

From the Manager's Desk

Good afternoon everyone

Thank you for your generosity

Thank you to the residents who attended our Blue Prostate Cancer Fundraising Brunch this morning. We raised \$265 for the cause. A special thanks to Gareth Hancock for organising the complimentary items from the Foundation.

Reception closed this weekend

Diana will be away this weekend. Please remember to bring your swipe when coming down to the Lodge over the weekend as the main doors will be locked.

Day Light Saving Sunday 24th September

Don't forget to "Spring Forward"! In spring, we change our clocks forward 1 hour to New Zealand Daylight Time (NZDT), for example, from 10pm to 11pm. Daylight saving starts each year at 2am on the last Sunday in September. A handy tip is to change your clocks the night before daylight saving starts. Some clocks and devices will adjust the time automatically, while others will need you to manually change the time.

William's Music Academy Concert Sunday 24th September

Thank you to our Social Committee for organising a lovely concert in the Lodge this Sunday from 4pm to 5.30pm. Come and see children between the age of 5 to 15 years old play music. Refer to the flyer for more information.

Annual General Meeting Monday 25th September

Our Annual General Meeting will be on Monday 25th September at 10am. Please bring your AGM pack with you at the meeting. A light morning tea will be served after the meeting.

Elections at Fairview Tuesday 3rd October

The Election team will be at the Village on Tuesday 3rd October from 1pm to 4pm in the Games Room for Fairview residents. Should you wish to vote and have not received a voting acknowledgement, please go online and update your information.

Fundraising for Cancer Society Daffodil Day Wednesday 11th October 2pm



Be prepared for an afternoon of laughter with our own Benjamin being a "Quizmaster" for the occasion. The platters will be served at 3pm during the break and perfect for an afternoon tea. Read about the details of the event at the end of this newsletter. RSVP and payment at reception please.

Inorganic Rubbish Collection 23rd to 27th October

The village will be having an Inorganic Rubbish Collection on the week of 23rd to 27th October. Waste Management will be collecting items from the designated collection point. We will provide more information on where and when you can start bringing your rubbish as we get closer to the date.

Market Day Thursday 23rd November

Our annual Market Day will be on Thursday 23rd November. If you would like to have a stall or know someone who would be interested in selling their products at our Market, please contact Diana or pop in at the weekend to see her at reception.

Christmas' Project for December

Christmas is coming and we would like to throw a fun idea around! What about having a little competition with the best decorated apartment door in the Lodge and the best decorated mailbox for villas? There would be a nice prize for the 2 winners of course! We could circulate photos of the participants' work and residents would be able to vote. If you are interested in participating in this project, please let us know of your interest.

Happy Birthday to our Staff

Happy birthday to our Chef Apple who celebrated her birthday on Tuesday 19th September.

Staff of the Month

You are welcome to vote for one of our staff via email, dropping by at reception, or by scanning this QR code with the camera app on your phone or tablet and answering a few short questions.

Monthly statements from Nicki, Administrator

Just a quick reminder about the location of the Lodge letterboxes for villa residents. End of month accounts will be placed in the letterboxes situated by the lift closest to reception. The boxes are numbered 1-70 and 71-147. If you are unsure of their location, simply reach out to a staff member who will happily show you where they are located.

Have a lovely weekend, Marika

**Fairview Lifestyle Village Staff
Member of the Month**





Nurses' corner

Hello Everyone,

Welcome back to another week of the Nurses Corner.

COVID-19 is back in our community, I am just wanting to remind everyone to keep an eye out for any of the symptoms which are new or worsening: cough, runny nose, sore throat, shortness of breath, fevers, and lethargy. If you have symptoms, please test. If you are unsure of how to test, please get in touch.

I have been approached by a few of our residents regarding the governments' recent removal of the COVID-19 legislation and what we should now be doing. From their recommendation, if you have tested positive for COVID-19, **we recommend you isolate for a minimum of 5 days, even if you only have mild symptoms, starting at Day 0.**

Day 0 is the day your symptoms started or when you tested positive, whichever came first. If you do need to leave your home during your 5-day recommended isolation period, it is very important you take precautions to prevent spreading COVID-19 to others.

You should wear a mask whenever you leave the house.

You should not:

- visit a healthcare facility (except to access medical care).
- visit an aged residential care facility (i.e. Fairview Care).
- have contact with anyone at risk of getting seriously unwell with COVID-19.

If you live in an apartment or multi-unit dwelling, you should follow the same isolation advice, including:

- wear a mask in communal areas if you need to leave your apartment, for example, using a shared laundry.
- physically distance from others in the apartment building.
- not use the lift with anyone else.
- not use shared areas such as gyms, pools or saunas while you are isolating.

