# The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 16 October to 22 October 2023

No. 292

#### From the Manager's Desk

Good afternoon everyone

Thank you to Jill Draper, Alastair Glyn-Jones and the Social Committee for the lovely Scottish Night evening they have hosted. It was amazing to see everyone dressed up for the occasion.

Thank you to our great Quiz Master Benjamin for hosting our first fundraiser quiz yesterday for the Cancer Society. We welcomed 50 residents, with 1 table from Settlers. We raised \$275 for the cause, thank you all for coming, it was a fun afternoon.





#### Welcome to our new residents

Welcome to Arthur & Doreen Beaman who moved into villa 56 on Tuesday of this week. We hope you enjoy your new home and Fairview Village as much as we all do.

#### **AGM Minutes**

The minutes of the AGM are now available in the library, in a blue folder labelled "Financial Information". Copies are also available at reception if you require your own copy.

#### Printed newsletter

We have been emailing the newsletter to residents for a few months now and this is appreciated by all. Following consultation with the Residents Committee, and from 2<sup>nd</sup> November, we will carry on printing the newsletter for residents who wish to pick up a copy from reception but will no longer be delivering to all by default. Cherie will keep an updated list of residents who cannot collect a copy from reception so it can be delivered to those only. Please inform Cherie if this is the case for you.

### Residents' Birthdays Morning Tea Friday 13th October

Cherie has contacted residents whose birthdays are in October to attend our monthly morning tea on Friday 13<sup>th</sup> October at 10am in the Lounge. I am looking celebrating with you.

#### Shopping trips schedule Tuesdays 17th and 24th October

The shopping bus is back on running to the normal schedule of 3 trips to Albany Westfield.

#### "Transfer to an Apartment or Fairview Care" Presentation to residents - October 2023

Following feedback from residents wanting to understand how it works to transfer to an apartment or to Fairview Care, I will be hosting presentations for any residents who are interested in getting to know more about transferring and its financial details. Sessions are open to 10 people at a time to ensure we can answer all your questions as we go. Please RSVP at reception.

### Musical afternoon on Sunday 22<sup>nd</sup> October

Musical afternoon with Patrick playing the piano from 5-6pm on Sunday 22<sup>nd</sup> October.

#### Inorganic Rubbish Collection 23rd to 27th October

The village will be having an Inorganic Rubbish Collection on the week of 23<sup>rd</sup> to 27<sup>th</sup> October. Waste Management will be collecting items from the designated collection point. We will provide more information on where and when you can start bringing your rubbish as we get closer to the date.

#### Genealogy Presentation Wednesday 25th October

Emias William will be giving a genealogy presentation on Wednesday 25 October at 2pm in the 3<sup>rd</sup> Floor Lounge. He is a genealogist specialising in family tree making. He builds family trees ranging back to the 1500s with pictures, records, and general family history that his clients didn't previously know. Family history is his passion, specifically, the stories of settlers immigrating from Europe to our beautiful country, showing people where they came from, and the stories of their Ancestors, are his greatest joy. Please RSVP at reception.

#### Market Day Thursday 23rd November

Our annual Market Day will be on Thursday 23<sup>rd</sup> November. If you would like to have a stall or know someone who would be interested in selling their products at our Market, please contact Diana or pop in at the weekend to see her at reception.

#### **Christmas' Competition**

Christmas is coming and we would love to have a 'best decorated apartment door in the Lodge' and a 'best decorated mailbox for villas' contest? There will be a prize for both winners! Residents will be able to vote for their favorite design. If you are interested in participating in this project, please let us know at reception.

Enjoy the weekend everyone!

Marika

Thank you to Peter and Angela Woolnough from Villa 3 for loaning Mia their beautiful family heirloom riding horse.

Mia loved her surprise when she woke up that morning (hence the messy hairdo and the pyjama! (5))





Hello Everyone,

Welcome back to another week of the Nurses Corner.

Thank you to all who came out for the Daffodil Day Quiz yesterday. It was a lot of fun to host and I'm hoping everybody had a good time! Thanks to the Bar Committee for opening the Bar for our Residents and thanks to Noris & the Café team for supplying the platters for the quiz teams. Results of the quiz as follows:

- 1. Flying Fairies in inverted commas 66 points.
- 2. Dolls + Guy 65 points.
- 3. Lucas (Settlers team) & the Plain Nuts 64 points.
- 4. No Brains Trust 62 points.
- 5. Guys + Doll 61 points.
- 6. The Magnolias 59 points.
- 7. Five + Two 58 points (Winners in reverse).

