

# The Village News

---

## **From the Manager's desk**

What a beautiful night we all had yesterday for our 24<sup>th</sup> Village Birthday! Everyone looked gorgeous and hopefully enjoyed their time as much as I did. Thank you to everyone who took part in the organization of this amazing yearly event for our community; your Social Committee, the Bar Committee, our very own talented baker Mary Gardner, Gordon Tasker, the Gardeners for moving furniture and the Kitchen Team for the gorgeous food they served.

## **Electric Vehicle Policy**

As you know, we have set a meeting for the 3<sup>rd</sup> of July at 10am to consult on an electric vehicle policy. To date, we have received some feedback, and the intention is to share this feedback with all residents at the meeting. This will be shared anonymously with the details of the residents who submitted it removed. We are still very eager to receive as much feedback as possible as we appreciate how important this policy is moving forward. As well as direct feedback, if you have any questions that you would like answered at the meeting, please direct them to me in writing in advance. This is appreciated and will allow for a considered response to be prepared. We cannot guarantee that we can answer every question at the meeting, even if it is put in writing in advance, but we will endeavour to answer as much as is known at that time. Please direct all written correspondence on this matter to me so that it can be consolidated.



## **Matariki Public Holiday on Friday 28<sup>th</sup> June**

Take note that tomorrow on Matariki, we will have skeleton staff in the Village. There will only be our nurse Catharina on duty as per usual. There will be no shopping bus and Relish Café will be closed but will be delivering dinner meals. Remember to bring your swipe if coming to the Lodge as the doors will be locked.



## **Welcome to our new residents**

Please join me in welcoming our new residents Gaby and David Ellis who moved into Villa 61 this week. We are looking forward to seeing you around the Village. I am sure you will love your new home.

## **Washco – Window cleaning and building wash – 1<sup>st</sup> to 5<sup>th</sup> July**

Our contractor Washco will be at the Village next week for their usual 6-monthly visit. Traditionally, we always had our Lodge and Villas building wash in winter, but we have decided to postpone the Villas' building wash for their January visit. In the past, the lawns and gardens got very wet, soggy and muddy following their visit due to the amount of water used for water blasting the villas and the back-and-forth traffic of their staff. Our lawns will also be much happier to receive all that water in January! Lodge and Villas windows (outside) will be cleaned as per usual next week. If you would like the inside of your windows to be cleaned on Friday 5<sup>th</sup> July, please book at reception and refer to the details further on in this newsletter.

## **Staff of the month - June**

Congratulations to Jomari our Kitchen Assistant and Front of House staff in our Relish Café. Jomari is very helpful and goes the extra mile to help residents and his team. He takes initiatives, he is friendly, patient, polite, respectful, and kind. It never is too much trouble for him.



## **Goodbye to our dear barista Brooklyn**

We are very sad to inform you that Brooklyn will be leaving Fairview after more than 3 years sharing your daily lives. Her partner and her have decided to move to Australia for a new adventure. Her last day will be on Thursday 18<sup>th</sup> July.



## **Aged People's Choice Awards**

Voting is open until mid-July and the final winner should be announced mid-August. Thank you to all of you who have already completed a form, it is truly appreciated by all of us. The best way to place a review online is to click here: <https://www.agedadvisor.nz/review>. Alternatively, you can print the form here or pick up a hard copy at reception. We can post it for you. <https://www.agedadvisor.nz/images/agedadvisor-Review-Sheet-A4-PRINT.pdf>



## **Tip from Maintenance Tony**

### **How to get your car out of the garage during a power cut**

During a power cut, it is possible to open your garage door manually if you need to urgently get your car out.

1. Pull the red cord down, it will disengage the door from the motor chain.
2. Lift the door to open it but keep fingers out of the gap between panels! The door is on springs, so they will take most of the weight.

To lock the door back in place:

1. Use a broom to push the lever back to its horizontal position. A tall person can simply pull the cord back up.
2. Drop the door back to the closed position. Keep fingers out of the gap between panels again, or they will get crushed!





