

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706

17 April – 23 April 2023

No. 266

From the Manager's Desk

Good afternoon everyone

I hope you all had a lovely easter weekend and have been enjoying your hot cross buns. As I didn't want Mia to eat too many chocolates, Aaron and I gladly volunteered to eat them. 😊

Village's Competition

We have been thinking of re-branding our Relish Café with a different name and we need your help! We would love for residents to bring us some great ideas. We will run the competition over the next 2 weeks, closing on 28th April at 5pm. The winner will win a \$100 prezzy card. You can email me or Cherie at reception to drop your suggestions.

Work on the bund between the motorway and the western boundary of the village

Ashdown Landscapes is completing the planting of the bund this week.

Brain Health Presentation by Benjamin Friday 14th April

Benjamin is holding a presentation on Brain Awareness tomorrow Friday 14th April at 2.30pm in the Lounge. Scones, cream and jam will be served complimentary. Please RSVP at reception.

Butterflies' beginnings Monday 17th April

Butterflies are a symbol of hope and joy, and perhaps they cast our minds back to simpler times. However, their numbers are in decline in New Zealand and they need our help. We are excited to invite you to come and meet the "Butterfly Lady," Jacqui Knight, of the Moths and Butterflies of New Zealand Trust. She will be visiting the village to share some of her knowledge from almost 40 years of dedication to their protection. Jacqui would love to meet you all and hear about your memories of butterflies – all special reasons why we must ensure their conservation for future generations. She will be visiting on Monday 17th April at 2pm in the Lodge. Please RSVP at reception. A light afternoon tea will be served, biscuits, tea, coffee. You can also read more about the Trust here: <https://www.nzbutterflies.org.nz/>

Open Day Tuesday 18th April

We will be holding an Open Day on Tuesday 18th April from 11.00 to 13.00. Thank you to our resident ambassadors once again.

Mobile Sharpening Service Tuesday 18th April

We will have a mobile sharpening service coming to the village on Tuesday 18th April at 11am. Payment will be made directly to the technician by either Eftpos or cash. Please contact reception if you would like to book. The technician will be based near the gardeners' shed.

- Secateurs, loppers, shears, spades etc. \$10 each
- Kitchen knives Small \$4 each / Large \$8 each

Road marking

Following the repairs of the asphalt around the Village, we have booked our contractor to re-do the road marking in the Village. They will be here on Wednesday 19th April to start with water blasting of the asphalt and then will be back on Thursday 20th April for the painting of the markings.

Staff updates

Happy birthday to Catharina, our Nurse on Saturday 15th April.

Have a lovely weekend!

Marika

Mia enjoying one of many chocolate eggs she found during her Easter Egg Hunt.





Nurses' Corner

Dear Residents,

Welcome back to another weekly health and wellbeing newsletter! This week, we are focusing on maintaining a healthy diet as you age. As we get older, our nutritional needs change, and it becomes more important to pay attention to what we eat to maintain good health.

Here are some tips to help you maintain a healthy diet:

1. **Eat a variety of foods:** Make sure to include a variety of fruits, vegetables, whole grains, lean proteins, and healthy fats in your diet. This will help ensure that you get all the nutrients you need to stay healthy.
2. **Watch your portion sizes:** As we age, our metabolism slows down, and we may not need as many calories as we used to. Be mindful of your portion sizes and aim to eat smaller, more frequent meals throughout the day.
3. **Stay hydrated:** Drinking enough water is important for overall health, and it becomes even more important as we age. Aim to drink at least 8 cups of water per day unless otherwise advised by your GP.
4. **Limit processed foods:** Processed foods are often high in sodium, added sugars, and unhealthy fats, which can be harmful to your health. Try to limit your intake of processed foods and instead focus on whole, nutrient-dense foods.
5. **Get your vitamins and minerals:** As we age, it can be harder to get all the vitamins and minerals we need from our diet alone. Consider taking a multivitamin or talking to your healthcare provider about supplements that may be beneficial for you.

Remember that maintaining a healthy diet is important for overall health and wellbeing. Small changes to your diet can make a big difference in how you feel and your ability to enjoy your daily activities.

