

# The Village News



Reception Phone:477 3900 Nurses 24 hours:021 861 706

14 August to 20 August 2023

No. 283

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## From the CEO's Desk

As Marika is away on Conference this week I have the honour of writing the weekly update.

Thanks to Cherie, Nicki and the front desk team at Fairview for holding the fort whilst Marika is away.

Marika and I met with your Residents Committee Chairman last week as we were not able to attend the meeting last Tuesday and I advised him that the Owners have made the decision to review the length of time we charge weekly fees when a resident leaves the village. With immediate effect we have brought this down to a period of 3 months after we receive vacant possession. This comes into play with immediate effect and on Marika's return we will be writing to you personally to advise you of this decision. A copy of that letter will be included with your ORA on file as it represents a change to the terms of your ORA.

I also discussed some of the risks around parking and charging of electric vehicles, especially in the basement, villa and townhouse car parks with the main risk being fire associated with lithium batteries. With this in mind, we will be writing a policy around charging and parking of EV Vehicles and Mobility Scooters at Fairview. As this will be a new policy, we will consult with all residents first before we make an informed decision. I have asked your committee to volunteer two residents to form part of a working group to assist us in the review.

Caitlin is away for a month on leave starting Friday next week. Caitlin and Marika will circulate a letter to you all next week reminding you of the recently agreed procedures in respect to gardening requests and how the gardens will be managed whilst Caitlin is away.

A resource application has been made with council for permission to cut down the overgrown trees at the front entrance and we will keep you all updated on progress.

Have a great weekend and let's hope we have a weekend of sunshine as welcome relief from the cold and wet weeks we have experienced for most of this year.

Terry



## Nurses' corner

Hello Everyone,

Welcome back to another edition of our Nurses Corner. I trust you're all keeping well, and I'm excited to kick off this newsletter with some thrilling news!

**New 'Dancercise' Class:** We are delighted to announce the introduction of a new 'Dancercise' class, led by the wonderful Libby from Albany Stadium. Starting on Thursday, August 24th, 2023, at 10:45 am, this class will take place weekly and run for 45 minutes. Partially subsidized by our Residents Committee, the remaining cost is just \$5.00 per person. We anticipate this fun addition to our existing classes will attract a fantastic turnout!

**"Adopt a Grandparent" Initiative:** We're exploring a new collaboration with Albany Primary School, initially called "Adopt a Grandparent." This unique program will allow selected children, who might lack engagement with older generations, to 'adopt' a grandparent. They'll be able to develop their reading skills and build a meaningful relationship. This promises to be a wonderful way to positively impact our future generations, and it may also benefit our Residents. If you are interested, please contact me directly.

**Dental Hygienist Visit:** WM Dental, whom I've mentioned before, is interested in sending a Dental Hygienist to Fairview Lifestyle Village for cleanings. We're targeting Tuesday, November 28th, 2023, for their first visit. The cost to Residents will be \$180.00. If you are interested in this service, please reach out to me directly and I will book you in once we sort.



- 🦷 Our team of dental hygienists coming to you
- 🦷 Gentle clean & polish
- 🦷 Check for mouth cancer, prevent gum disease
- 🦷 Remove teeth stains, plaque, tartar, calculus
- 🦷 Appointments on site \$180

🏠 Let us bring dental care to you

📞 Contact reception to book an appointment.



## From the Chef's Oven

### Meet the Staff:

I am reposting our new staff member – Alexia. This time I caught up with her and took a photo. Please come and say hi. She is very charming, cheerful, friendly and very hard working.



### Chef's Lunch Special.

We are introducing a PUB lunch at Relish. We hope you enjoyed last week's STEAK EGG AND CHIPS, which turned out to be really popular. If you have any favourite PUB meals in mind please let us know and we might give it a try next month.

