

From the Manager's Desk

The weather has warmed up this week, it was very exciting to have a sneak peek at the summer coming up!

Printed newsletter

We have been emailing the newsletter to residents for a few months now and this is appreciated by all. Following consultation with the Residents Committee, and from 2nd November, we will carry on printing the newsletter for residents who wish to pick up a copy from reception but will no longer be delivering to all residents by default. Cherie will keep an updated list of residents who cannot collect a copy from reception, for health reasons, so it can be delivered to those only. Please inform Cherie if this is the case for you.

“Transfer to an Apartment or Fairview Care” Presentation to residents – October 2023

Our first presentation went well and was appreciated by residents. Sessions are booking quickly but we will be adding dates if need be. Following feedback from residents wanting to understand how it works to transfer to an apartment or to Fairview Care, I am hosting presentations for any residents who are interested in getting to know more about transferring and its financial details. Sessions are open to 10 people at a time to ensure we can answer all your questions as we go. Please RSVP at reception.

Friday	20 th October	2-3pm	Movie Theatre Level 2	<i>Fully booked</i>
Tuesday	24 th October	2-3pm	Movie Theatre Level 2	<i>Fully booked</i>
Thursday	26 th October	2-3pm	Movie Theatre Level 2	

Musical afternoon on Sunday 22nd October

There will be another musical afternoon with Patrick playing the piano from 5-6pm on Sunday 22nd October.

Labour Day Monday 23th October

Please take note of our limited services and skeleton staff for the upcoming public holiday on Monday 26th October.

- Reception will be closed, please bring your swipe with you if coming to the Main Lodge.
- Our Relish Café will be closed but will be providing meals to residents on packages and will be delivering dinners only. Please book at the Café by *Saturday 1pm* for Sunday dinner delivery.
- Rubbish and recycling collection will be done on Tuesday morning instead of Monday morning.

Open Day Tuesday 24th October

Our Sales Manager Robyn will be hosting an Open Day next Tuesday 24th October from 12 to 2pm. Thank you to our Ambassadors for helping us once again and to all residents for making our guests always feel so welcome at Fairview.

Floor Cleaning Levels 2 and 3 on Friday 27th October

Our contractor Slique will be cleaning the tiles in the toilets on Level 3 and in the hallway on Level 2. The area will still be open for traffic but please be mindful of the workers and equipment.

Inorganic Rubbish Collection Wednesday 25th October

The village will be having an Inorganic Rubbish Collection on Wednesday 25th October. Waste Management will be collecting items from the designated collection point, which is the coned off carpark area at the back of the Village, by the Gardeners' Shed. Residents can start bringing items from Saturday 21st October. Please refer to the flyer at the end of the newsletter to know what you can and can't throw away as part of the inorganic rubbish collection.

Genealogy Presentation Wednesday 25th October

Emias William will be giving a genealogy presentation on Wednesday 25 October at 2pm in the 3rd Floor Lounge. He is a genealogist specialising in family tree making. He builds family trees ranging back to the 1500s with pictures, records, and general family history that his clients didn't previously know. Family history is his passion, specifically, the stories of settlers immigrating from Europe to our beautiful country, showing people where they came from, and the stories of their Ancestors, are his greatest joy. Please RSVP at reception.

Market Day Thursday 23rd November

Our annual Market Day will be on Thursday 23rd November. If you would like to have a stall or know someone who would be interested in selling their products at our Market, please contact Diana or pop in at the weekend to see her at reception.