## Health and Wellbeing Corner

*Wow, what a great success!* Is that a good way to describe last night's birthday dinner! I'm sure you will all agree with me, by all those that attended. A BIG thank you to all that helped create a fabulous evening. We have now set the bar for future events. Seeing a great number of you getting out and being involved made me happy, social interactions as we get older is vital for many reasons:

**The Importance of Social Interaction:** As we grow older, maintaining social connections becomes increasingly important. Here are some key reasons why social interaction is vital for your wellbeing:

- 1. Boosts Mental Health:** Engaging in regular social activities can help reduce feelings of loneliness and depression. Social interaction stimulates mental processes, keeps your mind active, and provides emotional support, all of which contribute to better mental health.
- 2. Enhances Physical Health:** Staying socially active is linked to various physical health benefits, including lower blood pressure, reduced risk of chronic diseases, and a stronger immune system. Interacting with others encourages a more active lifestyle, which is beneficial for overall health.
- 3. Improves Cognitive Function:** Social engagement can help maintain and even improve cognitive function. Activities that involve communication and mental stimulation, such as conversations, games, and group activities, can help keep your brain sharp and alert.
- 4. Provides Emotional Support:** Having a strong social network provides emotional support during challenging times. Friends and community members can offer comfort, advice, and companionship, helping you navigate life's ups and downs more effectively.
- 5. Increases Longevity:** Studies have shown that individuals with strong social ties tend to live longer, healthier lives. Social connections are a key factor in longevity, contributing to both mental and physical health.

### Ways to Stay Socially Active:

- **Participate in Community Activities:** Join the various clubs, classes, and events offered within our village. Whether it's a book club, gardening group, or fitness class, there are plenty of opportunities to meet new people and engage in fun activities.
- **Volunteer:** Volunteering is a great way to stay active and give back to the community. It also provides a sense of purpose and fulfilment, enhancing your overall wellbeing.
- **Stay Connected with Family and Friends:** Regular phone calls, video chats, or in-person visits with family and friends can help maintain strong relationships and provide emotional support.
- **Explore New Hobbies:** Trying new hobbies or interests can introduce you to new social circles and enrich your life with diverse experiences and friendships.
- **Join Social Media or Online Groups:** For those comfortable with technology, online platforms and social media can be a great way to stay connected with loved ones and join interest-based communities.

**Wellness Tip of the Week:** Make an effort to engage in at least one social activity each day, whether it's a chat with a neighbour, a group exercise class, or a phone call with a friend. Consistent social interaction can greatly enhance your mood and overall health.

**Did You Know?** Social isolation can be as harmful to your health as smoking 15 cigarettes a day. It's crucial to stay connected and engaged with your community to maintain a healthy and fulfilling lifestyle. Wishing you a week filled with joy, connection, and new friendships!

**Mask etiquette:** As we are in the winter months with Flu around, just a gentle reminder to all, if you are wearing a mask, and are in the lounge and dining area, please **DO NOT** place your mask on the dining table, please put it in your bag or on your lap please, as the table will need to be cleaned after each person dining.

**Upcoming Event:** July 12 10.30am - Podiatry how to care for our feet.

With the winter months upon us, we will hopefully start to see some beautiful days ahead. With this in mind Julia, our Health Care Assistant, would like to start a walking group with residents that would like to get outside and walk in and around the village grounds. If you would like to participate, please meet Julia on Thursday 4th July at 10.30am in the Sunroom so we can discuss a weekly day and time that suits.

Wishing you a week filled with health, happiness, and vitality! Maria and the nursing team



## From the Chef's Oven

### Did you know...

- We offer two sizes of soup – a large soup with garlic bread is \$7 and a small soup without garlic bread is \$4.
- We have our own RELISH CAFÉ LOYALTY CARD - stamp all 9 coffees and the 10<sup>th</sup> coffee is on us. Just simply ask one of our team and every time you order coffee, we will stamp your loyalty card.
- We love having party reservations, birthday parties, wedding anniversaries or even a simple get-together in our main dining lounge. If you prefer a more private location, you can book the level 2 lounge or the sunroom.



### Meet our team

Please welcome our two new casual staff – Eva and Ravidu. Eva is a senior high school student and will be working on a casual basis in the school holidays and weekends. Ravidu is a culinary student and will also be working with us during holidays and weekends.

### Condiments station and crockery trolley

There are many condiments you can choose from to season your meal: salt and pepper, HP sauce, hot sauce, tomato sauce and more. Feel free to grab these condiments and if you can, please place them back after using them. Following feedback from our residents, could you please let your visitors know that they need to clear their table and place their dishes on the trolley provided near the café entrance door.



### Donut Friday – next on Friday 5<sup>th</sup> July

Thank you all for your wonderful feedback on our homemade donuts. Our talented baker Celeste is now increasing the production on Fridays. We sold 57 donuts last Friday before 11:00 am. It's \$4 each or 3 for \$10. Better be quick, first come first serve. There will be no donut tomorrow 28<sup>th</sup> June due to the public holiday.

