

The Village News

From the Manager's Desk

Good afternoon everyone, another week gone by! Enjoy the reading this week.

Work on the bund between the motorway and the western boundary of the village

Ashdown Landscapes has completed their work this week with the planting of the remaining plants.

Butterfly Lady presentation – Thank you

Thank you to the residents who attended the presentation from Jacqui Knight, of the Moths and Butterflies of New Zealand Trust. Following her visit, we would love to support a group of residents interested in working collectively to protect the butterflies here at Fairview. If you are interested, please contact Marika for a chat.

Open Day – Thank you

Thank you to our ambassadors for your help once again on our Open Day on Tuesday 18th April. It was a busy day and we had 14 groups of people coming through our doors to get more information on our Village. We were very happy with the success of our Open Day.

Relish Café – Competition cancelled

Thank you to residents who emailed us their name suggestions for our Café and thank you to residents who also shared with us that they like our “Relish” Café. Following that feedback, we have decided to remain with our current name and not go ahead with the Competition. We apologise if we have caused any concern.

Specsavers' Presentation – Friday 21st April

Benjamin has organised Specsavers to give a presentation in the Lodge on Friday 21st April at 11am. Please RSVP at reception. More details in Benjamin's section.

Road marking – Monday 24th April

Our contractor re-doing the road marking in the Village started the water blasting yesterday Wednesday 19th April but due to equipment failure, had to postpone the painting part of their work. This will take place on Monday 24th April from 8am. Our contractor will start with the back of the Village where the motorhomes are parked. We have organised for the motorhomes to park temporarily in Ash Avenue from 8am to 11am. They will then complete the parking area outside Villas 3,4,5, followed by the parking at the front of the Village by the bowling green. Apologies for the inconvenience.

Croquet lawn maintenance – Monday 24th April

This work was due to start this week but was postponed. Our contractor will now start the maintenance on our croquet lawn from Monday 24th April. The area will be closed. We are sorry for the inconvenience.

ANZAC Day - Tuesday 25th April

Our team will not be working on this public holiday, except the Nurse on Duty and Café team as usual. The main front doors will be locked, don't forget your swipe on that day. The shopping bus is also cancelled.

Emergency Preparedness Presentation Monday 1st May 2pm

We will be holding an Emergency Preparedness Presentation, with the participation of our Fire Consultant Paul Walters in the Lounge on Monday 1st May at 2pm. This presentation is addressed to villa and apartment residents and will cover different emergency scenarios. Please RSVP.

Staff Updates

Happy birthday to Cherie, our amazing receptionist, on Friday 21st April.

We have our monthly staff meeting next Wednesday 26th April. You are welcome to send us your vote for the Employee of the Month.

Farewell to Brody, our cheerful gardener, who will be starting an electrical apprenticeship. All the best Brody and thank you for your hard work at Fairview. His last day will be Friday 28th April.

After Hours Visitor Entry at Main Gate – A reminder

Just a reminder how to access the visitors' entry using the gate phone. The gate phone is in the central plinth on the driver's side of the entryway. The driver of the vehicle carries out the instructions by the phone which rings the resident by phoning the residents villa' or apartment number, prefixed by the figure "0" to make up a three-digit group;

Villa 103 = V103
Villa 9 = V009
Villa 61 = V061

Apartment 402 = A402,
Townhouse 140A = T140A.

Once the resident has verified the authenticity of their visitor, the resident presses "9" on the home phone keypad and hangs up and the entry gate will open.

Have a good weekend everyone!

Marika

*Thank you to the residents
for the beautiful ANZAC display
at the entrance of the Lounge*





Nurses' Corner

Dear Fairview Lifestyle Village residents,

Welcome back to our weekly health and wellbeing newsletter! This week, we are focusing on the benefits of different types of physical activities. Regular physical activity is important for maintaining good health and wellbeing, and there are many different types of activities that can help keep you fit and healthy.

