

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 **06 November to 12 November 2023** No. 295

From the Manager's Desk

Landline phone service outage – Wed 8th November

Please take note that our landline phone service in the Lodge, Apartments and Fairview Care will be off next Wednesday 8th November from 12.00pm to 1pm as 2 Degrees will be doing an upgrade in their system. This will not affect mobile phones.

Printed phone books

Our new phone book was delivered last Friday. We have now added the printing date on the front page so you will know which version is the most recent. Cherie will be informing residents of any changes in the newsletter until another version is printed in a few months.

Printed newsletter

From today, we are now emailing the newsletter and printing it for residents to pick up a hard copy at reception if required. It will be available from 4pm. The newsletter will no longer be delivered to all residents, with some exceptions. Cherie will keep an updated list of residents who cannot physically collect a copy from reception due to health reasons. To those, it will be delivered by the Kitchen team with dinner deliveries. Please inform Cherie or Ben if this would be the case for you.

Employee of the month

Congratulations to Rebecca for being our Employee of the Month in October. She received votes from both colleagues and residents. She works hard at keeping our Village clean and tidy. She is always smiling and polite.

A resident's life story...

A resident approached me a few weeks ago with the idea of having a resident featured in our newsletter now and then. A few days later, I was made aware of Gerald Anderson's life story, from Apartment 323, who presented it to the Single Malt Club. We have attached a condensed version to this newsletter for you to read, but you will also be able to read it on our blog on our website and in the Rodney Times on 9th November.

"Transfer to an Apartment or Fairview Care" Presentation

Our next presentations will be on Thursday 2nd, Friday 10th, Thursday 16th, and Friday 24th November, all at 2pm in the Movie Theatre. Those presentations are for any residents interested in getting to know more about transferring to an apartment or to Fairview Care. Sessions are open to 10 people at a time to ensure we can answer all your questions as we go. Please RSVP at reception.



Bingo night – Sat 4th November

Relish Café will be serving dinner from 5.30pm before Bingo starts. You can order the Special Bingo Night evening meal until 1pm that same day (large only): Slider burger (1), chicken nuggets (3), onion rings (3), hot chips, tartare sauce.

Melbourne Cup - Tue 7th November

Don't forget to RSVP for the Melbourne Cup next Tuesday! Wear your best hat and your best outfit, your Social Committee has put this event together for everyone to enjoy. Dinner will be served from 5.30pm: Beef slider (1), mini sausage roll (1), mini frittata (1), chicken nibbles (2), smoked salmon canape (1), cucumber and chicken canape (1), hot chips and dips.



Residents' birthdays morning tea – Fri 10th November

Cherie will be inviting all residents whose birthdays are in November to join me for a special morning tea next Friday at 10am. Looking forward to celebrating with you.

Travelwise Holidays Presentation – Mon 20th November

Travelwise Holidays will be hosting a presentation in the Village Lounge on Monday 20th November at 2pm. Spot prizes and complimentary afternoon tea will be offered by them. Book at reception if you would like to hear more about travel deals.

Market Day - Thu 23rd November

Our annual Market Day is only 3 weeks away! The market will take place from 10am to 2pm. The Village will be offering complimentary coffees from the Coffee Guy truck, as well as gelatos. Come and have a look, there will be some great gift items for Christmas! It will be a busy day and parking will be at its premium that day. Thank you for your understanding and cooperation.

Christmas' Competition

7 weeks to Christmas! From 1st December, residents are welcome to join our 'best decorated apartment door' or 'best decorated villa mailbox' contest. Residents will be able to vote for their favorites throughout the month. There will be a prize for both winners which will be announced on Thursday 21st December. If you are interested in participating in this project, please let us know at reception.

Christmas Lunch – Mon 25th Dec

Our Relish Café will be closed over the public holidays over Christmas and New Year; Mon 25th and Tue 26th December, as well as Mon 1st and Tue 2nd Jan. Deliveries will be available for those who are on a meal package or would require meals over those days. On Christmas Day, we will be offering a special lunch in the Lodge, and we will open the Café for this event only. If you are interested, please RSVP at reception.

Enjoy the weekend everyone! Marika



I love Halloween!

