

# The Village News

fairview
LIFESTYLE VILLAGE

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 14 April to 20 April 2025 No. 367

## From the Manager's desk

## **Easter and Anzac period**

**Reception** - will be closed next week on Good Friday 18<sup>th</sup> of April. It will also be closed the following week on Easter Monday 21<sup>st</sup> of April and on Anzac Day Friday 25<sup>th</sup> of April. It will be manned as normal over the Easter weekend. **Please remember to bring your swipes when visiting the lodge on the days that reception is closed as you will need this to access the facilities.** 

**Café** – The café will be closed next week on Good Friday 18<sup>th</sup> of April and on Easter Monday 21<sup>st</sup> of April, dinners will be available for delivery on both of these days. The café will be open as normal during the day on Anzac Day and then we have the Anzac Day dinner in the evening.

**Rubbish** - We are waiting to hear back from Council regarding the collection date. We will advise in next week's newsletter.

**Shopping bus** – There will be no shopping bus next week on Good Friday or the following Friday on Anzac Day.

Nurse on Duty - We will have a nurse on duty as normal over the whole period.

## **Croquet Green**

Unfortunately, the croquet green opening has been pushed out by a week and will now open on Tuesday the 22<sup>nd</sup> of April. We appreciate your patience and understanding whilst this seasonal maintenance is carried out.

## Hot tub steps

The steps into the hot tub will be removed tomorrow and sent away to be cleaned and electro polished to remove the rust marks. The process will take a few days and should be reinstalled for use on the following Wednesday or Thursday.

### Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues. There is a slight change to the previous works advised due to some confusion with the scaffolders.

#### **Villa Roof Painting**

Day	Date	Works	Villas	Notes	
Wednesday	9-Apr	Spray first coat or second coat	10	No vehicle in drive of 10 + 11 +6 +7 or on the main road	
Thursday	10-Apr	Remove scaffold	10 + 11	No vehicle in drive of 10 + 11	
Friday	11-Apr	Install scaffold	16 + 17	No vehicle in drive of 16 + 17	
Friday	11-Apr	Spray first coat	18 + 19	No vehicle in drives or street of Cherry Hill	
Saturday	12-Apr	Spray second coat and third coat	19	No vehicle in drives or street of Cherry Hill	
Saturday	12-Apr	Washing	16 + 17	No vehicle in drives or street of Cherry Hill	
Sunday	13-Apr	No work			
Monday	14-Apr	Spray second coat and third coat	18	No vehicle in drives or street of Cherry Hill	
Tuesday	15-Apr	Remove scaffold	18 + 19	No vehicle in drive of 18 + 19	
Tuesday	15-Apr	Pointing	17		
Tuesday	15-Apr	Install scaffold	24 + 23	No vehicle in drive of 24 + 23	
Wednesday	16-Apr	Install scaffold	24 + 23	No vehicle in drive of 24 + 23	
Wednesday	16-Apr	Pointing	16		
Thursday	17-Apr	Spray first coat	16 + 17	No vehicle in drives or street of Cherry Hill or on main road by villa 1	
Friday	18-Apr	Spray second coat and third coat	17	No vehicle in drives or street of Cherry Hill	
Friday	18-Apr	No work - Easter Friday			
Saturday	19-Apr	Washing	24 + 23	No vehicle in drive of 24 + 23	
Sunday	20-Apr	No work			
Monday	20-Apr	No work			

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

## Annual palm maintenance

We have the annual palm maintenance booked in next week. Please be aware during this period there will be cherry pickers and people working at heights in the village.

## Residents' birthday morning tea

We will be having this month's birthday morning tea on Tuesday 15<sup>th</sup> of April at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents.

## Reception

Moving forward Cherie will be putting up a sign during her breaks instructing residents to ring the bell for assistance. Please ring the bell and Jeanette will be available to assist you.

## **Vehicles in the Village**

We would like to remind all residents that the speed limit in the Village is 15KMH, the speed limit is set at this level to protect all residents and visitors.

Parking in the village like many others is premium and we request that if you have two vehicles with only a single garage that you park the second car on your driveway to free up the limited street parking for visitors as much as possible.

Finally, we would also request that vehicles do not park on the grass verge, this not only damages the lawns but also has the potential to damage the irrigation system that runs around the village. Can you please remind any visitors of the above.

#### Podiatry fee increase

Paul Hames has informed us that he will be raising his fee to \$45.00. Paul has been delivering podiatry services to the residents of Fairview for over 20 years, and this will be his first fee adjustment during that time.