Here are some of the benefits of different types of physical activities:

1. **Aerobic exercise:** Aerobic exercise, such as walking, jogging, or cycling, is great for improving cardiovascular health and endurance. It can also help reduce the risk of chronic conditions such as heart disease, stroke, and diabetes.
2. **Strength training:** Strength training, such as light weightlifting or resistance band exercises, can help improve muscle mass and bone density. This can be particularly important for older adults, as it can help reduce the risk of falls and fractures.
3. **Balance exercises:** Balance exercises, such as standing on one leg or yoga, can help improve balance and reduce the risk of falls. This is particularly important for older adults, as falls can be a major cause of injury.
4. **Flexibility exercises:** Flexibility exercises, such as stretching or yoga, can help improve range of motion and reduce the risk of injury. They can also help improve posture and reduce muscle stiffness.

Remember, it's important to find physical activities that you enjoy and that work for you. You may want to try a variety of different activities to find what works best for you and your lifestyle.

Be sure to mark your calendars for the following important dates:

- The wonderful team from Specsavers will be coming in to talk to us about eye and ear health. They will also be bringing in some cupcakes for those who attend on Friday, 21st of April 2023 at 11am in the Level 3 Lounge.
- Dementia presentation by Winifred Henderson on Monday, 8th of May 2023 at 11am in the Level 3 Lounge.
- A bullying presentation by Benjamin on Friday, 19th of May 2023 at 2pm in the Level 3 Lounge.

Lastly, as I am reasonably new to Auckland and haven't been much further north, I am looking for suggestions of places to visit while on holiday later this year. I am planning on going for around one week in a campervan with Maia and Duckie. If you have any suggestions, I welcome them to the suggestions box which will be on the front desk.

We hope you found this information helpful, and I look forward to seeing your suggestions over the coming weeks of places to visit while tiki-touring around up north. Stay tuned for more health and wellbeing tips in next week's newsletter.

Best regards,

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706.



From the Chef's oven

Hi everyone!

Meet our staff

Meet Star! She has just recently joined our team as our Commis Chef (Junior Chef). She assists and relieves both our Chefs in the care station (Vicky) and café/dinner station (Pong). She is an all-rounder super STAR. Please come and say hi.



Last week's most popular dinner and alternative meals this week

The most popular dinner was our roast chicken with gravy, mashed potato, and steamed vegetables. Remember to book your favorite dinner meals quickly as they are selling fast. Please ring the café for new options as our Chef's are making new items if items are sold out, e.g. beef casserole, rice topping, vegetarian lasagna. All of those options are served in tinfoil container. Better be quick 😊

Favorite Café Menu

Fisherman's Plate! This seafood meal is always a hit at Relish Café, it's your favorite calamari as well as fish and chips served in one plate, with a garden salad. For our vegetarians residents and visitors, we now have a vegan breakfast. It's a plate of grilled mushrooms and tomato, wilted spinach, beetroot and falafel, served with ciabatta.



Feedback Winner

Thank you Daniele Montour from Villa 81 for your wonderful feedback and we're happy that you are enjoying the choice of dinner meals.

Anzac Day Special Dinner Menu

Please book your table at reception. We will give vouchers to the best dressed residents, come in your best formal attire!

Kings Coronation Day

Please mark your calendar for the 4th of May – full details will be in next week's newsletter.

Cheers, Chef Noris & the Relish Café team

What's on this coming week and next



Movie Group

Tuesday Movie for April 25th cancelled due to ANZAC DAY DINNER



Friday Night Raffle – 14 April 2023

It was good to see you all again after the Easter break.

The dwelling draw was undertaken by Neville Turner and the winner was Daphne Markwick. Congratulations Daphne.

There was a special draw of a huge chocolate easter bunny which was won by Lorraine Dale.

The main raffles were drawn by Lorraine Dale and the winners were:

Colleen Leonard, Judy Walker, Annette Cook, Paula Turner, Don Gibbs x 2, Heather Petchell x 2, Shirley Hughes, Elaine McClintock, Warren Brown, Neville Turner, Lois Hadfield, Pam Glaum, Luella Jacobson, Patrick Knell, Rosalie Hancy, Gisela Taylor.