It is a big celebration in Quebec and North America.

Sandy Watson from Villa 130 surprised us with her impressive outfit for the occasion!

And here is Mia dressed for daycare. She sang "hop hop little bunny" all day!





Nurses' corner

Hello Everyone,

Welcome back to another week of the Nurses Corner.

With the warmer weather approaching, I'm just wanting to take a moment to remind our residents of the importance of drinking water. As you age, your body's thirst signal diminishes. When your body needs water, you may not even realize it because you don't feel thirsty like you once did. It's important after exercise or on particularly hot days to remember to drink water.

Some of the signs of dehydration include:

- Feeling of having an unquenchable thirst
- Dry, sticky mouth
- Not urinating frequently
- Dark-coloured urine
- Unexplained tiredness
- Feeling dizzy or lightheaded
- Confusion

The wonderful Libby Augustin who runs our Dancercise Class has expressed interest in running an Aqua class every week beginning Friday 10th of November 2023 at 9.15am in our Level 2 pool. This will be a brilliant addition to our existing program, and it is encouraging to see more and more people turning out to these classes. This Aqua class will be \$5.00 per person.

As mentioned, in the last few weeks, I am wanting to do a manual check of the Nurse Call points in every Villa & Apartment as well as Pendants. Thus far all the call points are working as they are supposed to. The next group of call points I will test next week beginning the 6th of November is **Magnolia Terrace and Ngaio Lane**. I will be hoping to do these checks between 10am and 11.30am Monday to Friday depending on how long it takes. Typically, I do these checks on the Fridays of the week nominated. I will let subsequent streets know when I will be coming by to do these checks. For Nurse Call Pendants, if you are going to be out of the village if you leave your pendant on the table, I will test it to see if it works then.

Given the significant number of call points to test across the village, I aim to complete this over the next few weeks to months. To aid in speeding this up, I will access the Villas or Apartments by knocking first, if there is no answer and you have indicated previously it is okay to access your villa or apartment without you being present, I will let myself in, test the call points and leave a card to let you know I have been by. If there are any residents who wish to be excluded from this check or need to be present while I am checking their call points, please let me know by phoning myself directly on 021 861 706 and I will organise a time with you for this.

Benjamin Peattie

HOD Health & Wellbeing

021 861 706 – benjamin@fairviewvillage.co.nz



From the Chef's Oven

Meet our Staff

Meet Monica, our new staff and all-rounder. She is a barista and soon to be qualified Chef. She is currently studying Culinary Arts. She has worked in some local cafés as Barista and Kitchen Assistant. She is a great addition to our Relish Team as we aim to provide delicious meals, amazing coffee, and excellent service.



Chef's Monthly Specials

Check out our new monthly special! A truffled prawns & mushroom fettuccine dish; 6 prawns and a special truffled mushroom sauce served with fettuccine and garlic bread.

Relish Crockery / Dinnerware

Many people do not like to have their meals served in takeaway plastic containers, so we often use our dinnerware. We appreciate this option as well as we can save on rubbish and cost. However, we are running out of plates and crockery e.g., lasagna oval dishes, bowls, and other crockery. Please return the crockery the next day.

Relish Gift Vouchers

Great news! Relish Gift Vouchers are now available for purchase at reception. This would be the perfect gift for this coming festive season. You can use it in the Café at any time, and it is good as cash. You can redeem the amount in full in one purchase, or we can write the "change" balance at the back of your gift voucher. We won't offer cash change to the difference of your gift voucher to your actual purchases.



Dinner Menu and Alternative Frozen Meals

Thank you for coming early to pay and book your dinner. It helps us to plan and know how many dinner meals to prepare. Cut off time is 1pm daily. Our weekly dinner menu is always placed at the end of the newsletter, which also details our alternative frozen meals available for that week. You can also phone us to find out if there are any other options. We offer roast meals on Wednesdays and Sundays and our famous Friday fish & chips.



Counter and Cabinet Meals

We hope you are enjoying the wide variety of cabinet meals and counter options. As the weather is getting warmer, we will now do "soup of the day" on Wednesdays, Thursdays, Fridays and Sundays only. There will be no soup on Mondays, Tuesdays and Saturdays. Also let's not forget that our cabinet and counter food is HALF PRICE after 2pm every day.