#### Lower pond clearing

Hydrovac will be emptying and clearing the silt and excess vegetation from the lower pond near the gardener's area starting April 22<sup>nd</sup>. This process is forecast to take three days and during this time you will hear machinery in operation.

#### **Upcoming Events**

Sunday 20<sup>th</sup> April at 12pm – Traditional Easter Sunday Roast Lunch Tuesday 22<sup>nd</sup> April at 2pm – Ladies Club Afternoon Tea Friday 25<sup>th</sup> April – Anzac Dinner Tuesday 29<sup>th</sup> April – Happy Tuesday 2 for 1



## **Health and Wellbeing Corner**

Hello All,

#### Flu Vaccinations

All went very well last week with no hold ups so alphabetically seems the way to go.

There will be a catch up today at 2pm. Hopefully you would have got the email last week so come down if you haven't yet received your vaccination.

#### **Back Care**

A good tip I learnt from Darrell our physio this week.

For those with chronic back pain you will know that it is about managing the pain.

One tip is when you are lying in bed or sitting in your chair imagine your spine is a bicycle chain, it has been quiet and not used for a while so needs some oiling.

Your back has fluid or oil if you like running down beside your spine so start wiggling, forwards, sideways to get that oil into your cogs. The oil will help lubricate and sitting up or standing from your chair will be less painful.

Remember pain relief is important to. How many times I have heard, "well I try to avoid taking pain relief" don't!

If you can take regular pain relief you will mobilise better with less pain. Don't stop when the pain subsides, it's probably because you have been taking your pain relief correctly.

Remember that dose at 3am, that's the important one. It's a long time between bedtime and breakfast.

Always check with your doctor but most often paracetamol is sufficient of a pain relief.

#### **Cooler Weather**

Remember as heat pumps and heaters go on don't overheat, turn off at night, don't go from hot to cold, skin as it ages is slower to regulate with pores.

As my mother would say "put your singlet on Catharina".

## **MY News**

Off to Awhitu with 17 of the family this weekend. I thought it would be nice to get together. I'm not sure now as the time is encroaching whether that was wise. I'll let you know next week how it goes.

Happy weekend everybody, stay well

The Nurses team



## Housekeeping Update

Housekeeping will only be performing essential cleans the week commencing Monday 21<sup>st</sup> April due to the shortened week and limited staffing. A notice will be placed in your letterbox on Monday 14<sup>th</sup> April to provide further clarification.



#### **RELISH CAFÉ EASTER HOURS:**

Friday 18 April -CLOSED Monday 21 April - CLOSED

We are closed on these days but will offer dinner deliveries. Please place your dinner meals early.

## **Staff Updates:**

Please join us in welcoming JUNU, the newest member of our team! JUNU will be working as a café all-rounder, bringing her talents to help with a variety of tasks, from washing dishes to assisting chefs and everything in between. She is currently working part time as a pizza chef in Birkenhead. She's a versatile and hard-working individual, and we're excited to have her on board!

Let us hear form her..... Hi, my name is Junu and I'm excited to join the Relish Cafe team at Fairview! I recently moved to New Zealand and I love working in hospitality, meeting new people, sharing smiles, and learning new skills. In my free time, I enjoy cooking, going on walks, and spending time with friends and family. I'm really looking forward to getting to know everyone here!"



#### Chef's Lunch Special for Month of April

This April, treat yourself to our mouth-watering **Breakfast Burger**—a delicious twist on your favourite morning meal! Made with juicy Angus beef patties, mustard and ketchup, and served with two sunny side-up eggs, two slices of buttered ciabatta, this burger is the ultimate comfort food. To balance out the richness, we add a fresh, crisp green garden salad on the side, making it the perfect meal for any time of day. Don't miss out on this scrumptious special only available this month!



Don't forget it's donut Friday tomorrow. \$4 each or 3 for \$10. First come first served.

#### **Upcoming Events:**

## • Pre-Easter Buffet - Cancelled

Due to a lower than expected number of bookings the event has been cancelled. We apologise for any inconvenience and appreciate your understanding.

#### Sunday 20<sup>th</sup> April at 12:00pm – Traditional Easter Sunday Roast Lunch

Enjoy a delightful two-course lunch on Easter Sunday. Bookings and payment can be made at reception. Please note, from 12:00pm onwards, we will only be serving the two-course meal, and the café kitchen menu will not be available. However, our food cabinet and coffee will still be available as usual. We look forward to serving you!