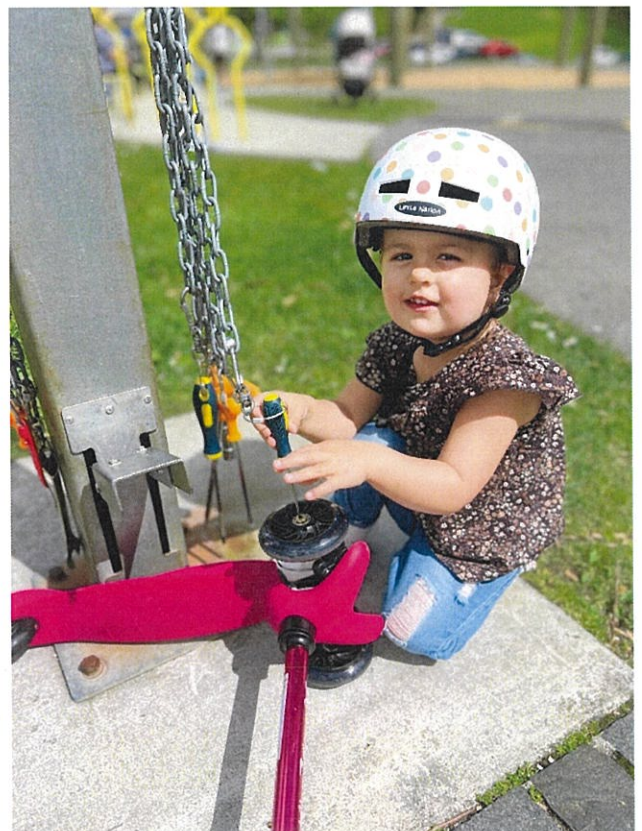
Christmas' Competition

Christmas is coming and we would love to have a 'best decorated apartment door in the Lodge' and a 'best decorated mailbox for villas' contest? There will be a prize for both winners! Residents will be able to vote for their favorite design. If you are interested in participating in this project, please let us know at reception. More information to be provided in November.

Enjoy the weekend everyone!

Marika

Mia is getting her ride ready for the summer!





Nurses' corner

Hello Everyone,

Welcome back to another week of the Nurses Corner.

The wonderful Libby Augustin who runs our Dancercise Class has expressed interest in running an Aqua class every week beginning Friday 3rd of November 2023 at 9.15am in our Level 2 pool. This will be a brilliant addition to our existing program, and it is encouraging to see more and more people turning out to these classes. This Aqua class will be \$5.00 per person.

As mentioned, the last few weeks, I am wanting to do a manual check of the Nurse Call points in every Villa & Apartment as well as Pendants. Thus far all the call-points are working as they are supposed to. The next group of call points I will test next week beginning the 23rd of October is **Kentia Way**. I will be hoping to do these checks between 10am and 11.30am Monday to Friday depending on how long it takes. Typically, I do these checks on the Fridays of the week nominated. I will let subsequent streets know when I will be coming by to do these checks. For Nurse Call Pendants, if you are going to be out of the village if you leave your pendant on the table, I will test it to see if it works then.

Given the significant number of call points to test across the village, I aim to complete this over the next few weeks to months. To aid in speeding this up, I will access the Villas or Apartments by knocking first, if there is no answer and you have indicated previously it is okay to access your villa or apartment without you being present, I will let myself in, test the call points and leave a card to let you know I have been by. If there are any residents who wish to be excluded from this check or need to be present while I am checking their call points, please let me know by phoning myself directly on 021 861 706 and I will organise a time with you for this.

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706 – benjamin@fairviewvillage.co.nz



From the Chef's Oven

Meet the Staff

Meet our New Team Member, A.K. (short for Aashish Kumar). He is our Team Leader/Barista on Sundays. He is a great addition to our Relish Team as he is not only a Barista, but also a qualified Chef! He can make fancy decorative coffee and latte art, and at the same time he can help our chefs during busy meal services. Outside work, he loves to travel and play sports. Look at some of the coffees he has made for our residents so far. Come and say Hi!



October Lunch Special

Try our Prawn Tacos – 2 pieces of soft taco shells loaded with green salad and dressed with aioli and chipotle, topped with crumbed prawns.



Last Week's Events

We hope you enjoyed our selection of hot finger food at our afternoon Quiz last week. It was a platter made of hot chips, prawn twisters, spring rolls, sausage rolls and cheesy garlic quesadillas.



Relish Crockeries & Dinnerware

We know that some of our residents do not like takeaway plastic container, and we appreciate rubbish and cost as well by serving our meals in. However, we sometimes run out of plates and lasagna oval dish, bowls and other crockeries. next day if you can.

having their meal in a that we can save on our standard crockery. crockeries e.g., Please return it the

Relish Gift Vouchers

Great news! Relish Café Gift Vouchers are now available for purchase at reception. This would be a perfect gift for this coming festive season. You can use it in the Café at any time. We would like to encourage you to redeem the amount in full in one purchase or we can write the "change" at the back of your gift vouchers. We won't be able to offer you a cash change for the difference of your gift voucher to your actual purchases.



