

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 **05 February to 11 February 2024** No. 307

From the Manager's desk

Lodge laundry rooms

This is a reminder not to leave unwanted items in the Lodge laundry rooms. Our housekeepers work hard to keep all areas of the Village clean and tidy. Those items are cluttering the laundry rooms and should be disposed of if unwanted. If you have items to sell or donate, we encourage you to drop those items to charity shops or place an ad in our newsletter.

Residents' email addresses

At times, some urgent and/or important communications are emailed to residents when needing to inform residents quickly outside the newsletter. If you don't have an email address, please let Cherie at reception know so we can make sure we contact you to share those communications with you.

Spaceworks' workshop and questionnaires

Thanks to those residents who have connected with me following my email regarding our refurbishment plans to upgrade the Lodge. Spaceworks have been engaged as the interior design team to draw up plans for a strategy to upgrade our community areas and facilities in the Main Lodge.

We have made the decision to undertake this project as part of our long-term maintenance planning, with our immediate priority being to upgrade our reception area. There is no timeline yet as to when any work will commence, but by undertaking this design work, it gives us the opportunity to submit this as a long-term plan to the Board for their consideration.

We have obligations to maintain and keep in good repair the village facilities and this project is in line with our obligations to do so. You are assured that we will also undertake our obligations to consult with all residents and consider all feedback before refurbishment work is approved by the Board.

The first step for Spaceworks is to engage with the community so that they can have a better understanding as to how residents use the existing spaces in the Lodge and how the facilities can be better designed and utilised in the future. A residents' workshop will take place this month and a questionnaire will be distributed to all residents following this so all feedback will be collected.

Increase of fees for extra services from 1st January 2024

As advertised late last year, the prices for the services below will increase from this year due to increased costs and wages:

- Housekeeping – from \$39 per hour
- Miscellaneous chargeable maintenance or gardening requests - from \$39 per hour
- Lodge power rate - 20 cents per kilowatt

Monthly statements will be available next week in the Lodge mailboxes or the general mailbox for Villas (located in the Lodge).

Waitangi Day Tuesday 6th February

Please take note that the Village will have skeleton staff working on that day as per usual on statutory holidays. Remember to bring your swipe if coming down to the Lodge as the front doors will be locked. The nurse will be on duty as per usual to assist where needed. Relish Café will be closed but dinner deliveries are available. The shopping bus to Westfield Albany is cancelled.



Visit to Settlers' butterfly house Wednesday 7th February

There will be one van trip to Settler's for residents to view their butterfly house on Wednesday 7th February at 10am and returning for 12pm. If you would like to join, please book with Cherie at reception. Be quick, there is only a few seats left. Other residents are welcome to make their own way to Settlers and join the Fairview group there. Please let us know if this would be the case as we will inform Settlers of the number of residents attending.

Introducing our new Head of Department Health & Wellbeing 7-8-9 February

We will be hosting morning teas to welcome our new Head Nurse Maria Montecello who will be starting at Fairview on Monday 5th February. The morning teas will take place in the Lodge from 10am to 11am. Compulsory RSVP required at reception please for catering purposes.

Wednesday 7th February

Lodge Apartments

Thursday 8th February

Villa 3 to 70

Friday 9th February

Villa 71 to 147, including Gardner Apartments

Valentine's Day Special Dinner Wednesday 14th February

Relish Café will be offering residents a lovely dinner meal in our Dining Room on Wednesday 14th February at 6pm. Check the flyer in this newsletter. Please book and pay at reception by Sunday 11th February 4pm.



Cook-off Ben VS Noris Thursday 15th February

Benjamin and Noris will take part in our own Fairview cook-off on Thursday 15th February at 10am in the Lodge. Come and encourage them, and you will also be able to vote for the best food! More details to come. Benjamin wanted to leave on a bang and do something fun, it's all his idea!

Benjamin's farewell – Complimentary Happy Hour Friday 16th February



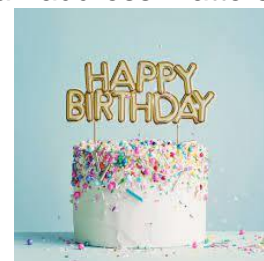
As we bid a bittersweet farewell to our valued Head of Department Health & Wellbeing Benjamin, we would like to invite you all to join us celebrating his time at Fairview. Benjamin is embarking on a new journey, and we would like everyone to be a part of the farewell festivities. Join us for complimentary drinks at Happy Hour on Friday 16th February from 4pm.

