

The Village News

Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **01 September to 07 September 2025 No. 387**

From the Manager's Desk

Operators AGM

The operators AGM for this year will be held next Monday the 1st of September at 11am in the main lounge on level 3. The packs have been delivered to each unit, please remember to bring them with you to the AGM.

Market Day

As advised by Robyn previously the market day in November is not proceeding, this is due to a variety of reasons and next year the team will be reviewing the type and style of event that it wishes to hold.

We will still be holding a 'pop up mini market' event where our residents, who have been working throughout the year preparing for the market day, can still promote and sell their goods. The date is still to be finalised, and we will advertise this in the newsletter as well as the Settlers newsletter when it is locked in. In the meantime, if you would like to book a place for the event, please let Cherie know at reception including the type of stall and we will be in touch to confirm the details.

Maintenance work on the diesel pump for the sprinkler system

Next Wednesday the morning of the 3rd of September a contractor will be carrying out some maintenance work in the sprinkler diesel room in the basement. This will not have any impact on residents apart from some noise which may be heard in the carpark area. It does mean that the sprinkler system during the works will not be operational, and our insurers have been notified accordingly.

Father's Day

Father's Day is on Sunday the 7th of September. We will be serving 'Traditional Roast Beef' at 12.00 noon with a complimentary beer for all our Fairview Dads. You will find the menu further on in the newsletter. Bookings need to be made at reception by Wednesday the 3rd of September.

Spring Dance Wednesday 17th September

Noris and the team will be preparing a wonderful spring menu to hopefully welcome in a change of season and some warmer weather. This will be a three-course meal priced at \$37.00 per person. You will find the menu further on in the newsletter. Bookings need to be made at reception by Monday the 15th of September. Entertainment for the evening is being arranged by your social committee.

Basement Carpark Audit

Over the coming weeks, we will be conducting an audit of the basement carpark this will include confirming and identifying what vehicles are using what carpark spots, including make and model details of the vehicle. If you are currently allocated a carpark in the basement, can you please advise Cherie of your apartment number, make and model of the vehicle and carpark number. This information will be checked and updated on our master list and any anomalies will be followed up directly.

Upcoming Events:

Sunday 7 September at 12 noon	- Father's Day Lunch
Wednesday 17 September at 6pm	- Spring Dance Dinner
Tuesday 23 September at 6pm	- Happy Tuesday 2 for 1 Dine in Deal

Gary Jarvis

From the sales desk

Welcome Barbara Heath to Fairview!

We're delighted to welcome Barbara Heath to our Fairview community. Barbara already knows a few residents here, so we're sure she'll be joining in on the fun and activities in no time!

She's settling into A316, so if you see her around the lodge, be sure to say hello and make her feel at home.

Robyn



Health and Wellbeing Corner

Hello All,

Mobility problems & minimizing injury

Environment

Look at your environment and remove or minimize any hazards. **Think about** clutter, leads, rugs, mossy paths, loose pavements, changes in floor heights or surfaces, adequate lighting. Glass topped tables and sharp edges cause great injury., Cupboards too high for the things that are used regularly – such a fall risk.

Look at your shoes - what type of sole do they have? Wear shoes for comfort over fashion and have regular podiatrist visits.

Do you need new glasses, or do you need to have another eye test?

Grab rails, ramps, and chair risers support sitting, standing and balance.

Check the environment of where you are going or visiting. Is there lift access or are there stairs, is there parking close by?

Modify your tasks

Break things down into manageable tasks and times. Plan in rest times during the day. The non-shower days may be the days to make appointments, shopping etc.; Reserve your precious energy and only do what you HAVE to do each day.

Ask for help. Keep a list of things that you may need done but may be unsafe for you to do. Think of getting on a chair to retrieve something off the top shelf? Please do not! Write it down and get someone else to help you.

How is your health? Get regular health checkups and understand that you may have to alter your goals as needed.

My News

We had the joy of Erin visiting us last weekend. I am firmly now of the opinion that we have it all wrong. She doesn't have an extra chromosome; somewhere along the way we have all lost one.

To live with the joy that Erin finds in everyday things, is something we seem to have lost.

A great lesson to just enjoy the moments.

