# The Village News



Reception Phone:477 3900 Nurses 24 hours:021 861 706 17 February to 23 February 2025 No. 359

#### From the Manager's desk

#### Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues. You will note that the contractors will be moving across to Villas 3, 4 and 5 in the next period.

Day	Date	Works	Villas	Notes
Wednesday	12-Feb	Fix Pointing	145	
Thursday	13-Feb	Spray primer coat	145	No vehicle to be in drive of 143, 145 or parked on the road
Friday	14-Feb	Spray first coat	145	No vehicle to be in drive of 143, 145 or parked on the road
Friday	14-Feb	Spray second coat	145	No vehicle to be in drive of 143, 145 or parked on the road
Friday	14-Feb	Washing	146	No vehicle to be in drive of 146
Saturday	15-Feb	Spare day (washing) / no work	146	No vehicle to be in drive of 146
Sunday	16-Feb	No work		
Monday	17-Feb	Fix Pointing	146	
Tuesday	18-Feb	Fix Pointing / spray primer coat	146	No vehicle to be in drive of 146 and 140 A to D or parked on the road
Wednesday	19-Feb	Spray first coat	146	No vehicle to be in drive of 146 and 140 A to D or parked on the road
Wednesday	19-Feb	Wash 147	147	No vehicle to be in drive of 147 or parked on the road
Thursday	20-Feb	Spray second coat	146	No vehicle to be in drive of 146 and 140 A to D or parked on the road
Thursday	20-Feb	Remove edge protection	145	No vehicle to be in drive of 145 or parked on the road
Thursday	20-Feb	Remove edge protection	146	No vehicle to be in drive of 146 or parked on the road
Thursday	20-Feb	Install edge protection	3,4&5	No vehicle to be in drive of 3, 4 & 5
Thursday	20-Feb	Wash 147	147	No vehicle to be in drive of 147
Friday	21-Feb	Install edge protection	3,4&5	No vehicle to be in drive of 3, 4 & 5
Friday	21-Feb	Fix Pointing	147	
Saturday	22-Feb	Spare day (Fix Pointing) / no work	147	
Sunday	23-Feb	No work		
Monday	24-Feb	Spray primer coat	147	No vehicle to be in drive of 147 and 140A to D or parked on the road
Tuesday	25-Feb	Spray first coat	147	No vehicle to be in drive of 147 and 140A to D or parked on the road
Wednesday	26-Feb	Spray second coat	147	No vehicle to be in drive of 147 and 140A to D or parked on the road
Thursday	27-Feb	Remove edge protection	147	No vehicle to be in drive of 147 or parked on the road
Friday	28-Feb	Install edge protection	3,4&5	No vehicle to be in drive of 3, 4 & 5

Please note that the above program is subject to change with weather conditions etc.

#### **Building Warrant of Fitness - BWOF**

Our annual BWOF is due for renewal, so we are currently going through the process of annual checks for compliance. You may notice that we have more contractors at the village during this time whilst these important inspections are carried out.

#### **Update on Hot Tub**

As you will be aware the hot tub has been out of order for a number of weeks now. We have had the assessment report through and approved the remediation required including the replacement of many of the valves. These parts have been ordered by the contractor and as soon as they are received the works will be carried out.

#### **Swimming Pool Valet**

Please be advised that Pool Magic have changed their schedule and will now be cleaning the swimming pool every Tuesday morning from 7am to 8am.

#### **Resident Phone Book**

When the phone book is updated as well as putting the details in the newsletter for you to cut out and stick into your current book, we also upload it to the Fairview Intranet so you can always go online for the most up-to-date version.

#### Residents' birthday morning tea

We will be having this month's residents' birthday morning tea on Friday 21<sup>st</sup> February at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents celebrating their special day this month.

#### **Rates Rebate**

The application for rates rebate for the 2024/2025-year closes on 30<sup>th</sup> June 2025. If you have already applied since July 2024 then you do not need to do anything if you haven't and think that you are entitled to then make sure you collect a form from Cherie and complete and submit before the deadline.

