The Village News



Reception Phone:477 3900 Nurses 24 hours:021 861 706 07 April to 13 April 2025 No. 366

From the Manager's desk

Housekeeping



As you will be aware Ellen is now on maternity leave and during this period, we will be providing cover via Beverley Hagger who is head of housekeeping at Settlers. We are fortunate to have Bev support the team during this period. We still have one of the team off on ACC medical leave at the moment so we are light on the ground, we would appreciate your understanding during this time.

Daylight Saving

This Sunday morning at 3.00am the clocks go back one hour as daylight saving ends. Enjoy the extra hour sleep in!

EV Policy

Reminder that we have arranged for the installer of the EV charging system to come to the village on Tuesday the 8th of April at 1.00pm to answer any questions and talk about the facility that will be in place. This meeting is purely to discuss the attributes of the chargers with the installer and any user or connection concerns you may have. Any other questions relating to the policy should be directed in writing back to the village, not at this meeting. Can you please advise reception if you will be attending the meeting, we will advise the venue on Monday directly to the registered attendees as this will be dependent on numbers.

Croquet Green

The croquet green is now forecast to open on Monday the 14th of April. We appreciate your patience and understanding whilst this seasonal maintenance is carried out.

Bowling green maintenance

Next Wednesday the 9th of April we will have Tiger Turf here to complete the bowling green grooming, they will be here at 08.30am and should only take a few hours.

Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues. There is a slight change to the previous works advised due to some confusion with the scaffolders.

		Works	Villas	Notes
Thursday	3-Apr	Rain Day or pointing	10	
Thursday	3-Apr	Install scaffold	18	No vehicle in drive of
Thursday	3-Apr	Rain day or Washing	18 + 19	No vehicle in drive of 18 + 19
Friday	4-Apr	Rain day or Washing	18 + 19	No vehicle in drive of 18 + 19
Saturday	5-Apr	Rain day or pointing or spray first coat	10	No vehicle in drive of 10 + 11 +6 +7
Sunday	6-Apr	No work		
Monday	7-Apr	Washing or Pointing	18 + 19	No vehicle in drive of 18 + 19
Tuesday	8-Apr	Pointing	18 + 19	
Tuesday	8-Apr	Rain day or Spray first coat	10	No vehicle in drive of 10 + 11 +6 +7
Wednesday	9-Apr	Spray first coat or second coat	10	No vehicle in drive of 10 + 11 +6 +7
Thursday	10-Apr	Spray scond coat or finish coat	10	No vehicle in drive of 10 + 11 +6 +7
Friday	11-Apr	Remove scaffold	10 + 11	

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

Annual palm maintenance

We have the annual palm maintenance booked in for the week beginning 14th April 2025. Please be aware during this period there will be cherry pickers and people working at heights in the village.

Residents' birthday morning tea

We will be having this month's birthday morning tea on Tuesday 15th of April at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents.

Charges for services

I just wanted to clarify the staff hourly charges noted in last week's newsletter in relation to the gardening team would only apply to work that is requested for specific work that is personal to you. It would not include for example a request put into trim a hedge etc, but it would be applicable if you wanted a new pathway laid with pavers for example. If a charge is applicable, it would be advised to the resident before the work is completed, so that they can decide if they want to proceed.

Upcoming Events

- Friday 4th April at 8.30am Gentlemen's Club Breakfast
- Tuesday 8th April at 2pm Travelwise Holidays presentation
- Wednesday 16th April at 10.30am Pre-Easter Buffet
- Sunday 20th April at 12pm Traditional Easter Sunday Roast Lunch
- Tuesday 22nd April at 2pm Ladies Club Afternoon Tea
- Friday 25th April Anzac Dinner
- Tuesday 29th April Happy Tuesday 2 for 1

Gary Jarvis



Health and Wellbeing Corner

Hello All,

Just a quick update on Maria.

She is making steady progress and following doctors and nurses' orders. It seems all is on track at this stage for her return in the next few weeks.

