

The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **16 June to 22 June 2025 No. 376**

From the Manager's Desk

Policy on Fairview Care residents using the village facilities

The policy on Fairview Care residents using the village facilities has been updated in line with our standard policy on guests using the facilities. You will find a copy of the policy attached to the email for those that receive the newsletter via email. There are also printed copies that will be available from reception.

Internet outage next Tuesday night (midnight)

Please note that our IT service providers will be upgrading the firmware on the village internet switches this Tuesday starting at midnight.

Please note that each switch will be out of action for around 15 minutes which means no internet connectivity during that time.

Away from the Village

I will be away from the Village tomorrow and throughout next week. I'll be back on Monday, 23rd June.

Matariki Public Holiday

Reception – will be closed on Matariki day Friday 20th June.

Please remember to bring your swipes when visiting the lodge.

Café – The café will be closed on Matariki day Friday 20th June. Dinners will be available for delivery. Please place your orders by Thursday 19th June.

Nurse on Duty - We will have a nurse on duty as normal on this day.

Shopping bus to Browns Bay – The shopping bus is cancelled on Friday 20th June.

Housekeeping Services

We still have availability for private cleaning of apartments or villas. This can be a regular service weekly, fortnightly, monthly or a one off to give your home a freshen up. Please contact reception and they will pass on the message to Bev who will then contact you to arrange a time to visit. The cost is \$42.00 per hour charged in 15-minute blocks, so take a load off and let our fabulous team take care of the hard work for you.

Fairview Birthday Dinner Wednesday 25th of June

You will find the menu for the evening further on in the newsletter. Bookings are open so please book with Cherie at reception, the closing date for bookings is Thursday 19th June by 3.00pm as Friday the 20th is a public holiday being Matariki.

Entertainment will be provided by the fabulous Jim Joll, so bring your dancing shoes and get ready to enjoy another amazing Fairview gathering.

The following is the order of events for the evening:

- | | |
|---------|---|
| 4.00 pm | Bar opens – Complimentary drinks sponsored by Management |
| 5.30 pm | Residents to be seated |
| 5.30 pm | Serving of the canape – family style service |
| 5.40 pm | Warm bread to be served to the table |
| 5.45 pm | Welcome speeches and cutting of the cake prepared by Mary Gardner |
| 6.00 pm | Dinner served |

Storage in villa roof spaces

As you may know we have had an issue during the initial stages of the villa roof painting project where dirt from the cleaning process has entered the roof void. A tile roof is constructed in such a way that there are gaps which is normal in any tiled roof. Tony will be visiting all the villa's that have already been completed to assess the situation and from there we will work with individual villa residents as needed.

Moving forward we need to understand what villas are using the roof void for personal storage so that we can plan accordingly. If you have not already advised Cherie please do so, as we cannot mitigate the issue if we do not know.

Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues.

Villa Roof Painting

Wednesday	11-Jun	Pointing	30 - 32	
Thursday	12-Jun	Pointing	30 - 32	
Friday	13-Jun	Pointing	30 - 32	
Friday	13-Jun	Spray Painitng	30 - 32	No vehicle in drive of 30 - 32 + 26 - 27
Friday	13-Jun	Pointing	104	
Saturday	14-Jun	Pointing	104	
Saturday	14-Jun	Spray Painitng	30 - 32	No vehicle in drive of 30 - 32 + 26 - 27
Sunday	15-Jun	No work		
Monday	16-Jun	Spray Painitng	30 - 32	No vehicle in drive of 30 - 32 + 26 - 27
Monday	16-Jun	Spray Painitng	104	No vehicle in drive of 104 and main road
Tuesday	17-Jun	Spray Painitng	30 - 32	No vehicle in drive of 30 - 32 + 26 - 27
Tuesday	17-Jun	Spray Painitng	104	No vehicle in drive of 104 and main road
Wednesday	18-Jun	Spray Painitng	30 - 32	No vehicle in drive of 30 - 32 + 26 - 27
Wednesday	18-Jun	Spray Painitng	104	No vehicle in drive of 104 and main road
Thursday	19-Jun	Remove scaffold	30 - 32	No vehicle in drive of 30 - 32
Thursday	19-Jun	Install scaffold	38 - 39	No vehicle in drive of 38 - 39
Thursday	19-Jun	Spray Painitng	104	No vehicle in drive of 104 and main road
Thursday	19-Jun	Remove scaffold	104	No vehicle in drive of 104
Friday	20-Jun	Install scaffold	38 - 39	No vehicle in drive of 38 - 39
Thursday	19-Jun	Install scaffold	36 - 37	No vehicle in drive of 36 - 37
Friday	20-Jun	Install scaffold	36 - 37	No vehicle in drive of 36 - 37