#### **Food Scraps Bins**

If you live in an apartment, you may have noticed that we have removed the food scraps bins from the level four rubbish room near the lift, this is due to a recent problem with a maggot infestation. These bins will not be replaced at this stage, but they are available on level four on the patio of the laundry area. It is simply too hot in the other rubbish room, and this is partly what is causing the issue. Thank you for your understanding.

#### **Maintenance Request Forms**

If you need any maintenance attended to or garden work, please make sure that you complete the appropriate form at reception. This will then be entered into requests system and be allocated to the appropriate person, please do not tell the team directly as there is every possibility it can be overlooked (forgotten) if it is not entered and tracked.

#### **Open Day Wednesday 19th February**

Our Sales Manager, Robyn, will be holding an Open Day on Wednesday 19<sup>th</sup> February from 12pm to 2pm. Thank you to the ambassadors for their help on the day and to everyone for being so welcoming towards our visitors.

#### **Upcoming Events**

- Valentine's Day dinner Friday 14th February 6pm
- Ladies Club afternoon tea Tuesday 18th February 2pm
- Open Day Wednesday 19<sup>th</sup> February 12-2pm
- Residents' monthly birthday morning tea Friday 21<sup>st</sup> February 10am
- Happy Tuesday 2 for 1 dine-in deal Tuesday 25th February 6pm
- Welcome to new residents' morning tea Friday 28<sup>th</sup> February 11am

Gary Jarvis



Health and Wellbeing Corner

#### Looking Out for Each Other: The Importance of Staying Connected

Life in our beautiful community is filled with opportunities to enjoy retirement, make new memories, and connect with those around us. However, it's important to remember that self-isolation can sometimes sneak up on us, even in a lively village like ours. Staying socially active and keeping an eye out for your neighbours can make a world of difference—for you and for them.

#### Why Staying Connected Matters

As we age, it's normal to prefer quiet moments of solitude or to enjoy our own company. But when self-isolation becomes a habit, it can lead to feelings of loneliness. Over time, loneliness can have a profound impact on our mental and physical health, contributing to conditions like depression and even increasing the risk of cognitive decline, such as dementia.

Human connection—whether it's a short chat, a shared laugh, or a cup of tea with a friend—plays a vital role in keeping us healthy, happy, and mentally sharp.

#### The Danger of Loneliness

Loneliness doesn't always arrive with loud warning signs. It can creep in slowly, especially for those who might already feel hesitant about socializing. Unfortunately, prolonged loneliness can lead to:

- Increased anxiety or depression
- Poorer physical health
- Cognitive decline, including memory loss
- A reduced sense of purpose or motivation

But the good news is, even small steps toward human connection can make a huge difference!

#### Looking Out for Each Other

Here in our village, we are a community, and part of being in a community is looking out for one another. Here are a few simple ways we can support our neighbours and friends:

#### **Check In Regularly**

If you haven't seen your neighbour for a day or two, pop by for a quick chat or give them a call.

#### **Invite Others to Activities**

Whether it's a walk in the garden, a card game, or attending one of the village events, a kind invitation can brighten someone's day.

#### **Celebrate the Small Moments**

A quick "hello" or a smile in passing can make someone feel included and seen.

#### **Reach Out to Us**

If you're worried about someone who seems withdrawn or unwell, please let our team know. We're here to help and provide support.

#### **Staying Active Together**

For those who find socializing a challenge, there are many ways to stay engaged without feeling overwhelmed:

- Join village activities: Bingo nights, book clubs, or weekly fitness classes are great options.
- Engage in small conversations: A quick chat in the lounge or garden can be the first step toward deeper connections.
- Volunteer or share a hobby: Whether it's helping with events or showing someone how to knit, sharing your time is a wonderful way to connect.

