

# The Village News

## From the Manager's desk

### Lodge and Apartments Internet Outage Tonight - **CANCELLED**

Our IT contractor Lexel was able to carry out work on our village network remotely so the internet outage in the Lodge scheduled for tonight has been cancelled. We apologise for the inconvenience.



### Disruptions with St John Ambulance – Friday 27<sup>th</sup> & Monday 30<sup>th</sup> September

On Friday 27<sup>th</sup> and Monday 30<sup>th</sup> September, St John Ambulance staff will be withdrawing labour for the first six hours from the commencement of shifts. This will result in disruptions to emergency ambulance services. We have been advised that the unions have agreed to still provide Life Preserving Services (LPS), so if you need to call an ambulance for this reason, please make sure that you specify it. We would recommend that you advise your family as well, so that if you do need transport to hospital for non LPS reasons, they can support you with this.



### Prostate Cancer Fundraising - Friday 27<sup>th</sup> September

Join us tomorrow Friday 27<sup>th</sup> September in the Café! Choose between a donut & a small hot drink for \$8, or sausages & mash for \$12. We will give \$1 from either those options to the Prostate Cancer Society.

A resident has generously offered to raffle an art picture with the proceeds going to the Prostate Cancer Society. Raffle tickets will be available at Reception from today, please bring cash. \$3.00 for 1 ticket or \$5.00 for 2. The draw will be on Monday 30<sup>th</sup> September at 12pm.



### Annual General Meeting – Tuesday 24<sup>th</sup> September

Thank you to all the residents that attended the AGM and who raised questions and gave us feedback as part of General Business. As soon as the minutes are completed, we will let you know and place a copy in the AGM minutes folder in the library for those that are interested.

One question that was not raised at Fairview but was raised at the Settlers' AGM, is the matter of an update on the EVs policy review. Our response to that question from a resident at Settlers is as follows:

*Following the EV presentation at each of the villages, the biggest takeout for us was around the differing opinions on EVs and Hybrids, how safe they are or are not, both stationary parking and during charging cycles, and the amount of false and true information that is out there. We decided that we needed to find a source of true information, statistics and advice specifically pertaining to New Zealand. We engaged with an Expert Consultant by the name of Michael Belsham from Belsham Fire. Michael has been retained at the Fire Conference in Wellington this October, specifically around EV Safety. We are in the process of reviewing the advice that we have received from Michael Belsham, who has also presented to the Board, and we hope that we are about 6 weeks away from finalising our policy for Board Approval.*

## **Staff of the month – September 2024**

Congratulations to our Head Chef Noris for being our Employee of the Month this time. Noris often gets compliments from our residents, their families and our team. He goes above and beyond to create new dishes and accommodate all sorts of requests from Fairview Village and Fairview Care. Since his arrival at Fairview, our Kitchen department is well managed on all fronts. He loves to be creative and is always enthusiastic to offer a special menu for any event! Thank you for all your hard work Noris and your positive energy!



### **Staff update**

We are happy to inform you that another gardener will be joining our team shortly. Seamus will start on Monday 7<sup>th</sup> October, at the same time as Matthew. Seamus worked at Fairview for a few months in 2023. He will be working at the Village on a fixed term contract, until the end of January 2025. Seamus' arrival at Fairview will bring our gardening team to 5 staff.

## **Inorganic rubbish collection – Save the date**

The next inorganic rubbish collection will be taking place between Monday 21<sup>st</sup> October and Friday 25<sup>th</sup> October 2024. Closer to the time, we will confirm the exact date when you can start bringing your rubbish to the back of the Village.

## **Upcoming events**

- Café fundraising deals for the Prostate Cancer Foundation - Friday 27<sup>th</sup> Sept (refer to flyer)
- AOK Clothing Sale in the Lodge – Wednesday 2<sup>nd</sup> October 10am-2pm (refer to flyer)
- Audika Audiology Presentation – Friday 4<sup>th</sup> October 10.30am (refer to flyer)
- Grandparents Special Lunch - Sunday 6<sup>th</sup> October 12pm (refer to flyer)

Have a lovely weekend everyone! Marika

*All of Mia's favourite in one photo:  
Face painting, unicorn, ice cream and pink!*





## **Health and Wellbeing Corner**

Afternoon to all.

