The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 15 April to 21 April 2024 No. 317

From the Manager's desk



Aged Advisor NZ 2024 Awards – It's time to vote!

It's that time of the year again! Aged Advisor is excited to be hosting the 10th year anniversary of their Annual Awards. Their People's Choice Awards were created to celebrate the best of the best of villages and care facilities, who are providing amazing service, support, and wellbeing. Aged Advisor supports the Awards by providing a platform for residents, families, staff, and visitors to share their experiences.

As you know, those awards are completely independent and the only way to win is to encourage as many people as possible to share their individual experiences on Fairview. It is all based on their feedback! We know we are a great Village and have an amazing community, so let's ensure everyone (and everyone you know!) shares their experience before the mid-year cut-off time. We will keep reminding you, don't worry! (3)

The best way to place a review is to click here:

https://www.agedadvisor.nz/review

Alternatively, you can print the form by clicking this link or pick up a hard copy at reception: https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf

New cut off time for Relish Café Kitchen

Please take note that we have moved our cut off time for booking meals in the Kitchen from 1pm to 10am, to ensure we can offer the best service and meals to our residents. In the last month, Sunday dinner bookings have been very popular and sometimes booked out from early morning. We hope that by moving the meal booking time will help us to prepare the right number of meals and limit waste.

Skin Cancer Presentation from Northpoint Medical & Skin Centre – Friday 12th April 2pm

Dr Jassal from Northpoint Medical & Skin Centre will be giving a presentation in the Lounge on skin cancer, informing residents about prevention, signs and symptoms, treatments, etc., on Friday 12th April at 2pm.



Open Day Tuesday 16th April 12pm-2pm

Our Sales Manager Robyn will be hosting an Open Day on Tuesday 16th April. Thank you for your cooperation and greeting our visitors and thank you to our Ambassadors for your time.

Bi-monthly residents meeting Tuesday 16th April 2pm

I will be hosting our 2nd bi-monthly residents meeting on Tuesday 16th April at 2pm in the Lodge. You are welcome to email me or pop in if there are any questions you would like me to address. I will be following up on the matters raised in the last meeting as well as giving you a current update on the Village.



Residents' birthdays morning tea Friday 19th April 10am

I am looking forward to celebrating with residents whose birthdays are in April on Friday 19th April at 10am in the Lounge. Cherie is contacting those residents.

Fairview Bowls Trophy Challenge Monday 22nd April

Let's hope "third time lucky" will apply next Monday 22nd April for our bowlers, hosting our Annual Fairview Bowls Trophy Challenge. Good luck to our bowlers!

AOK Clothing Pop Up Shop Friday 26th April 10am-2pm

Check out the end of season sale with AOK Clothing next Friday 26th April from 10am to 2pm.





ANZAC Day - Thursday 25th April

Your social committee has been busy planning ANZAC Day dinner. Menu and details at the end of the newsletter. Please book and pay at reception by Monday 22nd April.

Breast Cancer Society Fundraising Brunch 23rd May

We are looking for raffle items, vouchers and/or donations for our Breast Cancer Society Fundraising event in May. If you have something in mind you could offer, please contact me. We would love to be able to raise more money than last year with some fabulous items to sell and raffle!





Mother's Day Lunch Sunday 12th May 12pm

Our Mother's Day Lunch menu is already out! Have a look at the end of this newsletter. Please pay and book at reception.

Have a great weekend everyone!

Marika

Health and Wellbeing Corner

I wish to share and discuss the importance of using the emergency call bell or pendant for those that have one. We had a couple of incidents last week where residents did not use it in their time of need. Please don't think "I didn't want to bother the nurse, she is busy" or "I will be ok, I can manage once I get off the floor". We are here for you. An emergency call bell to us can prevent a hospital admission if you reach out to us straight away.

Please remember the nursing team are here 24/7 to be available to assist you and with any medical needs. Please let us help you by making that professional nursing assessment and discussing with you what medical response is needed, this is our role. The nurses and I love our work here at Fairview Village, so please let us support you.

Julia has been with us now for two weeks and is settling in very well. I'm very happy that she is a part of my team.



Aged Advisor Award - Well it's this time of the year again! Award time to recognise the best village in town. I think we should all pull together as the Fairview family to claim this for the Village and hopefully will get a lovely evening to celebrate! Please collect a form from reception, complete it, and return it to reception or to me. Thank you.

