

The Village News

From the Manager's Desk

Rates rebate application forms 2023 – 2024

The rates rebate application forms for the rating year 1 July 2023 to 30 June 2024 are now ready and are available at reception.

Welcome to our new staff

Please join me in welcoming 2 new staff at Fairview. Alexia is working as our Saturday Housekeeper and Kitchen Assistant on Monday evenings. Also, Seamus is our new gardener working Monday to Friday alongside Cait and the boys.

Winter Lunch Carvery Buffet Sunday 6th August

Chef Noris and his wonderful Café team will be holding a Winter Lunch Carvery Buffet this Sunday 6th August. \$25 per person. Please refer to the flyer attached for more details. Bookings essential at reception by Friday 4th August 12pm as limited seats available.

Gas shutdown Wednesday 9th August

Vector Metering will carry out a planned meter exchange on our premises. This means there will be a shutdown of gas between 2pm and 3.30pm.

Razzle Dazzle Thursday 24th August

Your Social Committee has a beautiful evening planned out on Thursday 24th August. "Razzle Dazzle" yourself for this "Razzle Dazzle" night! More details on the flyer attached. RSVP and payment at reception.

Village Manager away at the RVA Conference

I will be away next week from Monday 7th to Friday 11th August at the Retirement Village Association Conference. The team will be able to assist you with any queries as usual if need be.

Have a lovely weekend everyone!

*My family:
My mom and her partner,
my 2 brothers and their families,
and us! 😊*





Nurses' corner

Hello All!

Welcome back to our Nurses Corner! I just want to start off with a bit of a reminder to everyone about some of the services which we can offer here.

1. Vitamin B12 injections – If you are Vitamin B12 deficient, or require any other form of injections, we can administer these injections for you as prescribed by your GP.
2. Wound dressings – If you have some form of accident resulting in a cut, skin tear or abrasion we may be able to dress the wound for you for free under ACC. We are fully ACC accredited for providing wound dressing services.
3. Medication administration – If you have any concerns about forgetting or remembering to take your medications, we can administer your medications on your behalf. Please get in touch if this is something which you might require.
4. General wellness checks – give us a call if you feel unwell to arrange a nurse visit.
5. Other general consulting – we can be consulted on for a wide range of general medical issues and provide advice where needed.

Other than that I am happy to report that COVID-19 in the village appears to be at an all time low, however, we are still seeing some of our regular winter bugs so remember to rug up and stay warm. If you do feel generally unwell, please do consider isolating where possible until you feel better to protect everyone around you.

As for Nurse Call Pendants thank you to everyone who has been wearing them diligently, it does make a huge difference to outcomes after a fall.

This weekend is my own mothers 60th birthday so I will be off to celebrate with her and the rest of the family!

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706 – benjamin@fairviewvillage.co.nz



From the Chef's Oven

Meet our staff

Please welcome Alexia! Alexia is working some after school hours and on school holidays. She also works in the housekeeping department on weekends. Please come and say hi.

Feedback Winner

Thank you for taking time to write your feedback and suggestions. Our kitchen team is always very happy to read your feedback. This week's winner is Monica Creedon. Thank you and we hope you enjoyed your birthday function.

Chef's special for the month of August

Our Thai Beef Salad is back as requested by many of you! Sweet chilli and soy marinated beef strips, served with organic soba and garden vegetables, drizzled with a ginger lime dressing.



Most Popular on Café Menu



Please check out our Café menu. We have a wide variety of meals that will suit your dietary requirements, from gluten & dairy free, to salmon wellness salad, and to one of our most popular dishes in the Café – our Belgian waffle served with bacon and grilled banana. A must try!

Functions & Catering

We love catering for party bookings and reservations. Celebrate your special occasion with us and we will take care of the cooking and set-up. Please check some of the platters we did last week for a resident's birthday party. We have set menus to choose from or we can simply discuss your meal and catering desires and requirements.

Razzle Dazzle Menu

Please have a look at our Razzle Dazzle menu at the end of this newsletter.

Cheers

Noris and the Relish Café Team





Gardening Update

Hello Everyone,

Winter has definitely showed up this week, bringing colder weather to much of the country and more rain to us here at Fairview. It is an enormous challenge trying to plan our jobs and complete our tasks to timeframes when mother nature decides to rain down on us every day! But we are pushing through.

