' 401 – 409.

Loud Shirt Day / Lunch for a cause – Friday 24 February 11.30am

Loud Shirt Day is the national fundraising campaign for The Hearing House and the Southern Cochlear Implant Programme (SCIP) – the only two charities in NZ dedicated to helping adults and children with cochlear implants learn to listen and communicate.

Wear your best 'loud/colorful/fun' shirt and join us at Relish Café for a fundraising event where 50% of our proceeds will go towards those 2 charities. Our suppliers (Bidfood, Altura Coffee, French Meat, Gilmores) are also taking part in this, sending us free ingredients for the team to prepare our special lunch. Have a look at the flyer attached to this newsletter for more details and for booking details.

Gardening update

The team has been working hard at attending outstanding gardening requests. We would like to trial a new way of completing gardening cycles. This will allow us to focus on only one task weekly, and to be able to complete the whole village at once, rather than completing gardening cycles per streets. We have not trialled this before but we are enthusiastic to give it a go! Next week, the team will be focusing on hedging. If everything goes well, trimming will be following the next week.

Flood Relief Raffle

Like many of you, we have watched the devastation of the cyclone and flood victims and would like to help in some way. We are putting together a raffle basket, with 100% of the ticket sales going to organisations assisting in the relief of those flood affected. The raffle will be at reception from this Monday - \$3 per ticket and \$5 for 2 tickets.

Northern Corridor Improvements - Asphalt nightworks near us

Over recent weeks, asphalt crews have been working on SH18. They are now scheduled to recommence asphalt works on SH1 between Greville Rd and Oteha Valley Rd, on the southbound traffic lanes, beginning this Thursday night 23 February.

Work is scheduled to commence at Greville Rd and work north towards Oteha Valley Rd. This work could take up to two weeks to complete, weather permitting. At the conclusion of this phase, additional southbound traffic lanes will open between Oteha Valley Rd and Greville Rd southbound.

Employee of the month

Thank you to Kathy, our nurse, for her excellent management and resilience when we had the first heavy rain at the end of January. She stayed calm, was liaising with residents and reporting to management simultaneously. You can vote for any staff at any time, by simply letting us know verbally, or sending us an email.

Have a beautiful rest of the week, Marika

Nurses' Corner

Welcome back to our health and wellbeing newsletter. This week, we will focus on the importance of self-care and how it can help us to build resilience.

Self-Care - What is it and why does Benjamin think it's important?

Self-care refers to the actions we take to improve our physical, emotional, and mental well-being. It can include things like exercise, healthy eating, getting enough sleep, spending time in nature, practicing relaxation techniques, and engaging in hobbies and activities we enjoy. Self-care is crucial for building resilience because it helps us to recharge and renew our energy, reduce stress, and improve our overall sense of well-being.

Tips for Practicing Self-Care:

1. **Prioritize self-care:** Make self-care a priority in your daily routine. Set aside time each day to engage in activities that promote your well-being.
2. **Get enough sleep:** Aim for 7-9 hours of sleep each night to help you feel refreshed and energized.
3. **Move your body:** Engage in regular exercise or physical activity that you enjoy. This can help to boost your mood, reduce stress, and improve your overall health.
4. **Practice mindfulness:** Incorporate mindfulness practices, like deep breathing or meditation, into your daily routine to help reduce stress and improve focus.
5. **Engage in activities you enjoy:** Spend time doing hobbies or activities you enjoy. This can help you to feel more fulfilled and increase your overall sense of well-being.

By prioritizing self-care, we can continue to build our resilience and maintain our overall well-being during these challenging times.

Secondly, we have been having **a significant rise in the number of cases of COVID-19 cases in our community**, mentioned also in last weeks newsletter. As we continue to navigate the COVID-19 pandemic, it's important to continue to take sensible precautions to protect ourselves and others. This can include things like wearing a mask in public settings, practicing good hand hygiene, maintaining physical distance from others, and getting vaccinated. Please remember to contact the nurse on duty if you do have a positive test.

Influenza season is starting up soon, so we have organised for Nurse Sharon & Dr Paul to come in and administer our flu vaccines this year on the 13th of April 2023 from 2pm till 3.45pm. There are two different options available when considering the yearly influenza shot, firstly is the government funded for over 65's also known as the Alfluriaquad which is free, secondly there is the Fluadquad which offers more protection however is not government funded and does have a cost of \$45.00. We will begin the consenting process later in the month once the forms are ready.

We hope you find this information helpful as you focus on building your resilience and improving your overall well-being. If you have any questions or comments, please don't hesitate to reach out.