Relish Café – CLOSED on Labour Day 23 October

Next week Monday 23rd October, Relish Café will be CLOSED for dine-in but will be taking orders for deliveries starting at 5pm. Please check out the Dinner Menu at the end of this newsletter and please book by Saturday 1pm for Sunday dinner.

Cheers, Noris and the Relish Café team

My journey to Holy Land during my holidays by Dolores Sombrero in our Housekeeping Department

It has been my dream and my late husband's dream to go on a pilgrimage to the Holy Land. As a Catholic couple, we believe that undertaking a pilgrimage to Jerusalem will bring us closer to the experience of Jesus as he approached his death. As Christians, pilgrimage to the Holy Land brings the Bible to life and enables us to walk in the footsteps of Jesus Christ. But since my spouse passed away more than 8 years ago, I feel that I had to continue our dream, so I went on with this pilgrimage with 13 other parishioners. It is with a grateful heart to share with you the sacred places of my pilgrimage.

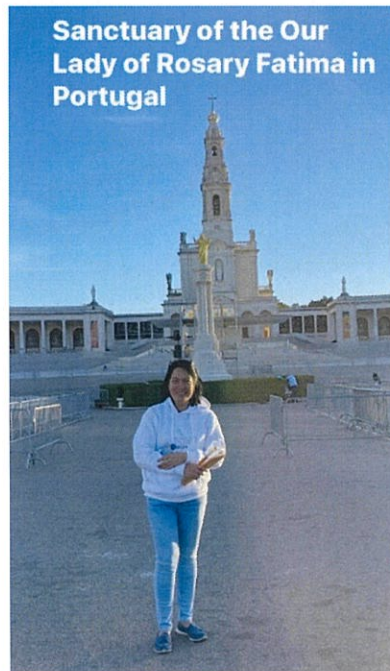
My Spiritual journey began in Jordan visiting different places but an interesting one was Bethany, the place of baptism of Jesus by John the Baptist.

My next destination was Israel and the first sacred place I visited was the Basilica of the Annunciation, the place where angel Gabriel visited the young Mary and delivered the invitation for her to bear God's son. We visited many fascinating sites like Capernaum, Jesus' hometown, and Megido, the most important site in Israel dating from biblical times.

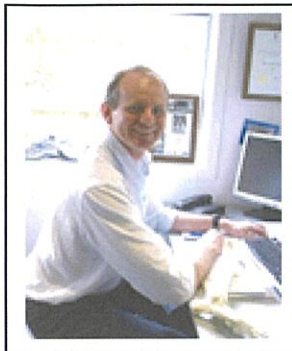
My next destination was Rome in Italy, where most of the sacred churches are, like Church of St Anne and St Peters Basilica in Vatican City. We visited 9 basilicas.

My last destination was Portugal where I visited the shrine of the most Holy Eucharistic Miracle of Santarez and again many other historic sites like the Sanctuary of Our Lady of the Rosary Fatima.

My pilgrimage may have ended in Portugal but my faith in God has strengthened. I would like to share with you some pictures of my pilgrimage. Hope you have enjoyed reading about my special travels.



A word from Paul Hames, **Bay's Podiatry**



'Shockwave therapy' for Plantar fasciosis and Achilles tendinopathy

Mechanism of action

Shockwave creates a (painless) acoustic pressure wave which carries energy to painful tissues, either in subacute or chronic state. The energy promotes regeneration and repair processes of the tendons, fascia, and other tissues. Benefits include reversal of chronic inflammation, dissolution of calcified fibroblasts, stimulation of collagen production and importantly, release of trigger points. This is a great therapy option and does not cause pain.



Please note, for assistance with the above, sessions are held at Bays Podiatry Clinic, Mairangi Bay. For anything else foot related, Paul offers the ongoing special rate for 'Fairview Lifestyle' residents, onsite -

* Podiatry foot care, Scalpel reduction of corns /callus, management of ingrown nails (including nail care) \$40.00 (incl. gst)

So, if you're suffering with foot pain, call reception today for an appointment.

What's on this coming week and next



Movie Group – Tuesday 24th October

7.15pm Level 2 Theatre – Dog Gone

Heart warming true story of a young man's race against time to find his beloved dog Gonker.

