

The Village News

From the Manager's desk

My maternity leave

A letter was distributed to all residents earlier this week regarding my maternity leave coming up. As detailed in the letter, I am planning to go on maternity leave towards the end of December as baby boy is due on 27th December. I am delighted that Gary, Settlers' Manager, will be looking after Fairview in my absence, as well as being supported by our CEO Terry and CFO Brett. I know residents and our team will be in good hands, which will make my return next year a smooth transition. We will hold a gathering with residents to officially welcome Gary in December, details are to be confirmed. In the meantime, I want to thank you all for your best wishes, your daily checks-in and all the baby names' suggestions.

Painting of villa roofs

Our PLVL Board has approved and finalised the roofs' repairs and repainting for all villas at Fairview. The first stage of this project will commence next week from Monday 21st October. This project will be managed by our current contractor Platinum Painters, with a team of two experienced contractors who are already familiar with Fairview. This project can only be completed in dry weather conditions, so it is estimated to take up to 2 years to complete. The same current roofs' colours will be used, and roofs will be matching the gutters.

Stage 1 will be for the villas on the streets below and will be proceeding in numerical order:

- Ash Avenue (3-5),
- Beech Way (6-14),
- Cherry Hill (16-24),
- Magnolia Terrace (120-125/128/130-133),
- Ngaio Lane (136-138/143-145),
- Poppy Vale (135/142/147)
- Olive Grove (146 only)

From Monday 21st October, Platinum Painters will start with cleaning the roofs of the Stage 1 villas above. This work will take approximately ten working days to complete. Roofs will need to be given a rest of 3 weeks for the chemicals to act, then repairs and painting will be able to start. During the painting process, scaffolding edge protection will be erected outside each villa, one villa at a time. The Stage 1 scaffolding is expected to start from Monday 18th November. We will liaise with residents in advance so you can expect when the scaffolding will be set up at your villa. Scaffolding, repairs, and painting should then take approximately 5 days to complete per villa. We will always do our best to inform residents ahead of time when the painters will be visiting their villa next, weather dependent.

Platinum Painters will be finishing early December for this year and resuming mid to late January 2025, carrying on with the rest of the Village throughout the year. There will be no scaffolding over the Christmas period. Stage 2 and villas numbers are yet to be confirmed for next year.

Please let me know if you have any questions or concerns.

Is this cat yours?

We are trying to determine if a cat that has been entering residents villas is a village cat or a stray cat. Can you please contact reception if you have a dark grey tabby cat with white paws and a white chest.



Inorganic rubbish collection Tuesday 22nd October

The village will be having an Inorganic Rubbish Collection on Tuesday 22nd October. Residents can commence bringing items from Saturday 19th October to the coned off area at the back of the Lodge. Please ask friends or family to help you move those items to the drop off point. Please refer to the flyer in this newsletter to make yourself familiar with the do's and don'ts items that are accepted.

Free Safety Check for your mobility scooters – Thursday 24th October 10.30am



With summer fast approaching, it is always a good idea to carry out a quick safety check on your mobility scooter. The team from Nordic Mobility, located on Oteha Valley Road, will be at the Village on Thursday 24th October at 10.30 in the games room to provide *free* scooter safety checks to Fairview residents. They will carry a toolbox so if any residents wish to have their tyre inflation checked or need something adjusted or tightened, they would be happy to assist. If your scooter requires further servicing or repairs, they will suggest the

best course of action for you. They will also be able to answer any questions you may have on mobility scooters and the safe operating and driving of them. The NORDIC Mobility Team, 0800 69 66 73, www.nordicmobility@xtra.co.nz



Labour Day on Monday 28th October

A reminder that Monday 28th October is a public holiday, therefore only the nurse on duty will be available. Please bring your swipe when visiting the Lodge. Relish Café will be closed but meal delivery is available, please contact the Café to book. Waste management will be done on Tuesday 29th October.