Please be aware that St John Ambulance service will be on strike on these two follow days 27 September & 30 September. Essential life emergency calls will still be responded to.

For all other non-life threatening events please try and call on family or friends to assist on the above dates.

### **Mental Health awareness week 23-29 September**

Here are simple things we can all do to help contribute to our own Mental Health and that of others. We can all try to do one simple action every day next week as listed below. It doesn't cost anything but there may be a lot to gain or may just make a big difference in someone's life. We quite often don't know when others are experiencing Mental Health issues, as many still feel ashamed to talk about this, however, in today's society it is encouraged to say "I'm not coping" and reach out for a friendly hug and advice, that includes Men too. IT'S OK TO TALK TO SOMEONE ELSE.

- Monday (Kindness) - It's being selfless, caring, compassionate, and unconditionally kind. Like love, it takes practice to understand and feel it. We share love with others through kind acts such as a smile, a nice word, an unexpected deed, or a planned surprise.
- Tuesday (Altruism) - Altruism is the opposite of selfishness; it involves doing things for others without expecting a reward. Helping others, especially those less fortunate than yourself, can help put things into perspective and make you feel more positive. There is some evidence that being aware of your own acts of kindness and the things you are grateful for can increase feelings of happiness, optimism, and satisfaction.
- Wednesday (Connection) - People who have high levels of social connection also have higher self-esteem, are more empathic to others, more trusting and cooperative. It's that comforting feeling you get when you know someone's there for you, truly listening, and being willing to understand your emotions. Being emotionally connected to a person is about being there for each other through the good times and the hard times.
- Thursday (Relationships) - What is friendship in one word? friendliness, affection, harmony, goodwill, and in a marriage/partnership, it may be defied as having that special person to confide in. A developed trust of honest/ communication/trust and loyalty.
- Friday (Gratitude) - We develop gratitude by becoming more aware of the extent to which we give and receive daily. Sometimes I feel people take things for granted and we often just expect things to be a certain way. It should always be a part of our daily appreciation in our lives that we have a place to live, food, clean water, friends, family and to be loved. If we lost that, that's when some people only realize how good their lives actually are. It doesn't take much to say thank you at the end of the day before we sleep, as we don't know what the next day ahead will bring. It's important to tell the people you love that you love them, friends and family, it does mean a lot.

### **Upcoming event:**

➤ Next presentation: Friday 4th October Audika Audiology 10.30am (refer o the flyer)

Maria and the nursing team





## From the Chef's Oven

### Did you know?

1. There is a dish trolley near the kitchen door to return dirty crockery after dining in.
2. We are missing crockery dishes, especially oval dish (lasagna), ramekins (apple crumble), dinner plates and more. If you could please return the next day, it is appreciated.
3. We have a variety of dressings and sauces you can choose from: Caesar dressing, French Vinaigrette, mayonnaise, aioli dressing, BBQ sauce, chipotle and more.
4. We sell milk, fruits and bread.
5. There is always vegetarian dishes available: mushrooms on toast, vegan breakfast and vegetarian club sandwich.
6. You can choose iceberg lettuce or baby spinach instead of our standard side garden salad.
7. We have different kinds of bread you can choose from: ciabatta, brioche bun, multi grain, rye bread, white bread and gluten free bread.
8. We have our own RELISH CAFÉ LOYALTY CARD - Stamp all 9 coffee and the 10<sup>th</sup> coffee is on us.

### Meet our Staff

Meet Usha, who normally works on the Care food section, assisting our Care Chef. Together, they provide all meals and snacks to our Care Residents. When not in the Kitchen, you will find her busy picking edible flowers and herbs that we then use in our Café. Our gardening team has started our own herb garden, thank you to Wesley and the team.



### New Spring & Summer Menu items

Check out our additional new dishes on our Spring/Summer menu which will be launching on 1<sup>st</sup> October. We will have smash avo & eggs, grilled haloumi bruschetta, and Moroccan C.A.B. salad.



