

The Village News

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **08 April to 14 April 2024** No. 316

From the Manager's desk

Aged Advisor NZ 2024 Awards – It's time to vote!

It's that time of the year again! Aged Advisor is excited to be hosting the 10th year anniversary of their Annual Awards. Their People's Choice Awards were created to celebrate the best of the best of villages and care facilities, who are providing amazing service, support, and wellbeing. Aged Advisor supports the Awards by providing a platform for residents, families, staff, and visitors to share their experiences.



As you know, those awards are completely independent and the only way to win is to encourage as many people as possible to share their individual experiences on Fairview. It is all based on their feedback! We know we are a great Village and have an amazing community, so let's ensure everyone (and everyone you know!) shares their experience before the mid-year cut-off time. We will keep reminding you, don't worry.

The best way to place a review is to click here: <https://www.agedadvisor.nz/review>
Alternatively, you can print the form by clicking [this link](https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf) or pick up a hard copy at reception: <https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf>

Group texting facility – Test 5th April 11am

We have invested in a program that now allows us to send texts to all residents if we need to share important information quickly. Whilst we don't envisage using this regularly, it will certainly be useful in the event of a significant event or emergency, and we need to let you know promptly. The system is set up in such a way that when a text is sent, it can come from any of 10 phone numbers allocated to our system. You will always receive our texts from the same number. On Friday 5th April at 11am, we will send a test text message to you all and recommend that you save this number as a contact in your phone (Fairview text) so any future texts are easily identifiable and not thought to be a scam.



End of Daylight Saving Time - Sunday 7th April

As we transition into the autumn season, we wanted to remind you that daylight saving time will be ending this weekend. On Sunday 7th April, we will set our clocks back one hour at 2:00 AM. This means that we will all have the pleasure of enjoying an extra hour of sleep as we return to standard time. Please take this opportunity to adjust your clocks and watches accordingly to ensure you're in sync with the new time schedule.



Mr Whippy - Wednesday 10th April 1.30pm

Mr Whippy will be back in the Village for those who would like to enjoy a nice ice cream treat. Cash or eftpos.

Volunteers' Appreciation Lunch – Thursday 11th April 12pm

We have invited volunteer residents to join us for a complimentary Volunteer Appreciation Lunch as a token of our gratitude for their generosity, time, and dedication to our community. Their contributions are invaluable to making our village a better place to live.



Skin Cancer Presentation from Northpoint Medical & Skin Centre – Friday 12th April 2pm

Dr Jassal from Northpoint Medical & Skin Centre will be giving a presentation in the Lounge on skin cancer, informing residents about prevention, signs and symptoms, treatments, etc., on Friday 12th April at 2pm.



ANZAC Day – Thursday 25th April

Your social committee is busy planning the annual ANZAC Day celebrations and dinner. Menu and details to be advertised in next week's newsletter.

Have a great weekend everyone!

Hope everyone had plenty of hot cross buns and chocolate eggs last weekend. I know we did in my house! 😊

Mia loved her Easter egg's hunt, her first Easter Show (despite her crying in each ride she did!), and of course spending a lot of time with her mommy and daddy.



Health and Wellbeing Corner

Another week has gone and now we prepare for daylight saving finishing at 2am this Sunday morning.

Julia, our Health & Wellbeing Coordinator, has now started with me as many of you have already noticed. I'm sure you will all welcome her as part of our team.

Nurse's clinic: Monday-Wednesday-Friday 10:00 -12:00pm but always available on call outside of these times if needed.

April's Health presentation: is next week April 12th at 10.30am, discussing the importance to check our skin. Dr Jassal from Northpoint Skin clinic will come and discuss about what to look at for skin cancers and skin changes.

Always remember I'm only a call away, or anyone of the nurses are available to assist with your medical needs 24/7.

Always smile, stay active as much as your body allows in the mind, body and soul. Life is good!

Maria Montecello, HOD Health and Wellbeing



Gardening Update

Hello All

Belated Happy Easter! I hope the Easter bunny came and paid you a visit, I had two strange looking bunnies turn up on Sunday morning, Little Luna & Rusty, the Easter Bunnies! The team and I really enjoyed having a few days off to relax and catch up on our own gardening at home.

We are off to another busy week for us with Villa refurbishments, hedge trimming, and our Villa circuits. This last week, we have been brainstorming different ways to effectively work with each other to accomplish as much as we can during the day. Currently we have split off into our own areas and tasks to see if we can get more done in a bigger variety of areas.