Melbourne Cup Cocktail Menu

Please book at the Café. We have advertised this as a Cocktail Buffet early dinner, however if we don't reach at least 50 bookings on the day, we will serve it plated. It will be the same number of items on the plate, i.e., beef slider, chicken nibbles, vegetarian frittata, mini pork sausage roll, smoked salmon canape, cucumber and chicken canape, hot chips and dips.

Chef Noris & the team at Relish Café

What's on this coming week and next



Movie Group

7.15pm Level 2 Theatre – Finding Nemo

You will love this brilliant, hilarious, Academy Award Winning animation set in the waters of Australia's Great Barrier Reef.

Stars – Nemo the clown fish, his protective father Marlin and their friend Dory.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.

Peter Woolnough

Friday Night Raffle – 27 October 2023



Another successful evening for some. It was good to see the prizes spread around a little bit.

The dwelling draw was undertaken by Shirley Hughes – thank you Shirley - and the winner was Bev Wade.

Brynley Goodger very kindly kept his promise from last week to roll the balls for us and the winners were:

Jim McGowan, Mary Gardner Patricia Jansen, Luella Jacobson, Monica Renwick, Pam Glaum, Paula Turner, Patrick Knell, Lorraine Dale, Pat Gill, Jocelyn Goodger, Elaine McClintock, Dianne Turner, Richard Jacobson, Brynley Goodger, Wendy Johnstone, Evelyn Ross, Bruce Benfell and John Gardner.

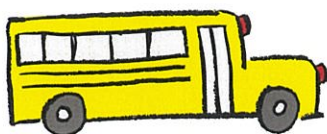
Congratulations to all our winners.

Daphne Markwick
478 9803



Aqua Class – Now commencing on Friday 10th November

Aqua class - level 2 swimming pool commencing at 9.15am. The cost is \$5.00 per class. Swimming shoes are recommended.



John's Jaunt – 15th November

We are going to Just Plane Interesting at 100 Parrs Cross Road, Oratia. This is an antique and curio shop. The bus will leave at 1pm. Phone John at 479 9318 to book.

Residents' Notices



Orchid Show

Saturday 4th November, 10am – 3pm
Sunday 5th November 10am – 3pm

Albany Village Hall. 21 Library Lane Corner, Albany Highway. \$2 entry fee.

Melbourne Cup – Tuesday 7th November



Sales at \$2 per bet in the card room from 10am to 1pm. The race is at approximately 5pm on the big screen in the lounge. You can place multiple bets. Noris will be serving sliders, salmon canapés, chicken pieces and other yummy food. The cost will be \$19 per plate and must be ordered by Sat 4th November. Please book at the Café. Your Social Committee.

Easy Peasy Picnic Party – Sunday 19 November at 2.00pm

Still a few seats left. This free, around 5-hour trip to the amazing Domain Winter Gardens with an easy backdoor flat access, will be followed by a simple picnic barbeque at a large green park and we'll be home by about 6.00pm. To have a free seat reserved, please put your name(s) together with your residence number into my Apartment's Letterbox 431 in the main Lodge as soon as possible.

Enquiries or for more information, contact Jim Bell, Convenor on 027 921 4095

Computer and IT Help



We have two young ladies from Kristin High School helping us out with IT issues once a month on Mondays between 4.00 – 5.30pm. The next session is on Monday 27 November.

They will be able to help with any problems you may have with your laptop, computer, or handheld devices. It doesn't have to be anything serious; you may just want some re-assurance. Please RSVP at reception.

Gareth's Puzzle

Last week's puzzle was a what comes fourth in the sequence:

g j p ??????????

Well there was one quite complicated answer and one simple answer but both are correct.

1) $g+3=j$: $j+3=3=p$ $p+3+3+3=y$ so the answer is y

2) g j p are the first 3 down-hanging letters in the alphabet so the next down-hanger is q (and the fifth is y).

So this week for a change there is a literary question for all our readers.

What comes fourth?

Gloria Steinem - autobiography, David Brent - film, Jack Kerouac – novel. ??? ???