You can use your balcony, and we encourage you to have the external doors open to allow air circulation into the unit.

In case of emergency, you should follow normal evacuation protocols — have a mask by your door ready to go in case. If there are any concerns, as always feel free to get in touch with me and I will hopefully be able to clarify.

Nurse Call and pendant checks: As mentioned last week, I want to do a manual check of the Nurse Call points in every Villa & Apartment as well as Pendants. This is to make sure that all the call points are working correctly should they need to be used. I am proposing the call point checks start from the week of the 25th of September 2023 beginning with **Ash Avenue, Beech Way, & Cherry Hill**. I will be hoping to do these checks between 10am and 11.30am Monday to Friday depending on how long it takes. I will let subsequent streets know when I will be coming by to do these checks. For Nurse Call Pendants, if you are going to be out of the village if you leave your pendant on the table, I will test it to see if it works then. Given the significant number of call points to test across the village, I aim to complete this over the next few weeks to months.

To aid in speeding this up, I will access the Villas or Apartments by knocking first, if there is no answer and you have indicated previously it is okay to access your villa or apartment without you being present, I will let myself in, test the call points and leave a card on your kitchen to let you know I have been by.

If there are any residents who wish to be excluded from this check or need to be present while I am checking their call points, please let me know by phoning myself directly on 021 861 706 and I will organise a time with you for this.

Dancercise with Libby: Thank you to those who keep turning out! She will be back in again this Thursday for a 1045am start. This is a similar style class that focuses on building up strength, balance, & coordination, all of which are key to maintaining your overall wellbeing. Partially subsidized by our Residents Committee, the remaining cost is just \$5.00 per person.

"Adopt a Grandparent" Initiative: We're exploring a new collaboration with Albany Primary School, initially called "Adopt a Grandparent." The program's essence lies in bridging the generational gap by allowing certain children, especially those missing connections with the elderly, to 'adopt' a grandparent from our village. This presents a dual opportunity – for the kids to enhance their reading skills and for our residents to form a bond with the younger generation. This isn't just about reading; it's about creating lasting memories and connections. If this sounds like something you'd be keen on, please do get in touch.

Dental Hygienist Visit: WM Dental, whom I've mentioned before, is interested in sending a Dental Hygienist to Fairview Lifestyle Village for cleanings. We're targeting Tuesday, November 28th, 2023, for their first visit. The cost to Residents will be \$180.00. If you are interested in this service, please reach out to me directly and I will book you in once we sort.

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706 – benjamin@fairviewvillage.co.nz



From the Chef's Oven

Meet the staff

Thank you all for your continued support on our busy Friday's Fish & Chips. We all know that the ingredients to most Fish & Chips are just the same. But our Fish & Chips are different of course! Beer battered plus our own Relish Café secret recipe, just made with tons of LOVE! As they say, when you are happy cooking and serving, your food is smiling! Have a look at us last week with our Fish & Chips team.



Additional alternative frozen dinner meals



We listen to you and read all your feedback, and we understand that you love our frozen meals and would like more alternative dinner meals. This week, we will have an additional selection on our Dinner Menu or you can buy any time, until it lasts as we only prepare limited batches of each options.

1. Braised Lamb Shank
2. Corned Beef
3. Beef Bourguignon

New items on our Café Menu

We will soon be updating our Relish Café Menu to welcome spring and summer flavours. Many of you may have seen me taking some photos in the dining room and recipe testing. Marika, Brett, and the team have sampled our new menu selection and they are all excited about it. Below are photos of our new Spring and Summer Cafe Menu starting on Monday 2nd October.



1. Grilled Haloumi Bruschetta (Vegetarian)
2. Moroccan CAB salad (GF/DF)
3. Southern Fried Chicken Waffles
4. French Toast with bacon and banana

Noris and the Relish Team



Gardening Update

Hello all!

Thanks for the warm welcome back.

My partner and I had a great time away and the jet lag has only just worn off! I spent a few days in Sydney with a group of friends at the start of the trip for the Women's World Cup which was amazing, the atmosphere and the support for women's sport was out of this world and a real exciting boost for what's to come for women's sport.

I then flew to Birmingham, England to be with my family. I got to have the biggest squeeze from my nanny and grandad which I've been looking forward to for a few years now. For the next few weeks, I was across the country visiting friends and family from London - Cambridge - Wales so I was constantly on the move seeing new places and trying new things and food! While I was away, I managed to visit a few National trust properties which can be anything from castles, manors, and parks with an abundance of colour and symmetry in their beautiful gardens. My favourite has to be Powis Castle in Wales, I used to go there as a child and now I think about it maybe that's where my passion for this career came from. They have large, shaped Yew trees and long boxed hedge gardens filled with blooming roses and dahlias bursting with colour, it was like a wonderland. I flew back Sunday lunch time, so Monday was a bit of a struggle for me but I'm ready to go again and get stuck in.



