

# The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **26 May to 01 June 2025 No. 373**

---

## **From the Manager's Desk**

### **Pink ribbon Breakfast**

Last Thursday we were treated to a fabulous fund-raising event for breast cancer. I would like to acknowledge the efforts of Daniele Montour and Jill Draper, the amount of work that is put into organizing events like this is truly immense and the event simply wouldn't be the same without it. Of course, there are many other residents that help with the set up and let's not forget the fabulous work that went into creating the beautiful handmade quilt donated by Christine Nicholls a truly stunning item.

Noris and his team delivered a lovely brunch in record time, the feedback on the food was excellent as were the comments we have received on the whole event.

Thank you to all our resident volunteers for supporting and creating another fabulous Fairview event!

### **Residents' birthday morning tea**

We will be having this month's residents' birthday morning tea tomorrow 23<sup>rd</sup> May at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents celebrating their special day this month.

### **Storage in villa roof spaces**

As you may know we have had an issue during the initial stages of the villa roof painting project where dirt from the cleaning process has entered the roof void. A tile roof is constructed in such a way that there are gaps which is normal in any tiled roof. Tony will be visiting all the villa's that have already been completed to assess the situation and from there we will work with individual villa residents as needed.

**Moving forward we need to understand what villas are using the roof void for personal storage so that we can plan accordingly. If you have not already advised Cherie please do so, as we cannot mitigate the issue if we do not know.**

### **Painting villa roofs**

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues.

### Villa Roof Painting

Thursday	22-May	Spay Paint roof	26 + 27	No vehicle in drive of 26 + 27 and 30 - 32 and main road
Thursday	22-May	Pointing	33 - 35	
Friday	23-May	Spay Paint roof	26 + 27	No vehicle in drive of 26 + 27 and 30 - 32 and main road
Friday	23-May	Pointing	33 - 35	
Saturday	24-May	Spay Paint	26 + 27	No vehicle in drive of 26 + 27 and 30 - 32 and main road
Saturday	24-May	Pointing	33 - 35	
Sunday	25-May	<b>No work</b>		
Monday	26-May	Remove scaffold	26 + 27	
Monday	26-May	Install scaffold	113	No vehicle in drive of 113
Monday	26-May	Spay Paint	33 - 35	No vehicle in drive of 33 to 35 and 28 + 29
Tuesday	27-May	Washing	113	No vehicle in drive of 113
Wednesday	28-May	<b>No work / Rain</b>		
Thursday	29-May	<b>No work / Rain</b>		
Friday	30-May	<b>No work / Rain</b>		
Saturday	31-May	<b>No work / Rain</b>		

**Note:** Tasks could change depending on weather and may shift from one day to the next. The owners will be notified the day before

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

### Upcoming Events:

Friday 23<sup>rd</sup> May at 10am – Residents' Birthday Morning Tea

Tuesday 27<sup>th</sup> May at 6pm – Happy Tuesday 2 for 1 Dinner

Thursday 29<sup>th</sup> May at 11am – 3 Choirs from Westlake Girls High School

Friday 6<sup>th</sup> June at 8.30am – Gentlemen's Breakfast

Tuesday 24<sup>th</sup> June at 2pm – Ladies Group Afternoon Tea

Gary Jarvis



### Health and Wellbeing Corner

Hi All,

#### Seasonal bugs abound

As you age your defences are not as robust so getting over these seasonal bugs may take longer. Do not become despondent. Do not stay in bed for days on end.

It only takes 3 days in bed to lose your muscle strength. Do try walking around inside the house or apartment at least 5 times a day even if you don't feel like it. Be safe though if you are weak, use a cane or a walker if you have one.

If dizzy please take fluids, you can imagine a hose turned on only slightly this is what your blood supply is doing in your body without fluids to bulk it so please drink. And remember, paracetamol reduces your temperature and makes you feel better, but this must be taken 4 times daily to keep your temperature or pain under control.

Did you know you burn 500 calories a day lying in bed doing nothing so if you aren't up to eating have something high calorie. Custard, canned peaches or pears, my old stand by for mum was primo drinks.