Flu Vaccinations

Well as this is being printed and emailed hopefully, we will be busy with these. Some of you often feel that you get a slight feeling of a cold after your injection. This is your immune system kicking in and obviously doing what it should. However, if you suffer from any adverse side effects, please report them to the Centre for Adverse Reactions Monitoring (CARM) you can use the online form on the CARM website. Otago.ac.nz/carm and of course we are here to guide you.

Nurses Clinic times

We are often busy in the mornings with delivering medications and catching up on any developments overnight so we do ask that you observe clinic times which are 9.00am-12.30pm.

We will be giving you appointments so that we can best manage our time. This will be for wound care, injections, Blood Pressures etc. If you don't have an appointment, please ring first so that we can make sure you don't have a wasted trip if we are away from the office on a clinical visit. Of course, we are available at any time for you, but this just helps us plan our day. Emergencies take priority so if you come to an appointment and we are not here we will ring you as soon as we are free.

Independence

This week we are talking about Mobility.

Goals change across the journey of life, and it may end up that your goal is to be able to get out of bed when you want to and walk around your villa or apartment.

As I said, everything else can be brought to you in one way or another.

However, as I am so quickly finding out things change in your strength and balance. Start walking now. Better late than never. Improvements are found by going to strength and balance classes, yoga, Tai chi, playing pétanque, croquet, bowls, swimming etc. Don't over stretch yourself. Many times, here I have seen the damage done by someone overreaching their goals and then paying the price so little and often and change things up.

Seek medical help for strains, aches and pains in a timely manner.

With some disease paths mobility does suffer but change your goals, plan your path with the help of specialists and carers or spouses.

Remove trip and slip hazards

Make sure if you have a walking aid that it is in good repair, walkers are set to your height, your shoes are walking shoes, podiatrist visits are kept etc.

Plan your movements. Don't run for the phone, don't hurry out of the shower because someone is knocking at the door. Always have one hand on a surface if your balance is not good.

Any unexpected loss of balance, feeling faint etc seek answers for.

If you are in bed and unwell for more than 3 days, you will experience some muscle loss and this is very often the case when you are in hospital so ask the nurse to help you mobilise bed to chair or to the toilet if you are able.

Happy mobility everybody. The Nurses team.

From the Chef's Oven

Private Functions and Catering:

Are you looking for the perfect venue to celebrate your special moments? We are proud to offer private party reservations and catering services at our lounge! Whether you're celebrating a milestone like a wedding anniversary, throwing a fun birthday bash, or simply enjoying a casual get-together with friends and family, we've got everything covered. You can relax and leave all the hard work to us. Our team will work with you to create a customized menu tailored to your occasion, ensuring that every detail is just right. From delicious food to impeccable service, we'll make sure your event is unforgettable. Let us take the stress out of your celebration—just sit back, enjoy, and let us handle the rest. For more information or to book your event, please inquire at the café today!

Staff Updates

Meet Aashish, also known as AK – our Sunday team leader here at Relish Café. AK is the backbone of our Sunday operations, ensuring everything runs smoothly from start to finish. Not only does he make exceptional coffee and provide top-notch service, but he's also a qualified Chef with a Diploma in Culinary Arts. I've had the pleasure of working alongside AK for over 8 years in my previous job, and his dedication and expertise have always stood out. Recently, AK got married in India just a month ago and will be back at work this Sunday. Please join us in congratulating him on his new chapter in life! We look forward to seeing you at the café!

Chef's Lunch Special for Month of April

This April, treat yourself to our mouth-watering **Breakfast Burger**—a delicious twist on your favourite morning meal! Made with a juicy Angus beef patty, mustard and ketchup, and served with two sunny side-up eggs, two slices of buttered ciabatta, this burger is the ultimate comfort food. To balance out the richness, we add a fresh, crisp green garden salad on the side, making it the perfect meal for any time of day. Don't miss out on this scrumptious special only available this month!

Donut Friday

Don't forget it's donut Friday tomorrow. \$4 each or 3 for \$10. First come first served.

Upcoming Events:

• Friday 4th April at 8:30am – Gentlemen's Club Breakfast

Enjoy your favourite breakfast plate with poached eggs on toast, bacon, mushrooms, and hashbrowns. Good food and great chat await you, gentlemen of Fairview!