A resident's story ... Gerald Anderson A323

Gerald Anderson: The Last Maestro of Brass Engraving

The richness of stories and extraordinary lives among Fairview Lifestyle Village residents never ceases to amaze both staff and fellow community members. With this in mind, we are embarking on a series of profiles to spotlight these exceptional individuals. Our first feature is Gerald Anderson, the last maestro of brass plate engraving in New Zealand. A beloved member of our long-standing Whisky Club since moving into the village in 2011, Gerald recently shared his fascinating life story with fellow members to much acclaim. We are privileged to now share it with a broader audience.

Early Life and Boyhood in Otago and Auckland

Born in Alexandra, Otago, in 1936, Gerald's early days were framed by the landscapes of New Zealand's South Island. By the age of four, the Anderson family had relocated to Mairangi Bay, Auckland. Here, against a backdrop of the Pupuke Golf Course, Gerald's childhood unfolded. Music became a passion for young Gerald as early as age seven when he picked up the flute—an affordable and portable instrument. His academic days at Campbell's Bay Primary were complemented by his love for music and a trip to the Bay of Islands that left a lasting impression. For a brief period during WWII, he attended Te Kuiti Primary School in Waikato, while his parents, involved in the home guard, ensured the home front was secure.

When he later attended Takapuna Grammar School, he found a niche in the Auckland Junior Symphony Orchestra. For three to four years, he was part of this ensemble, playing the flute. The annual concerts in the Auckland Town Hall, with him dressed in formal attire of black trousers, dinner jacket, and bow tie, became defining moments of his high school years. But even as music filled his life, another legacy beckoned him—the intricate art of brass plate engraving, a craft he would come to master under his father's guidance.

Mastering the Art of Engraving

The legacy of brass-plate engraving in the Anderson family traces back to Gerald's father, a master of the art and perhaps the only such engraver in the entirety of New Zealand. Between 1906 and 1930, he was responsible for creating and engraving the first batch of brass badges that displayed AA membership on the front bumpers of cars. Each was engraved with "Anderson, Auckland," along with a number on the back, and these badges have now become collectors' items. His skills were also evident in grander projects, like the Roman Catholic Bishop Lenihan's memorial plate—a magnificent creation measuring 5'9" in height and 2'6" in width, which still graces St Patrick's Cathedral in Auckland 113 years after its creation.

It was at Worrells Jewellers in downtown Auckland that Gerald's own journey into this world began. Under a 5-year apprenticeship, he not only learned the basics but was moulded by the very best—his father. The craft then had a raw purity; there was no machinery, just the rhythmic dance of hammer and chisel on brass. It was here that Gerald collaborated with Arthur Wilson, a fellow craftsman who would later become a familiar face at Fairview.

During these early days, Gerald worked on many different projects, from plates engraved in intricate Olde English or Gothic lettering to designs adorned with elaborate borders and scrolls. Each piece was a labour of love, sometimes requiring months of painstaking effort. Two notable works include sundials, one displayed outside Rawene Hospital in Hokianga, the other in the Rose Gardens at Whangarei. These were designed by Gerald and engraved by hand over months. Despite how long these took, they are not the trickiest thing he ever had to engrave. Ships bells, due to their curvature, posed the biggest challenge. With every piece engraved, Gerald continued the legacy of his father, becoming New Zealand's stalwart in a craft many feared was vanishing.

Adventures Overseas and a Love Tale at Sea

Embarking on his OE (Overseas Experience) in the early 1960s, Gerald seized the opportunity to broaden his horizons. After joining the Overseas Visitors Club (OVC) in New Zealand, he flew to Sydney to board a passenger ship bound for Europe—a journey that took six weeks. Upon arriving in London, he found lodging in an OVC hotel and soon connected with three Australian men seeking a fourth companion for their continental tour. Together, they traversed thousands of miles in a 1958 left-hand drive Mercedes Benz. Their adventures were varied and at times intense, most notably at Checkpoint Charlie in Berlin. This notorious border crossing during the Cold War presented a unique challenge; the Australians had to shave their beards to resemble their IDs closely, or they risked being detained.

