

# The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 15 January to 21 January 2024 No. 304

## From the Manager's desk

Good afternoon Fairview

## Team Update

I want to share with you an important update regarding our team. It is with mixed emotions that we announce the resignation of our valued Benjamin, who has been an integral part of our Fairview Family as Head of Department Health & Wellbeing.

While we are sad for Ben to go, we understand and support his decision to pursue new opportunities in Perth, Australia. We are excited for him. Ben has made significant contributions to our community in the year he has been here. His sense of humour, his enthusiasm, his dedication, and his compassion have left a lasting impact on all of us, I am sure. We are truly grateful for the positive influence Ben has had at the Village and the support he has provided to everyone.

His last day will be Friday 1<sup>st</sup> March. We will organize a farewell gathering where residents and staff will be able to extend their well-wishes. Details to be confirmed.

We are currently recruiting for the role, and we appreciate your understanding during this period of transition coming up.

## Annual Events' Calendar

The 2024 Events' Calendar is available at Reception for all residents to view and add events if required. It is placed on the side table near the door to the outside paved/bowling area. This calendar records all the events happening in the Village, on a daily and monthly basis. This way, it is easy to see what is on and to ensure some room/areas in the Village are not double booked.

## Residents' monthly birthdays morning tea

I am looking forward to celebrating with residents who have their birthdays in January tomorrow Friday 12<sup>th</sup> January at 10am in the 3<sup>rd</sup> floor lounge.

Have a lovely sunny weekend everyone! Marika





## Fairview Window Cleaning Schedule for January 2024

**Date** **Building**

08th January	
9th January	Apartment Building
10th January	Apartment Building
11th January	Apartment Building / Villas 1 to 147
12th January	Apartment Building / Villas 1 to 147

15th January	Villas 1 to 147
16th January	Villas 1 to 147
17th January	Villas 1 to 147
18th January	Villas 1 to 147 - Garden Apartments
19th January	Villas 1 to 147 - Garden Apartments

### INTERNAL WINDOW CLEANING REQUESTS

Requests to be made to reception & paid to WashCo staff at time of cleaning.

2 Bedroom Villa	\$60
3 Bedroom Villa	\$80
1 Bedroom Apartment	\$35
2 Bedroom Apartment	\$40

**\*No EFTPOS or Bank Payments accepted. Receipt provided as requested.**





## Nurses' Corner

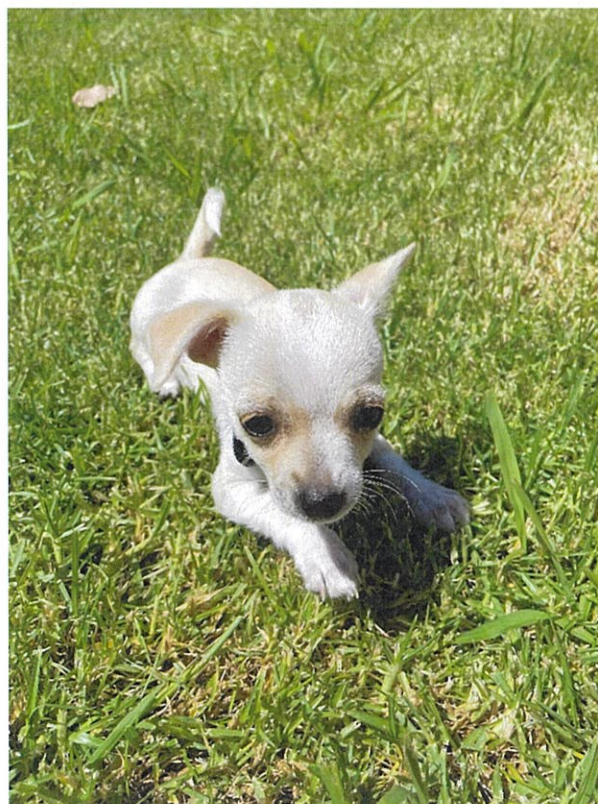
Hello all!

