

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 **10 June to 16 June 2024** No. 325

From the Manager's desk

Reception this weekend

Take note that reception will be closed this weekend. Take your swipe when coming to the Lodge. There will be our Nurse on Duty in the Village for any medical assistance or concerns as per usual.



Added Value Partners Programme

We already have 2 new value partners to add to our list since our launch last week. Fairview residents can now enjoy:

- Specsavers Albany provides a half price (\$30) standard eye exam with 25% off on a single pair of glasses. 09 447 1465
- Slique offers discounted prices on tile and grout cleaning, silicone replacement, and glass cleaning. Contact Blair Phillips on 09 414 2910 or 021 279 0499.
- Mitre 10 - Simply mention **FAIRVIEW Cash Account** when you arrive at the checkout, before your items are scanned, which will sometimes attract a discount depending on what the goods are (not applicable at the café). Mitre 10 MEGA Albany is your go-to spot conveniently located at 260 Oteha Valley Road, Albany.

If you know of businesses who would like to take part in our Programme, don't hesitate to approach them and let us know. We would love for residents to be managing this new initiative, please let Cherie or me know if you are interested.

Pinehurst School volunteering visits at Fairview – Tuesday afternoons

Students from Pinehurst School visited us again last Tuesday 4th June. This time, residents gathered in the sun room and had a group discussion between residents and students. Everyone enjoyed their time. Let Maria or Julia know if you are interested in meeting with them.



Hello from the Volunteer Students Club at Pinehurst School!

We are delighted to announce our upcoming visit to Fairview Lifestyle Village. We are eager to spend some quality time with you, sharing stories and engaging in different activities or games. We love walking dogs for you or with you, doing crafts, participating in a quiz, or just having a cup of tea and chat. We love developing meaningful connections.

Westlake Girls' Choir Performance – Friday 7th June 11.30am

Three of Westlake Girls' Choirs - Cantare (Premier Girls' Choir), Cigno Voce (Senior Choir) and Nota Bella (Junior Choir) - will be performing at Fairview as part of their Choir Tour Day on Friday 7th June at 11:30am. Each choir has 40 students and will be performing 2 to 3 songs, for a total of 30 to 45 minutes. Please RSVP at reception to ensure we have enough chairs for everyone wanting to attend.

Residents' birthdays monthly morning tea – Friday 14th June 10am

It is this time again to celebrate with all of you who have their birthdays in June. Cherie is inviting those residents individually. Looking forward to sharing a sweet treat with you all.

Aged People's Choice Awards – Have you voted for Fairview yet?



I had a quick look at the Aged Advisor's website to check on our reviews and rating. We have received 193 reviews so far in the last 12 months, giving us a score of 96.5%. (FYI, we are just behind our sister village Settlers who have a few more votes and a slightly higher score...) But don't worry, the voting is still open, and you still have time to vote alongside your family and friends. Let's dream of our Awards' night celebrating our success at Fairview! Thank you to all of you who have already completed a form, it is truly appreciated by all of us, and we are feeling the love.

The best way to place a review online is to click here:

<https://www.agedadvisor.nz/review>

Alternatively, you can print the form here or pick up a hard copy at reception. We can post it for you.

<https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf>

It was Mia's 3rd birthday last weekend.

She had so much fun with her friends celebrating at home.

Mia requested a pink kitty cat birthday party so mommy delivered just that.

Thank you to Relish Café for the catering, both kids and adults truly enjoyed the food.

Have a good weekend everyone

Marika





Health and Wellbeing Corner

I thought I'd change it up this week, and give you all a few words to ponder over and resonate too that were shared with me one day...