Together, we managed to raise \$275.00 for the Auckland Cancer Society which is an amazing cause.

The wonderful Libby Augustin who runs our Dancercise Class has expressed interest in running an **Aqua class** every week beginning Friday 3<sup>rd</sup> of November 2023 at 9.15am in our Level 2 pool. This will be a brilliant addition to our existing program, and it is encouraging to see more and more people turning out to these classes. This Aqua class will be \$5.00 per person.

As mentioned, the last few weeks, I am wanting to do a manual check of the Nurse Call points in every Villa & Apartment as well as Pendants. Thus far all the call-points are working as they are supposed to. The next group of call points I will test next week beginning the 16th of October are Iris Watch & Jasmine Knoll. I will be hoping to do these checks between 10am and 11.30am Monday to Friday depending on how long it takes. I will let subsequent streets know when I will be coming by to do these checks. For Nurse Call Pendants, if you are going to be out of the village if you leave your pendant on the table, I will test it to see if it works then.

Given the significant number of call points to test across the village, I aim to complete this over the next few weeks to months. To aid in speeding this up, I will access the Villas or Apartments by knocking first, if there is no answer and you have indicated previously it is okay to access your villa or apartment without you being present, I will let myself in, test the call points and leave a card to let you know I have been by. If there are any residents who wish to be excluded from this check or need to be present while I am checking their call points, please let me know by phoning myself directly on 021 861 706 and I will organise a time with you for this.

#### Benjamin Peattie

HOD Health & Wellbeing - 021 861 706 - benjamin@fairviewvillage.co.nz



#### Meet the staff

Meet our team we had on the Scottish Night. Thanks to our new Chefs and our kitchen team for making your evening a memorable fine dining experience. We are very proud to be part of this traditional celebration. Hope you liked our Scottish outfits!



#### Thank you for your feedback on our Scottish Night Dinner

We would like to thank you very much for your overwhelming feedback following the Scottish night dinner. We hope you all had a tasteful spoon of the haggis with our whiskey sauce. I enjoyed the Haggis as it's like our Filipino menu called "blood stew". We also use the unwanted cuts of meat in our traditional Filipino cuisine.



#### **Lunch Special for October**

Try our Prawn Tacos! 2 pieces of soft taco shells loaded with green salad dressed with aioli and chipotle sauce, topped with crumbed prawns.

#### New on the Menu

Thank you for trying our new items on the Menu. So far, the favorites are Southern Fried Chicken Waffle and Grilled Haloumi Avo Bruschetta. Please check the daily emails from Cherie as our Chefs' are also doing some daily lunch specials.







#### Relish Crockery & Dinnerware

Some of our residents do not like having their meals served in a takeaway plastic container, and we also try to save on rubbish and cost, so we serve our meals in our standard crockery. However, we are running out of plates and crockery e.g., lasagna oval dishes, bowls, and other crockery. Please return any crockery the next day.

#### **Relish Gift Vouchers**

Great news, Relish Gift Vouchers are now available to purchase at reception. The perfect gift for this coming festive season. You can use it in the Café at any time, and it is as good as cash. We encourage you to redeem the amount in full, in one purchase, but we can write the balance at the back of your gift voucher. We won't offer cash change for the difference of your gift voucher.



From Noris and the Relish team



#### **Garden Corner**

Hello All,

Just a quick update from myself and the Boys. We are moving through all our major jobs before summer makes an appearance and the heat starts cranking.

Just a quick one regarding our Rubbish Collection on Mondays. Please remember to have your Rubbish/Recycling/Green Waste out on the street before 7:30am. Anything on the side of the road will be picked up. We collect in two teams, one on recycling and the other team on rubbish, in our blue truck. Please make sure rubbish is in <u>ONE</u> bin bag please - not multiple small ones.

A big thanks to Paul Fleming for taking time out of his mornings to be our truck driver on Mondays and Fridays. It's been unbelievably helpful, and his bubbly personality really brightens our glum Monday Mornings.

Currently we are going through our house-to-house cycle down Lavender, undertaking all work discussed during our one-on-one meetings as well as our odd jobs in between. We're giving things a nice spring tidy and shaping as well as getting that nice layer of mulch down.

Monday, we welcomed Connor to the team. Connor is an outdoorsy guy who loves fishing, boating and camping. He enjoys spending time with family and friends and his rescue dog. If you see him around don't be afraid to say hi.