In other news, Maia, Duckie and I have officially moved to Takapuna! We are all enjoying the reduced commute times and much less traffic around the place.

Take care!

Benjamin Peattie – HOD Health & Wellbeing.

From the Chef's oven



Hi everyone!

February promotions

Kids eat for free for the last time this Saturday! One free kid's meal per one resident's order of at least \$10.

Every day after 2pm all cabinet food and counter food is half price.

Last week's functions

Check out the photos from our recent functions, it was a cocktail buffet for Mr & Mrs Jones' birthday party, including a selection of canapes and favorite club sandwiches, quiches and more.



Meet our staff:

Please join us in congratulating Brooklyn on her new role as our Cafe Team Leader – well done Brooklyn.

2 course meals on Valentine's Day

Thank you everyone for making it to our Valentine's Fine Dining dinner despite the crazy weather. It was a successful event.

Winner of feedback

Jillian & Lawrence - thank you for your ever positive feedback, it really helps us to keep going.

Cheers, Noris & the Relish Café team



Noris' recipe of the month

Air Fryer Chicken Teriyaki

Recipe: good for two

2 chicken breasts (butterfly)

2 tbsp brown sugar

1/4 cup kikomano soy sauce

1 tbsp sesame oil

Salt and pepper

1 tbsp of tomato sauce

100 mls sprite (Yes, you read it right, it has sprite, it helps the chicken to keep moist and tender)

Marinate overnight or 12hrs at least.

Method:

Spread chicken into air-fryer cook 180 degrees at 15minutes.

You will have remaining mix, add in 1 tsp corn flour dissolve in 1/2 cup water then bring to boil in a pan until it's thickened. This will become your sauce.

Place your cooked air fryer chicken into that pan of sauce, then let it sit for a minute to absorb the sauces.

Meanwhile, cook udon noodles according to packet instructions or just serve with your favourite green salad.

Sprinkle with cut dry seaweeds (nori sheets) and sesame seeds. (Optional)

From the Sales' desk

Next Tuesday, 28th February I will be holding an open home between 10.30 and 12.30 to showcase our beautiful apartments. If you know of anyone that may be interested in viewing these, please let them know the date and time.

Cheers,
Robyn.

Accounts Update

Electricity in the Apartments

Due to the increasing cost of power, we have made the decision to increase the daily kw price from 0.16 per kw to 0.19 per kw. This will come in to effect from 01.04.2023.

Thanks, Nicki

What's on this coming week and next



Movie Group

Tuesday 21 February – De-Lovely

In this entertaining musical, Cole Porter reviews his life and career with his wife Linda.

Starring – Kevin Kline and Ashley Judd.

All residents are very welcome to join us to enjoy a good movie every Tuesday evening at 7.15pm. You will find a brilliant picture on the large screen and the realistic sound will give you a real cinema experience without leaving the Village.

Peter Woolnough



Friday Night Raffle – 17 February 2023

Lovely to see so many of you again on Friday and to hear how happy everyone appeared to be, especially the winners.

The dwelling draw was undertaken by Trish Maunsell, thanks Trish and the winner was Cathy Lloyd, well done.

The main raffles were drawn by Viv Hood and the winners were:

Cathy Lloyd, Geraldine Mills, Patricia Jansen, Trish Maunsell, Monica Renwick, Clark Robbie, Priscilla Page, Sue Rudling, Ian Johnstone, Judy Jetten, Rosalie Hancy, Neville Turner, Robin Hood, Tony Stanaway, Nancy Naden, Earl Troughton, Don Gibbs, Helen Hunter, Alastair Glyn-Jones, Heather Petchell, Barrie Flint, Annette Cook and Tom Wilkinson.

Congratulations to all our winners and hope to see some of you back next week.

Daphne Markwick

Raffle Convenor – Tel: 478 9803



STARTING THIS WEEK

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QUIZ NIGHT -- Sunday 26 February 2023

The 2023 Quiz Night season begins this Sunday 26 February.

Quizzers no longer need be fully vaccinated. There is room for further teams, so come and join your fellow "inmates" and enjoy the first Quiz Night for 2023 at 6.45pm Sunday 26 February. It is great fun! Ideal team size is 6 – 8 members and extended family members are welcome to bolster your team if required.

The February topics are: **General Knowledge1, Where am I, Famous Quotations, Inventors, Scandals** and **General Knowledge2**. Get those computers working! If you don't wish to form a team, we can always find you a place in an existing one.

Do you know your scandals???

Have you read your scandal rags???

Do you know more scandals than our Quizmaster???



