

The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 07 July to 13 July 2025 No. 379

From the Manager's Desk

Lift curtain inspection and testing

Apologies for the late notice but we have just this morning been advised that the contractor is here today to inspect and test the lift fire curtains in the main lodge building. This will be approximately 3.00pm and all the curtains will be dropped at the same time, this will mean the lifts will be out of service for approximately 5-15 minutes.

Washco

Due to the weather conditions today, Washco have ceased works and will return tomorrow morning as the weather is looking a bit more settled to see how much they can complete. This will affect the program so please be aware that the original timings may move out by a day.

Residents' birthday morning tea

We will be having this month's residents' birthday morning tea on Friday 11th July at 10.00am in the main lounge.

I look forward to the opportunity of meeting with those residents celebrating their special day this month.

Storage in villa roof spaces

As you may know we have had an issue during the initial stages of the villa roof painting project where dirt from the cleaning process has entered the roof void. A tile roof is constructed in such a way that there are gaps which is normal in any tiled roof. Tony will be visiting all the villa's that have already been completed to assess the situation and from there we will work with individual villa residents as needed.

Moving forward we need to understand what villas are using the roof void for personal storage so that we can plan accordingly. If you have not already advised Cherie please do so, as we cannot mitigate the issue if we do not know.

Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues.

Villa Roof Painting

Thursday	3-Jul	No work		
Friday	4-Jul	Pointing	38 - 39	
Saturday	5-Jul	Pointing	38 - 39	
Sunday	6-Jul	Pointing	38 - 39	
Monday	7-Jul	Pointing	38 - 39	
Tuesday	8-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Tuesday	8-Jul	Washing	40 - 41	No vehicle in drive of 40 - 41
Wednesday	9-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Wednesday	9-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Thursday	10-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Thursday	10-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Friday	11-Jul	Spray Painitng	40 - 41	No vehicle in drive of 40 - 41 + 38 - 39
Friday	11-Jul	Remove scaffold	38 - 39	No vehicle in drive of 38 - 39
Friday	11-Jul	Install scaffold	43 - 44	No vehicle in drive of 43 - 44

Note: Tasks could change depending on weather and may shift from one day to the next. The owners will be notified the day before

Items in roof space to check prior to washing Villa 40

Villa 36 + 37 + 39 (All roof spaces / items have been covered)

Upcoming Events:

Friday 4th July at 8.30am

Friday 11th July at 10am

Tuesday 15th July at 2pm

Tuesday 22nd July at 6pm

- Gentlemen's Club
- Residents' birthday morning tea
- Ladies' afternoon tea
- Happy Tuesday 2 for 1 dinner deal

Gary Jarvis

From the Sales Desk

Alan Fletcher moves into V82 today. If you see a new face around, stop and say hi!

We had a busy open day on Tuesday, and I was extremely thankful for the help of our ambassadors.

Bronwen, Chrissy and Priscilla were all stars on the day. Thank you.

Robyn



Health and Wellbeing Corner

Hi All,

Heat stroke

I will spend more time on this topic in next week's newsletter. It might feel strange to bring up heat stroke given the current weather, but it's a serious issue. As always, try to avoid extreme temperatures. More on this soon.

Good Oral Health Habits – written by Rebecca

Maintaining good oral health is key to overall wellbeing. As more people retain their natural teeth into older age, proper dental care becomes increasingly important. Unlike dentures, natural teeth and gums need daily attention to prevent problems like decay, gum disease, and tooth loss—common dental issues in older adults that can affect nutrition, communication, and quality of life.

Oral health may also be linked to serious health conditions. For example, the bacteria *Porphyromonas gingivalis*, associated with gum disease, has been found in the brains of people with Alzheimer's—suggesting a possible connection between oral infections and neurodegenerative disease.

Over the last 20 years, I've focused on improving the oral health of children, teens, and their families. Here are some key daily habits everyone can benefit from:

Daily Oral Care Tips:

- **Brush twice a day** with fluoride toothpaste—morning and especially at night. Nighttime brushing is most important, as it reduces the number of harmful bacteria in the mouth while you sleep.
- **Use a soft-bristled or electric toothbrush** to gently remove plaque and protect gums.
- **Clean between your teeth daily** using dental floss or interdental brushes. These areas trap food, plaque, and bacteria that brushing alone can't reach.
- **Don't forget your tongue**—gently brushing or scraping the tongue can reduce bacteria and improve breath.

Taking care of your mouth, each day can help you keep your teeth for life—and support your overall health too.

