

# The Village News

## **From the Manager's Desk**

Good afternoon everyone! It is so nice to see the sun this week, hope it will stay around for the weekend.

### **August's Staff of the Month**

Congratulations to our bus driver Tara on being our Staff of the Month. Tara works at both villages, always has a smile on her face, and safely drives our residents from A to B.

### **Relish Café Dinner Ordering & Payments**

In the recent weeks, we have had dinner orders past our cut off time of 1pm. We always aim at satisfying our residents by being flexible with late orders, but this has become more frequent and putting pressure on the Café team to produce the meals in a timely manner and with the same quality. Thank you for helping us.

Also, we understand that at times, residents may have forgot their cash or debit card to pay for their orders. Again, we have been flexible with allowing some residents to pay the day after on good faith, but this has become more frequent and is challenging for the team to manage and keep track. We will be asking residents to pay when the order is placed or alternatively, you will be offered to charge your order to your account.

### **Fire Sprinkler Inspection for Apartments Wednesday 6<sup>th</sup> September**

A technician will be carrying out a fire sprinkler inspection between 10am to 12pm on Wednesday 6<sup>th</sup> September. The technician will access all apartments which will only take a few minutes. Please contact reception if you will be away so that we organise access to your apartment.

### **Annual General Meeting 25<sup>th</sup> September**

Save the date, our Annual General Meeting will be on Monday 25<sup>th</sup> September at 10am. As usual, we will be distributing the AGM packs beforehand.

### **Inorganic Rubbish Collection 23<sup>rd</sup> to 27<sup>th</sup> October**

The village will be having an Inorganic Rubbish Collection on the week of 23<sup>rd</sup> to 27<sup>th</sup> October. Waste Management will be collecting items from the designated collection point. We will provide more information on where and when you can start bringing your rubbish as we get closer to the date.

### **Happy Birthday to our Staff**

Happy birthday to Brooklyn, our much-loved barista in Relish Café, next Tuesday 5<sup>th</sup> September.

### **Events coming up...**

- ***Bingo Saturday 2<sup>nd</sup> September 7pm***

Chef Noris and his team will offer a pub style meal as the dinner on that night, a seafood treats' platter, which will be served from 5pm. This way, everyone will be ready to play Bingo by 7pm. Please order your dinner from the Café as usual. Have fun!



- **Father's Day Sunday 3<sup>rd</sup> September 12.pm**

We hope you and your family will be joining us this Sunday 3<sup>rd</sup> September. Please see the flyer at the end of this newsletter for more details and the menu. Bookings at 12pm and 12.30pm. Please pay at reception. Fairview's fathers will receive a complimentary dessert on the day, a delicious apple crumble.

- **September's birthday Morning Tea Friday 15<sup>th</sup> September 10am**

I have missed my weekly Friday morning teas with you all (the chats and the food of course) so I knew I needed to come up with a new idea! Every month, on the 2<sup>nd</sup> Friday, I will host a morning tea to celebrate residents' birthdays of that month. Cherie will contact you in advance to confirm your presence. The first event will be on Friday 15<sup>th</sup> September at 10am. Looking forward to celebrating those special days with you.

- **Welcome to new residents Happy Hour Friday 15<sup>th</sup> September**

We will be inviting residents who have moved in the last few months to join us at Happy Hour on Friday 15<sup>th</sup> September to officially welcome everyone. Cherie will be contacting those residents to confirm.

- **Fundraising for Cancer Society Daffodil Day Wednesday 11<sup>th</sup> October 2pm**



We are sorry we had to cancel our afternoon Quiz earlier this week but following feedback, we have decided to postpone this event to Wednesday 11<sup>th</sup> October 2pm, giving residents enough notice to organise teams. Be prepared for an afternoon of laughter with our own Benjamin being a "Quizmaster" for the occasion. The platters

will be served at 3pm during the break and perfect for an afternoon tea. Read about the details of the event at the end of this newsletter. RSVP and payment at reception please.

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Have a lovely weekend everyone!

Marika

*Thank you to all the residents who sent us photos from the Wings of Song Children's Choir and JY Piano School that performed last weekend in the Lounge. Residents enjoyed listening to the children.*





## Nurses' corner

Hello Everyone,

Welcome back to another edition of our Nurses Corner. Last week I was away on Wednesday & Thursday renewing my first aid certificate which I am sure you will all be pleased to know I passed with flying colours!