Stars – Rob Lowe and Jonny Berchoid.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough



Friday Night Raffle – 13th October 2023

Friday the 13th proved to be very lucky for some of our winners. Congratulations to you all.

The dwelling draw was undertaken by Izzy the granddaughter of Andra and Alastair Glyn-Jones and a brilliant job she did drawing out the winner who was Pam Glaum, congratulations Pam.

Wilma Cooper very kindly turned the machine to produce our raffle winners and they were:

Bev Wade, Lorraine Robinson, Lois Hadfield, Natasha Nevill, Helen Hunter, Dianne Turner, Monica Creedon, Clark Robbie, Bruce Benfell, Bev Barnes, Bruce Draper, Pat Gill, Judy Jetten, Earl Troughton, David Brand, Neville Turner, Brian Dalbeth, Patrick Knell and Colleen Leonard.

See you all next week.

Daphne Markwick
478 9803



East Coast Bays Catholic Parish

Our Liturgy Service for this month will be held in the Sun Room, 3rd Floor next Friday 20th October at 11.00am

Holy Mass will be celebrated by a priest of our parish. We are very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

Following the Mass, we will enjoy refreshments together in the lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information, please contact Natalie Turner Phone 479 9527.



Garden Club - Wednesday 25th October

A trip has been arranged to visit Greenlaw in Helensville on Wednesday 25th October. Lunch will be included, and the cost is \$17.00.

The owner has said that it may still be a bit wet underfoot. (So don't wear your new Skechers!).

The bus leaves at 10.00am.

Phone Anne Pike 475 6741



Fairview Fellowship

Next meeting

Monday 30th October

3pm in 3rd Floor Sun room

You are most welcome to join our monthly interdenominational meeting. Our group gathers for friendship and to hear from an invited speaker.

This month is Rev Robin Palmer from Browns Bay Presbyterian.

Contact Bronwen Charlesworth 021 920 000.



Aqua Class – Friday 3rd November

Aqua class - level 2 swimming pool commencing at 9.15am. The cost is \$5.00 per class.

Swimming shoes are recommended.

Residents' Notices



Rugby World Cup

The All Blacks vs Argentina World Cup semi-final match this
Saturday 21st October
Come and join us to watch the match live on the big screen in the lounge.
Kick-off is at 8.00am



Melbourne Cup – 7th November

Sales at \$2 per bet in the card room. The race is at approximately 5pm on the big screen in the lounge.
You can place multiple bets.

Noris is planning to have a served buffet; sliders - salmon canapés - chicken pieces - and other
yummy food. The cost will be \$19 per plate and must be ordered by 4th November.

Morning Melodies – Monday 4th December



Royal New Zealand Navy Band.

Please let Cherie know if you are interested in buying a ticket.

Shirley Jones

10 Minute Wonders

I went to some plays last Sunday.
Where everyone was a star.
It was as good as a gin and tonic.
And I didn't have to go to the bar.
No name

Fairview Village's gardens showcased in a Calendar

The photographing of the Villa Gardens will be carried out on Friday 27th October.

To keep prices as low as possible only one size will be printed for a wall hanging calendar.
Once the printing numbers are finalized that will be the numbers available to those who have
preordered.

Thank you to the residents that have given approval to have their gardens photographed.
Ron Crosby
0273715127



RIP Pepe

At the age of 15 years and 6 days, our little friend and companion went to sleep on 12th October and is now with his Sister Bella who passed away in January 2019.

His favourite place over recent times was being pushed in his pushchair to the gym, around the village and meeting with village friends who gave him pats and rubs which he loved.

Thanks Fairview for being so kind to our dogs over the years since we moved in. We will miss our special companions. Both Pepe' and Bella are irreplaceable.

Althea & Gary Harris

Gareth's Puzzle

Last week's puzzle was what links and comes fourth for these items?

A Scotland, B Scholars and historians, C Travellers, ????????????

And the answer is any saint beginning with the letter D as the sequence is St Andrew for Scotland, St Bede for Scholars and historians, St Christopher for travellers The Saints with a first letter D could be St David for Wales or St Deborah for bees. There may well be others whose name starts with D.

This week's puzzle is "What connects these four?"

Harris, Martin, Morse, Duckworth?

Guess Who?



Can you guess who this resident is?