### Alternative dinners & frozen meals

This week, we have roast lamb, fish pie, braised sirloin and pork belly. You can pick up any time from the Café or if you require your meal heated and delivered, then the same dinner cut off applies of 12pm.

### Ladies Group Afternoon Tea

Thank you all for your wonderful feedback on our special afternoon tea. We served club sandwiches two ways (salmon with dill & pickles and chutney) and scones with jam and cream.



### **Donut Friday**

Thank you for your wonderful feedback on our homemade donuts by our talented baker Celeste. It's only \$4 each or 3 for \$10. Better be quick! First come, first served.

### **Chef's special for the month of October**

Grilled Chicken Open Sandwich – Grilled aromatic chicken slices with chipotle mayonnaise, sitting on a bed of garden salad and buttered ciabatta bread topped with dukkha and aioli dressing. Enjoy!

### **Upcoming Events**

#### **Friday 27 September / Prostate Cancer fundraising event**

We will serve a donut and coffee for \$8, as well as a special lunch bangers & mash for \$12. No bookings required, no seating arrangement. \$1 of every serving will go to charity.

#### **Sunday 6 October / Grand Parents' Day Special Lunch**

We will have a two-course meal, with a choice for mains, including a dessert for only \$25. On this day, kids will be eating for only \$7 with a complimentary ice cream. Bookings and payment at reception.

#### **Friday 11 October / Gentlemen's club**

Due to popular request, we will be serving bacon and egg on toast for breakfast to Fairview's gentlemen. It will be a poached egg by default but if you prefer fried or scrambled egg, please let us know.

#### **Tuesday 15 October / Happy Tuesday**

Save this date as the last 2 for 1 dinner deals were sold out in 1 week. Payments and bookings at the Café. Our next stop will be Japan and we will be serving a chicken katsu with teriyaki sauce, stir-fry vegetables and steamed rice.

#### **Tuesday 22 October / Ladies Group afternoon tea**

We will serve a different sweet and savoury treat, plus your favourite barista coffee for \$10. Please book and pay at the Café.

#### **Thursday 31 October / Halloween Special Lunch**

We will be having a special Halloween menu, no booking required, no seating arrangement. Menu to come.

Noris and the Relish team



## What's on this Coming Week and Next



### Movie Group – Tuesday 01 October – Me Before You

Charming story of a girl in a Welsh village who forms an unlikely bond with a recently paralyzed man she is taking care of. Stars – Emilia Clarke and Sam Claflin.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound it's like going to the cinema for free!

Peter Woolnough



### Friday Night Raffle

This week we sold three main raffles and one minor raffle. Thank you everyone for your support

The dwelling draw was drawn by Judy Jetten. The winner was Lois Hadfield. Congratulations Lois. The main raffles were drawn by visitor Zane Sturmeay. The winners were:

Lois Hadfield, Clark Robbie, Margot Sturmeay, Bruce Draper, Gareth Hancock, Pam Glaum, Bruce Benfell, Evelyn Ross, Dave Brand, Zane Sturmeay, Richard Jones, Judy Jetten, Brynley Goodger, Trish Maunsell, Diane Brown (No. 2), Chris FitzPatrick, Clive Sandham, Dulcie Kortegast, Richard Jacobson and Barbara Dines.

We look forward to seeing you all again this Friday.

Diane Brown, Raffle Convenor



### Fairview Fellowship

Next Meeting Monday 30<sup>th</sup> September 3pm in the 3<sup>rd</sup> Floor Sunroom

We are an interdenominational group of Christians meeting to share the friendship of our common faith and hear from an invited speaker.

Enquiries to Bronwen Charlesworth - 09 478 0513 or 021 920 000



### QUIZ NIGHT – Sunday 29 September 2024

The Mixed Nuts chose **Time** as their choice for September.

Consequently, the September questions will be on: **General Knowledge 1, Green, Time, Famous Roads, Also Known as** and **General Knowledge 2**. The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzers with cash prizes for the winners.

We will see you there!