**Health & Wellbeing Tip of the Week:** This week I'm saying that hydration is key! In between the cold days, we have had a few warmer ones, so I just wanted to remind everyone that it's vital to keep our bodies well-hydrated. Drinking water aids digestion, keeps our skin radiant, and supports overall body functions. As we age, we lose the urge for thirst which means we should make a conscious effort for our fluid intake. If you find water a bit plain, jazz it up with a slice of lemon or cucumber for added flavour.

**Dancercise with Libby:** We had our first Dancercise class last Thursday with Libby and a big thank you to those who turned out! She will be back in again this Thursday for a 10.45am start. This is a similar style class that focuses on building up strength, balance, & coordination, all of which are key to maintaining your overall wellbeing. Partially subsidized by our Residents Committee, the remaining cost is just \$5.00 per person.

**"Adopt a Grandparent" Initiative:** We're exploring a new collaboration with Albany Primary School, initially called "Adopt a Grandparent." The program's essence lies in bridging the generational gap by allowing certain children, especially those missing connections with the elderly, to 'adopt' a grandparent from our village. This presents a dual opportunity – for the kids to enhance their reading skills and for our residents to form a bond with the younger generation. This isn't just about reading; it's about creating lasting memories and connections. If this sounds like something you'd be keen on, please do get in touch.

**Dental Hygienist Visit:** WM Dental, whom I've mentioned before, is interested in sending a Dental Hygienist to Fairview Lifestyle Village for cleanings. We're targeting Tuesday, November 28th, 2023, for their first visit. The cost to Residents will be \$180.00. If you are interested in this service, please reach out to me directly and I will book you in once we sort.

Benjamin Peattie  
HOD Health & Wellbeing  
021 861 706  
[benjamin@fairviewvillage.co.nz](mailto:benjamin@fairviewvillage.co.nz)



**MOBILE DENTAL CARE**

- Our team of dental hygienists coming to you
- Gentle clean & polish
- Check for mouth cancer, prevent gum disease
- Remove teeth stains, plaque, tartar, calculus
- Appointments on site \$180

Let us bring dental care to you  
Contact reception to book an appointment.



## From the Chef's Oven

### Plate Warmers

Our plate warmers have arrived, no more cold plates! We have 2 mobile plate warmers so we can place it on the side of every buffet function.



### Dinner Menu & Alternative Frozen Meals

Our weekly dinner menu is always placed at the end of the newsletter, which also details our alternative frozen meals available for that week. We offer roast meals on Wednesdays and Sundays.

We have added Gluten Free Smoked Fish Pie this week and we cooked another batch of Lamb Shanks as they always sell out quickly as an alternative meal. Better be quick because it won't last!



### Birthday Cakes

Yes, we can provide simple birthday cakes such as chocolate cakes, carrot cakes, cheesecakes. As shown on the photos, a yummy chocolate cake and a sponge cake with cream and jam we did recently for some of our residents. Please speak to one of our friendly staff for more information.



### September Chef's Special

This month's Chef's Special will be our famous Prawn Twister Salad. 5 prawn twisters served with tartare dressing on a bed of Mediterranean green salad, feta cheese & sundried tomatoes. Enjoy!

Cheers, Noris and the Relish Café Team



## What's on this coming week and next



### Movie Group

**Tuesday 05 September – Falling for Figaro**

A fund manager trades in her life in London for a tiny Scottish village where she chases her singing dreams coached by a former Opera star.

Stars – Joanna Lumley, Daniele Macdonald and Hugh Skinner.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



### Friday Night Raffle – 25th August 2023

We sold three major and one minor raffles this week. Thank you to Daphne and Linda for standing in for Paula and me.

The dwelling draw was undertaken by Robin Hood and the winner was Bev Barnes. Congratulations Bev.

The main raffles were drawn by Bennie Gunn. The winners were:

Robin Hood, Luella Jacobson, David Brand, Clarke Robbie, Linda Pinder, Elaine McClintock, Viv Hood, Jim McGowan, Brynley Goodger, Chris Smith, Annette Cook, Bev Barnes, Priscilla Page, Judy Jetten, Bruce Benfell, Gordon Tasker, Mark Jennins and Pam Glaum.

Congratulations to all of our winners. We look forward to seeing you all there this week.