Nurse's clinic – Monday-Wednesday-Friday 10:00-12:00pm but we are always available outside of these times if needed. Just a phone call away or pop down to the Lodge.

April's Health presentation - reminder tomorrow April 12th 10.30am, discussing the importance to check our skin. Dr Jassal from Northpoint Skin clinic will come and discuss what to look for in skin cancers and skin changes.

Always remember I'm only a call away, or any one of the nurses are available to assist with your medical needs 24/7.

Always smile, stay active as much as your body allows in the mind, body and soul. Life is good!

Maria Montecello

HOD Health and Wellbeing



Dinner and Alternative Frozen Meals:

This week's frozen alternative meals will be lamb shanks, braised lamb, spaghetti meatballs and corned beef. The dinner menu for the week is placed at the end of this newsletter.





Sunday Roast Dinner Service:

Thank you all for your great feedback on our Sunday Dinner roasts. As the number of dinner meals are increasing, both takeaways and dining in, we have now increased the number of roast meal servings. We are very sorry that on previous Sundays, we had sold out of dinners early morning. You can pre-book your dinner at any time, as early as weekdays (even for a Sunday dinner) or at the latest 10am cut off time within the day. We have moved to cut off time from 1pm to 10am to allow us enough time to prepare accordingly as most of our roast meals require a cooking time of 3 to 5 hours. This will also help our team to have a better idea on the number of meals to prepare on that day. We always provide frozen meals daily as an alternative as well.

Private Functions and catering:

Thank you for booking your private functions in advance. We cater for all types of occasions like birthday parties, wedding anniversaries or even a simple get together. Please enquire at the Café. We can also cater for your private function in the sunroom and level 2 lounge by the bar area.

Upcoming Events:

- 25th April / Thursday Anzac Day dinner menu is at the end of this newsletter. Please book and pay at reception. Please also advise us of any dietary requirements vegetarian/vegan options are available upon request.
- 12th May / Sunday Mother's Day menu is out now at the end of this newsletter. It will be a
 two-course lunch menu with a complimentary glass of bubbles for all the mothers. Please book
 and pay at reception. If you prefer our standard A la Carte Café Menu, you can book a table
 separately to the function, between 8am to 11:30am, as the special Mother's Day Lunch
 service will start at 12:00pm.

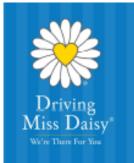
April's Chef Special:

Come and try our famous butter chicken curry! As the weather is now getting slightly colder, our team will be offering a mild butter chicken curry for the month of April. It's an

aromatic diced chicken curry with homemade rich and creamy tomato sauce, served with rice, paratha and side green salad for \$12.

Noris and the Relish Team





#Daisy News

News and views from your local Daisy

April 2024 - Autumn Edition

No TM card in car – no subsidy

Auckland Transport are enforcing the rule: No TM card to be "swiped" in the car, no subsidy will be paid.

The following information was included in the March 2024 update received from Auckland Transport:

Remember to show your Total Mobility card (or a verification letter for a new TM card) to the Total Mobility operator before your trip starts.

If you don't have your card with you for the driver to 'swipe' in the vehicle, Auckland Transport is unable to pay the subsidy.

You will then be required to pay the driver the full fare for the trip.





PAYMENT PER TRIP

Driving Miss Daisy North Bays Albany Milford is introducing Pay Per Trip.

Until now, we collected payment from our clients paying Eftpos or cash in the car on the RETURN trip. Therefore only 1 payment was made that included the payment for the trips to and from your destination.

We will implement the new Pay Per Trip from 8th April 2024. Therefore, you will be requested to pay for the trip TO your destination, and then also pay for the trip GOING HOME separately.

This will enable us to charge a more accurate cost for the trips based on the actual travel times.

Thank you for your understanding and support!



Call us during our office hours 8am to 6pm to make a booking:

North Bays: 09 473 8186 Albany: 09 476 0011 Milford: 09 551 3050 northbays@drivingmissdaisy.co.nz albany@drivingmissdaisy.co.nz milford@drivingmissdaisy.co.nz If you or a family member can no longer drive or has a medical condition preventing safe travel on public transport, I also included information about the Total Mobility card from Auckland Transport to get a 75% subsidy on taxi fares, to a maximum of \$60 per trip. It is a credit card sized card with a photo on it – not to be mistaken with the parking permit.