## Residents' Notices



### ALL BLACKS vs WALLABIES SECOND TEST SATURDAY 28<sup>th</sup> SEPTEMBER

Come and watch the match live in the 3<sup>rd</sup> floor lounge on the big TV screen. Kick off time 7-05pm.  
Barry Jones

### Dance Practice

The Wednesday dance practice will resume on the first Wednesday in October.  
Cheers Pat

### For Sale

Electric scooter in good condition - \$700.  
Phone Ailsa on 473 5823.



### For Sale

Tabletop Jigsaw Puzzle Boards

1. Slip proof cover with 4 drawers 850 x 615 \$50.00
2. Adjustable board 870 x 610 \$50.00

Text Tricia on 0221 524 091





## FAIRVIEW VILLAGE LIBRARY LATEST BOOKS AUGUST 2024

### NEW BOOKS

**The Honeyeater by Jessie Tu** - 'A fascinating and intense debut that challenges systemic racism and misogyny in the progressive artistic world...confronting, brilliant and original, Jessie Tu is an incredible new voice in Australian literature.'

**The Collector by Daniel Silva** - Legendary art restorer and spy Gabriel Allon joins forces with a brilliant and beautiful master-thief to track down the world's most valuable missing painting but soon finds himself in a desperate race to prevent an unthinkable conflict between Russia and the West.

**The Briar Club by Kate Quinn**- A haunting and powerful story of female friendships and secrets in a Washington, D.C. boardinghouse during the McCarthy era. When a shocking act of violence tears apart the house, the Briar Club women must decide once and for all: Who is the true enemy in their midst?

**The Glassmaker by Tracy Chevalier** - A rich, transporting story that follows a family of glassmakers from the height of Renaissance-era Italy to present day. A mesmerizing portrait of a woman, a family, and a city that are as everlasting as their glass.

**Trespasses by Louise Kennedy** - Set in Northern Ireland during the Troubles, a shattering novel about a young woman caught between allegiance to community and a dangerous passion. As tender as it is unflinching, *Trespasses* is a heart-pounding, heart-rending drama of thwarted love and irreconcilable loyalties, in a place what you come from seems to count more than what you do, or whom you cherish.

**Our Holiday** - A gripping, twisty new thriller. Charlotte and Perry have owned their cliff-top holiday home in Pine Ridge for years. They've worked hard for it – why shouldn't they enjoy it? Even if the locals can't afford to live in the village these days...but the locals resent the second-home owners and cause chaos - breaking up marriages and exposing crimes!

### DONATED

**Evolving by Judy Bailey** - Age is no picnic but we shouldn't feel afraid of a path so many have walked before us. Uplifting, kind and knowledgeable, *Evolving* is an inspiring guide to ageing well and a reminder that life is something to be relished.

**Warrior King by Wilbur Smith** - South Africa, 1820. When Ann Waite discovers a shipwreck in Algoa Bay she is stunned to find survivors: a scarred sailor and a little boy. As the man walks away into the distance alone, Ann is left to raise the young child, Harry, in place of the baby she tragically lost at sea. Ralph Courtney having escaped from Robben Island to seek his fortune in Nativity Bay where Ann and Harry are living, finds that this place borders a mighty kingdom where the warrior king Shaka rules!

**Librarians of Rue de Picarde by Janet Skeslien Charles** - 1918: As the Great War rages, Jessie Carson takes a leave of absence from the New York Public Library to work for the American Committee for Devastated France, a group of women determined to rebuild devastated French communities just miles from the front. Upon arrival, Jessie strives to establish something that the French have never seen - children's libraries. She turns ambulances into bookmobiles and trains the first French female librarians. Then she disappears. 1987: When NYPL librarian and aspiring writer Wendy Peterson stumbles across a passing reference to Jessie Carson in the archives, she becomes consumed with learning her fate.

## LAUGHTER LINES

A miser called his doctor, lawyer and minister to his deathbed. "When I die I want I want to take my money with me," said the miser. "So I'm going to ask each of you to take one of these envelopes, each containing \$15,000 in cash, and throw them into the grave at my funeral." The men did as they were told, but later the minister confessed that he had kept \$5,000 for the church and thrown in the rest. "I'm building a new surgery," admitted the doctor, "so I kept \$10,000 and only threw in \$5,000." "I'm ashamed of you both," scolded the lawyer. "I threw in a cheque for the full amount."