Outdoor Bowls

On Monday 27 February, Reserve Day 6 March, the bowlers plan to hold our third *Fairview Challenge Trophy Tournament*, which is sponsored by Fairview management. Last year Fairview were the winners so we will be trying to do the same this year. Seven Retirement villages have been invited to send 2 triples teams each, so along with our 2 teams there will be 16 teams altogether, a full green. We are hoping that the unusual weather we have had this year will be on our side this year.

These villages enjoyed their visit to us again last year, and there were many comments about the friendliness of the residents and the atmosphere in our village. We want to make their visit this year an enjoyable one as well. There will be 48 players taking part altogether, plus we have other Fairview bowlers who will be helping with the organization. We will be using part of the lounge at times during the day but there is still plenty of room for the residents.

Because of this event, some of the parking in our car park will be taken up by the visiting teams, so if you can possibly walk to the lodge that day, it would help. Otherwise, you may need to park in Margaret Drive that day.

The villages invited are Mayfair, Settlers, Knightsbridge, Greenwich Gardens, Poynton, Hibiscus Coast and Summerset Monterey. I know you will make them welcome.

Audrey Ansell
Bowls Convenor



Fairview Fellowship

Monday 27 February at 3pm
Venue: Movie Theatre 2nd Floor

Special presentation from C.B.A.
The Christian Broadcasting Association

All are warmly invited to hear the CEO sharing about the role and impact CBA have in New Zealand Radio. Learn how they are seeking to have the response of -

“Just what I needed to hear”
from their chat shows about faith, spirituality and “God stuff”.

Movie Theatre, 2nd Floor, 3pm.



John's Jaunt

March 2023

Wednesday 8th March – Shelly Beach Helensville. Lunch at café. Leaving at 10.30am.

Wednesday 22nd March – Mangawhai Heads. Leaving at 10am.

Other destinations on Wednesdays, possible on request.

John Gardner, phone 479 9318



Garden Club

Our next trip will be on Monday, 20 March, to ‘Touch of the Tropics’ garden centre in Whenuapai. Lunch, at a local cafe, will follow this. The bus will leave the Lodge at 10.30am.

If you are interested in booking a seat, on the bus, please ring Anne Pike: 475 6741

Residents' notices

Dear cocktail lovers

Thank you for coming to our party and for all the cards, prezzies and good wishes. We had a great time and a celebration we won't forget.

Thanks again

Andra and Alastair Glyn-Jones

Our Grateful Thanks

I know there have been other worthy collections in the past but this is the second time I have been approached and involved in supporting an urgent plea for help.

You have excelled with your spontaneous response.

Many years ago (2004) Niue Island was devastated by Cyclone Neta. My late son-in-law owned Status Exports and visited the Island regularly. He sent a container with a huge contribution from Fairview residents.

This time two teachers, whom I have known since they were youngsters, sought immediate help for their stricken friends and many others in their Taradale community and beyond. A Louvre Tech truck picked up a full load of labelled bags of linen and boxes of food you have donated today (Monday). These will be added to even more on a larger truck at their factory.

These teachers Billie and Dan will know where the need is.

I am sure we shall hear how your contributions have been distributed and how grateful recipients are.

I thank you all most sincerely for your generosity and kindness.

Bev Barnes

Apartment Garden Area

This past week has been most frustrating as I've been in isolation with Covid. However as they say every cloud has a silver lining and I've had contact with my regular gardening friends either via email or phone and it's been lovely, thank you to all. I had a good laugh at one guy asking if I had a waiting list for the enquiries regarding replacing Arthur - just shows we are all enjoying a good laugh despite the tragedy many parts of the country have experienced.

The terrible weather put an end to the Kowhai outside the gym so in total co-operation with Marika and the gardeners I paid for a lovely tall Cercis Canadensis (Forest pansy) tree and the gardeners delivered it from Mitre 10 and planted and staked it. With a good covering of mulch it should grow nicely to provide some shade when residents are sitting on the two Adirondack chairs my late husband built many years ago. Huge thanks Marika & Brody & Hugh.

Before being infected by Covid I sprinkled Nitraphoska Blue, sheep pellets & a good covering of mulch around the Feijoas and other parts of the garden I weed in that area so hope some fruit will develop later in the year.

As usual my Herbs are available to all residents. Anyone wanting a plot please contact me Barbara Bailey Apt. 321 phone 027-416-8945 **PS** in reply to one query I had the plots are for planting in - not burial! Oh I love the sense of humour in the Village 😊

Gareth's Puzzle

Last week's puzzle asked what the following are in English:

Poks, Riks, Raks ;Knap, Knoetter, Knak ;Pif, Paf, Pof ;Knisper, Knasper, Knusper

Well I'm sure you have poured milk on to you Ricies and listened to the Snap, Crackle and Pop! Well these are the sounds milk makes on Ricies in Finnish, Afrikaans, Dutch and German!!