Apply for the Total Mobility card through various organisations for example: Age Concern, Stroke Foundation, Blind Foundation, Parkinson's Foundation, CCS Disability Action or Disabled Citizens (DCS), etc. Please ask to speak to someone about an assessment for a Total Mobility Card.

They will ask you questions over the phone and they may ask you to visit their location to complete the application. A family member can possibly send them your photo for the card. It is not means tested—purely based on medical condition that is preventing you from driving and safely taking public transport. I

f you have a walker or struggle to walk far, and don't have a bus stop close to home, you are most likely eligible.

Contact Age Concern: 177 Shakespeare Rd, Milford, Phone 09 489 4975 or email ageconcern@ageconak.org.nz

You can also apply with Auckland Transport directly: contact the AT Contact Centre 09 366 6400 or email TotalMobility@at.govt.hz



Total Mobility scheme

The Total Mobility scheme is a national scheme that assists people with impairments to enhance their community participation by accessing appropriate transport. This assistance is provided to eligible registered individuals in the form of subsidised door-to-door transport services wherever Total Mobility transport providers (usually taxis) operate.

Fare discount with your Total Mobility Photo Identification (ID) Card

The Total Mobility scheme offers registered individuals a 50 per cent discount (up to a maximum subsidy of \$40 in the Auckland region) on fares charged by contracted transport providers. To receive the discount, the

individual must present their Total Mobility Photo Identification (ID) Card to the driver at the start of the trip so the correct tariff is selected for fare calculation. The individual is then required to have their Total Mobility Photo ID Card swiped at the end of the trip, and pay their portion of the fare to the transport provider.

Total Mobility scheme eligibility

The Total Mobility Scheme is designed to assist qualifying Auckland residents/ratepayers. The eligibility assessment identifies whether a person has an impairment that prevents him/her undertaking any one or more of the following components of a journey unaccompanied, on a bus, train or ferry, in a safe and dignified manner:

- · Getting to the place from where the transport departs
- Getting on to the transport
- Riding securely
- Getting off the transport
- Getting to the destination.

If a person has an impairment that prevents them from being able to undertake any one of the specified components of a journey, they are eligible for the Total Mobility scheme.

An impairment may be psychological, psychiatric, physical, neurological, intellectual, sensory or other. It is not the impairment itself that determines eligibility for Total Mobility – rather, it is the effect that the impairment has on the individual's ability to undertake the components of the journey.

It should be noted that people whose impairment has lasted, or is expected to last, less than six months are not eligible for the Total Mobility scheme. This includes, for example, a person with a broken leg who is expected to recover within six months.

More information available here: https://www.transport.govt.nz/land/the-total-mobility-scheme/ Driving Miss Daisy gladly accepts these Total Mobility cards to enable people to be independent.



What's on this coming week and next



Movie Group - Tuesday 16 April - Downton Abbey - A New Era

A superb production of 'Downton Abbey' with all our favourite characters giving polished performances. Not to be missed!

Stars Maggie Smith, Hugh Bonniville, Michelle Dockery and Laura Carmichael.

You don't need to travel to a cinema outside the village to see a good movie, just take a comfortable seat in our level two Theatre at 7.15pm on a Tuesday evening and enjoy a good movie on our big screen. You are very welcome to join us.

Peter Woolnough



Friday Night Raffle - 5th April 2024

This week we sold four major raffles.

The dwelling draw was drawn by Yvonne Keir and the winner was Cynthia O'Callaghan. Congratulations Cynthia.

The main raffles were drawn by Monica Creedon. The winners were:

Neil Butt, Pam Glaum, Richard Jones, Margaret Whitby, Colleen Leonard, Luella Jacobson, Andra Glyn-Jones, Dave Brand, Shirley Hughes, Brenda Lee, Judy Jetten, Helen Hunter, Bruce Draper, Lois Hadfield, Priscilla Page, Neville Turner, Adele Carlisle, Cynthia O'Callaghan, Dulcie Kortegast, Lois Hadfield and Annette Cook.

Congratulations to all of our winners.

Diane Brown, Raffle Convenor



Outdoor Bowls

Outdoor Bowls will be holding its end of year tournament on Sunday 14th April 2024 at 1.15pm.

