

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 **13 May to 19 May 2024** **No. 321**

From the Manager's desk

Oh, what a chilly morning today! It quickly reminded me why I don't miss Canadian winters at -35 degrees and frosted cars! Back home, everyone has a remote starter on their car, allowing them to start their car from inside their house, 15 minutes before leaving. This way, they get in their car, all warm and defrosted.

Residents' birthdays morning tea Friday 10th May 10am

I am looking forward to celebrating tomorrow with residents whose birthdays are in May.



Mother's Day Lunch Sunday 12th May 12pm

Our Relish Café team is looking forward to welcoming you all to our Mother's Day lunch this Sunday. All mothers will receive a complimentary glass of bubbles to celebrate their special day. Take note that the gardeners will be setting the tables up on Friday afternoon. Happy Mother's Day to all!

North Shore Concert Band Sunday 19th May 3.15pm

Your social committee has organised for the North Shore Concert Band to be playing for residents at Fairview on Sunday 19th May in the main lodge. Why not book dinner at Relish Café afterwards?



Breast Cancer Society Fundraising Brunch Thursday 23rd May 11am

Book your table for our next fundraising event for the Breast Cancer Society. Refer to the flyer and menu attached to this newsletter. Bookings and payment at reception by 20th May.

Daniele, Jill, and Muriel have worked hard to put a lovely raffle hamper together. You can now purchase raffle tickets for the hamper at reception, 3 tickets for \$5.00 (cash only).



Goodbye to Margaret, Hairdresser at Fairview

As many would have read in last week's newsletter, Margaret our loyal hairdresser, has decided to retire after 23 years at Fairview. Margaret has been here since the start, thank you for all her years of service to Fairview residents. There is a farewell card for her at reception if you would like to sign it and add a few words. Her daughter Kim will be staying with us and will carry on providing her good service at Fairview.

Have a great weekend everyone!

Marika



Health and Wellbeing Corner

As another week passes by, we are nearly into Mid-May and it's certainly getting colder in the mornings and evenings.

Thanks to the small group that attended the Dementia NZ presentation, it was a great informative discussion.

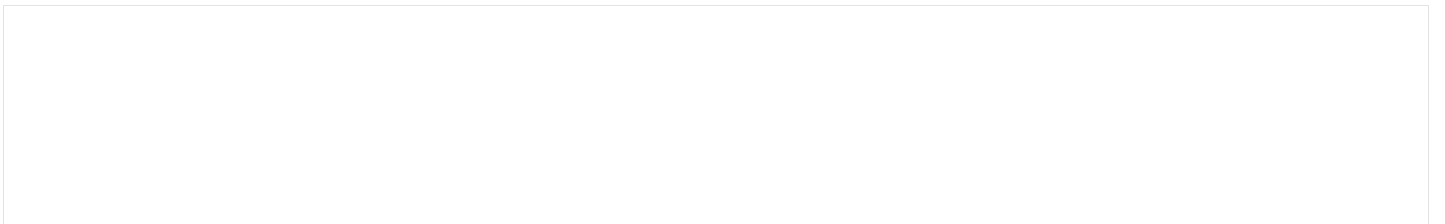
Next month's presentation will be on "Physio in our maturing years". If there is any topic you would like to hear about more or have an interest in, please come and see me.

As this Sunday is Mother's Day, it's also International Nurses Day. I would like to personally acknowledge my nursing team for their hard work within our village. Thank you to Catharina, Aleta, Aileen and Julia.

Did you know? Research has shown that staying socially connected is important for overall health and wellbeing, especially as we age. Make time to connect with friends, family, and neighbours, whether it's through a phone call, a walk in the park, or a coffee chat. Building and maintaining social connections can help reduce feelings of loneliness and isolation and contribute to a greater sense of happiness and fulfilment.

Wishing you a safe and healthy week ahead!

Maria & the nursing team





From the Chef's Oven

Month of May - Happy Tuesday 2 for 1 Deal

Thank you all for coming to our Happy Tuesday Dine In 2 for 1 Deal. The team cooked braised sirloin steaks served with mashed potatoes, peas and carrots. Can you believe it, the meal below was buy one get one FREE!



The next dinner deal will be on Tuesday 21st May. Again, this will be a **"TWO-for-ONE"** deal for all dine in meals only. This promotion is perfect for residents who want to catch up with friends, a get-together, or a date night for couples. *2 for 1 is not valid on frozen meals and other alternative meals.

Meet our Staff

Meet Nuie! She also works in housekeeping on Saturdays and is now helping us by covering staff on leave in the kitchen. A big thank you to Ellen for letting us have Nuie, she is a great addition to the Kitchen team and to the Village! You might not notice her as she is working at the back of the house, but she is already indispensable.