Life values

Life isn't fair, but it's still good.
When in doubt, just take the next small step.
Life is short – enjoy it.
Your job won't take care of you when you are sick, your friend or family will.
Pay off your credit cards each month
You don't have to win every argument, stay true to yourself.
Cry with someone, its more healing than crying alone.
Save for retirement with your first paycheck.
When it comes to chocolate, resistance is futile.
Make peace with your past so it won't screw up the present.
Its ok to let your children see you cry.
Don't compare your life with others, you have no idea what their journey is about.
If a relationship has to be a secret, you shouldn't be in it
Take a deep breath it calms the mind.
It's never too late to be happy, but it's all up to you and no one else.
Burn the candles, use the nice sheets, wear fancy lingerie, don't wait for a special occasion.
Be eccentric NOW don't wait for old age to wear RED.
The most important sex organ is the brain.
Always choose life.
What other people think of you is none of their business
Don't take life to seriously, no one else does.
Believe in miracles Growing old beats the alternative, dying young.
Get outside, miracles are everywhere.
No matter how you feel, get up, dress up, and show up.
Grow
Life isn't tied with a BOW, but it is a GIFT.

- **Upcoming Events:** Physiotherapy in our aging years with our physio Darrell on Tuesday June 18th at 10.30am in the lounge.
- **Pinehurst High School Students:** This week we had some high school students here at the village assisting with IT issues, dog walking and companionship. It was greatly appreciated by those who engaged in it. They will be coming back each Tuesday afternoon, if you would like to see them call Maria and it can be arranged.

Wishing you a week filled with health, happiness, and vitality!

Maria and the nursing team



From the Chef's Oven

Tuesday June 11 – Happy Tuesday Dining Room Special / “Steak Night”

One day only, dine in only! Eye fillet steak and mash for only \$15. It's not a misprint, it's our monthly promotion for Happy Tuesday Dining Room. Please book early in the Café as limited seats available.

What's in the Food Cabinet

We hope you are enjoying our wide range of homemade cabinet food. From homemade pies, puffs, quiches, gourmet salads and sandwiches, to freshly baked counter treats such as scones, muffins, apple strudels, cakes, sweets and much more. We also cater for dietary requirements such as gluten free, dairy free and vegetarian. Please ask our staff and we can always make something fresh for you. Don't forget, some of fresh items like soup, sandwiches and salads are HALF PRICE after 2pm.



Donut Friday is back!

Thank you all for your wonderful feedback on our homemade donuts we trialled last Friday. It all SOLD out very quickly. Our talented baker Celeste will be baking her south African version of donuts every Friday at an introductory price of \$4 each or 3 for \$10. Better be quick, first come first served!

Wednesday June 26th – Village Birthday Dinner

We will be serving a 3-course menu and you can read this one at the end of this Newsletter. Payments and bookings at reception.

Frozen Meals & Alternative Meals

This week's frozen meals are lamb shanks, corned beef and braised sirloin. There is no cut off time to pick up our frozen meals for dinner, as you can just come to collect from the Café. If you would like it heated and delivered, cut off applies at 12pm.

Café will be closed on Matariki

Just a reminder, Relish Café will be closed on the next public holiday of Friday on 28th June, for Matariki. However, our kitchen will still be doing dinner deliveries on that day. Same cut-off at 12pm.

Used Oil Drop-off

Just a reminder, we are only taking used oil and cooking oil - not any other kitchen condiments and sauces. We have provided a bucket for your used oil to be dropped-off every Wednesday before 12pm. You will find the bucket near the letterbox hallway or you can simply hand it over to any of our Café staff.



Vegetarian options in Relish Cafe

Although options are not all listed on our menu board, vegetarian options are always available. Some of the options are: Vegan Breakfast, Truffled Mushroom on toast, Vegetarian Club and Greek Salad. Please do ask one of our café staff.

Chef's Special for the month of June

Due to popular demand, we are running your favourite butter chicken dish this month of June again. It's a diced chicken meal in our homemade butter chicken sauce – rich tomato and creamy curry sauce - served with aromatic basmati rice, roti and a garden salad.



Noris and the Relish Café Team



Gardeners' Corner

Kia Ora everyone

Unfortunately, over the last 4 weeks, our recycling collection has become so bad that we simply can't manage the triaging anymore.