Come along and support your favorite player. Unfortunately, as I will not be playing, there will be plenty of space for viewing!!!

If you are thinking of joining Outdoor Bowls, this is an ideal time to make contact. Gordon



Garden Club

Hi Everyone,

Just a reminder, for our trip on Monday 15th April, the bus leaves at 10.00am. Cheers. Anne.

Fairview Singers



Wednesday 17th April at 3.00pm in the 3rd floor lounge.



East Coast Bays Catholic Parish

Our Liturgy Service for this month will be held in the Sunroom on the 3rd Floor on Friday 19th April at 11.00am. Holy Mass will be celebrated by a priest of our Parish.

We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy gatherings. Following the Mass, we will enjoy refreshments together in the Lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information please contact Natalie Turner Ph: 479 9527



THE FAIRVIEW CHALLENGE

This annual prestigious Bowls tournament will be held on Monday 22nd April. A powerful team has been selected to defend the trophy Fairview have won in each of the last two years.

Come along and support our team as they battle teams from seven local retirement villages. Please assist by leaving parking spaces available for visiting teams. It is anticipated that visiting bowlers will require up to 13 spaces. Your assistance will be greatly appreciated.

John's Jaunts

April 24 - Kaiaua Fish & Chips lunch leaving at 10.30am Phone John 09 479 9318 to book.



Bingo

Once again, we had a very enjoyable Bingo Night. Congratulations to all our winners and to Ces Gunn who won the \$100 Jackpot prize.

Special thanks to everyone who supported us from Fairview and Settlers.

Our next Bingo Night will be held on 4th May, bring along your family and friends, everyone is welcome.

The Bingo Team

Residents' Notices

RIP Charlie



Sadly, Charlie, one of our residents beloved cats passed away this week after being attacked by 2 stray dogs. He will be greatly missed. If you see any stray dogs in the village, please phone reception or the nurse.

Volunteer Drivers Required

We currently have 10 volunteer drivers on our list but would love to have more. If you are happy to help with driving our residents to medical appointments or driving the shopping bus when Tara is away, please contact reception. Your help would be greatly appreciated.

<u>Scams</u>

The latest scams are from BNZ and Westpac Banks.

If you receive an email or text from one of these banks, please do not click on the link or phone the number advised. Phone your bank on their 0800 number to clarify.

There is also a scam from NZ Post advising that a parcel from the Warehouse could not be delivered and asking you to contact them for delivery. Please do not click on the link or contact them.

For Sale

Adjustable Queen Size motion bed. Head and foot can be raised. As new condition – 20 months old. Retail \$4998.00. For Sale \$1500.00 ono. Phone: Anne 475 6741

Lost/Found

- Ladies brown sunglasses have been found. Claim at reception.
- Black sleeveless puffer jacket, size 10, found in the Lodge.
- Brown walking stick claim at reception.

Apartment Garden Area

The change in season is exciting, isn't it? Some plants ending their cycle, others just starting, others having a rest and downtime. That's life!

My part in the Apartment' Gardens gives so much to me in particular, but many others around I'm told. It is wonderful to have input and reaction with people inside the Village, as well as other Garden Groups who visit me. Thanks Barbara Dines for putting me in touch with some.

Newish apartment resident Helen has joined my garden plot and will hopefully become more involved as she feels comfortable - welcome Helen.

Anyone else interested please contact me. As usual there are Herbs available for anyone in the Village to take freely: Parsley, Mint, Chives, Sage, Thyme, Rosemary, Basil, Bay leaves. Also if you want to pick some flowers to use the petals for decoration, there are: Pinks (mini carnations), Dianthus, Rosemary, Violas, Marigold.

This year has produced loads of plums which I have shared with other Apartment dwellers & Villagers and now the Feijoas are in supply, and again I'm providing bowls in the upstairs lounge and sunroom. I've appreciated the restraint shown in passers-by not picking the fruit.

Very grateful thanks to all who have offered their help to me in varying ways and expressed interest and offerings: Dennise, Linda, Wendy, Roy & Sandy, Evelyn, Rod, Clive & Murial, Mark, Gary, Shirley, Norman, Sheryl, Monica, Barbara, Diane, David, Denis, Richard & Jean, Jim, Murray & Beryl plus many many others who come to chat & have a laugh & discuss plant problems together. I thrive on it all, thank you.

