

The Village News

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 10 March to 16 March 2025 No. 362

From the Manager's desk

EV Policy

We have arranged for the installer of the EV charging system to come to the village on Tuesday the 8th of April at 1.00pm to answer any questions and talk about the facility that will be in place. If you have specific concerns about the charger's capabilities, please submit them in writing so we can compile a Q&A document to address these queries.

Additionally, please return your completed EV Policy form to reception as soon as possible. If you do not own a vehicle, kindly indicate "no vehicle" on the form.

Thank you to all those who have already returned their EV Policy forms.

Security in the Village

We would like to remind residents about personal security. It is recommended that you lock your doors when you leave your apartment or villa, whilst we have controlled access to some areas in the main community centre if someone wants to get in they will.

Village Fire drill - Evacuation

On Tuesday the 25th of March we will be conducting a trial evacuation as is required under our evacuation scheme. We will provide more details on this in the coming newsletters.

Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues. You will note that the contractors will be moving across to Villas 6, 7 and 8 next week with the installation of the edge protection. When the team are spraying Villas 3, 4 and 5 the top carpark will need to be clear. This car park will be able to be used again from this weekend.

| Villa | Roof | Painting |
|-------|------|----------|
| | | |

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|------------------|--------|--------------------------------------|---------|---|--|
| Day | Date | Works | Villas | Notes | |
| Thursday | 6-Mar | Spray second coat & spray third coat | 3,4 & 5 | No vehicle to be in drive of 3, 4 & 5 or located in the upper carpark | |
| Friday | 7-Mar | Remove edge protection | 3,4 & 5 | No vehicle to be in drive of 3, 4 & 5 or located in the upper carpark | |
| Friday | 7-Mar | Install edge protection | 8 | No vehicle to be in drive of 6 | |
| Saturday | 8-Mar | No work | 3,4 & 5 | No vehicle to be in drive of 3, 4 & 5 or located in the upper carpark | |
| Sunday | 9-Mar | No work | | | |
| Monday | 10-Mar | Remove edge protection | 3,4 & 5 | No vehicle to be in drive of 3, 4 & 5 | |
| Monday | 10-Mar | Install edge protection | 8 | No vehicle to be in drive of 6,7 & 8 | |
| Monday | 10-Mar | Washing | 8 | No vehicle to be in drive of 6,7 & 8 | |
| Tuesday | 11-Mar | Install edge protection | 6+7 | No vehicle to be in drive of 6,7 & 8 | |
| Tuesday | 11-Mar | Fix pointing | 8 | | |
| Wednesday | 12-Mar | Spray primer coat | 8 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Wednesday | 12-Mar | Washing | 7 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Thursday | 13-Mar | Spray second coat & spray third coat | 8 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Thursday | 13-Mar | Washing | 6 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Thursday | 13-Mar | Fix pointing | 7 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Friday | 14-Mar | Fix pointing | 6 | | |
| Friday | 14-Mar | Spray primer coat | 7 | No vehicle to be in drive or road of 6,7 & 8, 10, 11, 12 & 14 | |
| Saturday | 15-Mar | No work | | | |
| Sunday | 16-Mar | No work | | | |
| | | | | | |

Please note that the above program is subject to change with weather conditions etc.

Croquet Green

At this stage the green is forecast to reopen on the 24th of March.

Upcoming Events

- Friday 7th March 8:30am Gentlemen's club
- Monday 17th March at 6pm St Patrick's Dinner
- Tuesday 18th March at 2pm Ladies Club Afternoon Tea
- Thursday 20th March at 12pm Volunteers Lunch
- Tuesday 25th March at 6pm Happy Tuesday 2 for 1 Dinner
- Friday 28th March at 2pm Westpac presentation on fraud/scams in main lounge

Gary Jarvis

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Health and Wellbeing Corner

As the leaves begin to turn and the air becomes cooler, we welcome the arrival of **Autumn**. With the change in season comes a shift in temperatures, making it important to be mindful of our health and wellbeing. But with that we are seeing some with cold and sniffles out there already. With the change in season

Stay Warm & Prevent Seasonal Illness

As the days grow shorter and the mornings and evenings become cooler, it's important to dress appropriately. Layering up with warm clothing, keeping a blanket handy, and ensuring your home is well-heated can help prevent chills that may lead to colds and flu.

