



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706

04 November to 10 November 2024

No. 346

# From the Manager's desk



### Welcome to our new residents

Join me in welcoming Ross and Jill Cornthwaite who moved into Apartment 401 yesterday. We are sure you will love Fairview and our community as much as we do, welcome home.

### Update on painting of villa roofs

Platinum Painters will start the painting process with the villa roof at Villa 138 from Monday 11<sup>th</sup> November. As this villa is vacant at the moment, it will be our first villa as a trial, and it should take between 3 to 5 days to complete. Following this, Platinum Painters will move to the block of villas 3-4-5, requiring a week for those. We should be able to confirm the rest of the schedule as we go after this. We will liaise with residents in advance so you can expect when the scaffolding will be set up at your villa. Scaffolding, repairs, and painting should take approximately up to 5 days to complete per villa. We will always do our best to inform residents ahead of time when the painters will be visiting their villa next, weather dependent. Please let me know if you have any questions or concerns.

### Congratulations to our Employee of the Month Daphne

Congratulations to our Front of House Barista Daphne for winning our Employee of the Month in October. It is always so nice to read all the kind words and beautiful feedback you write about our team, month after month and our staff love to hear too. Daphne was nominated by residents and colleagues for always going the extra mile and being friendly, efficient and conscientious. We are very lucky to have you as part of our Relish Café team.

# <u>Transferring to an Apartment or Care Presentation – Wednesday 6<sup>th</sup> November 10.30am</u>

We will be hosting an informative presentation giving more details on the process of transferring to an apartment or Fairview Care if the need arises in the future.

This presentation will take place in the Movie Theater, and we invite all residents and their families to attend. It's a great opportunity to learn more about how the transfers work and to ask any questions you may have. Please RSVP at reception to book your seat. We look forward to seeing you there and providing all the necessary information.



### Market Day 21<sup>st</sup> November

Our annual market day will take place on Thursday 21st November from 10am to 2pm, please refer to Diana's flyer in this newsletter for more details. We are looking forward to welcoming you, your families and friends all again this year! Complimentary gelato and coffees as usual, as well as a yummy buffet meal from our Relish Café. Over 30 vendors will be at the Village on that day, some of our favourite and some new ones too!



### Christmas' celebrations in the Village – 8 weeks to Christmas!

As the year races on, we're starting to think about the festive season. A time for sharing, a time for caring!

Your social committee is busy planning our traditional and popular Fairview Christmas dinner, including entertainment, a 3-course meal and a complimentary glass of bubbles. You can book your spot already at reception, it will be on Wednesday 11<sup>th</sup> December. More details to come.

There will also be our usual Santa's Lunch on Christmas Day Wednesday 25<sup>th</sup> December, a 3-course meal available for residents and families, at a cost of \$35/person. Details on the flyer at the end if this newsletter. You can pay and book already at reception.

This year again, we would love residents to get creative and decorate their apartment doors or villa letter boxes! Get your friends and families involved, and let's make our Village truly festive. Don't hold back, let your inner artist shine! I'll be decorating my door, too, and I can't wait to see what everyone comes up with. There will be a prize for each category and residents will be able to vote for their favourite ones throughout the month of December.

#### Upcoming events in the next 2 weeks

- Diwali Butter Chicken Weekend Special Friday 1<sup>st</sup> November to Sunday 3<sup>rd</sup> November
- Bingo Saturday 2nd November
- Melbourne Cup Dinner Tuesday 5<sup>th</sup> November from 4pm
- Transferring to an Apartment presentation Wednesday 6th November 10.30am
- Gentlemen's Club Breakfast Friday 8<sup>th</sup> November 8.30am
- Happy Tuesday 2 for 1 dining in deal Tuesday 12<sup>th</sup> November 6pm
- Local Police Officer Presentation on Safety during the Holidays Friday 15th November 10.30am

We are off to trick or treat tonight with daddy, Mia and 2 of her friends. Of course, at 3 years old, they all want to be dressed up as Elsa from Frozen. Photos to come next week! Happy Halloween!