Regarding my progress in being a Guinea Pig in the frontier of research being done by Merck Sharp & Dohme (I'm 1 in 30 in NZ or overall 1089 participants worldwide). This is a groundbreaking study on genes. Identifying genes containing brain, thyroid, liver, kidney & Melanoma cancers. Exciting, scary, interesting, progressive & fascinating! My contract is for 7yrs, should I live that long.

The treatment I've been having over the past several months has been preparing my body's genes for the next step which starts this month. Side effects have been varying & involved lots of blood tests, scans of head & body, generally 6-7 appointments a month either at Carlton Gore Rd or Wairau Rd at Harbour Cancer & Wellness. Results of my progress are monitored very closely in NZ, Singapore & USA. A concoction is infused into my arm over an hour containing known cancer genes which are studied closely to watch my genes reactions. The plan is my genes will recognize the rogue genes & destroy them. This will alleviate the present treatment involving Chemotherapy for the aforementioned cancers. Isn't that amazing, I feel really privileged to be able to participate.

As expected, there are side effects, some very serious, others not quite so. I have tests 2-4 times a month. The Oncologist team is monitoring every little reaction very closely & available to me 24/7.

I'm explaining this because so many of you are interested because this study could be used to help you, your family or friends & I know you care and are enthusiastic, like me, to further science.

Bye

Barbara Bailey Ph 027 416 8945

Gareth's Puzzle

Last week's puzzle:

- 1) How many numbers between 1 and 99 have an "a" in the word?
- 2) A is the first letter in the alphabet that looks identical when looked at in a mirror. What is the second?
- 3 Who is this legendary figure HOROBOD?

And the answers are:

1) None 2) H 3) ROB is inside HOOD so the person is Robin Hood.

This week's Puzzles

- 1) Which is the odd one out? H&S C&Y P&A T&E
- 2) Michelle's new CD has 10 songs. Each song is double the length of the previous one. If song 1 has twenty seconds, which is the first song that is longer than 10 minutes.
- 3) You're nearly there. Take a step backwards and find the mystery word. FVSFLB
- 4) What 3 digits come next in this sequence?

202, 320, 222, 021, 202, 020, 192, ???

FAIRVIEW VILLAGE LIBRARY LATEST BOOKS

NEW BOOKS

Blood Lines by Nelson and Alex DeMille - Army Criminal Investigation Agents Scott Brodie and Maggie Taylor are on the hunt for the cold-blooded murder of one of their fellow agents. They become immersed in the many conflicts and contradiction of the modern Germany - the Arab refugee crisis, the dark legacy of the Cold War and the Stasi secret police and the imminent threats of a rising neo-Nazi movement.

The Chocolate Factory by Mary-Lou Stephens - It's 1921, and after years of working for Cadbury's at Bournville, Dorothy is on her way to a new adventure in the colonies, helping to establish the Firm's new Australian factory. But Cadbury's competitors have one goal; to steal the recipe for Dairy Milk.

The Royal Daughter by Soraya Lane - London, present day. As Ella looks down at a faded black and white photograph of an unknown woman and child alongside a yellowing piece of sheet music, she wonders how the two things can possibly relate to her own family. The photo was taken on the Greek island of Skopelos, and Ella goes there to find her past.

Someone Else's Bucket List by Amy T. Matthews - After the untimely death of her outgoing, hugely successful influencer sister, an introverted woman takes on the terrifying challenge of completing her sister's bucket list as the world watches online, in a bid to save her family—and others—from the crippling medical debt her cancer battle left behind.

Lady Tan's Circle of Women by Lisa See - Set in 15th-Century Chine this is a captivating story of women helping other women. According to Confucius, "an educated woman is a worthless woman" but Tan is being raised by her grandparents to be of use. It is also a triumphant reimagining of the life of a woman who was remarkable in the Ming dynasty and would be considered remarkable today.

DONATED

War Cry by Wilbur Smith - In a triumphant return to his much-loved Courtney series, Wilbur Smith introduces us to the bravest new member of the famed family, Saffron Courtney. As the Second World War looms. Saffron's world collides with Gerhard von Meerback, heir to an industrial fortune and vocal supporter of the Nazi Party. Is there more to unite them then tear them apart?