The boys have been hard at it while I've been away and have held the fort down amazingly. We are continuing to progress through our house-to-house routine as well as finishing off our main lodge tidy up.

The plans for the next few weeks are to complete our Rest home garden tidy and mulch. I will be starting on everyone's roses followed by our refurb on our pétanque court and finished off by a new garden area at our roundabout located at the end of Margaret Drive.

We will be starting our house to house again down Lavender Close and continuing to work our way around. Each property will get a nice big tidy up as discussed from your one-to-one with me. Hedges trimmed, shrubs pruned back, areas cleared and opened up to increase light and functionality followed by a nice thick layer of mulch. Mulching gardens will aid us going into the summer to hold the moisture in the ground and protecting the plants and soil as best as we can going into the scorching summer we have predicted. As well as the house to house, we also have our lawn mowing schedules to keep to and little check-ups on common areas to make sure they're weed free and tidy for residents and visitors.

We do ask for your patience as we continue our way around the village, we will get to you as soon as we can. Requests are available but we do ask if it is for garden trimming and tidying to refrain from submitting these as it disrupts our flow of house to house and it will create delays getting to other villas.

It does take a little bit more time mulching and cutting things right back but the reasoning for doing big tidies and mulching is so going into next year we will be up to speed in the village and gardens will be 5x more manageable for the gardening team to work in and be able to provide quicker and more efficient help to residents.

Looking forward to seeing you all again round the Village.

Cait

What's on this coming week and next



Movie Group

Tuesday 26 September – Andre Rieu – Royal Dreams

Andre and his colourful orchestra play a great selection of songs and dances.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



Friday Night Raffle – 15th September 2023

A very busy enjoyable evening meeting our new residents and socialising in general.

The dwelling draw was undertaken by Terry Middlemost our CEO, thank you Terry, and the winner was Rosalie Hancy.

Dianne Turner was succumbed into rolling the balls for our main draw and the winners were:

Roy Keepin, Barbara Dines, Clark Robbie, Mary Barrett, Wilma Cooper, Adele Carlisle, Barrie Flint, Rosalie Hancy, Ted Ranyard, Beverley Wade, Shirley Jones, Denis McCarthy, Paula Turner, Evelyn Ross, Patrick Knell, Clive Sandham, Gerald Anderson, Maureen Capon, Dianne Turner, Nancy Cotton, Monica Creedon, Brian Sutherland and Graeme Pullar.

Congratulations to all our winners and see you next week.

Daphne Markwick
478 9803

Morning Melodies

The Royal New Zealand Air Force Band – Monday 9th October.

The bus will leave the Lodge at 9.45am and return at 12.30pm. Please contact reception if you are interested in attending.

Residents' Notices

Garden Club

A big thank you to all the lovely residents who kindly donated plants and produce for our Trading Table. It was a very successful day.

A big thank you also to my helpers Lesley, Claire, Ann and Garry.

Cheers
Barbara Dines

Volunteer Driver Required

We are looking for a volunteer driver to drive the village bus to Morning Melodies at the Bruce Mason Centre on Monday 9th October, leaving the Lodge at 9.45am and returning at 12.30pm.

Please contact reception if you are able to help.

Pensioners Picnic Parties

I would like to arrange monthly trips to local area gardens as a pleasant and instructive way to spend a couple of hours once a month. Free use of the village bus and all it would cost is an afternoon of your time once a month.

If you are interested, come to a meeting in the 3rd Floor Sun Room on Wednesday 27th September at 10am.

Jim Bell, A431 Ph: 027 921 4095

Rocking Horse Needs a Rider

Many children have enjoyed riding this lovely Rocking Horse which now needs a new rider. So, if you know any youngster who would like to ride, you are welcome to the free loan of this rocking horse but please return it when you have no further use for it.

PS I made it for my granddaughter who now lives on a sheep farm and rides her horses there!

Peter Woolnough 0274855637



Retirement Village Information from the Residents Association (RVR)

Coming to your letterbox by the weekend.

A very important questionnaire for all village residents (members and non-members). Also family members if they are interested.

Why?

A chance for every resident to comment on possible changes to the Retirement Village Legislation.

Fold the questionnaire when finished and post Freepost or use a \$2 stamp as a donation. This will be forwarded to the Ministry of Housing and Urban Development (MHUD).