Save the date – Market Day 21st November

Our annual market day will take place on Thursday 21st November from 10am to 2pm, please refer to Diana's flyer in this newsletter for more details. We are looking forward to welcoming you all again this year!



Upcoming events

- Residents' monthly birthdays morning tea – Friday 18th October 10am
- Open Day – Tuesday 22nd October 12-2pm
- Ladies' Group Afternoon Tea – Tuesday 22nd October 2pm
- Nordic Mobility: Mobility Scooters Free Check & Service – Thursday 24th October
- Travelwise presentation & complimentary afternoon tea – Friday 25th October 2pm
- Relish Café Halloween Specials – Wednesday 30th and Thursday 31st October all day
- Diwali Butter Chicken Special – Friday 1st November all day
- Melbourne Cup Dinner – Tuesday 5th November

Have a lovely weekend everyone! Marika

We visited friends in Whangarei last weekend and were staying in an Airbnb, with 3 dogs, 2 cats and chooks. Mia was over the moon, she loves animals! Her favourite was Lucky the little old dog. She even wanted him to sleep with her but mommy had to say no.





Health and Wellbeing Corner

Afternoon to all

Protect Your Skin: Importance of Moisturizing as Summer Approaches including MEN TOO

As we head into the warmer months and prepare to spend more time outdoors, it's important to give extra care to our skin—particularly our arms and legs. With the lovely summer weather, many of us will be enjoying the garden or taking long walks outside. While it's wonderful to embrace the outdoors, we must also be mindful of protecting our skin, which can become more fragile as we age.

Why Moisturizing Matters

As we get older, our skin naturally becomes thinner and loses some of its elasticity, making it more prone to dryness and injury. Without proper hydration, dry skin is more susceptible to tearing, especially when we're active outside, where it's easy to get caught on branches or brush against sharp objects.

Moisturizing regularly helps keep the skin soft, hydrated, and more resilient, reducing the risk of those painful skin tears and scrapes that can happen while working in the garden or simply being outdoors.

Simple Tips to Protect Your Skin:

- **Moisturize daily:** Use a good-quality, hydrating moisturizer on your arms and legs, especially after bathing or showering, when your skin can be drier.
- **Cover up when possible:** If you're gardening or spending time outdoors, consider wearing long sleeves and light trousers to protect your skin from scrapes and bumps.
- **Stay hydrated:** Drinking plenty of water also helps maintain your skin's natural moisture levels.
- **Watch for signs of dryness:** If your skin feels tight, itchy, or flaky, it's a sign that more moisturizing is needed. Pay extra attention to those areas and apply moisturizer generously.

Enjoy the Outdoors Safely

We encourage you to continue embracing all the joys of summer—whether it's tending to your garden, taking a stroll, or relaxing in the sunshine. Just remember, by keeping your skin well-moisturized, you'll not only feel more comfortable but also help protect yourself from skin tears and injuries that are more likely to occur when the skin is dry.

Let's all enjoy the summer safely and comfortably, with healthy and hydrated skin!

However, if you do scrape your skin or have an accident do come and see the nurse, we have the correct dressings and can put the injury under ACC to get medical coverage.

I have given paper work to many residents to complete, if you still have it, can you please complete and return it to myself or place it on my desk. Much appreciated.

Upcoming event

- ❖ Friday 15th December 10.30am: Local Police Officer Simon Fox coming to talk about keeping safe over the Christmas holiday period

Maria and the nursing team



From the Chef's Oven

Did you know?

1. There is a trolley near the kitchen door to return dirty crockery after dining in.
2. We have a variety of dressings and sauces you can choose from: Caesar dressing, French Vinaigrette, mayonnaise, aioli dressing, BBQ sauce, chipotle and more.
3. We sell milk, fruit and bread.
4. There is always a vegetarian dish available outside the menu - mushrooms on toast, Vegan breakfast, vegetarian club sandwich.
5. You can choose iceberg lettuce or baby spinach instead of our standard side garden salad.
6. We have our own RELISH CAFÉ LOYALTY CARD - Stamp all 9 coffees and the 10th coffee is on us.