I'd like to start off this newsletter by addressing a rumor which has been circulating in the Village about me. I've heard it from multiple sources and would like to confirm the truth behind this rumor (since I was the one who started it).

I have resigned from my position as the Head of Department for Health & Wellbeing. My final day will be Friday the 1<sup>st</sup> of March 2024. We are actively recruiting a new nurse for this position and hope to find a new nurse in time for my departure. I will be moving to Perth, Australia to continue my career with Maia, Duckie, Bambi and myself and I will likely be heading back to the Emergency Department where I hope to be a Geriatric Nurse Specialist.

I have been at Fairview Lifestyle Village for a year now, and it has been an amazing experience for myself. I have found an absolute passion for older people's health, and I know that this role has set me up well and given me a lot of experience with continuing care. I would like to thank you all for making this role so enjoyable over the past year and I will remember this village fondly in the future.

In other news, our astute readers would have picked up that I said I would be moving with an extra name above, so I would like to also announce a new addition to our little family, a new little chihuahua pup, Bambi. Duckie has been asking for a little sister for a while now, and with some friends of ours' having a litter, we couldn't resist the opportunity to get Bambi. She is now 12 weeks old and weighs only 1.3kg (a bit of a contrast to our 43kg lab!).







## From the Chef's Oven

Hello Everyone

We hope you all had a lovely Christmas and New Year surrounded by your friends and family.

We are very excited to have the team back on board and can't wait to catch up with you residents as you come through the cafe over the next few weeks. I would like to say a big thanks to the kitchen team who kept the place running whilst others have been away. Also, a big thank you to the residents for being so patient during this time.

We had a great turn out for the Christmas Day lunch, and everyone thoroughly enjoyed their meal. We also provided a special Christmas lunch for the care residents who also enjoyed their meal.

### Bookings/Functions

With the team back on board we are open to take bookings for large gatherings and lunch/dinner parties. We also provide large catering upon requests. Come and enquire at the café if you have any questions or would like to make a booking.

### This month's chefs lunch special

Our chefs lunch special for the month of January is \$15 Sirloin Steak served with a fried egg, fries and a side salad. Please let us know how you would like your steak cooked.

Brooklyn and the Relish Team

### **Holiday photos of Noris and his family in Zurich and Germany.**



## What's on this coming week and next



### **Movie Group**

Movie Group resumes on Tuesday 30<sup>th</sup> January.



### **Friday Night Raffle – 5th January 2024**

We had a good result on Friday selling major raffles and one minor raffle.

The dwelling draw was drawn by Lois Hadfield and the winner was Clark Robbie. Congratulations Clark.

The main raffles were drawn by Pat Levett. The winners were:

Cathy Lloyd, Tony Stanaway, Clark Robbie, Lois Hadfield, Judy Walker, Paula Turner, Priscilla Page, Muriel Sandham, Jean Elliott, Adele Carlisle, Gareth Hancock, Brynley Goodger, Dianne Turner, Alastair Glyn-Jones, Earl Troughton, Dulcie Kortegest, Wendy Johnstone and Doreen Beaman.

Congratulations to all of our winners.

Diane Brown

Raffle Convenor - Tel: 478 3581



### **Strength & Balance**

A resident is happy to take this class until Harbour Sport return on Monday 22<sup>nd</sup> January.



## Residents' Notices

### Free Ink Cartridges

My Canon Pixma MX436 printer no longer works and is beyond economical repair. I have to give away a New Genuine Canon PG-640XXL Black Cartridge (never opened) and recently installed Genuine PG-640XXL Black and a CL-641 Colour. These cartridges fit most of the Pixma MG and MX Series printers. First in, first served. Please phone Ray 479-1951

### Aqua Class with Libby

Resumes on Friday 26<sup>th</sup> January.

### Polystyrene Recycling

A resident advised that Mitre10 Henderson have a bin for recycling polystyrene. Unfortunately, Mitre 10 Albany doesn't supply one.

### Lost/Found

- A fabric glasses pouch with cat picture has been found. Please see reception.
- If you have lost a blue Sistema drink bottle, please see reception.