• Wednesday 16th April at 10:30am – Pre-Easter buffet

Celebrate the upcoming Easter in style with a delightful cruise-style breakfast-brunch experience for only \$19 per person. Our buffet features a variety of delicious options to satisfy every craving. Highlights include:

- Live Omelette Station: Watch as our chefs prepare fresh, custom-made omelettes just the way you like them!
- Eggs Cooked Your Way: Whether you prefer scrambled, poached, or fried, we've got you covered!
- Variety of Cooked Breakfast Dishes: From sizzling sausages and crispy hash browns and bacon to savoury mushrooms and more, enjoy a mouthwatering selection of classic breakfast favourites.
- **Bread Toasted Your Way**: Choose from a selection of fresh breads, toasted to perfection, and paired with a variety of spreads.

This is the perfect opportunity to indulge in a delicious, hearty breakfast while enjoying great company and festive cheer. We can't wait to share this special Pre-Easter brunch with you! Bookings and payment at reception.

• Sunday 20th April at 12:00pm – Traditional Easter Sunday Roast Lunch

Enjoy a delightful two-course lunch on Easter Sunday. Bookings and payment can be made at reception. Please note, from 12:00pm onwards, we will only be serving the two-course meal, and the café kitchen menu will not be available. However, our food cabinet and coffee will still be available as usual. We look forward to serving you!

• Tuesday 22nd April at 2pm – Ladies Club Afternoon Tea

A special afternoon tea of one sweet and one savoury plus your favourite barista coffee for only \$10. Bookings at the Café.

• Friday 25th April - Anzac Dinner - (\$37 per person)

Join us for a memorable ANZAC Dinner celebration! Indulge in a delicious three-course meal featuring a warm, cheesy garlic quesadilla to start, followed by a choice of slow roasted lamb or herb-crusted salmon, perfectly paired with a rich beurre blanc sauce. To finish, enjoy the comforting flavours of an old-fashioned steamed date pudding, served with a decadent warm custard sauce. This exquisite menu is the perfect way to honour the spirit of ANZAC while savouring every bite. Don't miss out on this unforgettable culinary experience!

• Tuesday 29th April – Happy Tuesday

Please save the date. We are going to Mexico this time – Enjoy their favourite chicken enchiladas made the Café Relish way. An optional dessert – dulce de leche chocolate cheesecake. Bookings and payment are now at reception accepting maximum of 76 seats.

Noris & the Relish Team



Gardening Update

Hello everyone,

Just a quick note regarding our Monday morning rubbish collection around the village. We're no longer using the rubbish truck as we now collect all the waste (general, recycling, green, and

food scraps) on the trailer. For this reason, green waste and general waste now needs to be separated. Please place your green waste in an open container that can be emptied straight into our woolen sack. Please do not put your green waste in plastic bags. Loose or excessive green waste will be collected after our morning rubbish run or can be dropped in our green waste skip at your convenience.

A reminder that all recycling in the village is mixed, so there is no need to separate paper and plastic. Please securely tie up dog poo and place in general waste only, not green waste or food scraps. The croquet opening has been delayed, yet again, to the 14th of April. Your patience is sincerely appreciated. See you out there, Wesley and the Team.

What's on this Coming Week and Next



Movie Group – The Greatest Showman – Tuesday 8th April

An action-packed musical with some very powerful songs. Based on the true-life story of PT Barnum and celebrating the birth of show business.

For several years the Fairview Village "Movie Group" has been composed of Peter Woolnough and myself. Sadly, now with Peter's sudden and tragic passing a new hand has been sought and it is with much appreciation and gratitude the Group welcomes Muriel Sandham to manage the future movies with support from Muriel's husband Clive, and continued involvement by Richard Jones and myself.

Naturally we will really miss Peter and Angela's valued involvement and contributions in this weekly entertainment for Residents and thanks must be expressed to them for their commitment and dedication over the years. They have done the job splendidly.

It has been a real privilege for Richard Jones and myself to have been involved as "back stops" plus lately Clark Robbie with his particular skills. Of course, Jean Jones providing chocolates at times has been extra special and much appreciated.