Monday 28th October

Monday is a public holiday therefore the café will be closed. We will still be doing dinner deliveries and the same dinner cut-off at 12:00pm applies but you can always order in advance.

Gentlemen's Club Breakfast

Thank you to our Fairview Gentlemen for coming to last week's breakfast. We served a classic, eggs on toast with sides. We thank you for your feedback and we listen to you, the next breakfast will be held at an earlier time.



Please save the date – the next breakfast will be on Friday 8th November at 8.30am. Come and share stories, reminisce about adventures and forge new friendships over fresh coffee and a breakfast treat. It is more than just breakfast, it's a morning ritual that nourishes both the body and soul.

Happy Tuesday & Happy Residents

Have a look at our happy residents and kitchen staff enjoying their culinary tour to Japan. We served 90 meals which is far more than the planned 80 bookings (we could not say no to you!).



Please save the date - our next stop and final stop for our 2 for 1 dinner deal this year will be ITALY. Join us on Tuesday 12th November for another unforgettable culinary tour of Italy! Immerse yourself in the vibrant flavours and traditions of Italian cuisine as our talented kitchen staff crafts an exquisite menu. It will be chicken pasta in a puttanesca sauce served with garlic bread. You can book your spot now!

Oval serving boats and ramekins

We only have 5 oval plates (lasagna and cottage pies) and less than 10 ramekin dishes (apple crumble) left. We used to have over 50 only a few months ago. Please return the next day. In the meantime, we will not be allowing for our crockery to go out of the Café. If ordering those items to take away, food will be transferred to take away containers.



Alternative Dinner – Frozen meals

This week we have Lamb Shanks, Beef Bolar Roast, GF Cottage Pie, Roast Leg Lamb and Braised Rump Steak. You can pick up any time from the Café, unless you require it heated and delivered, then the same dinner cut off applies at 12:00pm.

Upcoming Events:

- **Tuesday 22 October 2pm - Ladies' Group afternoon tea**

We will serve a different sweet and savoury, plus your favourite barista coffee for \$10. Please book and pay at the Café.

- **Wednesday 30 October & Thursday 31 October - Halloween Special Menu**

We will be having a two-day special Halloween menu. No bookings required and no seating arrangements. Please see the menu at the end of this Newsletter.

- **Friday 1 November – Diwali Festival**

To celebrate the Indian festival, we will offer our famous butter chicken as a lunch special on that day with some Indian favourite sweet treats.

- **Tuesday 5 November – Melbourne Cup**

Check out the menu at the end of this newsletter. It is a 3-course meal. Bookings and payment at reception.

Donut Friday

Don't forget our Donut Friday tomorrow, home made by our talented baker Celeste. It's only \$4 each or 3 for \$10. Better be quick, first come first served.

Chef's Special for the month of October

Open face grilled chicken sandwich. Grilled aromatic chicken slices with chipotle mayonnaise sitting on a bed of garden salad and buttered ciabatta bread topped with dukkha and aioli dressing.

Noris and the Relish team



What's on this Coming Week and Next



Movie Group – Tuesday 22nd October – Bank of Dave

Inspiring true story of Dave Fishwick, a working-class man, who set up a bank to help his community. Stars Jole Fry, Phoebe Dynevor and Roy Kinnear.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound it's like going to the cinema for free! Peter Woolnough



Friday Night Raffle

On Friday we sold five main raffles. The dwelling draw was drawn by visitor Louise Watson. The winner was Lorraine Dale. Congratulations Lorraine.