Be prepared for lots of important dates to follow:

I will be doing a presentation on **Friday 14th of April 2023 at 2.30pm**. Thank you to all who have already RSVP'd to Cherie. The presentation will be on last month's focus for our newsletter which was brain health. This week, we are focusing on exercises that can help improve mobility, flexibility, and strength.

On the **21st of April 2023 at 11am** we will also be having the wonderful team from Specsavers coming in to talk to us about protecting our ear and eye health so come along if you're interested in finding ways to protect your eyesight and ears going into the future!

Winifred Henderson is Community Development Manager and Educator at Dementia Auckland. She has agreed to come in and give a one-and-a-half-hour presentation on Dementia for our Residents on **Monday the 8th of May 2023 at 11am**.

Covid-19 Vaccinations will be done by the wonderful team at Northcross Pharmacy on the **20th of April 2023**. It will be done in the Level 2 Lounge area. Vaccinations will begin at 0930. Please RSVP to Cherie by the **19th of April 2023** to book your time slot for a fast and efficient day. **Please be also aware that current guidelines mean we cannot vaccinate anyone who has had either COVID-19 or a COVID-19 Vaccination in the last 6 months.** To check eligibility log into your My Covid Record at <https://mycovidrecord.health.nz>

As always, any questions come see me for further guidance.

In other news, last weekend my wonderful girlfriend Maia and I went for a swim with our dog Duckie. It was Duckies first ever swim and it's safe to say he took to it like a duck to water.

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706



From the Chef's oven

Hi everyone!

Meet the staff

Meet Amy – she just started a month ago and she is one of our Baristas and all-round kitchen assistant. She is very hardworking, cheerful, and always has a lovely smile on her face. She helped with the hot cross bun deliveries last week wearing a bunny costume. She also prepares and bakes our homemade pies. Please come and say hi.



Additional alternative dinner meals

We listened to your feedback and that you want more alternative dinner meals, so this week we will have an additional selection on our Dinner Menu, and you can buy this at any time. Better be quick, it won't last long. We only prepare limited batches. ☺

Braised Lamb Shank with roasted vegetables & mashed potato – \$19 per tin foil - for a limited time

Fish Pie with salmon and kahawai (like we served for St Patrick's) - \$15 per tin foil

Beef Lasagna - \$15 per tin foil.

Spaghetti Bolognese - \$10 per tin foil



Check out last week's events

- We catered for Bennie Gunn's High Tea birthday celebration.
- Our cruise style Pre-Easter Brunch Buffet with an omelet station and carvery.
- Easter Bunny hot cross bun deliveries.



Feedback Winner

Thank you for your feedback Diane (Villa 123), and we will try your recipe one day.

Anzac Day Special Dinner Menu

Check out our ANZAC dinner menu at the end of this newsletter for Tuesday 18th April at 6pm. Please book your seat and pay at reception by Friday 21st April.

Cheers

Chef Noris & the Relish Café team

What's on this coming week and next



Movie Group

Tuesday 18th April – Top Gun

The exciting life of a United States elite fighter pilot in training.
Starring – Tom Cruise and Kelly McGills.

Every week we endeavour to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



Friday Night Raffle

I hope everyone had a great Easter. After a break for Good Friday, the raffle will be back on this Friday. We look forward to seeing you all there. Please try to remember to wear your badges as there are still many residents whose names I am not familiar with.

Diane Brown

Raffle Convenor - Tel: 478 3581



Outdoor Bowls Notice of AGM

The AGM of Fairview Bowlers will be held on Tuesday 18 April 2023 at approximately 3:15 p.m. after bowls in the lounge. If wet, meet at 3 p.m.



Garden Club

If you are interested in going to the Parnel Wintergarden and afterwards to a Cafe for lunch.

Date: Wednesday 19th April.

Bus leaves at 10.30am.

Phone Anne Pike 475 6741.



East Coast Bays Catholic Parish – Friday 21st April

Our Liturgy Service for this month will be held in the Sun Room, 3rd Floor on Friday 21st April 2023 at 11.00am. Holy Mass will be celebrated by one of the priests of our parish.

In recent times, we have indeed been very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship. For further information, please contact Natalie Turner (Ph: 479 9527).