### For Sale

If anyone knows of anyone needing a dryer in excellent condition, please let me know. The price is negotiable for residents but will need to be picked up. Helen Lorimer  
Phone 0211836782

### For Sale

For sale mobility scooter. \$1000 ono. Contact Benjamin 021861706



## Gareth's Puzzle

Last week's puzzle was: What connects these four?

The Wit and Wisdom of Ronald Reagan

What Every Man thinks about apart from Sex

Blackadder's map of the Cape of Good Hope

The Doctor's psychic papers

And the answer is they are all blank.

The first was an LP (remember those?) with both sides blank.

The second was the result of 2-years research by an American professor.

The third was a blank map of Africa to guide Blackadder around Africa

And the fourth is from Dr. Who.

This week's puzzle is again what connects these four?

Back to the Future - 99m

The King's Speech - 99m

Singing in the Rain - 68m

When Harry met Sally - 4m

## Bug Doctor

Hello again Fairview Lifestylers

Peter, that's me, the Bug Doctor will be treating villas and apartments from 6th December onwards. Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbour. I've been in the village for at least 17-18 years and still have my customers on board.

Phone/text 021 244 5909. Cheers Peter



## LAUGHTER LINES

A little bit of trivia:

1. In 1922, Pitcairn Airlines was the first airline to provide air sickness bags.
2. Alexander Graham Bell, who invented the telephone, also set a world water-speed record of over 112mph at the age of 72.
3. It takes four hours to hard boil an ostrich egg.
4. Before Mickey Mouse, Felix the Cat was the most popular cartoon character.
5. Monaco's national orchestra has more personnel than the Monaco Army.

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"I am sorry that I am late for dinner. I got arrested for speeding on the way home," Lord Newlywed explained rather sheepishly. "I have to appear in court tomorrow and will have to pay a \$50 fine or go to prison for seven days." "What a stroke of luck!" exclaimed Lady Newlywed. "You must take the seven days. Peter. "The cook has just left and that will give me more time to hire another."

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Bob: "That was a big wedding." Bill: "Yes. I got in the queue three times to kiss the bride and nobody noticed it."

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A father was explaining to his small son exactly what he had done in the War. The recital took about three hours, ending with VE Day and the return of the hero. "And there you have it, son, said the father, "Any questions?" "Just one Dad, said the boy. "What did they need all those other soldiers for?"

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A true Scot is one who opens a bottle of Whisky and throws the cork in the fire.

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After each drink Murphy took a frog from his pocket and placed it on the bar and stared at it. Eventually the barman asked him what he was up to. "You see," said Murphy, "so long as I can see one frog I'm sober. It's when I see two frogs that I have to do something." "And what do you do?" replied the barman. "I pick up both frogs, put them in my pocket, have one more drink and go home."

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Daffynitions: 1. **ADDICT**: A species of fish – very nice smoked. 2. **ANEMONE**: One who is hostile. 3. **BARBECUE**: A line of customers at the barber shop. 4. **BEACHCOMER**: Unconscious on the seashore. 5. **BEGUILE**: A large Island. 6. **BUTTERCUP**: A drinking vessel for goats. 7. **CARDIGAN**: A dignitary of the Catholic Church. 8. **COPPERPLATE**: The crockery in the police station canteen. 9. **GOLDILOCKS**: Gilded door knobs. 10. **IDEAL**: The start of a card game.

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Lover's Wit.

1. I've often been chased by women, but never while I am awake. *Bob Hope*.
2. Men should be like Kleenex, soft, strong and disposable. *Cher*.
3. I wouldn't be caught dead marrying a woman old enough to be my wife. *Tony Curtis*.
4. In my house I am the boss. My wife is just the decision maker. *Woody Allen*.
5. I was introduced to a beautiful young lady as a man in his nineties. Early nineties, I insisted. *George Burns*.

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**DOCTOR** (approvingly): "You are coughing much more easily this morning." **PATIENT** (bitterly): "So I should. I have been practicing hard all night."

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And finally: An atheist is a person who goes to an Auckland vs Canterbury rugby match and doesn't care who wins.