Diane Brown

Raffle Convenor - Tel: 478 3581



### STEPPING OUT Sunday 3rd September senior's matinee

We have had a cancellation and if you are interested in a good afternoon's entertainment, we have a ticket for the show and a seat on the bus for you. The seat is wheelchair access, so if you are able to negotiate the steps on the bus this is a lovely afternoon out for you.

Please phone me, Judy Walker on 477 3916 with any questions, or preferably email me [judy\\_walker@xtra.co.nz](mailto:judy_walker@xtra.co.nz).

Tickets are \$25 each and we are meeting in the 3rd Floor games room at 12.30 (Fathers' Day meal is in the lounge) on Sunday 3rd September to sort out seats etc., so we have no hassles the other end. The tickets were sent to me electronically which is a first for me. Thank you to those who have already paid, and just put the money in an envelope with your name on it if you haven't yet.

## Residents' Notices

### THANK YOU ALL

This note is for each of the many Fairview Residents and Staff who have sent me messages of caring over the past few days.

Each is now a treasured memory and a great comfort; I am truly grateful for each kind thought.

Thank you all most sincerely.

Jim Bell A431

### Volunteer Driver Required

We are looking for a volunteer driver to drive the village bus to Morning Melodies at the Bruce Mason Centre on Monday 9<sup>th</sup> October, leaving the Lodge at 9.45am and returning at 12.30pm.

Please contact reception if you are able to help.

### Thank You

I wish to thank all the people that donated the ice cream containers. If you are wondering why I needed them, please come to the lounge on Saturday at 6.30pm and all will be revealed.

Gordon



These two initial matches featuring the All Blacks will be screened on the big TV in the lounge.

- Saturday 9<sup>th</sup> September – All Blacks v France. Kick off 7-15am.
- Saturday 16<sup>th</sup> September - All Backs v Namibia. From 8-30am.

*Please don't try to activate the Sky channel before the matches. Someone who knows how to find the appropriate Sky channel will see that it is operating before the start of each match.*

## Dementia Presentation at Settlers

We invite you to a session run by Dementia Auckland

### An insight into Dementia

Monday 4<sup>th</sup> September @ 10.30am / Settlers Stage/Lounge

Join us for this informative session run by Dementia Auckland in conjunction with Nurse Mizzy.

Learn about signs and symptoms, practical advice and how to support a family member or friend as a carer.

**If you would like to attend, please contact Cherie at reception.**

What is  
Normal Ageing?



## Found

- Rust coloured XL Kathmandu jacket left on the village bus.
- Silk scarf found on Margaret Drive.
- Spectacles found in the Level 3 Lounge by fire place.

Please contact reception if you have lost any of these items.

## Gareth's Puzzle

Last week's puzzle is what comes next?  
Madagascar, New Zealand, Poland, ??????

And the answer is - look at the number of syllables in each country's name - Madagascar - 4, New Zealand - 3, Poland - 2, so the answer is a country with a one syllable name. Thus France or Chad are possible answers. I of course chose Wales!

This week's puzzle is what comes next?

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Have fun with this one!

## Learn How to Spot and Avoid Scams

It was Scam Savvy last week and we're on a mission to help New Zealanders in the fight against scammers.

22% of New Zealanders aged over 50 are hesitant about going online for fear of being scammed.

### Stay scam savvy with these top tips

- Banks will never ask for your login details, password, or PIN.
- BNZ will never text you a web link.
- Urgency is a red flag – scammers will try to rush you. Take the time to pause and think.
- Trust your instincts – if it sounds too good to be true, it probably is.