Alternative Frozen Meals

This week's frozen alternative meals are fish pie, braised beef and lamb shanks. The dinner menu is at the end of this newsletter.

Sunday 12 May – Mother's Day

Mother's Day will be a two-course lunch menu with complimentary glass of bubbles for all mothers served at 12pm. If you prefer to order from our standard menu, we will be opening our A la carte menu from 8am to 11:30am.

Thursday 23 May – Breast Cancer Society Fundraising Bruch

Menu will be a choice of Belgian Waffle and Breakfast Bruschetta. Book and pay at reception.



Chef's Special for the month of May

This month's special is Pulled Pork Open Sandwich. It's a 4-hour low and slow cooked pulled pork served on buttered ciabatta loaded with green salad and drizzled with barbeque sauce and aioli dressing.

Group Bookings and Party Reservations

We do cater for all kinds of occasions, whether a small booking, takeaway platters, birthday party, anniversary or even just a simple catch up and get-together with friends and families. Please let us know your requirements and we will sort everything for you, from dishes to table set up. We can book the SunRoom, the Level 2 bar or our Main Dining Lounge.

Here are some of the photos from last Wednesday, when we catered for the Maypole dancers' group. We set up a very long table for them and did an Asian inspired lunch - chicken teriyaki with stir-fry vegetables and aromatic steamed jasmine rice.



Noris & The Relish Café Team

Have you voted yet?

Aged People's Choice Awards were created to **celebrate the best of the best of villages** and care facilities. Aged Advisor supports the Awards by providing an independent platform for residents, families, staff, and visitors to share their experiences. As you know, **the only way to win is to encourage as many people as possible to share their experience of Fairview**. It is all based on YOUR feedback! We know we are a great Village and we have an amazing community, so let's show everyone! Please complete a form before the mid-year cut-off time.

The best way to place a review online is to click here:

<https://www.agedadvisor.nz/review>

Alternatively, you can print the form by clicking this link or pick up a hard copy at reception.

We can post it for you from reception.

<https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf>



What's on this coming week and next



Movie Group – Tuesday 14th May – Second Hand Wedding

This five-star Kiwi movie will be the most entertaining movie you have seen for a long time. Not to be missed. Stars – Geraldine Brophy, Patrick Wilson and JOHN ROWLES.

You don't need to travel to a cinema outside the village to see a good movie, just take a comfortable seat in our level two Theatre at 7.15pm on a Tuesday evening and enjoy a good movie on our big screen. You are very welcome to join us.

Peter Woolnough



Friday Night Raffle – 3rd May 2024

We sold four major raffles and one minor this week. Again, thank you to Jocelyn for helping me out on the raffle table. The dwelling draw was drawn by Elaine McClintock and the winners were Jocelyn and Brynley Goodger. Congratulations to you both.

The main raffles were drawn by Angela Woolnough. The winners were:

Andra Glyn-Jones, Roy Keepin, Judy Jetten, Bev Barnes, Dave Brand, Brian Sutherland, Richard Jacobson, Earl Troughton, Bruce Benfell, Margarete Bock, Mary Gardner, John Gardner, Elaine McClintock, Brynley Goodger, Rosalie Hancy, Peter Woolnough, Clark Robbie, Natasha Nevill, Annette Cook and Neville Turner.

There will be an extra draw this Friday for Mother's Day. Congratulations to all of our winners.

Diane Brown, Raffle Convenor



East Coast Bays Catholic Parish

Our Liturgy Service for this month will be held in the Sunroom on the 3rd Floor on Friday 17th May at 11.00am. Holy Mass will be celebrated by a priest of our Parish.

We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy gatherings. Following the Mass, we will enjoy refreshments together in the Lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship. For further information please contact Natalie Turner Ph: 479 9527



Garden Club

We are arranging a trip to Silverdale and from there to Matakatia (with a bit of history) then to Shakespear Regional Park (may see a peacock) then off to "Clara's Café" for lunch.

Date: Monday 20th May

Departing: 10.00am

To book a seat on the bus phone Anne Pike 475 6741



Bingo

Bingo has been going for 1 year now and we meet the first Saturday of the month at 7pm. The Bar is open from 5.45pm to 6.45pm. Come along and join us for an enjoyable night with lots of fun and laughter. You might win the \$100 jackpot.

Thank you for the support from Fairview and Settlers Villages. The more people who come mean bigger prizes. Gordon Tasker 416 2320

Residents' Notices

Clive Sandham and Roy Keepin are real heroes of Fairview Village, not only have they expressed their pride and desire for the Village to be shown at its best they have voluntarily taken on the job of sprucing up and repairing all the bench seats up & around Margaret Drive as shown in last week's newsletter thanks to fellow valued Resident Wendy Johnstone's photo.