The main raffles were drawn by visitor Shirley Sutton. The winners were: Brenda Lee, Earl Troughton, Clark Robbie, Neville Turner, Cynthia O'Callaghan, Bruce Benfell, Richard Jacobson, Robin Hood, Dianne Turner, Barabra Dines, Gordon Tasker, Margo Sturmey, Luella Jacobson, Jocelyn Goodger, Warren Brown, Chris FitzPatrick, Andra Glyn-Jones, Dulcie Kortegast, Gisela Taylor, Trish Maunsell, Angela Woolnough, Jean Elliott, Sandie Jennins, Denis McCarthy and Evelyn Ross.

We look forward to seeing you all again this Friday.
Diane Brown, Raffle Convenor



East Coast Bays Catholic Parish – Friday 18th October

Our Liturgy Service for this month will be held in the Sunroom on the 3rd Floor on Friday 18th October at 11.00am. Holy Mass will be celebrated by a priest of our Parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy gatherings.

Following the Mass, we will enjoy refreshments together in the Lounge. A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information please contact Natalie Turner Ph: 479 9527



QUIZ NIGHT – Sunday 20th October

The October questions will be on: **General Knowledge 1, Royalty, General Knowledge 3, The Bible, Castles and General Knowledge 2.** The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzier with cash prizes for the winners.

We will see you there!



Fairview Fellowship **CHANGE OF DATE**

Next meeting is Monday 21st October 3pm in the 3rd Floor Sunroom

Our village Christian Fellowship offers a warm welcome to all who would like to join us each month. We meet with an invited speaker to learn from God's word and encourage each other in our shared faith. ****Next meeting is Monday 21st October at 3pm in the Sunroom****

Contact Bronwen Charlesworth 021 920000 or 09 478 0513.



Garden Club – Plants for Sale

The Trading Table will be held on Wednesday 23rd October at 9.30am. In front of the Lodge entrance. Contributions by 9.15am if you can, thanks.

Come and grab a bargain!!!



Fairview Singers

The Fairview Singers will meet on Wednesday 23rd October at 3.00pm in the main lounge. Everyone is welcome.

Residents' Notices

10 Minute Wonders



Back in action

Sunday 03 November

4pm in the main lounge

Gareth's Puzzle

Last week's puzzles. (Maybe a little easier this week? - They were!)

A) What comes next in this series: For what reason, Dorothy's auntie, Body of salt water, ???

B) Which letter of the alphabet should replace the ? in this series

AABEHLP?

And the answers are: Y M C A - Why, Em, sea, Eh.

and T as these are the letters in the word alphabet noted above.

This week's puzzles

1) How many pairs of tap dancing shoes do you need to buy for the new 4-piece spider dance troupe?.

2) AT What number does each letter represent?

$$\begin{array}{r} +BAT \\ \hline TEEN \end{array}$$

3) Can you change wine into beer? Then fill in the missing letters:

Wine - Wins - Wits - Wets - Bets - ??? - Beer

Relatively easy again this week - I think!

Women's Day Magazine

If anyone has any spare copies of this week's Women's Day can you please advise reception.
Thank you.

SUMMARY OF DECISIONS MADE AT RESIDENTS' COMMITTEE MEETING OCTOBER 2024

To assist residents to be informed of decisions made by the Residents' Committee, below is a summary of matters following our meeting of the 8th October, 2024. Full minutes will be available in the library following the confirmation of the minutes at the next meeting.

PRESENT: Gordon Tasker, Lois Hadfield, Andra Glyn-Jones, Wendy Johnstone, Barbara Bailey, Neville Turner, Jackie Thompson
Marika Laflamme later
Apologies: Wilma Cooper

FINANCIAL POSITION

The balance in the account as at 7th October is \$10,569.63. The committee agreed to allocate \$1500 to the library.