**Now something a little different** – as laughter is the best medicine, I saw this the other day and thought it could just do the trick.

This is something that happened at an assisted living centre. The people who lived there had small apartments, but they all ate at a central cafeteria. One morning one of the residents didn't show up for breakfast so one of the ladies went upstairs and knocked on his door to see if everything was Ok. She could hear him through the door, and he said that he was running late and would be down shortly, so she went back to the dining area.

An hour later he still hadn't arrived so up she went again towards his room but found him on the stairs. He was coming down the stairs but was having a hard time. He had a death grip on the handrail and seemed to be having trouble getting his legs to work right. She told him she was going to call an ambulance, but he told her no he wasn't in any pain and just wanted his breakfast.

When he had breakfast, he was completely unable to get up even the first step, so an ambulance was called.



A couple of hours later the lady rung the hospital to see how he was doing. The nurse said he was fine he just had both legs in one side of his boxer shorts.

I'm sending this to my children so that they don't sell the house before they know all the facts!!!

Stay well everyone.

The Nursing Team



## **From the Chef's Oven**

### **Kings Birthday**

Please note: The café will be closed on Monday, 2nd June for the King's Birthday public holiday. Dinner deliveries will continue as usual. Kindly place your orders by Sunday, 1st June.

### **Condiments Section— please use considerably**

Our dining lounge features a condiments section with commonly used items like salt, pepper, tomato sauce, HP sauce, and more — all provided for residents to enjoy with their meals.

To ensure fair access for all, we kindly ask that you return condiments to their designated place after use and refrain from taking them home. These items are shared resources meant to stay in the lounge.

Let's work together to keep the condiments area organised, well-stocked, and accessible for everyone.

Thank you for your cooperation!

### **Clearing Lounge Dishes - Reminder**

This is feedback from one of our Residents. Please remind your visitors that when they dine-in at the Café, to please place their dirty dishes on the trolley provided near the kitchen door entrance. If we could also segregate the leftovers, to the container provided, and the cutlery on the other end of the trolley. Thank you all for your cooperation.

### **Pink Ribbon Brunch**

Thank you for your wonderful feedback on the Pink Ribbon brunch. Thank you to our suppliers, colleagues and residents who helped us with this event.







### Donut Friday

Donut Friday tomorrow, \$4 each or 3 for \$10.

### Upcoming Events:

- **Happy Tuesday 27 May at 6pm - Hello from Germany**  
The Happy Tuesday 2 for 1 dinner is fully booked.
- **Westlake Choir lunch Thursday 29<sup>th</sup> May at 12pm.** You asked, and we listened! Our Chicken Enchiladas with corn chips and salsa, the star of April's Happy Tuesday meal, is making a comeback! Join us again for this flavourful favourite on Thursday May 29<sup>th</sup> at 12:00 noon. Please make a booking at the Café before 28<sup>th</sup> May 1pm.

Noris and the Relish Team

## What's on this Coming Week and Next



### Movie Group – Holiday in the Wild – Tuesday 27<sup>th</sup> May

After her husband ends their marriage, Kate embarks on a 'solo' second honeymoon in Africa. There, she and Derek, a pilot rescue a baby elephant. While nursing the elephant back to health, Kate discovers how much she loves her new surroundings.

Starring Kristin Davis and Rob Lowe.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham

### Friday Night Raffle

500 tickets were sold again at raffles last Friday.

The Dwelling prize number was drawn by Pam Glaum, and the winner was Gisela Taylor. Thanks Pam, and congratulations Gisela.

The raffles were drawn by Margo Sturmey and the winners were: Lois Hadfield, Chris FitzPatrick, Vince Sturmey, Murray Keenan, Luella Jacobson, Yvonne Keir, John Gardner, Liz O'Leary, Brynley Goodger. Doreen Beaman, Chris Nicholls, Peter Croft, Wayne Nicholls, Brenda Lee, Sandra Howlison, Wilma Cooper, Bev Barnes, Jill Keenan, Pam Glaum, Richard Jacobson, Wally Holmes, Cynthia O'Callaghan, Jillian Milne, Clark Robbie. Congratulations to all.