Residents' meetings 2024 – Tuesday 20th February

I would like to introduce bi-monthly residents' meetings this year where residents will receive updates from Management and the team, as well as asking questions if they wish to. Our first residents meeting for 2024 will be on Tuesday 20th February at 2.30pm in the Lodge. All residents are welcome to attend. Our Head of Departments staff will also be present, so we can share a brief review on each department. You are welcome to bring questions before the meeting so I can address matters that are important to you.

Happy birthday to our staff

Happy birthday to our nurse Aileen on Wednesday 7th February. We wish her to have the best day!



Congratulations to our Employee of the Month

Thank you to our gardener Matt for all his hard work in the Village, all his contribution since he joined Fairview last year, his positive attitude and willingness to teach other staff members. He has done an amazing job over the Holidays, holding the fort. He is a true asset to the team.

Have a lovely weekend everyone!

Marika

New recycling requirements from Auckland Council

Unfortunately, we are still having issues with residents' from Villas and Lodge not following the guidelines for recycling, causing additional work for our gardening team having to triage the bins and for Waste Management refusing to collect our recycling bins.

From today 1st February, new national recycling standards will come into effect. Everyone across the country is set to have identical guidelines for what items can and cannot be placed in recycling bins. Nearly a quarter of the material collected in Auckland's kerbside recycling is contaminated with non-recyclable items like clothes, nappies, and bagged rubbish. This contamination costs Auckland ratepayers an extra \$3 million per year in sorting and disposal.

Fines are \$400 per offence which Auckland Council will be enforcing for both residential and commercial sites like ours. Our expectations are that all residents will follow the Council guidelines closely and will take care to ensure that non-compliant items are not put in the recycle bins. Please note that if a fine is received and if we can identify the responsible party, the cost of the fine could be passed on accordingly.

New items excluded from 1 February 2024:

- Items less than 50mm (e.g. caps, small cosmetic and spice containers)
- Aerosol cans (steel and aluminum)
- Liquid paperboard (beverage cartons and juice boxes)
- Plastics 3, 4, 6 and 7
- Aluminum foil and trays
- All lids
- Items over 4 liters

Items accepted in your recycling bin from 1 February 2024:

- Glass bottles and jars (without lid)
- Paper and cardboard
- Plastic bottles, trays, and containers (grades 1, 2 and 5 only)
- Tin, steel and aluminum cans

Please note:

- Empty and rinse all recyclable items and place loose in your recycling bin.
- All recyclable items need to be larger than 50mm x 50mm, but smaller than 4-litres.
- Put all lids in your rubbish bin.

Here are links explaining more of the standards and the changes:

[New standards to recycle right - OurAuckland \(aucklandcouncil.govt.nz\)](https://www.aucklandcouncil.govt.nz/our-auckland/new-standards-to-recycle-right)

[What you can put in your recycling \(aucklandcouncil.govt.nz\)](https://www.aucklandcouncil.govt.nz/our-auckland/what-you-can-put-in-your-recycling)

We suggest keeping the next page on your fridge door or on the inside of a cupboard door as a reminder.

✓ YES PLEASE

Containers



plastic containers*
numbers 1, 2 and 5



glass bottles and jars



steel, aluminium,
and tin cans

Paper and cardboard



advertising mail
and envelopes



newspapers
and magazines



paper and cardboard
packaging



egg cartons and
cereal boxes

*Only plastics 1, 2 and 5 are accepted and recycled through Auckland Council's kerbside recycling collection.

✗ NO THANKS



plastic bags
(full or empty)



food scraps



clothing, shoes
and bedding



hazardous waste,
chemicals and
empty aerosol cans



all types of batteries



nappies



polystyrene



cookware, Pyrex and window,
mirror and drinking glass



electronic and
electrical items



medical waste



garden waste



gas bottles



From the Chef's Oven

We really enjoyed having our lunch special last Friday to celebrate the Auckland Anniversary long weekend and everyone seemed to enjoy their spaghetti & meatballs.