This week we welcomed Seamus to the team. Seamus has slotted perfectly into the team this week and his high energy and passion has really boosted the team. Seamus is interested in travelling and meeting new people. Throughout this year and last year, he's dedicating himself to further improve in rock climbing, mountaineering and white-water kayaking. So if you see him around don't be afraid to say hi.

We are in full swing of garden refurbishments still and the end is in sight. Going into next week we will be starting our maintenance circuits around the village. As I discussed with you all during our one-on-one appointments we will be working from street to street. Over the next 5 weeks we have staff away on leave so please bear with us when we adjust to limited staff and get into the swing of the new system.

Going forward we will be notifying you all through the newsletter about our whereabouts to keep you in the loop. Going into September we are looking at water blasting driveways as we are experiencing a large buildup of moss and algae thanks to the wet weather. Again if we could refrain from maintenance requests unless they are deemed emergency work so that myself and the team can catch up and create a better flowing work schedule.

On a non-gardening note, If you haven't been watching the Women's FIFA World cup the past few weeks, may I suggest you do! We have had huge tournament upsets. South Africa knocking out Italy, Jamaica knocking out Brazil and the USA nearly getting knocked out by Portugal. I've been lucky enough to go to 5 games so far in the tournament and it has been amazing to see huge crowds and very loud fans. The boys have had me jabbering nonstop about the world cup so they're probably looking forward to it wrapping up in the next 2 weeks. But until then I'm backing the English lionesses to go all the way followed by Australia.
COME ON ENGLAND!!!

Thanks
Cait

What's on this coming week and next



Movie Group

Tuesday 08 August – Fly Away Home

A father and his daughter attempt to lead a flock of orphaned Canada geese south by air.

Stars Anna Paquin and Jeff Daniels.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



Friday Night Raffle – 28th July 2023

We sold four major raffles this week. That's the most that we have sold for some time. Well done!

The dwelling draw was undertaken by Clive Sandham and the winner was Patrick Knell. Congratulations Patrick.

The main raffles were drawn by Pat Levett. The winners were:

Earl Troughton, Luella Jacobson, Cathy Lloyd, Don Gibbs, Dianne Turner, Nancy Cotton, Brian Dalbeth, Judy Jetten, Neil Butt, Paula Turner, Warren Brown, Colleen Leonard, Peter Thompson, Bruce Draper, Muriel Sandham, Helen Hunter, Richard Jones and Robin Hood.

Congratulations to all of our winners. We look forward to seeing you all there this week.

Diane Brown

Raffle Convenor - Tel: 478 3581



John's Jaunts

Wednesday 9th August - due to popular demand, we are repeating the trip to Morris and James Pottery at Matakana. A free pottery tour followed by lunch at their café. The bus leaves at 10.15am. **There are two seats available on the bus.**



Morning Melodies

Experience Jackie Clarke LIVE at the Bruce Mason Centre as part of Morning Melodies.

Monday 14th August at 11.00am – Bruce Mason Centre, Takapuna

The bus will leave the Lodge at 9.45am, morning tea is at 10.30am, and the show commences at 11.00am. **There is one seat available on the bus.** Please phone reception to book.

Residents' Notices



Rugby

All Blacks -v- Wallabies

Saturday 5th August – Kickoff 2.35pm

Come and watch this on the big screen
in the Lounge and cheer the All Blacks on.

Note the earlier kick-off time.

All Welcome

(Barry Jones)



Residents enjoying a lovely lunch at the Bays Club in Browns Bay celebrating Judy Walker's birthday.

Attention Fairview Lawn Bowlers

Please be advised that due to spraying being done on our bowling mat, there will be NO ROLLUP next THURSDAY 10th AUGUST.

BUT.....we will have a ROLL UP at 1.00pm on FRIDAY 11th AUGUST to compensate.

From your Bowls Committee

Podiatrist Appointments for Thursday 10th August

If you have made an appointment to see the podiatrist, Paul Hames, next week please contact reception to confirm your appointment. Thank you.