John's Jaunts

Wednesday 26 April – A trip out to Westgate new shops via the new North West motorway. Leaving at 1.30pm and returning at 3.30pm.

Call John on 479 9318 to book.



QUIZ NIGHT -- Sunday 30th April

We await The Palms choice of topic for April Quiz Night on the 30th April has five Sundays.

The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter.

There is room for further teams, so come and join your fellow “inmates” and enjoy Quiz Night at 6.45pm Sunday 30 April. It is great fun! Ideal team size is 6 – 8 members and extended family members are welcome to bolster your team if required.

If you don't wish to form a team, we can always find you a place in an existing one.

Questions vary from very simple to almost impossible but entertainment and fun are the order of the evening.

Sample questions from the March Quiz:

What was the Italian Dictator Mussolini's given name?

What was Bob Hope's theme song?

Tony Stanaway

NOTICE OF AGM

The AGM of Fairview Bowlers will be held on Tuesday 18 April 2023 at approximately 3:15 p.m. after bowls in the lounge. If wet, meet at 3 p.m.

AGM Agenda

- Welcome by Chairperson
- Apologies
- Confirmation of Minutes from previous AGM
- Matters Arising
- Correspondence
- Convenor's Annual Report
- Treasurer's Report and presentation of Financial statement
- Election of Office bearers/Committee
- General Business
- Close of Meeting

Residents' Notices

Village Residents' Association AGM

The Village Residents Association AGM for 2022/23 will be held on 4th May 2023. This is a call for any Notice of Motions to be considered at the AGM to be deposited with the Secretary - Wendy Johnstone (Villa 140A). The deadline for this is 13th April 2023.

Apartment Gardens

If anyone is interested in growing your own **Aloe** plant so you can cut a leaf and use on any skin problems - from sunburn to spots - do let me know. Free. The usual herbs in the garden are still available plus Oregano. Mint, Chives, Bay leaves, Sage, Rosemary, Thyme, Parsley welcome to pick your own.

Anyone in the Apartments wanting a plot please phone me: Barbara Bailey 027-416-8945

Rinnai Gas Fire Service

Exclusive Fairview Village Offer – Monday 1st May 2023

(must be a minimum of 10 appliances serviced at the village on the same day)

Rinnai Flame Fire Service & Gas Safety Certificate (parts additional)	\$209.00+GST (reduced from \$241.00+GST)
Rinnai INFINITY Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)
Rinnai Convector Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)

Service Includes:

- Complete strip down of appliance
- Cleaning of fan/s
- Cleaning of burners and combustion chamber
- Adjustment of ignition and flame rods
- Reassembling and re-commissioning
- Recalibration of gas valve
- Testing operation; and
- Issuing a Gas Safety Certificate

Please note that any parts would be an additional cost. Servicing a gas fire often includes the replacement of some parts - we have listed some examples below.

Pilot \$68.00+GST (recommended at each service - some fires have two pilots)

Glass seal \$52.50+GST (sometimes)

Paint \$27.50+GST (sometimes)

If you would like to book a service, please phone reception.

Scam - NZTA

This scam, email or text, tells you that you have an overdue invoice to pay for 'past tolls' and includes an attached invoice.

From: Collections Manager <collections@nzta-collections.nz>

Sent: Thursday, 2 April 2020 9:42 am

To:

Subject: Notice to Appear - Past Due

Hello

Please find the attached invoice for past due tolls that have been charged to your account. Failure to pay will result in a summons for court appearance within 30 days.

Use the attached file to pay invoice here.

Regards,

Collections Manager
NZTransport Collections Inc.

Not from
@nzta.govt.nz

We don't attach
invoices to our
automated tolling
emails

Gareth's Puzzle

Last week's question asked what these three have in common, and add a fourth similar item. Oscar the Grouch's Trash Can, Mary Poppins' Carpet Bag, Snoopy's Kennel. And the answer is: they are all bigger on the inside than the outside. And the other item is thus Dr. Who's Tardis.

This week, what comes fourth and why?

Edward 14.3% , George 20%, Edward 12.5% ????????