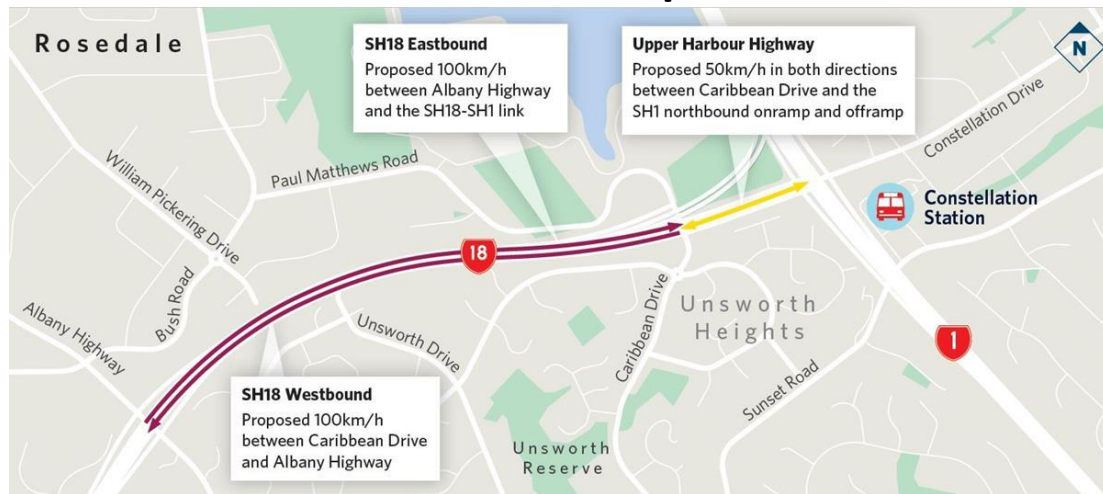
### Want to know more?

Head to [getscamsavvy.co.nz](https://getscamsavvy.co.nz) to learn about latest scams impacting New Zealanders and great tips on how to spot and report scams to help stop scammers in their tracks.

[Visit getscamsavvy.co.nz](https://getscamsavvy.co.nz)



## Northern Corridor Improvements



## Have your say on proposed speed limit changes

We all deserve a transport system that puts people at the centre – that protects and helps us to get to the places and people important to us, so we can live life to the full. When our streets are calm and everyone travels at speeds that are appropriate for the road environment, we create inclusive, healthy and people-friendly towns and cities where we can all move around freely, no matter how we choose to travel. This is our vision for Aotearoa and Tāmaki Makaurau, and an important part of Road to Zero, New Zealand’s road safety strategy.

As part of work undertaken by the Northern Corridor Improvements project, several changes to State Highway 18 have been undertaken since construction began in 2018 and Waka Kotahi is proposing the following speed limit changes outlined below.

### **Caribbean Drive to Albany Highway**

Several design changes such as removal of local road access onto SH18, new median barriers and upgrades to the onramp improve the safety for road users travelling along this section. As a result, the speed limit in this area can support a higher speed without compromising safety. Waka Kotahi is proposing to increase the speed limit from 80km/h to 100km/h.

### **Constellation Drive offramp to Caribbean Drive**

The short 400m section of Upper Harbour Highway between the SH1 Constellation Drive northbound offramp and Caribbean Drive has also undergone a lot of change from the upgrades implemented. This busy and complex interchange is a highly urbanised section with multiple signalised intersections and the transport corridor supports a range of people travelling on foot, bike or in a vehicle.

To support the changes in this area, Waka Kotahi is proposing to reduce the speed limit on this less than 400m section from 80km/h to 50km/h.

Click [here](#) to find out more and let us know any other factors we should consider when making our decision via the [survey](#) before Wednesday 27 September.



The Music Man in Concert is marching into the Kiri Te Kanawa Theatre 12th - 15th of October. Featuring the memorable show tunes *76 Trombones*, *Ya Got Trouble* and *Till There Was You*, accompanied by an orchestra of some of Auckland's finest musicians and **The Royal NZ Navy Band** this is sure to be a delightful afternoon or evening of entertainment.

You won't regret taking a couple of hours to relax and enjoy our incredible performers in beautiful costumes sharing the charming story of Harold, a good man, who does bad things trying to swindle a town of its money but falling in love with the local librarian Marian.

We have created an outstanding offer for gold card members. Groups of 8 or more can book tickets for only \$65 each (excluding booking fees) using the code **GOLDCARD**.



**TORBAY GARDEN CLUB**



**70TH JUBILEE  
SPRING  
SHOW**

**OPEN TO THE PUBLIC**

# SPRING SHOW SCHEDULE

SATURDAY 9th SEPTEMBER 2023 | 12.00PM -3.30PM  
TORBAY COMMUNITY HALL | 35 WATEA RD, TORBAY  
\$2 ENTRY

# Laughter Lines

## One Liners:

1. Engaged couple discussing their future: **She said:** Would you like to have children one day?" **He said:** "OK, but no longer than that."
2. Having a teenage daughter is like having a cat that only comes out to eat and hisses when you try to be nice to it.
3. My neighbour just yelled at her kids so loud that even I brushed my teeth and went to bed.
4. Why must I prove that I am me to pay bills over the phone? Do strangers call to pay my bills? And if they do, why don't you let them?
5. Never be afraid to try something new. Remember amateurs built the Ark....professionals built the Taitanic.