GENERAL

- Upcoming events arranged by the social committee were discussed. These included the Melbourne Cup sweepstake and the Christmas dinner on the 11th December. The residents' committee will be helping as needed.
- The urgent need for a clear pedestrian crossing sign on Margaret Drive was discussed with Marika. She said she would follow this up. Too many cars are not going at the required 15 kph.
- Ramps are needed on the crossing by Ash Ave to assist people using mobility scooters and walking frames. The matter has been raised before and is a safety issue requiring Jono's attention.
- The question of turning gas off quickly was discussed. Marika said she had contacted Vector and there were a number of problems that needed to be ironed out.
- The popular "2 for 1" nights organized by Noris and his team were praised and the question asked as to why they were not being held on bar nights. We were told that Tuesday night has been chosen because Tuesdays are normally quiet days.
- The problem of some residents having difficulty accessing cash was discussed. Marika said she would investigate possible solutions.

THE NEXT MEETING is scheduled for Tuesday 12th November, at 10.00 am in the 3rd floor card room.

FAIRVIEW VILLAGE LIBRARY LATEST BOOKS OCTOBER 2024

NEW BOOKS

The Chilling by Riley James - Keen to flee the wreckage of her marriage, Australian scientist Kit accepts a coveted winter research position at Macpherson Station in Antarctica. On the way there, Kit and her fellow researchers field a distress call from a nearby ship, but when they reach the ship, it is on fire, and the crew has vanished.

The Days I loved you Most by Amy Neff - Joseph and Evelyn's New England beach homes have been side by side for generations, and in 1941 they fell in love. Now, more than sixty years later, they gather their three grown children to share the staggering news that in year's time, with Evelyn's diagnosis a reality, they will end their lives on their own terms.

The Bookshop Detectives: Dead Girl Gone by Gareth and Louise Ward - When a mystery parcel arrives at Sherlock Tomes Bookshop in small-town Havelock North, New Zealand, husband and wife owners Garth and Eloise are drawn into a baffling case of a decades-old case of a missing schoolgirl. For once, the cover copy is no Diary of a Bookseller really *does* meet Thursday Murder Club meets Bookseller at the End of the World in this witty debut novel, full of literary clues, comedic insights and the kinds of Kiwis you only ever meet in bookshops.

The Lighthouse by Christopher Parker - A magical realism novel about a young woman's journey to discover the secret of a haunted lighthouse and her connection with a local boy. Enchanting, mysterious and deeply romantic, *The Lighthouse* follows a young woman's breathtaking journey far from home to discover where she truly belongs.

The Venice Hotel by Tess Woods - When the lives of four very different women become entangled in a boutique Venice hotel, dark secrets unravel and not everyone who checked into the hotel will check out again. Set against a backdrop of the romance and tragedy of magical Venice, *The Venice Hotel* explores the powerful bonds that develop between women in times of crisis, and the healing power of female connection.

Tiananmen Square by Lai Wen - A deeply moving moving novel about growing up in Beijing in the 1970s & 80s and taking part in the Tiananmen Square protests. A truly remarkable novel about coming to see the world as it is - of one girl's life growing up in the China of the 1970s and 80s and as a student who takes part in the events of 1989 - this is about hope and idealism and the price many of the students paid.

DONATED

Sisters under the Rising Sun by Heather Morris - *Sisters under the Rising Sun* is a story of women in war: a novel of sisterhood, bravery and friendship in the darkest of circumstances, from the multimillion-copy bestselling author of *The Tattooist of Auschwitz*, *Cilka's Journey* and *Three Sisters*.

Sharp's Command by Bernard Cornwell - Spain, 1812. Richard Sharpe, the most brilliant – but the most wayward – soldier in the British army, finds himself faced with an impossible task. Two French armies march towards each other. If they meet, the British are lost. And only Sharpe – with just his cunning, his courage and a small band of rogues to rely on – stands in their way . . .

The Burnout by Sophie Kinsella - A glorious off-season holiday love story that will sweep you off your feet. Funny, feel good, touching and full of the bittersweet, incisive wit that put every Sophie Kinsella novel in a league of its own.