Keep well and WARM everyone
From the Nursing Team





From the Chef's Oven

Relish Café Food Cabinet

Discover a wide selection of delicious options, freshly prepared daily! Choose from: Freshly baked scones and muffins, sweet treats and homemade pies, quiche, frittatas, filo pastries, sausage rolls, gourmet salads, a variety of sandwiches and more! We also cater to different dietary needs, with gluten-free and dairy-free options available to suit your lifestyle.

Bonus Deal: Selected items are half-price after 2 PM – come in and treat yourself!

Frozen Meal Sale – Friday 29 August - Last winter deal, skip the cooking and still enjoy hearty, homemade meals with one-day frozen dinner meal sale! We are offering a special range of delicious frozen meals – perfect for those nights when you want a comforting, wholesome dinner without the hassle. Just heat up and enjoy!

First come, first served – limited stock available!

Donut Friday - See you tomorrow for our donut Friday - \$4 each or 3 for \$10.

Relish Café Spring/Summer Menu is here!

Time really flies! We're freshening things at Relish Café with our new Spring/Summer à la carte menu! Some favourites are making a comeback — like our Smashed Avo with Eggs & Feta and the delicious Haloumi Bruschetta. Plus, keep an eye out for tasty Weekly Chef's Lunch Deals — there's always something new to try!

The flavours of the season will start on 1st September.

Chef's Lunch Special – Exciting News!

We are now offering weekly lunch specials – giving you the chance to try four different dishes each month!

Week 1 Special (1 to 7 September) - Bangers and Mash

Enjoy two grilled pork sausages served with caramelized onions, steamed peas, and a generous helping of mashed potatoes and rich gravy.

Week 2 Special (8-14 September) - Thai Beef Noodle Salad

Strip loin slices with sweet soy sauce, soba noodles and lots of garden salad and kumara chips.

Week 3 Special (15-21 September) - Chicken Quesadilla

Marinated grilled chicken and mushroom with cheese on tortilla wraps served with sour cream and salad.

Week 4 Special (22-28 September) - Beef Nachos

Beef mince with sour cream and salsa on a bed of tortilla chips served with sweet chili sauce.

Upcoming Events:

- **Sunday 7 September / Father's Day Lunch Set Menu** - Join us for a special Father's Day celebration featuring a delicious **two-course set menu** - mains and dessert included. All Dads and Great Granddads will have a complimentary bottle of beer. Bookings and payment are to be made at reception by **Tuesday, 3rd September**. Don't miss this chance to treat Dad to something special!
- **Wednesday 17 September at 6pm / Spring Dance Celebration**
Come and join us for our Annual Spring Dance and Dinner Event. Celebrate the season with good vibes, great company, and a delicious three-course dinner including a tasty starter, a choice of mains, and a sweet dessert to finish. It's all about fun, food, and springtime feels. Please check out the full menu at the end of this newsletter! Bookings and payment at reception.
- **Tuesday 23 September at 6pm / Happy Tuesday 2 for 1 Dine in Deal**
Next month, we're taking you to MANILA - Philippines. Taste an authentic Filipino dish made by Filipino chefs. We will feature our classic all-time favourite Chicken Adobo, Asian slaw and java rice. Top it off with an optional Filipino favourite dessert MAHA BLANCA (coconut-corn pudding) for only \$6 for a sweet finish to your Filipino-inspired evening.

What's on this Coming Week and Next



Movie Group – Tuesday 02 September – Shall We Dance?

Shall We Dance? Is a romantic comedy film with Richard Gere starring as John Clark, a bored estate lawyer who, upon seeing a beautiful dance instructor, secretly enrolls in ballroom dancing lessons. As he navigates his newfound passion for dance, he discovers deeper connections with his wife and the dance community.

Also featuring Susan Sarandon and Jennifer Lopez.

If you are a new resident, you are welcome to join us in the Level 2 Theatre every Tuesday at 7.15pm to enjoy a good movie. With our big screen, brilliant picture and great sound, it's like going to the cinema for free!

Muriel Sandham



Friday Night Raffle

Last Friday the dwelling prize was drawn by Jill Keenan and won by Elaine McClintock. Thanks Jill, and congratulations Elaine.