If you have any questions, contact your RV Resident representative Alison Leadley phone 479 9338 and I will endeavour to help. I have extra copies for couples if they both wish to complete the questionnaire.

Your participation is vital to enable the Ministry to determine if the proposed changes should apply only to new residents or ALSO to you as a current resident.

WILLIAM'S MUSIC ACADEMY



IS COMING TO FAIRVIEW

Sunday 24th September - 4pm

To present an afternoon of String Music by his
very talented students - their ages 5-15

**COME AND SUPPORT THIS GREAT GROUP
THEY WILL NOT DISAPPOINT**

GOLD COIN DONATION

Laughter Lines

Today's Distractions:

1. In my mind I am still 24, but my back is 55, my knee is 67 and my left hip turns 81 next week.
2. Once you lick the frosting off a cupcake it becomes a muffin... and muffins are healthy!
3. I am so sick and tired of my friends who cannot handle their alcohol. Last night they dropped me 3 times while carrying me to the car.
4. I have my very own built in alarm clock.....it's called a bladder, and it does not have a snooze button.
5. I stood waving to my neighbour for 10 minutes this morning before realising that she was cleaning her windows.

At a girls college hostel dates were permitted only on Saturday nights. One young man showed up on Tuesday evening explaining to an older woman in the lobby of the dorm that it was imperative that he see a certain young lady immediately. "I want to surprise her. You see, I am her brother." "Oh, she'll be surprised all right," said the woman." But think how surprised I am! I'm her mother!"

I never married because there was no need. I have three pets at home which all answer the same purpose as a husband. I have a dog that growls every morning, a parrot that swears all afternoon, and a cat that comes home late at night and cries 'till I let him in. – *Marie Corelli*

The golf course was haunted by a malicious leprechaun who exploited the desperate ambitions of the poorer players. He slipped up beside one unfortunate man who was ploughing the fairway in a club competition. "Look," he said, "if you agree never to court a woman, flirt with a girl, or marry, I'll help you win." "Done!" shouted the young golfer with the desperate abandon of his breed. When the golfer was in the clubhouse changing and receiving the congratulations of the members the leprechaun popped upon the shelf of the locker room. "Hey," said the little elf, "I have to have your name for my records. What is it?" "Father Murphy," grinned the golfer as he adjusted his Roman collar.

When she opened the door a forlorn tinker stood on the door step. "Please me good woman, could you spare me a bit of creamy cake?" She was shocked. "Now wouldn't bread be much better for you?" He shuffled his feet: "I know mam. But today's me birthday."

Trivia:

1. Camels milk does not curdle.
2. The Spanish word, *esposa*, means both *wife* and *handcuff*.
3. Human saliva contains a painkiller called, *opiorphin*, six times more powerful than morphine.
4. More money is spent on gardening than any other hobby.
5. Sugar was first added to chewing gum in 1869 by a dentist, William Semple.

5 things not to say to a Traffic Cop: **1.** "I can't reach my licence unless you hold my beer.' **2.** 'Aren't you the guy from the Village People?' **3.** 'Hey, you must have been doing 170 to keep up with me, great job!' **4.** 'I thought you had to be in relatively good shape to be a police officer.' **5.** 'No, I don't know how fast I was going; the little needle stops at 200.'

And finally: Judge: "What gear were you in at the moment of impact?" Prisoner: Gucci shorts, a polo shirt and reeboks."

From the Joke books of A. Nonny Muss

SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING SEPTEMBER 2023

To assist residents to be informed of decisions made by the Residents' Committee, below is a summary of matters following our meeting of the 12th September 2023. Full minutes will be available in the library following the confirmation of the minutes at the next monthly meeting.

PRESENT: Alastair Glyn-Jones (Chair), Andra Glyn-Jones, Wendy Johnstone, Mark Jennins, Alison Leadley, Barbara Bailey, Gordon Tasker, Averil Denvers, Angela Woolnough
Marika Laflamme, Benjamin Peattie later

FINANCIAL POSITION

The balance in the account as at 11 September 2023 is \$695.05. The amount on fixed deposit is \$10,000. It was proposed that some of the money on fixed deposit (due October) be put towards the increasing expenditure. This was agreed to.

GENERAL

The committee discussed these safety issues; street lights that are not working or covered by vegetation, the poplars that need to be cut at the front entrance, and people who are still parking on the grass.

It was noted that the Razzle Dazzle evening was a great success, and the food was excellent. A welcome event for newcomers on 15th September was well attended. The calendar of social events leading up to Christmas is now well filled up – thanks to management organising a number of the events.

The committee felt it would be a good idea if one committee member was consulted before buying new equipment as it needed to be age-appropriate. A number of maintenance problems were addressed and hopefully these will soon be resolved.