February's Lunch Special

Our chef's lunch special for the month of February is \$12 Beef Nachos. This is a beef mince and bean mix topped with cheese and sour cream served with nacho chips.

Café Closed Tuesday 6th February

Due to the public holiday coming up, the café will be closed on Tuesday 6th February. We will offer our February's special, beef nachos for dinner: mince and bean mix, topped with cheese and sour cream served with nacho chips, and a side of garden green salad (small only). This will only be available for delivery and will be delivered to your villa at 5pm. Please ring before 1pm on Tuesday if you would like to book.

Frozen Meals

Our frozen meals that we have available this week are:

1. Champagne Ham
2. Lamb Shank
3. Braised Lamb
4. Spaghetti and meatballs

New to the Menu

On Fridays, we will be selling homemade fresh bread. A medium sized loaf will be sold for \$6 and a smaller loaf for \$5. Please ring the Café and order on or before Thursday to guarantee your bread order, otherwise it'll be sold on a first in first served basis so get in quick!

We will also be selling homemade granola. This can either be sold in a bag or can be added to some Greek yoghurt and topped with fresh fruit. This will be \$6 each.

We hope you are enjoying our new salads that we are selling in the cabinet. We have had some great feedback on how fresh they are and how it is nice to have something different. Please let us know any feedback that you may have or any suggestions on salads that you may like us to sell.

Valentine's Day Special Dinner

We will be offering residents a lovely dinner meal in our Dining Room on Wednesday 14th February at 6pm. Check the flyer in this newsletter. Please book and pay at reception by Sunday 11th February 4pm.

Brooklyn and the Relish Team

What's on this coming week and next



Movie Group – Tuesday 06 February

7.15pm Level 2 Theatre – The Last Daughter

Award winning true story of Brenda who was returned to her Aboriginal family but later decided to search for the white family who had brought her up.

Stars – Brenda Matthews and Mark Schmidt.

Every week we endeavor to show a good quality movie for your entertainment. Our Level 2 Theatre has comfortable seats and a big screen to rival Hoyts! You are very welcome to join us.
Peter Woolnough

Friday Night Raffle – 26th January 2024



A very big thank you to Daphne Markwick and Ray Barrett for standing in for us while we were away.

We had another good result on Friday selling four major raffles and one minor raffle. It was lovely to see Paula and Trevor Turner there with their family and friends.

The dwelling draw was drawn by Sheryl Wales and the winner was Patricia Jansen. Congratulations Patricia.

The main raffles were drawn by Ted Ranyard. The winners were:

Colleen Leonard, Neville Turner, Richard Jones, Natasha Nevill, Lorraine Dale, Ian Johnstone, Helen Hunter, Bev Barnes, Luella Jacobson, Denis McCarthy, Lois Hadfield, Roy Keepin, Meredith Coleviro (visitor), Earl Troughton, Priscilla Page, Bruce Benfell, Monica Creedon, Trevor Turner, Clark Robbie, Brian Sutherland and Vicki Coleviro (visitor).

Congratulations to all of our winners.

Diane Brown

Raffle Convenor - Tel: 478 3581



Garden Club

We have arranged a trip to Amanda's Garden" Waiake then lunch at Palmers Pine Hill.

Date: 19th February
Bus leaves at 10.30am
Phone: Anne Pike 475 6741

Thursday Night Meal Deal at Piatti Italiani Restaurant

Alfio and Giancarlo invite you to join them at Piatti Italiani Restaurant for their Thursday Night Deal for all **Supergold Card** holders - buy any meal and receive your **second meal at ½ price.**

Bookings are essential, please call **09 478 6936**.

Piatti Italiani Restaurant, 5 Hebron Road, Waiake, North Shore 0630

**T&Cs: Maximum 2 cards (2 half price meals) per table, (second meal must be equal or lesser in value). Piatti Italiani reserves all rights.*



Residents' Notices

Bingo

Bingo Night is full of fun,
With lots of money to be won,
Mark off each number in the row,
Then you can call out BINGO.