And thanks also to Yvonne Keir, who drew the winning raffle numbers. The winners were: Jill Keenan, Bruce Benfell, Lois Hadfield, Luella Jacobson, Chris FitzPatrick, Paula Turner, Barrie Flint, Peter Croft, Liz O'Leary, Brynley Goodger, Rosalie Hancy, Annette Cook, David Brand, Richard Jacobson, Linda Pinder, Roy Keepin, David Ellis, Alastair Glyn-Jones, Dianne Turner, Jillian Milne, Chris Nicholls, Brenda Lee, Bev Barnes, Maureen Capon, Mary Gardner, Ross Cornthwaite, Alan O'Callaghan, Neville Turner, Bill Morrison, Denis McCarthy.



QUIZ NIGHT -- Sunday 31 August 2025

Quizzer numbers were reduced to 23 in 3 teams in July, as the Secret Squirrels were otherwise occupied with overseas holidays in the sun and withdrew their team.

They will be back in August, although somewhat poorer. The topics were **General Knowledge 1, Acronyms, General Knowledge 3, Mathematics, Flowers** and **General Knowledge 2**. The Mixed Nuts returned to their winning ways after scoring a bonus point for knowing the correct definition of the acronym Laser. The Iris Watches were second and The Palms brought up the rear by 1 point. After their choice of topic, **New Zealand Geology**, in June confounded everyone, The Palms came back to earth with the choice of **The Colour Red** for August.

Consequently, the August questions will be on: **General Knowledge 1, 1960's Hit Parade Music, The Colour Red, Peter (questions to do with the name Peter), The Natural World** and **General Knowledge 2**. The first question is asked at 7.00pm and quizzers are home by 8.45, so why not give it a go? You can expect an entertaining evening of fun and laughter. Bring a bottle of wine and some nibbles. The cost is \$2 per quizzier with cash prizes for the winners.

All are welcome! There are places available. The evenings are getting more popular and the fun is increasing!

Tony Stanaway



Garden Club

We have arranged a trip to the "Eden Gardens" (entry fee \$8).
For a garden walkabout and lunch at the café.

Date: Wednesday 10th September
Depart the Lodge at 10:15am

Interested contact Anne Pike Ph 475 6741 or text 027 641 0543

Reminder

Please remember contributions required for our October Trading Table
(keeps the club running).

Any plants or produce welcome.
Many thanks.

Residents' Notices

Art Group

Please note, the art group is in recess until further notice.
Barbara

Save the Date

Auckland Youth Choir Chamber Singers - 20th September at 1.30pm

The Auckland Youth Choir will be performing at the Lodge in a special afternoon concert!
About 25 young performers will be entertaining us after lunch.
Invite your family and friends and why not book a table for lunch to try the new Spring Menu.
This is a free event, organized by the Social Committee.
Donations will be welcome to support this community choir.
We look forward to seeing you there!

Lost/Found

A hearing aid has been found in the level 3 sunroom. Please see reception.

FREE

Genuine Canon Cartridge
Pixma
661 Colour XL
Free to a good home!
Contact Natalie Turner 09/4799527 Mob: 020 4068 5144

Gareth's Puzzle

Last week's puzzles were: what do these expressions mean - with answers.

- 1) STA4NCE FOR INSTANCE 4 in STANCE
- 2) T_RN T_RN NO U TURNS
- 3) PETS
STEP
PETS ONE STEP FORWARD, TWO STEPS BACK

And this week's puzzles are:

- 1) Who is this person? + L
- 2) What does this say? 2 LATE LATE
- 3) What does this mean? Takes tango
Takes tango

Summary of Residents' Association committee meeting, held 12 August 2025

Present: Gordon Tasker, Jocelyn Goodger, Neville Turner, Wilma Cooper, Len Hancy, Jackie Thompson, Owen Young

Gary Jarvis later

Apologies: Barbara Bailey

Financial Position:

The balance in the account as at 31 July 2025 is \$13,284.78, which includes funds held for the various residents' groups within the village.