#### The Benefits of Social Interaction

- Boosts mental health and reduces stress
- Keeps your brain sharp and improves memory
- Encourages physical activity, even if it's just a walk with a friend
- Provides a sense of belonging and purpose

#### Let's Make 2025 a Year of Connection

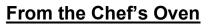
It's okay to have days when we prefer quiet time alone. But let's also make an effort to build connections, reach out to those who might feel isolated, and participate in the vibrant social life our village offers. Together, we can create a warm, welcoming community where no one feels left behind.

If you ever feel lonely or find it hard to connect, remember you're not alone—we're here for you. Stop by for a chat, join an event, or let us know how we can support you.

Rebecca and I have made great progress with emergency alarm testing in the apartments and villa's and only have a few more streets to do, thank you too all so far.

Pinehurst high school volunteer students that visited last year will be returning as of next **Tuesday 18<sup>th</sup> February**, so if you would like a visit from them or like to join in with one of the groups that were formed last year, please contact me. They really enjoyed spending time here with our residents, and the residents welcomed their visits too.

Nurse Maria and the nursing team



#### Did you know?

- 1. We have placed a dish trolley outside the kitchen door. We kindly ask that you please place any dirty plates, glasses, or utensils in the trolley after dining in. This will ensure a more efficient and tidier environment for everyone. Your cooperation in keeping the space clean is greatly appreciated, and it helps us maintain a smooth and organized kitchen for all.
- 2. Just like a regular café, we also have eggs benedict, big breakfast and a wide variety of food on our menu that will suit everyone's dietary requirements. Aside from that, we have a small but complete food cabinet which offers a variety of savouries, sandwiches, scones, sweet treats and salad of the day.
- 3. A quick reminder, every time you use your Fairview Charge Card, please remember to sign the till receipt. This helps us keep everything accurate and ensures that your purchases are properly recorded. It only takes a moment and it helps us serve you better. Thank you for your cooperation and if you have any questions please feel free to ask.
- 4. Our dinner menu changes weekly featuring a variety of delicious meals prepared just for you. Each week we offer dinner options that cater to different tastes and preferences, ensuring there's something for everyone to enjoy. Whether you're craving a hearty classic or something a little more adventurous, our kitchen team is always working hard to bring you flavors that will make your mealtime special.

#### Staff Updates:

Jomari is the heartbeat of our café. He is our storekeeper and plays a crucial role in keeping our shelves stocked, ensuring everything is in order, and making sure we're always ready to serve you with top-notch products. His contributions don't stop there, Jomari's skills extend far beyond just inventory. Whether he's assisting customers, helping in the kitchen, or stepping in wherever needed, he's always ready to lend a hand with a positive attitude. His dedication and ability to juggle so many responsibilities at once make him an invaluable part of our team.

When he's not at the cafe, Jomari is working hard towards his degree in accounting, showing just how driven and hardworking he is. Balancing work, studies, and everything else in between, he manages to bring a calm, focused energy to the team that helps keep things running smoothly. We're so fortunate to have Jomari with us he's not only a great colleague



but also an essential part of the family here at the cafe. His hard work, versatility, and kind nature make him an irreplaceable asset, and we can't imagine the place without him!

#### **Donut Friday**

Our baker is back and we will have donuts tomorrow. \$4 each or 3 for \$10. First come first served.

#### Upcoming Events:

- Friday 14<sup>th</sup> February at 6pm Valentines Day
- Tuesday 18<sup>th</sup> February at 2pm Ladies Club Afternoon Tea
   A special afternoon tea of one sweet and one savoury plus your favourite barista coffee for only \$10. Bookings at the Café.
- Tuesday 25<sup>th</sup> February at 6pm Happy Tuesday 2 for 1 Dine-in Deal \$20
  Join us on our first Happy Tuesday of the Year This time we will take you to FRANCE, we
  will have a culinary tour of their famous Ratatouille and poulet griller with a twist (chicken and
  vegetable stew) and pana cotta as an optional dessert. Bookings and payment are now at
  reception accepting maximum of 76 seats. We have 4 seats available be quick!