The additional time that it is taking us to triage through your recycling bins, and sort through what can and can't be recycled, has become a lengthy process which we can't upkeep.

If your recycling bin contains many items that cannot be recycled, we may not be collecting your recycling bin unfortunately.

Please help us by making yourself familiar with what can and cannot be recycled via the council website or the pamphlets at reception.

If we do not collect your recycling bin on Monday, it will be your responsibility to empty your blue bin into our general waste bins located on Quail drive at the back of the Lodge by our gardeners shed.

Cait & the Boys

Condolences

Sadly, John Foote passed away peacefully in Fairview Care last Friday at the age of 102 years old.

His funeral was held yesterday.



What's on this coming week and next



Movie Group – Tuesday 11 June – MAO's Last Dance

A boy from rural China is chosen to train to be a dancer at a Ballet School in Houston, USA.

Stars Chi Cao, Bruce Greenwood and Kyle MacLachlan.

Our movies are carefully selected for your enjoyment. While we try to avoid reshewing any movie we have shown in the last five years you might spot the occasional repeat. You can be confident any repeated movie is particularly good and well worth viewing again.

Peter Woolnough



Friday Night Raffle - 31st May 2024

This week we sold 4 majors. Graeme Pullar drew the dwelling draw. Won by Pam Glaum. Congratulations Pam. Trish Maunsell drew the main raffles.

The winners were: Sandie Jennins, Bruce Benfell, Monica Renwick, Brynley Goodger, Ian Prentice, Judy Jetten, Neil Butt, Richard Jones, Jean Elliott, Patricia Jansen, Pam Glaum, Trish Maunsell, Earl Troughton, Luella Jacobson, Alison Keepin, Chris FitzPatrick, Jim Bell, Jocelyn Goodger, Paula Turner.

Congratulations to all our winners.

Ian Johnstone Tel: 021 855227

On Behalf of Diane Brown, Raffle Convenor – Tel: 4783581



Piano Performance - Saturday 8th June at 3pm in the level 3 lounge.

Coffee get-together with toe-tapping piano music played by Nathaniel. Nathaniel is only 14 years old and plays like a pro.



Croquet Group AGM

Tuesday 18 June at 11.00am in the 3rd Floor Sunroom.

Residents' Notices

Aqua Class

The aqua class is cancelled tomorrow.

Bingo

Thank you to everyone who helped to make our Bingo an entertaining evening of fun and laughter. We had a successful Bingo evening, with a good turnout.

Congratulations to all the winners and the jackpot prize this month was shared by Terry Denvers and two ladies from Mayfair Village.

Looking forward to seeing you again on the 6th July.

The Bingo Team

APARTMENT GARDEN AREA

Welcome to winter gardening! This area is generally at an easy to manage stage now,. I had been waiting on mulch to arrive to give the duvet cover to certain parts to keep them surviving until Spring..... that won't be far away either and always something to look forward to.

I haven't managed to see many of my usual visitors in the area lately or anywhere in the Village as I've been having a pretty rough time with the Cancer program and had a couple of hospital stays too. Nothing unusual or different from what I signed up to but it does hit me and this last hit means I can't do anything too heavy or strenuous for quite some time. Luckily it is only the shifting of the mulch, now it has arrived, that I need to concentrate on to keep things tidy. In the meantime my apologies for any difficulties where it temporarily is being stored. I'm hoping to get help asap to do the shifting for me.

It was absolutely a wonderful surprise to see the latest work Clive Sandham has done for me in the area near the gym entrance. The new chair looks and is perfect. Thank you Clive. It is most interesting and delightful to hear you are making more seating available in this area so come spring/summertime there will be more reason to come visit this area on everyone's exercise walk. How lucky we are to have people in the Village volunteering to assist us when we need it. I certainly appreciate the transport help I needed to and from the hospital lately from Roy Archer, Mary & John Gardner, Clive & Muriel Sandham & Sandy Watson - my sincere gratitude to you all.