LAUGHTER LINES

A man had a problem getting up in the mornings and he was always late for work. He was getting into such bad trouble about it that he went to see his doctor. The doctor prescribed him a pill to take at bedtime. After taking the pill, the man slept soundly, woke up refreshed, had a leisurely breakfast and went to work. "Good morning," he said to his boss. "I feel great." "I think my timekeeping problems are a thing of the past." "Great," said his boss. "Where were you yesterday?"

A dog goes into a job centre and asks help for finding work. "With your rare talent," says the assistant, "I'm sure we can get you something in the circus." The circus," echoes the dog. "What would a circus want with a plumber?"

A woman rushes into a hardware store and said, "a mousetrap please, and hurry up I have a bus to catch." "Sorry lady," said the shopkeeper. "None of the mousetraps we have are big enough."

A Little Bit of Trivia:

1. Blinking causes the eye to be closed for about half an hour each day.
 2. The average Chinese family, living in China, has three bicycles and no car.
 3. You are more likely to be a target for mosquitoes if you eat bananas.
 4. Human adults breathe approximately 23,000 times a day.
 5. Try to say the alphabet without moving your tongue or your lips. Every letter should sound the same.
-

Hearing that a zoo keeper had managed to train a lion to live in the same cage as a lamb, a man paid a visit to see if it was true. Amazingly the man finds the animals lying next to each other. "How did you do this, he asked the keeper, "is it a trick?" "No," replied the keeper, this has been going on for three months now. "I don't mind telling you though," he confides, "we've had to replace the lamb a few times."

It is always amazes me that many air crash victims can only be identified by their dental records. What I can't understand is, if they don't know who you are, how do they know who your dentist is?

They said It about Marriage:

1. A husband is the bloke that sticks with you through the troubles you wouldn't have had if you hadn't married him in the first place. *Greta Garbo*.
 2. Marriages won't last. When I meet a guy the first question I ask myself is: "Is this the man I want my children to spend the weekend with?" *Rita Rudner*.
 3. The trouble with marrying your mistress is that you create a job vacancy. *James Goldsmith*.
 4. "I'd marry again if I found a man who had 15 million and would sign it over to me before the marriage and guarantee he'd be dead within a year." *Bette Davis*.
 5. I never loved another person the way I loved myself. *Mae West*.
-

A woman phoned her husband at work. "Sorry darling," he said. "I'm really busy at the moment. I haven't got time to chat." "This won't take long, she replied. "It's just that I have got some good news and some bad news." "Look, I really am busy," he repeated. "Just give me the good news." "Well," she said, "the airbag works."

And Finally: 'Betting on horses is a funny old game,' says a man to his friend. 'You win one day and lose the next.' 'Why don't you bet every other day then,' asked his friend.

From the Joke Books of A. Nonny Muss



It's Market Day Next Month!

**Thursday 21 November
10am to 2pm.**

SAVE THE DATE!

Tell your friends and family, your sports and hobby friends too!

ALL WELCOME

There will be many of your favourite stalls, with new ones too!

If you know someone who has a product or service you recommend, do let us know.

Contact Diana on 09 477 3900 – Option 2 for Reception

Email: dianaw@fairviewvillage.co.nz

If you would like to be a helper on the day
– we would love to hear from you.

AUCKLAND COUNCIL ON-PROPERTY INORGANIC COLLECTION DO'S AND DON'TS

YES PLEASE



NO THANKS



If you have items that aren't suitable for putting in your inorganic collection, visit aucklandcouncil.govt.nz and use the "how to get rid of unwanted items" search tool to learn what to do with them.

Use of this service is subject to full terms and conditions.