The next meeting will be on 10th October at 10.00 am.

REMINDER FOR RESIDENTS and VISITORS

***Please do not park your car on the grass verges.
Grass and sprinklers are easily damaged.***

SCOTTISH NIGHT AT FAIRVIEW

Thursday 5th October

\$30 per Head

ARRIVE EARLY AND WALK THROUGH RECEPTION WHILE ANTON PLAYS THE BAGPIPES. PROCEED TO THE BAR OR YOUR TABLE AND BE SEATED BY 5.30 FOR THE START OF THE SHOW.

The evening starts off with a welcome from President of Residents Committee, Alastair, who will then hand over to Jill Draper, who will introduce Fiona Hunt and her dancing troupe of pupils who will perform the highland fling and other dances on the stage.

At 6 pm the haggis will be presented by Alastair and piped in by Anton



DINNER WILL THEN BE SERVED.



After dinner guests will be entertained by the Fairview Dancing group who will be performing Scottish dances led by their teacher Pat.

Dress Code: Kilts or any Tartan

Scottish Night

Thursday 5th October 5:30pm \$30

To start

Warm garlic bread

Choice of Plated Main Dish

GF Poached salmon with lemon and caper sauce

GF / DF Braised beef bourguignon

Sides

GF Buttery mashed potatoes

GF / DF Aromatic roasted vegetables

(sweet potatoes, carrots, beetroots, onion & garlic)

Dessert

A traditional dessert sampler

Cheesecake, custard fruit tarts & red velvet

With chocolate sauce and berry coulis

Please pay & book at reception by 2nd October



Cancer Society
Daffodil Day

Fundraiser Quiz

Wed 11 Oct 2pm

Join Quiz Master Benjamin & the Fairview team for a fun afternoon!

- \$10/person - for a pub style food platter and a \$5 donation to the Cancer Society.
- 10 rounds of 10 questions.
- The Bar will be open.
- Team up to **6** people (we can also team you up with other people if need be).
- The winning team will receive a voucher of their choice each (either for Relish Cafe or Housekeeping services).

**RSVP & pay at reception by Mon 9 Oct 5pm.
Wear something yellow for more fun!**

Strength and Balance

Monday 25 September - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Tai Chi – with Weiping (Note change of venue)

Tuesday 26 September - 1.30pm

Sun Room 3rd Floor

Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

Beautician

Wednesday 27 September - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Dancercise with Libby

Thursday 28 September - 10.45am – 2nd Floor Lounge

\$5.00 per person.

We appreciate the subsidy from the Village Residents' Committee.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 28 September - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Doctor

Thursday 05 October – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 05 October - 9.00am to 12.00noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

WEEKLY SCHEDULE

25 September to 01 October 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 25 Sept	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Annual General Meeting	10.00am	3 rd Floor Lounge
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 26 Sept	Mini Bus –Albany Westfield	9.15am/9.45am/10.15am	Return: 10.30am/11.00am/11.30am
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi	1.30pm	2 nd Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Movie Group	7.15pm	Andre Rieu – Royal Dreams
Wed 27 Sept	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 28 Sept	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Dancercise Class with Libby	10.45am	2 nd Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 29 Sept	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 30 Sept	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 01 Oct	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Relish Cafe
By Chef Noris & Team

Dinner Menu

25 Sept to 01 Oct

Bookings by 1 pm on the day
(please phone 477 3957)
Small Meals \$17 – Large Meals \$19
\$2.00 delivery fee applies per Villa

Monday / (Pork)

GF Hickory Pork Belly BBQ, steamed cauliflower and carrots served with twice cooked rosemary potatoes

Tuesday / Seafood

GF Smoked Fish pie - smoked kahawai, hoki and salmon with boiled eggs topped with parsley mashed potatoes served with glazed carrots and peas

Wednesday Roast / Lamb

GF Lamb Roast, mustard gravy, minted peas and maple glazed carrots served with Crispy Roasted Potatoes & Pumpkin

Thursday / Chicken

GF Chicken Schnitzel, Tzatziki sauce, mashed potato, green beans and carrots

Friday / Fish

Fish on Friday – Beer Battered Market Fish , Slaw and Fries

Saturday / Pork

Grilled Pork teriyaki, Steamed rice, Asian Stir-fry vegetables

Sunday Roast / Lamb

GF Lamb Roast, mustard gravy, mint sauce, peas & corn, crispy roasted pumpkin and potato

Alternative TAKEAWAY Dinner Menu – in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY

Corned Beef and mash \$17 / Beef Bourguignon \$17 / Lamb Shanks \$19