FAIRVIEW VILLAGE LIBRARY - LATEST BOOKS

NEW BOOKS

Daughters of Victory by Gabriella Saab - A brilliant novel spanning from the Russian Revolution to the Nazi occupation of the Soviet Union and following two unforgettable women...their fates intertwined by ties of family and interrupted by the tragedy of war.

The Garnet Girls by Georgina Moore - A powerful, big-hearted debut of love, sisterhood and what it means to be home - warm, joyful and tender. Georgina Moore was chosen by Observer as One of the Ten Best New Novelists for 2023

Dead of Night by Simon Scarrow - A Chilling new Thriller. After Germany's invasion of Poland, the world is holding its breath and hoping for peace. At home, the Nazi Party's hold on power is absolute.

Love Untold by Ruth Jones - is about mothers and daughters and the complex bond between them. It's about the heartache that comes from leaving things unsaid and the power of true forgiveness.

Shrines of Gaiety by Kate Atkinson - A novel that transports us to a restless London in the wake of the Great War—a city bursting with money, glamour, and corruption—in this spellbinding tale of seduction and betrayal.

The Italian Daughter by Soraya Lane - An absolutely unputdownable and stunning page-turner (The Lost Daughters Book 1) by this New Zealand author.

DONATED BOOKS

No Plan B by Lee Child - One tragic event. Two witnesses. Two conflicting accounts. One witness sees a woman throw herself in front of a bus - clearly suicide. The other witness is Jack Reacher. And he sees what really happened - a man in grey hoodie and jeans, swift and silent as a shadow, pushed the victim to her death, before grabbing her bag and sauntering away.

The Binding by Brigid Collins - If you have something you want to forget, or a secret to hide, he can bind it – and you will never have to remember the pain it caused. In a vault under his mentor's workshop, row upon row of books – and secrets – are meticulously stored and recorded. Then one day Emmett makes an astonishing discovery: one of the volumes has his name on it.

Gabriels Bay by - Quite possibly a blend of the author's own favourite small beachside New Zealand towns, the fictional Gabriel's Bay harbours the sort of quirky, complex and warmly human characters who tell their own story in their own clearly distinguishable voices, which is quite an art in itself.

Tulips for Breakfast by Catherine Bauer - *Tulips for Breakfast* is set in Amsterdam during the Second World War, from the arrival of the German army to liberation. A book about the importance of hope, friendship, loyalty, being smart, staying alive, being strong, reliable and courageous even under the toughest possible conditions where your mistake or your cowardice could cost the lives of others.

LAUGHTER LINES

One Liners:

- a. Companies are bragging about making plants taste like meat – cows have been doing that forever!
- b. Every loaf of bread is a tragic story of a group of grains that could have become whiskey, but didn't.
- c. My friend told me he wouldn't eat beef tongue because it came out of a cow's mouth. So I cooked him a couple of eggs instead.
- d. I woke up this morning determined to drink less, eat right and exercise..... but that was 4 hours ago... when I was younger and full of hope.
- e. We live in a time where intelligent people are being silenced so that stupid people won't be offended.

1. The Uilleann Pipe is a fearsome and unusual Irish musical instrument, similar to the bagpipes.. The player has a bellows under his arm which he moves in and out to fill the bag. Roughly speaking, you would imagine he was wrestling with an octopus in its last death agonies. The English visitor had listened with fascination to a performance on one of them. "I say," he asked the player, "would you mind playing *The Rose of Tralee* for me?" "What, again." said the indignant musician.

2. The old couple sat on the porch, as they had for many years. "I was just thinking," said the old lady, "we've had such a grand life together, but sooner or later one of us will pass on." "Yes, but don't worry about that now," he said. "Well I was just thinking," she said "when it does happen, I'd like to go and live in Queensland."

3. The scene was at a selection board at a military training camp somewhere south of the Bombays. Each trainee was brought in before the assembled officers and asked what trade or branch of the Army he would like to join. Next in was a pimply-faced, nerdish looking youth with glasses. "Now my man," said the Officer-in-Charge, "what would you like to be?" "A Brigadier-General," said the youth. The officer exploded with apoplexy. "Are you crazy?" he shouted. "Sorry," said the youth, "I didn't know that was a pre-requisite."