### Cabinet Food

We hope you are enjoying our new range of homemade cabinet food. From homemade pies, puffs, quiche, gourmet salads and sandwiches, to freshly baked counter treats such as scones, muffins, apple strudel, cakes, sweets and much more. We also cater to any dietary requirements such as gluten free, dairy free and vegetarian. Please ask one of our staff and we are happy to make something for you. Don't forget – everything is HALF PRICE after 2 pm.



### Alternative Dinner Meals

For this week's alternative dinner meals, we have Lamb Shanks with mash (GF), Roast Brisket and Smoked Fish Pie (GF)...using one standard recipe – all made with LOVE.



Cheers  
Noris and the Relish Café Team



## Gardening Update

### **Bowling Green**

We sprayed the bowling mat yesterday.  
Any equipment used on the bowling green needs to be washed thoroughly after use.  
Thanks Cait

## What's on this coming week and next



### Movie Group

**Tuesday 15<sup>th</sup> August – Snow, sand and Savages**

This entire film was shot by Frank Hurley as he travelled the Antarctic with Mawson and Shackleton. Also includes WW1 footage and an early 30 day London to Sydney flight.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



### Friday Night Raffle – 4th August 2023

Wow! We sold four major raffles and two minor raffles this week. That's 460 tickets. Well done!

The dwelling draw was undertaken by Paula Turner and the winner was Pam Glaum. Congratulations Pam.

The main raffles were drawn by Jackie Thompson. The winners were:

Lois Hadfield, Brian Sutherland, Neville Turner, Judy Jetten, Bruce Draper, Clark Robbie, Barbara Dines, Brynley Goodger, Luella Jacobson, Rosalie Hancy, Don Gibbs, Bruce Benfell, Diane Brown, Shirley Hughes, Audrey Ansell, Pat Gill, Ces Gunn, Lorraine Dale, Robin Hood, Alastair Glyn-Jones, Roy Keepin, David Brand, Natasha Nevill, Clive Sandham and Muriel Sandham.

Congratulations to all of our winners and thank you very much to Jocelyn Goodger for assisting me. We look forward to seeing you all there this week.

### Diane Brown

Raffle Convenor - Tel: 478 3581



### Morning Melodies

**Experience Jackie Clarke LIVE at the Bruce Mason Centre as part of Morning Melodies.**

**Monday 14<sup>th</sup> August at 11.00am** – Bruce Mason Centre, Takapuna

The bus will leave the Lodge at 9.45am, morning tea is at 10.30am, and the show commences at 11.00am.



## East Coast Bays Catholic Parish – Friday 18<sup>th</sup> August

Our Liturgy Service for this month will be held in the Sun Room, 3<sup>rd</sup> Floor next Friday 18<sup>th</sup> August at 11.00am.

Holy Mass will be celebrated by a priest of our parish. We are very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

Following the Mass, we will enjoy refreshments together in the lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information, please contact Natalie Turner (Ph: 479 9527).



## Garden Club

There will be a trip to the Cornwall Park Café and hopefully to see the lambs and daffodils on Monday 21<sup>st</sup> August.

The bus is departing at 10.30am. For a seat phone Anne Pike 475 6741.



## Fairview Fellowship

Next Meeting:  
Monday 21<sup>st</sup> August  
3pm in the 3<sup>rd</sup> Floor Sun Room

Our Fairview Christian Fellowship offers a warm welcome to all who would like to join us each month. We meet to encourage each other in our shared faith and hear from an invited speaker.

Contact Bronwen 09 478 0513



## STEPPING OUT

I am fed up with winter, we need to get out and have a good laugh! Let's kick our heels up, grab the bus, kidnap a driver and go and enjoy an afternoon of fun.

**CENTRESTAGE THEATRE IN OREWA** is presenting **STEPPING OUT** a funny and entertaining play which will take our minds off the rain and mud. Mavis, an ex professional dancer, is trying to get her group of misfit tap dancing pupils sufficiently well rehearsed to enter a charity event.

