

The Village News

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **18 December to 24 December 2023** No. 301

From the Manager's Desk

I am looking forward to seeing everyone tomorrow afternoon while listening to beautiful Christmas Carols sung by our Fairview Singers and Fairview Christian Fellowship groups. See you there!

Dietary requirements for residents

If you have any dietary requirements, please let us know at Reception. We are gathering a list so we can ensure to cater for all during our different events, etc.



Christmas' Decorating Competition

It is so exciting to see all the doors and mailboxes decorated! There is still time for residents to enter our competition! Residents can vote for their favorite ones from now until Wednesday 20th December. A list of participating villas and apartments is in this newsletter so you can check them out while walking around the Village. \$50 relish vouchers will be given for both winners which will be announced on Thursday 21st December. If you are participating in this project, please let us know at reception so we can add your unit to the list.

Patrick McMillan Easy Listening Music in the Lounge – Sun 17th December

Patrick McMillan is back for his monthly visit and will be playing on the Grand Piano in the Lodge on Sunday 17th December from 5pm.



Christmas Residents Dinner – Wed 20th December

We are looking forward to seeing everyone well-dressed for the occasion and be serving you at our annual Christmas Dinner on Wednesday 20th December. The bar will be open from 4.30pm.

Christmas Lunch – Mon 25th December

On Christmas Day, we will be offering a special lunch in the Lodge Dining Room. If you are interested, please RSVP at reception. The menu is available at the end of this newsletter. Relish Café will be closed for any purchases.



Holidays' Schedule

- Our **Relish Café** will be closed on Statutory days over the Holidays; Mon 25th and Tue 26th December, Mon 1st and Tue 2nd Jan. Dinner deliveries will be available on those days.
- The **rubbish collection** will take place on Friday 22nd December, Wednesday 27th December, Wednesday 3rd January and Monday 8th January. Our gardening team will be off over the Statutory Holidays in December and January.
- **Reception** will be closed from Saturday 23rd December to Tuesday 2nd January. Cherie will be back on Wednesday 3rd January. Please contact our Nurse on Duty if needed.
- There will be no **maintenance** requests attended to between Saturday 23rd December to Sunday 14th January. Only emergency situations will be addressed.
- Christmas decorations will be taken down from the week of the 8th January when our full team is back on.

Internet outage – Sat 16th December

Chorus will be disconnecting the internet for the Lodge and Fairview Care this Saturday 16th December at 9am for approximately 5h. The outage will affect the resident’s internet and landlines. Chorus is repairing the fibre junction that was the cause of the recent outage and cannot be avoided. This will also affect Relish Café, as the eftpos will be down, and they will only be able to take cash payments. We apologize for the inconvenience.

Staff of the month

We will be having our last monthly staff meeting next week. You can vote for an employee who has gone above and beyond in the last month by emailing me, or Cherie, or voting via this QR code.

Fairview Lifestyle Village Staff
Member of the Month



Did you know how Boxing Day’s has come about?

Boxing Day on 26th December got its name when Queen Victoria was on the throne in the 1800s - and it has nothing to do with the sport of boxing. The name comes from a time when the rich people used to box up gifts to give to the poor. Boxing Day was traditionally a day off for servants - a day when they received a special Christmas box from their masters.

Have a lovely weekend, maybe doing all your last-minute Christmas shopping!

Marika

*Cait and Matt in the spirit of Christmas,
even in their vehicle!*



*My office door,
a gingerbread lady!*





Nurses' Corner



Hello Everyone,

Welcome back to another week of the Nurses Corner.

Firstly, there are quite a few cases going around of diarrhoea and vomiting bugs. This is a great opportunity to remind you all the importance of hand-hygiene, electrolytes & rest. We recommend thorough hand hygiene after using the toilet, contact with others and surfaces. This can help to prevent the transmission of these bugs. If you are sick, please, stay home and rest, cardiologists have found there is a significant link between over-exertion while sick and myocarditis, including an ongoing increased risk of heart disease. Electrolytes, if experiencing significant water loss through diarrhoea, is important in maintaining your bodies salts. If you are concerned, please reach out.