Grey Power North Shore

Grey Power North Shore

Friday, August 18th, 1 pm
Netball North Harbour, 44 Northcote Rd

Election Meeting Focus on Senior Policy Issues

GP North Shore covers four electorates, and the meeting will be a panel presentation on senior issues relevant to the Shore from MPs/candidates of the various Parties.

Labour	Shanan Halbert
National	Simon Watts
ACT	Karen Chhour
Greens	Steve Abel
NZ First	Jenny Marcroft

Where do seniors fit in the current campaign –
Come along and find out. Bring your friends and neighbors.

Lost/Found

A ring has been found down the side of a chair in the 3rd floor lounge. Please see reception.



Gareth's Puzzle

Last week's puzzle asked you to give a fourth item and why?
Journey , heuristics , minutest , ???????

Well if you have some French, you may notice that the first part of each word is a unit of time in descending order, jour - day , heure - hour , minute - minute , so we are looking for a word that has seconde - second as the first part of the word so seconded would be a good choice.

This week's puzzle is to give the fourth item and the reason.
Why beryllium? , why carbon? , why gold? , why ??????????

Thinking caps on puzzlers.

Why we love children!

I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my 5-year-old shout from the back seat, 'Mum, that lady isn't wearing a seat belt!'

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, 'What's the matter, haven't you ever seen a little boy before?'

While taking a routine vandalism report at a primary school, I was interrupted by a little girl about 6 years old. Looking up and down at my uniform, she asked, 'Are you a policeman?' 'Yes,' I answered and continued writing the report. My mother said if I ever needed help I should ask the police. Is that right?' 'Yes, that's right,' I told her. 'Well, then,' she said as she extended her foot toward me, "would you please tie my shoelace?"

It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my K-9 partner, Jake, was barking, and I saw a little boy staring in at me. 'Is that a dog you got back there?' he asked. 'It sure is,' I replied. Puzzled, the boy looked at me and then towards the back of the van. Finally he said, 'What'd he do?'

While working for an organization that delivers lunches to the elderly, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, 'The tooth fairy will never believe this!'

A little girl had just finished her first week of school. 'I'm just wasting my time,' she said to her mother. 'I can't read, I can't write, and they won't let me talk!'

Laughter Lines

LAUGHTER LINES

One Liners:

1. Adam was the only man who could not use the pick-up line "Haven't I met you somewhere before?"
2. If you think the world owes you a living, you will die trying to collect the debt.
3. It isn't easy to be a parent of a six year old today. However, it is a small price to pay to have someone around the house who understands computers.
4. Trying to put a nappy on a wriggling baby can be likened to attempting a manicure on an octopus.
5. The second day of a diet isn't so bad, because by that time you've changed your mind.

Bill detected that there was something troubling his mate Clive. "C'mon, tell me about it." he said. A worried Clive started by reminding Bill that had been mates for many years, "But I've gotta tell ya." he said. "It's your wife, Daisy. I was in the local brothel the other night and there she was. Bill, I hate to tell ya this but your wife is a prostitute." "Oh, no, you've got it wrong," said Bill. She's a substitute; she's only there on the weekends."

The gangling lad from the bush was amazed to learn that his new friend, Larry the Lounge Lizard, was 100 years old. "I'm surprised, you look very healthy." said the lad. Old Larry gritted his teeth bravely. "Trouble is," he said pushing his glass forward, "thirst doesn't show on the outside."

He was dying and a few of his closest relatives were clustered around his bedside. "Mind now Maggie", he croaked to his wife. "Jock McTay owes me \$25." "Poor, dear husband," his wife nodded, "sensible to the very end." ".....and another thing, remember to pay back the \$40 that Roderick Fraser lent me." My, my," said Maggie, "There's his mind wandering again."

The young lad approached the Priest. "Father, would you bless my new motorcycle please." "Certainly my son, but remember the blessing isn't valid over 60 kilometres an hour."

Daffy Definitions: **LIBERAL:** a conservative who has been arrested. **POSSIBLY:** three syllables meaning either yes or no. **GRADIENT:** the place where you pitch your tent. **JUSTICE:** a non-flavoured ice block. **LOCOMOTIVE:** a train engine with a mind of its own. **MOTIVATE:** Past tense of motivate. **OVERISSUE:** a traffic cop exceeding his quota. **PLEDGE:** a furniture polish. **SKANT:** tiny underwear. **SIMMER:** comes after spring. **THWART:** a small growth on the knee.