### Village Anniversary Event

Thank you all for coming to our 3-course village birthday dinner. We appreciate your positive feedback as it gives motivation to our team. We are looking forward to the next one already!

### Happy Tuesday 9<sup>th</sup> July

All dinner dine-ins will be two for one. It will be a pub meal for this Happy Tuesday on 9<sup>th</sup> July. It will be a pub style pork belly, slaw, and chips. Yes, it's 2 for \$20. This is the perfect time to book a table with your friends, for a couple's date or just a street get-together.

### Bastille Day July 14<sup>th</sup> Sunday & 15<sup>th</sup> Monday

We will have a two-day French Cuisine Festival for Bastille Day! Our Chef Abdel, who cooks fantastic French food, will be starring French goodies: cheese croquettes, steak frites, pastries and more. Watch out for the flyer coming up!

### Frozen Meals & Alternative Meals

This week's frozen meals are Fish Pie, Beef Casserole and Corned Beef. There is no cut off on frozen meals as you can just pick it up at the café. If you would like your meals delivered, cut off time applies at 12pm.

### Café is closed on Public Holidays

Just a reminder, Café will be closed tomorrow on Friday 28<sup>th</sup> June. However, our kitchen will be doing dinner deliveries on that day. Same cut-off time applies at 12pm.

### Chef's Special for the month of July

For the whole month of July, Relish Café will take you on a tour of Italian Cuisine. We will be serving spaghetti Bolognese and meatballs. It is a rich and thick tomato Bolognese sauce, topped with meatballs and parmesan, drizzled with basil pesto, and served with garlic bread.



Noris and the café team

# 24<sup>th</sup> Village Birthday Celebration



## What's on this coming week and next



### Movie Group – Tuesday 2<sup>nd</sup> July – Fried Green Tomatoes

Fried green tomatoes are on the menu at the Whistle Stop Café. This is the setting for a tale of family, friendship, and intrigue in rural 1920's Alabama. Warning – Violence.

Starring – Kathy Bates and Jessica Taudy.

Our movies are carefully selected for your enjoyment. While we try to avoid reshewing any movie, we have shown in the last five years you might spot the occasional repeat. You can be confident any repeated movie is particularly good and well worth viewing again.

Peter Woolnough



### Friday Night Raffle – Friday 21<sup>st</sup> June

Thank you very much to Jocelyn and Ian for standing in for Warren and I while we were away. We sold four major raffles and one minor raffle this week. The dwelling draw was drawn by Robin Hood and the winner was Adele Carlisle. Congratulations

Adele.

The main raffles were drawn by visitor Michael Hood. The winners were: Margarete Bock, Ted Ranyard, Richard Jones, Rod Poultney, Monica Renwick, Barrie Flint, Dianne Turner, Priscilla Page, Chris FitzPatrick, Rosalie Hancy, Luella Jacobson, Viv Hood, Judy Jetten, Mary Gardner, Pam Glaum, Adele Carlisle, Bruce Benfell, Brenda Lee, Gareth Hancock, Brynley Goodger, Patrick Knell, Dave Brand and Ian Johnstone.

Congratulations to all of our winners.

Please note that although it is the Matariki public holiday on Friday, the bar will be open and the raffle will be run as usual.

Diane Brown, Raffle Convenor



### QUIZ NIGHT – Sunday 30 June

In a low-scoring night on Sunday 26 May the Mixed Nuts prevailed again, with 48 points out of a maximum of 70, despite being reduced to only four quizzers.

The Secret Squirrels were second with 43. The Iris Watches were third with 40 and The Palms earned the right to choose a topic next month with 34. The topics were **General Knowledge 1, ABC**, (answers beginning with A, B or C), **General Knowledge 3, Famous Airports, Arts & Literature** and **General Knowledge 2**.

The Palms immediately chose **Rabbits** as their topic for June.

Consequently, the June questions will be on: **General Knowledge 1, Fight or Flight, Rabbits, the Eighties, South America** and **General Knowledge 2**. The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzers with cash prizes for the winners. We will see you there!



### Bingo – Saturday 6<sup>th</sup> July

Our next Bingo night will be on Saturday 06 July at 7.00pm in the Lounge. Bring along your family and friends. Everyone is welcome.

## Residents' Notices

### Aqua Class - cancelled

The aqua class is cancelled tomorrow (Friday 28<sup>th</sup> June).  
Libby sends her apologies.