General:

- The committee thanked Andra Glyn-Jones for continuing to work on the Residents' Association accounts while the bank worked through their lengthy process to include the new treasurer as a bank account signatory.
- A letter was received requesting the tiled area between the Lodge and bowling green have additional shade so that it could be used for outdoor dining. The Village Manager advised that this has been considered, and the decision made that the umbrellas supplied to this area are sufficient.
- A letter was received requesting that the bar be authorised to give some of our Sunday afternoon entertainers a complimentary drink. This was discussed at length and declined.
- The information given to new residents by the "welcome person" from the Residents' Association committee will include a note that the noticeboard within the library has the procedure for borrowing books.
- A suggestion was made that the Friday raffles should go back to beginning at 4pm. This is to be discussed with the Raffles Convenor.
- The issue of outstanding maintenance requests was raised. The Village Manager advised that residents who want an update to their request should reply to the Work Request Confirmation email they received, or ask at reception, preferably quoting the job number.
- Management has advised that the requested ramp at the end of the walkway beside the bowling green has been declined, partly because it would end in the path of traffic at the front entrance and noted that there is an alternative pathway from the top carpark.

The full minutes will be available in the library following their confirmation at the next meeting.

SOCIAL COMMITTEE

Future dates for your diary

Saturday, September 6 at 3:15pm

Speaker Peter Kortegast (Dulcie's son)

Amazing experiences in Norway and Finland

Wednesday, September 17

Spring dinner and dance. Entertainment by "Any Suggestions"

Saturday, September 20 at 1:30pm

Auckland Youth Choir Chamber Singers

Sunday, October 5 at 3:15pm

Concert – Joe Fingers

Tuesday, November 4

Melbourne Cup dinner

Monday, December 8

Christmas dinner and dance

Entertainer Kane Steves

Friday, December 12

Fairview Christmas carols and songs

Something to look forward to!

Social Committee Invitation

Saturday 6th September

3:15pm Level 3 Lounge

Talk and Slide Show

Sailing in Norway and Skiing with Reindeer in Finland

Join, Dulcie's son, Peter Kortegast, as he shares his adventures of sailing and skiing in the Arctic Circle. He promises lots of stunning images of the far north, reindeer and the Sami Reindeer People. For those old salty sailors, Peter will touch on sailing in the land of midnight sun and cruising the beautiful archipelago and Lofton Islands. This is true Viking country, with a rich history and an adventure seekers playground.



Please invite your family and friends.

Spring Dance

Wednesday 17th September

Bar Open 4:30pm – 6:00pm



Entertainment

We have a new band to entertain us.

Come and enjoy!





PLEASE JOIN US FOR A

FATHER'S DAY

Lunch

\$29.00 PP

7 | SEPTEMBER | 12 NOON

MAINS

TRADITIONAL SUNDAY ROAST

GRASS FED ROAST BEEF
AND ITS TRIMMINGS, JUS AND GRAVY
CLASSIC YORKSHIRE PUDDING
SERVED WITH ROASTED VEGETABLES

ALL TIME FAVOURITE DESSERT

CLASSIC APPLE CRUMBLE
WITH HOT CUSTARD

COMPLIMENTARY BOTTLE OF BEER TO ALL DADS

BOOKINGS AND PAYMENTS AT
RECEPTION BY 3RD SEPTEMBER



Strength and Balance

- Monday 01 September - **Class starting at 9.45am** (due to AGM Meeting) – 2nd Floor Lounge
- Wednesday 27 August 10.30am – 2nd Floor Lounge

Please remember to bring your water bottles.
It is very important to keep your fluids up.

Physiotherapist

Darrell has a clinic every Tuesday and works from the Doctors Room on the 3rd floor.
If you would like to make an appointment with Darrell, please phone him on 021 046 6777.

Beautician

Wednesday 03 September
Natalie is at the Village every Wednesday from 9.45am – 4.00pm.
She works from the Doctor's Room on the 3rd floor.
Call or text on 0211458542 to make your booking.

Restorative Yoga with Joy - Stretch Strengthen Revitalise

Thursday 04 September – 1.30pm – 2nd Floor Lounge
Monthly prepaid fee of \$20.00
We appreciate the subsidy from the Village Residents' Committee

Aqua Class with Libby

Friday 05 September – 9.15am – Level 2 Swimming Pool
\$5.00 per class

Doctor

Thursday 11 September – 2.00pm to 3.45pm – 3rd Floor Doctors Room
Please phone reception to book an appointment with Dr Hunter.