Hugh is chipping away at some of our refurbishments by removing overgrown or unwell plants, clearing out areas to open them up creating more light, and getting rid of those nasty weeds. We all really enjoy refurbishments as we use our creative freedom to design and plan the future look of the Villa and watch our imagination come to life.

Wesley has just begun a new cycle around the village along roadsides and common areas, trimming and tidying hedges and shrubs. Some of our Camelias have large shoots that have grown since their last hair cut so we have decided to give them a slight trim on the top to contain their shape, but not too much, as we are eagerly awaiting the abundance of winter flowers. We are also fertilizing our little Camelias as we go along, and feeding your Camelias will reward you with a gorgeous winter show.

Matt is zipping around our Villas providing general maintenance to plants and shrubs. Please feel free to ask any questions or queries regarding your maintenance and let Matt know what you need help with or what you would prefer us not to touch. Matt has an abundance of knowledge in the gardening field and is there to help you with whatever you need.

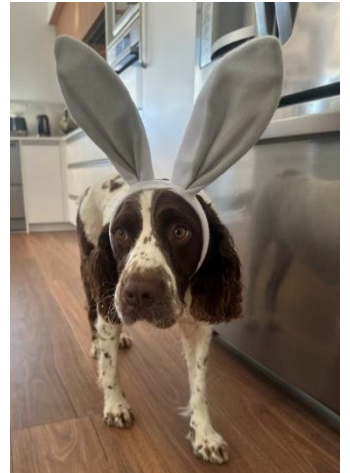
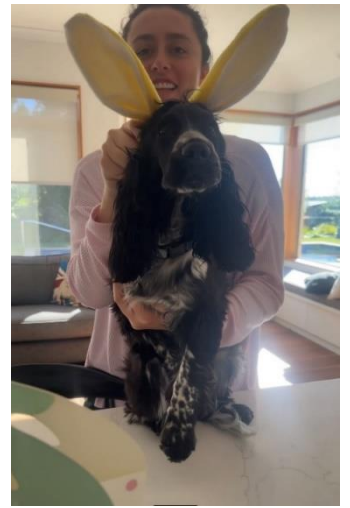
Connor and I are going through our "fix it and odd jobs" list currently as Connor is recovering from an injury, but hoping to be back at full fitness next week and getting stuck in with Matt. We have been creating retaining boxes for our newly planted trees on our Poplar bank, giving our rubbish and recycling bins the yearly clean out, and designing/planning for our plant delivery next week.

We have a big list of jobs that we want to achieve before the winter months really set in, so watch this space. Again, if you see us around, wave out and say hello, or ask us questions regarding your property. We are here to help and if we don't know the answer to your question, we will make it our mission to find it for you.

Lastly, exciting news, we are looking to start our own Gardeners' Club! We are slowly creating our own little plants & seedlings' nursery down here by the garden shed and we would like to invite you to join us. We have many plants that we remove from properties and repot so to reuse again, and seedlings from Clivia or Palms that we want to repot and nurture for future gardens. This project is in its early stages, but if you think this could be your cup of tea, please feel free to get in contact and we can discuss future plans.

HAPPY GARDENING EVERYONE!

Cait & The Boys





From the Chef's Oven

Dinner and Alternative Frozen Meals

Hello all, this week's frozen alternative meals will be Corned Beef, Braised Lamb, and Spaghetti Meatballs. Dinner menu for this week is at the end of this newsletter.

Chef's Special for month of April

As days are slightly getting colder, our team is offering you for the whole month of April, a Butter Chicken meal served with Basmati Rice, paratha (roti) and side garden salad for \$12.



Upcoming Events

The ANZAC Day Dinner menu will be out soon. It will be a 3 course sit down menu.

Private Functions and Caterings

Thank you all for booking your private functions with us. We can cater for all types of occasions like birthday party, wedding anniversary or even just a simple get together. Please inquire at the Café.

Café Price Adjustments

Due to the continuous increasing cost of food and labour, there will be a slight price adjustment on the A la Carte and Dinner menus, beginning 2nd April. Small dinner meal will be \$18 and the large dinner will be \$20. Thank you all for your understanding and supporting our Café.

Easter Sunday Special Lunch Photos

Thank you all for coming to our Easter Sunday roast lunch, we really appreciate all your great feedback. Check out some of our photos.