Together we can protect our land and waste nothing.
Find out more at aucklandcouncil.govt.nz/inorganic



LADIES' GROUP

afternoon tea

Tuesday

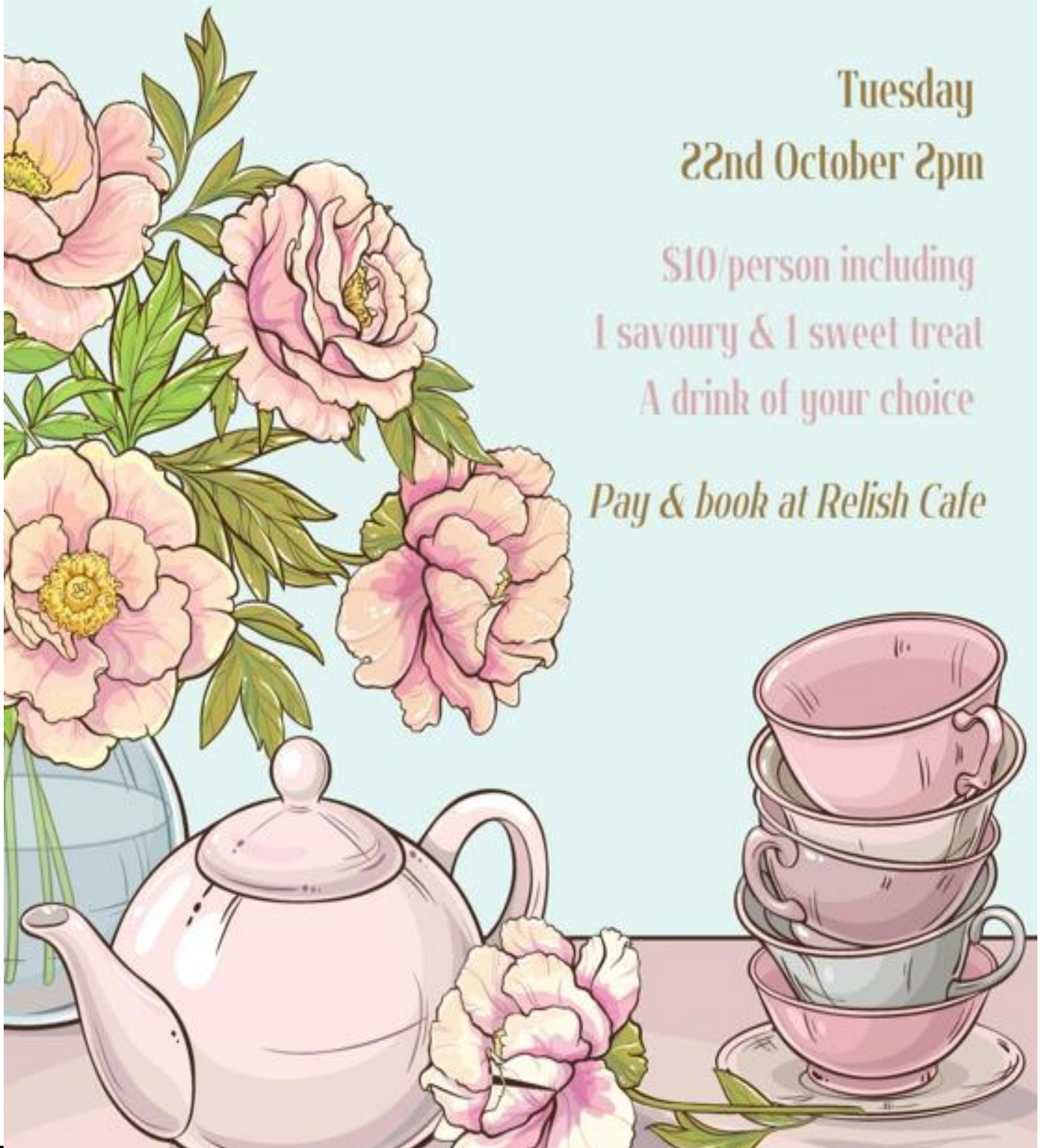
22nd October 2pm

\$10/person including

1 savoury & 1 sweet treat

A drink of your choice

Pay & book at Relish Cafe



Fully escorted, tailor-made tours for the 60 plus traveller.