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From the Joke Books of A. Nonny Muss



## **Strength and Balance**

A resident is happy to take this class until Harbour Sport returns on Monday 22<sup>nd</sup> January 2024. Please meet at the same time and same place.

Please remember to bring your water bottle – it is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Tai Chi – with Weiping**

The class will begin again on **Tuesday 13<sup>th</sup> Feb 2024** at 1:30pm on 2<sup>nd</sup> floor. There is a monthly prepaid fee of \$20 which includes a subsidy from the Village Residents Committee, but this subsidy will only be offered if we have more people attending than last year.

If you would like to join our group in improving our health and wellbeing in a quiet, calm way please phone or TXT

Averil Denvers – 027 384 9605 to register your interest.

## **Beautician**

Wednesday 17<sup>th</sup> January. Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3<sup>rd</sup> floor. Call or text on 0211458542 to make your booking.

## **Dancercise with Libby**

**Resumes 8<sup>th</sup> February 2024.**

## **Restorative Yoga with Joy – *Stretch Strengthen Revitalise***

Thursday 18<sup>th</sup> January - 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

## **Aqua Class with Libby**

**Resumes on Friday 26<sup>th</sup> January 2024.**

## **Doctor**

Thursday 25<sup>th</sup> January – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

## **Podiatrist**

Thursday 25<sup>th</sup> January – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames.

# WEEKLY SCHEDULE

15 January to 21 January 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 15 Jan</b>	Hair Salon with Kim	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 16 Jan</b>	Mini Bus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Tai Chi <b>recommencing 13 February 2024</b>	1.30pm	3 <sup>rd</sup> Floor Sun Room
	Movie Group <b>recommencing 30 Jan 2024</b>	7.15pm	
<b>Wed 17 Jan</b>	Hair Salon with Margaret	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Twilight Croquet (weather permitting)	5.30pm	Croquet Green
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 18 Jan</b>	Hair Salon with Margaret	8.30am – 3.00pm	3 <sup>rd</sup> Floor Salon with Margaret
	Croquet (weather permitting)	9.30am	Croquet Green
	Dancercise Class <b>resumes 8<sup>th</sup> February</b>	10.45am	2 <sup>nd</sup> Floor Lounge
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group <b>recommencing 1<sup>st</sup> Feb 2024</b>	1.00pm	3 <sup>rd</sup> Floor Sun Room
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 19 Jan</b>	Hair Salon with Kim	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Mini Bus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby <b>resumes 26<sup>th</sup> Jan</b>	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 20 Jan</b>	Croquet (weather permitting)	9.30am	Croquet Green
	Cards 500	9.30am	3 <sup>rd</sup> Floor Games Room
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 21 Jan</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm start





# Dinner Menu

## 15 Jan to 21 Jan

Bookings by 1pm on the day  
(please phone 09 477 3957)  
Small Meals \$17 – Large Meals \$19  
\$2.00 delivery fee applies per Villa

### Monday / Chicken

**GF** Pan grilled chicken breast, brown gravy, grilled Bok choy, glazed carrots, roasted potatoes

### Tuesday / Beef

Braised beef brisket, steamed vegetables with chives mashed potatoes

### Wednesday Roast / Choice of meat

**GF** Roasted pork leg roll, gravy, apple sauce.  
Or Cajun chicken roast

Both options served with vegetable gratin, roasted carrots, potatoes

### Thursday / Pork

**GF** Champagne ham, pineapple sauce, steamed vegetables, roasted vegetables

### Friday / Choice of Fish

Beer-battered fish, tartare sauce, slaw and fries

Or oven baked salmon, hollandaise sauce, steamed vegetables, mashed potatoes  
(large only for salmon)

### Saturday / Lamb

**GF** Mustard braised lamb, jus, mint sauce, sauteed savoy cabbages, mashed potatoes

### Sunday Roast / Beef

**GF** Beef roast, brown gravy, mushy peas, buttered corn, roasted pumpkin and potatoes, Yorkshire pudding

### Alternative TAKEAWAY Dinner Menu – in foil tin

Available all day, just call in, limited batches weekly  
Please enquire at the Café