This week - what do these items and weights have in common?

Sugar - 2.08kg, Vitamin C - 833grams, Nicotine - 3.5grams - Strychnine - 1.1grams

Happy puzzling

Guess Who?



Can you guess who this Fairview resident is?

If you think you know who this is, pop your name and your guess on a piece of paper and place in the box at reception. Next week we will publish who the mystery resident is, and who guessed correctly.

We would love as many photos as we can to keep everyone guessing. Please send us a picture of yourself (teenage years onwards) to cherie.lesueur@fairviewvillage.co.nz or bring to reception with your name and we'll add a photo weekly in the newsletter.

Last week's mystery face was Annette Gibson.

No one guessed correctly.

Extra Services

Bug Doctor

Hello again Fairview Lifestylers. Peter, that's me, the Bug Doctor will be treating villas and apartments from Wednesday 7th December onwards.

Last year I increased the base price structure which was the first increase in 7 years. Unfortunately, costs have gone a bit haywire in the last 12 months with fuel etc and this summer season there is an increase of \$5.00 per villa and apartment.

Villas \$115.00 and Apartments \$75.00. The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world.

For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbour. I've been in the village for at least 17-18 years and still have my customers on board.

Phone/text 021 244 5909. Cheers Peter

Message From The Library Committee

1. We are missing a book from the cupboard under the desk - it is Lee Child's latest book - 'No Plan B'. If you have it, kindly return it to the Library.

2. Just a reminder to fill in the Issue Book when taking any Library Books. And also please complete the slip at the back of the book. This enables the Committee to see what books are popular and those that are not - for our future purchasing.

It will also help you to find your place when you sign the book back in the Library.

Many thanks.

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counsellors, and the most patient of teachers."

Charles W. Eliot

Found

- A ladies black jacket with brown/black striped collar and bands on sleeves has been found on the bus. Possibly left behind after last weekend's trip to Settlers for Housie. Please see reception.
- A black drink bottle was found in the library, please see reception.

LAUGHTER LINES

One Liners:

1. Parents were invented to make children happy by giving them something to ignore.
2. There is a new tranquiliser out. It doesn't relax you, but boy, does it make you enjoy being tense.
3. If at first you don't succeed, you're probably not related to the boss.
4. Last year it was my doctor who put me on a diet, this year it is my accountant.
5. Basically my wife was immature, I'd be at home having a bath and she would come in and sink my boats – *Woody Allen*

In the town at the back of Bourke, there was a lad who had the reputation for not being very bright. People had fun with him by placing an AUS \$1 and an AUS\$2 coin in the open palm of his hand and asking him to take his pick of the two. In each case the boy would choose the \$1 and the crowd would laugh. A kind hearted lady asked him one day if he didn't know the difference between \$1 \$2 coins - that the \$2, though smaller, was worth more. "Sure, I know it," he replied "but they wouldn't try me out on it any more if I took the \$2.

A motorist was driving down a country lane when his car suddenly stopped. He got out and was checking the spark plugs when an old horse trotted up the road. "Better check the fuel line," and trotted on. The motorist was so frightened he ran to the nearest farmhouse and told the farmer what happened. "Was it an old horse with a floppy ear?" asked the farmer. "Yes, yes," said the frightened man. "Well don't pay any attention to him." replied the farmer. "He doesn't know much about cars, only tractors."

The club's best batsman was on the phone to the club captain trying to explain why he could not play the next day. "No, I can't let you off the game," said the captain, who was made of stern stuff. "If I did, then I would have to do the same to any other player whose wife dies."

He was the Mayor of the town , and a Justice of the Peace which meant he sat on the bench on court days.. He glared over his glasses at the tramp charged with vagrancy. "Have you ever earned a dollar in your life?" he sneered. "Yes, yer honour," answered the defendant. "It was a tenner, remember, for voting for you at the last elections."

The star recruit who had just been transferred to the Wellington Phoenix for an enormous sum was being interviewed on TV One. "You appear to be earning more money than the Prime Minister," said the interviewer. "Only fair," said the football star. "I play a lot better than he does."

A Russian reported to the police that his parrot was missing. The official took down his colour and description and asked: "Does the parrot talk?" "Yes, but any political opinions he expresses are strictly his own."

To celebrate their 100th anniversary the NZ Royal Corps of Signals, are now working on a very advanced project. They are trying to cross a carrier pigeon with a woodpecker so that it can knock on the door before delivering the message.