4. After only three weeks they had their first quarrel. The groom was coming off worst until he brought his bride's family into the argument. "Your father is an old drunkard," he shouted. "Your mother is a nagger, and your brother is an idle layabout." "Can't you say just one decent thing about my family?" she asked sarcastically. "Yes, just one," he replied. "They were all opposed to our marriage."

Daffynitions: **ADORN**, what comes after the darkest hour. **BIGOTRY**, an American redwood. **BOOKCASE**, litigation about a novel that ensures wide sales. **GERIATRIC**, a German cricketer who takes a hat trick. **HUMBUG**, a singing cockroach. **SAGE**, a bloke who knows his onions. **GLOAT**, a horned farm animal. **FODDER**, the male parent. **FORCEPS**, two biceps.

HE thought a teetotaller was a score keeper at golf. **SHE** thought a meadow lark was a frolic in the paddock. **HE** thought Joan of Arc was Noah's wife. **SHE** thought an aperitif was part of a set of dentures. **HE** thought grammar was the one who married his grandpa. **HE** thought a crowbar was where the girls hung out for a drink. **SHE** thought blue serge was a sad Russian.

From the joke books of A. Nonny Muss

Anzac Day 25th April 2023

Buffet Dinner \$30 per head
Please book & pay at Reception

Medals:

If you have your own or Family Medals,
please wear them as set out below.
Your Own - Wear on the left lapel or left chest
Family - Wear on the right lapel or right chest

Dress:

Formal (Women)
Jacket & Tie (Men)

Please be seated by 5.45pm

All residents are welcome to attend the service.
even if not staying for dinner, but we ask that you
do not sit in a reserved table spot.

ANZAC DAY - 25TH APRIL 2023

Order of Service

- 5.45 PM Please be seated
- 5.50 PM Alastair Glyn-Jones
Chairman of the Fairview Village Residents Association
- 5.55 PM THE LIGHTING OF THE
REMEMBRANCE CANDLE
- 6.00 PM THE ODE Barrie Flint
LAST POST Bugler: Roger Watson
1 Minute silence
THE ROUSE Roger Watson
REMEMBRANCE SONG
GUEST SPEAKER T.B.A
- 6.30PM DINNER IS SERVED

FAIRVIEW LIFESTYLE VILLAGE RESIDENTS' ASSOCIATION INCORPORATED

ANNUAL GENERAL MEETING

The Residents' Association Annual General Meeting is to be held on Thursday 4th May 2023 at 10.30am in the 3rd floor lounge.

Nominations for the Committee (either for Chairperson or Member) close on the 27th April 2023 at 12 noon.

The nomination sheet will be on the main notice board from 4th April.

The Committee meets once a month to conduct the Association's business. Reports are considered regarding the various aspects and facilities in the village; liaison with the Village Manager and consideration of requests for financial support from Village activities groups are an important part of the Committee's role.

Any Notice of Motion for the AGM to consider must be with the Secretary by 13th April 2023, signed by both the Proposer and the Secunder to be valid.

Wendy Johnstone
Secretary

21 Mar 2023

FAIRVIEW LIFESTYLE VILLAGE RESIDENTS ASSOCIATION

Motion for Annual General Meeting

It is proposed that the current constitution of the Fairview Lifestyle Village Residents Association (identified as amended 7th May 2020) be replaced by a new version (identified as amended 12/4/23). The constitution requires that a review is conducted every three years.

Proposed changes are summarized below, but a full version of the proposal is available from the Secretary on request. In addition all residents will receive a copy of the proposed amended document in the AGM information pack 14 days prior to the meeting.

Proposed: Alastair Glyn-Jones

Seconded: Andra Glyn-Jones

1. Paragraph numbering and references are edited to be a single list style.
2. Positions on the Committee have been edited to be gender neutral (e.g. chairperson for chairman) and the title of President, (as previously applied to the Chairperson) has been removed.
3. The duty of the Vice Chairperson is defined.
4. The requirement for the Bar Liaison Person to be the Vice Chairperson has been removed. The position may now be filled by any Committee member.
5. The powers of the Committee to adjust the membership of the Bar Committee have been clarified, and the requirement for a financial summary of bar activities has been added.
6. The responsibility for generating an agenda for the monthly meeting of the Committee has been allocated to the Chairperson.
7. The requirement to form a Finance Sub-Committee has been removed. The changes to the setting of villagers annual levies has rendered the function of this Sub-Committee obsolete. The Treasurer performs all necessary financial work for the Committee.
8. The requirement for the Welfare and Welcoming Sub-Committee to allocate "buddies" to new residents has been removed.
9. The requirement for a common seal for the Society has been removed.

