

The Village News

Reception Phone:477 3900 Nurses 24 hours:021 861 706 12 May to 18 May 2025 No. 371

From the Manager's Desk

Residents' birthday morning tea

We will be having this month's residents' birthday morning tea on Friday 23rd May at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents celebrating their special day this month.

Mother's Day Lunch

Don't forget it's your last chance tomorrow to book for lunch on Sunday that will no doubt be another wonderful meal prepared by our kitchen team. Please book with Cherie before 1.00pm tomorrow.

Lower pond clearing

This has been delayed for another couple of weeks due to the recent rainfall, we have now been informed that this will be taking place between the 12th and 15th of May.

Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues.

The painters will be working this Saturday to make good use of the weather whilst they can.

Villa Roof Painting

| | | | | |
|-----------|--------|----------------------------------|---------|--|
| Wednesday | 7-May | Install scaffold | 28 + 29 | No vehicle in drive of 28 + 29 |
| Wednesday | 7-May | Spray second coat and third coat | 20 + 21 | No vehicle in drive of 20 + 21 and 16 + 17 and main road |
| Wednesday | 7-May | Washing | 28 + 29 | No vehicle in drive of 20 + 29 |
| Thursday | 8-May | Washing | 28 + 29 | No vehicle in drive of 20 + 29 |
| Thursday | 8-May | Spray second coat and third coat | 20 + 21 | No vehicle in drive of 20 + 21 and 16 + 17 and main road |
| Friday | 9-May | Spray second coat and third coat | 20 + 21 | No vehicle in drive of 20 + 21 and 16 + 17 and main road |
| Friday | 9-May | Pointing | 28 + 29 | |
| Friday | 9-May | Spray second coat and third coat | 20 + 21 | No vehicle in drive of 20 + 21 and 16 + 17 and main road |
| Saturday | 10-May | Spray second coat and third coat | 20 + 21 | No vehicle in drive of 20 + 21 and 16 + 17 and main road |
| Saturday | 10-May | Pointing | 28 + 29 | |
| Sunday | 11-May | No work | | |
| Monday | 12-May | Pointing | 28 + 29 | |
| Monday | 12-May | Remove scaffold | 20 + 21 | No vehicle in drive of 20 + 21 |
| Monday | 12-May | Install scaffold | 26 + 27 | No vehicle in drive of 26 + 27 |
| Tuesday | 13-May | Install scaffold | 26 + 27 | No vehicle in drive of 26 + 27 |
| Tuesday | 13-May | Pointing | 28 + 29 | |
| Tuesday | 13-May | Spray first coat | 28 + 29 | No vehicle in drive of 28+29 and 32 + 33 + 34 + 35 |
| Wednesday | 14-May | Spray second coat and third coat | 28 + 29 | No vehicle in drive of 28+29 and 32 + 33 + 34 + 35 |
| Wednesday | 14-May | Washing | 26 + 27 | No vehicle in drive of 26 + 27 |
| Thursday | 15-May | Spray second coat and third coat | 28 + 29 | No vehicle in drive of 28+29 and 32 + 33 + 34 + 35 |
| Thursday | 15-May | Washing | 26 + 27 | No vehicle in drive of 26 + 27 |
| Thursday | 15-May | Pointing | 26 + 27 | |
| Friday | 16-May | Pointing | 26 + 27 | |

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

Upcoming Events

Sunday 11th May at 12pm – Mother's Day Lunch

Thursday 15th May at 11.30am – Pink Ribbon Brunch

Tuesday 20th May at 2pm - Ladies Club Afternoon Tea

Friday 23rd May at 10am – Residents' Birthday Morning Tea

Tuesday 27th May at 6pm – Happy Tuesday 2 for 1 Dinner

Thursday 29th May at 11am – 3 Choirs from Westlake Girls High School

Gary Jarvis



Health and Wellbeing Corner

D

**The nearest A&E facility is Shorecare Urgent Care Greville Road
50 Greville Road Phone 09 486 7777
I'm sorry this was not included in last week's list.**

Raizer Chair

I think it's time once again to show you all just how amazing our Raizer chair really is. Come on down and see this incredible piece of equipment in action — I'll demonstrate how it can lift someone up from almost anywhere! (Though head-down in the garden is still a bit tricky!)