Have a lovely weekend everyone! Marika





# **Health and Wellbeing Corner**

Afternoon all, an update on my movements for this upcoming week. I'm very grateful to be attending the New Zealand Hospice Conference in Wellington next Monday and Tuesday, end of life care is a huge passion in my nursing career. I'm sure I will gain some great new knowledge to help me supporting residents and families at Fairview. I fly down on Sunday and will be back on Wednesday. You will all be in the very capable hands of Catharina whilst I'm away.

#### **EMOTIONS, THOUGHTS AND FEELINGS...**

As we age, and sometimes as our days can get a little lonely, we often sit and reflect on the past, present and our unknown future...

### Reflecting on Life: Embracing the Past, Present, and Future

As we grow older, our days may at times feel quieter and perhaps even a bit lonely. It's natural to find ourselves reflecting on all that we have experienced—the joyful memories, challenges we've overcome, and the paths we've taken. Our minds may drift to the past, and we may wonder about the future, too. These reflections are an important part of life. They help us see how much we've lived and can be a source of strength and comfort. Yet, it's also true that moments like these can bring mixed feelings. Understanding how to balance reflection with a healthy outlook can help us navigate this stage of life in a fulfilling way.

#### **Embracing the Past with Kindness**

Looking back on life is inevitable and can bring up a wide range of emotions. Remember, it's okay to feel these emotions - they are part of honouring the full, rich lives we've led. Celebrating memories and sharing stories with loved ones can be a wonderful way to embrace the past while also connecting with others.

#### **Living in the Present**

Finding small moments of joy in daily life can be a great way to ground ourselves in the present. Try filling your days with simple pleasures: a chat with a friend, a walk in the garden, reading a book, or trying something new. Staying engaged with hobbies, attending village events, and sharing laughs and conversations can all help keep the focus on today, fostering contentment and reducing feelings of loneliness.

### **Looking Forward with a Positive Outlook**

Though the future is unknown, it doesn't have to be a source of worry. Consider small plans, whether it's a future trip, a special event, or even next week's puzzle in the newsletter. Setting small, positive goals can help us keep a healthy balance of looking forward without stress. And remember, reaching out to family, friends, or your nurse can provide support and comfort if feelings of uncertainty arise.

### **Tips for Managing Loneliness**

**Connect with others**: A friendly chat, a shared meal, or a brief phone call can make a world of difference. **Stay active**: Engaging in activities you enjoy, like reading, gardening, crafting, it can bring fulfilment and joy. **Seek support when needed**: If feelings of loneliness become overwhelming, don't hesitate to reach out. Talking to a friend, loved one, or member of the nursing team can be reassuring.

**Practice gratitude**: Each day, try to find one thing that brings you a sense of peace or joy - it could be something as simple as a warm cup of tea or a beautiful sunset.

Remember, you're not alone in these feelings, and you don't have to navigate them by yourself. We are here for each other as a community. Embracing the past, staying present, and looking to the future with hope can help us make the most of each day.

Please reach out for advice and medical assistance day and night from our nursing team, we are here to support you. Please DO NOT LEAVE VOICE MESSAGES ON THE NURSES PHONE ring back or text.

#### **Upcoming event:**

Local Police Officer, Simon Fox, coming to talk about keeping safe over the Christmas holiday period Friday November 15<sup>th</sup> at 10.30am.

Maria and the nursing team

# From the Chef's Oven



### Did you know?

- 1. We offer cold beverages such as iced coffee, iced mocha, smoothies and more, perfect for the warmer weather coming up. Please ask one of our friendly team members.
- 2. You can drop off your used cooking oil every Wednesday at the café for us to discard. Just a reminder we only collect used oil and no other kitchen condiments.

### Catering at Settlers

We recently had the pleasure of providing outside catering for our sister village Settlers. Their residents enjoyed a delicious selection of gourmet canapes, expertly crafted by our combined kitchen teams (Fairview and Settlers). The event was filled with joy, laughter, and cherished memories, making it a truly special occasion for everyone involved.