Note: Tasks could change depending on weather and may shift from one day to the next. The owners will be notified the day before

Items in roof space Villa 36 + 37 + 39

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

Upcoming Events:

Tuesday 17th June at 6pm – Happy Tuesday 2 for 1 dinner deal
Tuesday 24th June at 2pm – Ladies Group afternoon tea
Wednesday 25th June at 6pm – Fairview Birthday dinner

Gary Jarvis



Health and Wellbeing Corner

Hi All,

Skin Care and Ageing

I'll sit in on this one myself eek!

With ageing the outer layer of the skin gets thinner, paler and has less elastic. Blood vessels get more fragile, we bruise more easily and with that we also produce less sweat and oil from our glands. Walking disasters really aren't we.

So many other factors also affect our skin as we age, sun damage, hormonal changes, chronic health conditions such as diabetes, kidney disease, heart disease and atherosclerosis all affect changes to our wrapper as my husband likes to call it.

There are however things we can do to help restore or combat some of these conditions.

Start always with your GP for underlying conditions to skin damage.

Your skin is prone to infections, fungi, parasites etc it works as a lovely host to all these.

Chronic health conditions could be more controlled, and the doctor can prescribe good moisturisers specifically for your skin and why not get something on the prescription when you would be paying huge costs elsewhere!

Dry Skin and Itching

Many older people will develop dry spots on skin, usually on lower legs, elbows and lower arms. These can be itchy and rough and be exacerbated by heat, drinking too little, living in a dry environment (watch those heat pumps) and smoking.

Avoid hot baths, too much soap and old creams and potions.

Use mild soap and warm not hot water.

Do not add bath oil – it will make your bath slippery.

Avoid over cleaning – 3 showers a week is usually enough for an older person. Top and Tail if you need to.

Bruises

If you are on blood thinners, then these are unavoidable. But if you are bruising and can't remember how or when talk to your doctor. If you have a raised bruise that is painful and becomes warm to the touch. Seek help it can be a sign of infection.

Age Spots and Skin tags

Really both are unavoidable and not harmful.

Wear a sun hat to avoid more age spots and if concerned by skin tags then visit with your doctor for removal.

What to look out for.

While some skin changes are normal in ageing, others are not.

Do an ABCDE of your skin changes

- A** Asymmetry – does one half of the growth look different from the other half
- B** Borders – are they regular or are they irregular
- C** Colour changes- are they changing colour or do you have more than one colour
- D** Diameter – are they greater than a pencil eraser
- E** Evolving- meaning growth, shape, symptoms, colour

Skin Cancer

There are many types of cancer, but the two common types are Basal Cell Carcinoma and Squamous Cell Carcinoma these grow slowly and are often on the body parts exposed to sun so head, face, neck, hands and arms.

Basal Cell usually doesn't spread to other parts of the body, but squamous cell carcinoma can.

The rarest and most dangerous type of skin cancer is Melanoma. This can spread to vital organs.

Check your skin each month for changes. Skin Cancer is rarely painful, and you can't see those spots on the back of your head or body so get checked regularly when you go and see the doctor.

Covid Vaccinations

Many people have been asking if we will have Covid Vaccinations here again.

The answer is no. Most people now have them due at different times and months.

Check with your doctor to ask if they are due. They should have a record.

My advice is to keep updating your vaccinations if that is your wish.