Cold & Flu Awareness

With the seasonal change, cases of colds and flu tend to rise. While some illnesses are mild, others can develop into more serious infections. To **protect yourself and others**:

- √ Wash your hands regularly to prevent the spread of germs.
- ✓ **Keep your immune system strong** by eating a balanced diet with plenty of fruit and vegetables.
- √ Stay hydrated—drinking enough water is just as important in cooler weather.
- ✓ **Get your flu vaccination**—if you haven't already, speak to the nurse or your GP about protecting yourself.

Listen to Your Body

If you begin to feel **unwell**, **fatigued**, **or develop a cough**, **fever**, **or body aches**, please take care and **rest**. If you are feeling unwell, avoid social gatherings and reach out to a nurse or your GP for advice.

With the air becoming drier, our **skin can also suffer** in autumn. So, Men and Ladies it is very important to daily moisturise your skin to keep it hydrated and helping the prevention of skin tears, especially as we start to wear long sleeves and jackets again.

Stay Active & Social

We are still having warm days, but the colder weather is coming, it may make us want to stay indoors, but it's important to keep moving and stay engaged with others. Join indoor activities, enjoy a puzzle, or attend a village event to keep your mind and body active!

Let's welcome Autumn with good health and positive habits. Stay well, look after each other, and enjoy the beauty of the changing season!

I have booked in for the **FLU VACCINATIONS** to be administered here again this year on Thursday 3rd April from 2pm onwards. A schedule of surnames will be posted the week before, so you know what time to attend. Please collect a consent form and fact sheet from the table at reception, by the newsletters, and return to the nurse or reception no later than **Thursday 27th March**.

I would also like to put in a reminder about the use of our great **emergency alarms** we have in our Villas and Apartments. These are to be used for any medical concerns day or night as we have nurses available to assist you 24 hours a day. They are not to be used to call if you can't find your TV remote or if your phone is not working. If the nurses receive an emergency alarm we drop and run to assist your needs.

Maria and the nursing team

From the Chef's Oven

Welcome High Tea for New Residents

Last week's High Tea was a delightful event as we welcomed our new residents with open arms. The atmosphere was warm and inviting, filled with laughter and engaging conversations. Guests were treated to an array of favourite treats, including delicious pork sausage rolls, freshly baked scones with jam and cream, mouthwatering cupcakes, and classic club sandwiches, among other goodies. Our new residents were truly impressed by the spread and had a wonderful time mingling and getting to know one another. It was a memorable morning, and we're excited to continue creating more moments of connection and camaraderie within our community.



Staff Updates:

Meet Celeste: Our talented baker & donut Queen

Every Friday, there's one thing our residents look forward to the most – *Donut Friday*! This beloved tradition has become a staple in our Village, and it's all thanks to our talented baker, Celeste. Her

scrumptious, melt-in-your-mouth donuts have become a highlight of the week, and they're always the talk of the Village. But Celeste's role doesn't stop there. She's the true definition of an all-rounder! When she's not in the kitchen baking up a storm, she's often jumping behind the till to take orders with a smile, or jumping in the barista coffee machine to craft the perfect coffee.

Celeste is always ready to lend a hand wherever she's needed, bringing an incredible energy to everything she does. Her versatility and cheerful personality make her a favourite with both our residents and fellow team members. We are incredibly lucky to have Celeste as part of our team. Her dedication, hard work, and vibrant spirit truly make a difference in our community. Thank you, Celeste, for everything you do to make *Donut Friday* so special!



Donut Friday

Don't forget it's Donut Friday tomorrow. \$4 each or 3 for \$10. First come first served.

Upcoming Events:

at reception.