Congratulations to all of our winners and we look forward to seeing you all back this week.
Diane Brown, Raffle Convenor - Tel: 478 3581

East Coast Bays Catholic Parish – Friday 21st April



Our Liturgy Service for this month will be held in the Sun Room, 3rd Floor on Friday 21st April 2023 at 11.00am.

Holy Mass will be celebrated by one of the priests of our parish. In recent times, we have indeed been very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship. For further information, please contact Natalie Turner (Ph: 479 9527).

Fairview Fellowship



Next Meeting

Monday 24th April at 3pm – 3rd Floor Sun Room

Our Christian group meets monthly for friendship and encouragement. Visitors are most welcome as we hear from an invited speaker.

Contact Bronwen Charlesworth, 09 478 0513 or 021 920 000.



John's Jaunts

Wednesday 26 April – A trip out to Westgate new shops via the new North West motorway. Leaving at 1.30pm and returning at 3.30pm.

Call John on 479 9318 to book.



QUIZ NIGHT -- Sunday 30 April 2023

The second Quiz Night of the 2023 season was on Sunday 26 March with 33 quizzers taking part.

The Mixed Nuts continued their dominance, coming first with 53 points out of a possible 70. The new team **The Secret Squirrels** climbed up the leader board coming second with 50 points. **The Iris Watchers** were third with 49, while **The Palms** earned the right to choose a topic for next month by coming in fourth with 47. It was an enjoyable and close contest throughout the evening with plenty of laughs.

The Palms have exercised their choice of topic for April Quiz Night and have chosen English Nursery Rhymes

The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter.

There is room for further teams, so come and join your fellow "inmates" and enjoy Quiz Night at 6.45pm Sunday 30 April. It is great fun! Ideal team size is 6 – 8 members and extended family members are welcome to bolster your team if required. All teams bring snacks and some even bring wine, so a good time is guaranteed.

If you don't wish to form a team, we can always find you a place in an existing one.

The April topics are: **General Knowledge1, Mother's Day, English Nursery Rhymes, Food, Name the Singer (audio questions) and General Knowledge2.**

DON'T MISS OUT!

Rinnai Gas Fire Service

Exclusive Fairview Village Offer – Monday 1st May 2023

Rinnai Flame Fire Service & Gas Safety Certificate (parts additional)	\$209.00+GST (reduced from \$241.00+GST)
Rinnai INFINITY Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)
Rinnai Convactor Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)

Service Includes:

- Complete strip down of appliance
- Cleaning of fan/s
- Cleaning of burners and combustion chamber
- Adjustment of ignition and flame rods
- Reassembling and re-commissioning
- Recalibration of gas valve
- Testing operation; and
- Issuing a Gas Safety Certificate

Please note that any parts would be an additional cost. Servicing a gas fire often includes the replacement of some parts - we have listed some examples below.

Pilot \$68.00+GST (recommended at each service - some fires have two pilots)
Glass seal \$52.50+GST (sometimes)
Paint \$27.50+GST (sometimes)

If you would like to book a service, please phone reception.

SCAM - Spotify

For those that subscribe to Spotify, please be aware of the following scam.

The email advises that your Spotify payment method isn't working and they couldn't collect your payment.

- There's a problem with your bank
- Your payment card is expired
- There is not enough money in your account

You'll lose your Spotify if we don't have a working payment method for your account. We'll try your payment again over the next few days.

Please delete this email and do not click on any of the links.

Residents' Notices

..... Wanted

Fun loving folk who would like to be entertained by a small group of our very own villagers.

11.30am Monday 1st May
MAYPOLE DANCING 3rd floor lounge

Maypole dancing has been an annual event in Fairview village for 19 years now. Soooo..... Come along and enjoy the fun & laughter as we weave our way around the Maypole..... perhaps have a go yourself.... then maybe enjoy lunch afterwards in the Café.