I was listening to the radio this morning and I heard this interesting little piece which I thought I'd do a bit of looking into. Studies have found an association between hearing loss and the development of dementia in older adults. Research also suggests that using hearing aids to treat hearing loss may help slow the development of cognitive problems. The theory behind this is that the brain has to 'strain' to be able to hear and the extra stress and lack of sensation can cause an increase in the likelihood of dementia in older adults. This study showed hearing aids reduced the rate of cognitive decline in older adults at high risk of dementia by almost 50% over a three-year period.

If you are finding you are missing out on more of the conversation than you would like, it may be a good time to get a hearing check, it may help to prevent dementia!

In other news, last weekend I managed to get out with the boys and go for a little golfing trip to the South Head Golf Club. While I did play atrociously, I had a lot of fun doing it.

Benjamin Peattie – HOD Health & Wellbeing – 021 861 706 – benjamin@fairviewvillage.co.nz





From the Chef's Oven

Christmas Champagne Ham (cut-off extended to Wed 20th December)

To help make your Christmas' preparations even easier, we will offer a new initiative this year and be pre-selling gorgeous, glazed, decorated champagne ham on the bone, all prepared with love from our talented Chefs here at Relish.

We sell 2 options:

- half ham cooked on the bone at \$85 (average of 4.5kg/10+ people)
- sliced shaved ham for \$10 (500g/2 people).

Please pre-book and pay at reception by Wednesday 20th December 4pm. Limited servings available.

Ham will be available for pick up on your preferred date between Friday 22nd December until Sunday 24th December between 10am-4pm.



Last Week's Event

Have a look at some of the photos from Fairview Care Christmas dinner. We teamed up with the team and it was a great success! Residents and families enjoyed our special 3 course meal.



Friday Goodies by Celeste

Our talented baker Celeste is baking all types of goodies and sweet treats every Fridays. Have a look at some of our residents' favourites and now top selling items such as bread rolls, swirls, cupcakes and much more. You can also order whole birthday cakes.



Christmas Day 3 course menu

Our special Christmas Day lunch menu can be found at the end of this newsletter. It is a special 3 course meal including an entrée, main and dessert. Relish Café will be offering this special lunch menu only on the 25th December. Please book at reception before 20th December as there will be limited seats available.



Dinner Bookings, Alternative Frozen Meals and Dinner Menu

Our weekly dinner menu is always placed at the end of the newsletter, which also details our alternative frozen meals available for that week. You can also phone us to check if there are any other options at times. We offer roast meals on Wednesdays and Sundays and our famous Friday fish & chips. Wednesdays and Fridays now has two choices of dinners.

This week's frozen meals are beef casserole, lamb shanks, spaghetti meat balls, pork ribs & mash.

Enjoy the weekend everyone!

Chef Noris & the team at Relish Café

**Please vote for your favourite
Villa mailboxes and Apartment Doors**

The following Villa mailboxes and Apartment doors have been decorated. Enjoy! 😊

- Villas 20, 54, 64, 74, 77, 78, 81, 84, 101, 115, 145.
- Apartments 301, 304, 306, 321, 323, 404, 405, 408, 414, 412, 415, 433.



What's on this coming week and next



Movie Group – Tuesday 19th December

7.15pm Level 2 Theatre – Pirates of Penzance

Very entertaining movie of the much-loved Gilbert and Sullivan musical. Great music and lots of action. Back by popular demand.

Stars – John English and Helen Donaldson.

Our last movie before Christmas will be on Tuesday 19th December. After a recess for Christmas, the first movie for 2024 will be on Tuesday 30th January. Wishing you all a very enjoyable Christmas and a Happy New Year. Peter, Barbara and Richard.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.



Friday Night Raffle – 8th December 2023

Although it was a very quiet evening, we still managed to sell three major raffles and one minor raffle.

The dwelling draw was drawn by Earl Troughton and the winner was Pam Glaum. Congratulations Pam.

The main raffles were drawn by Ian Johnstone. The winners were: Luella Jacobson, Lorraine Dale, Graeme Pullar, Dulcie Kortegest, Dianne Turner, Neville Turner, Ian Johnstone, Bruce Benfell, Richard Jacobson, Jane Bramwell, Mark de Lautour, Judy Jetten, Maureen Capon, Paula Turner, Rosalie Hancy, Clive Sandham and Muriel Sandham.

Congratulations to all of our winners. We look forward to seeing you all there this week.