Hope to see you all reasonably soon.

Cheers

Barbara



***Are you new
to our village ?***

or

Been here a while?



Ever thought of giving outdoor Bowls a go?

It is fun

It is Sociable

And it isn't difficult

Village bowls supplied

***For a fun, 1 on 1 introduction to a game
that you will likely fall in love with***

give any of the following a ring.

Gordon Tasker 027 660 3412

Mark Jennins 021 952 412

Roy Keepin 021 460 913

Ron Crosby 027 371 5127



In 2022 we consulted with the community about the proposed locations of the bus stops for this new service. We received valuable feedback and have used this feedback to inform the final design. We are now updating you with how things are progressing.

Some of the feedback we received included:

- Safety and visibility for pedestrians, and more places to safely cross the road.
- Additional bus shelters were desired to make waiting for a bus more pleasant.
- Street parking can sometimes cause safety or accessibility issues.

Planned bus stop locations:

After carefully reviewing your feedback, we now plan to implement the new bus stops in the following locations:

1. 15 Gills Road – new bus shelter, pedestrian crossing facility.
2. Gills Road, near Point Ridge Road – new pedestrian refuge crossing facility.
3. 171 Gills Road –new pedestrian refuge crossing, new footpath.
4. 115 Fairview Avenue –new pedestrian refuge crossing,
5. 83 Fairview Avenue –new bus shelter, new pedestrian refuge crossing,
6. Fairview Avenue, near Vinifera Place –new bus shelter, removal of one tree.

We will also be installing no stopping at all times (broken yellow lines) road markings on both Fairview Avenue and Gills Road near the new bus stops and pedestrian facilities.

Please visit our website to see the plans in greater detail, including where the broken yellow lines will be installed.

How this will benefit your neighbourhood

- New bus stops are required to allow your neighbourhood to access their new bus service that will be launched in July 2024. Where space permits, we are adding bus shelters and safe crossing facilities to enhance the walking and waiting environment associated with the new bus stops.
- The pedestrian crossing facilities will benefit all members of your community, improving safety and accessibility for those crossing the road.

These works are scheduled for June/July 2024.

Gas Appliance Specialists

Exclusive Fairview Village Offer

(must be a minimum of 10 appliances serviced at the village on the same day)

Rinnai Flame Fire Service & Gas Safety Certificate (parts additional)	\$209.00+GST (reduced from \$241.00+GST)
Rinnai INFINITY Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)
Rinnai Convector Service & Gas Safety Certificate (parts additional)	\$176.00+GST (reduced from \$201.00+GST)

Service includes:

- Complete strip down of appliance
- Cleaning of fan/s
- Cleaning of burners and combustion chamber
- Adjustment of ignition and flame rods
- Reassembling and re-commissioning
- Recalibration of gas valve
- Testing operation; and
- Issuing a Gas Safety Certificate

Please note that any parts would be an additional cost. Servicing a gas fire often includes the replacement of some parts - we have listed some examples below.

Pilot \$68.00+GST (recommended at each service - some fires have two pilots)

Glass seal \$52.50+GST (sometimes)

Paint \$28.90+GST (sometimes)

Please contact reception if you would like to book your gas fire to be serviced on Tuesday 11th June.

Westlake Choir Performance

Friday 7th June

3rd Floor Lounge at 11.30am

RSVP at reception



The poster features a collage of images. At the top, a choir of young women in red long-sleeved tops is performing. In the center, a red shield-shaped crest with a white swan and the motto 'WESTLAKE GIRLS' HIGH SCHOOL' is overlaid. Below the crest, the text 'Westlake Music' is written in a cursive font, followed by 'CHOIR CONCERT' in a large, bold, black serif font. The bottom half of the poster is divided into two circular shapes: a white one on the left and a red one on the right. The white circle contains the names of the three choirs and their levels. The red circle contains the date, time, and a short description of the concert.