But also then they took it upon themselves and have done an outstanding job with the seating in my garden. Not satisfied with the initial bench seat provided, they built a new bigger, better & stronger one and put it on good stable foundations. They then resurfaced & repainted the 2 Adirondack chairs my late husband had built.



Thanks guys, you are wonderful. Barbara Bailey

APARTMENT GARDEN AREA

The area outside the gym has flowers and veges grown by residents in the Apartments. It was not appreciated when I went to pull some carrots for my dinner this week to find some of them had been pulled and removed and some left lying in the patch (drying out if left) and even some leaves had been removed from the roots and left in the Bay tree pot by the Adirondack chairs outside the gym. This is not very kind or how as fellow Villagers we should behave. **Whoever you are, please don't do it again.** If I have excess of anything I grow I willingly share it with fellow Apartment/Villa residents.

Barbara Bailey

BINGO

We had a great night at Bingo this month with lots of fun and laughter and we were joined by Residents from Settlers and Mayfair Villages. Congratulations to Colleen Leonard for winning the special Mother's Day line prize and the \$100 Jackpot was shared by 2 ladies from the Mayfair Village.

Come along and join us, you might be the next winner. The Bingo Team

OUTDOOR BOWLS

Two teams from Fairview Village played on Monday at Knightsbridge Village for the Friendship Cup. Eight Villages were involved with two teams each. The weather was not great and sorry to say, neither was our play, but an enjoyable day was had by all.

Gordon Tasker

LOST/FOUND

The following items were found in the level 3 lounge this morning. Please see reception if any of these items are yours.

- Black Primark puffer jacket size medium.
- A grey hat.
- Purple drink bottle.
- Grey cushion.

LAUGHTER LINES

Funnies:

1. So, I asked my wife what women really want. She said “a tent full of lovers.” Or perhaps it was attentive lovers – I wasn’t really listening.
2. It’s never too late to start exercising – that’s why I’m leaving it till later.
3. The supervisor to the night fill staff at the local supermarket: “Okay, you guys know the drill. Our customers finally know where to find everything. Tonight we mix it all up again.”
4. A friend who has worked in Chicago his whole life says the city is not that violent. He’s the tail gunner on a school bus.
5. ITV News: “Breaking News. British man killed by a shark whilst honeymooning in Australia. Reports say he didn’t suffer too long as he’d only been married five days.” (??) (True report)

A man, an avowed sceptic, visited a gypsy fortune teller at the circus and sat down in front of her crystal ball and asked to have his fortune told. “I see you are the father of two children,” she began. “Ha, that’s what you think, you’re a fraud,” he replied. “I am the father of three children.” “Ha, that’s what you think,” smiled the fortune teller.

A tourist asked an Englishman at a bus stop if he knew the way to Albert Hall. “Yes I do,” replied the Englishman as he calmly boarded the bus.

An Englishman, a Scot and an Australian all went for a job interview. The boss asked them all the same question, what is the capital of Ireland? “New York,” says the Scot. No, it’s Vancouver,” said the Englishman. “Fools,” said the Aussie, “everybody knows the capital of Ireland is Brussels.” The Australian got the job because he was the closest.

A Little Bit of Trivia:

1. The human heart rests between beats. In an average lifetime of 70 years the total resting time is estimated to be about 40 years.
2. By day 23 a human embryo has the makings of a heart, a brain and a spinal cord.
3. The palms of the hands and the soles of the feet contain more sweat glands than any other part of the body.
4. A cat keeps purring whether it is inhaling or exhaling – a baffling accomplishment.
5. Each red blood cell lives an average of four months and travels between the lungs and other tissues 75,000 times before returning to the bone marrow to die.

School Kids are Getting Smarter:

1. Computer teacher: “Give me an example of software?” Pupil: “A floppy hat.”
2. Student: “I didn’t do my homework because I lost my memory.” Teacher: “When did this start?” Student: “When did what start?”
3. Maths teacher: “If you multiplied 1386 by 435 what would you get?” Student: “The wrong answer.”
4. Teacher: “Your daughter is only five and she can spell her name forwards and backwards! Why, that’s remarkable, what’s her name” Parent: “Anna.”
5. Teacher: “Can anyone tell me what the Dog Star is?” Student: “Lassie”

Graffiti:

1. It’s hard to believe the Darwin theory that only the fit have survived.
2. Our Church welcomes all denominations, fives, tens and even fifties.
3. Noah’s wife was Joan of Arc.

And finally: Life begins again at 60, but so does lumbago, bad eyesight, arthritis and the habit of telling the same story three times.