Jocelyn Goodger



### QUIZ NIGHT -- Sunday 25 May 2025

A record 37 Quizzers took part in the April Quiz Night. The topics were **General Knowledge 1, Human Biology, Communications, Numbers, Film and General Knowledge 2.** The Palms powered to their second win out of three in 2025 thanks to reinforcements from Trish's granddaughter and friends.



They secured victory over the Iris Watches by knowing that the Duke of Wellington's name was Arthur Wellesley, in a tie break.

The Mixed Nuts came third while the Secret Squirrels won the right to select a topic in May by coming fourth.

Their choice for May is **Hobbies**.

Consequently, the May questions will be on: **General Knowledge 1, Gardening, Hobbies, Water Sports, Air Travel** and **General Knowledge 2**. The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzier with cash prizes for the winners.

All are welcome! We will see you there!



### **Garden Club Members**

Our next event will be a 45 minute movie featuring "English Gardens" (not boring). Screening at 9.45am in the level 2 theatre.

Followed by a 10.30am morning tea with homemade fruit cake and shortbread.

**Date: Monday 26<sup>th</sup> May**

If you would like to attend, please phone Anne Pike on 475 6741



### **Fairview Fellowship**

Next Meeting:

Monday 26<sup>th</sup> May  
3pm in 3<sup>rd</sup> Floor Sunroom

Our village Christian fellowship offers a warm welcome to all who would like to join us each month. We meet to hear from an invited speaker and encourage each other in our shared faith.

Contact Bronwen Charlesworth 021 920 000

## **Residents' Notices**

### **CROQUET GROUP**

The croquet AGM is on Tuesday 17<sup>th</sup> June at 11.00am in the 3<sup>rd</sup> Floor Sunroom.

PROPOSAL: Group to discuss the method of start of play on club days.

1. Return to old method.
2. Continue with new method.
3. Any other suggestions.

A private vote to be taken.  
For Secretary, Beryl Johnson.

### **PINK RIBBON BRUNCH**

This year's pink ribbon brunch was very successful. Thank you all for your generous support. A BIG THANK YOU to all the helpers who gave us a hand before and during the event. And to the residents who donated prizes. You made it all possible to raise \$4,000.00, much more than in 2024.

Barbara Bailey won the Gourmet Foodie hamper.

The quilt raised \$450.00 at auction.  
On the day, the quick raffles for the 30 prizes raised \$1,560.00.  
We collected at reception & on the website nearly \$1,000.00. Lastly but not least, the management contribution will add another \$1,080.00.

Our hard work was well worth it. See you next year.

Jill Draper & Daniele Montour  
Convenors



### **THANK YOU**

Thanks to the organizers of the Pink Ribbon Breakfast, especially Jill Draper in selecting the beautiful quality items in the Hamper. To be the lucky winner of this prize was astounding and very gratefully received.

The lounge looked so bright and cheery all in pink with the diners participating too with the colour scheme and to have the bookings fill so quickly showed how our Village is such a lovely caring place to live in, how lucky we are. The meal got lots of praise too for which Noris and his team deserve congratulations. The Committee did a wonderful job.

Cancer of any kind is extremely scary so support in any way is very worthy.

Most sincerely, Barbara Bailey

### **FROM THE BAR COMMITTEE**

When any Group or Resident is planning a gathering in the Lodge and they would like the Bar to be open, could advance warning please be provided by contacting Mark Jennins 09 476 2070 or 021 952 412 so stock and staff can be arranged.

Thank you  
Averil (Secretary)

### **SAIL CITY STOMPERS**

Fairview residents enjoyed a wonderful traditional jazz concert on Sunday afternoon. Great toe tapping numbers, brilliant musicians and a fascinating journey through jazz history. Oldies but goodies, people and music!



### **DIANE LYONS' DAUGHTER**

Jacqlin Richards from Auckland, New Zealand recently attended The Women Changing The World Global Awards ceremony in London.

