

# The Village News

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **14 July to 20 July 2025 No. 380**

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## From the Manager's Desk

### **New Gardener – Seifeddine**

We have a new gardener who started with Wesley and the team on Monday this week, please give him a smile and a wave if you see him around the village. Please join us in welcoming him to the Fairview community.



### **Residents' birthday morning tea**

We will be having this month's residents' birthday morning tea tomorrow at 10.00am in the main lounge. I look forward to the opportunity of meeting with those residents celebrating their special day this month.

### **Washco - Window and building wash**

The team from Washco will be finishing up today with the current work in the village, they will be back again in the summer!

### **Reception Desk**

Next week we will be installing a new reception desk, we will operate as normal on Monday from the current reception desk whilst clearing the desk. **Reception will close on Monday at 3.00 pm to allow for disconnecting of the current infrastructure.** From Tuesday reception will operate out of the current sales office. We will commence the removal and reinstallation of the new desk on Tuesday and hopefully this will all be complete and back operational by the close of business on Friday. So, reception should be back to its current location for the weekend.

### **Carpet cleaning in Level 3 Lounge**

Please be advised that the carpet in the Level 3 Lounge will be cleaned on Tuesday 22<sup>nd</sup> July, commencing at 8:30am. The cleaning process is expected to take approximately 3 hours. We apologise for any inconvenience and appreciate your understanding.

### **Dogs in the village**

We would kindly like to remind all residents that dogs should be kept on a lead whilst walking in the village.

### **Storage in villa roof spaces**

As you may know we have had an issue during the initial stages of the villa roof painting project where dirt from the cleaning process has entered the roof void. A tile roof is constructed in such a way that there are gaps which is normal in any tiled roof. Tony will be visiting all the villa's that have already been completed to assess the situation and from there we will work with individual villa residents as needed.

**Moving forward we need to understand what villas are using the roof void for personal storage so that we can plan accordingly. If you have not already advised Cherie please do so, as we cannot mitigate the issue if we do not know.**

## Painting villa roofs

The villa roof program continues as per the below schedule of works. Please note the guidance about parking of vehicles. Whilst all care is taken, with the wind it is likely that there will be overspray so vehicles should be parked in garages. Please advise any visitors of the same to prevent any issues.

### Villa Roof Painting

Thursday	3-Jul	No work		
Friday	4-Jul	Pointing	38 - 39	
Saturday	5-Jul	Pointing	38 - 39	
Sunday	6-Jul	Pointing	38 - 39	
Monday	7-Jul	Pointing	38 - 39	
Tuesday	8-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Tuesday	8-Jul	Washing	40 - 41	No vehicle in drive of 40 - 41
Wednesday	9-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Wednesday	9-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Thursday	10-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Thursday	10-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Friday	11-Jul	Spray Painitng	40 - 41	No vehicle in drive of 40 - 41 + 38 - 39
Friday	11-Jul	Remove scaffold	38 - 39	No vehicle in drive of 38 - 39
Friday	11-Jul	Install scaffold	43 - 44	No vehicle in drive of 43 - 44
Saturday	12-Jul	No Work		
Sunday	13-Jul	No Work		
Monday	14-Jul	Washing	40 - 41	No vehicle in drive of 40 - 41
Monday	14-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Tuesday	15-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Tuesday	15-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Wednesday	16-Jul	Spray Painitng	38 - 39	No vehicle in drive of 38 - 39 + 43 - 44
Wednesday	16-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Thursday	17-Jul	Remove scaffold	38 - 39	No vehicle in drive of 38 - 39
Thursday	17-Jul	Install scaffold	43 - 44	No vehicle in drive of 43 - 44
Thursday	17-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Friday	18-Jul	Pointing	40 - 41	No vehicle in drive of 38 - 39 + 43 - 44
Saturday	19-Jul	Washing	43 - 44	No vehicle in drive of 43 - 44

**Note:** Tasks could change depending on weather and may shift from one day to the next. The owners will be notified the day before

**Items in roof space to check prior to washing** Villa 40 has been checked  
Villa 36 + 37 + 39 (All roof spaces / items have been covered) Covers to be removed

Please note that the above program is subject to change with weather conditions, which we are now experiencing.

## Upcoming Events:

Friday 11<sup>th</sup> July at 10am

Tuesday 15<sup>th</sup> July at 2pm

Tuesday 22<sup>nd</sup> July at 6pm

- Residents' birthday morning tea

- Ladies' afternoon tea

- Happy Tuesday 2 for 1 dinner deal

Gary Jarvis



## Health and Wellbeing Corner

Hello All,

## Heat Stroke

Heat Stroke is a serious medical emergency, particularly for the elderly. Elderly bodies are less likely to be able to regulate temperature and adapt. The bodies temperature can rise rapidly and while you may be thinking I am getting a bit hot here the process of heat stroke is already underway. With limited mobility, chronic health conditions, medications that interfere with the body's ability to regulate temperature, increased risk of dehydration due to diuretics, limited mobility, lack of support and delayed access to help the body can become overwhelmed very quickly.