### From the Bar and Raffles

Please be aware that although tomorrow (Friday) is a public holiday and your hard-working teams in both the Bar and Raffles will be on duty, all ready to serve your favourite 'tipples' and your lucky numbers!!!

### Danske Mobler Visit

Danske Mobler Mt Eden Road, Three Kings have invited Fairview Village on 3<sup>rd</sup> July at 10.30am to visit their factory (show home) upholstery and cabinet making area and finishing up having morning tea.

Any person who would like to go please let Cherie know – there are two seats available on the Fairview Van. They can accommodate 20 to 25 people in total and we are arranging the Fairview Van and there is plenty of car parks on their premises for private vehicles to park.

For the men's shed personnel and others there are plenty of off cuts they can collect for whatever. They also advise that they have lots of upholstery fabric to view and items made in the factory to look at.

Please meet at the Lodge at 9.45am at the latest.  
Rod Poultney

### What a delightful surprise!

Thank you Clive, David, Gerald and other little 'Elves'. (Come and read my new sign!)



### Private Event – level 3 sunroom

Please note, there is a private event in the level 3 sunroom on Friday 28<sup>th</sup> June from 11am to 3pm.  
Thank you

### Gareth's Puzzle

Last week's puzzle asked " IF an FT gets you a GD, and being SD gets you SR what does being TD get you?" Well it's all to do with, for example, sports with the first and last letters First, GOLD etc so the answer is BE, BronzE.

This week's puzzle is what comes fourth and why?

Estonia 2011 , Latvia 2014 , Lithuania 2015 , ????? nnnn?



***Are you new  
to our village ?***

***or***

***Been here a while?***



***Ever thought of giving outdoor Bowls a go?***

***It is fun***

***It is Sociable***

***And it isn't difficult***

***Village bowls supplied***

***For a fun, 1 on 1 introduction to a game  
that you will likely fall in love with***

***give any of the following a ring.***

***Gordon Tasker      027 660 3412***

***Mark Jennins      021 952 412***

***Roy Keepin      021 460 913***

***Ron Crosby      027 371 5127***



SOCIAL COMMITTEE INVITATION

***FAIRVIEW WINTER CONCERT SERIES***

SUNDAY JUNE 30<sup>th</sup> AT 3.15 pm

**DREAMING OF OPERA**

**OLIVIA FORBES**



Barry and Jennifer Jones are rightly proud of their granddaughter, Olivia. Olivia was a member of the Kristin School's premiere choir, Euphony, for 5 years and toured Europe in 2019. She played the lead part of Flora in New Zealand Opera's production of the 'Turn of the Screw' by Benjamin Britten. Olivia has recently studied a postgraduate Honors degree in Classical Voice.

This talented young lady has a passion for Classical Music. She is looking forward to performing at Fairview and sharing the joys of classical music with her audience.

**The bar will be open at 4pm.**

**YOUR FAMILY AND FRIENDS WILL BE VERY WELCOME.**

## LAUGHTER LINES

A Little Bit of Trivia:

1. In May 1948 Mt Ruapehu and Mt Ngauruhoe, both in New Zealand, erupted simultaneously.
2. Certain sounds in the English language are responsible for spreading germs. These are particularly the sounds of, f, p, t, d, and s.
3. From fertilization to birth, a baby's weight increases 5,000 million times.
4. Almonds are members of the peach family.
5. In 1980 the *Yellow Pages* accidentally listed a funeral home under Frozen Foods.

-----  
Five year old Christopher went to a party in a brand new suit. When he came home, ragged holes had been cut into it with a pair of scissors. His mother gazed at him in consternation, "What did you do to your beautiful new suit?" she gasped. "We decided to play grocery store," explained Christopher, and I was a piece of Swiss cheese."

-----  
The proud young new father was accepting congratulations on the birth of a baby daughter, "It's a wonderful baby," he declared, "6.11 the doctor said." One friend looked a little surprised, "Isn't that rather tall for an infant?" he asked.

-----  
Bill and Bert, two Oz friends, were discussing Bert's trip after a long weekend holiday in Queensland. "Where did you stay in Brisbane, Bert?" "The Burke and Wills Hotel," replied Bert. "The Burke and Wills Hotel? That aint in Brisbane! That's in Toowoomba!" cried Bill. "Ah, hah," replied Bert, "No wonder it was such a long walk to the beach."