### Halloween Special Menu

A big thank you to all our wonderful residents for trying out our special Halloween menu! We loved bringing festive flavours and spooky delights to our Village. Your support means the world to us, and we hope our treats added a touch of magic and fun to your week. We served monster burgers, bones from the grave (BBQ pork ribs), spaghetti eyeballs and more. Check out some of our spooky dishes!







### <u>Diwali Festival – From Friday 1<sup>st</sup> to Sunday 3<sup>rd</sup> November</u>

Celebrate the vibrant spirit of Diwali with our special Butter Chicken menu! Indulge in rich, creamy flavours that capture the essence of this joyous festival. Perfectly spiced and paired with traditional rice, roti and a garden salad.

### Melbourne Cup - Tuesday 5th November

Check out our 3-course meal at the end of this newsletter. Bookings and payment at reception.

# Gentlemen's Club Breakfast - Friday 8th November

We will do an early breakfast at 8:30am this time. We will offer our men's favourite breakfast – eggs on toast with bacon, sides of hashbrown and mushrooms for \$15 only. Please book and pay at the café.

### Happy Tuesday 2 for 1 dining in deal – Tuesday 12<sup>th</sup> November

We are now SOLD OUT for the happy Tuesday deal. If we receive any cancellations we will advise you in the daily emails. This will be our last culinary trip of the year. We will take you to ITALY – we will do a chicken and pasta dish, it will be a grilled chicken on penne pasta with puttanesca sauce, drizzled with basil pesto and topped with parmesan cheese and an optional dessert of Panna Cotta.

### <u>Ladies' Tea Group – Tuesday 19<sup>th</sup> November 10am</u>

Have a look at what we served earlier this week on Tuesday to our ladies' tea group. A smashed avocado canape and a traditional scone with jam & cream, and a surprise sausage sizzle. Save the date, our next ladies' tea group will be on Tuesday 19<sup>th</sup> November at 10am.

# Market Day Lunch Buffet - Thursday 21st November

There will be a special \$15 lunch buffet on the day. Menu at the ned of this newsletter. No booking required, no seating arrangement. Just come and pay at the Café on the day.

### **Donut Friday**

Don't forget our Donut Friday tomorrow, home made by our talented baker Celeste. It's only \$4 each or 3 for \$10. Better be quick, first come first served.

### <u> Alternative Dinners – Frozen Meals</u>

This week we have roast lamb slices, lamb shanks, beef bolar roast, braised rump steak. You can pick up any time at the café unless you require it heated and delivered then the same dinner cut off applies at 12:00pm.

### **Chef's Special for the month of November**

**Chicken Greek Salad** – crispy chicken breast served on a bed of Greek garden salad – feta cheese, sundried tomato, olives, tomatoes, cucumber & mesclun and drizzled with vinaigrette and balsamic glaze.

Noris and the Relish team

### Condolences

Sadly, Graham Moonie passed away peacefully on Wednesday morning.



# What's on this Coming Week and Next



### **Movie Group**

There is no Movie on Tuesday 5th November due to Melbourne Cup.

# **Friday Night Raffle**

Last Friday we sold four main raffles and one minor. The dwelling draw was drawn by visitor Izzy Glyn-Jones. The winner was Jean Jones. Congratulations Jean.

The main raffles were drawn by Paula Turner. The winners were:

Annette Cook, Bruce Draper, Gareth Hancock, Brynley Goodger, Dave Ellis, Chris FitzPatrick, Vince Sturmey, Cynthia O'Callaghan, Neil Butt, Paula Turner, Laurence Milne, Viv Hood, Carole Vale, Dulcie Kortegast, Maureen Capon, Rosalie Hancy, Peter Thompson, Clark Robbie, Graeme Pullar, Luella Jacobson, Allan Roberts, Neville Turner, Pam Glaum, Dave Brand, Bruce Benfell, Angela Woolnough and Wendy Johnstone.

We look forward to seeing you all again this Friday. Diane Brown, Raffle Convenor



### Bingo

Saturday 2<sup>nd</sup> November at 7pm in Level 3 Lounge. Family and friends welcome.