If you think you know who this is, pop your name and your guess on a piece of paper and place it in the box at reception.

Next week we will publish who the mystery resident is, and who guessed correctly.

Last week's mystery resident was Jill Fish and no one guessed correctly.

Laughter Lines

Bits and Pieces:

1. The all night Chinese takeaway is called "Wok Around the Clock."
2. I only wear the top half of my pyjamas because I am only semi retired.
3. When Adam and Eve were courting he said, "Wow, where on earth did you learn to kiss like that?"
4. My wife says to me, "Can't we have a discussion without you butting in?"
5. "Is this the first time you have been up before me?" the judge asked the old lag. "Dunno," replied the old lag, "What time did you get up?"

The butcher placed his last roast on the weighing machine. "That will be \$23.45." he told the customer. "That one's too small, don't you have anything larger?" the woman asked. The canny butcher returned the roast to the refrigerator, paused a moment, then took it out again. "This one," he announced "will be \$28.95." "Fine," the customer smiled, "I'll take them both."

The chicken farmer was losing a lot of his flock, and wrote to the Agricultural Department in Wellington. "Gentlemen, something is wrong with my chickens. Every morning when I come out, I find two or three lying on the ground, cold and stiff with their feet in the air. Can you tell me what is the matter, and what can I do about it?" Eight weeks later he received the following letter from the department in Wellington. "Dear Sir, your chickens are dead, we suggest you bury them."

Two elderly spinsters were sitting on the porch of their country house convincing each other that they had made the right choice in life when a rooster chased a flurried hen past them. The hen took evasive action, running around the house twice, then dashed onto the road, straight into the path of an oncoming car. "See that," said one spinster, "she'd prefer to die."

A parson was playing a round of golf with one of his parishioners. At the 8th hole, the parishioner had to make a very difficult putt. As he squared up to the ball, he said jokingly to the parson, "I think I'll offer up a prayer while I make this stroke." After missing the hole by a good eighteen inches, he said, "Well. That prayer didn't do much good, did it?" "No, said the parson, but next time try keeping your head down when you pray."

A bit of trivia:

1. Dublin is home to the *Fairy Investigation Society*.
2. *The Tales of Peter Rabbit* is the best-selling children's book of all times.
3. During a 24 hour period, the average human will breathe 23,040 times, exercise seven million brain cells, and speak 4,800 words.
4. In its first year, only 25 bottles of Coca-Cola were sold.
5. Dolphins don't breath automatically, they have to tell themselves to.

Crossings: **1.** If you cross a homing pigeon with a parrot you get a bird that asks the way home when it's lost. **2.** If you cross a parrot with a centipede you get a walkie-talkie. **3.** If you cross a bridge with a car, you'll get to the other side. **4.** If you cross a road with a chicken you will get the answer we have all been looking for.

And finally: They had to admit, she was a great housekeeper. Divorced three husbands and kept the house each time.

From the Joke Books of A. Nonny Muss

Strength and Balance

Monday 23 October – **Class cancelled due to Labour Day.**

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Tai Chi – with Weiping (NOTE: Change of Venue)

Tuesday 24 October - 1.30pm

Level 2 Lounge

Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

Beautician

Wednesday 25 October - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Dancercise with Libby

Thursday 26 October – 10.45am – 2nd Floor Lounge

\$5.00 per person.

We appreciate the subsidy from the Village Residents' Committee.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 26 October - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 3rd November – 9.15am – level 2 swimming pool

\$5.00 per class

Doctor

Thursday 02 November – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 02 November - 9.00am to 12.00noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING OCTOBER 2023

To assist residents to be informed of decisions made by the Residents' Committee, below is a summary of matters following our meeting of the 10th October 2023. Full minutes will be available in the library following the confirmation of the minutes at the next monthly meeting.

PRESENT: Alastair Glyn-Jones (Chair), Andra Glyn-Jones, Wendy Johnstone, Mark Jennins, Barbara Bailey, Gordon Tasker, Averil Denvers, Angela Woolnough

Apologies: Alison Leadley

Marika Laflamme, Brett Noonan later

FINANCIAL POSITION

The balance in the account as at 10th October 2023 is \$1,525.06. The amount on fixed deposit is \$10,000. This matured on 12th October and the committee agreed that \$5000 be released for increased expenditure.