#### • Friday 7<sup>th</sup> March at 8:30am – Gentlemen's club

Mark your calendars for Friday 7<sup>th</sup> March for our second Gentleman's Club gathering of the year! We want to extend a heartfelt thank you for your valuable feedback on our last breakfast event. We hope to see even more of you this time for a bigger and better gathering! Looking forward to a fantastic time together! Bookings and payment at the Café.

#### Chef Lunch Special for Month of February

For the month of February we have a Korean Cuisine. Indulge in our Chef's Special featuring tender grilled striploin in Korean bulgogi sauce paired with a vibrant soba noodle and fresh garden salad. The savoury richness of the perfectly grilled striploin complements the refreshing cold soba noodle and mesclun garden salad, tossed in a delicate Korean-inspired dressing topped with toasted sesame seeds and seaweed.

Noris and the Relish team.



#### Maintenance Update



It's wasp nest building season. Following having your wasp nest sprayed, please be aware of the dead wasps on the ground.

#### Hair Salon Update

Unfortunately, due to a lack of bookings, the salon will now be closed on Mondays. We appreciate your understanding and apologise for any inconvenience this may cause.

#### What's on this Coming Week and Next



#### Movie Group Tuesday 18th February - Joy

The true story of three British medical staff who, despite opposition, worked together to help a childless couple to have the world's first IVF baby. Stars Thomasin McKenzie, James Norton and Bill Nighy.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Peter Woolnough



#### **Friday Night Raffle**

Another raffle night last Friday, where we sold five main raffles.

The dwelling draw was drawn by Brian Sutherland, and the winner was Brynley Goodger. Thanks Brian.

The main raffles were drawn by Murray Keenan - thanks Murray.

The winners were:

Brenda Lee, Clark Robbie, Chris Nicholls, Mary Gardner, David Ellis, Graeme Pullar, Brynley Goodger, Bev Wade, Barrie Flint, Vince Sturmey, Peter Croft, Pat Gill, Bruce Benfell, Doreen Beaman, Elaine McClintock, Patrick Knell, Jean Elliott, Neville Turner, Denis McCarthy, Richard Jones, Clive Sandham, Brian Sutherland, Tony Stanaway, David Brand, Monica Renwick. Congratulations to you all.

A reminder that we find it very difficult to deal with \$50 notes - that is because the money we receive one week is used for the prizes the next week, and none of the prizes use a \$50 note. So please do not ask us to change one when you buy your tickets.

We look forward to seeing you all again this week. Jocelyn Goodger



#### Catholic Liturgy – Friday 21<sup>st</sup> February

Our Liturgy Service for this month will be held in the Sunroom on the 3<sup>rd</sup> Floor on Friday 21<sup>st</sup> February at 11.00am. Holy Mass will be celebrated by a priest of our Parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy

gatherings. Following the Mass, we will enjoy refreshments together in the Lounge. A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information please contact Natalie Turner Ph: 479 9527



#### QUIZ NIGHT --- Sunday 23 February 2025

Quiz Night returns on Sunday 23 February for the 2025 season.

The February topics are General Knowledge 1, Planet Earth, Germany,

**World History, Superstitions** and **General Knowledge 2**. There is room for further teams, so come and join your fellow "inmates" and enjoy Quiz Night at 6.45pm Sunday 23rd. If you would prefer, we can always fit more into existing teams. It is great fun!

The first question is asked at 7.00pm in the third floor lounge and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzer with cash prizes for the winners.

We look forward to seeing you there joining in the fun!



#### **Garden Club Members**

We are having a morning tea on Monday 24<sup>th</sup> February at 10.00am. To replace the postponed December meeting. We will have a bit of fun this time with some spot prizes.

There will also be a handout showing our trading table income and expenditure for the 2023 – 2024 year.

Anne Pike

#### **Residents' Notices**

#### Fairview Annual Challenge Bowls Tournament

On Monday the Annual Fairview Challenge Bowls Tournament was held and 7 villages were invited to send two teams of three players.