If you would like to come along, we will take the bus and get a group booking. The tickets are going fast and for groups are **\$25.00** each. **SUNDAY (Father's Day) 3rd September** is the date, and the time is for a **matinee at 2.00pm**.

There may be wheelchair friendly seats available. Make sure you can get on the bus if you are thinking of hoping for one of these seats. Seats will be allocated on a first come first served basis.

Please contact me JUDY WALKER Apartment 415 either by phone 477 3910  
Or email: [judy\\_walker@xtra.co.nz](mailto:judy_walker@xtra.co.nz)



## Grey Power North Shore

### Grey Power North Shore

Friday, August 18th, 1 pm  
Netball North Harbour, 44 Northcote Rd

### Election Meeting Focus on Senior Policy Issues

GP North Shore covers four electorates, and the meeting will be a panel presentation on senior issues relevant to the Shore from MPs/candidates of the various Parties.

<b>Labour</b>	<b>Shanan Halbert</b>
<b>National</b>	<b>Simon Watts</b>
<b>ACT</b>	<b>Karen Chhour</b>
<b>Greens</b>	<b>Steve Abel</b>
<b>NZ First</b>	<b>Jenny Marcroft</b>

Where do seniors fit in the current campaign –  
Come along and find out. Bring your friends and neighbors.

## Gareth's Puzzle

Last week's puzzle was to give the fourth item and the reason.  
Why beryllium? , why carbon? , why gold? , why ??????????

And the answer is Why selenium?

BECAUSE the chemical symbols for beryllium is Be, that for carbon is C, that for gold is Au so we are looking for the element with the symbol Se, selenium to form the answer to the why questions asked is just "BECAUSE".

No Chemistry this week! And maybe a little easier.

What comes next? that place , this place , before , ??????????

## Lost/Found



Ladies spectacles found on a table in the Level 4 hallway. Please contact reception.

## FAIRVIEW VILLAGE LIBRARY LATEST BOOKS 2023

### NEW BOOKS

**Nemesis by Wilbur Smith** - Paris, 1794. Revolutionary fervour has erupted into the Reign of Terror. A young man, Paul Courtney, hides in a crowd watching as the condemned are brought to the guillotine. Among them is Constance Courtney, Paul's mother. As he watches her brutal execution, he knows he must avoid the same fate and fulfil his promise to her - to survive, no matter what.

**Broken Light by Joanna Harris** - Bernie Moon is feeling invisible. She's given her life to other people - her husband, her son, her mother, her friends (not that she has any of them left). At 16, she was full of promise and power. Now, facing 50, she's a fading light. But when a young woman is killed in her local area, it sparks childhood memories of a talent she used to have, one long since hidden.

**A Thousand Different Ways by Cecilia Ahern** - Finding your way is never a simple journey.... Alice sees the worst in people. She also sees the best. She sees a thousand different emotions and knows exactly what everyone around her is feeling. Every. Single. Day. But it's the dark thoughts. The sadness. The rage. These are the

**The Library of Burnt Books by Brianna Labuskes** - For fans of *The Rose Code* and *The Paris Library*, *The Librarian of Burned Books* is a captivating WWII-era novel about the intertwined fates of three women who believe in the power of books to triumph over the very darkest moments of war.

### DONATED BOOKS

**To the Sea by Nikki Crutchley** - A story of family, dark secrets and vicious lies, set against the wild beauty of the New Zealand coastline – but is it a paradise, or a prison? One for fans of shows like *Big Little Lies* and *The Undoing* – atmospheric, evocative and compelling.

**Safe Harbour by Danielle Steel** - In her fifty-ninth bestselling novel, Danielle Steel tells an unforgettable story of survival...of how two people who lost everything find hope...and of the extraordinary acts of faith and courage that bring —and keep— families together...

**Next in Line by Jeffrey Archer** - London, 1988. Royal fever sweeps the nation as Britain falls in love with the 'people's princess', Princess Diana. Which means for Scotland Yard, the focus is on the elite Royalty Protection Command, and its commanding officer. Entrusted with protecting the most famous family on earth, they quite simply have to be the best. A weak link could spell disaster.