### **Fairview Singers**

The Fairview singers will meet on Wednesday 6<sup>th</sup> November at 3:00pm in the level 3 lounge.

Everyone welcome.

# **Residents' Notices**

### Croquet

Twilight croquet resumes on Wednesday 13th November at 5pm.

### Thank you

Thank you to Bernard Brodie for a superb job creating the colourful croquet signs, your signwriting skills are wonderful.





### Thank you

Thanks to all the kitchen staff for the wonderful fun time they spent on the decorations in the dining room and to be served by a witch and red riding hood. The menu was amazing to celebrate Halloween. For those who like pork ribs you missed out on a treat with Cremated Bones from the Grave."

ShirleyJones

# **Melbourne Cup**

Please wear your name badges when purchasing tickets on 5<sup>th</sup> November in the card room.

### **Orchid Show**

Albany Village Hall
21 Library Lane Corner, Albany Highway
Saturday 2 November, 10am – 3pm
Sunday 3 November, 10am – 3pm
\$2 Entry fee

### **Social Committee News**

Some months ago, we greatly enjoyed a visit from Westlake Girls High School Choir, Cantare. We were impressed not only by the girls' voices and choice of music but also the fascinating sound effects such as the clicking and drumming of fingers conjuring up the sound of raindrops.

Cantare were practising for The BIG SING. This is a huge choral festival involving about 8000 students from more than 200 schools in New Zealand. The Big Sing Finale brought together 24 choirs at the Michael Fowler Centre in Wellington for a three-day sing-off. There were many medals presented but only eight gold medals and Westlake Girls Cantare Choir won Gold.

Westlake Boys Choir, Voicemale also took gold. The two schools then combined into the choir Choralation, winning a third medal. A huge success for Westlake schools.

Congratulations from Fairview Village to all the students involved and their vibrant directors, Fiona Wilson and David Squire. These superb performances were broadcast by RNZ Concert and may be viewed on YouTube.

### Garden Club

A big thank you to all the lovely residents who kindly donated lots of plants, preserves, etc. for our sales table last Wednesday which made it a big success. Also, a big thank you to our helpers Lesley, Linda and Jim. The plants etc. which didn't sell were donated to the Hospice Shop in Link Drive. Barbara Dines

### **New Bus Sign**

A bus sign has been installed East of the Mobil Petrol Station and before the bridge in Fairview Avenue. A shelter is yet to be constructed.

# Two free tickets to movie "Conclave" - Friday 1st November at 8:00pm

A resident has donated 2 movie tickets to see Conclave, which is showing at The Bridgeway, 122 Queen Street, Northcote Point on Friday 1<sup>st</sup> November at 8:00pm. This movie has been very popular and every session has sold out. If you would like these tickets, please contact reception.

### **Gareth's Puzzle**

Last week's puzzles were:

A) A few years ago, my daughter asked me how old I was. I told her that when spelled out, the first digit has the same number of letters as its value and the second digit has half the number of letters as half its value. How old was I then?

B)

C) Josie was looking at her bookcase and pulled out a book. She opened the book and found scrawlings on pages 25 32 34 40 41 50 52 56 60 65 &66. She didn't want defaced pages in the book so tore out the defaced pages. What is the minimum number of sheets she had to pull out?

D)

Answers are:

- A) This one is a bit unclear, the first number is 4 as it has 4 letters and the second is either 2 or 6. I said it was a few (!) years ago.
- B) There are 11 defaced sides, Either 40&41 are on the same leaf/sheet or 65&66 are but not both. So Josie has to pull out 10 leaves/sheets.

Let's see if I can do better this week:

- 1) What comes next? Sensational, Inspirational, Celebrational, ????????
- 2) What have these in common? Fifth book of New Testament, Solo vocal improvisation, Assembly of actors, Felines?
- 3) And a few quirks to decipher.

SPREAD2, DARCK, CORPSE, PLATE MY E T S

Have some fun!