The competition was very strong and playing three games of eight ends under the hot sun was very demanding on all players.

At the end of the day, Mayfair, team 1 were the winners of the bowls competition, Peninsular, team 1 were second, Park lane, team 1 were third and Fairview, team 2 were fourth. Winners of the Challenge Trophy, the village with the most points, was Mayfair.

I would like to thank Management for their sponsorship of this event, also the Kitchen staff for the wonderful lunch, all the Bowlers who helped to set things up for the day and the bar staff for opening the bar.

We had lots of feedback on how Fairview had put on a wonderful tournament and how friendly and helpful our village was.

It was a great day, although very hot, and the comments we received put Fairview village and the Fairview Bowling organisation as one of the best they have been to.

Gordon Tasker

#### <u>Welcome</u>

The Bacchus Piano Trio in concert will be performing in Fairview lounge at 3 pm on Sunday, February 23. This will be a very special concert, so please invite your friends and family. Alison Leadley's very talented daughter Helen Van Druten, is the violinist. Helen led the Auckland Symphony Orchestra for five years and recently the Philharmonic Society Orchestra.

Dora Green is a dedicated cellist. Dora has played in many orchestras and performed worldwide. She now teaches 20 cellists.

Joy Crabtree, pianist, was accompanist to Dame Malvina Major for 20 years and has given concerts throughout New Zealand and internationally.

NOTE— definition of Bacchus

The Greek God of wine, later venerated by the Romans. Also associated with plant life, indulgence, revelry, folly and wild passion. Wow! Take your pick!

Angela Social Committee

#### Gareth's Puzzle

- Which of these 4 sets of letters can make words using all of the 5 vowels? L\_Y R\_P S\_X B\_G
- 2) If this number 777,777 is written out, how many letters e are there?
- 3) How can you turn this triangle of zeros upside down in 3 moves?

00 000

0

0000

4) What 3-digit number completes this sequence? 1 8 11 69 88 96 ???

Last week's puzzles were:

1) And you shouldn't have to stand on your head to get this one

What number is X 16 06 68 88 X 98 ?

2) What number is Y? 1 = 3, 3 = 5, 5 = 4, 6 = Y

3) What links these?	PRIZE	ROSE
	IRON	EAGLE
	FAST	WORK
	SMOOTH	REED

And the answers are:

- 1) 18 look at the numbers upside down.
- 2) 3 the sequence is the number of letters in each number
- 3) The sequence is ZERO ONE TWO THREE hidden in the words.

#### Bug Doctor

Hello again Fairview Lifestylers. Peter, that's me, the Bug Doctor will be treating villas and apartments.

Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbors. I've been in the village for at least 17-18 years and still have my customers on board.

Cheers, Peter. Phone/text 021 244 5909

# 10 Minute Wonders

# They're at it again!

Featuring Bennie Gunn on the piano and the usual cast of <del>idiots</del> geniuses presenting little skits and stories written and performed by your residents. The one and only performance so don't miss out!

3rd Floor Lounge

Sunday 16<sup>th</sup> February at 4.00pm

The bar will be open after the show.



## **Social Committee Invitation**



Sunday 23<sup>rd</sup> February Level Three Lounge 3pm

Friends and Family Welcome



# Palentine's Day Dinner

Friday 14<sup>th</sup> February at 6pm \$35 per person

## Appetizer

Mediterranean Vegetable Crostini Canape Grilled ciabatta, drizzled with basil oil. A medley of sun-ripened olives, tangy sundried tomatoes and creamy feta.

### Choice of Mains

Slow-cooked Guinness Beef Medallions 4 hour slow-cooked beef medallions, seasoned and cooked in Guinness beer.

Poached Salmon in Prosecco Sauce Tenderly cooked in golden butter and champagne-infused prosecco sauce.

Both served with silky pumpkin and pomme puree, grilled broccolini, raw julienne beetroot slices and wild rocket salad.