#### Tuesday 22<sup>nd</sup> April at 2pm – Ladies Club Afternoon Tea

A special afternoon tea of one sweet and one savoury plus your favourite barista coffee for only \$10. Bookings at the Café.

## Friday 25<sup>th</sup> April - Anzac Dinner - (\$37 per person)

Join us for a memorable ANZAC Dinner celebration!

Indulge in a delicious three-course meal featuring a warm, cheesy garlic quesadilla to start, followed by a choice of slow roasted lamb or herb-crusted salmon, perfectly paired with a rich beurre blanc sauce. To finish, enjoy the comforting flavours of an old-fashioned steamed date pudding, served with a decadent warm custard sauce. This exquisite menu is the perfect way to honour the spirit of ANZAC while savouring every bite. Don't miss out on this unforgettable culinary experience!

## • Tuesday 29th April – Happy Tuesday

Please save the date. We are going to Mexico this time – Enjoy their favourite chicken enchiladas made the Café Relish way. An optional dessert – dulce de leche chocolate cheesecake. Bookings and payment are now at reception accepting maximum of 76 seats.

## What's on this Coming Week and Next

## Movie Group - Tea with Mussolini - Tuesday 15th April

A 1999 semi-autobiographical comedy-drama war film telling the story of a young Italian boy's upbringing by a circle of British and American women before and during the Second rld War

Starring – Cher, Judi Dench, Joan Plowright, Maggie Smith.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham



## **Friday Night Raffle**

There were 4 majors and one minor sold last Friday, in spite of the terrible weather - thanks everyone.

The dwelling draw was drawn by Peter Croft - thank you Peter; and the lucky winner was Neville Turner.

The main raffles were drawn by Bryan Taylor - thanks Bryan.

The winners drawn by Bryan were: - Graeme Pullar, Brenda Lee, Barrie Flint, Peter Thompson, Peter Croft, John O'Leary, Diane Brown, Clarke Robbie, Bruce Benfell, Luella Jacobson, Dave Brand, Lois Hadfield, Jean Elliot, Sandie Jennins, Clive Sandham, Christine Smith, Neil Butt, Chris FitzPatrick, Brynley Goodger, Priscilla Page, Vince Sturmey, Adele Carlisle, Neville Turner, Dulcie Kortegast.

Congratulations to everyone.

#### Please wear your name badges.

Jocelyn Goodger



## GARDEN CLUB

We had planned a trip to Sallys Garden in Warkworth but the recent storm brought a cancellation. However, we have been able to arrange a trip to "Totara Waters" gardens in Whenuapai. The entry fee is \$10.00.

Before that we will have morning tea at Catalina Café in Hobsonville.

Date: Monday 28th Apil

Leaving Fairview at 9.45am
Back at 12.30 approximately
Please place \$10 in an envelope.

If you are interested, please phone Anne Pike on 475 6741.

## **Residents' Notices**

# FAIRVIEW LIFESTYLE VILLAGE RESIDENTS' ASSOCIATION INCORPORATED ANNUAL GENERAL MEETING

The Resident's Association Annual General Meeting is to be held on Tuesday 6th May 2025 at 10.30am in the 3<sup>rd</sup> floor lounge.

Nominations for the Committee close on the 29th April 2025 at 12 noon.

The nomination sheet will be on the main notice board next to reception from 4th April.

The Committee meets once a month to conduct the Association's business. Reports are considered regarding the various aspects and facilities in the village; liaison with the Village Manager and consideration of requests for financial support from Village activities groups are an important part of the Committee's role.

Any Notice of Motion for the AGM to consider must be with the Secretary by 15<sup>th</sup> April 2025, signed by both the Proposer and the Seconder to be valid.

Wendy Johnstone

Secretary 31st March 2025

## **JOY CRABTREE**

Last Sunday, we were treated to a delightful performance by the incredibly talented Joy Crabtree, who presented a selection of well-loved piano solos. This musical gift was Joy's special offering to the residents of Fairview. With personal connections to some of the residents, we were fortunate to have her with us for such a memorable afternoon of music.





## **FLOWERS FOR LODGE**

As you know, I do the flowers for the Village and I have a small request.

It would be fantastic if I could have help with four ladies' names that I could call upon for assistance in getting flowers down for me to arrange. We have rearranged for some to be easily accessible. With my disability, it would be great to have a roster of one person each time to assist me.