Strength and Balance

Monday 17 April at 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Tai Chi – (TO BE CONFIRMED)

Tuesday 18 April at 2.30pm – 2nd Floor Games Room

It would be so nice to have more of you join us for this calm, quiet 30 minutes of gentle movement led by our tutor Jo. The cost is \$2 per session, and we appreciate the assistance of the village committee in helping towards the cost.

Physiotherapist

Tuesday 18 April– Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 19 April- Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

A 45min rejuvenating facial. Only \$40

A 20min massage for your neck and shoulders. Only \$25

Available Wednesdays with Natalie until 31st May Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 20 April at 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Podiatrist

Thursday 20 April 9.00am to 12.00 noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

Doctor

Thursday 27 April – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact Reception if you would like an appointment to see Dr Paul Hunter.

WEEKLY SCHEDULE

17 April to 23 April 2023

OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 17 April	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 18 April	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Croquet (Weather Permitting)	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi (TO BE CONFIRMED)	2.30pm	2 nd Floor Games Room
	AGM Outdoor Bowls	3.15pm	3 rd Floor Lounge
	Movie Group	7.15pm	Top Gun
Wed 19 April	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Rummikub	1.00pm	3 rd Floor Games Room
	Fairview Singers Rehearsal – L2 Theatre	3.00pm	2 nd Floor Theatre
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 20 April	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (Weather Permitting)	9.30am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
	Art Group	1.00pm	3 rd Floor Sun Room
Fri 21 April	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Hair Salon	9.30am	3 rd Floor salon with Kim
	Catholic Liturgy	11.00am	3 rd Floor Sun Room
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 22 April	Croquet (Weather Permitting)	9.30am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
	Fairview Singers on stage rehearsal	7.00pm	3 rd Floor Lounge
Sun 23 April	Outdoor Bowls	1.00pm	Assemble for 1.15pm start

Dinner Menu

Monday 17th to Sunday 23rd April 2023

Bookings by 1pm (Phone 477 3957)

Small Meals \$17 – Large Meals \$19 - \$2.00 Delivery Fee

Monday (Beef)

French style beef and sausage cassoulet with carrots, potatoes, mushrooms, wilted spinach

Tuesday (Pork)

Italian style- Grilled Pork Chop, edamame & pea risotto, parmesan cheese

Wednesday Roast (Chicken)

Butterfly Chicken, brown mushroom gravy, steamed vegetables, roast pumpkin

Thursday (Beef)

Corned beef with gravy, maple glazed carrots, broccoli gratin & mashed potato

Fish Friday (KIWI classic)

Market Fish, slaw and fries

Saturday (Lamb)

Indian style mild Lamb Curry, tomato cream sauce, Rice, Roti, Garden Salad

Sunday Roast (Pork)

Crispy Pork Belly, apple sauce, grilled courgettes, glazed carrots & roast potato

Optional Takeaway Dinner Menu – Served in foil tin, limited batched weekly

Beef Lasagne \$15

Braised lamb shank & mashed potato \$19

Smoked Fish Pie \$15

Spaghetti Bolognese \$10 tin foil

Add a small tub of green for \$2



Anzac Dinner Buffet

Tuesday 25th April at 6pm
\$30.00

Your choice of Mains

Pan Seared Chicken (GF/DF)

Marinated chicken breast in BBQ sauce

Pulled Roast Lamb (GF/DF)

6 hours roasted pulled herb lamb leg with red wine jus

HOT SIDES

Penne pasta in basil & parmesan

Roasted herb pumpkin, carrots & potatoes GF/DF/V

COLD SIDES

Raw beetroot & spinach salad GF/DF/V

Wild rocket, feta & chickpea salad GF

Plated Dessert

Warm bread and butter pudding served with custard,
cracked Anzac biscuits & berry coulis

Please book and pay at reception by Friday 21st April