# 10 Minute Wonders A



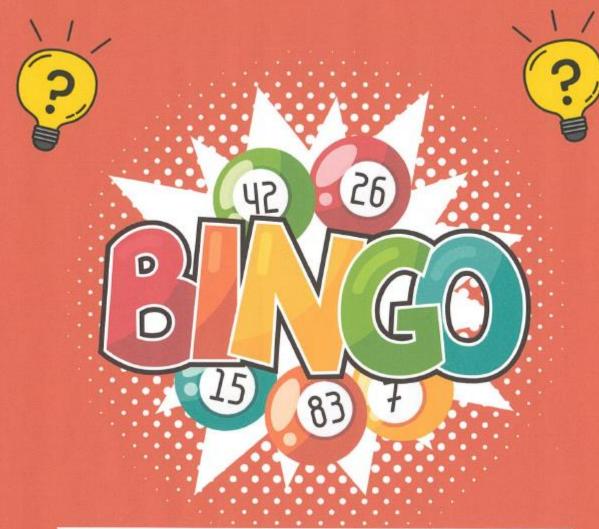
\*

PostponedA

4

Due to unexpected happenings!





# First Saturday of the month

Ticket Sales from 6.15pm 7.00pm Start





# **GARDEN WALKABOUT**

A number of village residents have provided their gardens for viewing at this year's walkabout. This will be held on Monday 18<sup>th</sup> November starting at 10am and if you're feeling peckish, you can finish at the café at midday!

The gardens for viewing are listed below:

### **Hibiscus Crescent**

Villas 62, 64, 68, 70, 71 (please close the gate)

### Iris Watch

Villa 76

### **Jasmine Knoll**

Villa 84

### **Fuschia Lane**

Villa 47

# **Kentia Way**

Villas 92, 93, 98

# Magnolia Terrace

Villa 130

### **Cherry Hill**

Villa 18

### **Olive Grove**

Villa 126

# **Poppy Vale**

Villa 147

Barbara's garden (located at the rear entrance of the gymnasium).

The above list will also be available on the day at Villa 62.

Anyone wanting transport from the Lodge up to Hibiscus Crescent on the day, please contact Anne Pike 09 475 6741.

### **LAUGHTER LINES**

#### One Liners:

- 1. The plumber finally arrived. "How have you managed?" "Not too badly," said the housewife. "While we were waiting for you I have taught the kids how to swim."
- 2. An Irish handyman went down to the hardware store for some bolts. "How long do you want them?" enquired the salesman. "Well, to tell you the truth," replied the handyman, "I was hoping to keep them."
- 3. Seasoned couple at an airlines reservation counter: "Two tickets to wherever our luggage is going, please."
- 4. "I wouldn't go to America if you paid me," said Fred the Okker. "Why?" asked his mate. "Cos they drive on the wrong side of the road." "What's wrong with that?" "I tried it the other night, boy, it's really dangerous."
- 5. Paddy Murphy thought the Guinness Book of Records was an LP of Irish drinking songs.

------

### WeddingTelegrams.

- 1. To the Groom: Congratulations Gerald. It was better to have loved and lost, than never to have loved at all. Mary, Terese, Wendy, Karen, Julie, Barbara, Estelle and Agatha.
- 2. To the Bride: Congratulations from your loving mother. Twenty two years ago I sent you to bed with a dummy. Tonight history repeats itself."
- 3. To the Groom: Congratulations Jimmy, and welcome to the family of the delighted father of the bride. Now that I have given the bride away, can I have a receipt?
- 4. To the Groom: From the local feminist movement. And remember that no woman ever shot her husband while he was doing the dishes.
- 5. To the Groom: Congratulations from the Best Man. Can I have first option on your little black book with all your ex-fiancee's names and phone numbers?

The Court Martial decreed that the deserter be taken to Boot Hill where he would be shot. It was a grim and rainy day and at dawn the firing squad arrived to escort the condemned man a mile or more to his execution. He grumbled all the way, "Fancy having to march all the way in this terrible weather just to be shot," he lamented. "Yeah, but think of us," said one of his guards. "We've got to march back again."