Looking forward to seeing you all on 3rd February 2024 at 7.00pm which is our next Bingo Night.
The Bingo Team

Morning Melodies

Is there a driver in the village who would be able to take us to the Bruce Mason on Monday February 12th. Leave about 10am and back about 12.30.pm.

Also, if we get a driver, if anyone is interested in me buying some tickets, please let Cherie know.

Thanks
Shirley Jones



Tai Chi – Class Cancelled

Unfortunately there is no more Tai Chi in the village due to lack of numbers interested in doing it.
Averil

DO YOU WORDLE?

The word puzzle, Wordle, is popular around the world with many people logging in each day to try to solve it but there are lots more similar daily puzzles as well. So here's a few you might like to try out.

Wordle

<https://www.nytimes.com/games/wordle>

Find that day's 5-letter word. Each time you guess, the letters are color-coded according to whether they are in the word and in the right position, in the word but in a different position, or not in the word at all. You have 6 guesses.

Waffle

<https://wafflegame.net/daily>

A grid of six 5-letter words and you are given all the letters with some already in the right positions. You're told when a letter is in the right word but the wrong position. You need to swap the letters around to make the six words. Beware - you might have a letter marked as belonging to that word but in a different position - but if it is at the intersection of 2 words you won't immediately know which word it belongs to.

Susie

<https://susie.rbrignall.org.uk>

Another 5-letter word puzzle. You are told which letters are consonants and which are vowels. Each time you guess the word you are told how many letters in your guess are also in the word - but it doesn't tell you which letters they are. It becomes an exercise in logic, as much as a word puzzle. E.g.: you might enter 'champ' and get 0 hits, then you could enter 'chimp' and get 1 hit, so now you know there is an 'i' in the word. You can have lots of guesses (maybe unlimited?)

Phrazle

<https://solitaired.com/phrazle>

Much like Wordle, but it is a phrase, not one single word. A hint for solving this: first couple of guesses, use random words that make no sense together, just to get as much info as possible about what letters are in the phrase, and which words they are in. A limit of 6 guesses.

Connections

<https://www.nytimes.com/games/connections>

A different type of word puzzle. You're given 16 words, and you need to categorise them into 4 groups of 4 words that go together somehow. Sometimes it's the words' meanings that group them, sometimes there might be another word that often goes before or after each of 4 words to connect them, sometimes it might be a silent letter in each one, or maybe they might rhyme. I find this puzzle frustrating at times, but it's very satisfying to get all 4 groups right. The puzzle ends after you have made 4 incorrect guesses.

Redactle

<https://redactle.net>

This is a biggie! It's an article from Wikipedia, and most of the words have been redacted (taken out), leaving only common words like: in, the, after, that, down. The goal is to discover the title of the Wikipedia article. You don't have to work out all the words, just the title. Be sure to click on Info, to read some hints and tips. It's a fun and interesting puzzle and has the added bonus of giving you an interesting Wikipedia article to read. :)

* All the puzzles have a "help" section, so be sure to click on the "?" to read it.

* If you know of any other daily word (or number) puzzles perhaps you could also put the link(s) in the newsletter.

Jocelyn Goodger

Bug Doctor

Hello again Fairview Lifestylers

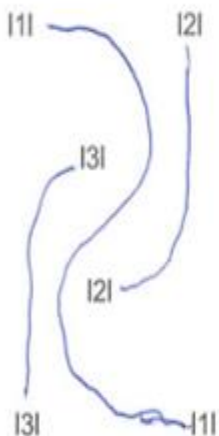
Peter, that's me, the Bug Doctor will be treating villas and apartments from 6th December onwards. Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbour. I've been in the village for at least 17-18 years and still have my customers on board.

Phone/text 021 244 5909. Cheers Peter

Gareth's Puzzle

Last week's puzzle is spatial. join 1 to 1 , 2 to 2 and 3 to 3 with no lines crossing and no lines outside the outer numbers



This week's puzzle is what connects these four expressions and what would be the English equivalent

Italian - Easter falls in May , Danish - two Thursdays in a week , Croatian - willows bear grapes , French - hens have teeth.

BINGO

\$100 Jackpot

Saturday 3 February at 7pm

3rd Floor Lounge

Ticket Sales from 6.15pm

The bar will be open from 5.30pm to 6.45pm

20 games – will you be a winner?

