

The Village News



Reception Phone:477 3900 Nurses 24 hours:021 861 706

02 September to 08 September 2024 No. 337

From the CEO's desk

I have been away at Conference this last week (with some great takeouts for the industry) and returning to work tomorrow. In my absence I would like to acknowledge the front-line team (Cherie, Nicki and Robyn) for holding the fort in my absence.

Marika's return to work is a week away and we all look forward to her return.

Our lovely Cait will be working her last day on Friday next week, so I would like to invite all residents to Happy Hour on Friday 6th September (**complimentary drinks of course**) and to bid her a farewell in true Fairview Style and to wish her all the very best for her next journey in life.

A few reminders:

The next inorganic rubbish collection will be taking place between 21st October and 25th October 2024.

The Annual General Meeting will be held Tuesday 24th September at 10.30 am so please save the date.

Upcoming events – Refer to the flyers in this newsletter

- Friday 30th August - Daffodil Donut Day fundraising
- Sunday 1st September 12pm - Father's Day Lunch
- Wednesday 11th September - Flower Power Spring Dinner and Dance
- Tuesday 17th September – Happy Tuesday 2 for 1 Dinner

Terry



Health and Wellbeing Corner

Dear Residents,

It's great to hear that so many of you are truly living life and enjoying your retirement years. I'm aware over the next few months many of you are travelling away local, within New Zealand and further abroad overseas, this is so exciting as I am a true travel junky craving my next trip overseas. So a few little words.....

Traveling in Retirement: A Light-Hearted Ode

In retirement, we roam far and wide,
With maps and plans, we're full of pride.
We pack our bags, set out for fun,
Chasing sunsets, basking in the sun.

We've earned this time, this life of leisure,
Exploring the world at our own measure.
From beaches bright to mountains tall,
We've set our sights on seeing it all.

But as we wander, near or far,
Let's not forget to mind the bar:
Of meds and docs, and health we trust,
Keeping them up to date is a must.

So before you go, let's not be late,
Check those pills—get them up to date!
And don't forget, when you're ready to flee,
Tell Nurse Maria your travel spree.

Safe travels, dear friends, wherever you roam,
May each journey bring you safely back home!

May I ask that you inform Cherie and Nurse Maria of your dates away, so that we are not concerned when we don't see you about the village, and we don't want to ring to check on you when its early hours of the morning overseas.

If you take medication make ensure you contact your GP well in advance to take enough medication away with you for your travels, always keep your medication in the original packaging as you travel through customs overseas.

This would be much appreciated by the nursing team.

Upcoming events:

- *Next presentation: Friday 6 September Spec Savers – Albany*

Wishing you all a week filled with peace, happiness, and good health!

Maria and the nursing team.



From the Chef's Oven

Did you know?

- Vegetarian options are always available on request. Some of the options are mushrooms on toast, vegan breakfast and vegetarian club sandwiches.
- Every Wednesday there is a drop off container for your used oil. Just simply hand it over to one of our kitchen staff. We won't accept any kitchen condiments except for used oil only.
- Some of our food cabinet is HALF PRICE after 2pm including soup and in the chilled cabinet all sandwiches and salads are half price.
- We have our own RELISH CAFÉ LOYALTY CARD! Stamp all 9 coffees and the 10th coffee is on us. Simply ask one of our team and every time you order coffee, we will stamp it for you.

Frozen Meals / Alternative Dinners

This week's frozen meals are roast lamb, pork ribs, fish pie, braised sirloin and lamb shanks. There is no cut off time to pick up our frozen meals for dinner, as you can just come to collect from the Café. If you would like it heated and delivered, cut off applies at 12pm.

Condiments, Coffee and Tea Station

We have moved the condiments and cutlery close to the coffee and tea area. This allows a better flow as, at times, we have long queues at the till and it blocks access to the condiments area.

Ladies' Club Morning Tea

Thank you, ladies of Fairview, for coming to our Ladies Club morning tea. We served scones with jam and cream, breakfast canapes and barista coffee of your choice for \$10. See you again next month.



Chef's Special for the month of September

Quesadilla chicken and mushrooms. This month we will take you to Mexico and will be serving the famous quesadilla. It's a grilled chicken and mushroom filled tortilla wrap with melted cheese. Served on a bed of garden salad, drizzled with BBQ sauce and aioli, topped with sour cream and mashed avocado.