For those that are new you may find this very reassuring. No ambulance call needed.

I will be in the 3rd floor lounge on Monday 12th May at 11.30 after Strength and Balance.

Appointments

This system has been working really well for us—it helps us keep track of who we're seeing and when. However, we are always available for you. We understand that pain, skin tears, or the need for advice don't always follow a schedule. If possible, give us a call first—but you're always welcome to drop in.

Skin Care

Heading into winter, skin can often become dry and as skin ages there are certainly things you can do to protect it which don't cost the earth.

- Don't over wash and don't over exfoliate – as your skin gets thinner and your top layer of skin has less collagen and elastin it will lose its bounce coupled with a thinner subcutaneous fat layer there is less protection so harsh scrubbing and over washing can result in dryness and bruising.
- Don't use too many oils – this can result in a slippery base to the shower or floor – Health and Safety first.
- Do continue to use sunscreen even on the overcast days.
- Use a silk pillowcase. Old dead skin adheres to cotton and flannel so this can cause irritation and bacteria to your face.
- Do have required fluids and a healthy nutritious diet
- Do moisturise daily and more often if you think of it. This can decrease skin tears and friction.
- Manage stress.
- Get regular skin checks.

Breast Cancer

A few more facts on breast cancer.

- The average age for a woman to be diagnosed is 58.
- The younger you are diagnosed usually unfortunately the worse the outcome – so tell your daughters and granddaughters – check check check.
- Free Screening is for woman 45 to 69 years.

My News

Have a great Mother's Day.

I shall be spending it by myself and will be seeing my 4 girls on Saturday. I think the day is for them with so many little ones. I have some craft ideas I will get started on in peace in my happy place bliss. However you spend it, be kind to yourself.

Stay well everybody.

From the Nurses Team



From the Chef's Oven

Condiments Section— Please Use Considerately. We have a condiments section for all our residents to enjoy. This includes items like salt, pepper, tomato sauce, HP sauce, and other commonly used condiments to make your meals more convenient and enjoyable. To make sure everyone has a fair opportunity to use these items, we kindly ask that you return any condiments to their place after use and avoid taking them home. These shared items are meant for the Dining/Lounge, and we rely on everyone's cooperation to keep them available and in good condition. Let's all do our part to keep the shared condiments space organised and accessible for everyone. Thank you for your understanding and cooperation!

Clearing lounge dishes reminder - This is feedback from one of our Residents. Please remind your visitors that when they dine in at the Café, to please place their dirty dishes on the trolley provided near the kitchen door entrance. If we could also segregate the leftovers to the container provided and the cutlery on the other end of the trolley. Thank you all for your cooperation.

Friday 9th May - Frozen Meal Sale – Buy one get one FREE

Yes, it is NOT a MIS-PRINT. BUY ONE GET ONE FREE. There will be a special one-day sale on our delicious frozen dinner meals! If you're looking for a convenient and tasty alternative to our regular dinner menu, this is the perfect opportunity. Our frozen meals are crafted with the same care and quality as our regular offerings, and they're ready to heat and enjoy whenever you need them. Stock up on your favourites or try something new—this limited-time sale won't last long, so don't miss out on a hassle-free dinner option for those busy days!" some on the frozen meal selections are lamb, beef roast, pork ribs, lamb bourguignon, chicken roast and more.

Donut Friday

Donut Friday tomorrow, \$4 each or 3 for \$10.