"Honestly I took twelve hours to play my round," a husband explained to his furious wife. "What!" For eighteen holes?" his wife asked in obvious disbelief. "Well, sixteen actually, Fred died of a heart attack on the second hole and it's such slow going when you have to hit the ball, drag Fred, hit the ball, drag Fred, hit......

It was the first day on the job for the pretty blonde steno just out of school. Her bos picked up the first of her finished letters, and with a sigh said, "You can't spell very well can you?" I see you spelled sugar, s-u-g-g-e-r." "Oh, dear, so I have," she exclaimed . "How do you suppose I came to leave out the 'h.'

.....

-----

A tourist was visiting New Mexico. While gazing at dinosaur bones he asked the old Indian who acted as the official guide, "How old are these bones?" "Exactly one hundred and three million years old," the old man replied. Wow!" exclaimed the tourist. "How can you be so precise?" "Oh," said the Indian, "a geologist told me they were one hundred million years old, and that was exactly three years ago."

And finally: Teacher: Can you give me a sentence using the word 'officiate' in it?" Pupil:"A man got sick from a fish he ate."

From the joke books of A. Nonny Muss.



# MELBOURNE CUP 2024 Tuesday 5th Nov 3 course meal \$35

Starters Crumbed fish bites Tartare sauce Choice of main
Chicken Twice cooked
Schnitzel with Pork Belly
Mushroom sauce with BBQ sauce

Sides Hot chips Dips Garden Salad Coleslaw Dessert Tiramisu Mascarpone glazed cherries chocolate shavings

### PLEASE BOOK AND PAY FOR YOUR DINNER AT RECEPTION

The experts say that socialising is very good for us So the Melbourne Cup at Fairview, really is a must Residents Committee will take bets in the card room From 10<sub>AM</sub> its non stop as multiple bets make sales zoom 24 horses race, people all over the world watch and yet The race is all over in about 2 minutes but we love to bet

For those who don't, sit back and smile.

You may win your \$2 back or 15 or 25 or 8.

There is 3 prizes in each draw, tickets sell quick, so dont be late.

Most people spend \$10 to give them 5 chances to win,

with up to 17 draw sheets, you may have on your face a big grin.

And that is not all, the bar people have hit the nail,

on the head that is, by making you a cocktail.

At 4pm, Bar Volunteers will open the bar

After 2 cocktails, you may feel like a Star

Sandie J



# MELBOURNE CUP DINNER & DRINKS

Tuesday 5th November 2024

3 course meal \$35 Bar opens at 4 pm + Dinner at 6 pm

Shared platter of fish bites, slaw & tartare sauce

**Choice of Dinner** 

A - Chicken Schnitzel with mushroom sauce B - Twice cooked pork belly in Bourbon barbecue sauce

Served with hot chips, dips & garden salad slaw

<u>Dessert</u> Black Forest Tiramisu Lady finger, mascarpone, glazed cherries, Whitakers chocolate shavings

BOOK AND PAY AT RECEPTION BY MONDAY 4TH NOVEMBER AT 12PM.



Discover how technology can empower you to lead a vibrant and independent life!



# **SUNDAY 10th NOV 2024**

9am - 4pm **FREE ENTRY** 

**EVENTFINDA STADIUM** North Shore, Auckland

Over 60 stalls showcasing the latest tech and innovation in health, home, transport, fun, accessibility and security!



SCAN ME TO REGISTER

www.digitalseniorstechexpo.co.nz









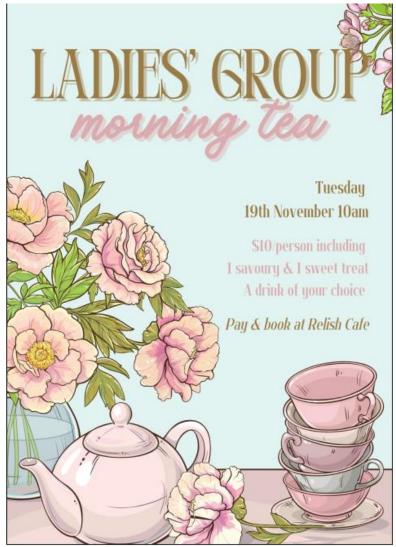
















**Basil Fettuccine Pasta** 

GF Beetroot and Wild Roquette Salad

No booking required and no reserved seating.