-----  
A great scientist had finished his lecture to a Wellington Ladies Club and the members were buzzing around him as he descended from the podium. "Professor," gushed one lady. "We've been hearing a lot about these new lie detectors. Have you ever seen one in action?" "Seen one!" snapped the Professor, "I married one!"

-----  
Two young boy scouts were camping out in the bush and were hiding under the blankets to ward off the hordes of mosquitoes. One of the kids saw a half a dozen glow-worms flitting around and said to his mate, "We might as well give up Tony; those mosquitoes are now searching for us with torches."

-----  
Lovers Wit:

1. If we did get a divorce, the only way my husband would find out about it is if they announced it on *Wide World of Sports*. *Joyce Brothers*.
2. I don't want to say my girlfriend was fast and loose, but I think the term used now is *user friendly*. *Emo Philips*
3. At what age are men most attractive to women? Four years old. *Billy Vaughan*.
4. My divorce came as a complete surprise to me. That will happen when you haven't been home in eighteen years. *Lee Travino*.
5. I still miss my ex-husband, but my aim is improving. *Roseanne Barr*

-----  
Daffynitions: **YOKEL**, egg-like. **VOGUE**, a vuffian. **TROTH**, a feeding vessel for animals. **SUPER TONIC**, a jolly good swig of the medicine, **SHAMROCK**, a counterfeit diamond. **SCURF**, waves on the shore. **REDUCE**, a further levelling of the scores in tennis. **REPTILE**, a tile with a ribbed surface. **QUENCH**, a young woman. **ETHERISE**, a glassy stare. **ERRATIC**, like a rat.

-----  
And finally: If you can't get a Lawyer who knows the law, get one who knows the judge.

-----  
From the joke books of A. Nonny Muss

***GOTTA SING* Invites You To**



**Celebrating some of the most unforgettable  
ROCK 'N' ROLL & SOUL classic  
hits of all time!**



**Fairview Lifestyle Village  
Sunday, July 14th — 3.15pm**

## **Strength and Balance**

Monday 01 July - 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Beautician**

Wednesday 03 July.

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

## **Restorative Yoga with Joy – Stretch Strengthen Revitalise**

Thursday 04 July - 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

## **Aqua Class with Libby**

Friday 05 July – 9.15am – Level 2 Swimming Pool

\$5.00 per class

***Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.***

## **Doctor**

Thursday 11 July – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room

Please contact reception if you would like an appointment to see Dr Paul Hunter

## **Podiatrist**

Thursday 11 July – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames

# WEEKLY SCHEDULE

01 July to 07 July 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 01 July</b>	Hair Salon with Kim	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 02 July</b>	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Movie Group	7.15pm	<b>Fried Green Tomatoes</b>
<b>Wed 03 July</b>	Hair Salon with Kim	9.00am – 11.40am	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Dance Practice	9.30am	2 <sup>nd</sup> Floor Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 04 July</b>	Hair Salon with Kim	9.00am – 11.40am	3 <sup>rd</sup> Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 05 July</b>	Hair Salon with Kim	9.00 – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 06 July</b>	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
	Bingo	7.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sun 07 July</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm start



*Relish Café*  
By Chef Noris & Team

# Dinner Menu

## 1<sup>st</sup> July to 7<sup>th</sup> July

Bookings by **12pm**  
(Please phone 09 477 3957)  
Small meal \$18.00 – Large meal \$20.00  
\$2.00 delivery fee applies per Villa

### Monday / Beef

**GF** Corned beef, mustard sauce, broccoli & cauliflower,  
potato and kumara mash

### Tuesday / Lamb

**GF** Jamie Oliver's inspired North Indian lamb curry,  
steamed vegetables and aromatic rice and roti

### Wednesday / Choice of meat

**GF** Lamb Shank, jus and gravy  
Or Cajun Chicken Roast  
Both served with green beans, glazed carrots, mashed potatoes

### Thursday / Chicken

**GF** Piccata lemon quarter leg roast chicken,  
brussel sprouts, peas, herb roasted potatoes

### Friday / Choice of fish

Beer-battered fish with tartare sauce, slaw and fries  
Or Baked Salmon with hollandaise sauce, steamed vegetables and mashed potatoes  
(large only)

### Saturday / Pork

**GF** Bourbon baby back ribs, steamed vegetable and mashed potatoes

### Sunday Roast / Beef

**GF** Slow roasted beef bolar, jus and gravy, buttered corn and peas,  
roasted kumara and potatoes, Yorkshire pudding

### Alternative TAKEAWAY Dinner Menu – in foil tin

Fish Pie, Beef Casserole, Corned Beef