Rebecca's conversation group

I heard this went well, lots of opinions, lots of conversations. Do come and join if you want a chat Tuesdays at 10am in the Dining Room.

My News

Can you believe that our little Erin with something extra is turning one this week.

It's hard to imagine now the shock that we all went through when she was born and the worries and fears I had for her and my daughter and son-in-law, but everyone has been so kind. She is so sweet. Certainly, here for a reason and we couldn't imagine our family without her.

The rest of the little critters are all striving ahead, falling off trampolines, fishhooks in fingers, turning 2 and going on 13 etc etc.

Stay well everyone, Catharina and Nursing Team.



From the Chef's Oven

Relish Café Offers:

- Barista Coffee from 8:00am to 4:00pm daily and there is a \$1 coffee machine near the water and condiments station.
- We have a "used oil" drop off every Wednesday. We accept only "used oil" and not any other kitchen sauces.
- We accept party reservations and private catering, including birthday parties, anniversaries, family get togethers or even a small catch up with friends. Just book your dates, let us know your requirements and we will organise the catering.

Complaints and Compliments – We're Listening!

We truly appreciate your feedback — "the good and the not-so-good". Just like at your favourite local restaurant, if something's not quite right with your meal (say it's not hot enough, or not what you expected), please let us know **right away**. We're more than happy to fix it on the spot and make sure you leave satisfied.

Compliments are always welcome too — they brighten our day and help us know what we're doing right! Either way, we'd much rather hear from you sooner than later, so we can sort things out while you're still with us.

Thanks for helping us make your experience the best it can be. You can also drop your comments/feedback in our suggestion box provided near the condiments and water section.

Donut Friday

Donut Friday tomorrow - \$4 each or 3 for \$10.

RELISH CAFÉ PUBLIC HOLIDAY HOURS:

MATARIKI DAY / 20 June / FRIDAY– CLOSED

We are closed on Matariki day, but we will do dinner deliveries. Please place your dinner meals early.

Chef's Lunch Special for month of June - Loaded chips with mince and cheese. Enjoy your favourite hot chips topped with beef mince, sour cream and cheese.

Upcoming Events:

- **Tuesday 17th June - Happy Tuesday** - A trip to Italy. Enjoy a 2 for 1 dine in deal featuring Classic Italian Cuisine – Chicken Arrabbiata served on a bed of penne pesto pasta. Enjoy an optional dessert of Vanilla Panna Cotta with berry coulis for \$6. Bookings and payments at reception before 1pm on 16 June. We have 9 seats available.
- **Tuesday 24th June 2pm** -To all the wonderful ladies of Fairview Village – you're warmly invited to our next Ladies' Club Afternoon Tea! Come and enjoy a relaxed afternoon with good friends, delightful conversation, and a special treat featuring one sweet and one savoury item, paired with your choice of barista-made coffee or tea all at a special price of \$10 per resident.
- **Wednesday 25th June 6pm – Fairview Birthday Dinner**
Please see the menu towards the end of the newsletter. Bookings and payment at reception.

Noris and the Relish Team

Housekeeping Update

If you would like your villa or apartment cleaned, please contact reception. Housekeeping currently has a few available time slots.

Thanks Bev

What's on this Coming Week and Next



Movie Group – Bank of Dave – Tuesday 17th June

The Bank of Dave is a British biographical comedy-drama based on the true-life experiences of Dave Fishwick, a successful British van salesman who decides to open a bank that uses local money to fund local enterprises. However, he soon fights an uphill battle as he tries to convince the elite London-based financial authorities to grant him a new bank license.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham



Friday Night Raffle

A great night last Friday, even with the rain outside... you bought 550 tickets, and there were more than 50 Dwelling tickets distributed. The Dwelling prize was drawn by Patrick Knell - thank you, and won by Bev Wade, congratulations.