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All throughout dinner my wife's best friend's four year old daughter stared at me as I sat opposite her. The little girl could hardly eat her food for staring. I checked my shirt for spots, felt my face for food, and patted my hair into place, but nothing stopped her from staring at me. Finally, I asked her, "Why are you staring at me?" Everyone at the table had noticed her behaviour and the table went quiet waiting for her response. Finally the little girl said....."I'm just waiting to see how you drink like a fish."

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**Mom:** If a stranger came up to you and said, "I'm your Mum's best friend, she told me to pick you up." What would you say? **Kid:** I'd say, "You're lying, my Mom has no friends." **Mom:** "Not where I was going, but OK."

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A woman walked into the kitchen to find her husband stalking around with a fly swatter. "What are you doing?" she asked. "Hunting flies." he replied. "Oh, killed any? she asked. Yep, three males and two females," came the answer. Intrigued the wife asked, "How can you tell them apart?" Husband: "Three were on a beer can, two were on the phone."

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Two little boys were at a wedding when one leaned over to the other and asked, "How many wives can a man have?" His friend answered, "Sixteen.....four better, four worse, four richer and four poorer."

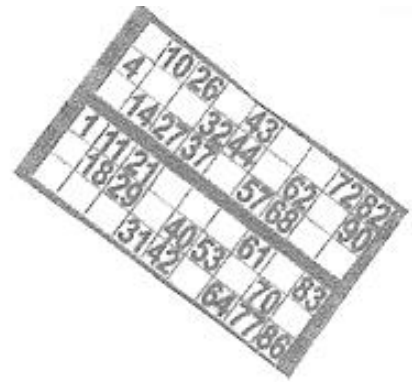
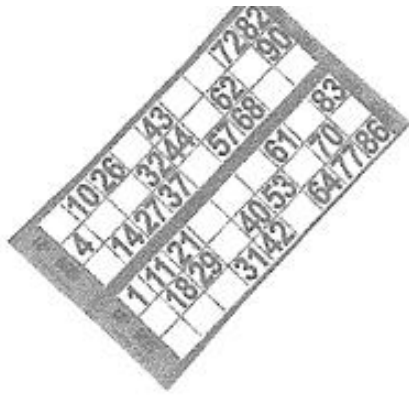
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An 89 year old man was arrested for shop lifting. **Judge:** "What did you steal?" Man: "A tin of peaches." The Judge asked why he had stolen it and he said that he was hungry. Judge: "How many peaches were there in the tin?" **Man:** "Six." **Judge:** "Then I'll give you 6 days in jail." Before the judge could pronounce the punishment, the man's wife asked if she could speak on her husband's behalf. **Judge:** "What is it?" **Wife:** "He also stole a tin of PEAS."

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Five Great Put Downs: 1. 'They tell me Scientists are trying to build the perfect idiot and they are using you as the model.' 2. 'If there is ever a price on your head, take it.' 3. 'You have often been described as a pain in the neck, but I have a much lower opinion of you.' 4. 'She has a tongue that j-walks over every conversation.' 5. 'You're as useless as an ash tray on a motorbike.'

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Political Graffiti: 1. 'Elections consist of two sides..... and a fence.' 2. 'Looking at the two candidates makes you grateful that only one can be elected.' 3. 'A candidate who leaves your party is a renegade; one who joins yours from another party is a convert.' 4. 'I wish he would shut up about his silent majority.' 5. 'There are some people who laugh at claims by hair restorers, yet believe election promises.' 6. Make your MP work.....don't re-elect him.'

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And finally: When you feel like more exercise, lie down until the feeling wears off.

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From the joke books of A. Nonny Muss



# BINGO

**\$100 Jackpot**

**Saturday 2<sup>nd</sup> Sept 7 pm**

**3<sup>rd</sup> Floor Lounge**

**Ticket Sales from 6.15 pm**

**20 games - Will you be a Winner**

**Come and join in the fun**

**\*\*2 choices of Ticket Packets\*\***

**\$10 gives 2 chances at Jackpot**

**\$15 gives 3 chances at Jackpot**

**Plus Lunch Voucher**

**The more people that come along means**

**Bigger Prizes**

**Looking forward to seeing you**

	10	26		43		72	82
4			32	44		62	90
	14	27	37		57	68	
1	11	21				61	83
	18	29		40	53		70
			31	42		64	77
						86	

# *Father's Day Lunch*

## SPECIAL SUNDAY ROAST

SUNDAY 3 SEPTEMBER  
SEATINGS AT 12PM & 12.30PM



\$20/person

Bookings at reception by Thursday 31 August 12pm

Traditional Roast Beef & Gravy  
Roasted Vegetables  
Broccoli & Peas  
Yorkshire Pudding

**Add a delicious dessert for only \$5**

Apple Crumble served with custard



Welcome to family & friends.