Cheers Pat

Apartment Gardens

I'm sorry there isn't more available in the garden at present except for Herbs: Mint, Chives, Sage, Oregano, Thyme, Bay leaves. Arthur's demands have been unrelenting! Strange to be looking forward to a knife. Any Apartment resident wanting a plot please phone me.
Barbara Bailey Ph. 027-416-8945

Gareth's Puzzle

Last week's puzzle asked what comes fourth and why?
Edward 14.3% , George 20% , Edward 12.5% ??????????
And these are the recent kings of England together with their numerals.
And noting that 14.3% is 1/7th, 20% is 1/5th and 12.5% is 1/8th we get:
Edward the seventh, George the fifth, Edward the eighth leading to the
answer George 16.6% ie George the sixth

This week's quiz is what links these items?
Skull , Scapulae , Patellae, Phalanges
And the clue, is think of a childrens' action song

LAUGHTER LINES

One Liners:

1. Finally my winter fat has gone.....now I have spring rolls.
2. Their cat was called Ben Hur. It had originally been called Ben...until it had kittens.
3. Apparently exercise helps you with decision making. It's true. I went for a 5 mile run this morning and decided I'm never doing that again.
4. My wife asked if she could have a little peace and quiet while she cooked dinner.....so I took the battery out of the smoke alarm.
5. I am writing a book about all the things I should be doing in my life. It's called an oughtobiography.
6. Looking at the two candidates makes you grateful that only one can be elected.

The Olde English Pub was called *The Black Cat*. Legend had it that it was named after the favourite moggy of the original owner of the pub. The cat had met its death when a runaway stage coach had run over it, cutting off its tail. And for the past two hundred years the cat had appeared every time the pub changed hands. Thus it was the new licensee, up late cooking the books, was confronted by the ghostly apparition of the cat carrying its tail in its paw. "My soul won't rest until my tail is restored," moaned the ghost. "Can you help me?" The publican put down his pen. "I'm afraid it can't be done," he said. "I am not allowed to retail spirits after 10.30pm."

The Texas oil-millionaire had fallen into the burn on a famous Scottish golf course. Old George, about to play off the 16th, saw the mishap. By the time his old legs had carried him to the spot he was nearly too late to save the almost-drowned tycoon. Still, he did manage to pull him out. After thanking him over and over, the American asked what favour he could bestow on him - anything he cared to name. Old George stole a look at the rich man's golf bag and, gazing sadly at his own collection of decrepit old noblicks and what-have-you clubs, said. "Well sir, I could do with one or two decent golf clubs." A week late he received the following telegram: SORRY stop COULDN'T GET ST ANDREWS stop BUT TITLE DEEDS OF WENTWORTH CASTLE comma HOYLAKE AND CARNOUSTIE BEING POSTED TODAY stop.

A soldier wrote home from Viet Nam. He finished his letter by saying: "I am not sure whether or not the stupid idiot of a censor still opens our letters, so I don't know if this will arrive intact or have black lines through it." When the letter reached its destination, the boy's family found a note from the censor saying, "For your information, the censor does *not* open letters, and furthermore, I am *not* a stupid idiot."

Jill was back at work in the typing pool after her marriage and a week's honeymoon in Gore. "Jack told me he loves me more than he has loved any other girl," she said to the girl sitting in the next desk. "Of course he does," came the reply, "You're the only girl who would ever go out with him more than once."

Daffynitions: **FANTAIL:** a story of a mystic fan. **EXCEL:** Roman for 40. **EXPUNGE:** a sponge made from eggs. **GERMINATION:** the inhabitants of Germany. **GUISE:** name of a well known hospital. **HANDICAP:** useful headgear. **KHAKI:** very frustrating when you mislay it. **LOVABLE:** what one expects a cow does sometimes. **PANTRY:** where the pans hang.

HE thought: VAT 69 was the Popes phone number. **SHE** thought: good housekeeping was the name of a magazine. **HE** thought: Karl Marx was the brother of Harpo and Chico.