Finally: Definitions: **AROMATIC** – an automatic longbow. **CLIMATE** – the best thing to do with a ladder. **SONATA** – a song sung by Frank. **ABSENTEE** – a missing golf accessor
From the Joke books of A. Nonny Muss.

Final chance -March Fairview Bowls Event for residents who have never bowled and would like an easy event to try - must close for entries 24 th feb.

Every thing supplied – Its totally free, including a gentle lesson before the event.

-----cut-----

yes please,
I,d like to try

Name-----Ph-----Villa/apt-----

Hand to reception before 24th Feb Thank you

Ehquiries to Jim Bell At431 ph 0279214095

SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING FEBRUARY 2023

To assist residents to be informed of decisions made by the Residents' Committee below is a summary of matters following our meeting of the 14th February 2023. Full minutes will be available in the library following the confirmation of the minutes at the next monthly meeting.

PRESENT: Alastair Glyn-Jones (Chair), Andra Glyn-Jones, Wendy Johnstone, Averil Denvers, Mark Jennins, Angela Woolnough, Alison Leadley, Barbara Bailey

APOLOGIES: Gordon Tasker
Marika LaFlamme, Benjamin Peattie (later)

FINANCIAL POSITION

The balance in the account as at 13th February 2023 is \$1,885.33.

GENERAL

- There was concern about various areas of garden maintenance in the absence of a head gardener. These concerns included overgrown trees and shrubs and inappropriate planting. Several members of the committee volunteered to meet with the new head gardener, once appointed.
- Another concern raised was the on-going problem of leaks and floods. Mould is a huge health hazard. It was noted that work was being done to address these issues.
- The committee asked that there be clear signage when one of the lifts in the main building is not working.
- The times when children are allowed to use the pool were questioned. It was felt that some new residents might not be aware of the pool rules and that they need to be more prominently displayed. Most committee members were in favour of keeping the children's times as they are.
- Another meeting is being held on 24th February to update the constitution.

The next meeting will be on Tuesday 14th March.

Strength and Balance

Monday 27 February at 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Tai Chi

Tuesday 28 February at 2.30pm – 2nd Floor Games Room

It would be so nice to have more of you join us for this calm, quiet 30 minutes of gentle movement led by our tutor Jo. The cost is \$2 per session, and we appreciate the assistance of the village committee in helping towards the cost.

Physiotherapist

Tuesday 28 February – Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell please phone him on 021 046 6777.

Beautician

Wednesday 01 March- Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

BEAUTY SPECIALS

Give yourself and your skin a well deserved treat with this 1 hour pampering deluxe facial. Includes a relaxing 20min massage. Only \$70

Go on you deserve it 😊

Available Wednesday's 9.30am-4.30pm

Call Natalie on 021 1458542 to make your appointment.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 02 March at 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Podiatrist

Thursday 09 March 9.00am to 12.00 noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

Doctor

Thursday 09 March – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact Reception if you would like an appointment to see Dr Paul Hunter.

WEEKLY SCHEDULE

27 February to 05 March 2023

OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 27 Feb	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Fairview Bowling Trophy Tournament		
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 28 Feb	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi	2.30pm	2 nd Floor Games Room
	Movie Group	7.15pm	De-Lovely
Wed 01 Mar	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Rummikub	1.00pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 02 Mar	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
	Art Group	1.00pm	3 rd Floor Sun Room
Fri 03 Mar	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Hair Salon	9.30am	3 rd Floor salon with Kim
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 04 Mar	Croquet (Weather Permitting)	9.00am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 05 Mar	Outdoor Bowls	1.00pm	Assemble for 1.15pm start

Dinner Menu:

Theme: Culinary Journey with Relish Café

27 February to 5 March 2023

Bookings by 1pm (Phone 477 3957)

Small Meals \$15 – Large Meals \$17

\$2.00 Delivery Fee applies per Villa

Dinner Desserts also available at an extra \$4.00 per plate

Monday (Indian)

Butter Chicken with paratha & rice

Tuesday (Mexican)

Lamb Lasagne with Mexican garden salad

Wednesday Roast

Low and Slow Roast Beef Sirloin Slices on sourdough (ciabatta)

With Sauteed rosemary onion & mushrooms

Thursday (South American)

Southern Style Fried Chicken Wings (pcs 8 chicken nibbles)

Garden Salad & Chips

Friday (KIWI classic)

Fish on Friday

Battered Market Fish, Slaw and Fries

Saturday (Asian)

Honey and Soy Pork Chops on vermicelli noodle salad

Sunday Roast (Kiwi Classic)

Herb Roasted Chicken & vegetable in classic gravy