Upcoming Events:

- **Sunday 11th May at 12pm – Mother's Day Lunch.** Let's raise a toast to all the wonderful mothers, grandmothers, and mother figures in our lives! You're warmly invited to join us at Relish Café for a special 2-course Mother's Day Lunch. Please book at reception by 1pm tomorrow.
- **Wednesday 15th May at 11.30am – Pink Ribbon Brunch.**
We have reached the maximum number of 180 bookings. If you would like to attend, please add your name to the cancellation list at reception.
- **Tuesday 20th May at 2pm – Ladies' Club Afternoon Tea.** Come and enjoy a relaxed afternoon with good friends, delightful conversation, and a special treat featuring one sweet and one savoury item, paired with your choice of barista-made coffee or tea.
- **Happy Tuesday 27 May at 6pm - Hello from Germany**
Join us for our next *Happy Tuesday Trip*, as we take your taste buds on a delicious journey to Germany! Enjoy a 2-for-1 dine-in dinner deal featuring a classic German menu: crispy pork schnitzel, sautéed cabbage, and mashed potatoes topped with rich gravy. And for those with a sweet tooth, don't miss our optional dessert: a warm German apple strudel with fresh whipped cream—just \$6. Bookings and payments at reception before 1pm 26th May.
- **Westlake Choir lunch Thursday 29th May at 12pm.** You asked, and we listened! Our Chicken Enchiladas with corn chips and salsa, the star of April's Happy Tuesday meal, is making a comeback! Join us again for this flavourful favourite on Wednesday lunch, May 29th at 12:00 noon. Please make a booking at the Café before 28th May 1pm.



Chef's Lunch Special for Month of May – As the days get shorter and the weather gets colder, we're bringing some heat back to the menu. By popular request, our Signature Butter Chicken is returning this May as the Chef's Special! Rich, creamy, and packed with flavour, it's a seasonal favourite that always draws a crowd. It comes with aromatic basmati rice, garden salad & roti.

What's on this Coming Week and Next



Movie Group – Forrest Gump – Tuesday 13 May

“Life is like a box of chocolates ... you never know what you're gonna get.”

Forrest Gump is the movie triumph that became a phenomenon. Tom Hanks gives an astonishing performance as Forrest; an everyman whose simple innocence comes to embody a generation.

Starring – Tom Hanks, Robin Wright and Sally Field.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham



Friday Night Raffle

There were four majors and two minors sold last Friday, a total of 500 tickets, and it was good to see Len back on deck. Carole Vale drew the Dwelling prize, which was won by Bev Barnes. Congratulations, Bev.

The winning numbers for the raffles were drawn by Karen Beedie - many thanks. And the winners were: - Margo Sturme, Allan O'Callaghan, Ted Ranyard, Wayne Nicholls, Brynley Goodger, Vince Sturme, Richard Jacobson, Bennie Gunn, Cynthia O'Callaghan, Gordon Tasker, Earl Troughton, John O'Leary, Patrick Knell, Neil Butt, Sandra Howlison, Cathy Lloyd, Ross Cornthwaite, Adele Carlisle, Jillian Milne, Lorraine Dale, Sandie Jennins, Mary Barrett, Jim McGowan, Bruce Draper, Clark Robbie. Congratulations to everyone.

Jocelyn Goodger
on behalf of Diane Brown (Raffles Convenor)



Catholic Liturgy – Friday 16th May

Our Liturgy Service for this month will be held in the Sunroom on the 3rd Floor on Friday 16th May at 11.00am. Holy Mass will be celebrated by a priest of our Parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy gatherings. Following the Mass, we will enjoy refreshments together in the Lounge. A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information please contact Natalie Turner Ph: 479 9527



Garden Club Members

Our next event will be a 45 minute movie featuring “English Gardens” (not boring). Screening at 9.45am in the level 2 theatre.

Followed by a 10.30am morning tea with homemade fruit cake and shortbread.

Date: Monday 26th May

If you would like to attend, please phone Anne Pike on 475 6741

Residents' Notices

SERVICE TO CELEBRATE THE LIFE OF JENNIFER JONES

The service is being held on Saturday 17th May at 1.30pm at the Takapuna Methodist Church, 427-429 Lake Road, Takapuna.

The Village van can take up to ten residents to the service. If you would like a ride in the van to and from the service, please contact Barry Jones. Phone 0220683873 Email beejaynz05@gmail.com.