Podiatrist

Thursday 04 September – 9.00am to 12.00 noon – 3rd Floor Doctors Room
Please phone reception to book an appointment with Paul Hames.

WEEKLY SCHEDULE

01 September to 07 September 2025

RECEPTION 477 3900 / NURSES Mob 021 861 706 / BLOKES SHED 477 3966

KITCHEN 477 3957 / HAIRDRESSER 477 3950

Mon 01 Sept	Strength & Balance	9.45am (due to AGM)	2 nd Floor Lounge
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Lounge
Tue 02 Sept	Minibus – Albany Westfield	9.15am/9.45am/10.15am	Return 10.30am/11.00am/11.30am
	Croquet	9.30am	Croquet Green
	Table Talk with Rebecca	11.00am to 11.30am	3 rd Floor Lounge
	Sophie Pink Fashions	11.00am	3 rd Floor Lounge
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Mahjong	1.00pm	3 rd Floor Games Room
	Craft Group	1.30pm	3 rd Floor Sunroom
	Movie Group	7.15pm	Shall We Dance?
Wed 03 Sept	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Petanque	9.30am	Petanque Court
	Beautician	9.45am	3 rd Floor Doctors Room
	Strength & Balance	10.30am	2 nd Floor Lounge
	Scrabble	1.30pm	3 rd Floor Games Room
	Line Dancing	4.00pm	2 nd Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 rd Floor Main Lounge
Thu 04 Sept	Hair Salon with Kim	9.00am – 1.00pm	3 rd Floor Salon with Kim
	Podiatrist	9.00am	3 rd Floor Doctor's Room
	Croquet	9.30am	Croquet Green
	Table Talk with Rebecca	11.00am to 11.30am	3 rd Floor Lounge
	Bus to Milford	11.30am	Returns 2.00pm
	Outdoor Bowls	Meet at 1.00pm	Assemble for 1.15pm start
	Art Group	In Recess	3rd Floor Sunroom
	Yoga with Joy	1.30pm	2 nd Floor Lounge
Fri 05 Sept	Hair Salon with Kim	9.00am to 1.00pm	3 rd Floor Salon with Kim
	Minibus – Browns Bay	9.15am/10.15am	Return: 10.30am/12.00pm
	Aqua Class	9.15am	Level 2 Swimming Pool
	Rummikub	1.00pm	3 rd Floor Games Room
	Friday Night Raffle	4.00pm	3 rd Floor Main Lounge
	Happy Hour	4.00pm to 6.00pm	3 rd Floor Main Lounge
Sat 06 Sept	Croquet	9.30am	Croquet Green
	Indoor Bowls	1.00pm	2 nd Floor Games Room for 1.15pm
	Bingo	7.00pm	3 rd Floor Main Lounge
Sun 07 Sept	Outdoor Bowls	1.00pm	Assemble for 1.15pm Start



Dinner Menu

01 Sept to 07 Sept

Bookings by **12pm** / Please phone 09 477 3957
Small Meal \$19.00 – Large Meal \$21.00
\$2.00 Delivery Fee applies per Villa

Monday (Pork)

GF Grilled Pork loin teriyaki sauce, Asian stir-fry vegetables
Egg and garlic fried rice

Tuesday (Chicken)

Chicken Schnitzel
Buttered corn & broccoli, mashed potato & gravy

Wednesday Roast (Lamb)

GF Braised Lamb Shanks, jus & gravy, or Chicken Roast
served with peas & maple carrots, mashed potatoes

Thursday (Beef)

GF Jamie Oliver's Beef casserole served on a bed of mashed potato,
green beans and cauliflower

Friday (KIWI classic)

Market Beer-battered Fish with tartare sauce, slaw and fries
Or Prawns & Calamari Caesar Salad with garlic bread

Saturday (Chicken)

Grilled Chicken, white wine and mushroom sauce
With steamed broccoli on a bed of pesto fettuccine pasta

Sunday Roast (Kiwi Classic)

Beef Roast in classic gravy, minted peas, roasted pumpkin, carrots & potato
Yorkshire pudding

Optional Dinner Menu – in foil tin:

JUST CALL IN, LIMITED BATCHES WEEKLY