Yellowface by Rebecca F. Huang - Athena Liu is a literary darling and June Hayward is literally nobody. When Athena dies in a freak accident, June steals her unpublished manuscript and publishes it as her own under the ambiguous name Juniper Song. But as evidence threatens June's stolen success, she will discover exactly how far she will go to keep what she thinks she deserves. What happens next is entirely everyone else's fault.

Happiness by Danielle Steel - Sabrina Brooks is a wildly successful bestselling author of gripping thrillers. Unlike her fictional characters, Sabrina lives a quiet life in the Berkshires with her two beloved dogs. Her marriage twisted into an abusive relationship from which she had to escape.

When a recently deceased uncle leaves her heir to his title and an estate outside London. Determined to sell the estate quickly, Sabrina is surprised by how much she loves roaming the gardens and exploring the historic manor.

LAUGHTER LINES

A Little Bit of Trivia:

- 1. Warsaw, Poland, holds the distinction of opening the world's first public library in 1747.
- 2. The film, *Cleopatra* (1963), was banned in Egypt for 15 years because its star Elizabeth Taylor had converted to Judaism.
- 3. In ancient Rome oysters were so highly prized that they were sold for their weight in gold.
- 4. If the stomach did not store food, it would be necessary for people to eat every 20 minutes.
- 5. The left lung is smaller than the right to allow room for your heart.

As an aeroplane is about to crash a female passenger jumps up frantically and announces: "If I am going to die, I want to die feeling like a woman." She removes all her clothing and asks, "Is there someone on this plane who is man enough to make me feel like a woman?"

A man stands up, removes his shirt and responds, "Here, iron this."

On a crowded bus, "Madam, would you like me to get you a strap to hang on to?" "No, thank you, I have one." "Then Madam, would you mind letting go of my necktie?"

"With a single stroke of the brush," said the schoolteacher taking his class through the Art Gallery, "Joshua Reynolds could change a smiling face into a frowning one." "So can my mum," said one of the small boys in the class.

The new minister's family was presented with a pie baked by one of the congregation who was a rather poor cook. The pie was inedible, so the minister's wife reluctantly threw it into the rubbish. The preacher was faced with the problem of thanking the lady, while at the same time being truthful. After much thought, he sent the following note: "Dear Mrs Jones, thank you for being so kind and thoughtful. I can assure you that pie like yours never lasts long at our house."

Two elderly ladies arrived at a baseball match just as the batter hit a home run. Twenty minutes later the same batter came up to bat and hit another home run. One of the old ladies turned to the other and said, "Let's go." "This is where we came in."

Things kids have taught me:

1. A king sized water bed holds enough water to fill a three bed-roomed house, four inches deep.

- 2. Certain Leggo pieces will pass through the digestive tract of a four year old.
- 3. No matter how much jelly you put in a swimming pool you still can't walk on it.
- 4. Garbage bags do not make good parachutes.
- 5. Marbles in petrol tanks make lots of noise when driving.

<u>Daffynitions</u>: **CLOAK**, the mating call of a Chinese frog. **BIGOTRY**, an American redwood. **JEZEBEL**, a unit of sound. **INVOICE**, singing well together. **GOULASH**, a soft sticky whip. **EYE**, first person, singular. **CONSECUTIVE**, a business big-shot. **BELL-PUNCH**, a blow delivered as the bell goes. **BROKEN-DOWN**, chopped up duck feathers.

<u>And finally</u>: Something else I learned from kids: If you hook a dog leash over a ceiling fan, the motor is not strong enough to rotate a 15kg boy wearing batman underwear and a superman cape. However it is strong enough, if tied to a paint tin, to repaint all four walls of a five by five metre lounge room, and half the furniture.

From the joke books of A. Nonny Muss



Dementia New Zealand "Hygiene and Incontinence" Masterclass Friday 12th April at 10am online via Zoom



Join Winifred Henderson, Dementia New Zealand's Senior Educator, for her next Masterclass on 'Hygiene & Incontinence'

Friday 12th April from 10am – 12pm Online via Zoom

Book your ticket online https://dementia.nz/events/hygiene-incontinence/

Are you struggling to get the person with dementia, who you support, to manage everyday tasks like changing their clothes, having a shower, washing their hair?

Are you faced with the challenges of managing incontinence?

Dementia New Zealand's Senior Educator, Winifred Henderson will help you understand what is going on and why.