The awards were attended by Sarah Ferguson the duchess of York and one of Oprah Winfrey's favourite guests, Dr Tererai Trent.

Jacqlin won the gold award for Women in Education for outstanding achievement in the area of "Adult Education and Training."

The award acknowledges her work in relationships, parenting and leadership and was nominated by the editor of her forthcoming book "The Truth About Parenting."

Celebrated by her very proud Mum, Diane Lyons.





## **LOST**

- A resident has lost a single solitaire diamond ring that is of sentimental significance.  
Please contact reception if found.
- A resident has lost his ring, please contact reception if found.



## **GARETH'S PUZZLE**

This week's puzzles are:

1) What do these phrases mean?

a) TOKEEPUCH b) ISSUES x 10 3) REVODNEB

2) How many of these "ologies" do you know?

a) Selenology b) Zymology c) Myology d) Batology e) Campanology

f) Vexillology g) Xyology h) Omniology i) Oology j) Oenology

Last week's puzzles were:

1) What do these expressions mean?

a) abcdefghijklmnopqrstuvwxyz b) XQQQQQME c) aged aged aged

d) VICE + VICE e) lang4uage f) COME (TABLE, TABLE, TABLE, TABLE)

And the answers are:

a) Missing you b) Excuse me c) Middle aged d) Advice e) foreign language

f) Comfortable

## FAIRVIEW VILLAGE LIBRARY LATEST BOOKS APRIL 2025

### NEW BOOKS

**The Pool by Hannah Tunnicliffe** - is a domestic thriller about a man's disappearance years after a tragic event at a barbecue, revealing secrets, betrayal, and the lasting impact of trauma on those involved.

**The Peacock and the Sparrow by I.S. Berry** - is a spy thriller about a jaded CIA officer in Bahrain during the Arab Spring who gets entangled in political unrest, a murder, and a dangerous love affair.

**The Bad Bridesmaid by Rachael Johns** - is a romantic comedy about Fred, a commitment-phobe, who tries to sabotage her mother's sixth wedding—only to unexpectedly fall for the groom's son.

**Strangers in Time by David Baldacci** - is a World War II novel about three unlikely companions—an orphan, a girl searching for her parents, and a widowed bookseller—who form a bond while navigating the dangers of war-torn London.

**A Traitor in Whitehall by Julia Kelly** - is a historical mystery set in WWII London, where Evelyne Redfern uncovers a mole leaking secrets to the Germans while investigating a colleague's murder in Churchill's war rooms.

### DONATED

**The Valley by Chris Hammer** - is a crime novel where detectives investigate the murder of an entrepreneur, leading to dark family secrets and connections to past crimes in a remote Australian valley.

**A Bakery in Paris by Aimie K. Runyon** - follows two women across generations: Lisette, who opens a bakery in 1870s Paris during the Prussian siege, and her great-granddaughter Micheline, who trains as a baker after WWII, both finding strength through baking amid hardship.

**Worthy Opponents by Danielle Steel** - follows Spencer Brooke, a CEO juggling single motherhood and her family's department store, as she faces tough decisions about trust and partnership with entrepreneur Mike Weston.

**The Songbirds of Florence by Olivia Spooner** - is a WWII novel about two New Zealand women who serve overseas, providing support to soldiers in Italy, while navigating the challenges of war and discovering courage, sacrifice, and sisterhood.

### LARGE PRINT BOOKS

**The Address by Fiona Davis** - is a historical novel set in 1884 and 1985 at New York's Dakota building. It follows Sara Smythe, who falls for architect Theodore Camden, leading to scandal and tragedy. A century later, Bailey Camden uncovers family secrets that link her to Sara and a long-buried crime.

**Island of Glass by Nora Roberts** - is the final book in the *Guardians Trilogy*, where six chosen warriors unite to find the last star—the Star of Ice. Together, they journey to the mythical Island of Glass for a final battle against evil, testing their strength, love, and loyalty.

**Show Don't Tell by Curtis Sittenfeld** - is a short story about a woman navigating the complexities of writing, ambition, and envy during her time at a prestigious MFA program. It explores the tension between artistic integrity and personal insecurity.