-----  
"If I park on these double yellow lines and pop over there to post a letter, will you give me a ticket?" a driver asked a traffic warden. "Of course," replied the warden. "But those other cars are parked on the double yellows," pleaded the driver. "I know," replied the warden, "but they didn't ask me to give them a ticket."

-----  
A woman bought a second hand car. Three days later she went back to the dealership and asked, "Do I understand correctly that the guarantee covers everything that breaks?" "Yes, madam, that's right," replied the dealer. "In that case I would like two bicycles, a pair of wrought-iron front gates, six dozen tulips and a new garage door."

### They Said It:

1. Money can't buy friends, but you can get a better class of enemy. *Spike Milligan.*
2. I hate television. I hate it as much as peanuts, but I can't stop eating peanuts. *Orson Welles.*
3. You know you are getting old when it takes longer to rest than it did to get tired. *Grouch Marx.*
4. Why is the person who always snores the first one asleep? *Phyllis Diller*
5. No matter how much cats fight, there always seems to be plenty of kittens. *Abraham Lincoln.*

-----  
There was a warship in the Roman navy crewed by galley slaves, and one day one of them died. Immediately all the guards got out their whips and started lashing the other galley slaves. "Hey, this is a bit much," shouted one, "What've we done? What's this all about?" "Tradition on this ship," the chief guard replied. "Whenever someone dies we always have a whip around."

-----  
Following the birth of their fourth child, the mother noticed that the seven year old was unusually quiet. He asked if there was going to be any more babies. Fearing he would be resentful of his new sister, the mother gently assured him that each baby brought more love to the rest of the family. He looked surprised and said to his mother, "I only asked because our toothbrush holder only holds six toothbrushes."

-----  
Proudly showing off his new-born triplets, a father asked his friend what he thinks of them. "Well, if I were you," replied his friend, "I think I would keep *that* one and send the other two back."

### A Little Bit of Trivia:

1. The only part of the human body not to have a blood supply is the cornea. It takes its oxygen directly from the air.
2. The state of Texas reportedly grows more roses than any foreign country.
3. A lobster's kidneys are in its forehead and its teeth are in its stomach.
4. A pelican breathes through its mouth because it has no nostrils.
5. One 75w bulb will give off more light than three 25w bulbs.

-----  
And finally: 1<sup>st</sup> woman: How do you keep your youth? 2<sup>nd</sup> woman: I lock him in the wardrobe.

-----  
From the joke books of A. Nonny Muss.

# Halloween

Dark Halloween creeps on its way  
Scary skulls, bloodcurdling cries.  
Black clad witches cast their spells,  
Pumpkins carved with sunken eyes.

Americans love Halloween,  
They want the world to share.  
With gruesome junk in seedy shops  
Some, frankly, do not care!

*Angela Woolnough*





**BLUE SEPTEMBER IS  
PROSTATE CANCER AWARENESS MONTH**

# Fundraising on Friday 21th September



Donut Friday &  
Small Hot Drink \$8



Bangers & Mash  
Special Lunch \$12

**\$1 of the sale proceeds from  
each option will go to the  
Prostate Cancer Foundation**





# TOP-UP Shop

YOU'RE INVITED - COME ALONG

**QUALITY KNITWEAR AND CLOTHING**

**Crafted for the ages, not just the season**

**VENUE** Fairview Lifestyle Village  
The Main Lounge

**DATE** Wednesday 2nd October 2024

**TIME** 10am - 2pm

Can't make it?...Visit us online or in store

[www.aokclothing.co.nz](http://www.aokclothing.co.nz)  
2 Talbot St Geraldine NZ

Phone 0800 586 737

**Aok**  
CLOTHING

# **Audika Audiology Presentation**

**Level 3 lounge**

**Friday 4<sup>th</sup> October at 10.30am**



## **Having trouble hearing?**

“It’s not me, people are just mumbling”

“The restaurant is too noisy to hear my family”

“The TV seems to be getting quieter, but I’m turning  
the volume up”

Does the above sound familiar?