- Friday 7th March at 8:30am Gentlemen's club
 - Mark your calendars for Friday 7th March for our second Gentleman's Club gathering of the year! We want to extend a heartfelt thank you for your valuable feedback on our last breakfast event. We hope to see even more of you this time for a bigger and better gathering! Looking forward to a fantastic time together! Bookings and payment at the Café.
- Monday 17th March at 6pm St Patrick's Dinner
 The menu is at the end of the newsletter. It will be a three course meal. Bookings and payment
- Tuesday 18th March at 2pm Ladies Club Afternoon Tea
 A special afternoon tea of one sweet and one savoury plus your favourite barista coffee for only \$10. Book at the Café.

• Thursday 20th March at 12pm – Volunteers Lunch

Volunteers appreciation lunch – A special thank you to the residents of Fairview. We want to extend our heartfelt thanks to all the wonderful volunteers who have given their time and energy to support our community here at the village. To show our appreciation, we are hosting a complimentary lunch exclusively for our volunteers! This is our way of saying "thank you" for all your hard work and dedication. Invitations have been sent, please RSVP to reception.

Tuesday 25 March at 6pm - Happy Tuesday 2 for 1 dinner A Culinary Tour of American Cuisine

Get ready for a mouthwatering journey through America's flavours with our special 2-for-1 Tuesday dinner deal! This time, we're featuring a classic American BBQ feast: tender, smoky **BBQ Baby Back Ribs** paired with crispy potato chips and fresh, tangy **Southern Slaw**. It's the perfect way to savour some of the best tastes the U.S. has to offer. But wait there's more, we will have an optional dessert – the classic American apple pie topped with whipped cream for \$5. Bookings and payment at reception accepting a maximum of 76 bookings.

Chef Lunch Special for Month of March

March Chef's Lunch Special - We're thrilled to announce that, by popular demand, we're bringing you a beloved British classic! For the entire month of March, we're serving up the ultimate comfort food: Bangers and Mash. Enjoy juicy, savoury sausages perfectly paired with creamy mashed potatoes and a side of vibrant, sweet peas that bring it all together. Whether you're craving something hearty for lunch or just in the mood for a comforting classic, this dish is sure to hit the spot.

Noris and the Relish Team.



What's on this Coming Week and Next



Movie Group Tuesday 11th March - Pam Ayres

This is a live recording of Pam delighting her audience with her very funny monologues and poems. Not to be missed.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Peter Woolnough

Friday Night Raffle

A *very big* thank you to Jocelyn for standing in for me and for doing the accounts for Warren while we were away. We had another great night on Friday, once again selling five main raffles and one minor after the uncertainty of the previous week.

The dwelling draw was drawn by Jean Elliott. The winner was Mary Gardner. Congratulations Mary.

The main raffles were drawn by Sandie Jennins. The winners were:

Chris Nicholls, Cynthia O'Callaghan, Peter Croft, Clark Robbie, Lois Hadfield, Margo Sturmey, Allan O'Callaghan, Wayne Nicholls, Dave Brand, Chris FitzPatrick, Jill Cornthwaite, Bruce Benfell, Adele Carlisle, Monica Creedon, Brynley Goodger, Jillian Milne, Luella Jacobson, Ted Ranyard, Clive Sandham, Pam Glaum, Mary Gardner, Jean Elliott, Annette Cook and Dianne Turner.

We look forward to seeing you all again this week.

Diane Brown Raffle Convenor



Garden Club

Our next trip is to the Greenlaw Gardens in Helensville. When we went there in 2023 it rained all day but the lunch was worth it. This time it will be sunny!!!!

Date: Monday 10th March

Depart: 9.45am

Morning Tea at 10.30am

The cost of morning tea and entrance fee is a total of \$12.00. (Please place your money in an envelope with your name)

If you are interested, please phone Anne 475 6741.

Residents' Notices

DANCERS

Please note, dancing is cancelled on Monday 17th March due to St Patrick's dinner. Cheers, Pat

BINGO

Thank you for a very enjoyable evening.

We had over 60 people attending and with a large group of visitors from Settlers and Mayfair Villages we were able to offer bigger prizes for the Bingo last Saturday.