My husband Peter has been wonderful with his help, but he would like a break from doing this now. If anyone is prepared to help me, I would be most grateful, and we could meet at our Villa and I can show you what is involved.

My mobile number is 021 188 9000.

With thanks. Robin Cusdin

## Save the date: Thursday 15 May PINK RIBBON BREAKFAST

Our annual fundraiser for Breast Cancer Society is coming. More details to come next week.

Thanks Daniele

## **MISSING**

Our cat, Panda, is missing from Villa 125. He is black and white with white socks.

If you have seen him, please phone Jim on 021 885 055. Thank you.



### **GARETH'S PUZZLE**

This week's puzzles:

What do these 4 items in the 3 sets have in common?

- A) Bagpipe mounts, snooker balls, white piano keys, white chess pieces
- B) Horseshoe, pencil, walrus, handlebar
- C) Champagne is stronger than whisky, Ke\$ha is better than Adele, MySpace is more secure than Google, se7en is less vulnerable than Troy.

And last week's puzzles were

- 1) All world
- 2) DoLittle
- 3) GOT GOT HEROS HEROS GOT GOT HEROS HEROS
- 4) KNEE ur full of

And the answers are:

- 1) It's a Small World after all, 2) Doctor Dolittle, 3) Forgotten Heros
- 4) You're full of baloney (ur full of below knee)

#### **BUG DOCTOR**

Hello again Fairview Lifestylers.

Peter, that's me, the Bug Doctor will be treating villas and apartments.

Villas \$115.00 and Apartments \$75.00.

The village gets a great discount (villas 40% and apartments 35% off) compared to the outside world. For those of you that haven't experienced this non-smelling, clear to re-enter in one hour, 6 months guarantee, lasts for a year treatment – then ask your neighbors. I've been in the village for at least 17-18 years and still have my customers on board.

Cheers, Peter. Phone/text 021 244 5909

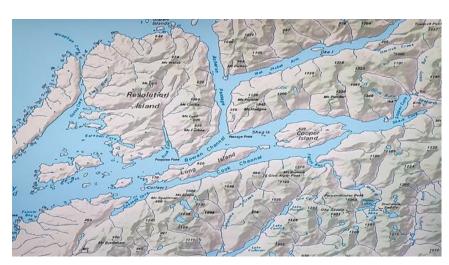
#### **DID YOU KNOW?**

Clear water snowcapped high peaks in winter fresh air, no traffic jams, (unless there is an avalanche) few roads, virgin bush, tracks and the occasional hut. Yes, it's Fordland. This was the workplace for one of our residents Paul Fleming for six years. He was employed by the Department of Conservation (DOC). Paul was primarily employed to assist with the trapping of stoats. However, there are many other challenges for DOC to control or work towards eradication of deer, possums and the protection of our native animals and fauna in this area.

This involves travelling by boat, helicopter or walking- climbing to 1900 metres going downhill to another track then another boat, another track whilst carrying a pack weighing 20 to 30kg, then repeat. There are special DOC I 50 and 200 size stoat traps baited with rabbit and hen eggs. One trapper tends 120 traps daily - three times annually in Summer, Autumn and Winter. There are usually 9-11 trappers working at this time living on a DOC boat at night.

Resolution Island, predominantly Paul's area, has 2,600 of those traps. Resolution is the 4<sup>th</sup> largest Island in New Zealand and first became known from the work of Richard Henry New Zealand's first real conservationist.

Resolution Island in Dusky Sound was chosen by Richard Henry primarily as a safe haven for Kakapo to exist with no human intervention. He caught the Kakapo from other surrounding Islands kept them in a pen on Pigeon Island before transferring them to Resolution Island. DOC had such success hatching Kakapo that a rat, stoat and deer free environment was essential. Hence Resolution Island was chosen.



The Acheron passage separates this Island from the rest of Fjordland. In 2008 tracks were cut along the spine for the 2,600 traps. 2009 trapping commenced with initially very positive success then the stoat captures plateaued. For scientific research <u>all</u> the stoat bodies, 70 per week, over five days, are sent to a University for Genetic tracing and the source of these animals. Unfortunately for DOC the Acheron passage at one point is only 500 meters wide and a stoat can swim at least 2 kms. DOC continues to service these traps, and the number of stoats is lowering enabling the bird population to balloon in numbers.

To be continued next week.

## **Servicing Rinnai Gas Fires**

Exclusive Fairview Village Offer on Wednesday 7<sup>th</sup> May (must be a minimum of 10 appliances serviced at the village on the same day).