Table Talk

Come along for stimulating conversation, a laugh or two and maybe meet someone new!

New time 11.00AM Thursdays in café

Stay well everyone.



From the Chef's Oven

Donut Friday

Donut Friday tomorrow \$4 each or 3 for \$10

Chef Lunch Special for Month of July

Mexican Beef Nachos. Dive into a mouthwatering mountain of homemade beef mince, perfectly seasoned and served on a bed of golden cheese corn chips. Topped with a dollop of sour cream, jalapeños, and a drizzle of sweet chili sauce for the ultimate flavour kick. Only available this July – don't miss out!



Upcoming Events:

- **Friday 4th July – Gentlemen's Club** - Join us for our monthly Gentlemen's Breakfast every first Friday of the month. Enjoy great company and a hearty traditional breakfast featuring poached eggs on toast, mushrooms, crispy bacon, and a golden hash brown. And just to keep things exciting—watch out for our surprise add-on dish! Don't miss out, it's a special \$15 price to all gentlemen of Fairview Village.
- **Tuesday 15th July – Ladies Afternoon Tea at 2pm** - To all the wonderful ladies of Fairview Village you're warmly invited to our next Ladies' Club Afternoon Tea! Come and enjoy a relaxed afternoon with good friends, delightful conversation, and a special treat featuring one sweet and one savoury item, paired with your choice of barista-made coffee or tea all at a special tag price of \$10 per resident.
- **Tuesday 22nd July – Happy Tuesday 2 for 1 deal** – by popular request our American culinary tour is back. Baby back ribs and chips served with southern slaw and an optional American apple pie for dessert.

Noris and the Relish Team

Housekeeping Update

If you would like your villa or apartment cleaned, please contact reception. Housekeeping currently has a few available time slots.

Thanks Bev

What's on this Coming Week and Next



Movie Group – Musical Evening

We are planning a musical evening starting with The Maestro and the European Pop Orchestra followed with a compilation of the Last Night of the Proms. See flyer further on in the newsletter.

Muriel Sandham



Friday Night Raffle

We gave out 45 dwelling tickets at the Happy Hour raffles last Friday; Brenda Lee rolled the winning number and the lucky winner was Neville Turner. Thanks Brenda and well done Neville.

Luella Jacobson rolled the numbers for the 550 raffle tickets that were sold - thank you very much Luella. The prizes were won by: Jill Keenan, Peter Croft, Lois Hadfield, Alison Leadley, Liz O'Leary, Cynthia O'Callaghan, John O'Leary, Maureen Capon, Clarke Robbie, Barrie Flint, Richard Jacobson, Brenda Lee, Ross Cornthwaite, Pam Glaum, Bruce Benfell, Vince Sturmey, Allan O'Callaghan, Jean Elliott, Neil Butt, Earl Troughton, Jocelyn Goodger, Adele Carlisle, Annette Cook, Lorraine Dale. Congratulations to all.

Jocelyn Goodger



Bingo

Saturday 5th July in the 3rd Floor Lounge at 7pm.

Everyone is welcome.



Garden Club

Too Wet

Too Windy

Too Cold

No gardens to visit in July but we are planning a trip to Coatesville for lunch at Blossoms Café.

Date: Monday 21st July

Bus leaves at 11.15am

Interested, phone Anne Pike 475 6741

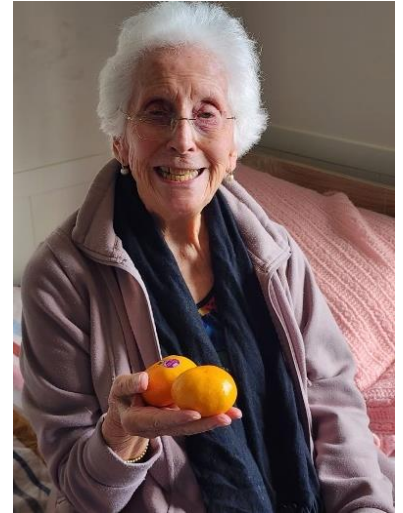
Residents' Notices

Nola Neas

Nola Neas passed away peacefully in the early hours of Tuesday, July 1st.

Nola was a resident at the village for 7 years and vacated in 2023. Both Nola and Bill were very keen bowlers and after Bill passed Nola supervised the bowling from her balcony! Nola was also a very keen member of the singing group and was always cheerful and willing to participate in activities.