Please join us in Lounge Level 3
at 2.00pm on October 25th -
for a fun and informative travel presentation
with David Libeau, Tour Leader, followed by a
light afternoon tea.

Spot Prizes

**Travel
Deals**



*Kind regards
David Libeau*



0800 11 60 60



travelwiseholidays.co.nz

Door to Door Service in the Auckland metro area



HALLOWEEN MENU
WED 30 & THU 31 OCT



MONSTER BLACK BURGER \$12

Quarter pounder Angus burger served on black bun with bloody beetroot relish, fresh cut tongue gherkins and garden salad
Add a small portion of chips for \$4



CREMATED BONES FROM THE GRAVE \$15

Marinated grilled pork ribs with BBQ sauce, slaw and chips

SPAGHETTI EYEBALLS \$12

Freshly harvested eyeballs from the Morgue served with worm noodles & fresh red blood sauce topped with shredded parmesan cheese

SPIDER WEB PUMPKIN SOUP \$5

Fresh flesh of puree pumpkin served with velouté spider web

GRAVE DIGGER CHOCOLATE CAKE \$5

Served with cream & chocolate sauce

WORMY APPLE CRUMBLE \$5

Served with warm custard & rice bubbles



CAFE MENU WILL CLOSE AT 11:30.
CABINET FOOD AVAILABLE ALL DAY.
HALLOWEEN MENU AVAILABLE UNTIL 2PM.
NO PRE BOOKING REQUIRED.



Strength and Balance

Monday 21 October - 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 23 October

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 24 October - 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 25 October – 9.15am – Level 2 Swimming Pool

\$5.00 per class

Doctor (Returning to the village on 14th November)

There will be a locum covering for Dr Hunter at his practice while his is away.

Podiatrist

Thursday 31st October – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please contact reception if you would like an appointment to see Paul Hames

WEEKLY SCHEDULE

21 October to 27 October 2024

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 21 Oct	Hair Salon with Lisa	9.30am	3 rd Floor Salon with Lisa
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 22 Oct	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Movie Group	7.15pm	Bank of Dave
Wed 23 Oct	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance Practice	9.30am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Fairview Singers	3.00pm	3 rd Floor Main Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 24 Oct	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 25 Oct	Hair Salon with Kim	9.00am to 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 26 Oct	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 27 Oct	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



Relish Café
By Chef Noris & Team

Dinner Menu

21 Oct to 27 Oct

Bookings by **1pm**
Please phone 09 477 3957

Small Meal \$18.00 – Large Meal \$20.00
\$2.00 Delivery Fee applies per Villa

Monday / Chicken

GF Oven baked Maryland chicken with mushrooms and white wine sauce topped with basil & pesto fettuccine pasta and parmesan cheese

Tuesday / Beef

Asian style braised beef, stir-fry vegetables, vermicelli noodles

Wednesday Roast / Choice of Meat

GF Braised lamb shanks, jus & gravy and mint sauce or butterfly grilled chicken
broccoli, roasted carrots & mash potatoes

Thursday / Beef

GF Corned beef slices, mustard sauce, cauliflower and peas, chives mash potatoes

Friday / Choice of Fish

Market beer-battered fish with tartare sauce, slaw and fries or oven baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes (large only)

Saturday / Pork

GF 4 hour slow cooked pork, jus and gravy, sauteed savoy cabbages & broccoli, mash potatoes

Sunday Roast

GF Beef roast, brown gravy, mushy peas, buttered corn, roasted pumpkin and potatoes, Yorkshire pudding

Alternative TAKEAWAY Dinner Menu – in foil tin:

Lamb Shanks, Beef Bolar Roast, **GF** Cottage Pie,
Roast Leg Lamb and Braised Rump Steak.
JUST CALL IN, LIMITED BATCHES WEEKLY