Private Functions/Party Bookings

We cater for all kinds of occasions, whether a small booking, takeaway platters, birthday party, anniversary or even just a simple catch up and get together with friends and families. Please let us know your requirements and we will sort everything for you. One of our residents recently celebrated her birthday in the lounge with a high tea.



Upcoming Events: please save the dates

Daffodil Day Coffee and Donut Combo - Friday 30th August

Grab a delicious homemade donut and a small hot drink combo for \$8. \$1 of the sale proceeds will go to the Cancer Society.

Lunch with Dad for Father's Day - Sunday 1st September 12pm

We have a two-course meal for only \$25. Fairview Dads and Grandads will receive a complimentary beer or wine voucher when they book their lunch. . The bar will be open from 12.00 noon to 2.00pm. Our standard café menu will be open from 8.00am to 11.30am only as we will be serving our two-course meal at 12pm. Barista coffee will be available all day.

Spring Dance Menu - Wednesday 11th September at 6pm

Please see the menu at the end of this newsletter. It is a three-course meal at \$35. Bookings and payment at reception.

Gentlemen's Club Breakfast – Friday 13th September at 10am

We will serve homemade pancakes (2 pcs) with streaky bacon and banana served with seasonal fruits and maple syrup for only \$12.00. Payment and bookings at the Café.

Happy Tuesday – 2 for 1 deal – Tuesday 17th September

Be quick, as we have taken 70 bookings and will be taking a maximum of 80 seats dine-in. Because this is not an organised function, we are arranging a maximum of 10 tables with up to 8 people per table. Bookings and payment at the Café.

Noris and Relish team



Gardening Update

Kia Ora,

Just a small update from our department today. We have been crazy busy the last two weeks with our lawn renovations. As you can probably tell from some of the lawns our spray is working wonders at killing off our broadleaf weeds and moss. We are looking to re seed and patch these areas in the coming weeks then aiming to fertilize before the summer heat in November.

Connor and I have been pruning our way round the village cutting back our hydrangeas and roses, taking our Tibouchina's right back to solid stems. Wesley and Matt are all systems go trimming and tidying villas before the spring growth blooms in the months to come.

Thank you to everyone who has come to see me this past week to catch up and wish me well for my new adventure and job over in Perth, don't worry you still have one more week left with me here! I would like to say a very big congratulations to Wesley who will be taking over my position as Head Gardener here at Fairview. Over the past week I have been passing on all the info and details regarding villas and maintenance schedules to Wesley. We have made plans going forward to continue our organized work. If we have spoken about mulch, plants, Villa refurbishments, lawn renovations please don't worry as these plans are logged in the system and will still be completed by the team in the coming months.

Happy Gardening.

Cait and The Boys

What's on this coming week and next



Movie Group – Tuesday 03 September – The Bridges of Madison County

Superb and moving performances by Meryl Streep and Clint Eastwood. Be warned, this intense love story is a tearjerker!

Stars Meryl Streep and Clint Eastwood.

You are very welcome to join our Movie Group each week. Take a comfortable chair and enjoy good entertainment on a big screen with awesome sound. Don't miss the musical concert movie at the end of each month. Peter Woolnough



Friday Night Raffle –

This week we sold four main raffles.

The dwelling draw was drawn by Ledlie Nevill and the winner was Jean Elliott. Congratulations Jean.

The main raffles were drawn by Bruce Benfell. The winners were:

Jean Elliott, David Ellis, Graeme Pullar, Rosalie Hancy, Chris FitzPatrick, Barrie Flint, Margo Sturmey, Pam Glaum, Richard Jacobson, Brynley Goodger, Vince Sturmey, Dianne Turner, Mary Gardner, Lois Hadfield, Earl Troughton, Priscilla Page, Monica Renwick, Diane Brown (No 1), Luella Jacobson and Monica Renwick.

Could we *please* ask that you do not present \$50 notes for purchasing raffles. It is simply not practical to carry sufficient change to cash them. Please also could you all wear your name badges; particularly the new residents. We look forward to seeing you all again this Friday.

Diane Brown
Raffle Convenor



Bingo – Saturday 7th September

Our next bingo night will be on Saturday 7th September at 7.00pm in the main lounge. Bring along your family and friends. Everyone is welcome.



Garden Club – Trading Table in October

The Trading Table will be held in October this year. If you are able to pot up some cuttings or any other plants or items, it would be appreciated as this is our only source of finance to keep the club running.

Regards, Anne Pike

Residents' Notices

Forest of Harps Concert

We regret that the Forest of Harps concert in December will not take place due to insufficient numbers willing to attend.