**The Missing Wife by Sheila O'Flanagan** - When Imogen Naughton vanishes, everyone who knows her is shocked. She has a perfect marriage. Her handsome husband treats her like a princess. She's always said how lucky she is. So why has she left? And how will she survive without Vince?

## REQUEST FROM YOUR LIBRARY

We are missing a number of books from the Library. If you have any of our books that you have read, we would appreciate it if you could kindly return them to the Library.

*Books and doors are the same thing. You open them, and you go through into another world.*

– Jeanette Winterson

## Laughter Lines

### Trivia:

1. A dolphin's hearing is so acute that it can detect underwater sounds from 25km away.
2. It has been proven that frequent laughter helps control pain, lower blood pressure and relieve stress.
3. The original title for the book "*Gone With The Wind*" was "*Ba! Ba! Black Sheep.*"
4. St John was the only one of the 12 Apostles who died a natural death.
5. Olympic Badminton rules state that the birdie (shuttlecock) must have exactly 14 feathers.

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A travelling salesman's car had broken down and he had staggered for miles to the proverbial farmhouse. He finally struggled to the porch and knocked on the door. The farmer said the salesman was welcome to food and water and that he could stay the night. "But I must warn you, that I don't have any daughters for I am a bachelor," he said. "Oh, Gawd," said the salesman, "How far to the next farm?"

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An English tourist, trying to take the mickey out of a country Scot, pointed to a scarecrow in the field, dressed up like a man, and sneered, "One of the natives I suppose?" "Naw, Naw," was the reply, "just a summer visitor from across the border."

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A very voluble preacher was working himself into a frenzy during a sermon on hell and damnation. A little four-year-old girl in the congregation couldn't take her eyes off the wild figure in the pulpit. Finally she whispered to her mother, "What will we do if he ever gets loose?"

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Two cannibals were eating dinner when one turned to the other and said, "I hate my sister." The second cannibal replied, "Well, just eat the noodles instead."

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An inmate in a lunatic asylum prevents another inmate from drowning himself. Duly impressed by the man's responsible behaviour, the doctors review his case with a view of releasing him back into the community. "We are only sorry," they tell him, "that the man you saved later tied a rope around his neck and hanged himself." "Oh," replies the hero, "he didn't hang himself, I hung him up to dry."

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**Daffy Definitions:** **HORTICULTURE:** an upper-class dowager at the ballet. **HOSPITABLE:** a horse friendly to dogs. **PERPETUATE:** how you feel after finding out the Sunday dinner chicken was the family pet. **SCRAP:** to get into a fight. **CYNIC:** one who looks down his nose on those above. **BATHING SUIT:** a garment cut to see level. **GOSSIP:** letting the chat out of the bag. **SUNGLASSES:** optical seclusion. **TACT:** the ability to describe others as they see themselves.

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**More Signs:** **ROOM SERVICE SIGN IN A BANGALORE HOTEL** "To call room service, open the door and shout "Room Service"." **ADVERTISING A BEACHSIDE CABERET:** "Dance to music while you overlook a fascinating view of the beach." **IN A CAIRO ELEVATOR:** "Please keep your hands away from unnecessary buttons." **CHOICE OF THE DAY IN A BEIRUT HOTEL RESTAURANT:** "We highly recommend the hotel tart." **FINANCIER'S BROUCHURE:** "We can lend you money to get you completely out of debt."

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**And finally:** A wise bride is one who makes her husband feel as if he is master of the household, when in reality he is only the chairman of the entertainment committee.

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From the Joke Books of A. Nonny Muss.