Diane Brown, Raffle Convenor - Tel: 478 3581



Garden Club Members

On Monday 18th December we are having morning tea for our last get together for the year. We will provide the goodies (not drinks). The time is 10.15am in the Level 3 Lounge. Anne Pike



East Coast Bays Catholic Parish

Our Liturgy Service for this month will be held in the Sun Room, 3rd Floor on Friday 15th December 2023 at **10.00 am. (Please note change of time)**

Holy Mass will be celebrated by a priest of our parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

Following the Mass, we will enjoy refreshments together in the lounge. A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information, please contact Natalie Turner (Ph: 479 9527)



Quiz Night – Sunday 17th December 2023

The last Quiz Night for 2023 will be held on Sunday 17 December.

The Future Inmates did not make it to our November Quiz Night due to their leader thinking he could be an Olympic gymnast and breaking a bone in each heel as he dismounted the rings. He was wearing two moon boots and was confined to a wheelchair. We are pleased to note he is making a rapid recovery. **The Mixed Nuts** reasserted their superiority coming first with 60 points out of a possible 70. **The Palms** came second with 55 and the **Secret Squirrels** were third with 50. **The Iris Watches** earned the opportunity to choose a topic for the December Quiz by bringing up the rear.

Their choice is **Inventors and Inventions**

The December Quiz Night will begin at 7.00pm and quizzers will be home by 8.45. Why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzer with cash prizes for the winners. Being the final night for 2023, there will also be bonus prizes for annual performances.

The December Topics are **General Knowledge 1, Christmas Carols, Inventors and Inventions, Kings and Queens of England, Movies Based on Books and General Knowledge 2.**

We look forward to your company.

Residents' Notices

Indoor Bowls Christmas Lunch

Our end of year lunch will take place this Saturday 16th December 11.45am at Relish, our Fairview Restaurant. Please order your meal from the counter on arrival. Partners are most welcome to join us. There will be no bowls on this day.

Afternoon Tea to Celebrate Clare Bell

Every Fairview resident is invited to a private afternoon tea in the Third Floor Sunroom at 5pm on the 18th December. This is to celebrate Clare Bell's time in the village. Please advise reception for catering purposes by 10am on Friday 15th December if you are able to attend.

Thank You

Many thanks and very best wishes for Christmas and the New Year to all the Villagers who so generously and kindly give of their time to drive others to appointments, etc., and help with odd jobs. It is much appreciated. Judy Walker

Strength & Balance

A resident is happy to take this class every Monday until Harbour Sport return next year. Please meet at the same time (10.30am in the Level 2 Lounge) every Monday.

Clothes Alterations

Is there anyone in the village that can help or recommend an alteration service.
Dawn – 478 1455

Car for Sale

2015 Suzuki Celerio, 29 kms, one lady owner.
\$17,000 or near offer.
Phone 477 3920

Line Dancing

Wishing everyone a very Happy
Christmas & a Happy & Healthy
New Year.

Line dancing is closing for the
Christmas break & will start
again .. 4pm, Monday 8th
January, 2024.

Have a wonderful break.
Cheers Pat & Arthur

Apartment Garden News

Despite the crazy weather and temperatures, the garden, which for new Residents to the Village, was allocated to Apartment people to garden in. I have taken a very strong interest & participation in this area at my own expense with pleasure & pride in the compliments received for my efforts.

What used to be a few years ago an ugly unwanted neglected area has become a joy to visit, so many tell me. It has become a pretty cottage type garden with constant colour & interest to walk the path. Many come to sit in the area where 2 Adirondack chairs made by my late husband are situated as well as a bench seat further up the path provided by Management.

This area is slowly providing a little shade to sit & reflect - both Residents & families including Care Residents families & friends to reflect on life & chat - good feelings.

I have grown herbs for ALL Residents free to help themselves & even manage some veges for Apartment usage. Some items now available are Sage, Thyme, Mint, Rosemary, Basil, Chives, Bay leaves, lettuce & Silverbeet do help yourself.

It has been a joy to me to meet so many Residents on their walk who stop, chat, have a laugh & pass on occasional tips too. Gardeners are generous with their little bits and I've incorporated them into the garden.

Great memories of many who have lived in the Village over the nearly 20 years I've been here provide seeds, cuttings & occasional plants bringing back many happy memories to us oldies.