Westlake Music
CHOIR CONCERT

Nota Bella
WGHS Junior Choir

Cigno Voce
WGHS Senior Choir

Cantare
WGHS Premier Choir

Friday 7th June
Time: 11:30am

Enjoy a concert of wonderful music presented by three Westlake Girls' High School choirs!

SOCIAL COMMITTEE INVITATION
GUEST SPEAKER DAVID WRIGHT
SUNDAY JUNE 23rd 3.15 PM

SPIRIT OF ADVENTURE



The Spirit of Adventure Trust is a non-profit organization empowering young New Zealanders to reach their full potential.

During his many voyages sailing on the Spirit of Adventure David has seen many lives changed by the experience of crewing on a large three masted sailing vessel.

Please bring your family and friends to hear this very special speaker.

We will “splice the mainbrace” at 4.15 pm!

There will be a donation box for the Spirit of Adventure Trust

For the month of June
Happy Tuesday - Dine In Special

STEAK NIGHT

Tuesday 11th June 6pm
\$15 (large only)

Steak & Mash

150 grams steak

jus & gravy

minted peas

maple glazed carrots

chives mashed potatoes

50 portions available only.

Be quick, first come, first served!

*Booking and payment at Relish Cafe
by Friday 7th June.*





Fairview's Birthday Dinner

WEDNESDAY 26 JUNE 2024
DINNER SERVED AT 6PM | \$35/PERSON

Entrée

Caprese canape - Mozzarella, Tomato & Basil
served on garlic bread with balsamic glaze drizzle

Choice of mains

(GF) Beef cheek medallions with jus & gravy
(GF) Oven baked herb crusted salmon in a lemon & white wine sauce

Sides

(GF) Herb roasted winter vegetables medley
(GF) Whipped kumara & potato mash

Dessert

Sticky date pudding with rich butterscotch sauce
Brandy snap filled with crème fraiche

***Please book and pay at reception before
Monday 24th June 12pm.***



Fairview's 24th Birthday Dinner

Wednesday 26th June 2024

A glam celebration, however you wish it to be!

Bar opens at 5pm

Complimentary drinks
on arrival offered by
Fairview Management

Dinner will be served at 6pm

Followed by our traditional birthday
cake baked by resident
Mary Gardner

Entertainment by
TOUCAN DUET

Book and pay at Reception
by Monday 24th June 12pm
\$35/person



LAUGHTER LINES

A Little bit of Trivia:

1. Cleopatra was supposed to have died from the bite of an Asp. However, that species of snake does not exist in Egypt.
2. The only domestic animal not mentioned in the Bible is the cat.
3. It takes 17 muscles to smile, 43 muscles to frown, (every 2,000 frowns is worth 1 wrinkle), and 72 muscles to speak one word.
4. Earth is the only planet not named after a God.
5. Captain Cook was the first person to set foot on all continents, except Antarctica.

Little Billy came downstairs bellowing lustily. "What's the matter now?" said his mother. "Daddy was hanging pictures in the hall and hit his thumb with the hammer." replied Billy. "That's not so serious," soothed mother. "A big man like you shouldn't cry at a trifle like that. Why didn't you just laugh?" "I did," sobbed Billy

When the all-Texas Regiment landed in North Africa, the company commander got all the soldiers together and warned them, "Remember we have to capture the hearts and minds of the local population, it will be a big help to us in the coming conflict. Humour them, if they say Africa is bigger than Texas, agree with them."

A local Romeo's face appeared in the window of his beloved's bedroom. "Get a move on," he hollered, "and let's get this eloping business over with." "Be quiet," cautioned Juliet, "daddy will hear you and spoil all our plans." "I wouldn't worry about that," said Romeo, "he's down on the ground holding the ladder."

Several days after his father died, little Johnny was stopped on the street by a neighbour. "And what were your poor father's last words?" the neighbour asked. "He didn't have any," Johnny answered, "Mummy was with him right to the very end."