Come and join in the fun.

**** 2 choices of Ticket Packets****

\$10 gives 2 chances at Jackpot

\$15 gives 3 chances at Jackpot

The more people that come along means Bigger Prizes.

Looking forward to seeing you.



LAUGHTER LINES

Oddball Facts:

1. Sending a man to the moon and finding Osama Bin Laden cost the US government almost the same amount of money: 10 years and \$100 billion.
2. When eating jelly babies, nearly 80% of people bite the head off first.
3. Under the Wildlife and Countryside Act it is explicitly illegal in Britain to use a machine gun to kill a hedgehog.
4. James Naismith, a Canadian, invented basketball in Massachusetts in 1891. It was 21 years before it occurred to anyone to cut a hole in the bottom of the net.
5. All 10 species of the most venomous snakes in the world live in Australia.

A New Zealander was being driven by an Okker over a blistering and almost barren stretch of the Western Australian desert when a gaudy bird, new to him, scurried in front of them. The New Zealander asked the Aussie what it was. "That is a bird of paradise" replied the Aussie. The Kiwi rode on in silence for a while and then said to the Aussie, "Pretty long way from home, eh, North or South Island?"

Son: "Dad, I just siphoned a few gallons of petrol out of your car for my old bus; it's OK isn't it?" Father: Sure, it's OK son. I bought that gas with your allowance for next week. So run along and have a good time."

The Company's personnel director was interviewing applicants for a job with the company. The first was ushered into his office and seated by his desk. The director asked the young man what his experience was. The applicant replied that he had been employed as a gag writer at a local TV station. Director: "Let's see you invent a gag then." The applicant opened the office door, leaned out into the hallway and shouted, "Okay you guys, you can all go home, the job's taken."

Mrs Biggs: "Doctor, don't you dare tell me that I am overweight!"

Doctor: "Okay, then according to my height and weight chart, you are four inches too short."

Daffynitions: **ANALYSE**: Anna is not telling the truth. **BIRD'S EYE**: A provocative look from a girl. **CAPABLE**: What the Toreadore does in the arena. **CHOKER**: The 53rd card in the pack. **COMMODORE**: An entrance shaped like a comma. **DOGMA**: A female dog with a litter. **ELF**: A shortened form of Alfred. **EXCEL**: Roman numbering for 40. **GERMINATION**: The inhabitants of Germany. **NIBLICK**: Moistening the end of a new pen.

They Said It:

1. I love Shirley MacLaine dearly, but her oars aren't touching the water much these days. *Dean Martin*.
2. Can she sing? Of course she can, she is practically a Florence Nightingale. *Sam Goldwyn*
3. Love is grand. Divorce is one hundred grand. *Mickey Rooney*
4. I once shared a house with Errol Flynn. It was called Cirrhosis-by-the-Sea. *David Niven*
5. I went to a doctor the other day and told him my arm was broken in three places. He told me to stay away from those places. *Tommy Cooper*
6. I know a lot of people did not expect our relationship to last – but we have just celebrated our two month's anniversary. *Britt Ekland*

The German was so naive he thought Einstein was a single glass of beer.

And finally: Never believe anything about a politician until he has made an official denial.

From the Joke Books of A. Nonny Muss.

Strength and Balance

Monday 05 February – 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Tai Chi – Class Cancelled

Unfortunately the Tai Chi class has been cancelled in the village due to lack of numbers.

Beautician

Wednesday 07 February. Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Dancercise with Libby

Thursday 08 February – 10.45am – 2nd Floor Lounge

\$5.00 per person.

We appreciate the subsidy from the Village Residents' Committee.

Restorative Yoga with Joy – *Stretch Strengthen Revitalise*

Thursday 08 February - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 09 February – 9.15am – level 2 swimming pool

\$5.00 per class

Doctor

Thursday 08 February – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 08 February – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames.