Trivia:

1. The "Tales of Peter Rabbit" is the best-selling children's book of all time.
2. The devices that make up computer memory are so small that 10,000 devices could fit in the diameter of a human hair.
3. Lenardo da Vinci invented an alarm clock that woke the sleeper by rubbing their feet.
4. The quartz crystal in a wrist watch vibrates 32,768 times a second
5. Blood cycles through the body 1440 times a day.

Man: "Doctor, Doctor. I think I am a dog." **Doctor:** "Take a seat." **Man:** "I'm not allowed on the furniture."

And finally: A man on one side of the river sees a beautiful blonde standing on the opposite bank and shouts to her "How do I get to the other side?" The Blonde replies, "But you are on the other side."

From the Joke Books of A. Nonny Muss.

Dance the night away and enjoy Jim's music

Jim Joll presents **Razzle Dazzle**

Request quieter seating if dancing not your thing

**Thursday 24th August
5.30 pm**

**\$30
per head**

Book at Reception

**ROAST BEEF & PORK
BUFFET DINNER
(2 STATIONS)**

*Dessert
Sticky
Date
pudding*

*GARLIC BREAD STARTER
Roast POTATO, PUMPKIN & KUMARA.
YORKSHIRE PUDDING, GRAVY,
BEANS & CAULIFLOWER/BROCCOLI
(IN WHITE SAUCE)*



**All Settlers and Fairview residents are invited to attend
a RVR meeting on Tuesday August 15**

**Everyone is welcome
Location: Settlers Lodge
Time : 10.30am**

The presentation will be made by Brian Peat President of RVR

In particular, he will provide a report on the progress of the industry review of the Retirement Village Act, the structure and work of RVR and other matters that RVR are involved in.

He will also be available to answer your questions on any matters related to village living and the services that RVR are providing to members.

Contact Tony Gyde at tojogyde@gmail.com if you require any further information or would like to put a question in prior to the meeting.

If you would like to attend, please contact reception so that we can advise Settlers of the number attending.

Strength and Balance

Monday 7th August - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Tai Chi – with Weiping

Tuesday 8th August - 1.30pm - 2nd Floor Lounge

Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

Beautician

Wednesday 9th August - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 10th August - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Doctor

Thursday 17th August – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact Reception if you would like an appointment to see Dr Paul Hunter.

Please note, this will be Dr Hunter's last clinic at the village, as he will be away on holiday, returning on Thursday 5th October.

Podiatrist

Thursday 10 August - 9.00am to 12.00noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

WEEKLY SCHEDULE

07 August to 13 August 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 07 Aug	Hair Salon	CLOSED	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 08 Aug	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Tai Chi	1.30pm	2 nd Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	Fly Away Home
Wed 09 Aug	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 10 Aug	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 11 Aug	Hair Salon	CLOSED	
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 12 Aug	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 13 Aug	Outdoor Bowls	1.00pm	Assemble for 1.15pm start

Dinner Menu

7 to 13 August



Relish Café
By Chef Noris & Team

Bookings by 1 pm on the day
(please phone 477 3957)
Small Meals \$17 – Large Meals \$19
\$2.00 Delivery Fee applies per Villa

Monday / Chicken

GF Pan grilled chicken breast, gravy, Brussel sprouts, glazed carrots, roasted potatoes

Tuesday / Seafood Treat

Prawn twister (3), Calamari (4), fish bites (4), tartare sauce, chips, side garden salad

Wednesday Roast / Pork

GF Roasted pork leg roll, gravy, apple sauce, vegetable gratin, roasted carrots & potatoes

Thursday / Chicken

GF Grilled Teriyaki Chicken, vermicelli noodles and vegetables

Friday / Fish

Battered market fish, slaw and fries

Saturday / Lamb

GF Braised lamb, jus, mint sauce, sauteed savoy cabbages, mashed potatoes

Sunday Roast

GF Roast beef, gravy, mushy peas, buttered corn, roasted pumpkin, potatoes and Yorkshire pudding

Alternative takeaway dinner menu – served in foil tin
Available all day, just call in, weekly limited batches.

Braised Beef and Roast Vegetables \$15
Smoked Fish Pie \$15