Recipe of the month – Braised Short Ribs



Yield:

2-4 portions, good for sharing

Ingredients:

1 kg beef short ribs or any beef on bones
1 pc large carrot diced
1 large white onion sliced
1 stalk celery
3 pcs bay leaf
1 beer bottle (I used Speights dark ale)
3 cups water
Salt and pepper, fresh thyme
For the rue: 100 gms butter, 100 gms flour

Procedures:

1. Season the beef ribs with salt, pepper, thyme.
2. Sear the beef in a Teflon pan until all sides are brown.
3. In a baking pan, place the beef and add the rest of ingredients.
4. Cover with foil and bake for 170 degrees for 3 hours.
5. Once cooked, prepare a rue. In a small pot, mix flour and butter until cooked, then add in some of the jus. Continue adding until you reach your desired thickness of gravy.
6. Serve with your favourite mashed potatoes, vegetables or even a simple roast tomato.
7. Enjoy!



Shade Doctor is coming to Fairview Village!

We Clean: Clear PVC Dropscreens
Mesh Dropscreens
Retractable Awnings

Book Now! Multiple Bookings = Cheaper Cost!

Quote Day: Monday 8th April, 2024

Cleaning Day: Thursday 11th April, 2024

Phone: 0223 757 046
Email: info@shadedoctor.co.nz

What's on this coming week and next



Movie Group – Tuesday 09 April – Howard's End

Merchant Ivory won 3 Oscars with this “incisive, witty, provocative movie acted to perfection”. Stars: Anthony Hopkins, Emma Thompson, Vanessa Redgrave and Helen Bonham-Carter

You don't need to travel to a cinema outside the village to see a good movie, just take a comfortable seat in our level two Theatre at 7.15pm on a Tuesday evening and enjoy a good movie on our big screen. You are very welcome to join us.

Peter Woolnough



Friday Night Raffle – 29 March 2024

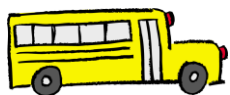
We had an excellent result considering that it was Good Friday. This week we sold four major raffles and two minor raffles.

The dwelling draw was drawn by Trevor Turner and the winner was Shirley Hughes. Congratulations Shirley. We also had three draws for Easter Eggs and the winners were Clark Robbie, Terry Denvers and Pat Gill. Enjoy!

The main raffles were drawn by Ledlie Nevill. The winners were:

Sandie Jennins, Barrie Flint, Judy Jetten, Bruce Draper, Brynley Goodger, Jocelyn Goodger, Clark Robbie, Warren Brown, Elaine McClintock, Rosalie Hancy, Shirley Hughes, Pat Gill, Dulcie Kortegast, Ces Gunn, Neville Turner, Jean Elliott, Beverley Wade, Christine Smith, Richard Jones, Dave Brand, Lois Hadfield, Ted Ranyard, Denis McCarthy, Wally Holmes and Annette Cook.

Congratulations to all of our winners.



John's Jaunts

April 24 - Kaiua Fish & Chips lunch leaving at 10.30am

Phone John 09 479 9318 to book.



Bingo

Our next Bingo evening will be held on 06 April. Please support us and bring along your family and friends. Remember the more people that come, the bigger the prizes.

Fairview Bingo Team

Residents' Notices

10 Minute Wonders

10 Minute Wonders will be performing from 4.45pm until 6.00pm on Sunday 7th April. Please be seated in time as we will not be able to admit you while the play is in progress.
Thank you.

Operation Cover-up

We are a group of ladies on the North Shore who knit for orphans and children in institutions, in East Europe. We knit blankets, scarves, beanies, socks, jerseys etc. The completed goods are shipped to the Hague and are distributed to the children in different countries in time for their winter. We are having a morning tea and a guest speaker next Wednesday 10th April at 10am in the sunroom. You are most welcome to come and have a cuppa with us and see some of the knitted goods.
Jill Devonshire 473 1931

For Sale

Adjustable Queen Size Motion Bed. Head and foot can be raised. As new condition – 20 months old. Retail \$4998.00. For Sale \$1500.00 ono. Phone: Anne 475 6741

Gareth's Puzzle

Easier ones last week:

1. If Marc was born the beginning of March and Gus was born in the middle of August, who was born at the beginning of January.
2. All these have a common trait. Add the missing digit.
802 3511 226 91 43?
3. Straight shooter is a game maker. Her latest line is pairing letters with numbers. What is the number corresponds with F.
A W I H L S Y F
3 4 1 3 2 0 3 ?
4. What single letter can be added to the word CAME to make a 3-syllable word?