From the joke books of A. Nonny Muss

Social Committee
WINTER CONCERT SERIES

You are invited to a free performance of the
NORTH SHORE CONCERT BAND

FAIRVIEW VILLAGE LEVEL THREE LOUNGE
SUNDAY MAY 19TH 3.15PM TO 4.15PM

BAR OPENS AT 4.15PM
FAMILY AND FRIENDS VERY WELCOME

North Shore Concert Band



**Will be performing at Fairview
Sunday 19th May at 3.15pm**

**Music from Movies, Shows, Jazz,
Classical and more...**

**COME ALONG AND ENJOY THIS
Great group of musicians.**



Let's fundraise for

BREAST CANCER SOCIETY

BRUNCH WITH US
FOR THE CAUSE!

GOLD COIN DONATIONS WELCOME

THURSDAY 23RD MAY @ 11.30



\$20/person
including a glass
of bubbles

\$5 of our proceeds
will go to the Society

Please choose from:

Bruschetta Breakfast

Poached egg, roasted mushrooms, streaky bacon served on a toasted ciabatta with hollandaise sauce & balsamic glaze

Belgian Waffle

Belgian waffle, grilled banana, streaky bacon served with seasonal fruits & maple syrup

Please advise if any dietary requirements.

Please book and pay at reception by
Monday 20th May 4pm



Happy Tuesday 2 for 1 Deal

7th & 21st May

2 for 1
on dinner meals served in
the dining room only

**Not applicable to:
frozen meals, cabinet food, a la carte menu,
and/or any other alternative meal.

*Bon
Appétit*





Auckland Performing Arts Academy is staging *Mary Poppins the Musical* this July and would love to invite your residents to our opening Friday matinee performance, at a special reduced rate, details below:

Venue: Kristin School Auditorium, 360 Albany Highway, Albany

Date: Friday 12 July at 2pm (Opening Performance)

Price: \$25 per STANDARD ticket (Retirement Village special offer)

Running time: around 2 hours 30 minutes, including a 20 minute interval

Click Here to book: <https://www.iticket.co.nz/events/2024/jul/apaa-mary-poppins>

Discount Code: Winifred25 (*this is case sensitive*)

To use the special code: Simply add any Standard ticket to your cart for the 2pm performance on Friday 12 July, then enter your pre-issued code to apply discount.

Group bookings: Please call 0508 ~~www~~ iTICKET (0508 484 253) if you require assistance for larger groups.

The venue opens 60 minutes before the start of each show.

Refreshments are available. Cash sales and ~~www~~ Eftpos available.

Strength and Balance

Monday 13 May - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle – it is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 15 May. Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 16 May – 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00.

We appreciate the subsidy from the Village Residents' Committee.

Aqua Class with Libby

Friday 17 May – 9.15am – level 2 swimming pool

\$5.00 per class

Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.

Doctor

Thursday 16 May – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter.

Podiatrist

Thursday 16 May – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames.

WEEKLY SCHEDULE

13 May to 19 May 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 13 May	Hair Salon with Kim	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 14 May	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	Second Hand Wedding
Wed 15 May	Hair Salon with Kim	9.00am – 11.40am	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance Practice	10.00am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 16 May	Hair Salon with Kim	9.00am – 11.40am	3 rd Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 17 May	Hair Salon with Kim	9.00 – 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Catholic Liturgy	11.00am	3 rd Floor Sunroom
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 18 May	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 19 May	Outdoor Bowls	1.00pm	Assemble for 1.15pm start
	North Shore Concert Band	3.15pm	3 rd Floor Main Lounge



Relish Café
By Chef Noris & Team

Dinner Menu

13 May to 19 May

Bookings by **10am** on the day
(please phone 09 477 3957)
Small Meals \$18.00 – Large Meals \$20.00
\$2.00 delivery fee applies per Villa

Monday / Pork

GF Bourbon baby back ribs, homemade baked and seasoned potato wedges
& southern slaw

Tuesday / Chicken

GF Baked Maryland chicken in white wine sauce topped with parmesan cheese,
seasoned vegetables medley, mashed kumara & potatoes

Wednesday Roast / Choice of meat

GF Braised lamb shank, jus
OR Chicken BBQ
Served with mashed potatoes, green beans and carrots

Thursday / Pork

GF Pork teriyaki, stir-fry vegetables, vermicelli noodles

Friday / Choice of fish

Beer-battered fish with tartare sauce, slaw and fries
Or Baked Salmon with hollandaise sauce, steamed vegetables and mashed potatoes
(large only)

Saturday / Chicken

GF Relish Café famous butter chicken, roti, rice, garden salad

Sunday Roast / Lamb

GF Lamb Roast, jus & gravy, minted peas, corn, roasted pumpkin & potatoes

Alternative TAKEAWAY Dinner Menu – in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY

Fish Pie
Braised Beef
Lamb shanks