Ross Cornthwaite drew the numbers for the 5 major and 1 minor raffles - thanks Ross. Congratulations to all the winners: Mary Gardner, Paula Turner, Gordon Tasker, Shirley Jones, Chris FitzPatrick, Brynley Goodger, Maureen Capon, Patrick Knell, Trish Maunsell, Earl Troughton, Chris Nicholls, Clark Robbie, John Gardner, Clive Sandham, Lesley Strode, Dave Brand, Jill Cornthwaite, Dianne Turner, Wayne Nicholls, Margo Sturmey, Bruce Benfell, Lois Hadfield, Richard Jones, Viv Hood, Neville Turner, John O'Leary, Adele Carlisle.



Garden Club Members

There is a trip organised to Auckland Wintergardens (free) for Wednesday 18th June followed by lunch (own expense). The bus is leaving at 10am.

If you would like to join us phone Barbara Dines 021 146 9258.



Catholic Liturgy – Friday 20th June

Our Liturgy Service for this month will be held in the Sunroom on the 3rd Floor on Friday 20th June at 11.00am. Holy Mass will be celebrated by a priest of our Parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular Liturgy gatherings. Following the Mass, we will enjoy refreshments together in the Lounge. A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information please contact Natalie Turner Ph: 479 9527

Residents' Notices

CROQUET GROUP

The croquet AGM is on Tuesday 17th June at 11.00am in the 3rd Floor Sunroom.

STRENGTH AND BALANCE CLASS

Charlotte has agreed to lead a Strength and Balance class for us every Wednesday at 10:30 AM. The classes will begin next week on June 18th, with a cost of \$5 per person.

Andra

BINGO

Another enjoyable evening was held at Bingo with plenty of fun and laughter but unfortunately due to the weather we had a small attendance.

Congratulations to all the winners, especially Shirley Jones who won the \$100 Jackpot and the line prize was jointly won by Priscilla who received a bottle of wine, and the dinner voucher went to a Settlers resident.

Looking forward to seeing you all on the 5th July at our next Bingo evening, come along and join us.
Bingo Team

GARETH'S PUZZLE

This week's puzzles are:

1) What do these expressions say?

a) meta, meta, meta, meta b) p ooooooooo

2) What number should replace the question mark?

ACT 4 ATE, FLE? BLE, CON 6 NCE. Is it 14, 11, 7, or 9?

3) What single letter can be inserted into each of these words to form 5 new words? RAGE, SACK, BEDS, AREA, GASH. Is it A, E, B, O, C, N, D or T

Last week's puzzles were:

1) What are these words?

a) XAYGLA b) GCAINGIT c) POHOMSA d) TNXFIEL

2) Which word is missing and why? spare, frame, start, or plane

WORST

OKAPI

RADAR

?????

TIRED

And the answers are:

1) GALAXY, GIGANTIC, SHAMPOO, NETFLIX

2) The missing word is spare as adding that word gives the same five words in a square both horizontally and vertically.

LOST/FOUND

The following items have been removed from the clothes stand by the bowlers' entrance:

- Black/blue jacket size large
- Ladies cream cardigan size 10
- Grey jumper size large
- Black jacket size large

If any of these items are yours, please see reception.

PLANTS AVAILABLE FREE!!!

THIS YEAR LIMITED PLANTS ONLY

Lavatera - also known as Mallow.

I now have available seedlings in punnets.

The flowers look similar to petunias -
they are mixed colours - pale pink, deep pink and white.

Collect them from my driveway - Jim Turner, Villa 147



FAIRVIEW VILLAGE RESIDENTS

Can you help support our local food banks?



Items most in need:

- Canned fish
- Baked Beans and Spaghetti
- Canned veges
- Canned fruit
- Soup
- Diced tomatoes
- Spreads
- Rice
- Pasta
- Cereals

Rotary 
Combined Districts of
New Zealand

ROTARY CANS FOR A CAUSE

Many families across New Zealand are struggling to put enough food on the table for their whānau and are in urgent need of support.

The Rotary Clubs of New Zealand are committed to collecting 1 million cans of food to support local food banks in our communities.

You can help!

Donate your food items between 9th – 16th June to help us collect a million food items.

A community project organised by:

**Donate your cans of food in the box at Reception
from 9th – 16th June**

Thank you for helping.