And the answers are:

1. Jan - first 3 letters of month
2. 3 - each group of 3 digits add to 10
3. 3 - number of straight lines to form each number
4. O - turning COME to CAMEO

This week's puzzle:

- 1) How many numbers between 1 and 99 have an "a" in the word?
 - 2) A is the first letter in the alphabet that looks identical when looked at in a mirror. What is the second?
 - 3 Who is this legendary figure - HOROBOD?
 4. January, July and September all have 31 days but which of these is the shortest?
- Good thinking!

LAUGHTER LINES

The Funny Side of Marriage:

1. Who wears the pants in this family? I do, and I also wash and iron them. *Dennis Thatcher.*
2. The spouse who snores the loudest always falls asleep first. *Bruce Lansky.*
3. My mother buried three husbands, and two of them were just napping. *Rita Rudner.*
4. In some countries being president is just an honorary position – like being a husband in Hollywood. *Earl Wilson.*
5. Our 18 month separation had gone so well, we decided to make it permanent. *John Cleese*

Wife: “Did you notice that atrocious hat that Mrs Connolly was wearing in church this morning?”

Husband: “I’m afraid I slept through most of the service.”

Wife: “Well really! I don’t know why you bother to go to church at all.”

A young Officer Cadet on his first day at training school, was taking a squad for marching drills. Everything went fairly smoothly at first, but when the time came to give the squad the order to mark time, he realised that he had completely forgotten the correct words of command. Conscious of the fact that the eyes of the drill sergeant instructor were upon him, he stammered desperately, “Er – men – er – quick march – but don’t go anywhere.”

“What are you cutting out of the paper, darling?” asked the young bride of her husband. “It’s an article about some bloke securing a divorce because his wife went through his pockets.” “What are you going to do with it.” the wife enquired. “Put in my pocket for safe keeping.”

The consultant had spent a long time trying to convince an anxious, but perfectly healthy businessman, that he was not suffering from heart disease. “You must stop worrying my dear fellow,” he beamed, edging his patient towards the door. “Your heart will last you as long as you live.”

“Paddy,” jeered the Yank as he pointed to two stone dogs on the gate posts leading into the estate, “how often do you feed those animals?” “Every time they sing *The Star Spangled Banner*,” grinned Paddy.

“What were you saying to that man just now?” “He wanted to give me the winner of the Grand National for a fiver.” What, and you didn’t take him up on the offer? “Of course not, we only have a very small garden.”

Over the Coffee Mugs:

1. A phone company representative called to ask if I was interested in caller ID for the phone. Since I am blind, I asked, “Does it come in Braille?” The rep put me on hold. When she returned she replied, “I’m sorry, sir, but the caller ID box does not come in that colour.” *Joe Tells*
2. My wife’s car horn began to beep in cold weather and would only stop when she disconnected it. So, she disabled the horn and drove to the garage who had its door shut to keep out the cold. Outside was a sign, “**Honk horn for service.**” *Jeff Roman*
3. My husband, a teacher, had a meeting with the mother of a pupil who was easily distracted in class. He asked if she had noticed that trait in her daughter. The mother looked thoughtfully at him and then, pointing to the far wall, asked, “Are those aluminum window frames?” *Mary Jones.*

And finally: A perfect parent is a person with excellent child- rearing theories and no actual children.

From the joke books of A. Nonny Muss

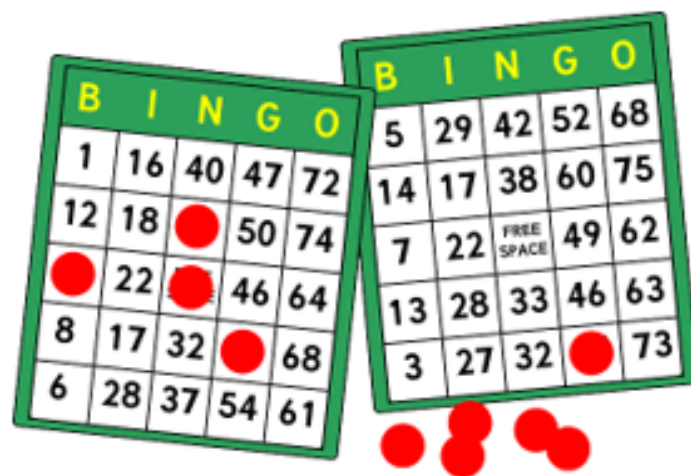
BINGO

\$100 Jackpot

Saturday 6th April at 7pm
3rd Floor Lounge

Ticket Sales from 6.15pm
The bar will be open from 5.30pm to
6.45pm

20 games – will you be a winner?
Come and join in the fun.