After six months of camping, driving, and absorbing new cultures, Gerald returned to the United Kingdom. It was in Scotland where his love for the bagpipes manifested into a custom order—complete with Anderson tartan—that he would later pick up on his voyage home.

The homeward journey had its own surprises. Aboard the ship was the New Zealand Brass Band, recent world champions, filling the sea air with melodies. It was on this ship that Gerald met Sue, a Scottish nurse with dreams of Australia. A dinner dance ashore led to immediate sparks; so immediate that within 48 hours, Gerald proposed, and Sue accepted. Amending her initial travel plans, she gained special permission from the ship's captain to disembark in Wellington rather than Sydney, electing to begin her new life with Gerald in New Zealand. The couple married, and Sue became a theatre sister at Auckland's National Women's Hospital. Together, they had three children—Julie, Katie, and Alan—sealing a tale of love born from adventure, forever anchored in their shared history.

Entrepreneurship, and Family Life

While their children were still in school, Gerald and Sue found an opportunity in a stationery shop for sale in Mairangi Bay. Seizing the chance, they purchased the shop and named it 'Anderson's Stationery,' where they made a good living for years. Amid these entrepreneurial pursuits, Gerald never lost sight of his engraving passion. Initially operating from the garage at home, he established Anderson's Engraving. As the business expanded, he teamed up with Tony Casey to co-found ACE Engravers (Anderson and Casey Engravers), where he continued to further his engraving legacy until his retirement.

Throughout his engraving career, Gerald had several standout moments. Among these was the honour of engraving gold medals for the Thoroughbred Racing Association of New Zealand, presented to Queen Elizabeth II during her visit to Auckland. He also won the tender to be the sole engraver for all the medals at the 1990 Commonwealth Games held in Auckland—meticulously engraving hundreds of bronze, silver, and gold medals on their edges.

A Circle of Craftsmanship: Gerald Anderson Restores His Father's Masterpiece

Many years after Gerald's father completed the Roman Catholic Bishop Lenihan's memorial plate, the grand creation had fallen into disrepair. As St Patrick's Cathedral underwent renovations and the memorial plate approached its centenary, the church sought someone with the finesse and skill to restore the masterpiece to its original glory. In an act of poetic destiny, they found none other than Gerald, the son of the original craftsman. With dedication, Gerald refurbished the piece, ensuring it gleamed as brilliantly as the day it was first completed. Yet, he added a touch uniquely his own: on the back, he engraved, "This plate has been refurbished by the son of his father who did this work." In doing so, Gerald ensured that the Anderson legacy, intertwined with the art of engraving, remained immortalised for generations to come.

Life at Fairview Lifestyle Village

Since moving to Fairview Lifestyle Village, Gerald has truly found a community where he belongs. He initially settled in a villa, completing his final engraving project in the garage. After the loss of his beloved wife Sue, he transitioned to an apartment in Fairview's main lodge. The space is a testament to a life well-lived, decorated not just with his extraordinary engravings and professional tools, but also with cherished photographs of family and friends. These keepsakes frequently become talking points during the Whisky Club meetings he actively participates in. Well-regarded in the community, Gerald often shares insights into the fine art of engraving with residents who show interest.

One remarkable aspect of Gerald's work is its enduring impact; the items he has engraved will be admired for generations to come. This lasting quality is perhaps the most gratifying aspect of his career—a tangible legacy that will transcend time. We extend our heartfelt thanks to Gerald for sharing his remarkable work and life story with us. It is a great privilege.



BINGO

\$100 Jackpot



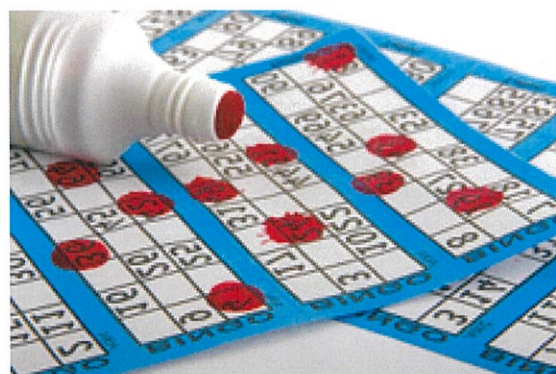
Saturday 4th November at 7pm
3rd Floor Lounge
Ticket Sales from 6.15pm

20 games – will you be a winner?
Come and join in the fun.