I'm continuing to jump around and get those last-minute prunes in for our Roses, Hibiscus and Tibuchinas. Cutting things back now and opening the plant up gives it a nice strong foundation to bloom into the next year. Remember, if you are out pruning, look after your tools afterwards. After use, make sure you are keeping them clean and healthy. Soak in vinegar and water and scrub with steel wool to remove any rust, rinse and dry. Soak in bleach and water to sanitize, rinse and dry. CRC is a great one to use to oil those hinges and sanitize your equipment. Keeping the blade nice and sharp won't only help with cutting easily but will also prevent damage. Unclean cuts on a plant leave it wide open and susceptible to pests and diseases.

Thanks, Cait and the Boys

# What's on this coming week and next



#### Movie Group – Tuesday 17 October

7.15pm Level 2 Theatre - The Young Victoria

Eighteen year old Victoria ascends to the throne and is romanced by her future husband Prince Albert in this lush period film.

Stars - Emily Blunt and Rupert Friend.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us. Peter Woolnough

# Friday Night Raffle - 6th October 2023



This week we sold three major raffles and one minor.

The dwelling draw was undertaken by Maya Kimura-Dines, a visitor to the village and the winner was Denis McCarthy. Congratulations Denis.

The main raffles were drawn by Earl Troughton. The winners were:

Ledlie Nevill, Viv Hood, Earl Troughton, Lois Hadfield, Lorraine Dale, Bruce Benfell, Jill Draper, Bruce Draper, Denis McCarthy, Judy Jetten, Clark Robbie, Maya Kimura-Dines, Priscilla Page, Sandie Jennins, Rosalie Hancy and Neville Turner.

Congratulations to all of our winners. We look forward to seeing you all there this week.

Diane Brown Raffle Convenor - Tel: 478 3581



#### **BINGO**

Another good evening was held on Saturday 7<sup>th</sup> October 2023. Over 50 people attended, with many going home with a "**Prize**".

Why not come along and join friends, have fun and go home richer. Next game Saturday 2<sup>nd</sup> November 2023.

Hope to see you there!

From the Bingo Team 😊

#### **East Coast Bays Catholic Parish**

Our Liturgy Service for this month will be held in the Sun Room, 3<sup>rd</sup> Floor next Friday 20<sup>th</sup> October at 11.00am

Holy Mass will be celebrated by a priest of our parish. We are very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

Following the Mass, we will enjoy refreshments together in the lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information, please contact Natalie Turner Phone 479 9527.



# Garden Club - Wednesday 25th October

A trip has been arranged to visit Greenlaw in Helensville on Wednesday 25<sup>th</sup> October. Lunch will be included, and the cost is \$17.00.

The owner has said that it may still be a bit wet underfoot. (So don't wear your new Skechers!).

The bus leaves at 10.00am.

Phone Anne Pike 475 6741



# Aqua Class – Friday 3<sup>rd</sup> November

Aqua class - level 2 swimming pool commencing at 9.15am. The cost is \$5.00 per class.

Swimming shoes are recommended.

#### Residents' Notices



## **Rugby World Cup**

The All Blacks play Ireland this Sunday 15th October.

Come and join us to watch the match live on the big screen in the Lounge

The kick off is at 8.00am



# Melbourne Cup - 7th November

Sales at \$2 per bet in the card room from 3pm? The race is at approximately 5pm on the big screen in the lounge. You can place multiple bets.

Noris is planning to have a served buffet; sliders - salmon canapés - chicken pieces - and other yummy food. The cost will be \$19 per plate and must be ordered by 4<sup>th</sup> November.

There will be more information in next week's newsletter.

# **Morning Melodies**



I will cancel the bus for the November concert and focus on Monday 4<sup>th</sup> December for the Royal New Zealand Navy Band. I have looked at the availability of purchasing 12 tickets, so I need to make a decision on obtaining tickets.

Please let Cherie know if you are interested in buying a ticket.

Shirley Jones

# **Mobility Scooter for Sale**

Ride on mobility Pathrider Deluxe scooter - \$1100.00 Please phone Anne 475 5736

This is a photo of Elaine McClintock with her gold medal after winning

the Auckland Lawn Bowls Masters mixed pairs for 2023.

Our congratulations to Elaine from all her friends at Fairview.



## Pensioners Picnic Party

Now confirmed for Sunday 19<sup>th</sup> November for the first trip.

The village bus will leave from our main entrance at 2pm on the 19<sup>th</sup> November, travel down the motorway, over the bridge to the 100 plus year-old Wintergarden in the Auckland Domain. Access is by a small stairway but residents with walkers can wait at the duck pond garden across the road.