**Signs of heat stroke are:**

- Confusion, disorientation
- Red and hot
- Rapid, strong pulse
- Headache, dizziness, nausea and vomiting
- Muscle cramps and weakness
- Rapid breathing

**Seizures**

If you see someone that is sitting in the sun and you suspect they may have fallen asleep please ask them if they are alright, if you shake their shoulder gently and get no response please ring for the nurse, or any help nearby.

Get them into shade, lift their head up if their head has fallen forward.  
Sprinkle cold water on them, if conscious give them sips of cold water.  
Fan them  
Apply cold compresses to neck  
If layered clothing – remove

My rule of thumb is, if you wouldn't put a baby in that sun and leave them there then don't sit in it yourself. Look for shade.

**Book a doctor**

Health New Zealand understand that sometimes sitting in a crowded Clinic, going to A&E or not being able to get a doctor's appointment for days and sometimes longer becomes overwhelming for someone who is unwell and vulnerable, so they have started book a doctor.

This service is for non-urgent care such as coughs, colds, flu, rashes, stomach bugs, minor allergies, prescriptions etc.  
To use this service, you will need a smart phone or a tablet, and possibly a support person to help.  
Go to Health New Zealand website.  
Scroll down and you will see Online GP Care.  
Click on book an Online GP Care appointment now.  
The next page you have a selection of providers that you can click on such as White Cross, Care HQ etc.  
Click on one of these and follow instructions.  
Fees can range from \$30.00 to \$70.00 depending on community care cards etc.  
A very good service I think to keep people in their own homes when sick.

**Josh's Fundraiser**

Some of you would have met with Josh. Josh works with us as a casual and is a trained paramedic and is currently working on his thesis. Josh's passion is water safety, and he works for New Zealand drowning prevention.

At the end of this month Josh is going to be floating on his back in the sea for 74 minutes. 74 minutes represents how many lives were lost last year with drowning. I have put all the details of this on the notice board. You can help Josh by scanning his QR Code and give a little to go into a draw for a meal worth \$1,240.00 at Paris Butter.

This is also a great opportunity to bring your grandchildren along and show them how floating can be a life-saving water safety technique. All details are on the notice board.

Keep well everyone.  
From the Nursing Team

**Housekeeping Update**

If you would like your villa or apartment cleaned, please contact reception. Housekeeping currently has a few available time slots. Thanks Bev.



## **From the Chef's Oven**

### **Donut Friday**

Donut Friday tomorrow \$4 each or 3 for \$10.

### **Chef Lunch Special for Month of July**

Mexican Beef Nachos. Dive into a mouthwatering mountain of homemade beef mince, perfectly seasoned and served on a bed of golden cheese corn chips. Topped with a dollop of sour cream, jalapeños, and a drizzle of sweet chili sauce for the ultimate flavour kick. Only available this July – don't miss out!



### **Chef's Traditional muffin recipe**

#### **Classic Blueberry Muffins (Makes 12)**

##### **Ingredients:**

- 1 ½ cups (190g) all-purpose flour
- ¾ cup (150g) granulated sugar
- ½ tsp salt
- 2 tsp baking powder
- ⅓ cup (80ml) vegetable oil
- 1 large egg
- ⅓ – ½ cup (80–120ml) milk (adjust to consistency)
- 1 tsp vanilla extract
- 1 cup (150g) fresh or frozen blueberries
- Optional: 1–2 tbsp flour (to coat berries if using frozen)
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##### **Topping (optional but recommended):**

- 2 tbsp sugar
- ½ tsp cinnamon

##### **Instructions:**

1. Preheat oven to 400°F (200°C). Line a 12-cup muffin tin with paper liners or lightly grease.
2. In a large bowl, whisk together flour, sugar, salt, and baking powder.
3. In a measuring cup or separate bowl, combine the oil, egg, vanilla, and milk. Add the wet mixture to the dry ingredients and stir just until combined. Don't overmix.
4. Fold in the blueberries gently. If using frozen berries, toss them in 1–2 tbsp flour first to prevent them from sinking.
5. Divide the batter evenly among the 12 muffin cups (they'll be about ¾ full).
6. Mix the topping (sugar + cinnamon) and sprinkle over each muffin if using.
7. Bake for 18–22 minutes, or until a toothpick inserted in the centre comes out clean.
8. Cool in the pan for 5 minutes, then transfer to a wire rack.