Please pay on the day at Relish Cafe when placing your order.

# It's Market Day Next Month!

Thursday 21 November 10am to 2pm.

SAVE THE DATE!

Tell your friends and family, your sports and hobby friends too!

# ALL WELCOME

There will be many of your favourite stalls, with new ones too!

If you know someone who has a product or service you recommend, do let us know.

Contact Diana on 09 477 3900 - Option 2 for Reception

Email: dianaw@fairviewvillage.co.nz

If you would like to be a helper on the day – we would love to hear from you.

### **Strength and Balance**

Monday 04 November - 10.30am - 2<sup>nd</sup> Floor Lounge Please remember to bring your water bottles. It is very important to keep your fluids up.

### **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

### **Beautician**

Wednesday 06 November Natalie is at the Village every Wednesday from 9.45am – 4.00pm. She works from the Doctor's Room on the 3<sup>rd</sup> floor. Call or text on 0211458542 to make your booking.

# Restorative Yoga with Joy – Stretch Strengthen Revitalise

Thursday 07 November - 1.30pm – 2<sup>nd</sup> Floor Lounge Monthly prepaid fee of \$20.00 We appreciate the subsidy from the Village Residents' Committee

# **Aqua Class with Libby**

Friday 08 November – 9.15am – Level 2 Swimming Pool \$5.00 per class

### **Doctor**

Thursday 14 November – 2.00pm to 3.45pm - 3<sup>rd</sup> Floor Doctors Room Please contact reception to book an appointment to see Dr Paul Hunter.

### **Podiatrist**

Thursday 14 November – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room Please contact reception if you would like an appointment to see Paul Hames

# **WEEKLY SCHEDULE**

# 04 November to 10 November 2024

# RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 04 Nov	Hair Salon with Lisa	9.30am	3 <sup>rd</sup> Floor Salon with Lisa
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
Tue 05 Nov	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting)	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Movie Group	7.15pm	No Movie Due to Melbourne Cup
Wed 06 Nov	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Dance Practice	9.30am	2 <sup>nd</sup> Floor Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Fairview Singers	3:00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Thu 07 Nov	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Croquet (weather permitting)	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
Fri 08 Nov	Hair Salon with Kim	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class with Libby	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Sat 09 Nov	Croquet (weather permitting)	9.00am	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
Sun 10 Nov	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



# Dinner Menu 04 Nov to 10 Nov

Bookings by 1pm Please phone 09 477 3957

Small Meal \$18.00 - Large Meal \$20.00 \$2.00 Delivery Fee applies per Villa

# Monday (Seafood treat) - large only

GF Tuna fritters topped with buttered garlic prawns served with mashed potatoes
Grilled courgettes and maple carrots

### <u>Tuesday – Chicken / Melbourne Cup</u>

Chicken Schnitzel with mushroom sauce served with broccoli mashed potatoes

# Wednesday Roast (choice of meat)

GF Lamb roast in classic gravy or BBQ Butterfly Chicken All served with maple glazed carrots & steamed broccoli Herb and roasted potatoes & kumara

# Thursday (Beef)

GF Corned beef slices with mustard sauce, steamed cauliflower and peas, chives mashed potatoes

# Fish Friday (choice of fish)

Market beer battered Fish with tartare sauce, slaw and fries
Or GF Baked Smoked Fish pie (hoki and kahawai with boiled egg and peas)

# Saturday (pork)

Pork teriyaki with toasted sesame seeds and garlic chips served with stir-fry chop suey vegetables & rice noodles

# Sunday Roast (lamb)

GF Lamb shank, jus & gravy, minted peas and glazed carrots, chives mashed potatoes

# Optional Dinner Menu – in foil tin:

Roast Lamb Slices, Lamb Shanks, Beef Bolar Roast, Braised Rump Steak.

JUST CALL IN, LIMITED BATCHES WEEKLY