The 100-year-old giant glasshouses hold hundreds of lovely managed plants in each house. One house is kept at a tropical temperature and planted with lots of tropical plants. The other house has lots of NZ natives. The 2 glasshouses are placed at each end of the planted pond. Just quietly stroll through each house as our bus will allow one hour for your stroll.

Then we reboard the bus and go back over the bridge to Onepoto Garden at Northcote. This spacious park is set in a volcanic cone with a pond, easy walks and a green area for picnics.

We will provide seats for you to enjoy your homemade sandwiches which you can bring with you. There will also be a BBQ sausage with either tomato or mustard sauce and a bread roll for \$3. As well as hot English breakfast tea or spicy chilled tomato juice. After an hour in the park, we will drive to Fairview singing happy tunes and an old time sing along.

If you want to come and join, write your name, phone number and residence on an envelope and place it in mailbox A431 in the reception area as soon as possible. If coming with a companion(s) write all the names on one envelope so that you will not be separated.

Jim Bell A431

#### Scam

Please be aware of the latest scam. It appears that Microsoft contact you to advise that there is a virus on your laptop or computer, and they request that you contact them by phone. Please do not phone them and delete the message.

### **Gareth's Puzzle**

Last week's puzzle asked what links the following?
The Fleadh Cheoil, The Archbishop of Armagh, Sinn Fein, and the Irish rugby union team?

Ad mor ort. Well, "Ad mor ort" is one way of saying "Good luck" in Irish. So it is an Irish question. And the answer is that these cover the whole of Ireland, Eire and Northern Island.

The Fleadh Cheoil is a traditional music festival, The two Archbishops of Armagh, catholic and protestant, cover all Ireland as does Sein Fein and the Irish rugby team.

This week's puzzle is what links and comes fourth for these items? A Scotland, B Scholars and historians, C Travellers, ?????????

And Cymru Am Byth for a certain rugby team playing this weekend! Gareth

#### A note from Gareth

Below is a copy of my latest email to Auckland Transport, their boss and the Auckland mayor regarding the much-needed bus stop for east-bound buses on Oteha Valley Road at Medallion Drive. Don't hold your breath but I am still trying on this matter.

#### Good morning.

The question is still the provision of a bus stop at Oteha Valley Road at the junction with Medallion Drive for buses travelling East from the Albany bus station and onwards towards Browns Bay on bus number 83. The alternative for us is a kilometer plus walk to the bus station or the bus stop near Rising Parade. In previous emails, most attached above, you have advised that you knew there was a gap at Medallion Drive and a couple of years ago advised me that this was about to be provided that year. But then there was an access question near to where the bus stop was proposed. Then there was an apparent lack of money. One problem continually after another in providing a simple facility viz a bus stop on the existing no. 83 bus route. Council continually exhorts us to use public transport, yet we cannot without a long walk. We don't need a shelter or a bus stopping bay. Just a bus stop and buses that stop.

Please advise us that there is some positive progress on this matter that has been dragging on for several years.

Yours - Gareth Hancock plus the dwellers in Fairview Village, Fairview Avenue, Medallion Drive and the surrounding area.

# **Guess Who?**



Can you guess who this resident is?

If you think you know who this is, pop your name and your guess on a piece of paper and place it in the box at reception.

Next week we will publish who the mystery resident is, and who guessed correctly.

#### FAIRVIEW VILLAGE LIBRARY LATEST BOOKS INCLDG LARGE PRINT

#### **NEW BOOKS**

**Call of the Penguins by Hazel Prior** - The sequel to *Away with the Penguins*' Veronica 87 years old and 9 year old Daisy are invited to travel to the other side of the world together and visit the penguins of the southern hemisphere, they both jump at the chance. A delightful feel-good novel.

**Another Life by Kristin Hannah** - A moving story about two women - one who yearns for a child to love and the other craving a mother's love. Together they will be tested in ways that neither could have imagined.

**Identity by Nora Roberts** - A new thriller about one man's ice-cold malice, and one woman's fight to reclaim her life. We have robbery, murder and identity theft! This could have been ripped from the headlines!!

The Memory Tree by Jennifer Scoullar (Large Print) - Playing God is a dangerous game ... When forest protests engulf a tiny Tasmanian timber town, one family's century of secrets threatens to destroy a marriage – and bring down a government.