### **Upcoming Events:**

- **Tuesday 15<sup>th</sup> July – Ladies Afternoon Tea at 2pm** - To all the wonderful ladies of Fairview Village you're warmly invited to our next Ladies' Club Afternoon Tea! Come and enjoy a relaxed afternoon with good friends, delightful conversation, and a special treat featuring one sweet and one savoury item, paired with your choice of barista-made coffee or tea all at a special tag price of \$10 per resident.
- **Tuesday 22<sup>nd</sup> July – Happy Tuesday 2 for 1 deal** – by popular request our American culinary tour is back. Baby back ribs and chips served with southern slaw and an optional American apple pie for dessert.

## What's on this Coming Week and Next



### **Movie Group** – Saving Grace – Tuesday 15<sup>th</sup> July

Saving Grace is a 2000 film featuring Brenda Blethyn as Grace, a small-town English widow who faces financial troubles after her husband's death. To cope, she turns to alternative ventures to make money.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham



### **Friday Night Raffle**

A record! 6 major raffles were purchased last Friday, for the first time ever. So - more lucky winners on the night.

The Dwelling prize was up first - drawn by Roy Keepin and won by Roy Keepin. So, thanks and congratulations to you, Roy.

Then the 6 majors were drawn by David Ellis, thank you David. And the winners were:

Lois Hadfield, Cynthia O'Callaghan, John O'Leary, Diane Brown, Peter Croft, Wayne Nicholls, Brenda Lee, Sandi Jennins, Ledlie Nevill, Maureen Capon, Ross Cornthwaite, Chris Nicholls, Clark Robbie, Brynley Goodger, Chris FitzPatrick, Bruce Benfell, David Ellis, Jill Keenan, Luella Jacobson, Shirley Jones, Doreen Beaman, Rosalie Hancy, Janice Maihi, Mark Jennins, Brian Sutherland, Jean Elliott, Bev Wade. Congratulations everyone.

Jocelyn Goodger (on behalf of Diane Brown, Raffles Convenor)



### **East Coast Bays Catholic Parish**

Our Liturgy Service for this month will be held in the Sun Room, 3<sup>rd</sup> Floor on Friday 18<sup>th</sup> July 2025 at 11.00 am.

Holy Mass will be celebrated by a priest of our parish. We are indeed very privileged to have a priest in attendance and to lead us at our regular liturgy gatherings.

Following the Mass, we will enjoy lunch together in the lounge.

A warm invitation is extended to all who may wish to join our small community in prayer and friendship.

For further information, please contact Natalie Turner (Ph: 09-479 9527)



### **Garden Club**

Too Wet, Too Windy, Too Cold

No gardens to visit in July but we are planning a trip to Coatesville for lunch at Blossoms Café.

**Date: Monday 21<sup>st</sup> July**  
**Bus leaves at 11.15am**

Interested, phone Anne Pike 475 6741



## Residents' Notices



**Come and watch the second test between the All Blacks and France – Saturday evening 12<sup>th</sup> July on the big screen in the 3<sup>rd</sup> floor lounge. Kick off at 7.05pm.  
Barry Jones**

### **Bingo**

Another successful evening for our Bingo Night with lots of fun and laughter and it was great to see so many families and visitors attend.

Congratulations to our Bingo winners and to Beryl Johnson who won the \$100 jackpot, a visitor who won the line prize of a lunch voucher and to a young man who won 3 Houses.

Looking forward to seeing you all again at our next Bingo evening on the 2 August.

The Bingo Team

### **Thanks for Sunday's performance**

A huge thank you to all the residents and families who gave up your Sunday afternoon to laugh hopefully with us, not at us, with our little show.

So many in the cast and supporting group to mention here but we did have fun and hope you all did too. Always room for more members!

Antonia Winterbottom-Smythe on behalf of the Ten Minute Wonders gang.

### **Olivia Forbes – Farewell Fundraising Concert**

Olivia Forbes, Jennifer & Barry Jones' granddaughter is off in August to study at the Royal College of Music in London for two years.

**On Friday 18<sup>th</sup> July she is hosting a farewell fund-raising concert in the Dove Theatre, Kristin School, 360 Albany Highway.**

The doors open at 6:30pm and the concert is from 7:00pm to 8:30pm.

Also performing at the concert are three other young opera singers, Holly Evans, Ridge Ponini, Faamanu and Fonoti Fuimaono.

Tickets are \$27 and are available via:

<https://events.humanitix.com/olivia-s-farewell-fundraising-concert>



## The Last Night of the Proms

A very successful night was had on Tuesday 8th July.  
Thanks to the superb work by Muriel and Clive.