Congratulations to all the winners and to Cynthia O'Callaghan for winning the \$100 jackpot and Maureen Capon who won the line prize.

We look forward to seeing you all again at our next Bingo evening on Saturday 5 April.

The Bingo Team

GARETH'S PUZZLE

This week's puzzles are:

- 1) What are these 3 vegetables plus a pudding?
- YPRSALE, COBILCOR, MEANGOERTAP, SEEACHKEC.
- 2) What does this say? KNOW it NO.
- 3) Take me out of a window, and I leave a grieving wife. But stick me in a door, and I can save somebody's life. What am I?
- 4) A blind man has 25 red socks, 47 green socks and 3 blue socks in a drawer. How many does he have to pull out to make a pair?

Last week's puzzles and answers are:

- 1) I always sit in the centre seat in the cinema, 12 rows from the front and three from the back. How many rows are there?
- 2) Which is the odd one out? Two vowels, three syllables, seven letters or ten consonants. 3a) Who is this? Bee 3b) What is this? DEEF

Say

- 4) Here are 3 girl's names. If dis-assembled and re-assembled alphabetically, which would come first? Samantha Hopkins, Peggy Longbottom, Veronika Patterson And the answers are:
- 1)14 2) Ten consonants as the rest have the same number as in the word
- 3a) Beyonce 3b) negative feedback 4) Samantha has 3 letter a's

BUG DOCTOR

Hello again Fairview Lifestylers.

Peter, that's me, the Bug Doctor will be treating villas and apartments.

Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbors. I've been in the village for at least 17-18 years and still have my customers on board.

Cheers, Peter.

Phone/text 021 244 5909

Resident Phone Book Updates

We will advise you of any changes to the phone book so you can update the book you have. The current phone book is available at all times on Fairview Intranet.

Please cut and paste this into your phone books.

New resident

| Villa 97 | Levett, Michael & Bev | |
|-----------------|-----------------------|--|
| Home number | | |
| Mobile number 1 | 021 0251 9542 | |
| Mobile number 2 | | |
| Email 1 | levettbev@gmail.com | |
| Email 2 | | |

New resident

| Villa 105 | Crabb, Wendy |
|-----------------|--------------|
| Home number | 479 5640 |
| Mobile number 1 | 027 479 5640 |
| Mobile number 2 | |
| Email 1 | |
| Email 2 | |
| | |

Delete landline and add mobile numbers

| Villa 44 | Armstrong, Joyce & Richard | | |
|-----------------|----------------------------|--|--|
| Home number | | | |
| Mobile number 1 | 021 235 2598 (Richard) | | |
| Mobile number 2 | 021 231 9196 (Joyce) | | |
| Email 1 | | | |
| Email 2 | | | |

Added Value Partners as of March 2025

Restaurants and Cafes

Piatti Italiani Restaurant

Thursday night deal for all <u>Supergold</u> card holders. Thursday Night Deal – buy any meal and receive your second meal at ½ price.

Bookings are essential, please phone 09 478 6936.

*T&Cs: Maximum 2 cards (2 half price meals) per table, (second meal must be equal or lesser in value). Piatti Italiani reserves all rights affe e Cucina (Italian) Residents of Fairview will receive 15% discount off their normal dinner menu plus any alcohol purchased. If you bring your non-Fairview guests or family members, they will also receive a 15% discount. 09 448 5195.

Khun Pun Thai Restaurant

Residents will receive 10% discount for dinner only (for up to \$25.00) per table. Please present your name badge to redeem the discount. 09 448 5757

Buon Venuti Italian Restaurant in Browns Bay

Open for dinner Monday – Sunday from 5.00pm to 10.30pm.
Open for lunch Thursday – Sunday from 11.30am to 3pm.

Residents of Fairview will receive 10% discount on all meals, 09 479 6134

Northcross Cheese Cake Shop

Residents of Fairview will receive 10% discount on all purchases. 09 478 7950

Beaufort + Co (Café in Albany)

Beaufort + Co are delighted to offer Fairview residents 10% discount on all purchases.