The house guest noticed that young Freddie eyed his asparagus longingly, but made no effort to eat it. "What's the matter," enquired the guest, "don't you like asparagus?" "I love it," Freddie assured him, "but I have to wait for daddy to eat off the green tips."

Daffynitions: **CATALOGUE**, two jealous women discussing their friend. **ADULT**, a person who has stopped growing at both ends and is now growing in the middle. **BUCCANEER**, corn cobs on special. **SUICIDE**, the side of the road where the sewer runs. **SUBDIVISION**, a direct hit on a target with a depth charge. **SHEKEL**, The doctor friend of Mr Hyde. **PLUMBING**, picking plums. **POLYGAMY**, marriage between two parrots. **MALTREAT**, buying a friend a coffee in the mall. **GUNNER**, term often used by husbands, like, "I'm *gunner* fix it soon."

Lovers Wit:

1. "Whenever I see a pretty girl I think to myself, oh to be 80 again!" - George Burns
2. "I've got little feet because nothing grows in the shade." – Dolly Parton
3. "What would men be without women? Scarce, Sir, mighty scarce! – Mark Twain
4. "She said she would scream for help. I told her I didn't need any help." – Bob Hope
5. "On our honeymoon my husband told me to unbutton my pyjamas, I wasn't wearing pyjamas." – Phyllis Diller
6. "Of course darling, I'll return the ring – but I'll keep the diamonds." – Zsa Zsa Gabor

And finally: Many a woman has started out playing with fire, and ended up cooking over it.

From the joke books of A. Nonny Muss.

Strength and Balance

Monday 10 June - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottle.

It is very important to keep your fluids up.

There will be a morning tea in the level 3 lounge following the class to say farewell to the Harbour Sport instructors.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 12 June.

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 13 June - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 14 June – 9.15am – Level 2 Swimming Pool

\$5.00 per class

Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.

Doctor

Thursday 13 June – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter

Podiatrist

Thursday 13 June – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames

WEEKLY SCHEDULE

10 June to 16 June 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 10 June	Hair Salon with Kim	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 11 June	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	MAO's Last Dance
Wed 12 June	Hair Salon with Kim	9.00am – 11.40am	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance Practice	10.00am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 13 June	Hair Salon with Kim	9.00am – 11.40am	3 rd Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 14 June	Hair Salon with Kim	9.00 – 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 15 Jun	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 16 Jun	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



Relish Café
By Chef Noris & Team

Dinner Menu

10th to 16th June

Bookings by **12pm**
(Please phone 09 477 3957)
Small meal \$18.00 – Large meal \$20.00
\$2.00 delivery fee applies per Villa

Monday / Beef

GF Braised beef sirloin slices, gravy, broccoli, cauliflower, carrots, crispy roasted vegetables

Tuesday / Beef (large only)

Steak Night / Dine in only for \$15

GF Eye fillet steak (150gms), jus & gravy, peas and carrots, chives mashed potatoes

Wednesday Roast / Choice of meat

GF Pork roast, gravy, apple slaw, OR

Moroccan chicken roast

Peas and carrots, roasted pumpkin and potatoes

Thursday / Lamb

GF Guinness lamb casserole, jus, mashed potatoes, green beans and carrots

Friday / Choice of fish

Beer-battered fish with tartare sauce, slaw and fries, OR

GF Snapper fish pie with boiled egg and peas (large only)

Saturday / Chicken

GF Baked chicken with mushroom sauce, vegetables medley, parsley mashed potatoes

Sunday Roast / Lamb

GF Lamb roast, brown gravy, peas & corn, roasted pumpkin and potatoes

Alternative TAKEAWAY Dinner Menu – in foil tin:

AVAILABLE ALL DAY, JUST CALL IN, LIMITED BATCHES WEEKLY

Corned Beef, Lamb Shanks, Braised Sirloin