Rinnai Flame Fire Service & Gas Safety Certificate (parts additional)	\$208.00 + GST (reduced from \$258.00+GST)	
Rinnai Infinity Service & Gas Safety Certificate (parts additional)	\$176.00 + GST (reduced from \$215.00+GST)	
Rinnai Convector Service & Gas Safety Certificate (parts additional)	\$176.00 + GST (reduced from \$204.00+GST)	

#### Service Includes: -

- Complete strip down of appliance
- Cleaning of fan/s
- Cleaning of burners and combustion chamber
- Adjustment of ignition and flame rods
- · Reassembling and re-commissioning
- · Recalibration of gas valve
- Testing operation; and
- Issuing a Gas Safety Certificate

Please note that any parts would be an additional cost. Servicing a gas fire often includes the replacement of some parts - we have listed some examples below.

Pilot \$79.95+GST (recommended at each service - some fires have two pilots) Glass seal \$61.50+GST (sometimes)
Paint \$28.90+GST (sometimes)

Please advise reception if you would like your gas fire serviced on Wednesday 7<sup>th</sup> May. Payment to be made directly to the Gas Appliance technician on the day.







## **Strength and Balance**

Monday 14 April 10.30am – 2<sup>nd</sup> Floor Lounge Please remember to bring your water bottles. It is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Beautician**

Wednesday 16 April 2025. Natalie is at the Village every Wednesday from 9.45am – 4.00pm. She works from the Doctor's Room on the 3<sup>rd</sup> floor. Call or text on 0211458542 to make your booking.

## Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 17 April – 1.30pm – 2<sup>nd</sup> Floor Lounge Monthly prepaid fee of \$20.00 We appreciate the subsidy from the Village Residents' Committee

## Aqua Class with Libby – Resumes on Friday 9<sup>th</sup> May

### **Doctor**

Thursday 24 April – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room Please phone reception to book an appointment with Dr Hunter.

#### **Podiatrist**

Thursday 17 April – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room Please phone reception to book an appointment with Paul Hames.

## **WEEKLY SCHEDULE**

## 14 April to 20 April 2025

## RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966 KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 14 Apr	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
Tue 15 Apr	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet (weather permitting) (Closed)	<del>9.00am</del>	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Craft Group (newly formed group)	1.30pm	3 <sup>rd</sup> Floor Sun Room
	Movie Group	7.15pm	Tea with Mussolini
Wed 16 Apr	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.00am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Dance on Request	9.30am	2 <sup>nd</sup> Floor Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Twilight Croquet (Cancelled until further notice)	<del>5.00pm</del>	Croquet Green
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Thu 17 Apr	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Croquet (weather permitting) (Closed)	<del>9.00am</del>	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
Fri 18 Apr	Hair Salon with Kim (Closed)	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay (Cancelled)	<del>9.15am/10.15am</del>	Return: 10.30am/12.00pm
	Aqua Class Resumes on Friday 9th May	<del>9.15am</del>	Level 2 Swimming Pool
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	3.30pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Sat 19 Apr	Croquet (weather permitting) (Closed)	<del>9.00am</del>	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
Sun 20 Apr	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



## Dinner Menu 14 Apr to 20 Apr

Bookings by 12pm / Please phone 09 477 3957 Small Meal \$18.00 – Large Meal \$20.00 \$2.00 Delivery Fee applies per Villa

## Monday (Pork)

GF American pork baby back ribs, peas and cauliflower, parsley mashed potatoes

## Tuesday (Chicken)

GF baked chicken in truffled mushroom sauce, cheesy cauliflower and broccoli, roasted vegetables

## Wednesday Roast (Lamb)

GF lamb roast slices and its trimmings, gravy, or chicken roast served with peas & cauliflower, roasted potato & pumpkin

## Thursday (Beef)

GF beef bourguignon on a bed of mashed potato, green beans and carrots

## Friday (KIWI classic) CLOSED DELIVERY ONLY

GF Thai fish curry, Asian vegetables & aromatic Jasmine rice

## Saturday (Chicken)

Grilled chicken, fettuccine pasta with creamy carbonara sauce with broccoli and mushrooms

## Sunday Roast (Kiwi Classic)

Beef roast in classic gravy, minted peas, roasted pumpkin, carrots & potato

Optional Dinner Menu – in foil tin:

Beef bolar roast / baby back pork ribs