A community project organised by the Browns Bay Rotary Club

SOCIAL COMMITTEE INVITATION

Fairview
Birthday Special!

KUMEU VINTAGE BRASS BAND

Sunday June 15th at 3:15pm



Come and enjoy these celebrated musicians

Friends and family are very welcome

Bar opens at 4:15pm

Fairviews 25th Birthday

Come and celebrate!

WEDNESDAY 25TH JUNE
5.30 PM (SEATED)

ENTERTAINER: JIM JOLL



Fairview Village 25th Birthday

Wednesday 25th June 2025

Complimentary drinks on arrival

Starter

Gourmet Meatball Canape
de Pomme de Terre

Choice of Mains

- Wine Braised Beef Medallions
- Poached Salmon a la Salsa Verde

Served with candied carrots,
Julienne beetroot, young spinach,
golden herbed potato rosti

Dessert

Winter Warmer
Sticky Toffee & Date Pudding

RSVP by 19th June
Bookings and payment at
reception
\$37/person

HAPPY TUESDAY
2 for 1 Dine in Deal...

\$21

17 JUNE / TUE / 6PM

A Journey to ...

Italian Cuisine

Dinner Menu

Chicken & Pasta

*Classic Chicken Arrabiata served on
a bed of Penne pesto pasta*

Optional Dessert \$6

Vanilla Panna Cotta with berry coulis

Bookings and payments at the
reception before 16 June

Ladies Group
AFTERNOON TEA

\$10 per person, enjoy a sweet and a
savory plus your favourite Barista Coffee

Tuesday, 24th June at 2 PM

Bookings and payment at the Cafe

Strength and Balance

Monday 16 June 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles.

It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.

If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 18 June

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 19 June – 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby – Cancelled on Friday 20 June

Doctor

Thursday 19 June – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 26 June – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

16 June to 22 June 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 16 June	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 17 June	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Craft Group (newly formed group)	1.30pm	3 rd Floor Sunroom
	Movie Group	7.15pm	Bank of Dave
Wed 18 June	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance on Request	9.30am	2 nd Floor Lounge
	Strength & Balance	10.30am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 19 June	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Croquet	9.30am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
	Doctor Hunter	2.00pm	3 rd Floor Doctor's Room
Fri 20 June	Hair Salon with Kim (Cancelled)	9.00am to 1.00pm	3rd Floor Salon with Kim
	Minibus – Browns Bay (Cancelled)	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class (Cancelled)	9.15am	Level 2 Swimming Pool
	Catholic Liturgy	11.00am	Level 3 Sunroom
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	3.30pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 21 June	Croquet	9.30am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 22 June	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



Relish Café
By Chef Noris & Team

Dinner Menu 16 June to 22 June

Bookings by **12pm** / Please phone 09 477 3957
Small Meal \$19.00 – Large Meal \$21.00
\$2.00 Delivery Fee applies per Villa

Monday / Beef

GFI Jamie Oliver's Beef Rendang Curry, steamed veggies
roti & aromatic Jasmine rice

Tuesday / HAPPY TUESDAY 2 FOR Dine in deal

Classic Chicken Arrabbiata in pesto and penne pasta

Wednesday Roast / choice of meat

GFI Beef Roast, gravy. Or Moroccan Chicken Roast
vegetable gratin, roast pumpkin & potatoes

Thursday / Pork

GFI Pork Loin roast and its trimmings, apple sauce and gravy,
peas and corn and roasted vegetables

Friday / CLOSED / DELIVERY ONLY

Seafood Treat – Fish Bites (3), Prawn Twister (3) & Calamari (3)
with tartare sauce, garden salad & hot chips

Saturday / Pork

Pork Schnitzel, sauteed savoy cabbages & broccoli, mashed potatoes with gravy

Sunday Roast / Lamb

GF Lamb Roast, brown gravy, minted peas, buttered corn,
roasted pumpkin and potato

Alternative TAKEAWAY Dinner Menu – in foil tin:

Roast Beef Sirloin and Fish Pie

JUST CALL IN, LIMITED BATCHES WEEKLY