Found

Ladies grey Kathmandu jacket size 18 found in the level 2 lounge. Please see reception if this is yours.

Gareth's Puzzle

Last week's puzzles were

1. Which option completes this animal list: Antelope, Newt, Iguana, Mole, Alligator, ??????
2. Complete this sequence of letters: B, F, J, P ?

And the answers are:

1. Lizard, or any animal whose name starts with L as the first letters of the animals spell ANIMAL.
2. V as all the consonants directly follow a vowel.

This week's puzzles:

1. What links these 4 expressions? A group with a common purpose , Self referential , Domesticate a wild beast , A carnivore's meal.
2. Counting from 1, what is the first even number that has three syllables?
Bon chance

Garden Club



**A trip has been arranged to have lunch at the “White Flower Café” in Browns Bay.
Followed by a visit to the abovementioned spring show at Torbay.**

**It is always a beautiful display of a great variety of flowers.
There are toilets available adjacent to the Torbay hall near the entrance.**

If you would like a seat on the bus, leaving at 11.30am, phone Anne Pike 475 6741.

LAUGHTER LINES

More Mixes Metaphors from Sir Joh Bjelke-Petersen:

1. It will only take 10 minutes if you walk as the crow flies.
2. When he finds out what you've done the sparks will hit the fan.
3. Everything goes hand and foot together.
4. Don't kiss a gift horse in the mouth.
5. Some are in the fast lane while most of us are peddling along on our skate boards.

Two young WRAC typists at the Ministry of Defence were discussing the handsome young Captain for whom they both worked. "He's very good looking," said one. "Yes – and have you seen him out of uniform?" said the other. "You bet," said the first girl with a smile. "No, you don't understand," said her friend. "What I mean is- he dresses so well." "Yes, and quickly too," replied the other.

"What did your Auntie Gertie buy us for a wedding present?" asked George of his wife when they had returned from their honeymoon and were settling into their new home together. "A tea service in potato pattern," she replied. "Potato pattern?" he queried. "Yes, the plates are chipped," she said.

After having lunch at the vicarage, the local doctor took a stroll in the churchyard nearby. One of the other lunch guests enquired where he had gone. "Oh, he has just popped out," twinkled the vicar, "to visit some of his old patients."

The tourist was booking into an Irish pub when he was asked if he wanted a room with a bath or a shower. Thinking of his budget he replied, "What's the difference?" "You stand up in the shower," replied the landlord.

The waiter brought the cheque and the diner studied it, then, sorted through his money. "By golly," he said, "damned if I've got the exact amount, but I'm afraid I haven't got enough for a tip." "Let me add that bill up again, sir," said the waiter.

A man rushed into a chemist and demanded a quick cure for a case of hiccups. The chemist promptly picked up a bottle and cracked it over the man's head. Down he went with a groan. "What did you do that for?" he moaned. The chemist smiled proudly, "You haven't got you're hiccups any more, have you?" he gloated. 'It wasn't for me," gasped the man. "I needed them for my wife, she's sitting out in the car."

Some Daffynitions:

ABILITY, what you need if the boss doesn't have a daughter. **ABSENTEE**, a missing golf accessory. **ACME**, facial pimples. **AUTOBIOGRAPHY**, the cars logbook. **BARBARIAN**, the bloke who cuts your hair. **DETEST**, England playing India. **FETE**, a boring picnic worse than death. **GLUTTON**, the bloke who takes the last piece of cake. **MATURITY**, for those who have decided to grow old. **TACT**, the ability to describe others as they se themselves.

Murphy's Law:

1. When the item of clothing says "One size fits all," – it won't.
2. Every time you make ends meet, someone moves the ends.
3. A clean shirt attracts the soup of the day.
4. If your project doesn't work, look for the part you thought wasn't important.
5. Interchangeable parts rarely do.

And finally: When you don't succeed after trying again, read the instructions carefully.

From the joke books of A. Nonny Muss



Friday 30th August
Cancer Society
Daffodil Day

Come and grab a delicious
homemade donut
and a small hot drink in our Relish
Cafe to raise money for the cause!

**\$8 including a small hot drink
and homemade donut**

**\$1 of the sale proceeds
will go to the Cancer Society,**



Father's day

LUNCH WITH DAD & JOIN US FOR A SUNDAY ROAST

Sunday 1st September 2024

Serving all tables at 12pm

2-course meal - \$25/person

TRADITIONAL BEEF ROAST

Served with peas & glazed carrots,
roasted pumpkin & kumara,
Yorkshire pudding

DESSERT

Warm apple tart
caramel glaze & custard sauce

Book & pay at Reception by 29 Aug 1pm

Complimentary Heineken to all Dads





FLOWER POWER!!!