**Kill Alex Cross by James Patterson (Large Print)** - The President's son and daughter are abducted, and Detective Alex Cross is one of the first on the scene. But someone very high up is using the FBI, Secret Service, and CIA to keep him off the case and in the dark.

#### **DONATED BOOKS**

**Sunflower Sisters by Martha Hall Kelly -** Inspired by a true story, this is the story of Georgeanna Woolsey, a Union nurse who joins the war effort during the Civil War, and how her calling leads her to cross paths with Jemma, a young enslaved girl who is sold off and conscripted into the army, and Ann-May Wilson, a southern plantation mistress whose husband enlists.

**Dirt Town by Hayley Scrivenor -** Twelve year-old Esther Bianchi disappears on her way home from school in the small town of Durton - and the truth will not come easily. Dirt Town by Hayley Scrivenor is an atmospheric crime novel set in rural Australia.

**The Paris Agent by Kelly Rimmer -** 1970—In the aftermath of his war-ravaged past, Noah Ainsworth is still haunted by memories of his time as a fearless British operative in France. But a critical head injury left Noah with frustrating memory gaps and a burning question that plagues him—who was the agent who saved his life during that tragic final mission?

**Storyteller by Christine Courtenay (NF) -** The long-awaited memoir of the late Bryce Courtenay - Australia's bestselling author - as told by his wife, Christine Courtenay. Bryce Courtenay was a born storyteller. The success of his extraordinary debut The Power of One made publishing history, and in the years that followed Bryce continued to entertain and inspire thousands of devoted readers around the world with his sweeping epics and larger-than-life characters who embody the strength and triumph of the human condition.

# **Wisdom for the Next Election**

If God wanted us to vote, he would have given us candidates.

~Jay Leno~

The problem with political jokes is they get elected

~Henry Cate, VII~

We hang the petty thieves and appoint the great ones to public office

~Aesop~

Politicians are the same all over. They promise to build a bridge even where there is no river. ~Nikita Khrushchev~

When I was a boy I was told that anybody could become President; I'm beginning to believe it.

~Clarence Darrow~

Politicians are people who, when they see light at the end of the tunnel, go out and buy some more tunnel.

~John Quinton~

Why pay money to have your family tree traced; go into politics and your opponents will do it for you.

~Author unknown~

Politics is supposed to be the second-oldest profession.

I have come to realize that it bears a very close resemblance to the first.

~Ronald Reagan~

Politics is the gentle art of getting votes from the poor and campaign funds from the rich, by promising to protect each from the other.

~Oscar Ameringer~

I offer my opponents a bargain: if they will stop telling lies about us, I will stop telling the truth about them.

~Adlai Stevenson, 1952~

A politician is a fellow who will lay down your life for his country.

~ Tex Guinan~

Instead of giving a politician the keys to the city, it might be better to change the locks.

~Doug Larson~

We'd all like to vote for the best man, but he's never a candidate.

~Kin Hubbard~

# **Laughter Lines**

#### Some trivia:

- 1. Cats have over 1000 vocal sounds while dogs have about 10.
- 2. More money is spent on gardening than on any other hobby.
- 3. Abraham Lincoln's mother died when the family cow ate poisonous mushrooms and she drank the milk.
- 4. The human body contains about 96,000klm of blood vessels.
- 5. The game of snooker originated in India.

An expectant father rang the hospital to see how his wife was progressing. By mistake he was connected to the local cricket ground. "How's it going?" he said. "Going well," came the answer. "We've got three out and hope to get the rest out before lunch. The last one out was a duck ......hello....hello ...are you still there?"

Two con men walked into an English pub called the publican over and asked his to settle an argument. "Are there two pints in a quart or four?" asked one. "There are two pints in a quart." confirmed the publican. The moved back along the bar to where they had been drinking and soon a barmaid asked for their order. "Two pints please Miss, and they're on the house." When the barmaid began to doubt that her boss would dispense free beer, one of the lads called out to the publican at the other end of the bar, "You did say two pints didn't you?" "That's right, shouted the publican, two pints."

The woman at the party was intent on making the acquaintance of a young medical officer. "Do you deal with many accidents?" she asked. "I really don't know," he replied. "But you are a doctor, what do you mean you don't know?" "How could I, he said. "My field is obstetrics."

There was a terrible accident at the factory down the road where Fred fell into the upholstery machine. He is now fully recovered.

The doc told the patient he had some bad news, and some very bad news. "What's the bad news?" "You've only got two weeks to live." "What news can be worse than that." cried the patient. "I should have told you a fortnight ago." replied the doctor.