Over the years I've rambled on about the need for more shaded seating as so many of us have skin cancer & eye problems caused by the sun. Well this has ironically come close to home as I now have skin cancer too & this week spent time in hospital having 2 lymph nodes removed as exploration goes on to see how far it has traveled. Being this time of year, it has delayed the results until mid-January.

The time I spent in hospital recently as these operations took place & taking in the possible consequences I face; you can imagine the absolute devastation I felt on returning to see the garden & find the prospective purposely chosen Cercis (Forest pansy) tree by the tool shed had had a branch dangling by a bit of bark! This has wrecked the shape of the tree just as it was starting to provide shade to the 2 chairs outside the gym.

How ironic it is that I get my diagnosis frustration and heartache about this destruction right at Christmas when the tree was doing so well. It was not a cheap contribution I made when purchasing it either but that was my choice & pleasure for all Residents to appreciate. So sorry this won't happen now or within my time frame! Hopefully it will grow up to fulfill its purpose albeit misshapen. Do come & talk to it to give it encouragement if you wish.

Season's Greetings to all my friends. Barbara Bailey

Guess Who

Last week's mystery person was Daphne Markwick, and no one guessed correctly.

Gareth's Puzzle

Last week's puzzle asked what comes next? Pipe (50%) , Degree (33.3%) , Pounder (25%) , ????. And the answer is: turn the percentages into fractions. Then you have Half pipe, Third degree , Quarter pounder then Fifth wheel or Fifth dimension and beyond, 16.66%, Sixth sense.

This week's puzzle is what comes next? 8th Ave , 59th St , 110th St , ?????

Greeting Cards

Christmas cards are now available from the card stand in the games room. They are priced at \$3 each or a special price of 2 for \$5. The ordinary greeting cards are still priced at \$3 each.

Bug Doctor

Hello again Fairview Lifestylers

Peter, that's me, the Bug Doctor will be treating villas and apartments from 6th December onwards.

Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world.

For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbour. I've been in the village for at least 17-18 years and still have my customers on board.

Phone/text 021 244 5909. Cheers Peter

Collecting Christmas Treats for the Salvation Army

We are collecting a hamper of special Christmas treats to be distributed by the Salvation Army.

Please contribute your food donations into the basket in the village foyer by Sunday 17th December.

Thank you for your support.



FAIRVIEW VILLAGE LIBRARY LATEST BOOKS

NEW BOOKS

The Seventh Son by Sebastian Faulks - Behind the doors of the Parn Institute, a billionaire entrepreneur plans to stretch the boundaries of ethics as never before. Through a series of IVF treatments, one they hope no one ever discovers, they set in motion an experiment that is set to upend the human race as we know it.

The Exchange by John Grisham - What became of Mitch and Abby McDeere after they exposed the crimes of Memphis law firm Bendini, Lambert & Locke and fled the country? The answer is in *The Exchange*, the riveting sequel to *The Firm*.

The Armour of Light by Ken Follett - 1792. A tyrannical government is determined to make England a mighty commercial empire. In France, Napoleon Bonaparte begins his rise to power, and with dissent rife, France's neighbours are on high alert.

Traitors Gate by Jeffrey Archer - A master criminal has set his sights on pulling off the most outrageous theft in history - The Crown Jewels—and with a man on the inside, the odds are in his favour.

Bookshop Dogs by Ruth Shaw - This is a window into the wonderful world of Ruth and her generous love of people, books and dogs. It's a must-read for dog fans, book fans and anyone who loved her first book, *The Bookseller at the End of the World*.

Go as a River by Shelley Read - Set amid Colorado's wild beauty, a heartbreaking coming-of-age story of a resilient young woman whose life is changed forever by one chance encounter. A tragic and uplifting novel of love and loss, family and survival—and hope—for readers of *Great Circle*, *The Four Winds*, and *Where the Crawdads Sing*.

DONATED

Knock Knock by Anders Rosalind - Criminal Inspector Ewert Grens reopens a 17 year old Cold Case where a little girl was the only member of her family spared. When he hears that the apartment where the crime took place, has been burgled, he is afraid that the perpetrator may be looking to silence the only witness alive, and he races to find her.

Threat Vector by Tom Clancy - For Jack Ryan, Jr., and his comrades at the covert organization known as The Campus, the fight against America's enemies is never over. But the danger has just hit home in a way they never expected... And President Jack Ryan may have use them. again, as two of the world's superpowers move close to a final confrontation.