**GOTTA SING & The Social Committee  
Invites You To Gotta Sings 2025 Concert**



*Join us for an unforgettable, joyous  
concert of feel good favourites, where  
every song lifts your spirit, puts a smile  
on your face, and keeps you humming  
along till the last note!*

**Fairview Lifestyle Village  
Sunday, July 13th — 3.15pm**

*"We are delighted to have the opportunity to  
return to Fairview Village, to entertain you!  
We look forward to seeing you all there!"*



## Residents Committee 2025-26



**Barbara Bailey, Jocelyn Goodger, Gordon Tasker (chairman), Jackie Thompson, Len Hancy, Wilma Cooper, Neville Turner (absent Owen Young)**

## Social Committee 2025-26



**Doreen Beaman, Jackie Thompson, Sandie Jennins, Angela Woolnough (Convenor), Pam Glaum, Elaine McClintock, Daniele Montour**



## **Strength and Balance**

- Monday 14 July 10.30am – 2nd Floor Lounge
- Wednesday 16 July 10.30am – 2<sup>nd</sup> Floor Lounge

Please remember to bring your water bottles.  
It is very important to keep your fluids up.

## **Physiotherapist**

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor.  
If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

## **Beautician**

Wednesday 16 July

Natalie is at the Village every Wednesday from 9.45am – 4.00pm.

She works from the Doctor's Room on the 3<sup>rd</sup> floor.

Call or text on 021458542 to make your booking.

## **Restorative Yoga with Joy - Stretch Strengthen Revitalise**

Thursday 17 July – 1.30pm – 2<sup>nd</sup> Floor Lounge

Monthly prepaid fee of \$20.00

We appreciate the subsidy from the Village Residents' Committee

## **Aqua Class with Libby**

Friday 18 July – 9.15am – Level 2 Swimming Pool

\$5.00 per class

## **Doctor**

Thursday 17 July – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room

Please phone reception to book an appointment with Dr Hunter.

## **Podiatrist**

Thursday 24 July – 9.00am to 12.00 noon – 3<sup>rd</sup> Floor Doctors Room

Please phone reception to book an appointment with Paul Hames.

# WEEKLY SCHEDULE

14 July to 20 July 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

<b>Mon 14 July</b>	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Lounge
<b>Tue 15 July</b>	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet	9.30am	Croquet Green
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Craft Group	1.30pm	3 <sup>rd</sup> Floor Sunroom
	Movie Group	7.15pm	<b>Saving Grace</b>
<b>Wed 16 July</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 <sup>rd</sup> Floor Doctors Room
	Strength & Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Dance Practice	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Thu 17 July</b>	Hair Salon with Kim	9.00am – 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Croquet	9.30am	Croquet Green
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	1.00pm	3 <sup>rd</sup> Floor Sunroom
	Yoga with Joy	1.30pm	2 <sup>nd</sup> Floor Lounge
<b>Fri 18 July</b>	Hair Salon with Kim	9.00am to 1.00pm	3 <sup>rd</sup> Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class	9.15am	Level 2 Swimming Pool
	Catholic Liturgy	11.00am	3 <sup>rd</sup> Floor Sunroom
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	3.30pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
<b>Sat 19 July</b>	Croquet	9.30am	Croquet Green
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
<b>Sun 20 July</b>	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



## Dinner Menu

### 14 July to 20 July

Bookings by **12pm** / Please phone 09 477 3957

Small Meal \$19.00 – Large Meal \$21.00

\$2.00 Delivery Fee applies per Villa

#### **Monday / Chicken**

**GF** Pan grilled pork chops, brown gravy, grilled sesame bok choy,  
Glazed carrots, roasted potato

#### **Tuesday / Seafood**

Seafood Treat – Fish Bites (3), Prawn Twister (3) Calamari (3)  
With tartare sauce, garden salad and hot chips

#### **Wednesday Roast / choice of meat**

**GF** Braised lamb shanks, gravy or Moroccan chicken roast  
Vegetable gratin, roast carrots and potatoes

#### **Thursday / Pork**

**GF** Pork loin roast and its trimmings, apple sauce and gravy,  
Peas & corn and roasted vegetables

#### **Friday / Choice of Fish**

Market beer-battered Fish with tartare sauce, slaw and fries  
Or baked salmon with hollandaise sauce, steamed vegetables and mashed potatoes  
(large only)

#### **Saturday / Lamb**

**GF** Mustard braised lamb, jus, mint sauce, sauteed savoy cabbages,  
mashed potatoes

#### **Sunday Roast**

**GF** Beef roast, brown gravy, mushy peas, buttered corn, roasted pumpkin and potato,  
Yorkshire pudding

#### **Alternative TAKEAWAY Dinner Menu – in foil tin:**

JUST CALL IN, LIMITED BATCHES WEEKLY