Maybe it’s a good time to attend the presentation.

**You may learn something new on how to manage hearing loss  
as you age, it’s a normal part of getting older.**

**Please RSVP to reception by 3rd October.**



# HAPPY GRAND PARENTS DAY LUNCH

SUNDAY 6TH OCTOBER AT 12PM  
2-COURSE LUNCH \$25

Choice of main meal

Slow braised rump steak slices

OR chicken cordon bleu

served with mushroom sauce,

julienne carrots & wilted kale mashed potatoes

Dessert

Custard tart, passionfruit,

topped with mascarpone & maraschino cherry

Kids Menu (under 12yo) \$7

Chicken nuggets, chips & complimentary ice cream cup

**RSVP AND PAY AT RECEPTION.**

**RELISH CAFE A LA CARTE MENU WILL CLOSE AT 11.30AM.**

**BARISTA COFFEES AVAILABLE ALL DAY.**

## **Strength and Balance**

Monday 30 September - 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Beautician**

Wednesday 02 October

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

## **Restorative Yoga with Joy – Stretch Strengthen Revitalise**

Thursday 03 October - 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

## **Aqua Class with Libby**

Friday 04 October – 9.15am – Level 2 Swimming Pool

\$5.00 per class

***Attendance at the aqua class has been dropping and Libby will not be able to continue if people don't attend more regularly.***

## **Doctor (Returning to the village on 14<sup>th</sup> November)**

There will be a locum covering for Dr Hunter at his practice while his is away.

## **Podiatrist**

Thursday 03 October– 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames



# WEEKLY SCHEDULE

30 September to 06 October 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 30 Sept</b>	Hair Salon <b>Closed</b>	9.30am	3 <sup>rd</sup> Floor Salon
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Fairview Fellowship	3.00pm	3 <sup>rd</sup> Floor Sunroom
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 01 Oct</b>	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Movie Group	7.15pm	<b>Me Before You</b>
<b>Wed 02 Oct</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Dance Practice	9.30am	2 <sup>nd</sup> Floor Lounge
	AOK Clothing	10.00am to 2.00pm	3 <sup>rd</sup> Floor Main Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 03 Oct</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 04 Oct</b>	Hair Salon with Kim	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Audika Audiology Presentation	10.30am	
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 05 Oct</b>	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 06 Oct</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



*Relish Café*  
By Chef Noris & Team

# Dinner Menu

## 30 Sept to 6 Oct

Bookings by **1pm**  
Please phone 09 477 3957

Small Meal \$18.00 – Large Meal \$20.00  
\$2.00 Delivery Fee applies per Villa

### Monday / Beef

**GF** Tender beef slices in homemade teriyaki sauce with toasted sesame seeds and garlic chips, Asian style stir-fry vegetables served with egg fried rice

### Tuesday / Pork

Pub style twice cooked braised and BBQ pork belly, apple and cabbage slaw, hot Chips and chipotle mayonnaise

### Wednesday Roast / Choice of meat

**GF** Beef Roast, its trimmings cooked in French mirepoix & red wine sauce, jus & gravy or Chicken Roast with gravy  
Both served with parsley kumara & potato mash, green beans and maple glazed carrots

### Thursday / Chicken

**GF** Quarter chicken leg, Moroccan style roast, gravy, Grilled balsamic mushroom buttons, salt and pepper sauteed savoy cabbage, buttery and chives mashed potatoes

### Friday / Choice of fish

Market beer battered fish with tartare sauce, slaw and fries  
Or **GF** oven baked snapper fish pie with boiled egg, peas and parsley sauce

### Saturday / Chicken

**GF** Smokey grilled chicken breast cooked in white wine & mushroom sauce, penne pasta tossed in our homemade basil pesto served with garlic ciabatta bread

### Sunday Roast / Lamb

**GF** Traditional pork roast with jus & gravy, peas & corn, roasted pumpkin and potatoes

### Alternative TAKEAWAY Dinner Menu – in foil tin:

**GF** Roast lamb, **GF** fish pie, **GF** braised sirloin, **GF** pork belly

JUST CALL IN, LIMITED BATCHES WEEKLY