10 Minute Wonders

They're at it again!

Sunday 7th April at 4.45pm

3rd Floor Lounge

Get a good seat and

Stay for dinner!





**Join Winifred Henderson, Dementia New Zealand's Senior Educator,
for her next Masterclass on 'Hygiene & Incontinence'**

Friday 12th April from 10am – 12pm
Online via Zoom

Book your ticket online

<https://dementia.nz/events/hygiene-incontinence/>

Are you struggling to get the person with dementia, who you support, to manage everyday tasks like changing their clothes, having a shower, washing their hair?
Are you faced with the challenges of managing incontinence?

Dementia New Zealand's Senior Educator, Winifred Henderson will help you understand what is going on and why.

This Masterclass will also help you avoid battles, providing you with strategies to better manage this tricky and sometimes challenging part of the journey through dementia.

Cost for Carers/Whānau – \$20

If you have registered but are unable to join on the day,
a recording of the session will be emailed to you.

FAIRVIEW LIFESTYLE VILLAGE RESIDENTS ASSOCIATION
INCORPORATED
ANNUAL GENERAL MEETING

The Resident's Association Annual General Meeting is to be held on Thursday 2nd May 2024 at 10.30am in the 3rd floor lounge.

Nominations for the Committee (either for Chairperson or Member) close on the 24th April 2024 at 12 noon.

The nomination sheet will be on the main notice board from 2nd April.

The Committee meets once a month to conduct the Association's business.

Reports are considered regarding the various aspects and facilities in the village; liaison with the Village Manager and consideration of requests for financial support from Village activities groups are an important part of the Committee's role.

Any Notice of Motion for the AGM to consider must be with the Secretary by 11th April 2024, signed by both the Proposer and the Seconder to be valid.

Wendy Johnstone
Secretary

2nd April 2024

Strength and Balance

Monday 08 April - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 10 April. Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Facial Special: A hydrating and rejuvenating facial to replenish and restore your skin. \$50
Nail Special: Gel fingernail polish that lasts up to three weeks with an easy removal. \$35
Offers available until the end of April.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 11 April - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 12 April – 9.15am – level 2 swimming pool

\$5.00 per class

Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.

Doctor

Thursday 18 April – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 18 April – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames.

WEEKLY SCHEDULE

08 April to 14 April 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 08 Apr	Hair Salon with Kim	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 09 Apr	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	Howard's End
Wed 10 Apr	Hair Salon with Margaret	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Scrabble	1.30pm	3 rd Floor Games Room
	Mr. Whippy	1.30pm	Outside Reception
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 11 Apr	Hair Salon with Margaret	8.30am – 3.00pm	3 rd Floor Salon with Margaret
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 12 Apr	Hair Salon with Kim	9.30am	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Skin Cancer Presentation	2.00pm	3 rd Floor Lounge
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 13 Apr	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 14 Apr	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Relish Café
By Chef Noris & Team

Dinner Menu

8th to 14th April

Bookings by 1pm on the day
(please phone 09 477 3957)
Small Meals \$17.00 – Large Meals \$19.00
\$2.00 delivery fee applies per Villa

Monday / Lamb – large only

GF Lamb shank, jus, mint sauce, green beans, glazed carrots & mashed potatoes

Tuesday / Beef

GF Asian style braised beef brisket, steamed vegetables and fried rice

Wednesday Roast / Choice of meat

GF Roasted pork, gravy and apple sauce
OR Cajun chicken roast

Both options served with steamed peas, roasted carrots & potatoes

Thursday / Chicken

GF Pan grilled chicken breast, brown gravy, Brussel sprouts, glazed carrots, roasted potatoes

Friday / Choice of fish

Beer-battered fish with tartare sauce, slaw and fries
OR oven baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes (large only)

Saturday / Pork

GF Champagne ham, pineapple sauce, steamed vegetables and roasted vegetables

Sunday Roast / Beef

GF Beef roast, brown gravy, mushy peas, buttered corn, roasted pumpkin and potatoes, Yorkshire pudding

Alternative TAKEAWAY Dinner Menu – in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY

Spaghetti Bolognese

Braised Lamb

Corned Beef