Laughter Lines

Trivia:

1. Each square of human skin consists of 19million cells, 60 hairs, 90 oil glands, almost 6 metres of blood vessels, 625 sweat glands and 19,000 sensory cells.
2. Playing cards in India are round.
3. A rib of celery put in the bread bag will keep the bread fresher for a longer time.
4. Raw broccoli, cup for cup, has twice as much vitamin C as an orange and almost as much calcium as milk.
5. The first recorded reference to the game of cricket dates back to 1272.

A Frenchman staying at an English hotel rings Reception: "I'd like some pepper please." "Black or white pepper, sir?" asks the receptionist. "Neither," replies the Frenchman, "toilet pepper."

A man releases a genie from a bottle and is granted three wishes. I would like a million dollars, please, says the man for his first wish, and immediately a million dollars lands at his feet. "I'd like a new car," he then wishes, and a top of the range sports car materialises before him. The man thinks long and hard about his final wish and finally decides, "I'd like to be irresistible to woman." There is a dazzling flash.....and he is transformed into a box of chocolates.

A young woman walks into pub with a parrot on her shoulder. "Goodness," says the landlord, "where did you get that good-looking bird?" "Usual place," says the parrot, "internet chat room."

Fred was hammering away at some woodwork in his back yard when his mate Charley, looked over the fence. "Aren't you coming to work today?" he asked. Fred said no. He had to stay home and mind his sick wife who was sick with a sore throat and the flu. Hearing a strange gurgling noise coming from the house Charlie asked: "Is that her coughing?" "Don't be stupid," says Fred, "she'd never fit into this. She's 17 stone; this is a cage for the parrot."

Five Pieces of Evidence That You Live in 2023: **1.** You have just tried to enter your password into the microwave. **2.** You hear most of your jokes via e-mails and not in person. **3.** You wake up at 2am to go to the bathroom and check for e-mails on the way back to bed. **4.** You call your son's mobile phone to let him know it is time to eat. He e-mails you back from his bedroom, "What's for dinner?" **5.** You have a list of 15 phone numbers for your family of three.

One Liners:

1. By the time you reach 75 you know it all, all you have to do is try to remember it.
2. A GERIATRIC is a German cricketer that has just taken three wickets.
3. Why is it when you are driving and looking for an address you always turn down the volume on the car radio.
4. My wife and I have a great way of settling arguments, I admit I am wrong and she admits that she is right.
5. I had a boring office job, I had to clean all the windows in the envelopes.

And finally: The lazy Oz farmer and his lazy son were sprawled out in their chairs. The father said, "Fred, go out and see if it is raining." "Nah," said the son. "Can't you call in the dog and see if he's wet?"

From the Joke Books of A. Nonny Muss.

The Fairview Singers & Fairview Christian Fellowship Present

Carols and Christmas Songs



You are all most welcome to
Come and join us on Friday 15th December
For Carols and Christmas Songs
In the Third Floor Lounge
Starting about 2pm

*All the Carols and Songs you know so well.
Just join in the singing. There will be song sheets.*

*At the close of the singing
Fairview Christian Fellowship have arranged for Fairview
Management to put on afternoon tea.
Some very tasty nibbles, with tea and coffee.*

Afterwards stay for the Friday Raffle and Happy Hour

You don't have to book – just turn up.



Your
Social Committee
invites you to
**FAIRVIEW
CHRISTMAS
DINNER**
Wed 20 December
6PM

TO START

Complimentary glass of bubbles
Warm garlic bread

BUFFET

Glazed Christmas ham & pineapple sauce
Roasted lamb, jus, gravy & mint sauce
Roasted kumara, pumpkin & potatoes
Asparagus, mushrooms & spinach

DESSERT

Christmas pudding, butterscotch sauce
or warm custard
Strawberries

Bar will open from
4.30pm

**Please book your seat
& pay at reception by
Monday 18 December
\$30 per person**

Join us for a fun night
with Jim Joll,
Singer & Musician





Santa's Lunch

on Christmas Day

Monday 25th December 12pm

\$35 per person

Booking by 20th December at reception

✦

STARTER

Prawn canape served on toast
Whipped horse radish & blue cheese
Basil and balsamic reduction

.....

MAIN

Traditional glazed Christmas ham
Pineapple sauce
Asparagus wrapped with bacon
Roasted vine tomatoes
Buttery rosemary baby potatoes

.....