<u>Daffynitions:</u> **BORN EXECUTIVE**, a bloke whose father owns the company. **ANTI FREEZE**, when you don't talk to your uncle's wife. **KNIGHT**, at the end of the day. **MANTILLA**, where the captain steers the boat. **MONOLOGUE**, not much left in the woodpile. **REDOUBT**, having second thoughts. **STATUE**, a form of greeting. **TRISECT**, a religious group of three.

#### Silly Instructions:

- 1. On a New Zealand insect spray "This product not tested on animals."
- 2. On a Marks & Spencer Bread Pudding "This product will be hot after heating."
- 3. On a string of Chinese-made Xmas lights- "For indoor or outdoor use only."
- 4. On "Boots" children's cough medicine- "Do not drive a car or operate machinery."
- 5. On a helmet mounted mirror sold in the US- "Remember, objects seen in the mirror are actually behind you."

And finally: You know you work for the government when the task you were just assigned was late when you received it, and you are required to justify why.

From the joke books of A. Nonny Muss



# 10 Minute Wonders

Short plays and poems

Written and acted by Fainliew's own

Bar open hours from 4pm - 5pm Show from 5pm - 6pm

> Sunday 15<sup>th</sup> October 3<sup>rd</sup> Floor Main Lounge

Come for a drink or a coffee to recover from the Election!!

Family and friends are welcome.

#### Strength and Balance

Monday 16 October - 10.30am – 2<sup>nd</sup> Floor Lounge
Please remember to bring your water bottle – it is very important to keep your fluids up.

#### **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

# Tai Chi – with Weiping (NOTE: Change of Venue)

Tuesday 17 October - 1.30pm

Sun Room 3rd Floor

#### Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way. Our thanks to the Village Residents' Committee for their ongoing subsidy.

#### Beautician

Wednesday 18 October - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

#### **Dancercise with Libby**

Please note that the class on Thursday 19th October is cancelled.

# Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 19 October -  $1.30 \, \text{pm} - 2^{\text{nd}}$  Floor Lounge Monthly prepaid fee of \$20.00. We appreciate the subsidy from the Village Residents' Committee.

#### **Doctor**

Thursday 19 October – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room Please contact reception if you would like an appointment to see Dr Paul Hunter.

#### **Podiatrist**

Thursday 19 October - 9.00am to 12.00noon -3rd Floor Doctors Room If you would like an appointment to see Paul Hames, please contact Reception.

# **WEEKLY SCHEDULE**

#### 16 October to 22 October 2023

# RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 16 Oct	Hair Salon	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
Tue 17 Oct	Mini Bus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Tai Chi (change of venue)	1.30pm	3 <sup>rd</sup> Floor Sun Room
	Croquet (weather permitting)	1.30pm	Croquet Green
	Movie Group	7.15pm	The Young Victoria
Wed 18 Oct	Hair Salon	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Thu 19 Oct	Hair Salon	8.30am - 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Dancercise Class with Libby Class cancelled	10.45am	2 <sup>nd</sup> -Floor-Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
Fri 20 Oct	Hair Salon	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Catholic Liturgy	11.00am	3 <sup>rd</sup> Floor Sun Room
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Sat 21 Oct	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 <sup>rd</sup> Floor Games Room
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pn
Sun 22 Oct	Outdoor Bowls	1.00pm	Assemble for 1.15pm start
	Musical performance playing piano	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge



# Dinner Menu 16 to 22 Oct

Bookings by <u>1 pm</u> on the day (please phone 477 3957) Small Meals \$17 – Large Meals \$19 \$2.00 delivery fee applies per Villa

#### Monday (Lamb) / Large only

GF Braised lamb shanks, green beans and mashed potatoes

#### Tuesday (Beef)

**GF** Slow-cooked beef cheeks, sautéed Bok choy and broccoli, pumpkin and kumara scoops

# Wednesday Roast (Pork)

**GF** Sliced pork roast with crackles, gravy and apple sauce, peas, roasted potatoes & pumpkin

#### Thursday (Chicken)

**GF** Grilled chicken with napolitana sauce, creamy spaghetti pesto pasta, garlic ciabatta bread

# Friday (KIWI classic)

Market fish, slaw and fries

# Saturday (Beef)

Beef casserole with steamed vegetables and baked cheesy potatoes.

# Sunday Roast (Chicken)

Chicken roast in classic gravy, peas, roasted pumpkin, carrots, potatoes

# Optional Dinner Menu - in foil tin:

GF Braised beef \$17Fish Pie \$17Lamb Shanks \$19