PINK RIBBON BREAKFAST



FANTASTIC! We have 180 booked for the Pink Breakfast which is the maximum the kitchen can cater for. There is a WAITING LIST. Please contact Cherie at reception. On Thursday, 15th May, you are all welcome to join us to hear our speaker, bid at the auction and participate in this event even if you cannot join a table. The bar will be open, and we are looking forward to seeing many residents including gentlemen.

Donated by Christine, a beautiful handmade quilt will be auctioned on Thursday. The lovely item is displayed at reception. If you wish to put a bid in advance, there is a Silent Auction sheet at reception.

The main raffle - a fabulous gourmet hamper - will be wrapped up for all to see in the foyer starting Monday, 12th. Come to buy tickets on sale every day, from 10.00am till 4.00pm. 3 tickets for \$5.00. And on Thursday, 15th May, please bring cash for more prizes to win.

Daniele



BINGO

Once again, we had an enjoyable evening with a good crowd from Fairview, Settlers and Mayfair Villages. Congratulations to all the winners and to Alison and Gordon who won the \$100 jackpot prize. If you are new to the village or haven't experienced one of our Bingo evenings, come along you might be the next lucky winner of our jackpot prize.

We look forward to seeing you all again at our next Bingo evening on Saturday 7 June.
The Bingo Team

PLEASE BE AWARE

We recently placed an online order with Chemist Warehouse Milford. Upon collection, we were asked to present photo identification, which we provided in the form of a driver's license. However, the staff then requested the CVV number from the credit card used to make the purchase as a second form of ID.

Requesting the CVV number in this manner is highly inappropriate and potentially fraudulent. No retailer should ever ask for the CVV verbally, and customers should never disclose it under such circumstances.

This matter has been reported to our bank, and they have been asked to alert Chemist Warehouse to this serious breach of security protocol by their staff.

Clive Sandham

FREE TICKETS

Owen at The Mortgage Supply Co has kindly donated 8 free tickets to "Music for our Mothers" on Saturday 10th May at 7.30pm at the North Harbour Lounge, Level 1, North Harbour Stadium, Albany. Be quick first come, first served!



GARETH'S PUZZLE

A) The first puzzles this week the names of musicals and their protagonists with all the vowels removed:

- 1) VTN DVP RN To get you started, this is EVITA AND EVA PERON
- 2) CB RTN DSL LYB WLS
- 3) NNN DNN
- 4) THS NDFM SCN DMRV NTR PP

B) And these ask what is the connection between each group of four:

- 1) BEAN MALEK WALTZ WISEMAN
- 2) CORINTH GRAND KIEL SUEZ
- 3) RAG DIRT NOSE GAS
- 4) SIEVERT PANAMA POTENTIAL WHISKY

And last week's puzzles were:

1) Complete these 2 sets of words using a 3-letter sequence for each:

a) LU---- , ---TO , AL---E , SHA---G .

b) --- CK, UN---G , ---VER , CY--- NE.

2) What same word can follow these four words?

current , tangible , liquid , fixed . ????????

3) What number replaces the question mark?

72 24 6

96 16 12

108 ? 18

4) Again what number replaces the question mark?

3 = 18 , 4 = 32 , 5 = 50 , 6 = 72 , 10 = ?

And the answers are:

1a) pin 1b) clo 2) asset or interest 3) 6 4) 200

SAIL CITY STOMPERS



**Special Invitation from the
Entertainments Committee
at**

Fairview Village

Sunday 18th May

3.15pm to 4.15pm

Come along and enjoy an hour of great music.

SOCIAL COMMITTEE

Dates for your diary

WINTER CONCERT SERIES

Sail City Stompers

Sunday May 18th

Kumeu Vintage Brass Band

Sunday June 15th

Gottasing

Sunday 13th July

Silver Strings

Sunday 17th August

All at 3:15 level three lounge.

Bar opens at 4:15pm.

Friends and family are very welcome.

Something to look forward to!