Health and Wellbeing

Albany Village DentalGive special terms and benefits to Fairview residents. 09 448 2289

Northcross Pharmacy

Offer free delivery of prescriptions.

Commodore Pharmacy Browns Bay

Residents will receive a 10% discount on items that are not on special.

They have a wide range of New Zealand made skincare and gifts and are stockists of the Koru and Bee Venom for joints. They have been in Browns Bay for over 35years and have 45yrs experience with healthcare.

Specsavers Albany

Residents will receive \$30 (half price) standard eye exam with 25% off single pair glasses. **09 447 1465**

Travel

Fuzion Travel (Travelwise Holidays)

Holidays designed exclusively for the adventurous 60+ year travellers. Fairview residents can enjoy a 5% discount on Allianz Travel Insurance for any Travelwise or Fuzion Travel business along with exclusive Travelwise Holiday Tour Deals. 0800 116 060

Art Supplies

Gordon Harris Albany

If you advise that you are from the Fairview Art Group you will receive a discount on art supplies.

Vehicle Repairs & Maintenance

Auto Super Shoppe

Offer 15% discount on all labour costs.

WOF (TVNZ) on site and offer \$5.00 off for Super Card holders. 09 415 8569

Tony's Tyre Service

Give total service on most tyre related jobs and special discounts. 09 414 5957

Felix Mobile Mechanic

All mechanical repairs, WOF and service. Can offer 10% discount to Fairview residents

09 473 1657 or 021 065 2104.

McCarthy Motors

Full service, basic service, mechanical repairs, WOF etc.

Offer a free service to pick up your vehicle and deliver back to the village.

Offer 10% discount to Fairview residents. 09 415 8885

Other Services

Mitre 10

Simply mention FAIRVIEW Cash Account when you arrive at the checkout, before your items are scanned, which will sometimes attract a discount depending on what the goods are (not applicable at the café). Mitre 10 MEGA Albany is your go-to spot conveniently located at 260 Oteha Valley Road, Albany.

100% Albany Extreme Appliances

Preferential pricing available for all Fairview residents.

Slique

Offers discounted prices on tile and grout cleaning, silicone replacement, and glass cleaning. Contact Blair Phillips on **09 414 2910 or 021 279 0499**.

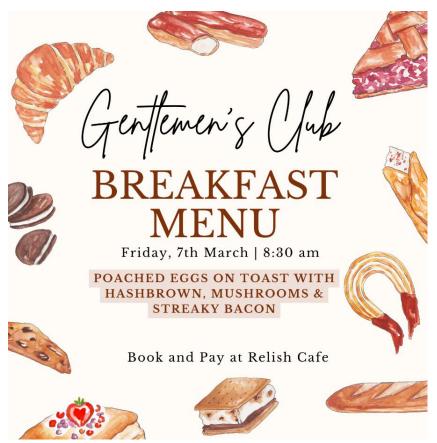
Peter the Bug Doctor

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. **021 244 5909**

Shade Doctor

Awning and canopy cleaning specialists, phone for a free quote. 09 281 5510

Please present your Fairview name badge as ID.







Bookings and payment at the reception on or before 13th March

HAPPY TUESDAY

2 FOR 1 DINE IN

\$20 DINNER DEAL

25TH MARCH / 6PM

BBQ BABY BACK

RIBS & CHIPS

SERVED WITH SOUTHERN SLAW

AMERICAN APPLE PIE

OPTIONAL DESSERT \$5

RECEPTION BY MONDAY 24TH MARCH BY 12NN

Strength and Balance

Monday 10 March $10.30am - 2^{nd}$ Floor Lounge Please remember to bring your water bottles. It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 12 March 2025. Natalie is at the Village every Wednesday from 9.45am – 4.00pm. She works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 13 March – 1.30pm – 2nd Floor Lounge Monthly prepaid fee of \$20.00 We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 14 March— 9.15am — Level 2 Swimming Pool \$5.00 per class