DESSERT

Pavlova with seasonal fruits
Triple berry coulis

.....



Strength and Balance

Monday 18 December – 10.30am – 2nd Floor Lounge

A resident is happy to take this class until it resumes with Harbour Sport on Monday 22nd January 2024. Please meet at the same time and same place.

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell will be returning on Tuesday 16th January 2024.

Tai Chi – with Weiping

Tai Chi has finished for this year. The class will begin again on Tuesday 13th February 2024 if we have more people to participate.

Monthly prepaid fee of \$20

Do join us in improving our health and wellbeing in a quiet, calm way.

Our thanks to the Village Residents' Committee for their ongoing subsidy.

Beautician

Wednesday 13 December - Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking. **The last clinic is on Wednesday 20th December and recommencing on Wednesday 3rd January 2024.**

Dancercise with Libby

Resumes 8th February 2024.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Yoga will recommence on Thursday 18th January 2024.

Aqua Class with Libby

Friday 22 December – 9.15am – level 2 swimming pool

\$5.00 per class

This is the last class for the year and resumes Friday 12th January 2024.

Doctor – Last clinic for the year

Thursday 14 December – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Dr Hunter will be back on Thursday 11th January 2024.

Podiatrist – Last clinic for the year

Thursday 14 December - 9.00am to 12.00noon – 3rd Floor Doctors Room

If you would like an appointment to see Paul Hames, please contact Reception.

Paul Hames will be back on Thursday 11th January 2024.

WEEKLY SCHEDULE

18 December to 24 December 2023

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 18 Dec	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Strength & Balance (resident to take class)	10.30am	2 nd Floor Lounge
	Line Dancing (resumes Mon 8 th Jan 2024)	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 19 Dec	Mini Bus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Tai Chi – recommencing 13 February 2024	4.30pm	3 rd Floor Sun Room
	Movie Group	7.15pm	Pirates of Penzance
Wed 20 Dec	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Scrabble	1.30pm	3 rd Floor Games Room
	Twilight Croquet (weather permitting)	5.30pm	Croquet Green
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 21 Dec	Hair Salon	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (weather permitting)	9.30am	Croquet Green
	Dancercise Class resumes 8 th February	4.45am	2 nd Floor Lounge
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group –recommencing 1 st Feb 2024	4.00pm	3 rd Floor Sun Room
	Yoga with Joy recommencing 18 th Jan 2024	4.30pm	2 nd Floor Lounge
Fri 22 Dec	Hair Salon	9.30am	3 rd Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 23 Dec	Croquet (weather permitting)	9.30am	Croquet Green
	Cards 500	9.30am	3 rd Floor Games Room
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 24 Dec	Outdoor Bowls	1.00pm	Assemble for 1.15pm start





Relish Cafe
By Chef Noris & Team

Dinner Menu

18 Dec - 24 Dec

Bookings by 1pm on the day
(please phone 09 477 3957)
Small Meals \$17 – Large Meals \$19
\$2.00 delivery fee applies per Villa

Monday (Chicken)

GF Braised Chicken Adobo with toasted garlic chips served with vegetable chop suey and egg fried rice

Tuesday (Pork)

GF Barbecued pork belly, tropical pineapple salad served with roasted homemade Cajun potato wedges

Wednesday Roast (Choice of meat)

GF Slow braised corned beef slices with mustard sauce or oven baked butterfly chicken
Served with maple glazed carrots, broccoli & cauliflower cheese gratin and cumin roasted potatoes

Thursday (Seafood treat)

Prawn twister (3), calamari (3), fish bites(3), with chips & southern slaw

Fish Friday (Choice of fish)

Market beer battered fish with tartare sauce, slaw and fries or
GF Baked Salmon with hollandaise sauce, steamed vegetables, mashed potatoes

Saturday (Beef)

Thai Beef Salad, marinated beef strips, Soba noodles
julienne vegetables topped with crispy shallots and sesame seeds

Sunday Roast (Lamb)

Early Dinner 5pm and 4pm Delivery

GF Lamb roast, gravy, mushy peas, crispy roasted potatoes, carrots, pumpkin

Optional Frozen Meals Dinner Menu – in foil tin

Beef Casserole, Lamb Shank, Spaghetti meal balls, Pork Ribs & Mash