There will be a celebration of Nola's life at Davis Funerals, 400 Dominion Road, Mt Eden on Sunday 6th July from 2pm – 3pm and everyone is welcome.



Aqua Aerobics Class

Please note: There will be no aqua aerobics class this Friday, 4th July.

10 Minute Wonders

If anyone is available to video the 10 Minute Wonder production on Sunday, 6th July in the Level 3 Lounge, please contact Reception. Thank you!

Olivia Forbes – Farewell Fundraising Concert

Olivia Forbes, Jennifer & Barry Jones' granddaughter is off in August to study at the Royal College of Music in London for two years.

On Friday 18th July she is hosting a farewell fundraising concert in the Dove Theatre, Kristin School, 360 Albany Highway.

The doors open at 6:30pm and the concert is from 7:00pm to 8:30pm.

Also performing at the concert are three other young opera singers, Holly Evans, Ridge Ponini, Faamanu and Fonoti Fuimaono.

Tickets are \$27 and are available via:

<https://events.humanitix.com/olivia-s-farewell-fundraising-concert>



10 Minute Wonders

The one and only
performance!

Sunday 6th July at 4pm
3rd Floor Lounge

A not to be missed production!



Fairview Village presents



First Saturday of the month

Ticket Sales from 6.15pm
7.00pm Start

Friends and family welcome!



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Level 2 Theatre – musical evening



On Tuesday 8th July we are planning a musical evening, starting with The Maestro and the European Pop Orchestra, followed with a compilation of the Last Night of the Proms.

Please dress up in your red, white and blue - Union Jacks will be welcome and all things British.

We would love you to join in with the patriotic songs as they play.

Please RSVP to reception if you would like to attend as we have limited seating.



GOTTA SING & The Social Committee
Invites You To Gotta Sings 2025 Concert



*Join us for an unforgettable, joyous
concert of feel good favourites, where
every song lifts your spirit, puts a smile
on your face, and keeps you humming
along till the last note!*

Fairview Lifestyle Village
Sunday, July 13th — 3.15pm

*"We are delighted to have the opportunity to
return to Fairview Village, to entertain you!
We look forward to seeing you all there!"*

Strength and Balance

- Monday 07 July 10.30am – 2nd Floor Lounge
- Wednesday 09 July 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles.
It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.
If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 09 July

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3rd floor.

Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 10 July – 1.30pm – 2nd Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 11 July – 9.15am – Level 2 Swimming Pool

\$5.00 per class

Doctor

Thursday 17 July – 2.00pm to 3.45pm – 3rd Floor Doctors Room

Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 10 July – 9.00am to 12.00 noon – 3rd Floor Doctors Room

Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

07 July to 13 July 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 07 July	Strength & Balance	10.30am	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 08 July	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Craft Group	1.30pm	3 rd Floor Sunroom
	Movie Group	7.15pm	The Maestro and the European Pop
Wed 09 July	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Dance on Request	4.00pm	2 nd Floor Lounge
	Strength & Balance	10.30am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 10 July	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Croquet	9.30am	Croquet Green
	Podiatrist	9.00am	3 rd Floor Doctor's Room
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 11 July	Hair Salon with Kim	9.00am to 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	3.30pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 11 July	Croquet	9.30am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
Sun 13 July	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



Dinner Menu

07 July to 13 July

Bookings by **12pm** / Please phone 09 477 3957

Small Meal \$19.00 – Large Meal \$21.00

\$2.00 Delivery Fee applies per Villa

Monday (Pork)

GFI Grilled Pork Loin slices, aromatic orange sauce, steamed vegetables
Chives mashed potatoes

Tuesday (Chicken)

GF Baked Chicken in napolitana sauce on a bed of pesto fettuccine pasta

Wednesday Roast (Beef)

GF Roast Sirloin slices, gravy, or Chicken Roast
served with peas, roasted potato & pumpkin

Thursday (Lamb)

GF Lamb Bourguignon on a bed of mashed potato, green beans and carrots

Friday (KIWI classic)

Market Beer-battered Fish with tartare sauce, slaw and fries
Or Baked Salmon with hollandaise sauce, steamed vegetables and mashed potatoes
(large only)

Saturday (Chicken)

GFI Grilled Chicken, white wine and mushroom sauce
With broccoli and peas on a bed of mashed kumara & potatoes

Sunday Roast (Kiwi Classic)

Beef Roast in classic gravy, roasted pumpkin, carrots & potato, Yorkshire pudding

Optional Dinner Menu – in foil tin:

JUST CALL IN, LIMITED BATCHES WEEKLY