**** 2 choices of Ticket Packets****
\$10 gives 2 chances at Jackpot
\$15 gives 3 chances at Jackpot
Plus Lunch Voucher

The bar will be open from 5.30pm to 6.45pm

The more people that come along means Bigger Prizes.
Looking forward to seeing you.



Laughter Lines

A Little Trivia to Start:

1. There are more living organisms on the skin of a single human being than there are human beings on the surface of the earth.
2. The animal with the largest brain in relation to body size is the ant.
3. The oldest word in the English language is "town."
4. In 'Gulliver's Travels,' Jonathan Swift described the two moons of Mars, Phobos and Deimos, giving their exact size and speeds of rotation. He did this more than 100 years before either moon was discovered.
5. Noah Webster spent 36 years compiling his dictionary.

Two young lads were walking past the local Church rectory when the minister leaned over the fence with a football in his hands. "Is this ball yours?" He enquired. "Did it do any damage?" Enquired one of the boys. "No." Replied the minister. "Then it's mine." replied the young lad.

An old chap coughed violently and his false teeth shot across the room and smashed into the wall. "Oh dear," he said "Now what am I going to do, I don't have insurance and I can't afford a new set." Hearing this a young lad said to him, "Don't worry, I'll see my dad and get you a new set, won't cost you a thing." The next day, true to his word the young lad came back with the set of teeth which fitted perfectly. "This is wonderful," said the old chap. "Your father must be a very good dentist." "Oh, he's not a dentist," replied the lad, "he's an undertaker."

Matron at the North Shore Hospital answered a phone call in her office. "Could you tell me how Paddy Murphy is getting on in ward three?" asked the caller. "Paddy Murphy," repeated the matron consulting her patient list. "Oh yes. He had his operation last night. It was a complete success and he will probably be going home in two days. Who is this speaking please?" "It's Paddy Murphy in ward three, they tell you nothing in here."

T Shirt Logos for Seniors:

1. "The smart husband thinks twice before saying nothing."
2. "Today I was a hero! I rescued some beer that was trapped in a bottle."
3. "My wife says I have two faults. I don't listen and something else."
4. "To me "Drink Responsibly" means don't spill it."
5. "My body is a temple, ancient and crumbling, probably cursed or haunted."

Paddy had a good repertoire of jokes and was always making his mates roar with mirth. "You should go on the stage Paddy", they said. "No way," said Paddy. "People would laugh at me."

More Book Titles: *On the Beach* by C Shaw. *Swimming the Channel* by Frances Near. *The Cannibal's Daughter* by Henrietta Mann. *The Runaway Bull* by Gaye Topen. *The Worst Journey in the World* by Ellen Back. *Show Jumping* by Jim Karner. *Eating Garlic* by Y.I. Malone. *At the South Pole* by Anne Tartic.

Fred was the under-buyer for a clothing store and had foolishly bought for stock a yellow check suit with mauve spots. After a year of looking at the monstrosity the shop owner couldn't stand it any longer. "I'm going out," he said, "if you haven't sold that suit by the time I get back, you're fired." When he got back Fred was in a terrible state, suit torn and tattered, with mud, scratches and bites all over him; yet he was smiling happily. "I sold it!" "Good, but what on earth happened to you?" "Nothing, it was just that the customer's guide dog objected."

And finally: What is a typical Aussie 7 course lunch? A six pack and a pie.