This Masterclass will also help you avoid battles, providing you with strategies to better manage this tricky and sometimes challenging part of the journey through dementia.

Cost for Carers/Whānau - \$20

If you have registered but are unable to join on the day, a recording of the session will be emailed to you.



VENUE Fairview Lifestyle Village
The Main Lounge

DATE Friday 26th April 2024

TIME 10am to 2pm

YOU'RE INVITED - COME ALONG

Everyone can find something amazing in AOK Clothings Pop Up Shop! Check out the end of season SALE Rack

Eftpos & Credit Cards Accepted

WHERE STYLE AND NATURAL FIBRES MEET www.aokclothing.co.nz Ph: 0800 586 737 Geraldine, South Canterbury

Anzac Day 25th April 2024

Buffet Dinner \$35 per head

Please book & pay at Reception by Monday 22nd April

Medals:

If you have your own or Family Medals, please wear them as set out below.

Your Own - Wear on the left lapel or left chest Family - Wear on the right lapel or right chest

Dress:

Formal (Women) Jacket & Tie (Men)

Bar open at 4.45

Please be seated by 5.45pm

All residents are welcome to attend the service. even If not staying for dinner, but we ask that you do not sit in a reserved table spot.

ANZAC DAY - 25TH APRIL 2024

Order of Service

5.45 PM Please be seated

5.50 PM Alastair Glyn-Jones

Chairman of the Fairview Village Residents Association

5.55 PM THE LIGHTING OF THE Mrs Beverley Barnes

REMEMBRANCE CANDLE

6.00 PM THE ODE Barrie Flint

LAST POST Bugler: Roger Watson

1 Minute silence

THE ROUSE Roger Watson

REMEMBRANCE SONG Neil Butt

GUEST SPEAKER Barry Jones

6.30PM DINNER IS SERVED

After Dinner we will be entertained by the Fairview Singers

Strength and Balance

Monday 15 April - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 17 April. Natalie is at the Village every Wednesday from 9.45am – 4.00pm and works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Facial Special: A hydrating and rejuvenating facial to replenish and restore your skin. \$50 Nail Special: Gel fingernail polish that lasts up to three weeks with an easy removal. \$35

Offers available until the end of April.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 18 April - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 19 April – 9.15am – level 2 swimming pool \$5.00 per class

Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.

Doctor

Thursday 18 April – 2.00pm to 3.45pm – 3rd Floor Doctors Room Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

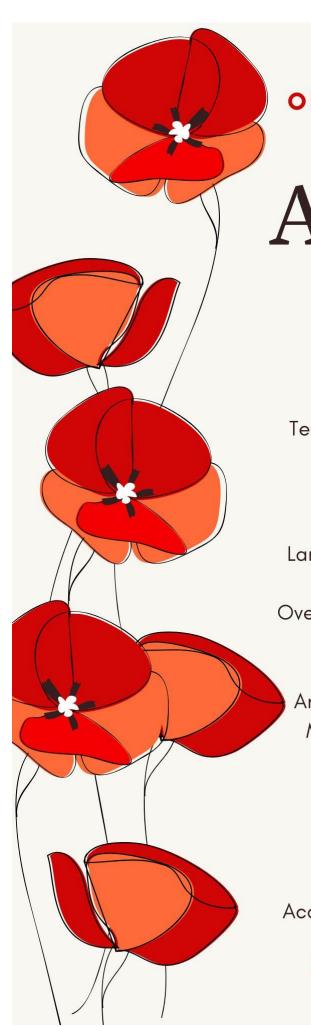
Thursday 18 April – 9.00am to 12.00 noon – 3rd Floor Doctors Room Please contact reception if you would like an appointment to see Paul Hames.