## Dessert

Strawberry Mousse A decadent strawberry mousse accompanied by a vibrant wild berry couli

Please book and pay at reception by Wednesday 12th February 4pm

#### **Strength and Balance**

Monday 17 February 10.30am  $-2^{nd}$  Floor Lounge Please remember to bring your water bottles. It is very important to keep your fluids up.

#### **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

#### **Beautician**

Wednesday 19 February 2025. Natalie is at the Village every Wednesday from 9.45am – 4.00pm. She works from the Doctor's Room on the 3<sup>rd</sup> floor. Call or text on 0211458542 to make your booking.

#### **Restorative Yoga with Joy - Stretch Strengthen Revitalise**

Thursday 20 February - 1.30pm - 2<sup>nd</sup> Floor Lounge Monthly prepaid fee of \$20.00 We appreciate the subsidy from the Village Residents' Committee

#### **Aqua Class with Libby**

Friday 21 February – 9.15am – Level 2 Swimming Pool \$5.00 per class

#### Doctor

Thursday 27<sup>th</sup> February – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room Please phone reception to book an appointment with Dr Hunter.

#### Podiatrist

Thursday 20<sup>th</sup> February– 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room Please phone reception to book an appointment with Paul Hames.

#### WEEKLY SCHEDULE

#### 17 February to 23 February 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

#### KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 17 Feb	Hair Salon is closed on Mondays			
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge	
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge	
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge	
Tue 18 Feb	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am	
	Croquet (weather permitting)	9.00am	Croquet Green	
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start	
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room	
	Craft Group (newly formed group)	1.30pm	3 <sup>rd</sup> Floor Sun Room	
	Movie Group	7.15pm	Joy	
Wed 19 Feb	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim	
	Petanque	9.00am	Petanque Court	
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room	
	Dance on Request	9.30am	2 <sup>nd</sup> Floor Lounge	
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room	
	Twilight Croquet	5.00pm	Croquet Green	
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge	
Thu 20 Feb	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim	
	Croquet (weather permitting)	9.00am	Croquet Green	
	Bus to Milford	11.30am	Returns 2.00pm	
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start	
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom	
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge	
Fri 21 Feb	Hair Salon with Kim	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim	
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm	
	Aqua Class	9.15am	Level 2 Swimming Pool	
	Catholic Liturgy	11.00am	3 <sup>rd</sup> Floor Sun Room	
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room	
	Friday Night Raffle	3.30pm	3 <sup>rd</sup> Floor Main Lounge	
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge	
Sat 22 Feb	Croquet (weather permitting)	9.00am	Croquet Green	
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm	
Sun 23 Feb	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start	





Bookings by 12pm / Please phone 09 477 3957 Small Meal \$18.00 – Large Meal \$20.00 \$2.00 Delivery Fee applies per Villa

#### Monday / Beef

*GF* tender beef slices in homemade teriyaki sauce with toasted sesame seeds and garlic chips, Asian style stir-fry vegetables served with vermicelli noodles

#### Tuesday / Pork

Pub-Style twice cooked braised and BBQ pork belly grilled cauliflower and maple carrots, chives mashed potatoes

#### Wednesday Roast

**GF** braised lamb shanks, jus and gravy, mint sauce Or grilled chicken in BBQ sauce

Both served with, green beans, carrots and parsley mashed potatoes

#### Thursday / Beef

**GF** Thai beef curry, steamed cauliflower, broccoli coconut Thai jasmine rice

#### Friday / Choice of fish

Market Beer-battered fish with tartare sauce, slaw and fries Or baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes (large only)

#### Saturday / Chicken

**GF** smoky grilled and baked chicken breast cooked in white wine & mushroom sauce, penne pasta tossed in our homemade basil pesto served with garlic ciabatta bread

#### Sunday Roast / Lamb

**GF** rolled lamb leg roast slowly cooked in red wine sauce, jus & gravy, Served with peas & corn, roasted pumpkin, kumara and potato

#### Alternative TAKEAWAY Dinner Menu – in foil tin:

Lamb shanks, roast beef and braised beef.