DINNER MENU

Valentine's Day

Wednesday 14th February 2024

3 course meal * Dining Room * 6pm

\$32 per person

APPETIZER

Mediterranean vegetable crostini

Grilled ciabatta, basil, feta & seasonal vegetables

MAIN COURSE

Surf & Turf

Eye fillet topped with grilled prawns
pumpkin & pomme puree
kale & spinach

DESSERT

Cupid's Special Cake

Strawberry Tiramisu & berry coulis

**Please book & pay at Reception by
Sunday 11th February 2024 4pm**

WEEKLY SCHEDULE

05 February to 11 February 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

| | | | |
|-------------------|--|-----------------------|---|
| Mon 05 Feb | Hair Salon with Kim | 9.30am | 3 rd Floor Salon with Kim |
| | Strength & Balance | 10.30am | 2 nd Floor Lounge |
| | Line Dancing | 4.00pm | 2 nd Floor Lounge |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Lounge |
| Tue 06 Feb | Mini Bus – Albany Westfield - Cancelled | 9.15am/9.45am/10.15am | Return 10.30am/11.00am/11.30am |
| | Croquet (weather permitting) | 9.30am | Croquet Green |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Mahjong | 1.00pm | 3 rd Floor Games Room |
| | Movie Group | 7.15pm | The Last Daughter |
| Wed 07 Feb | Hair Salon with Margaret | 8.30am – 3.00pm | 3 rd Floor Salon with Margaret |
| | Petanque | 9.30am | Petanque Court |
| | Beautician | 9.45am | 3 rd Floor Doctors Room |
| | Scrabble | 1.30pm | 3 rd Floor Games Room |
| | Twilight Croquet (weather permitting) | 5.30pm | Croquet Green |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Thu 08 Feb | Hair Salon with Margaret | 8.30am – 3.00pm | 3 rd Floor Salon with Margaret |
| | Podiatrist (phone reception to book) | 9.00am | 3 rd Floor Doctors Room |
| | Croquet (weather permitting) | 9.30am | Croquet Green |
| | Dancercise Class with Libby | 10.45am | 2 nd Floor Lounge |
| | Bus to Milford | 11.30am | Returns 2.00pm |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Art Group | 1.00pm | 3 rd Floor Sun Room |
| | Yoga with Joy | 1.30pm | 2 nd Floor Lounge |
| | Dr Hunter (phone reception to book) | 2.00pm | 3 rd Floor Doctors Room |
| Fri 09 Feb | Hair Salon with Kim | 9.30am | 3 rd Floor Salon with Kim |
| | Mini Bus – Browns Bay | 9.15am/10.15am | Return: 10.30am/12.00pm |
| | Aqua Class with Libby | 9.15am | Level 2 Swimming Pool |
| | Rummikub | 1.00pm | 3 rd Floor Games Room |
| | Friday Night Raffle | 4.00pm | 3 rd Floor Main Lounge |
| | Happy Hour | 4.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Sat 10 Feb | Croquet (weather permitting) | 9.30am | Croquet Green |
| | Indoor Bowls | 1.00pm | 2 nd Floor Games Room for 1.15pm |
| Sun 11 Feb | Outdoor Bowls | 1.00pm | Assemble for 1.15pm start |



Relish Café
By Chef Noris & Team

Dinner Menu

5 Feb to 11 Feb

Bookings by 1pm on the day
(please phone 09 477 3957)
Small Meals \$17 – Large Meals \$19
\$2.00 delivery fee applies per Villa

Monday (pork)

GF BBQ pork belly, steamed vegetables & mashed potatoes

Tuesday (beef)

CAFÉ CLOSED / Delivery only @ 5pm

Beef nachos, mince and bean mix, topped with cheese and sour cream served with nacho chips, and a side of garden green salad (small only)

Wednesday Roast (roast – 2 choices)

GF Roast sirloin slices, gravy, or
Chicken Roast
served with peas, roasted potatoes and pumpkin

Thursday (lamb)

GF Lamb bourguignon, mashed potatoes, green beans and carrots

Friday (fish – 2 choices)

Beer-Battered fish with tartare sauce, slaw and fries or
Salmon, hollandaise sauce, steamed vegetables, mashed potatoes (large only)

Saturday (seafood treat)

Prawn twisters (3), calamari (3), fish bites (3), chips, garden salad, tartare sauce

Sunday Roast (beef)

Beef roast, classic gravy, roasted pumpkin, carrots, potatoes,
Yorkshire pudding

Optional Dinner Menu – in foil tin:

Please enquire at the Café