*Dance the night away and enjoy Jim's music*

# Jim Joll presents **Razzle Dazzle**

*Request quieter seating if dancing not your thing*

**Thursday 24th August  
5.30 pm**

**\$30  
per head**

**Book at Reception**

**ROAST BEEF & PORK  
BUFFET DINNER  
(2 STATIONS)**

*Dessert  
Sticky  
Date  
pudding*

*GARLIC BREAD STARTER  
Roast POTATO, PUMPKIN & KUMARA.  
YORKSHIRE PUDDING, GRAVY,  
BEANS & CAULIFLOWER/BROCCOLI  
(IN WHITE SAUCE)*



**All Settlers and Fairview residents are invited to attend  
a RVR meeting on Tuesday August 15**

**Everyone is welcome  
Location: Settlers Lodge  
Time : 10.30am**

**The presentation will be made by Brian Peat President of RVR**

This is a chance to hear the report of the review on the progress of the Retirement Village Act and how it may impact upon us as residents.

He will also be available to answer your questions on any matters related to village living and the services that RVR are providing to members.

Contact Tony Gyde at [tojogyde@gmail.com](mailto:tojogyde@gmail.com) if you require any further information or would like to put a question in prior to the meeting.

Please contact Cherie at reception so that we can advise Settlers of the number attending.

## **Strength and Balance**

Monday 14 August - 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Tai Chi – with Weiping**

**Tuesday 15<sup>th</sup> August - 1.30pm - 2<sup>nd</sup> Floor Lounge**

**Monthly prepaid fee of \$20**

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

## **Beautician**

Wednesday 16<sup>th</sup> August - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

## **Restorative Yoga with Joy – *Stretch Strengthen Revitalise***

Thursday 17<sup>th</sup> August - 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

## **Doctor**

Thursday 17<sup>th</sup> August – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room

Please contact Reception if you would like an appointment to see Dr Paul Hunter.

**Please note, this will be Dr Hunter's last clinic at the village, as he will be away on holiday, until Thursday 5<sup>th</sup> October.**

## **Podiatrist**

Thursday 24<sup>th</sup> August - 9.00am to 12.00noon – 3<sup>rd</sup> Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

# WEEKLY SCHEDULE

14 August to 20 August 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 14 Aug</b>	Hair Salon	<b>CLOSED</b>	3 <sup>rd</sup> Floor Salon with Kim
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 15 Aug</b>	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Tai Chi	1.30pm	2 <sup>nd</sup> Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Movie Group	7.15pm	<b>Snow, sand and Savages</b>
<b>Wed 16 Aug</b>	Hair Salon	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 17 Aug</b>	Hair Salon	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 18 Aug</b>	Hair Salon	<b>CLOSED</b>	
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Catholic Liturgy	11.00am	3 <sup>rd</sup> Floor Sun Room
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 19 Aug</b>	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 <sup>rd</sup> Floor Games Room
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 20 Aug</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm start





*Relish Café*  
By Chef Noris & Team

# Dinner Menu

## 14 to 20 August

Bookings by 1 pm on the day  
(please phone 477 3957)  
Small Meals \$17 – Large Meals \$19  
\$2.00 Delivery Fee applies per Villa

### Monday / Chicken

**GF** Chicken Roast, gravy, broccoli & carrots, roast vegetables

### Tuesday / Seafood (large only)

**GF** Seared Salmon Teriyaki, grilled mushrooms, soba noodles & julienne vegetables

### Wednesday Roast / Pork

**GF** Roast Brisket, gravy, peas, crispy roasted pumpkin, kumara and potatoes

### Thursday / Lamb (large only)

**GF** Braised Lamb Shanks, jus, mashed potato, green beans and carrots

### Friday / Fish

Fish on Friday - Battered Market Fish, slaw and fries

### Saturday / Chicken

**GF** Moroccan Rubbed Chicken, salsa verde, Israeli couscous & vegetables.

### Sunday Roast / Lamb

**GF** Lamb Roast, brown gravy, peas & corn, roasted pumpkin and potato

### Alternative TAKEAWAY Dinner Menu – in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY  
Braised Beef Brisket \$17 / Fish Pie \$15 / Lamb Shanks \$19