Angela Woolnough social committee



Strength and Balance

Monday 12 May 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 14 May

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 15 May – 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 16 May – 9.15am – Level 2 Swimming Pool

\$5.00 per class

Doctor

Thursday 22 May – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 15 May – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

12 May to 18 May 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

| | | | |
|-------------------|----------------------------------|-----------------------|---|
| Mon 12 May | Strength & Balance | 10.30am | 2 nd Floor Lounge |
| | Line Dancing | 4.00pm | 2 nd Floor Lounge |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Lounge |
| Tue 13 May | Minibus – Albany Westfield | 9.15am/9.45am/10.15am | Return 10.30am/11.00am/11.30am |
| | Croquet | 9.30am | Croquet Green |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Mahjong | 1.00pm | 3 rd Floor Games Room |
| | Craft Group (newly formed group) | 1.30pm | 3 rd Floor Sun Room |
| | Movie Group | 7.15pm | Forrest Gump |
| Wed 14 May | Hair Salon with Kim | 9.00am – 1.00pm | 3 rd Floor Salon with Kim |
| | Petanque | 9.30am | Petanque Court |
| | Beautician | 9.45am | 3 rd Floor Doctors Room |
| | Dance on Request | 9.30am | 2 nd Floor Lounge |
| | Poi & Sticks | 10.30am | 2 nd Floor Lounge |
| | Scrabble | 1.30pm | 3 rd Floor Games Room |
| | Happy Hour | 5.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Thu 15 May | Hair Salon with Kim | 9.00am – 1.00pm | 3 rd Floor Salon with Kim |
| | Croquet | 9.30am | Croquet Green |
| | Bus to Milford | 11.30am | Returns 2.00pm |
| | Outdoor Bowls | Meet at 1.00pm | Assemble for 1.15pm start |
| | Art Group | 1.00pm | 3 rd Floor Sunroom |
| | Yoga with Joy | 1.30pm | 2 nd Floor Lounge |
| Fri 16 May | Hair Salon with Kim | 9.00am to 1.00pm | 3 rd Floor Salon with Kim |
| | Minibus – Browns Bay | 9.15am/10.15am | Return: 10.30am/12.00pm |
| | Aqua Class | 9.15am | Level 2 Swimming Pool |
| | Catholic Liturgy | 11.00am | Level 3 Sun Room |
| | Rummikub | 1.00pm | 3 rd Floor Games Room |
| | Friday Night Raffle | 3.30pm | 3 rd Floor Main Lounge |
| | Happy Hour | 4.00pm to 6.00pm | 3 rd Floor Main Lounge |
| Sat 17 May | Croquet | 9.30am | Croquet Green |
| | Indoor Bowls | 1.00pm | 2 nd Floor Games Room for 1.15pm |
| Sun 18 May | Outdoor Bowls | 1.00pm | Assemble for 1.15pm Start |



Relish Café
By Chef Noris & Team

Dinner Menu 12 May to 18 May

Bookings by **12pm** / Please phone 09 477 3957

Small Meal \$19.00 – Large Meal \$21.00

\$2.00 Delivery Fee applies per Villa

Monday (Pork)

GF American pork ribs, BBQ sauce, steamed vegetables
& seasoned roasted potatoes

Tuesday (Seafood Treat) Large Only

Fish bites, calamari & prawn twister with tartare sauce
Served with chips and coleslaw

Wednesday Roast (Beef)

GF beef bolar roast, jus & gravy, or Chicken Roast
served with peas, roasted potato & pumpkin

Thursday (Chicken)

GF fried chicken fillets KFC style,
coleslaw and mashed potatoes with gravy

Friday (KIWI Classic)

Market beer-battered fish with tartare sauce, slaw and fries
Or baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes
(Large Only)

Saturday (Chicken)

Herb and crumbed chicken, in rich napolitana sauce served on a bed of
fettuccine pesto pasta

Sunday Roast (Kiwi Classic)

Braised lamb shanks, jus & gravy, mint sauce, green beans and maple carrots
Chives mashed potatoes

Optional Dinner Menu – in foil tin:

JUST CALL IN, LIMITED BATCHES WEEKLY