Spring Dinner & Dance

Wednesday 11th Sept 6pm

Canape

Pickled cucumber &
beetroot hummus on garlic bread

Choice of Mains

Smoky barbecue chicken skewers
or
Lamb Koftas & cucumber
yoghurt dressing

Both served with

Baked scalloped potatoes
Mediterranean quinoa & vegetables
green salad

Dessert

Blueberry cheesecake served with
pistachio dust & berry coulis

\$35/person

**Book & pay at Reception before
Monday 9th Sept 12pm**



HAPPY TUESDAY
Dé Máirt shona duit

2 FOR 1
DINNER DEAL

Tuesday 17 September
Dine in only

**Let us take you to Ireland
this time!**

Irish and Guinness Beef Stew
Parsley mashed potatoes
Peas & carrots

\$5 option pre-booked dessert
Irish apple crumble cake \$5

**Book and pay at Relish Cafe by
Monday 9th Sept 12pm**



Strength and Balance

Monday 02 September - 10.30am – 2nd Floor Lounge
Please remember to bring your water bottles.
It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.
If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 04 September.
Natalie is at the Village every Wednesday from 9.45am – 4.00pm.
She works from the Doctor's Room on the 3rd floor.
Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 05 September - 1.30pm – 2nd Floor Lounge
Monthly prepaid fee of \$20.00
We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 06 September – 9.15am – Level 2 Swimming Pool
\$5.00 per class

Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.

Doctor

Thursday 05 September – 2.00pm to 3.45pm – 3rd Floor Doctors Room
Please contact reception if you would like an appointment to see Dr Paul Hunter

Podiatrist

Thursday 05 September – 9.00am to 12.00 noon – 3rd Floor Doctors Room
Please contact reception if you would like an appointment to see Paul Hames

WEEKLY SCHEDULE

02 September to 08 September 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 02 Sept	Hair Salon with Kim CLOSED	9.30am	3 rd Floor Salon with Kim
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 03 Sept	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	The Bridges of Madison County
Wed 04 Sept	Hair Salon with Margaret	9.00am – 1.00pm	3 rd Floor Salon with Margaret
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance Practice (POSTPONED)	9.30am	2nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 05 Sept	Hair Salon with Margaret	9.00am – 1.00pm	3 rd Floor Salon with Margaret
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 06 Sept	Hair Salon with Lisa	11.30am to 3.00pm	3 rd Floor Salon with Lisa
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 07 Sept	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
	Bingo	7.00pm	3 rd Floor Main Lounge
Sun 08 Sept	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start
	Private Function	3.00pm to 6.00pm	3 rd Floor (back of main lounge)



Relish Café
By Chef Noris & Team

Dinner Menu

02 Sept to 08 Sept

Bookings by **12.00 noon**

(Please phone 09 477 3957)

Small Meal \$18.00 – Large Meal \$20.00

\$2.00 Delivery Fee applies per Villa

Monday / Beef

GF tender beef slices in homemade teriyaki sauce with toasted sesame seeds and garlic chips,
Asian style stir-fry vegetables served with egg fried rice

Tuesday / Pork

Pub-style twice cooked braised and BBQ pork belly
Apple and cabbage slaw, homemade seasoned wedges and dips
(chipotle mayonnaise)

Wednesday Roast / Choice of meat

GF beef roast cooked in French mirepoix and red wine sauce, serve with its own jus & gravy
or chicken roast with gravy
Both served with parsley kumara and potato mash, green beans and maple carrots

Thursday /Chicken

GF chicken roast Moroccan style roast, gravy,
Grilled balsamic mushroom buttons and salt and pepper sauteed savoy cabbage,
buttery and chives mashed potato

Friday / Choice of Fish

Market beer-battered fish with tartare sauce, slaw and fries
Or baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes (large only)

Saturday / Chicken

GF smoky grilled and baked chicken breast cooked in white wine
and mushroom sauce, penne pasta tossed in our homemade basil pesto
served with garlic ciabatta bread

Sunday Roast / Lamb

GF rolled lamb leg roast slowly cooked in red wine sauce, jus & gravy, peas & corn,
roasted pumpkin, kumara and potato

Alternative TAKEAWAY Dinner Menu – in foil tin:

Roast Lamb, Pork Ribs, Fish Pie, Braised Sirloin and Lamb Shanks.