Doctor

Thursday 13 March – 2.00pm to 3.45pm – 3rd Floor Doctors Room Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 20th March – 9.00am to 12.00 noon – 3rd Floor Doctors Room Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

10 March to 16 March 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

| Mon 10 Mar | Hair Salon is closed on Mondays | | |
|------------|---|-----------------------|---|
| | Strength & Balance | 10.30am | 2 nd Floor Lounge |
| | Line Dancing | 4.00pm | 2 nd Floor Lounge |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Lounge |
| Tue 11 Mar | Minibus – Albany Westfield | 9.15am/9.45am/10.15am | Return 10.30am/11.00am/11.30am |
| | Croquet (weather permitting) Green Closed | 9.00am | Croquet Green |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Mahjong | 1.00pm | 3 rd Floor Games Room |
| | Craft Group (newly formed group) | 1.30pm | 3 rd Floor Sun Room |
| | Movie Group | 7.15pm | Pam Ayres |
| Wed 12 Mar | Hair Salon with Kim | 9.00am – 1.00pm | 3 rd Floor Salon with Kim |
| | Petanque | 9.00am | Petanque Court |
| | Beautician | 9.45am | 3 rd Floor Doctors Room |
| | Dance on Request | 9.30am | 2 nd Floor Lounge |
| | Scrabble | 1.30pm | 3 rd Floor Games Room |
| | Twilight Croquet (Cancelled until further notice) | 5.00pm | Croquet Green |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Thu 13 Mar | Hair Salon with Kim | 9.00am – 1.00pm | 3 rd Floor Salon with Kim |
| | Croquet (weather permitting) Green Closed | 9.00am | Croquet Green |
| | Bus to Milford | 11.30am | Returns 2.00pm |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Art Group | 1.00pm | 3 rd Floor Sunroom |
| | Yoga with Joy | 1.30pm | 2 nd Floor Lounge |
| Fri 14 Mar | Hair Salon with Kim | 9.00am to 1.00pm | 3 rd Floor Salon with Kim |
| | Minibus – Browns Bay | 9.15am/10.15am | Return: 10.30am/12.00pm |
| | Aqua Class | 9.15am | Level 2 Swimming Pool |
| | Rummikub | 1.00pm | 3 rd Floor Games Room |
| | Friday Night Raffle | 3.30pm | 3 rd Floor Main Lounge |
| | Happy Hour | 4.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Sat 15 Mar | Croquet (weather permitting) Green Closed | 9.00am | Croquet Green |
| | Indoor Bowls | 1.00pm | 2 nd Floor Games Room for 1.15pm |
| Sun 16 Mar | Outdoor Bowls | 1.00pm | Assemble for 1.15pm Start |



Dinner Menu 10 Mar to 16 Mar

Bookings by 12pm / Please phone 09 477 3957 Small Meal \$18.00 – Large Meal \$20.00 \$2.00 Delivery Fee applies per Villa

Monday / Beef

Creamy beef and mushroom stroganoff with basil fettuccine served with steamed broccoli and 2 pieces of garlic bread

Tuesday / Pork

Pork schnitzel, teriyaki sauce, vegetable chop-suey and egg fried rice

Wednesday Roast / choice of meat

GF braised lamb shanks jus and gravy or BBQ Chicken Roast

Both served with maple glazed carrots & buttered peas Chives mashed potatoes

Thursday / Chicken

GF oven grilled quarter chicken leg and thigh, jus and gravy, Cauliflower and courgettes, smashed and baked potatoes

Friday / Choice of Fish

Market beer-battered fish with tartare sauce, slaw and fries
Or baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes
(large only)

Saturday / Chicken

GF honey and soy glazed chicken served with vermicelli and stir-fry vegetables

Sunday Roast

GF beef roast, brown gravy, mushy peas, buttered corn, roasted pumpkin and potato, Yorkshire pudding

<u>Alternative TAKEAWAY Dinner Menu – in foil tin:</u>

Roast lamb, braised beef, lamb shanks

JUST CALL IN, LIMITED BATCHES WEEKLY