GENERAL

There are still streetlights that are not working. Visitors' cars are still parking on the grass. Two leaks were reported as well.

It was noted that the Scottish night was a great success, and the food was excellent. Bingo night was well attended as well and enjoyed by all.

The committee discussed the idea of having one of the vacant apartments (when free) as rental accommodation for visiting friends and family members. According to a resident, this has been tried in the past. Brett said he'd ask the owners for their view, but he was not optimistic.

The electric vehicle policy was discussed, and it was noted that EV's have been used in the village for over a decade. Management is currently consulting with residents at both villages on what the current EV's policy would be like.

Decisions about the trees at the front entrance are on hold until Terry's return from leave. An arborist has been engaged as the Auckland Council has strict rules on what can and can't be done with these types of trees.

The next meeting will be on 14th November at 10.00 am.

REMINDER FOR RESIDENTS

The sunroom in the lodge is available as a function venue for small gatherings. Any bookings must be made through Cherie at the front desk.

AUCKLAND COUNCIL ON-PROPERTY INORGANIC COLLECTION DO'S AND DON'TS

YES PLEASE



Large appliances



Sporting goods



Renovation equipment and fittings



Small appliances



Furniture



Electronics



Outdoor equipment

NO THANKS



Household rubbish (and bagged items)



Household recyclable containers, paper and card



Garden waste



Automotive and boating parts



Any items containing asbestos



Porcelain and ceramic



Polystyrene (includes bean bag beans)



Building, demolition & trade waste



Hazardous and medical waste



Liquids



Concrete and concrete containing items

If you have items that aren't suitable for putting in your inorganic collection, visit aucklandcouncil.govt.nz and use the "how to get rid of unwanted items" search tool to learn what to do with them.

Use of this service is subject to full terms and conditions.

Together we can protect our land and waste nothing.
Find out more at aucklandcouncil.govt.nz/inorganic



WEEKLY SCHEDULE

23 October to 29 October 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 23 Oct	Hair Salon - closed	9.30am	3 rd Floor Salon with Kim
	Strength & Balance - cancelled	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 24 Oct	Mini Bus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Private Event	1.00pm to 3.00pm	3 rd Floor Sun Room
	Tai Chi (change of venue)	1.30pm	2 nd Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Private Event	2.00pm to 3.00pm	Level 2 Theatre
	Movie Group	7.15pm	Dog Gone
Wed 25 Oct	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Beautician	9.45am	3 rd Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 rd Floor Games Room
	Genealogy Presentation with Eneas William	2.00pm	3 rd Floor Main Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 26 Oct	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Dancercise Class with Libby	10.45am	2 nd Floor Lounge
	Croquet (weather permitting)	1.30pm	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Private Event	1.00pm to 3.00pm	3 rd Floor Games Room
	Private Event	2.00pm to 3.00pm	Level 2 Theatre
	Art Group	1.00pm	3 rd Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 27 Oct	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 28 Oct	Croquet (weather permitting)	1.30pm	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 29 Oct	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Relish Café
By Chef Noris & Team

Dinner Menu

23 to 29 Oct

Bookings by 1 pm on the day
(please phone 477 3957)

Small Meals \$17 – Large Meals \$19
\$2.00 delivery fee applies per Villa

Monday (Chicken) / Delivery only / Café is CLOSED

GF Chicken roast with gravy, mushy peas, carrots, roasted vegetables

Tuesday (Seafood treat – large only)

Snapper fillets, steamed vegetables, kumara and potato mash

Wednesday (Corned Beef)

GF Braised corned beef slices, side of mustard gravy, maple glazed carrots, broccoli & cauliflower cheese gratin, roasted potatoes

Thursday (Pork)

BBQ Pork Loin Slices, apple sauce and gravy, potato scallions, Hawaiian pineapple and garden salad

Fish Friday (KIWI classic)

Market Fish, slaw and fries

Saturday (Beef)

Braised beef, glazed carrots, sauteed mushrooms, herb roasted vegetables

Sunday Roast (Lamb)

Lamb roast, gravy, mushy peas, crispy roasted potatoes, carrots and pumpkin

Optional Dinner Menu – in foil tin:

Lamb Shanks \$19

Slow-cooked Beef with mash \$

Add a small tub of green salad \$2