Our Fairview fathers will receive a complimentary dessert on presentation of a voucher given at time of booking.



Cancer Society  
**Daffodil Day**

# Fundraiser Quiz

## Wed 11 Oct 2pm

**Join Quiz Master Benjamin & the Fairview team for a fun afternoon!**

- \$10/person - for a pub style food platter and a \$5 donation to the Cancer Society.
- 10 rounds of 10 questions.
- The Bar will be open.
- Team up to **6** people (we can also team you up with other people if need be).
- The winning team will receive a voucher of their choice each (either for Relish Cafe or Housekeeping services).

**RSVP & pay at reception by Mon 9 Oct 5pm.  
Wear something yellow for more fun!**

## **Strength and Balance**

Monday 04 September - 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Tai Chi – with Weiping**

**Tuesday 05 September - 1.30pm - 2<sup>nd</sup> Floor Lounge**

**Monthly prepaid fee of \$20**

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

## **Beautician**

Wednesday 06 September - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

## **Dancercise with Libby**

Thursday 07 September - 10.45am – 2<sup>nd</sup> Floor Lounge

\$5.00 per person.

We appreciate the subsidy from the Village Residents' Committee.

## **Restorative Yoga with Joy – *Stretch Strengthen Revitalise***

Thursday 07 September - 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

## **Doctor**

**Please note, Dr Hunter is on holiday and will be away from the village until Thursday 5<sup>th</sup> October.**

If you require a Doctor's appointment, please phone Doctor Hunter's practice as there is a locum covering for him.

## **Podiatrist**

Thursday 07 September - 9.00am to 12.00noon – 3<sup>rd</sup> Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

# WEEKLY SCHEDULE

04 September to 10 September 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 04 Sept</b>	Hair Salon	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 05 Sept</b>	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Tai Chi	1.30pm	2 <sup>nd</sup> Floor Lounge
	Private Meeting	9.00am to 12.00pm	3 <sup>rd</sup> Floor Games Room
	Croquet (weather permitting)	1.30pm	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Movie Group	7.15pm	<b>Falling for Figaro</b>
<b>Wed 06 Sept</b>	Hair Salon	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Fairview Singers	3.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 07 Sept</b>	Hair Salon	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Dancercise Class with Libby <b>(New Class)</b>	10.45am	2 <sup>nd</sup> Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 08 Sept</b>	Hair Salon	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 09 Sept</b>	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 <sup>rd</sup> Floor Games Room
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 10 Sept</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm start





*Relish Cafe*  
By Chef Noris & Team

# Dinner Menu

## 4 Sept to 10 Sept

Bookings by 1 pm on the day  
(please phone 477 3957)  
Small Meals \$17 – Large Meals \$19  
\$2.00 Delivery Fee applies per Villa

### Monday (beef)

**GF** *Slow braised sirloin, steamed vegetables, mashed potatoes*

### Tuesday (chicken)

*Chicken Schnitzel, Chips, Mediterranean Greek salad with feta cheese, olives & sundried tomatoes*

### Wednesday Roast (beef)

**GF** *Braised corned beef slices, side of mustard gravy, maple glazed carrots, steamed broccoli & roasted potatoes*

### Thursday (Chicken & Bacon)

*Chicken and Bacon Fettuccine Carbonara with a side of garlic ciabatta bread*

### Fish Friday (Kiwi classic)

*Market Fish, slaw and fries*

### Saturday (beef)

*Teriyaki Beef, Udon noodles and stir-fry vegetables*

### Sunday Roast (Chicken)

*Chicken roast, gravy, mushy peas, crispy roasted potatoes, carrots, pumpkin*

### Optional Dinner Menu – in foil tin:

*Lamb Shanks \$19*

**GF** *Fish Pie \$15*

*Add a green salad small tub for \$2*