From the joke books of A. Nonny Muss.

Anzac Day 25th April 2023

Buffet Dinner \$30 per head

Please book & pay at Reception by Friday 21st April

Medals:

If you have your own or Family Medals,
please wear them as set out below.

Your Own - Wear on the left lapel or left chest

Family - Wear on the right lapel or right chest

Dress:

Formal (Women)

Jacket & Tie (Men)

Please be seated by 5.45pm

***All residents are welcome to attend the service,
even if not staying for dinner, but we ask that you
do not sit in a reserved table spot.***

ANZAC DAY - 25TH APRIL 2023

Order of Service

- 5.45 PM Please be seated
- 5.50 PM Alastair Glyn-Jones
Chairman of the Fairview Village Residents Association
- 5.55 PM **THE LIGHTING OF THE
REMEMBRANCE CANDLE** Mrs Cherry Bramwell
- 6.00 PM **THE ODE** Barrie Flint
LAST POST Bugler: Roger Watson
1 Minute silence
THE ROUSE Roger Watson
REMEMBRANCE SONG
GUEST SPEAKER Sergeant Gordon Tasker,
RAF & RNZAF
- 6.30PM **DINNER IS SERVED**

After Dinner we will be entertained by the Fairview Singers



The Fairview Singers Present their 2023 Production of:

ANZAC Dinner Night Songs

We take you through the lowlights and highlights of both World Wars with the songs that helped towards victory. Most you will know some will not be so familiar. So, please join us and participate in the sadness and laughter we bring to you on this ANZAC evening.

Fairview Lounge – 25th April 2023



SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING APRIL 2023

To assist residents to be informed of decisions made by the Residents' Committee below is a summary of matters following our meeting of the 11th April 2023. Full minutes will be available in the library following the confirmation of the minutes at the next monthly meeting.

PRESENT: Alastair Glyn-Jones (Chair), Andra Glyn-Jones, Wendy Johnstone, Mark Jennins, Angela Woolnough, Alison Leadley, Barbara Bailey, Gordon Tasker

APOLOGIES: Averil Denvers

Marika Laflamme, Benjamin Peattie (later)

FINANCIAL POSITION

The balance in the account as at 10th April 2023 is \$2110.57. The amount on fixed deposit is \$10,000.

GENERAL

- Final amendments to the updated constitution for the Village Residents' Association were discussed. Copies of the updated constitution are available at reception. The notice of motion for the changes to be passed is now on the notice board.
- The timetable for the AGM preparations was reviewed. The agenda is published in this newsletter. An information package for the AGM will be delivered to each resident this week.
- The possibility of extending the footpath along Margaret Drive outside the bowling green was discussed.
- There was some discussion about tenants moving from villa to apartment and it was suggested this talk be re-scheduled. It was noted apartment repairs are taking longer than usual.
- Ben was asked about the possibility of a talk on living wills and advanced care plans.
- The committee complimented Marika on the roading improvements, and Cait on the improved garden management.
- Parking of scooters and mobility vehicles issues are still under review.

The next meeting will be the AGM to be held in the lodge lounge on Thursday 4th May at 10.30 am. All residents are invited.

**2023 ANNUAL GENERAL MEETING OF THE FAIRVIEW LIESTYLE VILLAGE
RESIDENTS' ASSOCIATION INCORPORATED TO BE HELD 4th MAY 2023 AT 10.30 AM IN
THE 2ND FLOOR LOUNGE**

AGENDA

WELCOME:

APOLOGIES:

ACKNOWLEDGEMENT OF PROXIES:

MINUTES OF PREVIOUS MEETING

Moved to accept:

Seconded:

MATTERS ARISING:

FINANCIAL REPORT:

Moved to accept:

Seconded:

AUDITOR'S REPORT:

Moved to accept:

Seconded:

CHAIRMAN'S REPORT:

Moved to accept:

Seconded:

ACTIVITY GROUP REPORTS:

BALLOT FOR RESIDENTS' COMMITTEE (if required):

The candidates for these positions are listed below:

Chairperson: Alastair Glyn-Jones

Committee: Gordon Tasker, Andra Glyn-Jones, Wendy Johnstone, Alison Leadley,
Angela Woolnough, Averil Denvers, Mark Jennins

ANNOUNCEMENT OF THE NEW COMMITTEE FOR THE COMING YEAR 2023/2024

CHAIRMAN'S ADDRESS:

APPOINTMENT OF HONORARY AUDITOR:

NOTICES OF MOTION:

GENERAL BUSINESS:

CLOSURE:

Strength and Balance

Monday 24 April at 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Tai Chi – 25th April Cancelled

Tai Chi is cancelled due to Anzac Day.

Physiotherapist – Cancelled 25 April

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 26 April- Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

A 45min rejuvenating facial. Only \$40

A 20min massage for your neck and shoulders. Only \$25

Available Wednesdays with Natalie until 31st May Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 27 April at 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Podiatrist

Thursday 04 May 9.00am to 12.00 noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

Doctor

Thursday 27 April – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact Reception if you would like an appointment to see Dr Paul Hunter.

WEEKLY SCHEDULE

24 April to 30 April 2023

OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 24 April	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 25 April	Mini Bus – Albany Westfield CANCELLED	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Croquet (Weather Permitting)	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Anzac Dinner	6.30pm	Main Lounge
	Tai Chi CANCELLED	2.30pm	2nd Floor Games Room
	Movie Group	7.15pm	Cancelled
Wed 26 April	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Rummikub	1.00pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 27 April	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (Weather Permitting)	9.30am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
	Art Group	1.00pm	3 rd Floor Sun Room
Fri 28 April	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Hair Salon	9.30am	3 rd Floor salon with Kim
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 29 April	Croquet (Weather Permitting)	9.30am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 30 April	Outdoor Bowls	1.00pm	Assemble for 1.15pm start
	Quiz Night	6.45pm	3 rd Floor Main Lounge

Dinner Menu:

24-30 April 2023 / Bookings by 1pm (Phone 477 3957)
Small Meals \$17 – Large Meals \$19 / \$2.00 Delivery Fee applies per Villa

Monday (Beef)

Slow cooked braised beef, herbed mashed potato, mushy peas & wilted spinach

Tuesday (ANZAC EVENT)

Pan seared Chicken, gravy and roasted vegetables

Wednesday (Roast)

Maple Glazed Ham, pineapple sauce served with couscous salad and roasted vegetables

Thursday (Lamb)

Lamb and Mushroom Stroganoff with basil fettuccine pasta served with garlic ciabatta

Friday (Fish)

Market Fish , Slaw and Fries

Saturday (Beef)

Angus Burger Steak in Gravy, maple glazed carrots with roasted vegetables

Sunday (Roast)

Chicken Roast with gravy, mushy peas, sauteed silver-beet, roast potato & pumpkin

Alternative Takeaway Dinner Menu – served in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY

- Braised Beef & Sausage on mash \$15
- Beef Bolognese \$12
- Vegetarian Lasagne (cauliflower, spinach, chili beans, courgettes) \$15
- Smoked fish Pie \$15



Add a small tub of green salad \$2



Anzac Dinner Buffet

Tuesday 25th April at 6pm
\$30.00

Your choice of Mains

Pan Seared Chicken (GF/DF)

Marinated chicken breast in BBQ sauce

Pulled Roast Lamb (GF/DF)

6 hours roasted pulled herb lamb leg with red wine jus

HOT SIDES

Penne pasta in basil & parmesan

Roasted herb pumpkin, carrots & potatoes GF/DF/V

COLD SIDES

Raw beetroot & spinach salad GF/DF/V

Wild rocket, feta & chickpea salad GF

Plated Dessert

Warm bread and butter pudding served with custard,
cracked Anzac biscuits & berry coulis

Please book and pay at reception by Friday 21st April