This Group has been a dedicated and happy gathering and I'm sure under Muriel's direction many more happy Tuesday nights will continue. We hope to see you at 7.15pm on Tuesday next. Barbara Bailey



Friday Night Raffle

This is my last weekly newsletter message as raffle convenor. Jocelyn Goodger will be taking over as convenor and doing the bookwork from the new financial year. I will still be assisting on Friday nights on a roster basis so I will still be seeing you all. I would like to thank everyone that has assisted me over the last couple of years and to all of the residents that have been very generous in supporting the raffle each week.

We had another very good night on Friday, selling five main raffles and two minors. Thank you everyone.

The dwelling draw was drawn by Monica Renwick. The winner was Peter Croft. Congratulations Peter.

The main raffles were drawn by Priscilla Page. The winners were:

Roy Keepin, Brynley Goodger, Dave Ellis, Neville Turner, Graeme Pullar, Adele Carlisle, Dave Brand, Ted Ranyard, Bruce Benfell, Viv Hood, Chris FitzPatrick, Cynthia O'Callaghan, Annette Cook, Jocelyn Goodger, Jillian Milne, Diane Brown, Dianne Turner, Allan O'Callaghan, Bev Wade, Paula Turner, Chris Nicholls, John O'Leary, Bev Barnes, Andrew Beedie, Jim McGowan and Karen Beedie. See you all again this week.

Diane Brown Raffle Convenor



Bingo – Saturday 5th April

Level 3 Lounge at 7pm. Everyone is welcome.



JOY CRABTREE – SOLO PIANO PERFORMANCE

Sunday 6th April in the Level 3 Lounge from 2pm to 3pm

Residents' Notices

PETER WOOLNOUGH

February 4th 1934 - March 20th 2025 A warm invitation to A celebration of Peter's life Sunday, April 13th Level three lounge 2pm

Thank you so much to all residents and staff who sent beautiful flowers and cards and those who sent emails and texts to India you were a much appreciated lifeline. Angela and family



THANK YOU FROM BARRY JONES

Barry wants to thank the Village Management and the many residents who have phoned, sent cards, called in to see him, following Jennifer's death in Kyoto, Japan earlier this month. Her ashes are being sent to Auckland this week.

A celebration of Jennifer's life will be held at the Takapuna Methodist Church 427 – 429 Lake Road, on Saturday 17th May at 1.30pm.

CROQUET GROUP AND FRIENDS

Our thanks for making Ron's birthday party such a success. Many thanks for all the lovely cards and special thanks to the Croquet group for the beautiful gift basket. Hopefully Ron (and me) can be on the green again soon, we have missed you all. Regards Beryl.

VILLAGE SHOPPING BUS

Today was my first experience using our bus to the Albany Mall. What a wonderful, caring and helpful driver Tara is. It was a delightful time, and I felt so lucky we have this opportunity. Thank you Shirley Jones

AQUA CLASS

Libby will take the aqua class this Friday 4 April and then her next class will be on Friday 9 May. Thanks

Andra

GARETH'S PUZZLE

This week's puzzles are - what do these say?

1) All world

2) Do**CtOr**

- 3) GOT GOT HEROS HEROS GOT GOT HEROS HEROS
- 4) <u>KNEE</u> ur full of

And last week's puzzles were:

- 1) Turn flour into bread. FLOUR ____ BREAD
 - 2) What do these say?
 - a) www.optician.co.nz
 - b) XQQme
 - c) Aa Bb Cc Dd e

2)

And the answers are:

1) FLOUR FLOUT FLOAT BLOAT BLEAT BLEAK BREAK BREAD 2a) A site for sore eyes 2b) Excuse me 2c) No biggy

BUG DOCTOR

Hello again Fairview Lifestylers.

Peter, that's me, the Bug Doctor will be treating villas and apartments.

Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbors. I've been in the village for at least 17-18 years and still have my customers on board.