WEEKLY SCHEDULE

15 April to 21 April 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

| Mon 15 Apr | Hair Salon with Kim | 9.30am | 3 rd Floor Salon with Kim |
|------------|------------------------------|-----------------------|---|
| | Strength & Balance | 10.30am | 2 nd Floor Lounge |
| | Line Dancing | 4.00pm | 2 nd Floor Lounge |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Lounge |
| Tue 16 Apr | Minibus – Albany Westfield | 9.15am/9.45am/10.15am | Return 10.30am/11.00am/11.30am |
| | Croquet (weather permitting) | 9.00am | Croquet Green |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Mahjong | 1.00pm | 3 rd Floor Games Room |
| | Movie Group | 7.15pm | Downton Abbey – A New Era |
| Wed 17 Apr | Hair Salon with Margaret | 8.30am – 3.00pm | 3 rd Floor Salon with Margaret |
| | Petanque | 9.30am | Petanque Court |
| | Beautician | 9.45am | 3 rd Floor Doctors Room |
| | Dance Practice | 10.00am | 2 nd Floor Lounge |
| | Scrabble | 1.30pm | 3 rd Floor Games Room |
| | Fairview Singers | 3.00pm | 3 rd Floor Main Lounge |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Thu 18 Apr | Hair Salon with Margaret | 8.30am – 3.00pm | 3 rd Floor Salon with Margaret |
| | Croquet (weather permitting) | 9.00am | Croquet Green |
| | Bus to Milford | 11.30am | Returns 2.00pm |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Art Group | 1.00pm | 3 rd Floor Sunroom |
| | Yoga with Joy | 1.30pm | 2 nd Floor Lounge |
| Fri 19 Apr | Hair Salon with Kim | 9.30am | 3 rd Floor Salon with Kim |
| | Minibus – Browns Bay | 9.15am/10.15am | Return: 10.30am/12.00pm |
| | Aqua Class with Libby | 9.15am | Level 2 Swimming Pool |
| | Catholic Liturgy | 11.00am to 12.00pm | 3 rd Floor Sunroom |
| | Rummikub | 1.00pm | 3 rd Floor Games Room |
| | Friday Night Raffle | 4.00pm | 3 rd Floor Main Lounge |
| | Happy Hour | 4.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Sat 20 Apr | Croquet (weather permitting) | 9.00am | Croquet Green |
| | Indoor Bowls | 1.00pm | 2 nd Floor Games Room for 1.15pm |
| Sun 21 Apr | Outdoor Bowls | 1.00pm | Assemble for 1.15pm start |
| | | | |



ON 25TH APRIL 2024, 6PM \$35/PERSON

Anzac Day Dinner

Canape

Tender chicken & juicy cherry tomatoes on a garlic bread base

Choice of mains

Lamb roast, luscious jus & savoury gravy
Or

Oven baked salmon & lemon caper sauce

Both served with

Aromatic roasted potatoes & pumpkin

Medley of vibrant green vegetables

Petits Fours' trio

Decadent chocolate cake
Indulgent red velvet cake
Creamy cheesecake
Accompanied by a drizzle of berry coulis

PLEASE BOOK AND PAY
AT RECECPTION



SUNDAY 12TH MAY 12PM 2 COURSES MEAL \$29/PERSON

Choice of Mains

Lamb leg roast (GF)

Italian chicken in Marsala wine sauce (GF)

Verved with
Warm beetroot & spinach salad
Honey glazed carrots
Dukkha scalloped potatoes

Dessert

Homemade strawberry mousse

Seasonal fruits with mixed berry coulis

A complimentary glass of bubbles will be served to Mothers on the day





Dinner Menu 15th to 21st April

Bookings by <u>10am</u> on the day (please phone 09 477 3957) Small Meals \$18.00 – Large Meals \$20.00 \$2.00 delivery fee applies per Villa

Monday / Beef

GF Braised beef sirloin slices, gravy, broccoli, cauliflower, carrots, crispy roast vegetables

Tuesday / Chicken

GF Grilled Teriyaki Chicken, grilled mushrooms, soba noodles, julienne vegetables

Wednesday Roast / choice of meat

GF Pork roast, gravy, apple slaw Or Moroccan spiced chicken roast peas and carrots, roasted pumpkin and potatoes

Thursday / Lamb

GF Lamb Bourguignon, jus, mashed potatoes, green beans and carrots

Friday / choice of fish

Beer-battered Fish with tartare sauce, slaw and fries
Or **GF** Baked Salmon with hollandaise sauce, steamed vegetables
& mashed potatoes (large only)

Saturday / Chicken

GF Baked Chicken casserole with Israeli couscous & vegetables

Sunday Roast / Lamb

GF Lamb Roast, brown gravy, peas, corn, roasted pumpkin and potato

Alternative TAKEAWAY Dinner Menu - in foil tin:

AVAILABLE ALL DAY, JUST CALL IN! LIMITED BATCHES WEEKLY