## **Social Committee Invitation**

**Rob Harley**

Speaker/Communicator/Author/Documentary Maker

**Sunday 25<sup>th</sup> May**

**3.15pm in the level 3 lounge**

Rob is one of New Zealand's most acclaimed journalists and writers.

Rob will be sharing stories from his fifty-year career in some of the world's most challenging places, among some of the bravest people you will ever hear about!

He'll talk about his time in war zones and solving some international mysteries.

He will also bring with him copies of his latest best-selling book, 'The Courage of Women.'

**Friends and family welcome**

**Bar opens at 4.15pm**



Westlake Girls High School

# CHOIRS

ARE VISITING FAIRVIEW!

Thursday 29<sup>th</sup> May 2025

11:00am – 11:45am

~~Cantata~~ – Premier Choir / ~~Canto~~ Voca – Senior Choir / Nota Bella – Junior Choir



## Book and Pay at Relish Cafe



**Ladies Group**  
**AFTERNOON TEA**

\$10 per person, enjoy a sweet and a savoury plus your favourite Barista Coffee

**Tuesday, 24<sup>th</sup> June at 2 PM**

### Bookings and payment at the Cafe



### **Strength and Balance**

Monday 26 May 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

### **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

### **Beautician**

Wednesday 28 May

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 0211458542 to make your booking.

### **Restorative Yoga with Joy - Stretch Strengthen Revitalise**

Thursday 29 May – 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

### **Aqua Class with Libby**

Friday 30 May – 9.15am – Level 2 Swimming Pool

\$5.00 per class

### **Doctor**

Thursday 05 June – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room

Please phone reception to book an appointment with Dr Hunter.

### **Podiatrist**

Thursday 29 May – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room

Please phone reception to book an appointment with Paul Hames.



# WEEKLY SCHEDULE

26 May to 01 June 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 26 May</b>	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 27 May</b>	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Craft Group (newly formed group)	1.30pm	3 <sup>rd</sup> Floor Sun Room
	Movie Group	7.15pm	<b>Holiday in the Wild</b>
<b>Wed 28 May</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Dance on Request	9.30am	2 <sup>nd</sup> Floor Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 29 May</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Croquet	9.30am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 30 May</b>	Hair Salon with Kim	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	3.30pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 31 May</b>	Croquet	9.30am	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 01 June</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



# Dinner Menu

## 26 May to 01 June

Bookings by **12pm** / Please phone 09 477 3957

Small Meal \$19.00 – Large Meal \$21.00

\$2.00 Delivery Fee applies per Villa

### **Monday / Beef**

*GF Tender Beef slices in homemade teriyaki sauce with toasted sesame seeds  
Asian style stir-fry vegetables served with egg fried rice*

### **Tuesday / Pork**

*Pork Schnitzel, peas, sauteed cabbages & mashed potato and gravy*

### **Wednesday Roast / Choice of Meat**

*GF Traditional honey glazed Champagne Ham, pineapple sauce  
Or Moroccan Spiced Chicken  
both served with peas & broccoli, roasted kumara and potatoes*

### **Thursday / Beef**

*GF New England Beef Stew,  
Cauliflower, peas, and mashed potato*

### **Friday / Choice of fish**

*Market Beer-Battered Fish with tartare sauce, slaw and fries  
Or Baked Salmon with hollandaise sauce, steamed vegetables and mashed potatoes  
(large only)*

### **Saturday / Chicken**

*Smokey grilled and baked Chicken Breast cooked in white wine  
& mushroom sauce, fettuccine pasta tossed in our homemade basil pesto served with  
garlic ciabatta bread*

### **Sunday Roast / Lamb**

*GF rolled Lamb Leg Roast slowly cooked in red wine sauce, jus & gravy, peas &  
corn, roasted pumpkin, kumara and potato*

### **Alternative TAKEAWAY Dinner Menu – in foil tin:**

**JUST CALL IN, LIMITED BATCHES WEEKLY**