From the Joke Books of A. Nonny Muss

MELBOURNE CUP

TUESDAY 7 NOVEMBER 5.30PM

COCKTAIL BUFFET MENU

\$19 PER PERSON

Beef Sliders

Chicken Nibbles

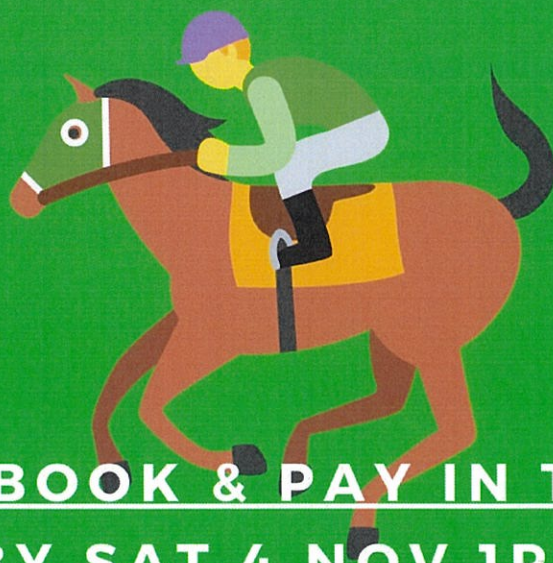
GF Vegetarian Frittata

Mini Pork Sausage Rolls

Smoked Salmon Canapes

GF Cucumber & Chicken Canapes

Hot Chips & Dips



PLEASE BOOK & PAY IN THE CAFE

BY SAT 4 NOV 1PM

TRAVELWISE
HOLIDAYS

Since 1993

fairview
LIFESTYLE VILLAGE

Fully Escorted tours

Spot Prizes

**Travel
Deals**

Please join us in Lounge Level 3
at 2.00pm on November 20th -

for a fun and informative travel presentation
with David Libeau, Tour Leader, followed by
afternoon tea.



*Kind regards
David Libeau*



0800 11 60 60



travelwiseholidays.co.nz

Door to Door Service in the Auckland metro area

Strength and Balance

Monday 06 November – 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Tai Chi – with Weiping

Tuesday 07 November - 1.30pm

Level 3 Sun Room

Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

Beautician

Wednesday 08 November - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Dancercise with Libby

Thursday 09 November – 10.45am – 2nd Floor Lounge

\$5.00 per person.

We appreciate the subsidy from the Village Residents' Committee.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 09 November - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 10th November – 9.15am – level 2 swimming pool

\$5.00 per class

Doctor

Thursday 16 November – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 16 November - 9.00am to 12.00noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

WEEKLY SCHEDULE

06 November to 12 November 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 06 Nov	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 07 Nov	Mini Bus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.30am	Croquet Green
	Melbourne Cup Sweep - bets \$2	10.00am to 1.00pm	3 rd Floor Games Room
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi	1.30pm	3 rd Floor Sun Room
	Melbourne Cup Cocktail Buffet	5.30pm	3 rd Floor Main Lounge
	Movie Group	7.15pm	Finding Nemo
Wed 08 Nov	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Scrabble	1.30pm	3 rd Floor Games Room
	Twilight Croquet (weather permitting)	5.30pm	Croquet Green
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 09 Nov	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (weather permitting)	9.30am	Croquet Green
	Dancercise Class with Libby	10.45am	2 nd Floor Lounge
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sun Room
	Restorative Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 10 Nov	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 11 Nov	Croquet (weather permitting)	9.30am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 12 Nov	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Relish Café
By Chef Noris & Team

Dinner Menu

06 Nov to 12 Nov

Bookings by 1 pm on the day
(please phone 477 3957)
Small Meals \$17 – Large Meals \$19
\$2.00 delivery fee applies per Villa

Monday (Chicken)

GF Grilled chicken Teriyaki, vermicelli noodles and julienne vegetables

Tuesday (Melbourne Cup) / Large Only

1 Beef slider, 1 mini sausage roll, 1 mini frittata, 2 pcs chicken nibbles & hot chips

Wednesday Roast (Lamb)

GF Braised lamb shanks, creamy mashed potatoes, green beans, glazed carrots

Thursday (Pork)

GF Bourbon glazed baby back ribs, homemade seasoned potato wedges,
Southern slaw

Friday (Fish)

Battered market fish, slaw and fries

Saturday (Beef)

GF Malaysian beef Rendang curry, aromatic basmati rice, steamed vegetables

Sunday Roast (Pork)

GF Crispy pork roast, apple sauce, brown gravy, mushy peas, buttered corn,
roasted pumpkin and potatoed

Optional Dinner Menu – in foil tin

Braised beef and roasted vegetables \$17

Snapper fish pie \$17