Cheers, Peter. Phone/text 021 244 5909



Resident Phonebook Updates

Rather than reprint our phone books each time there are changes, we will advise you of any changes so that you can update the book you have. The current phonebook is available on Fairview Intranet. **Please cut and paste this into your phone books.**

New resident

A419	Hill, Joyce
Home number	477 3919
Mobile number 1	
Mobile number 2	
Email 1	
Email 2	

New residents

Villa 136	Beedie, Karen & Andrew		
Home number			
Mobile number 1	021 141 0720 (Karen)		
Mobile number 2	021 289 6595 (Andrew)		
Email 1	thebeedie3@gmail.com		
Email 2			

FAIRVIEW LIFESTYLE VILLAGE RESIDENTS' ASSOCIATION INCORPORATED ANNUAL GENERAL MEETING

The Resident's Association Annual General Meeting is to be held on Tuesday 6th May 2025 at 10.30am in the 3rd floor lounge.

Nominations for the Committee close on the 29th April 2025 at 12 noon.

The nomination sheet will be on the main notice board next to reception from 4th April.

The Committee meets once a month to conduct the Association's business. Reports are considered regarding the various aspects and facilities in the village; liaison with the Village Manager and consideration of requests for financial support from Village activities groups are an important part of the Committee's role.

Any Notice of Motion for the AGM to consider must be with the Secretary by 15th April 2025, signed by both the Proposer and the Seconder to be valid.

Wendy Johnstone Secretary 31st March 2025







RECEPTION ON OR BEFORE 23 APRIL 4PM



Mexican Dinner Chicken Enchilada's

topped wth guacamole & sour cream and served with corn chips

Optional Dessert

Dulce de leche Cheesecake \$6

Bookings and payment at reception before 1 pm of 28th April

Strength and Balance

Monday 07 April 10.30am $- 2^{nd}$ Floor Lounge Please remember to bring your water bottles. It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 09 April 2025. Natalie is at the Village every Wednesday from 9.45am – 4.00pm. She works from the Doctor's Room on the 3rd floor. Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 10 April – 1.30pm – 2nd Floor Lounge Monthly prepaid fee of \$20.00 We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby – Friday 4th April at 9.15am

Doctor

Thursday 10 April – 2.00pm to 3.45pm – 3rd Floor Doctors Room Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 17 April – 9.00am to 12.00 noon – 3^{rd} Floor Doctors Room Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

07 April to 13 April 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 07 Apr			
	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 08 Apr	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting) Closed	9.00am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Craft Group (newly formed group)	1.30pm	3 rd Floor Sun Room
	Movie Group	7.15pm	The Greatest Showman
Wed 09 Apr	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Petanque	9.00am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance on Request	9.30am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Twilight Croquet (Cancelled until further notice)	5.00pm	Croquet Green
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 10 Apr	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Croquet (weather permitting) Closed	9.00am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 11 Apr	Hair Salon with Kim	9.00am to 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class Cancelled for April	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	3.30pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 12 Apr	Croquet (weather permitting) Closed	9.00am Croquet Green	
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 13 Apr	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



Dinner Menu 07 Apr to 13 Apr

Bookings by 12pm / Please phone 09 477 3957 Small Meal \$18.00 – Large Meal \$20.00 \$2.00 Delivery Fee applies per Villa

<u>Monday (Pork)</u>

GF crispy pork belly, brown gravy Pineapple and Hawaiian salad, aromatic yellow rice

Tuesday (Seafood treat) - large only

Tuna fritters with buttered prawns and mushrooms With steamed vegetables on a bed of mashed potatoes

Wednesday Roast - choice of mains

GF lamb shanks, jus & gravy, Or BBQ butterfly chicken

Grilled broccoli and glazed carrots, Chives mashed potatoes

Thursday (Beef)

Beef and mushrooms stroganoff with grilled vegetables served on a bed of mashed potatoes

Fish Friday (KIWI classic) your choice of fish

Market beer battered fish with tartare sauce, slaw and fries Or **GF** baked smoked fish pie (hoki and kahawai with boiled egg and peas)

Saturday (Pork)

Pork schnitzel, creamy onion sauce served with stir-fry chop suey, vegetables & rice noodles

Sunday Roast (Beef)

Beef roast, jus and gravy, Yorkshire pudding Corn, peas, roasted kumara and potatoes

<u>Optional Dinner Menu – in foil tin:</u> JUST CALL IN, LIMITED BATCHES WEEKLY